

Term 3 | 2025

# Community Centre Program & Activity Guide

Connect

Create

Learn

Share



Point Cook

## 2025 HOMELESSNESS WEEK

*On any given night,  
there are more than  
122,000 people in  
Australia experiencing  
homelessness*



**Join Homelessness  
Australia, Wyndham  
City and your  
community in raising  
awareness about the  
impact of  
homelessness and  
helping local  
community members  
in need.**

## Wyndham Donation Drive

Help make a difference. The items below can be donated and will be distributed locally in emergency relief dignity packs. Collecting donations from **June to 4 August** at Point Cook Community Centres (Featherbrook, Point Cook & Saltwater)

Items can include:

- Personal care items and toiletries such as toothbrushes, moisturiser, soap and sanitary items
- Blankets, new socks and underwear
- Long life food, canned food, dry goods



Wyndham City Council would like to pay respect and acknowledge the Bunurong and Wadawurrung People as the Traditional Custodians of the land on which Wyndham City Council is located.

**wyndhamcity**  
city.coast.country

Various Locations & times	Contact Information	
<b>Immunisations</b> The Wyndham City Immunisation Unit provides free public vaccinations against a range of childhood and adult diseases.	Contact: Wyndham Immunisation Team 9742 0736 wyndham.vic.gov.au <i>select:</i> Children's Services > Immunisations	<b>For further information scan to be directed to Children's Services website</b>  
<b>Maternal &amp; Child Health Appointments</b> Professional nursing support & advice for parents with children from birth to school age.	Contact: Child and Family Resource Team 1300 370 567 wyndham.vic.gov.au/services/childrensservices	
<b>First Time Parents Group</b> Meet friendly local families to talk about your kids & have fun! Share experiences, find advice, give support & make new friends.		
<b>Supported Playgroup – Ages 0-5</b> A playgroup that aims to meet the needs of vulnerable families in our community.		
<b>Wyndham City Council – Kindergarten</b> 3 & 4 Year Old Kindergarten Services. Enrol your child online.		

## Early Years Programs & Activities

Featherbrook Community Centre		
<b>Mini Movers – Leisure Networks   FREE</b> Mini Movers is a free 30 minute physical well-being program that gives 3-7 year olds the opportunity to try new sports, make friends & grow their confidence. Bookings essential.	<b>Fridays</b> 9:15am - 10:30am 6 week program	<b>Tori: 03 5224 9972</b> <b>tori.honner@leisurenetworks.org</b>
<b>Tiny Tutus   FEES APPLY</b> Educational pre school ballet classes promoting fitness and creativity from a young age with the right balance of fun and learning.	<b>Thursdays</b> 9:00am - 11:30am	<b>Tiny Tutus: 1300 245 060</b> hello@tinytutus.com.au <b>tinytutus.com.au</b>
<b>Hispanitos Playgroup   FEES APPLY</b> This Spanish playgroup features songs and rhymes for babies and kids, reading Spanish books, and free playtime. It's also a great opportunity for adults to socialize in Spanish!	<b>Mondays</b> 1.30pm - 3:30pm	<b>Anna Londono: 0410 441 877</b> analondono117@gmail.com

Point Cook Community Learning Centre		
<b>Little Buddies Toy Library   FEES APPLY</b> Wide range of toys suitable for 0–5-year olds including ride-ons, educational toys, puzzles, games, imaginative play sets, baby toys & more.	<b>Tuesdays &amp; Fridays</b> 10:00am – 1:00pm <b>Saturdays</b> 9:30am – 1:30pm	<b>0492 980 692</b> admin@littlebuddiestoylibrary.com.au littlebuddiestoylibrary.com.au
<b>Munchkins &amp; Rascals Playgroup   FEES APPLY</b> A fun, welcoming, inclusive environment using sensory play, music, art & age-appropriate learning for families from all backgrounds to participate in. We currently have families with children under 6mth.	<b>Mondays</b> 2:00pm - 4:00pm	<b>Xanthe or Caitlin</b> munchkin.playgroup@gmail.com
<b>Point Cook Chinese Playgroup   FEES APPLY</b> Friendly playgroup engaging kids under 5 in music, storytelling, games & craft activities in Chinese (Mandarin). Meet other families. Enjoy indoor & outdoor play. Introduce Chinese to children in a 100% immersion environment.	<b>Mondays</b> 9:30am - 11:30am (during school term)	<b>Brittany Chen</b> brittany.chen1023@gmail.com

Point Cook Community Learning Centre		
<b>Point Cook Little Friends Playgroup   FEES APPLY</b> A play-based playgroup for 0-5 year olds. Activities include story time, music, dance, craft & outdoor play. You can bring your own lunch. Relaxed & social time for parents & children.	<b>Tuesdays</b> 9:30am - 11:30am (during school term)	<b>pclittlefriends@gmail.com</b>
<b>Safer Spaces Disability Playgroup   FEES APPLY</b> Community playgroup for children with different abilities and their carers. Some free play and structures activities such as crafts and songs.	<b>Wednesdays</b> 9:30am - 11:00am (fortnightly)	<b>Josh: 0434 648 404</b> safer-spaces.com.au/collections/community

Saltwater Community Centre		
<b>Adventure Seekers Playgroup   FEES APPLY</b> We aim to create an exciting playgroup aimed at children 0-4 years who love exploring through fun experiences like outdoor sensory play, arts and crafts. Children will develop teamwork, problem solving skills and confidence. Each session will offer something new and different.	<b>Fridays</b> (School Term) 9:00am - 11:00am	<b>Arta</b> adventureseekersplaygroup@gmail.com
<b>BOPS Music   FEES APPLY</b> With Curriculum tailored for children aged 1-5years. BOPS students will learn rhythm, dynamics, tempo and pitch through playing instruments, musical puppet shows and group song. There's even an end of term concert to enjoy.	<b>Tuesdays</b> <b>9:30am</b> <b>10:15am</b>	<b>Beth: 0410 323 126</b> info@bopsmusic.com.au www.bopsmusic.com.au
<b>Saltwater Chinese Playgroup   FEES APPLY</b> For mums, dads, grandparents & carers with kids 0-5years. Come and enjoy craft, dancing, singing rhymes and story time.	<b>Wednesdays</b> 9:30am - 11:30am	<b>Sumei / Meredith</b> swchineseplaygroup@gmail.com
<b>Tiny Tutus Preschool Ballet   FEES APPLY</b> Educational pre-school ballet classes promoting fitness and creativity from a young age with the right balance of fun and learning.	<b>Fridays</b> (School Term) 9:30am - 11:30am	<b>1300 245 060</b> hello@tinytutus.com.au www.tinytutus.com.au
<b>VICSEG Korean Playgroup   FREE</b> This playgroup offers families of Korean Culture an opportunity to promote their children's skills through cooperative play, share play, develop cognitive, social, emotional and physical skills, prepare for kinder. Provide health information, parenting, early learning and healthy eating. Share information and experiences and discuss issues of interest in a friendly environment.	<b>Mondays</b> (School Term) 9:30am - 11:30am	<b>Karen Diacono</b> kdiacono@vicsegnewfutures.org.au https://vicsegnewfutures.org.au/
<b>VACCA Playgroup   FREE</b> Parents will attend with kids, every session is something new could be crafts, cooking, incursions, science. Great for our Koorie families to make new friends, express creativity, learn about culture, hear stories, have a feed and get to know other Koorie families.	<b>Tuesdays</b> (School Term) 12:00pm - 2:00pm	<b>Ebony</b> ebonyp@vacca.org

## Education & Training Kids & Adults

Featherbrook Community Centre		
<b>AL Madina Islamic Foundation   DONATIONS</b> Join our vibrant Arabic/Urdu language classes. Learn through engaging activities, creative expression and community engagement. Donations welcome.	<b>Mondays</b> 4.00pm - 5.00pm <b>Thursdays</b> 4.00pm – 5.00pm	<b>Wajid: 0430 876 786</b> info@almadinafoundation@gmail.com

Featherbrook Community Centre		
<b>Artispeak Mandarin and Public Speaking   FEES APPLY</b> Help students 4-18 unleash their natural abilities, build self-confidence and courageously express themselves in public.	<b>Tuesdays</b> 6.30pm – 7.30pm	<b>WeChat: Artispeak</b> <b>0424 845 227</b>
<b>KK Art   FEES APPLY</b> Art, drawing & craft lessons for kids 4-8. Classes are designed to be the one stop shop to develop your drawing, painting, colouring & craft making abilities.	<b>Wednesdays</b> 5:00pm - 6:00pm	<b>Edmund: 0432 513 344</b> <b>kkart.classes@gmail.com</b>
<b>Lego Robotics Class by Rocket Academy   FEES APPLY</b> Rocket Academy empowers kids through play-based learning with everyday objects and simple robotics, using the LEGO education system. We inspire essential future skills in a fun and engaging way. Through hands on activities, we ignite a lifelong interest in STEAM, preparing children to tackle future challenges with confidence.	<b>Mondays</b> 3:30pm - 5:00pm During school term only	<b>Carmen: 0488 779 418</b> hello@rocketacademy.com.au <b>rocketacademy.com.au</b>
<b>Spoken English Classes - Adult   FREE</b> Practice your English-speaking skills in a fun & inclusive environment. Facilitated by a Wyndham City Volunteers. <b>Registrations Essential.</b>	<b>Monday &amp; Tuesday mornings</b> (Class times vary – Call to confirm)	<b>Featherbrook Team: 8353 4000</b> featherbrookcc@wyndham.vic.gov.au
<b>WCEC English Conversation Classes - Adult   FEES APPLY</b> New to English classes in partnership with Wyndham Community & Education Centre.	<b>Thursdays</b> 12:00pm - 3:00pm	<b>Wyndham Community &amp; Education Centre</b> <b>9742 4013</b> wyndhamcec.org.au/wpmain/
Point Cook Community Learning Centre		
<b>Abacus Training Centre by Sempoa SIP   FEES APPLY</b> Enhance children's cognitive skills with ABACUS-based brain training. Acquire mental arithmetic skills in an enjoyable & structured setting, with a tailored curriculum designed to accommodate children of varying skill levels. Free trial class available.	<b>Mondays &amp; Wednesdays</b> 4:30pm - 6:30pm <b>Fridays</b> 4:00pm - 6:00pm <b>Saturdays</b> 9:00am - 11:00am	<b>Hany: 0431 830 359</b> info@sempoasip.com.au sempoasip.com.au
<b>AMEP: English Classes   FREE</b> Free English classes for refugees and other eligible migrants.	<b>Monday &amp; Fridays</b> 9:00am - 2:30pm	<b>Wyndham Community &amp; Education Centre</b> <b>9742 4013 &amp; press 1</b>
<b>AMES: English &amp; VET Training   FREE</b> Government-funded courses for eligible students. Improving your English language skills for study & work purposes. Gaining hands-on experience through practical work placements, joining our vibrant student community & building relationships.	<b>Thursdays</b> 9:00am - 2:30pm	<b>AMES Australia</b> <b>8644 6161</b> ames.net.au
<b>Brainworks   FEES APPLY</b> Helps to develop students potential aspiring to reach various goals, improve their understanding of the school curriculum, prepare for competitive scholarship & selective school exams	<b>Wednesdays &amp; Thursdays</b> 5:15pm - 7:15pm	<b>Adnan</b> <b>0433 195 110 or 0401 421 115</b> pointcook@brainworks.com.au brainworks.com.au
<b>Conversational English for migrants   FREE</b> Practise your English skills, meet new people, and learn from others.	<b>Fridays</b> 9:00am - 11:00am	<b>Point Cook Community Learning Centre: 8734 0205</b> pointcookclc@wyndham.vic.gov.au
<b>English for Chinese speakers   FREE</b> Practise your English skills, meet new people, and learn from others. During school terms.	<b>Wednesdays</b> 9.00am - 11:00am (not 2nd Wednesday of the month)	

Point Cook Community Learning Centre		
<b>Gunsmart—Firearm Safety Course   FEES APPLY</b> Safety & information course from Victoria Police. Feel safe around firearms or complete the course certificate to apply for a category A/B firearms licence. Juniors 12-18 years welcome when accompanied by an adult. Course & short exam.	<b>Tuesdays (fortnightly)</b> 7:15pm - 9:00pm	<b>Gunsmart: 1300 920 900</b> instructor@gunsmart.com.au gunsmart.com.au
<b>Rocket Academy STEM Workshop   FEES APPLY</b> Empowering kids through play-based learning with everyday objects & simple robotics, using the LEGO Education system. We inspire essential future skills in a fun & engaging way. Through hands-on activities, we ignite a lifelong interest in STEAM, preparing children to tackle future challenges with confidence.	<b>Saturdays</b> 11:15am - Ages 4-6 12:15pm - Ages 5-7 1:15pm - Ages 8-10	<b>Carmen: 0415 897 393</b> hello@rocketacademy.com.au rocketacademy.com.au
<b>Sewing Classes—So &amp; Sew - Beginners   FEES APPLY</b> <b>Introduction to the Textile Industry</b> This course is perfect for those who want to learn how to sew with different fabrics, follow simple patterns and make items on a basic sewing machine.	<b>Thursdays</b> 6:00pm - 9:00pm	<b>Wyndham Community &amp; Education Centre</b> <b>9742 4013</b> wyndhamcec.org.au/course-list-pre-accredited/  all courses are 3 hours for 10 weeks
<b>Sewing Classes—Next Stitch - Intermediate   FEES APPLY</b> An intermediate level sewing course which assumes basic knowledge of using machines. Will cover introduction to overlockers, working with different fabrics and using patterns to make a simple garment.	<b>Tuesdays</b> 9:00am - 12:00pm <b>Wednesdays</b> 6:00pm - 9:00pm <b>Tuesdays</b> 12:30pm - 3:30pm	
<b>Sewing Classes—All Sewn Up - Advanced   FEES APPLY</b> Advanced level course which follows on from the "Next Stitch" course. This course includes sewing with stretch fabric and making a more complex article or garment.	<b>Tuesdays</b> 12:30pm - 3:30pm	
<b>Telugu Association of Australia Inc   FEES APPLY</b> Teaching Telugu language to protect culture & diversity among our children while integrating with the multicultural society of Wyndham.	<b>Saturdays (fortnightly)</b> 3:30pm - 6:00pm	
<b>Zimbabwean Community in Australia (Victoria)   FEES APPLY</b> Offering Shona Ndebele language classes to kids & adults.	<b>Saturdays</b> 1:00pm - 3:00pm	<b>Dr Taka Zivave: 0424 326 267</b> zimviccommunitylanguageschool@gmail.com

Saltwater Community Centre		
<b>Expert Academy   FEES APPLY</b> A tutoring program designed to help students improve their understanding and performance in Maths and English. Registered teacher, experienced tutor providing personal instruction, assistance with homework and strategies, mastering challenging concepts. Key components of the program often include setting learning goals, assessing students current level, providing targeted practice and tracking progress to ensure academic growth.	<b>Mondays</b> 5:00pm - 7:00pm <b>Wednesdays</b> 5:30pm-7:30pm <b>Thursdays</b> 5:30pm-7:30pm <b>Fridays</b> 5:00pm-7:00pm	<b>Gunjan: 0412378064</b> contact@expertsacademy.com.au expertsacademy.com.au
<b>Wyndham Chess Club   FEES APPLY</b> Chess lessons and chess club for children aged 6 and over. All levels welcome from beginners to advanced.	<b>Fridays</b> 6:00pm - 8:00pm	<b>Phil Minichelli: 0478 604 601</b> phil@wyndhamchess.club wyndhamchess.club
<b>Wyndham Community and Education Centre - AMEP Classes   FREE</b> Provide English classes to eligible migrants	<b>Mondays &amp; Thursdays</b> 9:00am - 2:30pm	<b>Wyndham CEC: 9742 4013</b> enquiries@wyndhamcec.org.au wyndhamcec.org.au



# Recreation & Wellbeing Kids & Adults

Featherbrook Community Centre		
<b>Beat Freakz Fitness   FEES APPLY</b> Dance fitness in the dark that is suitable for all levels, all shapes, sizes & abilities. A safe place for women, families, young adults and children.	<b>Mondays</b> 6:00pm - 7:30pm	<b>Jenna Chaffey: 0424 124 661</b> beatfreakzfitness@yahoo.com beatfreakzfit.com.au
<b>Kathak Kendra Dance Classes   FEES APPLY</b> Kathak is one of the eight Indian classical dance forms of India. Originated from Uttar Pradesh, specialising in 3 gharanas - Jaipur, Lucknow and Banaras.	<b>Sundays</b> 5:00pm - 7:00pm	<b>Parul Juneja: 0434 361 191</b> kathakkendra.nz@gmail.com
<b>Kitchen Knights   FEES APPLY</b> Cooking classes for kids to learn how to make delicious food, have fun and build valuable skills in the kitchen.	<b>Sundays</b> 5.00pm - 6:00pm	<b>Ruchi Sharma: 0450 391 118</b> Kitchenknights2025@gmail.com
<b>Let's Dance Point Cook   FEES APPLY</b> Community social sequence ballroom dancing incl. Cha Cha, Tango, Foxtrot, Waltz & many more.	<b>Sundays</b> 4:30pm - 6:30pm	<b>Phebe Yeo: 0425 338 832</b> <a href="mailto:phebe@8senses.com.au">phebe@8senses.com.au</a>
<b>Mambourin Enterprises by Beat Freakzfit   FREE</b> A safe & judgement free space people living with Disability. Dance fitness in the dark that is suitable for all levels we dance in the dark working on mental & physical wellbeing to epic music.	<b>Tuesdays</b> 10:00am - 12:00pm	<b>Jenna Chaffey: 0424 124 661</b> beatfreakzfitness@yahoo.com beatfreakzfit.com.au
<b>Point Cook Dance   FEES APPLY</b> Friendly & nurturing classes. Pre School Dance, combination for preppies, classical ballet, Jazz & Funk, Hip-Hop, Hip-Hop Boyz, Tap, Contemporary, Acrobatics, Drama & singing. For ages 3 years to teenagers.	<b>Tuesdays, Thursdays, Fridays &amp; Saturdays</b> Times vary. Please see timetable on website	<b>Mandy: 0416 679 911</b> info@pointcookdance.com.au pointcookdance.com.au
<b>Point Cook Girl Guides   FEES APPLY</b> As the peak organisation for girls aged 5-17, The Girl Guides mission is to empower all girls to become confident, engaged, resilient & responsible community members.	<b>Tuesdays</b> 6:30pm - 8:00pm	wyndham@guidesvic.org.au guidesvic.org.au
<b>Rachana Natyalaya   FEES APPLY</b> One of the prominent places in Melbourne to learn Indian Classical Dance Bharatanatyam, Folk & Bollywood dancing from a qualified dance teacher.	<b>Wednesdays</b> 6:00pm - 9:00pm	<b>Archana Koorthy: 0432 161 933</b> koorthy@gmail.com rachananatyalaya.com
<b>Shorinjiryu Karate   FEES APPLY</b> This karate has elements based on Okinawan Karate with a strong influence from Aikijujutsu, Judo & various Okinawan and Japanese weapons arts. Classes suitable for juniors & adults.	<b>Tuesdays</b> 4:00pm - 6:30pm	<b>Marnie Roberts: 0418 564 382</b> kennankan@hotmail.com shorinjiryu.com.au
<b>The Starry Path   FEES APPLY</b> The Starry Path bridges that gap with a playful, researched-backed approach that blends storytelling, hands on activities and neuroscience-based strategies.	<b>Mondays</b> 5.35pm-6.25pm <b>Wednesdays</b> 5.35pm-6.25pm	<b>Charvi Bhagat: 0426 355 403</b> hello@thestarrypath.com.au
<b>Table Tennis for beginners   FREE</b> Come and learn basic skills in Table Tennis. Bats and balls are provided.	<b>Wednesdays</b> 9:15am - 10.45am (Excluding first Wednesday of the month)	<b>Featherbrook Team: 8353 4000</b> featherbrookcc@wyndham.vic.gov.au

Featherbrook Community Centre		
<b>Vibe Choreography   FEES APPLY</b> Come join our Bollywood Hip-Hop dance school. We offer classes for all ages from pre-school to adults. We take pride in fostering an inclusive and welcoming environment where everyone can express themselves.	<b>Mondays, Tuesdays, Wednesday, Fridays &amp; Saturdays</b> Times vary, see website	<b>Alpana Chauhan-Virani</b> <b>0434 944 074</b> alpana24@gmail.com vibechoreography.com.au
<b>Sculpt Fitness   FEES APPLY</b> Womens group fitness class working together in a circuit style program.	<b>Saturdays</b> 7.30am – 8.30am	<b>Kelly: 0432 587 161</b> sculptfitness.net.au
<b>Walking Football 4 Health Victoria   FREE</b> All the things you love about football in a small-sided game, with no running and no contact. Everyone welcome! We invite everyone from all diverse backgrounds, gender, age, culture and all abilities.	<b>Thursdays</b> 10am-11am (Female) 11am-12pm (Male)	<b>Phone: 03 8353 4000</b> Email: info@wf4hvictoria.org.au

Point Cook Community Learning Centre		
<b>Board in the West—Melbourne Meeples   FEES APPLY</b> Join us on the first Friday of each month for a night of Board Gaming fun! Open to all ages & experience levels. We'd love to see you there!	<b>Fridays</b> (1st of the month) 5:30pm - 11:00pm	<b>Jennie: 0410 150 529</b> meeples.org.au
<b>Bollywood Dance Company Melbourne   FEES APPLY</b> Our motto 'Celebrating Dance, Arts, & Culture'. With careers starting in Mumbai, experience in the Indian Bollywood Film Industry Darshan & Sohini bring extensive global travel & performance experiences over 22 years to their teaching.	<b>Mondays</b> 5:30pm - 9:30pm	<b>Sohini / Darshan: 0497 757 355</b> info@bollywooddancecompany.com.au bollywooddancecompany.com.au
<b>Brooks School of Dance   FEES APPLY</b> Quality dance classes in creative movement, classical Ballet & Jazz for kids ages 3 & up. Taught in a friendly & encouraging environment by experienced dance teachers.	<b>Thursdays</b> 4:30pm - 6:00pm <b>Saturdays</b> 9:30am - 12:30pm	<b>Ayelet: 0430 765 431</b> brooksdance@gmail.com brooksschoolofdance.com
<b>Cross Cultural Connection   FREE</b> Variety of activities including chair yoga and shared cultural traditions, customs, food and recipes passed down by generations and languages.	<b>Tuesdays</b> 10:00am - 1:00pm (times vary, check with Point Cook CLC)	<b>Point Cook CLC: 8734 0205</b> pointcookclc@wyndham.vic.gov.au
<b>Fun &amp; Fitness Gentle Exercise   FEES APPLY</b> Gentle physical activity program suitable for seniors and all abilities.	<b>Mondays</b> 11:30am - 12:30pm <b>Fridays</b> 11:10am - 12:10pm	<b>Point Cook CLC: 8734 0205</b> pointcookclc@wyndham.vic.gov.au
<b>Gamblers Anonymous   FREE</b> 12 Step Fellowship meeting for compulsive gamblers. Zoom meetings listed on website.	<b>Thursdays</b> 8:00pm - 9:00pm	<b>9696 6108</b> gavictoria18a@gmail.com gaaustralia.org.au
<b>Melbourne Table Tennis Club   FEES APPLY</b> Run by Melbourne Table Tennis Club in conjunction with Asian Business Association of Wyndham Inc. Playing & coaching with a main focus on Seniors 55+.	<b>Sundays</b> 6:00pm - 9:00pm	<b>Jon Zhang: 0451 169 850</b>
<b>Music Wings Children's Choir   FEES APPLY</b> Singing group classes for children years 5+ and teens. Both in Chinese & English	<b>Mondays</b> 4:00pm - 5:30pm	<b>Ms Zhang: 0401 457 386</b> <b>Ms Zheng: 0413 590 100</b> musicwings.office@gmail.com

Point Cook Community Learning Centre		
<b>Natyanjali School of Dance   FEES APPLY</b> Bharatanatyam India's oldest & popular classical dance style encompassing music, rhythm & expression. Strictly adheres to Natyashastra. Traditional Vazhuvoor style of Bharathanatyam. All ages welcome.	<b>Tuesdays</b> 6:00pm - 8:00pm <b>Thursdays</b> 5:00pm - 6:00pm <b>Fridays</b> 5:30pm - 6:30pm	<b>Anitha Perumal: 0470 177 937</b> anititha@yahoo.com natyanjalischoolofdance.business.sitel/
<b>Point Cook Craft Group   FREE</b> Bring along your knitting or craft for social interaction with other local community members.	<b>Thursdays</b> 10:00am - 12:00pm	<b>Point Cook Community Learning Centre: 8734 0205</b> pointcookclc@wyndham.vic.gov.au
<b>Point Cook Seniors Group   FREE</b> Meet for social interaction with other seniors from local area.	<b>Fridays</b> 12:15pm - 2:30pm	
<b>Point Cook VIEW Club   FEES APPLY</b> A leading women's national organisation, providing the opportunity for senior women from all multi-cultural backgrounds.	<b>Wednesdays</b> (4th of the month) 11:00am - 1:00pm	<b>Catherine Cronin: 0407 726 852</b> pointcookview@gmail.com view@thesmithfamily.com.au
<b>Safer Spaces – Dungeons &amp; Dragons   FEES APPLY</b> In Dungeons & Dragons we use our time together playing a fun game, as characters in an imaginary world, with the purpose of using a safe, controlled environment with other similar aged peers, to practice those social & emotional situations we may find challenging, in a fun & make-believe world. Ages 6-14	<b>Tuesdays</b> 3:30pm - 5:30pm	<b>Josh: 0434 648 404</b> safer-spaces.com.au/community
<b>Salsa In Motion   FEES APPLY</b> Beginner Cuban Salsa & Bachata, intermediate level Cuban Salsa/Rueda & Bachata dance classes for adults. No dance experience or partner required. Free 25min intro session.	<b>Mondays</b> 6:30pm - 10:00pm	<b>Michael: 0430 355 888</b> info@salsainmotion.com.au
<b>VJ Academy - Dance   FEES APPLY</b> A combination of exercise & dance for physical & mental fitness & well-being. Dance consists of freestyle movements from Indian blockbuster choreographies.	<b>Tuesdays</b> 5:00pm - 7:00pm <b>Wednesdays</b> 7:15pm - 8:15pm	<b>VJ: 0435 915 516</b> soulspace.journeywithin@gmail.com soulspace.org.au
<b>Weight Watchers   FEES APPLY</b> A welcoming & safe environment to fulfil your weight health goals. Learn ways for successful & sustainable weight loss and health living.	<b>Saturdays</b> 8:00am - 9:00am	<b>Maria: 131 997</b> maria.mifsud@ww.com weightwatchers.com/au/contact
<b>Yoga for Seniors   FREE</b> Yoga for seniors above 55 years for all communities, to support physical and mental wellbeing.	<b>Mondays</b> 4.00pm - 5.30pm	<b>Prem - 0430 740 023</b> <b>Point Cook CLC - 8734 0205</b> pointcookclc@wyndham.vic.gov.au
<b>Yoga with Gunjan - GIA Yoga   FEES APPLY</b> Moving the body & stilling the mind as a means of deeper connection with ourselves. Explore our inner self with gentle movements, meditation, breath & postural awareness.	<b>Thursdays</b> 6.30pm - 7.30pm	<b>Gunjan: 0450 073 627</b>
<b>Youth Services Breakfast Club @ Stockland Shopping Centre   FREE</b> Are you aged between 12-25? Mornings can be tough, even tougher on an empty stomach, start your day with a free breakfast Near Woolworths.	<b>Tuesdays</b> 8:15am - 9:00am (During school term)	<b>Youth Services: 8734 1355</b> youthinwyndham@wyndham.vic.gov.au wyndham.vic.gov.au/services/youth-services
<b>Youth Services Courtside Ages 12-25   FREE</b> Hang out with our friendly youth workers & meet new friends at Point Cook Town Centre Basketball court.	<b>Thursdays</b> 3:30pm - 5:30pm	



Point Cook Community Learning Centre		
<b>Youth Services Drop In   FREE</b> Aged between 12-18? Bored & looking for somewhere to hang out after school? Drop in, grab a snack & chill Wednesday afternoon at Point Cook Community Learning Centre.	<b>Wednesdays</b> 3:30pm - 5:30pm	<b>Youth Services: 8734 1355</b> youthinwyndham@wyndham.vic.gov.au wyndham.vic.gov.au/services/youth-services
<b>Youth Services Home Education Program   FREE</b> Workshops delivered for young people aged 12+ who are home educated. Varied programs based on interests of the group. Please contact the team to confirm exact dates and further details on workshops.	<b>Thursdays</b> 9:30am-11:00am (exact dates to be confirmed)	
<b>Youth Services Tuning into Teens   FREE</b> Are you a parent of a 12–25-year-old? Sign up to this 8-week program where you will learn how to help your teen develop emotional intelligence, manage emotions, deal with conflict and more.	<b>Thursdays</b> 9:30am-11:15am	
<b>Zumba Fitness with Zin Monika   FEES APPLY</b> Fitness & exercise to help improve health, coordination & balance whilst dancing to Salsa, Merengue & Reggaeton. Ultimate fun!	<b>Tuesdays</b> 7:00pm - 8:00pm	<b>Monika: 0468 320 618</b> monika.au@outlook.com

Saltwater Community Centre		
<b>Art Studio - Open Studio   FREE</b> Not enough space to paint or create at home? Open studio is for anyone to come and work on their own projects in a studio environment.	<b>Fridays</b> 9:30am - 3:30pm	<b>Saltwater Community Centre</b> <b>8376 5501</b> saltwatercc@wyndham.vic.gov.au
<b>Aikido Melbourne West Inc   FEES APPLY</b> Children, teens and adults Aikido classes. A Japanese martial art dedicated to harmony, physical and mental wellbeing. Traditional practice with direct connection to Aikido Governing World Body in Tokyo. Come and join a caring group in a non-competitive martial art, helping you to a healthy lifestyle.	<b>Wednesdays</b> 7:30pm - 9:00pm <b>Saturdays</b> 8:00am - 10:30am	<b>Andrew Last: 0405 330 149</b> andrewlast.aikido@gmail.com pointcookaikido.com
<b>Beat Factor Community Drum Class   FEES APPLY</b> Join us for our adult drumming class. Learn Djembe and Dun Dun drumming for fun, well-being or to challenge yourself. Drumming helps to improve coordination, focus, stress reduction and overall well-being. Weekly and Casual classes.	<b>Thursdays</b> 7:30pm—8:30pm	<b>Rod Pilois: 0411 028 077</b> bfmusic15@gmail.com beatfactormusic.com/workshops/point-cook/
<b>Bhangra Arena</b> Learn professional Bhangra in West. Beginners batch also available.	<b>Saturdays</b> 3:00pm -5:00pm	<b>Ravinder: 0451 503 521</b>
<b>CDB Dance   FEES APPLY</b> We offer a high level of dance training in Ballet, Modern Dance, Contemporary and Dance fitness for ages 3 years and above to the Point Cook Community. We aim to share our love and knowledge of dance to help on your dance journey.	<b>Mondays</b> 4:30pm - 6:30pm <b>Tuesdays</b> 9:00am - 10am <b>Thursdays</b> 4:30pm - 7:00pm <b>Saturdays</b> 8:30am - 12:30pm	<b>Candice Baxter: 0468 558 859</b> cdbdancesa@gmail.com cdbdance.com
<b>Claudia Rossi Art Therapy   FEES APPLY</b> Individual and small group Art Therapy sessions with a professional Art Therapist (MA Arts Therapy & NDIS provider). All art materials are supplied. Participants and local community members are welcome. No art experience necessary. Bookings by appointment.	<b>Thursdays</b> 1:30pm - 2:30pm	<b>Claudia: 0425 703 158</b> claudiarossiarttherapy@gmail.com

Saltwater Community Centre		
<b>Creative Futures   FEES APPLY</b> Arts and crafts, Sewing for all abilities	<b>Tuesday</b> 3:00pm – 5:30pm <b>Friday</b> 3:00pm – 6:30pm	<b>Gillian: 0401 521 353</b> mamma_of_7@hotmail.com
<b>Gia Yoga   FEES APPLY</b> Yoga promotes social harmony by fostering a sense of community shared purpose. Practising yoga provides a sense of belonging and connection which can improve mental health and overall wellbeing.	<b>Mondays</b> 6:30pm - 7:30am	<b>Gunjan: 0450 073 627</b> gunjanparmar14@outlook.com
<b>Heartfulness Yoga and Meditation   FREE</b> Heartfulness offers a range of activities designed to support personal well-being and inner transformation. At its core is daily meditation, where individuals focus on the heart to foster calmness, clarity and a deeper connection with the inner self. A unique feature of Heartfulness is yogic transmission, which enhances the meditation experience by providing a subtle, transformative energy.	<b>Sundays</b> 8:30am - 10:00am	<b>Chander: 0466 788 921</b> chander.satyavarapu@volunteer.he artfulness.org heartfulness.org
<b>Japan Karate Association Australia   FEES APPLY</b> JKA teaches traditional ShotoKan Style Karate. It develops strength, coordination & agility and can be practised any time and any place by everyone. Standards are taught at the highest level in keeping with the technical requirements set by JKA HQ.	<b>Tuesdays</b> 5:30pm - 8:30pm <b>Saturdays</b> 10:30am - 1:00pm	<b>Bryan Zalzarriaga</b> bryan.zalzarriaga@jkaaaustralia.co m.au jkaaaustralia.com.au
<b>Manmohini Indian Dance School   FEES APPLY</b> Regular classes for Indian Classical Kathak dance style.	<b>Wednesdays</b> 4:00pm - 8:00pm	<b>Daveena Munnee: 0430 714 273</b> daveena.munnee@gmail.com
<b>Manmohini Indian Dance School - Kathak   FEES APPLY</b> Regular classes for Indian Classical Kathak dance style.	<b>Thursdays</b> 6:30pm - 8:30pm	<b>Mohini: 0421 084 366</b> mohini@kathakmelbourne.com.au
<b>Melbourne School of Indian Music   FEES APPLY</b> Tabla classes for kids and adults. Boosts cognitive skills, improves focus and patience, creative expression. Learn about rich Indian Art and Culture.	<b>Tuesdays</b> 5:00pm - 9:00pm	<b>Jay Dabgar: 0430 521 372</b> jaydabgar@gmail.com <b>jaydabgar.com</b>
<b>MikeFX Dance Boxing Fitness Cisses   FEES APPLY</b> Where rhythm meets power – and fitness becomes fun! Join us for high-energy fusion of dance, boxing and cardio fitness designed to boost your stamina, tone your body and fire up your motivation. Suitable for all levels.	<b>Fridays</b> 5:30pm – 6:30pm	<b>Michael: 0410 008 118</b> mickeyy.george@gmail.com
<b>Natyanjali School of Dance - All ages   FEES APPLY</b> Bharatanatyam India's oldest & popular classical dance style encompassing music, rhythm & expression. Strictly adheres to Natyashastra. Traditional Vazhuvoor style of Bharathanatyam.	<b>Mondays</b> 5:30pm - 6:30pm	<b>Anitha Perumal: 0470 177 937</b> anititha@yahoo.com natyanjalischoolofdance.business.si te/
<b>Pottery Escape - Pottery Wheel Class   FEES APPLY</b> An enjoyable and social adults' class to create work on the pottery wheel. 8 students per class, personal attention given to master the wheel throwing technique and pursue artistic creation. All skill levels are welcome. Inclusive of clay, glazes and under glazes. Extra charges for firing.	<b>Tuesdays</b> <b>Wednesdays</b> <b>Thursdays</b> 6:30pm - 9:00pm (7 week courses)	<b>Nandita Nadkarni: 0432 266 229</b> nandita@potteryescape.com potteryescape.com
<b>Minecraft with Safer Spaces   FEES APPLY</b> Using areas of interest, creativity & strength are central to what we want to encourage in our social groups! Practice negotiation, promote emotional regulation, use social stories & visual cues — & make friends! In Minecraft, encourage kids to communicate, work on projects, collaborate together & achieve planned goals.	<b>Wednesdays</b> 4:00pm - 5:30pm	<b>Josh: 0434 648 404</b> info@saferspaces.com.au safer-spaces.com.au

Saltwater Community Centre		
<b>Soulspace Yoga   FEES APPLY</b> Kids Yoga—breathing exercises, sun salutation along with themes, stories and guided relaxation	<b>Tuesdays</b> 4:30pm - 5:30pm	<b>Vijisha: 0435 915 516</b> vijisha82@live.com soulspace.org.au
<b>Tai Chi   FREE</b> An art embracing the mind, body & spirit. One of the most effective exercises for health of mind and body.	<b>Tuesdays</b> 10:00am—11:00am	<b>Saltwater Community Centre 8376 5501</b> Saltwatercc@wyndham.vic.gov.au
<b>The Starry Path   FEES APPLY</b> The Starry Path equips children with essential social-emotional skills – helping them understand feelings, manage big emotions, build confidence, develop a growth mindset, practice gratitude and form meaningful connections.	<b>Tuesdays</b> 4:30pm – 5:30pm 3:30pm – 5:30pm	<b>The Starry Path: 0426 355 403</b> hello@thestarrypath.com.au
<b>Youth Services Drop in   FREE</b> Aged between 12-17 years? Looking for somewhere fun to hang out after school? Drop in, grab a snack and play games on Friday afternoons at Saltwater Community Centre. (Starts from 2nd week of every school term)	<b>Fridays</b> 3:00pm - 5:00pm	<b>Youth Services: 8734 1355</b> youthinwyndham@wyndham.vic.gov.au
<b>Zumba Fitness with Zin Monika   FEES APPLY</b> Zumba class to promote physical activities. Physical activities help in improving health and fitness whereas Zumba helps with other facts too, including respect, leadership, teamwork, memory, co-ordination and balance.	<b>Sundays</b> 10:00am - 11:00am	<b>Monika Sachdeva: 0468 320 618</b> monika.au@outlook.com

## Community, Cultural & Faith Groups

Featherbrook Community Centre		
<b>Australia India Society of Wyndham   FEES APPLY</b> Social senior group that meets for festival celebrations and activities including meditation, yoga and games.	<b>Mondays &amp; Fridays</b> 11:00am - 1:00pm	<b>Satish Kumar Verma 0478 812 910</b> australiaindiasociety@gmail.com
<b>Featherbrook Dancing and Singing   FEES APPLY</b> Seniors 55+ community group providing activities such as singing, dancing and social gatherings. Meeting weekly at Featherbrook.	<b>Thursdays</b> 11:30pm - 3:30pm	dancingsinging4seniors@gmail.com
<b>First Born Gospel Church Point Cook   FREE</b> Christian Workshop service with praise and worship. Kids, Youth, and Adult Sunday School.	<b>Sundays</b> 12:30pm - 4:30pm	<b>Denwardson: 0456 191 341</b> fbgpcp@iafb-australia.org pointcook.iafb-australia.org
<b>Garam Ministry   FREE</b> Non-denominational, Indonesian speaking Christian Community endeavouring to show love of Christ in Point Cook focussing on fellowship & unity.	<b>Sundays</b> 10:00am - 12:00pm	jonchrispattiasina@gmail.com garamministry.org
<b>Haami Inc   FEES APPLY</b> A Culturally diverse community group. Youth led Committee. Youth programs for development of skills, fundraising and family gatherings.	<b>3rd Sunday of the Month</b> 7:00pm - 10:00pm	<b>Noor Mohammed: 0406 900 524</b> haamiinc@gmail.com
<b>Islamic Circle of Australia &amp; New Zealand   FEES APPLY</b> Faith based volunteer organisation meeting monthly, programs to suit all ages including activities for kids.	<b>1st Saturday on the Month</b> 6:00pm - 10:00pm	<b>Haroon Qaiser</b> haroon.qaiser@icandawah.org incharge.melwest@icandawah.org icandawah.org

Featherbrook Community Centre		
<b>Le Petrel Mauritian Seniors Club Inc   FEES APPLY</b> Seniors gathering with Social Activities	<b>Wednesdays</b> 12:30pm - 4:30pm	<b>Patrick: 0421 079 740</b>
<b>Lightpoint Church   FREE</b> This youth group works together to create the best communities, gatherings and events that help other young adults connect with one another and grow in their Christian faith.	<b>Wednesdays</b> 7:30pm - 9:30pm	<b>Stephen Taylor: 0414 779 662</b> staylor@lightpointchurch.com
<b>Lions Club of Point Cook   FEES APPLY</b> Our not for profit organisation is committed to serving our community. We are a team who enjoy working together on a range of projects. Join us today!	<b>3rd Monday of the month</b> 7:30pm - 9:30pm	<b>Lee-Ann: 0474 217 058</b> pointcook.vic@lions.org.au
<b>Multicultural Promotion Assoc Melbourne Inc   FEES APPLY</b> Create awareness of home safety for Seniors and a range of other activities	<b>Mondays, Tuesday and Thursdays</b> Times vary	<b>Yujao Xie</b> mpamelbourne1688@yahoo.com
<b>Punjabi Masih Church Melb   FREE</b> A monthly church service open to all community members that offers spiritual nourishment, communal worship and a welcoming space for reflection, prayer and connection.	<b>Second Saturday of the month</b> 5.00pm – 7.00pm	<b>Ps Lawrence Masih: 0431 459 566</b> punjabimasihfellowship@gmail.com
<b>Satsang Oceania Inc   FREE</b> This group is a non-profit institution that operates exclusively for spiritual, religious, social and charitable purposes.	<b>Last Saturday of the month</b> 5.00pm - 10.00pm	<b>Pranvesh Das: 0420 963 646</b> pranveshdas@gmail.com satsangoceania.org
<b>Starry Sea Chinese Assoc Inc   FEES APPLY</b> A seniors Chinese group primarily practices choir, dancing, games and a range of activities.	<b>Fridays</b> 1.00pm - 3.00pm	<b>Yina Liu: 0404 551 503</b> dongweisung@outlook.com
<b>Wyndham Active Youngs @ 55 Inc.   FEES APPLY</b> A seniors group that focuses on health and well-being that welcomes all cultures and backgrounds. <b>Activities include Table Tennis, Yoga, Games &amp; more.</b>	<b>Mon 9:30am-10:30am</b> <b>Tues 9:30am - 1:30pm</b>	<b>Jugal Kishor Chhabra</b> <b>0415 170 155</b> wynactive.featherbrook@gmail.com

Point Cook Community Learning Centre		
<b>Asian Business Association of Wyndham – Seniors Group   FREE</b> Meet for social interaction with other seniors from your local area.	<b>Tuesday</b> 11:30am - 2:00pm <b>Fridays</b> 12:30pm - 2:30pm	<b>Billy Bi: 0431 830 3594</b> <b>Zhong Qui Ye: 0421 882 512</b> abawyndham@gmail.com
<b>Iraqi Cultural Group in Australia   FEES APPLY</b> Meeting of seniors & community members of a middle eastern background. Provide social & educational support, discuss interesting topics, art performances & general conversation for continuous improvement.	<b>Sundays</b> (2nd of the month) 1:00pm - 4:00pm	<b>Farial Jafar: 0422 798 587</b> farial.jafar@gmail.com
<b>Local Spiritual Assembly of the Bahais of Wyndham - Soul Food Program   FREE</b> A gathering that unites individuals from all faiths and backgrounds to reflect on meaningful themes in a meditative environment, discovering the shared values and connections that unite humanity.	<b>Saturdays</b> 10:30am - 12:00pm	<b>Raksha: 0437 999 920</b> wyndham@vic.bahai.org.au bahai.org.au
<b>Local Spiritual Assembly of the Baha'is of Wyndham – Children's Class Program   FREE</b> A Baha'i inspired program which brings children of different races, cultures and religions together in a spirit of unity, as they learn about spiritual qualities using song, stories, games and crafts.	<b>Saturdays</b> 12:00pm - 1:30pm	

Point Cook Community Learning Centre		
<b>Melbourne Yangtze Choir   FEES APPLY</b> Chinese Community Choir that dance, drum & sing in both English & Mandarin. Great way to learn English & improve musical skills.	<b>Wednesdays</b> 12:00pm - 2:00pm	<b>Mei: 0432 669 379</b> yangtzechoir@gmail.com
<b>One Faith Reformed Evangelical Church   FREE</b> We are a church in Point Cook with multi-cultural background (Chinese and English congregation) where our people come from Hong Kong, China, Malaysia, Indonesia, Taiwan, Vietnam & others as well as local Australians. We learn, we serve, & we grow together. There is Sunday school for children on Sunday.	<b>Thursdays</b> 8:00pm - 9:00pm <b>Fridays</b> 8:00pm - 10:00pm <b>Saturdays</b> (fortnightly) 3:30pm - 5:30pm <b>Sundays</b> 9:00am - 1:00pm	<b>Ps. Simon Cheng / Liyuan Liu</b> <b>0422 770 616 / 0433 710 678</b> info@onefaith.org.au onefaith.org.au
<b>Point Cook Indian Seniors   FEES APPLY</b> Recreation activities based on significant days of celebrations throughout the year. Collaborating with other groups focusing on health & wellbeing, seniors & occasional guest speakers.	<b>Mondays</b> 12:00pm - 3:00pm (3rd Wednesday of the month) 11:00am - 2:00pm	<b>Indira: 0402 458 648</b> indiramohan37@gmail.com
<b>Point Cook Royals   FEES APPLY</b> Meeting of Indian Senior's for socialisation, health and education.	<b>3rd Saturday of the month</b> 3:30pm - 5:30pm <b>Thursdays</b> (2nd & 4th of month) 11:30am - 2:30pm	<b>Nagesh</b> joshi.com.au@gmail.com <b>Rajendra</b> raj3006@gmail.com
<b>Point Cook Chinese Friendship Association   FEES APPLY</b> Join us for regular social activities to facilitate the integration of Chinese migrants into Australian culture in the city of Wyndham.	<b>Mondays</b> 9:00am - 10:30am <b>Tuesdays</b> 1:00pm - 2:30pm <b>Thursdays</b> 12:00pm - 1:30pm <b>Fridays</b> 12:30pm - 2:00pm	<b>Sanhong Zhu: 0437 310 888</b> zhusanhong123@gmail.com
<b>SAI Organisation of Australia   FREE</b> Teaches human values to children aged 5-18 years. A spiritual organisation helping the younger generation pursue their spiritual growth by plugging into the Divinity within.	<b>Sundays</b> 10:00am - 12:00pm	<b>Vidya: 0401 959 174</b> mbommena@yahoo.com
<b>Seventh Day Adventist   FREE</b> Intergenerational worship service, fundraising concerts, free community dinners, educational program on parenting, relationships, health, natural remedies etc.	<b>Saturdays</b> 3:00pm - 6:00pm	<b>Robert: 0430 430 197</b> robertbryson59@gmail.com
<b>Sewa International   FREE</b> Indian seniors wellness group aimed at encouraging independence through yoga & social interaction.	<b>Sundays</b> (1st & 3rd of month) 1:00pm - 4:00pm	<b>Vijay Kumar: 0426 971 901</b> vijayjeevanchopra@gmail.com
<b>Junubi - South Sudanese Social Group   FREE</b> The South Sudanese Social Group is aimed at getting community members to meet and socialise but also talk about issues that are impacting the community.	<b>Saturdays</b> 1:30pm - 3:30pm (fortnightly)	<b>Aweeng or Poly</b> <b>0403 523 428 or 0434 178 753</b> poly.kiyaga@wyndhamcec.org.au
<b>United Muslims Residents Association   FREE</b> Jumma Prayer. Muslim based faith group that meet weekly for their Friday prayers.  Dunnings Road Reserve Address: 29 Kingsley Avenue, Point Cook Point Cook CLC Address: 1-21 Cheetham Street, Point Cook	<b>Fridays</b> 2:00pm at Point Cook CLC <b>Fridays</b> 1:30pm at Dunnings Rd Reserve	<b>Mohammad: 0403 566 165</b> info@umra.org.au
<b>WAW Seniors   FEES APPLY</b> Indian women's education and welfare, including community health and safety.	<b>Thursdays</b> (1st & 3rd of month) 11:30am - 2:30pm	<b>Chandri: 0415 231 822</b> wawseniors@gmail.com



Point Cook Community Learning Centre		
<b>Wyndham Chen's Taichi Inc.   FEES APPLY</b> Specialised training of Chen's style 83 forms of Taichi exercise to improve participants' health & wellbeing. Including specialised choir & dance programs. Please contact for the schedule of activities. Membership fees apply.	<b>Mondays</b> 8:00am - 9:00am <b>Tuesdays</b> 2:00pm - 4:00pm <b>Wednesdays</b> 8:00am - 11:00am	<b>Shengyong Guo: 0426 943 706</b> wyndhamchenstaichi@gmail.com wechat.com
<b>Wyndham Chinese Cultural Promotion Group   FEES APPLY</b> Helps migrant seniors settle & connect with others. Activities include art, craft, calligraphy, music & Tai Chi.	<b>Mondays</b> 9:30am - 3:00pm	<b>Julia Zhu: 0402 529 989</b> wccpipointcook@gmail.com
Saltwater Community Centre		
<b>Christ New Creation   FREE</b> Christian Church Service. Sunday school for kids. Charity work for underprivileged kids. Supporting families to cope with life challenges and support for new-comers in the area/country	<b>Sundays</b> 2:30pm - 5:00pm	<b>Dennis: 0416 850 191</b> dennis.ferrer@hotmail.com.au
<b>CWA Point Cook Branch   FEES APPLY</b> Point Cook CWA is a women's social group, who meet to support both local and national communities. Our emphasis is helping vulnerable women, children and families. Join us to make connections and a difference.	<b>3rd Thursday of the month</b> 7:00pm - 9:00pm	<b>Christine Mackaness</b> <b>0424 014 757</b> chrismack5@yahoo.com
<b>Faith Harvest Worldwide Ministries Inc   FREE</b> A Christian Organisation that focus on serving and working for God and building individuals lives, family, the young generation through the word of God to be better and positive life changing people and strengthening their spiritual relationship with God through our Sunday services.	<b>Sundays</b> 11:00am - 2:00pm	<b>Esther Martha Gonkarnue</b> <b>0434 791 326</b> thomsonesther06@gmail.com
<b>Indian Catholic Cultural Group   FEES APPLY</b> We love bringing together Indian Catholic families from around the world. A place to meet, connect and make new friends. A good platform for our youth to get involved and stay connected with our culture. Non- Catholic, Non-Indian family members are welcome.	<b>Saturdays</b> 6:00pm-10:00pm	<b>Fiona / Jackie</b> indiancatholicculturalgroup@gmail.com
<b>Migrant Resource Centre - Indian Social Support Program   FREE</b> We do gentle exercises using dumbbells, stretch bands and follow workout videos projected on a screen. We play board games and engage in mind games like word search, sudoku etc. Additionally, we organise information sessions with various organizations such as Centrelink, Hearing Australia and others. We provide morning tea and a light lunch. Group members celebrate their festival and special occasion.	<b>Thursdays</b> 10:00am - 3:00pm	<b>Migrant Resource Centre</b> <b>1300 676 044, 0421 289 140</b> atarjit_b@mrcnorthwest.org.au
<b>Saltwater Craft Group   FREE</b> Let's come together and get creative. Bring your own projects to work with, patchwork, quilting, embroidery, knitting, crochet, sewing.	<b>Mondays</b> 9:30am - 11:30am	<b>Saltwater Community Centre</b> <b>8376 5501</b> saltwatercc@wyndham.vic.gov.au
<b>Saltwater Indian Seniors Group   FREE</b> Let's get social, make new friends, play some games & have some laughs over a cuppa. Visiting parents & grandparents are welcome. Bookings essential!	<b>Fridays</b> (2nd & 4th of the month) 11:00am - 2:00pm	<b>Saltwater Community Centre</b> <b>8376 5501</b> saltwatercc@wyndham.vic.gov.au
<b>Saltwater Gardeners Group   FEES APPLY</b> Committed to sustainability & growing their own produce through edible gardening. A great place to connect with others in the community & learn.	<b>1st Sunday Monthly</b> 9:30am Tasks are assigned	<b>Kim Pastore</b> saltwatergardenchampions@gmail.com All experience levels are welcome

Saltwater Community Centre		
<b>Social Mahjong and Board Games   FREE</b> Friendly social group who enjoy a chat, a cuppa and learning Mahjong and Rummikub.	<b>Mondays</b> 9:30am - 12:00pm	<b>Saltwater Community Centre</b> <b>8376 5501</b> saltwatercc@wyndham.vic.gov.au
<b>Western Gymkhana Club Inc   FEES APPLY</b> Regular recreational and social activities for families living in West Melbourne. We have activities catering to all members of the family. Dads, mums and kids.	<b>2nd Saturdays</b> 6:30pm - 11:00pm	<b>Sudhir Juneja: 0415 661 021</b> admin@western.gymkhanaclub.com.au westerngymkhanaclub.com.au
<b>Wyndham Chinese Happy Life Association Inc   FEES APPLY</b> Promotes mental & physical health in Chinese seniors. Volunteers teach dancing, Tai Chi, square dancing, bowling, cooking, table tennis & gardening.	<b>Wednesdays</b> 1:00pm - 3:00pm	<b>CK Wong: 0468 337 688</b> cheekeong46@gmail.com

## Community Supports & Services

Featherbrook Community Centre		
<b>Extended Families   FREE</b> A Chinese speaking peer support group which provide a platform for families who care for children living with disability, allowing them to unwind and share their experiences with others.	<b>Wednesdays</b> 10:30am - 12:30pm	<b>Joy Zhou: 0420 598 895</b> joy@extendedfamilies.org.au extendedfamilies.org.au/

Point Cook Community Learning Centre		
<b>Community Connector   FREE</b> Wyndham Council has a dedicated team who can help you find and connect with local service options. If you need support, but are unsure of where to start, please reach out.	<b>Thursdays</b> 8:00am - 5:00pm	<b>8734 4514</b> communityconnector@wyndham.vic.gov.au
<b>Holstep Health Carer's Group   FREE</b> Providing a place for carers to meet and discuss caring issues. (previously Merri Health)	<b>Wednesdays</b> (4th of the month) 1:00pm - 2:30pm	<b>Sandra: 0439 396 896</b> sandra.leone@merrihealth.org.au
<b>La Moneta Harmony Program   FEES APPLY</b> A mindfulness program providing yoga, meditation & women's circle to support Chinese women through mental health recovery.	<b>Sundays</b> 1:30pm - 3:30pm	<b>La Moneta Foundation</b> <b>0459 288 853</b> info@lamoneta.org.au
<b>Junubi - South Sudanese Family Support   FREE</b> Meet with local South Sudanese community leaders from the Child First Education group. Discuss issues or get information on support for families from the South Sudanese community.	<b>Saturdays</b> 6:00pm - 9:00pm (fortnightly)	<b>Malual 0478 804 776</b> <b>Peter 0451 736 514</b> malual@southsudanchildfe.org

Saltwater Community Centre		
<b>Nidhi Perception - Counselling &amp; Therapy Services</b> Cultural group activities with youths, families, parents guardian. Mental Well-being and mindfulness activities. Kids with ASD, ADHD, Behavioural Issue, CBT, ETC.	<b>Mondays, Tuesdays &amp; Thursdays</b> <b>9:00am – 3:00pm</b>	<b>Nidhi Trivedi: 0406 350 958</b> Info@nidhiperception.com www.nidhiperception.com
<b>Wyndham Young Stroke Network   FREE</b> Share Support Encourage - Informal social meet-up for survivors and carers <b>aged 55 and younger.</b>	<b>Email Bob for information</b>	<b>Bob</b> saltwatercc@wyndham.vic.gov.au

## Exciting times ahead at Jamieson Way Community Centre!

The team at Jamieson Way Community Centre are thrilled to welcome the community back and to bring new life into our vibrant, inclusive space. We're looking forward to supporting a wide range of activities for all ages and interests. Be sure to keep an eye out for our fantastic new programs launching early in Term 3, right here in our newly refurbished centre.

Have questions or want to get involved? Our friendly team is always happy to help.

Email: [jamiesonwaycc@wyndham.vic.gov.au](mailto:jamiesonwaycc@wyndham.vic.gov.au)

Phone: 9394 6813

Website: [www.wyndham.vic.gov.au/venues/jamieson-way-community-centre](http://www.wyndham.vic.gov.au/venues/jamieson-way-community-centre)

Or simply drop by for a chat!

You'll find us at 59 Jamieson Way, Point Cook, open Monday to Friday, 9am – 5pm.

We can't wait to see you soon!

## What's On at Wyndham City Libraries

Wyndham City Libraries runs FREE programs and activities for all ages. For more information, including details on special events, visit our website: [www.wyndham.vic.gov.au/libraries](http://www.wyndham.vic.gov.au/libraries)

Adults	Youth	Pop-Up Library
 Adult Programs and Activities Term 3 2025	 Youth Programs and Activities Term 3 2025	 Pop-Up Library Programs and Activities Term 3 2025
Kids	Early Years	<a href="http://wyndham.vic.gov.au/libraries">wyndham.vic.gov.au/libraries</a> 8734 8999
 Kids Programs and Activities Term 3 2025	 Early Years Programs and Activities Term 3 2025	



For more activities and programs across Wyndham, visit our website:  
[www.wyndham.vic.gov.au](http://www.wyndham.vic.gov.au)

Featherbrook Community Centre  
Jamieson Way Community Centre  
Point Cook Community Learning Centre  
Saltwater Community Centre

33 - 35 Windorah Dr, Point Cook VIC 3030  
59 Jamieson Way, Point Cook VIC 3030  
1-21 Cheetham St, Point Cook VIC 3030  
153 Saltwater Promenade, Point Cook VIC 3030

(03) 8353 4000  
(03) 9395 3777  
(03) 8734 0205  
(03) 8376 5500