

Arndell Park Community Centre – Term 2 – 2024 – Program Listing

EARLY YEARS	DAY & TIME	INFORMATION	COST
<b>Arndell Park Playgroup</b> A playgroup for all cultures, mum, dads, carers and children.	<b>Thursdays</b> 10am-12pm	Cherie 0412 053 592	Contact for more information.
<b>Ummah Jameelah Islamic Early Years Program</b> Islamic School Readiness Program for 3-4yrs.	<b>Tuesdays &amp; Wednesdays</b> 9:30am-12:30pm	Jean Keynon 0416 575 159 Jean.keynon@yahoo.com	Contact for more information.
<b>Tiny Tutus</b> Beginners Ballet class for children from 18 months to 6 years.	<b>Saturdays</b> 9.15am-11:45am	1300 245 060 www.tinytutus.com.au	Contact for more information.
<b>Wyndham City Council – Supported Playgroup</b> Free Playgroup for eligible families. By <u>Referral only</u> . For ages 0-5yrs.	<b>Mondays</b> 9.30am-11.30am	1300 370 567 www.wyndham.vic.gov.au Search “Supported Playgroups”	FREE
<b>Wyndham City Council – Sleep &amp; Settling Program</b> Free Information sessions. For ages 0-2yrs.	<b>Tuesdays</b> 1:30pm-3:30pm	1300 370 567 www.wyndham.vic.gov.au Search “Sleep & Settling Program” <b>***Bookings Essential***</b>	FREE
<b>Wyndham City Council First Time Parents Group</b> Meet friendly local parents, talk about your kids and have fun! Share experiences, get advice, give support and make new friends. Introduction to solids, baby massage and getting to know your baby also available.	<b>Mondays</b> 1.00pm-4.00pm	1300 370 567 www.wyndham.vic.gov.au select Maternal and Child Health in ‘Services’ <b>***Bookings Essential***</b>	FREE
<b>Maternal &amp; Child Health</b> Wyndham City Maternal and Child Health Services offer professional nursing support and advice for parents with children from birth to school age.	<b>Various</b>	1300 370 567 www.wyndham.vic.gov.au select Maternal and Child Health in ‘Services’ <b>***By appointment only***</b>	FREE
<b>3 + 4-year-old Kindergarten</b> Council owned and operated Kindergarten. Enrol your child online.	<b>Various</b>	Kindergarten Enrolment Officer 1300 370 567 Enrol Online: www.wyndham.vic.gov.au	Contact for more information.
<b>Immunisation Sessions</b> Sessions at Arndell Park Include: 24/01, 28/02, 27/03, 24/04, 22/05, 26/06, 24/07, 28/08, 25/09, 23/10, 27/11 <b>***By appointment only***</b>	<b>Various</b>	Book Online at www.wyndham.vic.gov.au Call the Immunisation team on 9742 0736 or email us at immunisationteam@wyndham.vic.gov.au	FREE



Wyndham City Council would like to pay respect and acknowledge the Bunurong People as the Traditional Custodians of the land on which this community centre has been built.



Arndell Park Community Centre – Term 2 – 2024 – Program Listing

KIDS—YOUNG PEOPLE	DAY & TIME	INFORMATION	COST
<p><b>Abacus 4 Kids</b> Fun and innovative way for kids 4-12years to learn mathematic skills mental arithmetic skills using abacus (soroban). Free trial class available.</p>	<p><b>Wednesdays</b> 4:30pm-7:30pm</p>	<p>Jaslyn Toh 0406 946 069 admin@abacus4kids.com.au www.abacus4kids.com.au</p>	<p>Fees Apply</p>
<p><b>Girl Guides</b> Guiding helps girls to gain new skills, make a difference in the community, and explore a worth of possibilities. Girls aged 5-17 are invited to come to our Unit meetings.</p>	<p><b>Thursdays</b> 5:30pm-7:00pm</p>	<p>Cara Marinaro 0475 203 332 Cara.marinaro@guidesvic.org.au</p>	<p>Contact for more information.</p>
<p><b>Youth Services</b> <b>For Ages 12-25yrs.</b> Youth Services are excited to come to Arndell Park as we begin to deliver programs for young people aged between 12yrs-25yrs.</p>	<p><b>Wednesdays</b> 4pm-6pm</p>	<p>For More Information please email: youthinwyndham@wyndham.vic.gov.au</p>	<p>FREE</p>
<p><b>The Skate Studio</b> Kids Roller skating classes. Our classes are run by experienced and accredited coaches. <u>All levels welcome.</u> Skate Hire available also.</p>	<p><b>Thursdays</b> 4:30pm - 5:30pm</p>	<p>Victoria Reynolds Skate_studio@outlook.com www.theskatestudio.com.au</p>	<p>Contact for more information.</p>
EDUCATION & TRAINING & OTHER	DAY & TIME	INFORMATION	COST
<p><b>Wyndham Community &amp; Education Centre</b> <b>COMPUTER COURSES</b> Computer course for all levels of experience (beginner to advance). Excel specific classes. Video and image editing courses. Online Skills for micro-business.  Each course runs one session for 3hours every week (for 10 weeks each term).  <b>***SPACES LIMITED and BOOKINGS ESSENTIAL***</b></p>	<p><b>Various</b></p>	<p>To enrol online go to short courses at www.wyndhamcec.org.au.  or call reception on Ph: 9742 4013</p>	<p>Contact for more information.</p>
<p><b>Wyndham Community &amp; Education Centre</b> <b>SEWING COURSES</b> Wanting to learn how to sew? These classes are for all levels of experience (from beginner to advance).  Each course runs one session for 3hours every week (for 10 weeks each term).  <b>***SPACES LIMITED and BOOKINGS ESSENTIAL***</b></p>	<p><b>Various</b></p>	<p>To enrol online go to short courses at www.wyndhamcec.org.au.  or call reception on Ph: 9742 4013</p>	<p>Contact for more information.</p>
<p><b>Justice Of The Peace Service</b>  Need a document witnessed/certified? A Justice of The Peace will be stationed at Arndell Park CC 5 days a week. For large quantity witnessing, please call to book. But if you just need one or two items witnessed, no appointment will be necessary.</p>	<p><b>Mondays - Friday</b> 10am-1pm</p>	<p>Angelo Auciello Esq, JP 0414 689 206  Email: cgvf10@gmail.com  <b>*We recommend calling ahead of time to confirm JP availability*</b></p>	<p>FREE</p>

RECREATION & LEISURE	DAY & TIME	INFORMATION	COST
<p><b>Women’s Only Yoga</b> Yoga sessions for women of all abilities and all levels from beginner to advanced.</p>	<p><b>Fridays</b> 9:30am-10:30am</p>	<p>Catherine 0416 009 024 info@yogamoveswest.com.au</p>	<p>Contact for More Information.</p>
<p><b>Zumba with Gerrina</b> Discover the joy of fitness with our 45min latin-inspired Zumba dance workout. Energise your routine with dynamic dance workouts. Boost well-being and enjoy a vibrant community atmosphere. Let’s dance to health and happiness together.</p>	<p><b>Wednesdays</b> 7:30pm-8:30pm</p>	<p>Gerrina 0408 722 307  zumbawithgerrina@outlook.com</p>	<p>\$12 per session</p>
<p><b>Kathak Kendra Nrityashala – Indian Dance Class</b>  Kathak is a traditional dance form originating from the north of India. It is still extremely popular and widely performed in the subcontinent. Learning Kathak is a good way for relieving everyday stress. It brings inner peace, strong attitude and calmness.</p>	<p><b>Fridays</b> 6:30pm-8:30pm  <b>Sunday</b> 2pm-4pm</p>	<p>Parul 0434 361 191 Kathakkendra.nz@gmail.com  www.kathakkendra.co.nz</p>	<p>\$170 per term</p>
<p><b>J K Natyalaya - Indian Dance Class</b> Come along and join our Dance class in the Kathak Indian Classical format. We also freestyle dance including Bollywood dance. Available for all ages.</p>	<p><b>Sundays</b> 5:30pm-7:30pm</p>	<p>Kanimozhi 0470 173 2229 kanisuba@gmail.com</p>	<p>Contact for more information.</p>
<p><b>Dave Franklins Self Defence and Martial Arts Class</b> <b>**NEW**</b> Practical self-defence classes for all ages (4yrs – adult).  Offering a <b>FREE TRIAL CLASS</b>.  Fully Government Accredited. Child Bully Protection. Practical Self Defence. Intensive Fitness Program.</p>	<p><b>Saturdays</b> 9am-10am (up to 12yrs) 10am-11:30am (teens &amp; adults).</p>	<p>Dave Franklin 0402 853 437 <a href="mailto:Davefranklinmartialarts1@gmail.com">Davefranklinmartialarts1@gmail.com</a></p>	<p>Contact for more information.</p>



FAITH, CULTURAL & COMMUNITY GROUPS	DAY & TIME	INFORMATION	COST
<b>Life Community Kitchen</b> All welcome! Free Hot Dinner. Gathering around a meal to provide families & individuals support and relief.	<b>Mondays</b> 6pm-7pm	No registrations required.  For more information email <a href="mailto:communitykitchen@lifeau.org">communitykitchen@lifeau.org</a>	FREE
<b>Australian Malayalee Islamic Association</b> Arabic & Malayalam language classes, faith-based activities.	<b>Saturdays</b> 5pm-10pm	Zameel Arif 0406 074 185	Contact for more information.
<b>Bhartiya Seniors Melbourne Inc</b> Indian Seniors Friendship Group	<b>Fridays</b> 11am-2pm	Ashok Mehta 0434 929 429 Suresh Sen 0402 547 609	Contact for more information.
<b>Melbourne Shwetambar Jain Sangh</b> Jain Faith based Activities	<b>Sundays</b> Weekly 8am-1pm	Nimit 0433 074 461	Contact for more information.
<b>Gospel Power Ministries Church</b> We are a church that covers a variety of faith-based activities including preaching and teaching the gospel of Jesus Christ	<b>Wednesdays</b> Weekly: Praise & Worship 7pm-9pm  <b>Fridays</b> Weekly: Prayer 7pm-9pm  <b>Sundays</b> Weekly: Sunday Service 10am-1pm	Church Office 0429 959 726 Gpmchurch2@gmail.com  <a href="http://www.gospelpowerministrieschurch.org.au">www.gospelpowerministrieschurch.org.au</a>	

**4.15-5.15PM THURSDAYS**

**LEARN TO SKATE!**

ARNDELL PARK COMMUNITY CENTRE

[www.theskatestudio.com.au](http://www.theskatestudio.com.au)

**Practical self-defence classes in regular clothes starting at Arndell Park Community Centre**

**From Saturday 6th April 2024**

**9am to 10am (up to 12 yrs)**

**10am to 11.30am (teens & adults)**

**Contact Dave for more Details**

**Fully Gov't Accredited**

**Free Trial Classes**

**Child Bully Protection**

**Practical Self Defence**

**Intensive Fitness Programs**

**Children train from 4 years up**