Term 4 | 2025

Community Centre

Program & Activity Guide

Connect
Create
Learn
Share



Hoppers Crossing, Tarneit and Truganina



Study Squad is The Huddle's **FREE** homework club. A safe space for young people from ages 10-25 to do homework, receive study support and connect. We're excited to be expanding to bring the Squad to Tarneit!

Day: Thursdays

Time: 4:00pm – 6:00pm

Where: Penrose Promenade

Community Centre

Contact: Moukhtar on 0421 602

587



The Victorian Seniors Festival runs from 1st to 31st of October every year.

Scan the QR code to explore the programs available at our Community Centres.







Various Locations & times

Contact Information

Immunisations

The Wyndham City Immunisation Unit provides free public vaccinations against a range of childhood and adult diseases.

Contact: Wyndham Immunisation Team 9742 0736

wyndham.vic.gov.au select: Children's Services > Immunisations

For further information scan to be directed to Children's Services website

Maternal & Child Health Appointments

Professional nursing support & advice for parents with children from birth to school age.

First Time Parents Group

Meet friendly local families to talk about your kids & have fun! Share experiences, find advice, give support & make new friends.

Supported Playgroup - Ages 0-5

A playgroup that aims to meet the needs of vulnerable families in our community.

Wyndham City Council - Kindergarten

3- & 4-Year-Old Kindergarten Services. Enrol your child online.

Contact: Child and Family Resource Team 1300 370 567

wyndham.vic.gov.au/services/childrensservices



Early Years Programs & Activities

Arndell Park Community Centre

Baby Sensory Victoria Playgroup | FEES APPLY

Multi award-winning program specifically designed for ages 0-13mths.

Let us introduce you and your baby to a world of sensory delights. You can relax, spend quality time together and enjoy meeting other new parents.

Tuesdays

11am - 11:45am (7-13months)

12:15pm - 1pm (0-7months)

Ellie Dodd: 0409 088 897

Merri-bek-vic@babysensory.com (payment plans available)

Mini Movers | FREE

A fun and FREE sports program that involves lifelong learning through movement and physical activity. It supports young people (3-6 years old) to develop and maintain positive physical activity behaviours, whilst trying new sports.

Enrolments are made through the website.

Mondays

9:30am - 10:30am

<u>www.leisurenetworks.org/mini-</u> movers-active-wyndham-program/

Ummah Jameelah Islamic Early Years Program | FEES

Islamic School Readiness Programs for 3-4yrs.

Tuesdays Wednesdays Thursdays Fridays 10:00am - 1:00pm

Jean Keynon: 0416 575 159

Jean.keynon@yahoo.com

Tiny Tutus | FEES APPLY

Beginners Ballet class for children from 18 months to 6 years.

Saturdays

9:15am - 11:45am

Tiny Tutus: 1300 245 060 www.tinytutus.com.au

Dianella Community Centre

Baby Sensory Victoria | FEES APPLY

The class will introduce you and your baby to a world of sensory delights where you can relax, spend quality time together and enjoy meeting new parents.

Wednesdays

11am - 11:45am (7-13months) 12:15pm - 1pm (0-7months) (School terms)

Ellie Dodd: 0409 088 897

www.babysensory.com.au

Merri-bek-vic@babysensory.com

Dianella Community Centre

VICSEG Multicultural Playgroup

This playgroup is for refugee & migrant families living in Wyndham and offers the opportunity for children to learn new skills through play.

Tuesdays 10:00am - 12:00pm (School terms)

kdiacono@vicsegnewfutures.org.

Penrose Promenade Community Centre

Mini Movers | FREE

Physical literacy-based program that uses different sports to increase motor skills of children. Ensuring they have the suitable skills heading into primary school and to give them the tools to stay physically active for years to come. Ages: 3yrs - 7yrs

Fridays

11:30am - 12:30pm

Register your interest

https://Wyndham.vic.gov.au/active-**Tarneit**

VICSEG Multicultural Playgroup | FREE

This playgroup is for newly arrived and recently settled migrant and refugee families and offers the opportunity for children to learn social skills through play.

Fridays

10:00am - 12:00pm

Karen Diacono: 8754 0512

kdiacono@vicsegnewfutures.org https://vicsegnewfutures.org.au

Kelly Mini Sports | FEES APPLY

Kelly Mini Sports teaches your preschoolers to love being active, with programs that are entertaining, they won't even realise they are learning essential sporting and social skills. It's fun for the whole family-while your kids enjoy their high-energy sessions, you'll get the chance to socialise with other parents. Our Kelly Mini Sports families often end up forming new friendships and continuing to get together after their programs have ended.

Thursdays

10:00am - 11:00am

Brianna Catania: 0414 339 982

brianna@kellyminisports.com.au https://www.kellyminisports.com.au/lo cations

The Grange Community Centre

3+ Early Learning Program | FEES APPLY

The 3+ Early Learning Program is planned and implemented by Qualified Early Childhood Educators. The program aims to extend the child's development and learning, using routines and play based experiences appropriate for children's unique and holistic learning.

Thursdays & Fridays 9:00am - 2:00pm

8742 8000

enquiries@grangecommunity.org.au

Child Care Subsidy applies to all the 3+ programs

3-Year-Old Kindergarten| CONTACT PROVIDER

Supporting children's learning, development and transition to primary school.

Mondays, Tuesdays & Wednesdays

9:00am - 2:00pm

8742 8000

enquiries@grangecommunity.org.au

Kelly Mini Sports | CONTACT PROVIDER

Come and try Australia's most popular sports program for toddlers and preschoolers. Includes kids' soccer, basketball, cricket, tennis, rugby and AFL

Mondays

9:30am - 11:00am

brianna@kellyminisport.com.au

Mini Movers | SEE PROVIDER

Mini Movers is a physical wellbeing-based program that uses different sports to increase the motor skills of children aged 3 – 7 years old.

Mondays

11:30am - 12:30pm

Tori: 5224 9972

tori.honner@leisurenetworks.org

Out of School Hours Care | FEES APPLY

Our approach to OSCH is to provide a high-quality environment that is safe and gives children the opportunity to learn and play. Our service offers a wide range of fun, stimulating and appropriate experiences that reflect real world experiences and home settings. For children attending the Grange P-12 Primary Campus

Monday to Friday during school terms

Before School Care 6:45am - 9:00am **After School Care**

3:00pm - 6:30pm

8742 8000

enquiries@grangecommunity.org.au

The Grange Community Centre Playgroup | FEES APPLY Tuesdays 8742 8000 9:30am - 11:30am Calling all parents and grandparents! If you are keen to meet with enquiries@grangecommunity.org.au likeminded local people, for your little one to make friends and spend time enjoying different activities each week and having loads of fun, our Playgroup is for you! **Tarneit Community Learning Centre** MyTime | FREE Mondays Madison King: 9486 9600 10:00am - 12:00pm https://mytime.net.au/group/tarneit/ For all parents and carers of children who need a higher level of School term only care than other children. A place to socialise, chat and get information and support and be supported by other parents and family carers. Preschool age children can attend, and a play leader will be on hand to engage children in play. VICSEG-Multicultural Playgroup | FREE Karen Diacono: 8754 0512 Wednesdays 9:30am - 11:30am For migrant & refugee families. This playgroup offers the kdiacono@vicsegnewfutures.org School term only opportunity for children to learn social skills through play **Truganina Community Centre** Karen: 8754 0512 Multicultural Playgroup | FREE Mondays 10:00am - 12:00pm Learn new skills through play, develop social, emotional, and kdiacono@vicsegnewfutures.org.au physical abilities and prepare your child for 4-year-old kindergarten https://vicsegnewfutures.org.au & primary school. Meet other families and people from the local community. Programs during school term only- Ages 0-4

Wednesdays

10:00am - 12:00pm

Nina: 0450 575 966

FEES APPLY

Education & Training Kids & Adults

Islamic based Playgroup for mums and children, where lifelong

Ummah Jameelah Playgroup

Program during school term only

connections can made.

Ages 0-5

Abacus 4 Kids FEES APPLY	Wednesdays 4:30pm - 7:30pm	Jaslyn Toh: 0406 946 069
Fun and innovative way for kids 4-12years to learn mathematic skills mental arithmetic skills using abacus (soroban) Free trial class available		admin@abacus4kids.com.au www.abacus4kids.com.au
Sewing Classes FEES APPLY	Various	Wyndham Community &
Sewing Classes for all levels of experience from beginner to		Education Centre
advanced.		9742 4013 wyndhamcec.org.au/course-list-pr
Computer Courses FEES APPLY	Various	accredited/
Computer Courses for all levels of experience (beginner to		
advanced).		all courses are 3 hours for10 weeks

Arndell Park Community Centre		
Youth Services – Drop-In Program FREE Youth Services are excited to come to Arndell Park as we begin to deliver programs for young people. Ages: 12 - 25yrs	Wednesdays 4:00pm - 6:00pm	youthinwyndham@wyndham.vic.gov .au
Dianella Community Centre		
Bangladesh Victorian Community Hub FEES APPLY Language classes and cultural instruction.	Sundays 3:30pm - 6:00pm	Nurul@srlawyer.com.au
Nepalese Association of Victoria FEES APPLY Aal Chautari (children's school in Nepali) is a weekly Nepali language class designed for children aged between 4-14 years. Children learn the Nepali language, dance and other cultural aspects. Bal Chautari helps children to improve their physical, mental and social skills.	Sundays 2:30pm - 5:00pm	pokhareltilak@gmail.com
Snaptrix FEES APPLY Snapology Robo Pets (Ages:4-7) Kids will learn about building and design robotic animals, coding concepts. Snapology Space Wars (Ages:7-15) Kids will learn about robotics and engineering, coding and automation.	Thursdays 5:30pm – 6:30pm	0452 077 045 Sravan.ramanchi @snapology.nsw.edu.au
Tarneit Tutoring FEES APPLY Fostering students' confidence by providing academic support and collaborating closely with parents to develop strategies that simplify learning.	Wednesdays 5.30pm – 8.30pm	0438 381 514 info@pointcooktutoring.com
Penrose Promenade Community Centre		
Abacus 4 Kids FEES APPLY Fun and innovative way for kids to learn mathematic skills mental arithmetic skills using abacus (soroban). Ages: 4 - 12yrs	Various—Contact for further information	Jaslyn Toh: 0406 946 069 admin@abacus4kids.com.au
Advanced Personnel Management FREE APM provide employment, vocational rehabilitation, assessment, allied health intervention and community care (Aged Care & Disability Care to their clients to assist in finding employment opportunities.	Mondays, Tuesdays & Wednesdays 9:00am - 5:00pm Appointments needed	APM: 1800 276 276 support@apm.net.au
Brainworks FEES APPLY Scholarship exam preparation for years 3-8, selective entry exam preparation for years 3-10 foundational English and math programs for years 1-10.	Mondays 4:30pm - 7:30pm Wednesdays 4:30pm - 7:30pm Saturdays 9:30am - 12.30pm	Pooja: 0419 777 498 werribee@brainworks.com.au
Sunshine Arabic Language School SEE PROVIDER Teaching Arabic language to young students who are interested in learning the language	Sundays 9:00am - 12:00pm	haysem.alhassen2030@outlook.co m
The Huddle – Homework Club FREE Study Squad is a safe space for young people to learn, grow and belong while receiving academic support. The program offers subject-specific volunteer tutors, computers, and internet access, as well as a study space, at no cost to participants.	Thursdays 4:00pm - 6:00pm	Fatima.ahmen@nmfc.com.au

Penrose Promenade Community Centre		
AFROAGE Impact – Amharic Language School Amharic language school for kids aged 5-12 years old.	Fridays 4:00pm – 7:00pm	contact@impact.afroage.org
The Grange Community Centre		
First Aid Training CONTACT PROVIDER First Aid certificate classes including Provide First Aid, Basic Emergency Life Support, CPR, Children's Services, Anaphylaxis, Asthma training and more	Alternate Wednesdays & Saturdays 9:00am - 3:00pm	9850 6665 www.accreditedfirstaidcourses.com. a
Kumon FEES APPLY Kumon helps your children reach their potential through English & Math enrichment classes	Mondays and Thursdays 3:00pm - 7:30pm	Priyanka: 0476 034 193 kumonhopperscrossing@gmail.com
Tarneit Community Learning Centre		
Abacus Maths & English Tuition FEES APPLY An innovative and fun way to learn numeracy skills, designed for primary school children. Australian Curriculum English Tuition including reading comprehension, grammar and writing. Ages: 4 - 15yrs. Free trial class available	Fridays 4:00pm - 6:30pm	Contact: Jaslyn Toh: 0406 946 069 admin@abacus4kids.com.au www.abacus4kids.com.au
Acube Education—Maths Tutoring FEES APPLY Maths tutoring for students Grade 5—VCE	Tuesdays 4:00pm - 6:00pm	0426 199 644 acubeeducation.au@gmail.com
Al Madina -Arabic/Urdu Language Learning Classes FREE Join our vibrant Arabic/Urdu language classes with Quranic/Islamic studies. Unlock a world of knowledge & values for our children through engaging activities, creative expression & community engagement. An enriching educational journey for your children in a holistic learning environment where we aim to inspiring young minds to grow. Donations appreciated	Mondays 5:00pm - 7:00pm	Wajid Mohammed: 0430 876 786 info.almadinafoundation@gmail.com
AMEP FREE English classes for eligible migrants.	Wednesdays and Thursdays 9am - 2:30pm	9742 4013 enquiries@wyndhamcec.org.au http://wyndhamcec.org.au/
Cake Decorating—Introduction FEES APPLY This course is designed to provide an introduction to decorating cakes to a professional standard.	Tuesdays 12:00pm – 2:00pm Wednesday 6:00pm - 8pm	Wyndham Community & Education Centre 9742 4013 wyndhamcec.org.au/course-list-pre-accredited/
Cake Decorating—The Next Layer FEES APPLY Designed to further develop your cake decorating skills and explore more intricate designs and techniques.	Tuesday 9:30am - 11:30am	all courses are 3 hours for10 weeks
Indian Care -The Namaste Network Indian Men's Circle The Namaste Network – Indian Men's Circle. A community- initiative to provide Indian men (30-50) with a safe, social, and engaging space to connect, unwind and grow together. It is not a traditional support group but a fun, interactive, and culturally relevant program where men can naturally build friendships, expand their networks, and discuss well-being without stigma	Thursdays 6:30pm – 9:00pm Fortnightly	Sanchit Jain: 0423 693 545 wellbeing@indiancare.org.au

Tarneit Community Learning Centre			
Kumon Tarneit FEES APPLY English and mathematics tutoring programmes for primary and secondary students.	Mondays & Fridays 4.00pm - 7.00pm	Ruchi Arora: 0468 310 097	
Nepali Language Class—Everest United FEES APPLY Nepali language, dance and music class for children aged 5—11 years. Learn how to write and speak Nepali, explore Nepali culture and make new friends.	Saturdays 9:45am - 12:15pm	Shweta: 0424 042 680	
VCE Tutoring College FEES APPLY Boost your maths grades with expert tutoring. Specialising in Prep to Year 10 maths, General & VCE maths and maths methods.	Saturdays 10:00am - 11:30am	0469 219 576 thevcecollege@gmail.com	

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AMES | SEE PROVIDER

Adult Pronunciation and Conversation class for Beginners Bookings Required

Programs run during school terms only

Mondays 9:00am - 2:30pm

Nidhi: 0402 262 237 ELIGIBILITY CRITERIA

Recreation & Wellbeing Kids & Adults

Arndell Park Community Centre		
Bingo Moves FREE An active version of traditional Bingo. It's Fun, It's Doable and it's FREE. Starting October 3. Enquiries welcome	Fridays (monthly) 9:30am - 10:30am	Arndell Park Community Centre: 8734 8911 arndellparkcc@wyndham.vic.gov.au
Co-Health – Women's Wellness Program FREE This women's only program is offering healthy lifestyle information sessions and advice as well as Zumba sessions.	Tuesdays (fortnightly) 4:30pm - 6:30pm	Mona: 0415 854 130
J K Natyalaya - Indian Dance Class FEES APPLY Come along and join our Dance class in the Kathak Indian Classical format. We also freestyle dance including Bollywood dance. Available for all ages.	Sundays 4:00pm - 7:30pm	Kanimozhi:0470 173 229 kanisuba@gmail.com
NEW A performing Arts Program for young people to train in singing, acting and dance whilst developing core life skills. For ages 5-18yrs	Friday Nights 5.30 – 7.30pm	Scan for more information or Email: admin@performxacademy.com.au
Kik 'n' Taekwondo FEES APPLY Training Taekwondo helps you gain self-confidence, balance, self-defence, physical skills, social development, concentration skills, coordination.	Tuesdays & Thursdays 7:00pm - 9:00pm	Nenad Zoric:0434 343 278 kikntkd@gmail.com

Arndell Park Community Centre

O2 Studios - Youth Dance Classes | FEES APPLY

welcome. Send a message to confirm your attendance.

Street dance classes for ages 5-18yrs. Learn Hip-Hop, KPop & Street Jazz in a fun environment with qualified teachers.

Wednesdays Street Jazz 4:15pm - 6:15pm Saturdays Hip Hop 12:15pm - 2:00pm KPop 2:00pm - 3.45pm

O2 Studios: 0466 555 546 youth@o2dancestudios.com www.o2dancestudios.com

	2.00pm - 3.43pm	
Dianella Community Centre		
Beats N Taal CONTACT PROVIDER Dance & Fitness Program	Wednesdays 5:30pm - 7:30pm	Niharika Rai: 0450 750 270
Cultural Cuisine Nights FEES APPLY An opportunity to meet local neighbours, make new friends, and share a cultural meal. Food helps to bring people together – join us in celebrating diversity of cultures and stories in our regular food sharing, potluck, and cultural discovering evening. Search Building Cultural Connections Australia Inc on Facebook. Email us for a link and more information. Walk-ins welcome.	Saturday 3rd of month 5:00pm - 8:30pm	Buildingculturalconnections22@ gmail.com
Family Games Nights FEES APPLY Join family and friends and meet new neighbours at the Family Games Night. Bring a game or choose from the many that are available. Search Building Cultural Connections Australia Inc on Facebook. Email us for a link and more information. Walk-ins welcome	Friday 1st of month 5:00pm - 8:00pm	Buildingculturalconnections22@ gmail.com
Girl Guides FEES APPLY We are a brave space for girls and young women to fearlessly shape their own identities, lives and communities. Age Range: 7 to 12 Visit the website for more information	Mondays 7:00pm - 8:30pm	https://members.guidesvic.org.au
Krishti Arts FEES APPLY Painting and Art Classes 4-year- olds to adults	Wednesdays 4.30pm – 5.30pm	0451 496 060 Nikkisingh1214@yahoo.com
Sri Sri Yoga - Art of Living FEES APPLY Art of living runs regular breath and meditation workshops, and Sri Sri Yoga sessions based on ancient Vedic Knowledge and techniques helping community to manage stress, anxiety and trauma relief. The practices are taught through 3—4-day workshops and regular follow up sessions are run on a weekly basis for free throughout the year.	Saturdays 9:00am - 11:00am	Sanitha Sanjeev: 0469 545 723 Chandan: 0449 030 616 sanitha@artofliving.org.au
Super Empowered Moms of Australia FREE Supporting and guiding the Mums with Special Needs kids and Single mums	Saturdays Fortnightly 12:00pm - 4:00pm	subhabharat@gmail.com
Table Tennis Friday FREE Table Tennis comp and games for local residents. Everyone is	Fridays 6:00pm - 7:30pm	Adnan: 0416 949 316

Dismalla Community Contra		
Youth Services FREE Recreational based program for young people aged 12-25 years.	Fridays 3:00pm - 5:00pm	8734 0234 ddiez@wyndham.vic.gov.au http://youth.wyndham.vic.gov.au
Penrose Promenade Community Centre		
ABCD Bollywood Dance School FEES APPLY A Bollywood Dance School for all age groups from kids to adults to seniors. We have something to offer for everyone, bigger dance class, advanced classes and fitness classes.	Sundays 12:00pm - 2:30pm	Shweta Pandya: 0433 346 672 shwetayana13@gmail.com
Australia Korean Masters Association FEES APPLY Taekwondo for Kids. Build confidence, develop disciplined focus and learn self-defence skills. Book a free trial today!	Tuesdays 5.00pm - 6.00pm Saturdays 3:30pm - 4:30pm	info@taehomartialarts.com.au
Burnout Bhangra FEES APPLY Come and join fitness through Bhangra which is a North Indian high intensity dance fitness class.	Tuesdays 7:00pm - 8:00pm	Sandeep: 0433 012 214 burnoutbhangra@yahoo.com
Care to Connect FREE Group activities for children with special needs	Saturdays (Fortnightly) 1:30pm - 3:30pm	drangaraju6@gmail.com
Nrityaarpana Dance Academy FEES APPLY (Indian Classical Dance) Join Nrityaarpana and get trained in both theory and practical details and intricacies of Bharatanatyam	Mondays 6:00pm - 7:30pm Tuesdays 6:00pm - 7:30pm	Rekha: 0451 327 719 nrityaarpana@outlook.com 7https://www.facebook.com/nrityaarpanadanceacademy/
The Skate Studio FEES APPLY Roller-skating lessons for the local community with fully accredited coaches. Skate hire is available for all our classes.	Mondays 4:30pm - 5.30pm	Skate_studio@outlook.com www.theskatestudio.com.au
Twins Martial Arts FEES APPLY Ages: 4 - 15yrs Traditional Shotokan Karate for kids. Classes are taught by qualified NCAS Dojo Coaches, holding Senior First Aid and Working with Children Checks.	Thursdays 3:30pm - 8:00pm	Sensei Lay: 0416 333 113 info@twinsmartialarts.com.au www.facebook/twinsmartialarts www.twinsmartialarts.com.au
The Grange Community Centre		
Chair Fitness FEES APPLY Join us for our fitness class held on chairs suitable for all ages, Seniors, all disabilities and rehabilitation participants.	Wednesdays 10:00am - 10:45am	8742 8000 www.grangecommunity.org.au/class es
House of Fun FEES APPLY Join us for a variety of activities such as arts & crafts, games, sing- a-longs and so much more	Fridays 11:30am - 1:00pm	8742 8000 www.grangecommunity.org.au/class es
Qian Li Dao CONTACT PROVIDER Martial Arts with Blitz Hall of Fame Kung Fu Instructor of the Year, Sifu Dana Wong.	Tuesdays, Wednesdays & Saturdays	9731 1789 info@qianlidao.com.au

The Grange Community Centre		
Social Knitting Group FREE Join our lovely knitting Group as they knit items to be donated to charity.	Mondays 12:30pm - 2:30pm	8742 8000 www.grangecommunity.org.au/class es
Walking Group CONTACT PROVIDER Join us for a 45-minute walk around our local surroundings. All fitness levels welcome Register on website or upon arrival	Wednesdays 9:15am - 10:00am	8742 8000 www.grangecommunity.org.au/class es
Wing Chun Kung Fu CONTACT PROVIDER Using Wing Chun Kung Fu as the path to find your hidden talents. Kung Fu classes for adults of all levels available	Fridays 7:00pm - 9:00pm	0432 489 762 admin@xiquwingchun.com.au
Wyndham Town Club CONTACT PROVIDER Receive support in your journey to lose weight. Take the steps needed to make a change in your lifestyle and maintain a healthy goal weight.	Fridays 9:00am - 11:30am	0413 444 083 www.townclubs.com.au
Yoga FEES APPLY Do you want to improve your flexibility, balance and overall wellbeing? Look no further! Join us for a 45-minute yoga class.	Mondays 9:30am - 10:15am	8742 8000 www.grangecommunity.org.au/class es
Tarneit Community Learning Centre		
Art of Living Music and Meditation A musical evening filled with soothing music, powerful chants and meditation. An event for community to come together and enjoy the power of meditation.	Saturday 4 th of month 5:30pm – 8:00pm	Rupal Bhatt: 0468 873 034 artofliving.org/au-en/melbourne
Association of Young Indian Talents of Australia SEE PROVIDER AYINA—Musical Night. Participants from all ages are welcome to attend and showcase their skills.	Saturday 1st of month 5:30pm - 9:30pm	Nagesh Josh: 0403 095 044 joshi.com.au@gmail.com
Be Wise Yoga—Chair Yoga SEE PROVIDER Yoga poses are performed sitting on or with the support of a chair. There is no need to worry about getting up and down off the ground. Chair Yoga helps to increase mobility, flexibility and relaxation through using gentle stretches.	Mondays 9.30am - 10.30am	0438 304 638 bewiseyoga@gmail.com
Craft Group FREE Craft, Chat and a Cuppa. Come and join! Bring along your own craft project and materials and spend time crafting with others. Everyone welcome	Wednesdays 9:00am - 12:00pm	Tarneit Community Learning Centre: 8734 6040 tarneitclc@wyndham.vic.gov.au

Tarneit Community Learning Centre		
Mind Australia—Wellbeing Group FREE Sessions cover topics such as—what is wellbeing, personal values & boundaries, anxiety & worry, self-care, navigating change and more. Participants will be able to create their own wellbeing toolkits to build on.	Thursday Fortnightly 12:30pm - 2:30pm	Robina.MWollenberg@mindaustra lia.org.au
Sahaja Yoga FREE Join us for a guided meditation course. Learn how to experience the peace of true meditation. This method takes you beyond mental, emotional and physical	Mondays 7:00pm - 8:00pm	Annie: 0423 110 875 annie.sarani@gmail.com
activity and allows you to experience the true self that lies within. Shri Nrityam Sadhana SEE PROVIDER A training program designed to share the art of Bharatanatyam and the art of performance	Wednesdays 6:00pm - 8:00pm	Shriraam: 0431 137 495 shrinrityam@gmail.com
Tarneit Garden Club Join us for a relaxing time in the garden. Water herbs & vegetables, plant, weed, harvest & connect with neighbours, enjoying nature and sharing gardening tips	Fridays 9:00am - 10:00am	Tarneit Community Learning Centre: 8734 6040 tarneitclc@wyndham.vic.gov.au
U3A Werribee Region Tai Chi Classes SEE PROVIDER A gentle form of martial arts for seniors	Mondays 10.30am - 11:30am	0402 299 220 courses.u3awbee@hotmail.com https://www.u3awbee.net.au/courses -activities
Victorian Bangladeshi Community Foundation (VBCF) SEE PROVIDER Dance, drama, arts and music classes for the 2nd generation Bangladeshi born school kids living in Victoria especially in the Western suburbs	Fridays 7.30pm - 9:30pm	Milky: 0430 081 433 info@vbcf.com.au www.vbcf.org.au
Yoga for Beginners & Meditation for Beginners Stabilise the body, mind and emotions. Relief from back pain, stress, anxiety and tension. Create a sense of peace, wellbeing. Improve mental clarity and focus	Saturday 8 November 9am – 10:15am 11am – 12:15pm	Isha Foundation allisonquach@gmail.com
Youth Services Drop In FREE Enjoy a safe space to hang out, unwind, make new friends, have a bite to eat and meet your Youth Workers. We have lots of fun games, activities, arts and crafts, ping pong tournaments and more! Ages 12—25yrs	Tuesdays and Thursdays 3.30pm - 5.30pm (School Terms only)	Youth Services: 8734 1355 https://www.wyndham.vic.gov.au/venues/youth-services-tarneit
Youth Services—Young Women's Workout FREE Young women 12-18 years. Fun filled sessions designed to get you moving and feeling good. Perfect for beginners, you'll be guided by a professional through lots of different exercises including strength training and boxing.	Thursdays 4:30pm-5:30pm	youthinwyndham@wyndham.vic.gov .au
Truganina Community Centre		
Rooh Punjab Dee Melbourne FEES APPLY All ages	Saturdays 1:00pm - 4:00pm	Manjinder Singh Manjindersaini4u@yahoo.com

Bhangra dance classes for the community

Truganina Community Centre			
Happy Ping Pong FREE Ages 18+ Come along to play table tennis and to meet new people.	Tuesdays 9:00am - 11:00am Thursdays 9:30am - 12:30pm	Wenbin: 0481 905 280	
Youth Creative Corner FREE Ages 12-25 This program creates an inclusive environment for young people to come together and learn new skills and ways to be creative.	Mondays 3:30pm - 5:30pm	Wyndham Youth Services: 8734 1355 youthinwyndham@wyndham.vic.gov .au	

Community, Cultural & Faith Groups

Charity International Australia

Families for Christ | FREE

teachings, and marriage courses.

Weekly religious and social gatherings for South Asian Muslims, along with charity work supporting the homeless and inclusive

Faith based community gathering once a month. Christian families

meeting together to pray and worship. Bible study, religious

activities for South Asian Muslim families of all ages.

Arndell Park Community Centre		
Australian Malayalee Islamic Association Cultural Group FEES APPLY Arabic & Malayalam language classes, faith-based activities.	Saturdays 6:00pm - 10:00pm	Zameel Arif: 0406 074 185 zameelarif@gmail.com
Bhartiya Seniors Melbourne Inc FEES APPLY Indian Seniors Friendship Group	Fridays 11:00am - 2:00pm	Ashok Mehta: 0434 929 429 ashokmehta1958@gmail.com
Melbourne Karenni Baptist Community Church Church services and faith activities.	Sundays 1:00pm - 4:00pm	Blu Htoo: 0402 683 494
Melbourne Shwetambar Jain Sangh Inc FEES APPLY MSJS is a faith-based activity that promotes Jainism and its core principle of 'no violence'.	Sundays 8:00am - 1:00pm	Nimit: 0433 074 461
Shrimad Rajchandra Mission Dharampur Jain cultural group – Spiritual workshop	Sundays (1 st Sunday of month) 4:30pm - 8:00pm	melbourne@srmd.org
Dianella Community Centre		
Baha'i of Tarneit - Junior Youth Program FREE Ages 11-15 years old. Build a strong sense of morality identity, get involved in local community projects, develop the capacity to express your thoughts, gain a deep understanding of world. Our team consists of dedicated volunteers who are accredited to work with children passionate about serving the community.	Tuesdays 4:30pm - 6:00pm	Tara: 0423 191 990 Sana: 0423 336 534 http://tinyurl.com/signuptarneit
Baha'i Virtues Children's Classes FREE Ages 5-10 years old. Explore universal virtues such as kindness, justice, generosity and compassion with song, prayer, arts and crafts, and dance	Saturdays 10:00am - 11:00am	Tara: 0423 191 990 Sana: 0423 336 534 http://tinyurl.com/signuptarneit

Mondays

Sunday 1st of month

7.00pm-10.00pm

5:00pm - 7:00pm

M Mustafa: 0405 928 805

Henry: 0431 437 961

Ethanry090457@yahoo.com

Hosanna Kingdom Praise Centre FREE Faith group, praise and worship, children's ministry, prayer meetings and leadership training. Islamic Circle of Australian and New Zealand FREE ICAN focuses on educating its growing members and general community about the teaching of Islam. Khoja Shia Ithna-Ashari Jamaat of Melbourne Inc. FREE The main purpose of this group is to provide facilities conducive to educational, economic, support - seniors and vulnerable, sports and social welfare of the community and to lead to greater understanding and cooperation amongst all people in Australia. Sant Nirankari Mandal Australia Inc FREE Prayer/Congregation as per Sant Nirankari Missions ideology. Women's Gathering Program FEES APPLY An opportunity for local women to meet regularly. Search Building Cultural Connections Australia Inc on Facebook. Email us for a link and more information. Walk-ins welcome Sundays Fortnightly 1:00pm - 2:30pm Wednesdays Fortnightly 12pm - 1.30pm Thursdays Fortnightly 12pm - 1.30pm Thursdays 9:00am - 1:00pm VicePresident@ksijmelbourne.org.au VicePresident@ksijmelbourne.org.au President@ksijmelbourne.org.au President@ksijmelbourne.org.au President@ksijmelbourne.org.au Friday 3rd of month 5:30pm - 7:00pm Buildingculturalconnections22@g mail.com	Dianella Community Centre		
ICAN focuses on educating its growing members and general community about the teaching of Islam. Khoja Shia Ithna-Ashari Jamaat of Melbourne Inc. FREE The main purpose of this group is to provide facilities conducive to educational, economic, support - seniors and vulnerable, sports and social welfare of the community and to lead to greater understanding and cooperation amongst all people in Australia. Sant Nirankari Mandal Australia Inc FREE Prayer/Congregation as per Sant Nirankari Missions ideology. Women's Gathering Program FEES APPLY An opportunity for local women to meet regularly. Search Building Cultural Connections Australia Inc on Facebook.	Faith group, praise and worship, children's ministry, prayer		1 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4
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Prayer/Congregation as per Sant Nirankari Missions ideology. Women's Gathering Program FEES APPLY An opportunity for local women to meet regularly. Search Building Cultural Connections Australia Inc on Facebook. 6:00pm - 8:30pm Buildingculturalconnections22@g mail.com Buildingculturalconnections22@g	The main purpose of this group is to provide facilities conducive to educational, economic, support - seniors and vulnerable, sports and social welfare of the community and to lead to greater		.au
An opportunity for local women to meet regularly. Search Building Cultural Connections Australia Inc on Facebook. 3rd of month 5:30pm - 7:00pm	·		Nirankari@hotmail.com
	An opportunity for local women to meet regularly. Search Building Cultural Connections Australia Inc on Facebook.	3rd of month	

Penrose Promenade Community Centre		
Anoopam Mission Limited FREE Promote Hindu arts, crafts, dance, music, performing arts, literature & youth development. Educate young children and teenagers to live a positive and peaceful life.	Saturday (Fortnightly) 6:00pm - 9:00pm	Vipul Patel: 0433 185 138 Sandip Patel: 0450 873 099 vipul9800@gmail.com www.anoopam.org
Divine Wisdom SEE PROVIDER Gatherings aim to provide a supportive environment where women and girls come together for counselling, motivation and spiritual wisdom.	Saturdays 12:30pm - 3:30pm	0420 207 217 divinewisdominstitute2004@outlook.com
Multicultural Women Victoria FREE We bring together local multicultural women who are feeling isolated and disengaged for our Global Kitchen and Women's Circle.	Monday (1 st & 3rd Monday of the month) 10:00am - 1:00pm	projects@mwv.org.au www.mwv.org.au
Hindu Dharma Community of Melbourne FREE An Indian community from South India, Kerala, conducting various cultural activities, training kids, ladies group activities, family activities and more!	Saturdays 4:30pm - 6:30pm Last Sunday of the month 6:00pm - 9:00pm	Venugopalan Nair: 0415 444 901 venucn@yahoo.com
Hope Worship FREE Youth discussions and meetings	Thursdays 7:00pm - 10:00pm	trinitytupai@gmail.com
Ladies Club 60 FREE Social gathering for local ladies of Indian origin. Make new friends, enjoy a cup of tea and chat.	Mondays 12:00pm - 2:30pm	Nina: 0488 251 459
Legends International of Seniors Inc JOINING FEES APPLY	Thursdays 12:30pm - 2:30pm	Jiwan Lal Sharma :0423 125 618 legendsinternational2022@gmail.co

Penrose Promenade Community Centre		
Recreational meeting sharing coffee and snacks, prayer, guest speakers from different fields. We also organise picnics and outdoor activities		m
Myanmar Revival Church FREE Worship service, singing and preaching gospel.	Sundays 12:00pm - 5:00pm	Jayshee Jay: 0449 677 569 jshee8012@gmail.com Facebook/Myanmar Revival Church
Tarneit Women's Association SEE PROVIDER Social gathering for local ladies from the Punjab region of India	Thursdays 12:30pm - 2:30pm	preet_jassius@yahoo.com
Tarneit Bharatiy Club FREE Older Gujarati speakers will feel right at home in this relaxed social get-together environment	Tuesdays 12:30pm - 2:30pm Fridays 12:30pm - 2:30pm	Mukesh Shah: 0426 967 735
Tarneit Harmony Club FREE Join other Punjabi speaking retirees to enjoy indoor games share some sweets and cup of tea.	Tuesdays 12:00pm - 2:00pm Fridays 12.30pm - 2:30pm	Mohinder Bassi: 0470 214 268 nivarnbassi@gmail.com
United Seniors Club Incorporated JOINING FEES APPLY This group is celebrated with worshiping and praying to God along with singing and dancing and sharing food.	Wednesdays 12:00pm - 2:00pm	Mahendra Patel: 0466 920 881 mahendra195424@gmail.com
Tarneit Community Learning Centre		
Christian Brethren Church Melbourne Christian Worship Services	Sundays 8:45am -12:00pm	Sabin Jose: 0466 988 744 Cbcmelbourne.office@gmail.com
Club 60 Tarneit SEE PROVIDER Club 60 Tarneit provides a support to migrant seniors with understanding of the language and culture of Australia.	Mondays 12:30pm - 2:30pm	Sunil:0449 101 455
Iglesia Ni Christo FREE Church Of Christ Worship service and meetings on a weekly basis.	Saturdays 12:30pm - 5:00pm	Romeo De Guzman:0402 338 411 romydg62@gmail.com
Sri Lankan Social Support Group (MRC) FEES APPLY Sri Lankan seniors and adults staying at home who are looking for social engagement and want to stay active. Includes cultural celebrations, workshops, talks, recreational activities and lunch	Fridays 10:00am - 3:00pm	Shyaamalekhaa Rodrigo: 0433 325 744 shyaamalekhaa@mrcnorthwest.org. au
Tamil Christian Fellowship Melbourne Inc FREE Join our Sunday Worship Service as we learn about and worship Jesus. Our welcoming community awaits you.	Sundays 5:00pm - 8:00pm	Pastor Vino: 0423 267 996 tamilchristianfellowshipmelb@gmail. com https://tcfmelbourne.org
The Grace Influence Church FREE Worship Hindi, Punjabi and English. Bible readings and prayer	Sundays 9:00am - 12:00pm	Pastor Aman Luthra: 0405 606 148

Tarneit Community Learning Centre

A faith-based organisation which runs weekly Church Services in which different activities take place including preaching, singing, dancing, youth bible studies

visionpentecostalchurchvic@gmail.c om www.visionpentecostalchurch.org.au

Truganina Community Centre		
Forward in Faith International FREE All ages Christ centered church, believing in the triune God. Built on Love, Faith and Prayer, all are welcome.	Sundays 8:00am - 11:00am	Pastor Kulecha: 0498 127 211 kchipadza@fifmi.org.au
Heavenly Hope Church FREE All ages Christian church worshiping to achieve the goals of salvation for oneself and others.	Sundays 11:0am-2:00pm	laeva 0416 730 408 iaevafaaitualaahkiau@hotmail.com
Jesus Christ To God Be The Glory Church All ages Jesus Christ To God Be The Glory Church International is a nonprofit organization who is committed to bringing the Gospel of the Lord to all the world.	Sundays 2:30-5:30pm	Anthony: 0468 962 048 thony_13304@yahoo.com
KSIJM—KHOJA SHIA ITHNA-ASHARI JAMAAT OF MELB INC FEES APPLY Ages 5—17 Community Language School	Thursdays 7:00pm-9:00pm	treasurer@ksijmelbourne.org.au
Malay Youth FREE Empowering Malay and ethnic youth in Australia by fostering confidence, promoting well-being, and enhancing employment prospects, while celebrating cultural and religious identity.	Friday 6:30pm – 10pm	salam@malayyouthnaarm.com.au
Multicultural Women's Group FREE Ages 18+Insightful wellness talks, engaging activities, and a chance to connect with like-minded local women.	Friday 3rd of the month 10:00am - 12:00pm	Geetanjali : 0425 909 835 helpdesk.amwagroup@gmail.com
Sunrise Bhartiya Seniors Group FREE Ages 65+ Weekly gatherings for seniors from Gujarat to socialise and celebrate cultural holidays.	Tuesdays 11:00am - 1:30pm	Dilip: 0449 517 746 dshah1093@gmail.com
Tongan Victorian Association FEES APPLY Ages 5-18 Weekly Tau'olunga dance lessons for kids and young people.	Tuesdays 5:30pm - 7:30pm	Tevita: 0499 808 025 t.isoa@tvaorg.com.au
Truganina North Seniors Association FREE Ages 65+ Weekly gatherings for seniors from Truganina to socialise and celebrate cultural holidays.	Fridays 12:30 - 2:30pm	Bhushan: 0490 006 765 bhushansood9@gmail.com
VYO—Vallabh Youth Organisation FREE	Saturdays Fortnightly	Siddharth: 0427 327 816

Truganina Community Centre All ages Satsang sessions offer a unique opportunity to engage in kirtan, meditation, and spiritual discourse. 5:00pm - 9:00pm vyoworld.org

Community Supports & Services

Arndell Park Community Centre		
Justice of Peace Service FREE A Justice of Peace will be stationed at Arndell Park Community Centre. For large quantity witnessing, please call to book. But if you just need one or two items witnessed, no appointment will be necessary.	Tuesdays, Thursdays & Fridays 10:00am - 1:00pm	Arndell Park Community Centre: 8734 8911 (Call to confirm availability)
Life Community Kitchen FREE Providing hot nutritious meals to those in need. Bringing social inclusion & community engagement for people of all backgrounds No Bookings Required - All welcome!	Mondays 6:00pm - 7:00pm	communitykitchen@lifeau.org https://lifeau.org/communitykitchen/.
Community Connector FREE Wyndham Council has a dedicated team who can help you find and connect with local service options. If you need support, but are unsure of where to start, email us or call Wyndham Council.	Tuesdays 10:00am - 4:00pm	8734 4514 https://www.wyndham.vic.gov.au/communityconnector
Dianella Community Centre		
Community Connectors FREE Wyndham Council has a dedicated team who can help you find and connect with local service options. If you need support, but are unsure of where to start, email us or call Wyndham Council.	Wednesdays 8:00am - 5:00pm	8734 4514 communityconnector@wyndham. vic.gov.au www.wyndham.vic.gov.au/communit
		yconnector
Community Breakfast Program FREE FREE breakfast for all. Drop in and join the community for breakfast. Children MUST be supervised and attend with an adult.	Thursdays 8:00am - 9:00am (School terms)	Dianella Community Centre: 8742 8300 dianellacc@wyndham.vic.gov.au

Penrose Promenade Community Centre		
Community Connector FREE Wyndham Council has a dedicated team who can help you find and connect with local service options. If you need support, but are unsure of where to start, email us or call Wyndham Council.	Tuesdays 10:00am - 11:00am	8734 4514 www.wyndham.vic.gov.au/commun tyconnector
Tarneit Foodbank FREE Run by the Epiphany Church to support community members of all ages. No referrals needed. Includes fresh food, frozen food and dry goods.	Tuesdays 10:00am - 11:00am Registration opens at 9:00am	83 Penrose Promenade Tarneit https://facebook.com./TarneitFoodBnk/

The Grange Community Centre

At Work | CONTACT PROVIDER

Provides employment services for people living with disability and disadvantage looking for work, and employers to get the right people into the right jobs.

Monday-Friday 9:00am - 5:00pm

1300 192 641

www.atworkaustralia.com.au

Tarneit Community Learning Centre

Community Connector | FREE

Wyndham Council has a dedicated team who can help you find and connect with local service options. If you need support, but are unsure of where to start, email us or call Wyndham Council.

Wednesdays

9:00am - 4:00pm

8734 4514

www.wyndham.vic.gov.au/communit yconnector

Justice of Peace Service | FREE

JP Service to witness a person making a statutory declaration or affidavit, and to certify copies of original document. No Bookings Required. All welcome!

Mondays

11:00am - 2:00pm 3:00pm - 5:00pm

Tarneit Community Learning Centre: 8734 6040

tarneitclc@wyndham.vic.gov.au

Life Community Kitchen | FREE

Providing hot nutritious meals to those in need. Bringing social inclusion & community engagement for people of all backgrounds. All welcome!

Tuesdays

6:00pm - 8:00pm

communitykitchen@lifeau.org

https://lifeau.org/communitykitchen/

Soulful Spreads

A volunteering opportunity for young people and women aged 16 -25 years with a disability looking to build confidence, learn new skills and gain real-world work experience in a welcoming and supportive environment.

Show your support by grabbing a barista-made coffee, a refreshing milkshake or a tasty snack like a toasted sandwich, muffin or cookie.

Mondays, Wednesdays & **Thursdays** 8:30am - 12:00pm

info@soulfulspreads.com https://soulfulspreads.com/

Tia 0406 214 899

What's On at Wyndham City Libraries

Wyndham City Libraries runs FREE programs and activities for all ages. For more information, including details on special events, visit our website: www.wyndham.vic.gov.au/libraries

For Adults	For Youth	For Kids
回深。回 经验验 回数据		
For Early Years	Pop-Up Library	Website:
		wyndham.vic.gov.au/libraries Phone: 03 8734 8999 Facebook & Instagram: @librariesinwyndham





For more activities and programs across Wyndham, visit our website: www.wyndham.vic.gov.au

Arndell Park Community Centre
Dianella Community Centre
Penrose Promenade Community Centre
The Grange Community Centre
Tarneit Community Learning Centre
Truganina Community Centre

29-49 Federation Blvd, Truganina VIC 6 Congo Dr, Tarneit VIC 3029 83 Penrose Promenade, Tarneit VIC 3029 260-280 Hogans Rd, Hoppers Crossing VIC 3029 150 Sunset Views Blvd, Tarneit VIC 3029 1 Everton Rd, Truganina VIC 3029 (03) 8734 8911 (03) 8742 8300 (03) 8734 4500

(03) 8734 8000 (03) 8734 6040 (03) 8734 8420