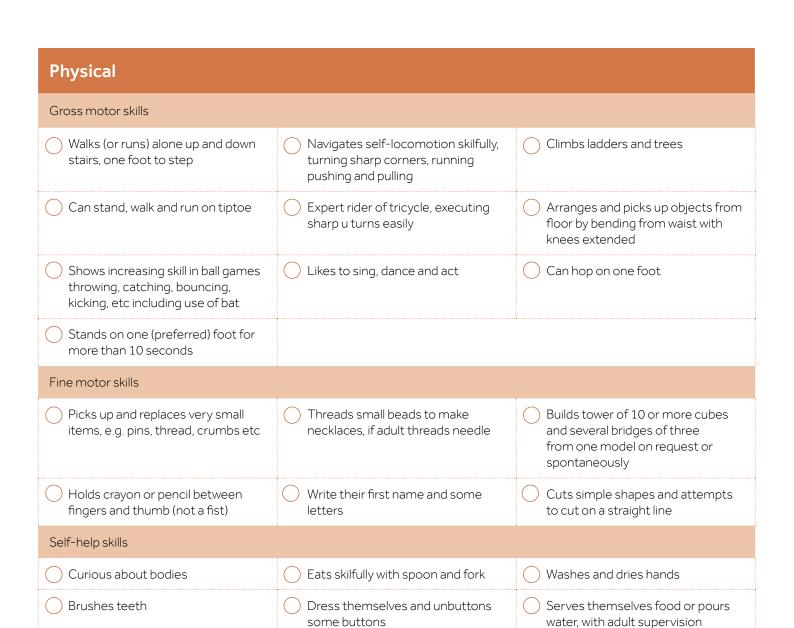
Developmental Milestones



4-5 years old



Goes to the toilet independently

during the day

Developmental Milestones | 4 - 5 years old

Social			
Asks to go play with children when no one is around	Changes behaviour based on where they are (place of worship, library, playground)	Becoming more cooperating and helpful	
Engages in various imaginative play experience – try different roles and behaviours	Understands taking turns as well as sharing	Inclined to argue with adults and other children when things don't go their way	
Shows sense of humour in talk and activities			
Emotional			
Comforts others who are hurt or sad, like hugging a crying friend	Exploring and learning to express emotions	May want to please and be like preschool-aged friends	
Might be saying sorry, agreeing to rules and being pleased when good things happen to other people	Might hide truth about things and even start telling lies i.e. "I didn't do it", even when they did		
Cognitive (learning, thinking, problem solving)			
Names a few colours of items	Tells what comes next in a well-known story	Draws a person with head, legs and trunk, and (usually) arms/fingers and clothes	
Can attend to a preferred task independently (e.g., drawing)	Developing interest in letters (e.g., starts to copy letters)	Matches geometric shapes	
Understands opposites e.g. high/ low	Knows the names of numbers out of order and can count to 10 using one to one correspondence	May remember own address	
Knows the difference between left and right			



Developmental Milestones | 4 - 5 years old

Language		
Answers most questions about daily tasks/ recent events and experiences	Understands most wh-questions, including those about a story they have recently heard	Listens to and tells long stories, sometimes confusing fact and fantasy
Shows an awareness that some words start or finish with the same sounds	Uses words, such as 'and', 'but' and 'because', to make longer sentences	Describes recent events, such as morning routines
Asks lots of questions	Uses personal pronouns (e.g., he/she, me/you) and negations (e.g.,don't/can't)	Gives full name, home address and (usually) age
Says some words from a song, story, or nursery rhyme	Talks about at least one thing that happened during their day, like "I played soccer."	By 4 years old, they speak sentences of around 5-6 words or more
Seek advice if:		
Has big tantrums over very small things or clings and cries when you leave	Seems very afraid, unhappy or sad a lot of the time	Doesn't seem to show empathy – for example, doesn't try to comfort others who are hurt or sad
Doesn't pretend during play – for example, doesn't pretend to be a grown-up or have a tea party	Easily distracted and can't concentrate on any single activity for more than a few minutes	Isn't developing conversational skills
Has trouble seeing or hearing things	Doesn't use sentences of more than 3 words	Can't understand 2-part instructions like 'put the doll down and pick up the ball'.
ls clumsy – e.g. Trips over a lot when walking or running	Has trouble drawing shapes such as circle or cross	Find it hard to use small objects such as pencil/ crayon
Difficult eating, dressing or using the toilet	If you notice that the child has lost skills they once had	



Developmental Milestones | 4 - 5 years old

Reference List

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