

THE BUZZ

NEWSLETTER



Community Centres of Point Cook

Term 2, 2024

STRONGER
Together!



Join us as we celebrate Community Centres and Neighbourhood Houses, for all the invaluable contributions they bring to Communities in Wyndham. A National day of celebration, get to your nearest Community Centre as we celebrate with the theme that describes how we operate, 'Stronger Together'.

*When? Monday 13th May—Sunday 19th May
2024 at your local Community Centre in Wyndham. Details below.*











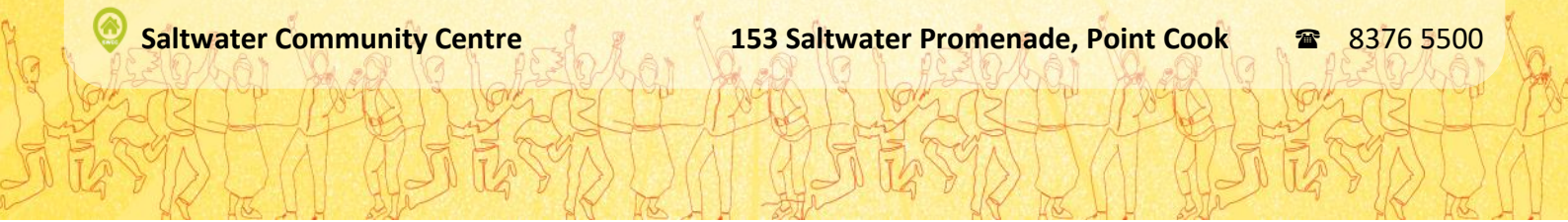
This week is a tribute to the incredible strength that blossoms when diverse individuals unite for a common purpose. As Helen Keller wisely said, "Alone we can do so little; together we can do so much."

Neighbourhood and Community Houses and Centres (NCHCs) all throughout Australia are the heart of the local community. We strive to embody the essence of togetherness. We bring people from all walks of life together to connect, learn, and play. Through collaborative initiatives, inclusive programs, and shared spaces, we cultivate an environment where every voice

is heard, every story is valued, and every member contributes to the vibrant mosaic of our shared community.

Join us in simple acts of togetherness—whether it's a shared meal, a collaborative project, or just a friendly chat. Together, we'll explore the incredible strength that emerges when we stand side by side. Let's celebrate community, weaving stronger bonds that make our neighborhood a wonderful place to call home!

	Featherbrook Community Centre	33—35 Windorah Dr, Point Cook	 8353 4000
	Jamieson Way Community Centre	59 Jamieson Way, Point Cook	 9395 3777
	Point Cook Community Learning Centre	1-21 Cheetham Street, Point Cook	 8734 0205
	Saltwater Community Centre	153 Saltwater Promenade, Point Cook	 8376 5500





Unite for Diversity

Listen, Share, Understand



Wyndham City recently launched **Unite for Diversity: Listen, Share, Understand**. Played out in a series of events and activities in April and May, Unite for Diversity hopes to build more awareness and offer resources to eliminate racism and discrimination in Wyndham.

In consultation with community stakeholders and in partnership with various Council teams, the Community Strengthening team have developed a program of intimate events to enable learning, cross-cultural exchange and awareness, including First Nations cultural exchange events, community dinners, interfaith open days and a Youth Healing Workshop.

Our friends from the Community Strengthening team and Libraries team, invite you to join the conversation to unite, listen, share and understand the diversities of our great City. An exciting pilot, "Library of Stories" has received wonderful feedback and you will get to hear stories from a "Living Book" at the event. Three of our Community Centres' will be hosting community dinners at Arndell Park Community Centre in Truganina, Dianella Community Centre in Tarneit and the Featherbrook Community Centre in Point Cook.



Community Dinner Tarneit
Tuesday 7th May 2024



Community Dinner Point Cook
Saturday 18th May 2024



Community Dinner Little River
Saturday 25th May 2024



Community Dinner Truganina
Monday 27th May 2024

To book a place at the table, please scan the QR codes above. Places are limited, please book early to avoid disappointment. For further information please email the team on community.development@wyndham.vic.gov.au. We hope to see you there.

ACKNOWLEDGEMENT OF COUNTRY

Wyndham City Council recognises Aboriginal and Torres Strait Islander peoples as the first nation peoples of Australia. We acknowledge the Bunurong and Wadawurrung Peoples as Traditional Owners of the lands on which we provide community services.

The Wadawurrung and Bunurong Peoples have and always will belong to the Werribee Yalook (river), creek, stars, hills and red clay of this country. We pay respect to their Ancestors and Elders who always have and always will care for Country and community today and for future generations.



Community Good News Story

IT'S A WRAP

A very big shout out to the hard working efforts of the Point Cook Cultural Community (PCCC) members. The group is made up of local volunteers who roll up their sleeves all year round to plan, and have successfully put on spectacular festivals for their community for the last 7 years. A true reflection of our community spirit. The festival celebrates our cultural diversity as well as strengthening multiculturalism in our community. Well done PCCC!

We caught up with PCCC's president Bob Fairclough who had this to say when reflecting on this year's Wyndham Multicultural Lunar Festival, held in February.

"The festival would not be possible without the support of our generous sponsors, stall holders and the many volunteer performers from diverse backgrounds. We want to also thank the community for attending the festival with an estimated attendance of an impressive 20,000 this year. I pleased to say the efforts made by the committee and supporters was reflected by a survey showing an overall satisfaction rating for the Festival of 8.6/10.

I am excited to announce that PCCC has been successful in our 2025 grant application with Wyndham Council. The committee are wasting no time in planning the 2025 festival. So watch this space! We received some great feedback. Local traders said they had an increase in business on the day and our local Politicians and Councillors had this to say."

Hon Tim Watts MP for the Federal Government. "Another spectacular display of culture, food, and fun. The festival showcased the incredible diversity of our community here in Melbourne's West, from lion dances to henna painting. Thank you to the organizers, the volunteers, and the sponsors for making this year's Wyndham Multicultural Lunar Festival an amazing day out".

Hon Mathew Hilakari State Labor MP for Point Cook, Victorian Government, "I enjoyed another terrific festival alongside thousands of fellow residents. Looking forward to enjoy again next year as a mainstay in the Point Cook Calendar".

Cr Jennie Barrera Mayor of Wyndham City, "One of the most important events in Chinese culture and it was great to see so many families from our local community coming together to enjoy the colourful festivities and celebrate the Year of the Dragon".

Hon David Ettershank, MP Western Metropolitan Region the Legislative Council – Speech to parliament, "What a fantastic event. It was wonderful to celebrate this amazing community and its vibrant mix of cultures"

Cr Susan McIntyre, "A big congratulations indeed to the Point Cook Cultural Community committee. It is a fantastic event"

Cr Jasmine Hill, "As a former founding secretary, I'm thrilled to witness firsthand the team's continued success with the festivals, showcasing our community's unity. My thanks go to Bob and the team for their unwavering dedication. I am also proud of the Council's increased support, underscoring our commitment to cultural festivities".



Picture taken 18th February 2024. From left to right: Bob Fairclough, President PCCC and Mathew Hilakari, Hon'ble MP, Victoria.



Pictured above is some of the dedicated members of PCCC from left to right.

Top row: John Guan, Aaron Zhang, Larry Zhao, Kamran Javed, David Mullins, Warren Hulstaert, Bob Fairclough, Sudhir Junje, Cr Jasmine Hill, Suda Narayan, Swati Baidur, Steve Jaz, Becky Cui. **Bottom row:** Anna Chen, Pat Rayner Constance Ng & Monica Masters. Picture Taken: Sunday 18th February 2024

Community Good News Story



MY TWO LOVES

Some of you may know local resident Ayelet Brooks as the ballet teacher from Brooks School of Dance, which runs at the Point Cook Community Learning Centre every Thursday and Saturday. We have the pleasure of Ayelet sharing her artistic journey.

For the past 20 years, since I established my dance school in Point Cook, I have gotten to know hundreds of local families and had the privilege of teaching dance to many children, some of whom are now young adults and some have become teachers at my school.

I was asked about my artistic journey and for this I had to go all the way back to kindergarten. At the age of 4 or 5, I discovered my two loves that were to accompany my life until today - visual art and performing art. Although both have the word 'art' in them, they are nevertheless different from each other in so many ways.

At times I focused more on dance (the prima ballerina dream was real!) and at times life led me more into visual art; painting, printing and sculpture. I have always tended to have an introverted personality and art provided a safe place for me to be in my flow, surrounded by my imagination.

My ballet teacher's husband is a well known artist and he encouraged me to pursue and develop my artistic skills. He was the first to purchase a piece of art that I created as a teenager in art school. It was such an honour! His wife, my beloved ballet teacher, taught me the art of ballet as well as the method of teaching it. Upon completion of my school education I studied graphic design and animation and soon after immigrating to Australia in my early 20's I completed a bachelor degree in fine arts at Monash University.


I am excited to announce and invite you all to my solo exhibition: 'Retrospective' to be held at the Saltwater Community Centre, which opens on 10 April 2024.

"This exhibition showcases a 20 year retrospective of the life of a young couple, capturing moments of their journey from early days of renting a flat to the joys and challenges of raising a family. Each piece tells a story of love, growth and change, inviting viewers to reflect on their own lives within the passage of time."

This is Ayelet's second exhibition, the first "The Little Things" was held late last year at The Annex, the Art & Culture Centre in Werribee. Both these paintings *Connect* and *A Little Bird* are based on Ayelet's daughter Mia. You may be interested to follow her work on [instagram@mugiacups](https://www.instagram.com/mugiacups).



Early Years Services

Various Locations & times		Contact Information
Immunisations The Wyndham City Immunisation Unit provides free public vaccinations against a range of childhood and adult diseases.	Contact: Wyndham Immunisation Team ☎ 9742 0736 🌐 wyndham.vic.gov.au <i>select Children's Services > Immunisations</i>	For further information scan to be directed to Children's Services Website 
Maternal & Child Health Appointments Professional nursing support & advice for parents with children from birth to school age.	 <	

KINDERGARTEN REGISTRATIONS and Open Days



KINDERGARTEN IS FREE!

Registrations Open Friday 1 March 2024

You have until Friday 31 May 2024 to submit your registration to be included in the first round of offers for 2025.

All participating kindergartens will be open for you to visit during the kindergarten open days.

Kindergarten Open Days

Wednesday 6 March 2024
5:00pm - 7:00pm

Saturday 4 May 2024
9:30am - 12:30pm

See back of flyer for locations

Scan QR code or visit our website on, www.wyndham.vic.gov.au/kindergarten-registration





SLEEP AND SETTLING

Wyndham City Council offer sleep and settling information sessions aimed at supporting families experiencing sleep challenges. Sessions are run for the following age groups:

- 0-3 months
- 3-6 months
- 6-12 months
- 1-2 years
- 2-3 years
- 3-5 years

Each information session will run face to face for one hour, facilitated by Child and Family Resource Officers within the Maternal and Child Health Team. For more information email sleepsettling@wyndham.vic.gov.au or scan the QR code

Early Years Programs & Activities

Featherbrook Community Centre	Day & Time	Cost	Information
Busy Bees Playgroup Where children learn through play, imagination and creativity all whilst developing social skills. A friendly environment where parents meet new friends too. Suitable for ages under 5 years.	Tuesday 9:00am—11:00am	Fees apply	① Monica ✉ busybeesfeatherbrook@gmail.com
Little Kookies Playgroup Children learn through play, imagination, creativity & develop social skills. A friendly environment where parents meet new friends too. Suitable 5yrs & under.	Thursday 9:00am—11:00am	Fees apply	① Monica ✉ littlekookiesfeatherbrook@gmail.com
Mini Movers—Leisure Networks Mini Movers is a free 30 minute physical well-being program that gives 3-7 year olds the opportunity to try new sports, make friends & grow their confidence.	Fridays 9:30am—10:30am	No Cost (bookings essential)	① Tori ☎ 03 5224 9972 ✉ tori.honner@leisurenetworks.org
Tiny Tutus Educational pre-school ballet classes promoting fitness and creativity from a young age with the right balance of fun and learning.	Thursday 9:00am—11:30am	Fees apply	① Tiny Tutus ☎ 1300 245 060 ✉ hello@tinytutus.com.au 🌐 tinytutus.com.au
Jamieson Way Community Centre	Day & Time	Cost	Information
Cookie Kids Messy Sensory Play Ages 1—5 yrs. dress for mess! Ooey, gooey, fun filled activities.	Contact us for dates and more details!	Fees apply	① Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au
Cookie Kids Playgroup - 0 to 5yrs Lots of play time & social interaction for children in a relaxed & supportive environment. Social connection for families.	Wednesdays 9:30am—11:30am	Fees apply	① Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au
Point Cook Community Learning Centre	Day & Time	Cost	Information
Bilingual Story Time – Chinese & English Children of all ages Join us for 45 minutes of stories, songs and rhymes, and craft in Chinese and English. Meet bilingual families, learn words in another language and help your child develop important language skills.	Fridays (2nd of the month) 9:30am	No Cost	① Point Cook Library ☎ 8734 8999 For session dates and times please visit: www.wyndham.vic.gov.au/services/libraries/early-years/early-years-events-and-activities Programs during school term only
Baby Time Ages 0–12 months Sing, move and bond with your baby as we share some of our favourite songs and reading tips.	Thursdays 2:00pm Fridays 11:00am		
Rhyme Time Ages 1–5 years These 30-minute sessions include stories, songs and rhymes designed to develop early language, literacy and numeracy skills.	Tuesdays & Wednesdays 9:30am Saturdays 10:30am		
Story Time Ages 3+ These 45-minute sessions include stories, songs and rhymes, and a simple craft activity designed to develop early language, literacy and numeracy skills.	Tuesdays 11:00am Fridays 9:30am (1st, 3rd, 4th of mth)		
Korean Playgroup Korean mums gathering together with children aged from 0-4 yrs old to be connected & learn Korean in play based environment.	Mondays 12:30pm—3:00pm	\$50 per term	① Lucy Jang ☎ 0432 615 542 ✉ lucyjang0212@yahoo.co.kr
Little Buddies Toy Library Wide range of toys suitable for 0-5 year olds including ride-ons, educational toys, puzzles, games, imaginative play sets, baby toys & more.	Tuesday & Fridays 10:00am-1:00pm Saturdays 9:30am-1:30pm	Fees apply	☎ 0492 980 692 ✉ admin@littlebuddiestoylibrary.com.au 🌐 littlebuddiestoylibrary.com.au

Early Years Programs & Activities

Point Cook Community Learning Centre	Day & Time	Cost	Information
Point Cook Chinese Playgroup Friendly playgroup engaging kids under 5 in music, storytelling, games & craft activities in Chinese (Mandarin). Meet other families. Enjoy indoor & outdoor play. Introduce Chinese to children in a 100% immersion environment.	Mondays 9:30am—11:30am	Fees apply	ⓘ Brittany Chen ✉ Brittany.chen1023@gmail.com
Point Cook Little Friends Playgroup A play based playgroup for 0-5 year olds. Activities include story time, music, dance, craft & outdoor play. Can bring your own lunch. Relaxed & social time for parents & children.	Tuesdays 9:30am—11:30am (during school term)	\$50 per family per term	✉ slplaygroup@hotmail.com
South Sudanese Junubi Playgroup This playgroup brings South Sudanese families with children between the age of 0-5 years together in a welcoming & safe environment where they can meet other South Sudanese families, share advice & relax while kids play.	Fridays 11:30am—2:00pm (during school term)	No Cost	ⓘ Nyadit or Poly ☎ 0434 178 753 ✉ poly.kiyaga@wyndhamcec.org.au
VACCA Koorie Kids Playgroup A great place for children & their Mums, Dads & carers to gather with other Koorie families, make new friends, hear stories, participate on cultural arts & crafts, express creativity & learn about culture.	Tuesdays 12:00pm—2:00pm	No Cost	ⓘ Tayla ☎ 03 8746 2776 ✉ taylas@vacca.org 🌐 www.vacca.org
Saltwater Community Centre	Day & Time	Cost	Information
Saltwater Playgroup A vibrant playgroup, open to all families. Parents engage and interact with their child, meet other parents and make friends. Facilitated playgroup with moderate routine in place, includes songs and story time preparing the little ones for kinder life.	Fridays 9:00am—11:00am School Term only	Fees apply	ⓘ Monica ✉ saltwaterccplaygroup@gmail.com
Saltwater Chinese Playgroup For mums, dads, grandparents & carers with kids 0-5years. Come enjoy rhyme & story time and craft activities.	Wednesdays 9:30am—11:30pm	Fees apply	ⓘ Sumei / Meredith ✉ swchineseplaygroup@gmail.com
Rhyme Time and Pop-Up Library Join us for Rhyme Time and a special Pop-Up Library every week. Our 30-minute Rhyme Time sessions include stories, songs and rhymes designed to develop early language, literacy and numeracy skills.	Refer to website for current timetable Tuesdays 1:45pm-2:45pm	No Cost	ⓘ Saltwater Community Centre ⓘ Wyndham City Libraries ☎ 8734 8999 🌐 For session dates and times visit: https://www.wyndham.vic.gov.au/pop-up-library Programs during school term only
LEGO Club Age 5+ Drop in after school and show off your LEGO skills. Hang out with other kids who enjoy LEGO.	Tuesdays 2:45pm—3:45pm		
Bookshelf at Saltwater Community Centre Wyndham Library members can now borrow from collection at Saltwater Community Centre.	Monday to Friday 9am –5pm		
Tiny Tutus Preschool Ballet Educational pre-school ballet classes promoting fitness and creativity from a young age with the right balance of fun and learning.	Fridays 9:00am—12:00pm	Fees apply	☎ 1300 245 060 ✉ hello@tinytutus.com.au 🌐 www.tinytutus.com.au Yearly registration fee includes your tutu

Education & Training Kids & Adults

Featherbrook Community Centre	Day & Time	Cost	Information
Abacus 4 Kids Fun and innovative ways for kids to learn speedy mental arithmetic skills using abacus (soroban). Free trial class available.	Mondays to Saturdays Various times Call for details	Fees apply	① Jaslyn ☎ 0406 946 069 ✉ abacus4kids@gmail.com 🌐 abacus4kids.com.au
KK Art Art, drawing & Craft lessons for kids 4-8 . Classes are designed to be the one stop shop to develop your drawing, painting, colouring & craft making abilities.	Wednesdays 5:00pm—6:00pm	Fees apply	① Katherine ☎ 0426 187 144 ✉ kkart.classes@gmail.com
Spoken English Classes—Adult Learn to speak spoken English with Nina, Nawaz or Radha. A volunteer led Hubs program. Spaces limited.	Monday's 9:30am & 11am Tuesday's 9am & 10:30am	No Cost	① Featherbrook Team ☎ 8353 4000 ✉ featherbrookcc@wyndham.vic.gov.au
WCEC English Conversation Classes—Adult New to English classes in partnership with Wyndham Community & Education Centre.	Thursdays: 9:30am-11:30am	Fees apply	① Wyndham Community & Education Centre ☎ 9742 4013 🌐 wyndhamcec.org.au/wpmain/
Wyndham Chess Club Chess lessons and chess club for children aged 6 and over. All levels welcome from beginners to advanced.	Fridays 5:00pm —8:00pm	Fees Apply	① Phil Minichelli ☎ 0478 604 601 ✉ phil@wyndhamchess.club 🌐 www.wyndhamchess.club
Jamieson Way Community Centre	Day & Time	Cost	Information
First Aid For parents, grandparents or carers who would like an introduction or basic refresher on First Aid knowledge related to children and infants	Connect with us for upcoming dates.	Fees apply	① Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au
Intermediate French! All welcome Enjoy a cuppa and meet new friends while you discover and learn the French language! All welcome	Tuesdays 1:00pm - 3:00pm	No Cost	① Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au
Point Cook Community Learning Centre	Day & Time	Cost	Information
Abacus Training Centre by Sempoa SIP Enhance children's cognitive skills with ABACUS-based brain training. Acquire mental arithmetic skills in an enjoyable and structured setting, with a tailored curriculum designed to accommodate children of varying skill levels. Free trial class available.	Mon's & Wed's 4:30pm—6:30pm Fridays 4:00pm—6:00pm Saturdays 9:00am—11:00am	Fees apply	① Hany ☎ 0431 830 359 ✉ info@sempoasip.com.au 🌐 sempoasip.com.au
AMEP: English Classes Free English classes for refugees and other eligible migrants.	Monday & Fridays 9:00am—2:30pm Thursdays 9:00am—3:30pm	No Cost	① Wyndham Community & Education Centre ☎ 9742 4013 & press 1
AMES Australia: Chinese Bilingual English Classes This class is designed to provide English Language tuition to clients who have very low speaking & listening skills & who would benefit from having a teacher with bilingual English & Chinese language skills.	Thursdays 9:00am—2:30pm	Fees apply	① Nidhi Sharma ☎ 0402 262 237 ✉ nidhis@ames.net.au
Brainworks Helps to develop the potential of students aspiring to reach various goals, including improving their understanding of the school curriculum & preparing for competitive scholarship & selective school exams.	Wednesdays & Thursdays 5:15pm—7:15pm	Fees apply	① Adnan ☎ 0433 195 110 or 0401 421 115 ✉ pointcook@brainworks.com.au 🌐 brainworks.com.au

Education & Training Kids & Adults


Point Cook Community Learning Centre	Day & Time	Cost	Information
Computer Class—Beginners Join us for a fun and interactive 4-week program designed for beginners to learn all about computers. Whether you're a complete novice or just want to brush up on your skills, this in-person event is perfect for you! Bookings required.	Wednesdays 1:00pm – 2:30pm (4 weeks starting 5 June)	No Cost	ⓘ Point Cook Library ☎ 8734 8999 🌐 For bookings visit: www.wyndham.vic.gov.au/services/libraries/adults/library-it-programs
Computer Class—Introduction to Microsoft Word Ages 18+ Learn how to create documents comprising text and images using Microsoft Word in a one-off 1.5-hour program aimed at people with only basic knowledge of computers. Bookings required.	Wednesday 22 May 1:00pm—2:30pm	No Cost	ⓘ Point Cook Library ☎ 8734 8999 🌐 For bookings visit: www.wyndham.vic.gov.au/services/libraries/adults/library-it-programs
Conversational English for migrants Practise your English skills, meet new people, and learn from others.	Fridays 9:00am—11:00am	No Cost	ⓘ Point Cook CLC ☎ 8734 0205 ✉ pointcookclc@wyndham.vic.gov.au
English for Chinese speakers Practise your English skills, meet new people, and learn from others.	Wednesdays 10:00am—11:00am		
Introduction to MYOB This is a practical hands-on course designed to teach students about the computerised accounting package MYOB. Includes payroll and BAS.	Tuesdays 9:00am—12:00pm	\$30 (citizens/ permanent residents)	ⓘ Wyndham Community & Education Centre ☎ 9742 4013 🌐 https://wyndhamcec.org.au/course-list-pre-accredited/ all courses are 3 hours 10 weeks
Manual Bookkeeping This course is designed for beginners and covers all aspects of bookkeeping including general journals, sales and purchases journals, general ledger, trial balance, profit & loss statements, bank reconciliation and balance sheets.	Tuesdays 12:30pm—3:30pm		
Computer Skills — Advanced Excel Course designed for those who already know the basics of Excel and who want to consolidate and extend their skills and knowledge. The course includes spreadsheet design, various formatting techniques and use of formulae, using charts and multiple spreadsheets.	Saturdays 9:00am—12:00pm		
Computer Skills — First Steps This course covers basic computer skills to get you started including an introduction to the Internet, Publisher and PowerPoint.	Saturdays 12:30pm—3:30pm		
English Conversation At English Conversation Café you can practise your English skills, meet new people, and learn from others. This is a great way for you to connect with the community and maybe even make new friends.	Mondays 11:00am—12:00pm	No Cost	ⓘ Point Cook Library ☎ 8734 8999 🌐 www.wyndham.vic.gov.au/adult-events-and-activities
Gunsmart—Firearm Safety Course Safety & information course from Victoria Police. Feel safe around firearms or complete the course certificate to apply for a category A/B firearms licence. Juniors 12-18 years welcome when accompanied by an adult. Course & short exam.	Tuesdays (fortnightly) 7:15pm—9:00pm	\$88 Adults	ⓘ Gunsmart ☎ 1300 920 900 ✉ instructor@gunsmart.com.au 🌐 www.gunsmart.com.au
IT Help One on One Free digital training is available. Book a One on One IT help session, and our friendly staff will help you. Bookings required.	Wed's & Thu's 10am – 10:30am	No Cost	ⓘ Point Cook Library ☎ 8734 8999 🌐 www.wyndham.vic.gov.au/services/libraries/adults/library-it-programs
	Online Weekdays 10:00am—11:00am		

Education & Training Kids & Adults

Point Cook Community Learning Centre	Day & Time	Cost	Information
Sewing Classes—So & Sew — Beginners This course is perfect for those who want to learn how to sew with different fabrics, follow simple patterns and make items on a basic sewing machine.	Tuesdays 12:15pm—3:15pm	\$40 (citizens/ permanent residents)	all courses are 3 hours 10 weeks ① Wyndham Community & Education Centre ☎ 9742 4013 🌐 https://wyndhamcec.org.au/course-list-pre-accredited/
Sewing Classes—Next Stitch — Intermediate An intermediate level sewing course which assumes basic knowledge of using machines. Will cover introduction to overlockers, working with different fabrics and using patterns to make a simple garment.	Thursdays 6:00pm—9:00pm		
Sewing Classes—All Sewn Up — Advanced Advanced level course which follows on from the "Next Stitch" course. This course includes sewing with stretch fabric and making a more complex article or garment.	Tuesdays 8:45am—11:45am Wednesdays 6:00pm—9:00pm		
South Sudanese Junubi Homework Club Supporting Primary School students from South Sudanese background. Assist children with their school readers & homework.	Mondays 4:00pm—5:30pm	No cost	① Poly ☎ 0434 178 753 ✉ poly.kiyaga@wyndhamcec.org.au ✉ aweeng.deng@wyndhamcec.org.au
Telugu Association of Australia Inc Teaching Telugu language to protect culture & diversity among our children while integrating with the multicultural society of Wyndham.	Saturdays Fortnightly 3:30pm—6:00pm	Fees apply	① Satya ☎ 0422 211 036 ✉ matamps@cba.com.au 🌐 taai.net.au
VCE Study Club Join us for our VCE Study Club. Each month an expert teacher will cover a different VCE topic to help you excel! Snacks and refreshments provided. For students Year 10-12.	Wednesdays (3 rd of the month) 4:30pm—6:30pm During school term	No Cost Bookings required.	① Point Cook Library ☎ 8734 8999 🌐 For bookings visit: www.wyndham.vic.gov.au/vce-study-club
Writing Group Ages 18+ Free writing group for adult writers of all levels of experience. Get your creative juices flowing with exercises designed to inspire and develop your writing skills in a fun and friendly environment.	Tuesdays (4th of the month) 1:30pm—2:30pm	No Cost	① Point Cook Library ☎ 8734 8999 🌐 For session dates and times visit: www.wyndham.vic.gov.au/adult-events-and-activities
Zimbabwean Community in Australia (Victoria) Offering Shona Ndebele language classes to kids & adults.	Saturdays 1:00pm—3:00pm	Fees apply	① Dr Taka Zivave ☎ 0424 326 267 ✉ zimviccommunitylanguageschool@gmail.com
Saltwater Community Centre	Day & Time	Cost	Information
Expert Academy With the notion of nurturing and empowering young minds, we provide comprehensive tuitions for students who wish to aspire VCE, NAPLAN/ICAS, selective school exams.	Mondays 5–7:30pm Wednesdays 5:30pm–7:30pm Fridays 5pm–7:00pm	Fees apply	① Gunjan ☎ 0412378064 ✉ contact@expertsacademy.com.au 🌐 www.expertsacademy.com.au
Wyndham Community and Education Centre—AMEP Classes Free English classes for refugees and other eligible migrants	Mondays 9:00am–2:30pm	Free	① Wyndham CEC ☎ 9742 4013 ✉ enquiries@wyndhamcec.org.au 🌐 https://wyndhamcec.org.au
Library Bookshelf at Saltwater WCC Library members can now *borrow and return books from a bite sized collection at the Saltwater Community Centre!	Monday to Friday, 9:00am–5:00pm	Free.	① Wyndham City Libraries ☎ 8734 8999 *Borrow Up to 5 items * Self-Chekcout (library card required)

Recreation & Wellbeing Kids & Adults

Featherbrook Community Centre	Day & Time	Cost	Information
Beat Freakz Fitness Dance fitness in the dark that is suitable for all levels, all shapes, sizes & abilities. A safe place for women, families, young adults and children.	Mondays 6:45pm—7:30pm	Fees apply	① Jenna Chaffey ☎ 0424 124 661 ✉ beatfreakzfitness@yahoo.com 🌐 beatfreakzfit.com.au
Amanz Music Classes Guitar and Keyboard lessons for children	Saturdays 9:00am—11:00am	Fees Apply	① Aman Luthra ☎ 0405 606148 ✉ punjabichurcha@gmail.com
Kangatraining Have fun and exercise with your baby while in a carrier.	Fridays 11:15am—12:15pm	Fees Apply	① Naomi Cash ☎ 0413 965 090 ✉ naomikanga21@gmail.com
Let's Dance Point Cook Community social sequence ballroom dancing incl. Cha Cha, Tango, Foxtrot, Waltz & many more.	Sundays 4:30pm—6:30pm	Fees Apply	① Phebe Yeo ☎ 0425 338 832 ✉ phebe@8senses.com.au
Point Cook Dance Friendly & nurturing classes. Pre School Dance, combination for preppies, classical ballet, Jazz & Funk, Hip-Hop, Hip-Hop Boyz, Tap, Contemporary, Acrobatics, Drama & singing. For ages 3 year to teenagers.	Tuesdays, Thursdays, Fridays & Saturdays Times vary. Please see timetable on website	Fees apply	① Mandy ☎ 0416 679 911 ✉ info@pointcookdance.com.au 🌐 www.pointcookdance.com.au
Point Cook Girl Guides As the peak organisation for girls aged 5-17, The Girl Guides mission is to empower all girls to become confident, engaged, resilient & responsible community members.	Tuesdays 6:30pm—8:00pm	Fees apply	✉ wyndham@guidesvic.org.au 🌐 guidesvic.org.au
Rachana Natyalaya One of the prominent places in Melbourne to learn Indian Classical Dance Bharatanatyam, Folk & Bollywood dancing from a qualified dance teacher.	Wednesdays 6:00pm—9:00pm	Fees apply	① Archana Koorthy ☎ 0432 161 933 ✉ koorthy@gmail.com 🌐 rachananatyalaya.com



SHORINJIRYU KARATE

SPIRITUAL DEVELOPMENT OF INDIVIDUALITY IN MIND AND BODY

Training times:

Featherbrook Community Centre
33 - 35 Windorah Dr
Point Cook VIC 3030

Tuesdays:
Juniors: 4pm - 5pm
Seniors: 5pm - 6pm


Juniors: \$14 per class
Seniors \$17 per class

Discounts for additional family members*

INSTRUCTOR: MARNIE ROBERTS 5TH DAN BLACK BELT

PHONE: 0418 564 382
EMAIL: KENNANKAN@HOTMAIL.COM
WEBSITE: WWW.SHORINJIRYU.COM.AU

FUN & FITNESS FOR KIDS
INCREASE SELF CONFIDENCE
IMPROVE SELF DISCIPLINE
IMPROVE FLEXIBILITY & BALANCE
IMPROVE AGILITY & COORDINATION
REDUCE STRESS
LEARN PRACTICAL SELF DEFENCE



Everyone is Welcome - First lesson Free



ZUMBA with GERRINA

\$12 PP (Class starts from 2 February 2024)

FRIDAYS 8:00 PM

FEATHERBROOK COMMUNITY CENTRE
33- 35 WINDORAH DRIVE
POINT COOK VIC 3030

M: 0408722307
zumbawithgerrina@outlook.com




<https://www.facebook.com/zumba.with.gerrina>


[@GERRINA.POWER](https://www.instagram.com/gerrina.power)


<https://zumba.com/pt/zumbawithgerrina>

Recreation & Wellbeing Kids & Adults

Sahaja Yoga Meditation Teaches a unique method of meditation where participants can achieve a state of balance in just 10 minutes.	Tuesdays 7:30pm—8:30pm	No cost	① Annie Sarani ☎ 0423 110 875 ✉ annie.sarani@gmail.com 🌐 www.sahajayoga.com.au
Shorinjiryu Karate This karate has elements based on Okinawan Karate with a strong influence from Aikijujutsu, Judo & various Okinawan and Japanese weapons arts. Classes suitable for juniors & adults.	Tuesdays 4:00pm—6:30pm	Fees Apply	① Marnie Roberts ☎ 0418 564 382 ✉ kennankan@hotmail.com 🌐 www.shorinjiryu.com.au
Table Tennis for beginners Come and learn basic skills in Table Tennis. Bats and balls are provided.	Wednesdays 9:15am—10:45am	No cost	① Featherbrook Community Centre ☎ 8353 4000 ✉ featherbrookcc@wyndham.vic.gov.au
VIBE Craft for Kids A new DIY creators workshop for kids aged 8 and above. Students learn to be creative using recyclable items. Students are encouraged to showcase their creations at an end of the year event.	Thursdays 5:30pm - 7:30pm	Fees Apply	① Alpana Chauhan-Virani ☎ 0434 944 074 ✉ alpana24@gmail.com 🌐 www.vibechoreography.com.au
Vibe Choreography “LETS CO-EXIST” Exciting, fun and popular Bollywood, Hip Hop, Jazz Funk dance classes for anyone aged 6 years. If you love to dance, build your confidence & make great friends, enquire with us.	Tuesdays, Wednesday, Fridays & Saturdays Times vary see website	Fees apply	① Alpana Chauhan-Virani ☎ 0434 944 074 ✉ alpana24@gmail.com 🌐 www.vibechoreography.com.au
Zumba with Gerrina Discover the joy of fitness with our 45 min Latin inspired Zumba dance workout. Boost well-being and dance to health & happiness together.	Fridays 8:00pm—8:45pm	Fees Apply	① Gerrina ☎ 0408 722 307 ✉ zumbawithgerrina@outlook.com

NEW CLASSES

Featherbrook Community Centre

JOIN US!

TABLE TENNIS

for Beginners

Wednesdays 9:15am - 10:45am

Bats and Balls provided

Sign up today

Free weekly sessions

Everyone is Welcome

Recreational TT

Learn basic skills

Featherbrook Community Centre
03 8353 4000
featherbrookcc@wyndham.vic.gov.au
33 - 35 Windorah Drive, Point Cook VIC 3030

NEW CLASSES

Creative Crafts

Dance School

AT THE DANCE SCHOOL LEARN

BOLLYWOOD HIPHOP AFRO BEATS OPEN STYLE & POPULAR CHOREOGRAPHIES

AGE 5 up to Adults

AT VIBE CRAFT LEARN

UPCYCLING CRAFTS
DIY CLOTHING & ACCESSORIES
HOME DECOR

AGE 5 up to 13 Yrs.

REGISTER HERE

At VIBE we don't just teach, we inspire

Recreation & Wellbeing Kids & Adults

Jamieson Way Community Centre	Day & Time	Cost	Information
Chatty Café/Table Community catch up –great chance to meet new people and connect. Tea, coffee & refreshments provided	1st & 3rd Monday each month 10:00am - 11:30pm	No cost	① Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au
Garden Connection Workshops Learn new skills and connect with others interested in plants and gardening. Workshops conducted by an experienced tutor.	Connect with us for days and times	Fees apply. Bookings required	
Community Bus Trips Movie, shopping and other trips—let us know where you want to go!	Connect with us for days and times	Fees apply	
Gardening Swap Point Cook Meet at the BBQ area at back of the centre	4th Sunday monthly 10:30am—11:30am	No cost Bring swap items	① Sarah ✉ sarahong74@gmail.com Facebook Gardening Swap Point Cook
Jam Way Book Club Share your love of reading and enjoy morning tea & a cuppa!	Contact us for details	No cost	① Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au
Jam Way Guitar Lessons Aimed at primary school ages, great fun way to learn the acoustic guitar. Bookings required.	Wednesdays 4:00PM—7:00pm (30 min classes)	Fees apply	
Jam Way Sew & Sew Group Qualified dressmaker BYO projects. Machines on site or feel free to BYO.	1st & 3rd Monday of month 7:00pm—9:00pm	Fees apply	
Jam Way Quilters Patch Patchwork classes open to all levels of experience! BYO project.	Thursdays 9:00am—1:30pm	Fees apply	
Walking Group All welcome meet out front at Jamieson Way Community Centre car park	Tuesdays & Wednesdays 9:00am	No cost	① Sian ☎ 0400 049 395 / 9395 1182
Walking Basketball— Seniors These fun sessions are designed to be adaptable based on participants skill level, fitness and mobility	Thursdays 1:30pm—2:30pm	No cost	① Jamieson Way Community Centre ☎ 9395 3777
Yoga Give your body the attention and love it needs through breathing and gentle movements	Friday mornings Contact us for time	No cost BYO yoga mat	✉ admin@jamiesonwaycc.org.au

YOUR COUNCIL CLOSE TO HOME

Did you know a range of council enquiries & transactions are available such as:

Council payments
 Kinder enquiries
 Pet registrations
 Rate enquiries & payments


9am—5pm Monday to Friday at the
 Point Cook Community Learning Centre
pointcookclc@wyndhamvic.gov.au 8734 0205



Recreation & Wellbeing Kids & Adults

Point Cook Community Learning Centre	Day & Time	Cost	Information
Cross Cultural Connection Share & learn cultural customs & traditions, food & recipes passed down by generations and languages.	Tuesdays 9:00am—11:00am	No cost	① Point Cook CLC ☎ 8734 0205 ✉ pointcookclc@wyndham.vic.gov.au
Fun & Fitness Gentle Exercise Gentle physical activity program suitable for seniors and all abilities.	Mondays 11:30am—12:30pm Fridays 11:10am—12:10pm	\$6 per session	① Point Cook CLC ☎ 8734 0205 ✉ pointcookclc@wyndham.vic.gov.au
Gamblers Anonymous 12 Step Fellowship meeting for compulsive gamblers. Zoom meetings listed on website.	Thursdays 8:00pm—9:00pm	No Cost	☎ 9696 6108 ✉ gavictoria18a@gmail.com 🌐 gaaustralia.org.au
Kids Club Ages 5+ Come and join in a different activity every week. Make new friends and have lots of fun. No bookings required.	Thursdays 4:00pm—5:00pm Program during school term only	No Cost	① Point Cook Library ☎ 8734 8999 🌐 For session dates and times visit: https://www.wyndham.vic.gov.au/kids-events-activities
Melbourne Table Tennis Club Run by Melbourne Table Tennis Club in conjunction with Asian Business Association of Wyndham Inc. Playing & coaching with a main focus on Seniors 55+.	Sundays 6:00pm—9:00pm	Fees apply Membership fees.	① Jon Zhang ☎ 0451 169 850
Multicultural Women Victoria—Women's Circle We facilitate a gathering for local women from diverse backgrounds who may be experiencing feelings of isolation and disconnection.	Fridays (3rd of the month) 12:15pm—2:00pm	No Cost	☎ Sudha 0432 489 584 ✉ shudha-narayan@hotmail.com 🌐 www.mwv.org.au
Natyanjali School of Dance All ages Bharatanatyam India's oldest & popular classical dance style encompassing music, rhythm & expression. Strictly adheres to Natyashastra. Traditional Vazhuvoor style of Bharathanatyam.	Tuesdays 6:00pm—8:00pm Thursdays 5:00pm—6:00pm Fridays 5:30pm—6:30pm	Fees apply	① Anitha Perumal ☎ 0470 177 937 ✉ anititha@yahoo.com 🌐 natyanjalischoolofdance.business.site/
Point Cook Craft Group Bring along your knitting or craft for social interaction with other local community members.	Thursdays 10:00am—12:00pm	No Cost	① Bev ☎ 0417 324 489 ✉ pointcookclc@wyndham.vic.gov.au
Point Cook Seniors Group Meet for social interaction with other seniors from local area.	Fridays 12:15pm—2:30pm		
Point Cook Table Tennis—Beginners Join locals for some active fun playing table tennis. Places are limited so book now! Open to all.	Tuesdays 11:00am—1:00pm	No cost	① Point Cook CLC ☎ 8734 0205 ✉ pointcookclc@wyndham.vic.gov.au
Point Cook VIEW Club A leading women's national organisation, providing the opportunity for senior women from all multi-cultural backgrounds.	Wednesdays (4th of the month) 12:00pm—1:30pm	Fees apply	① Catherine Cronin ☎ 0407 726 852 ✉ cath_brian@bigpond.com 🌐 view@thesmithfamily.com.au
Point Cook Walking Group People of all ages come join us to discover Point Cook, make new friends, keep fit & healthy.	Mondays—Fridays 9:00am	No Cost	① Bev ☎ 0417 324 489 Meet at the Point Cook town centre outside dry cleaners (Coles precinct)

Recreation & Wellbeing Kids & Adults

Point Cook Community Learning Centre	Day & Time	Cost	Information
Adaah School of Dance Discover the artistry of Kathak semi-classical dance through immersive sessions that encompass intricate techniques & focused breathing exercises. Master enchanting rhythms & delicate footwork, while refining your skills through intricate techniques.	Wednesdays 7:00pm—8:00pm Thursdays 7:30pm—8:30pm	Fees apply	① Sona ☎ 0401 437 256 ✉ adaahschoolofdance@gmail.com
Art Lab Ages 11-15 Join us for Art Lab and create something epic each month. Experiment with different art styles and let your creativity run wild! Bookings required.	Fridays (Last of the month) 4:00pm—5:00pm	No Cost	① Point Cook Library ☎ 8734 8999 To book please visit: www.wyndham.vic.gov.au/whats-on/art-lab
Board in the West—Melbourne Meeples Join us on the first Friday of each month for a night of Board Gaming fun! Open to all ages & experience levels. We'd love to see you there!	Fridays (1st of the month) 5:30pm—11:00pm	\$5 pp \$12.50 per family	① Jennie ☎ 0410 150 529 🌐 meeples.org.au
Bollywood Dance Company Melbourne BDC work the with motto of 'Celebrating Dance, Arts, & Culture'. With careers starting in Mumbai, & experience in The Indian Film Industry (Bollywood), Darshan and Sohini bring in their extensive global travel & performance experiences of over 22 years to their teaching.	Mondays 5:30pm—9:30pm	Fees apply	① Sohini / Darshan ☎ 0497 757 355 ✉ info@bollywooddancecompany.com.au 🌐 www.bollywooddancecompany.com.au
Breakfast Club @ Stockland Shopping Centre Are you aged between 12-25? Mornings can be tough, even tougher on an empty stomach, start your day with a free breakfast Near Woolworths.	Tuesdays 8:15am—9:00am (During school term)	No Cost	
Courtside - Youth Services @Point Cook Ages 12-25 Hang out with our friendly youth workers & meet new friends at Point Cook Town Centre Basketball court.	Thursdays 3:30pm—5:30pm		
Get Psych'd 4 week workshop for young people focusing on self-care, mental health & wellbeing. 12-17 years old. Locations vary across Wyndham—reach out to Youth Services for more information.	Mondays 4:00pm—5:30pm (Manor Lakes CLC)		
Point Cook Drop In Are you aged between 12-18? Bored & looking for somewhere to hang out after school? Drop in, grab a snack & chill Wednesday afternoons at Point Cook Community Learning Centre.	Wednesdays 4:00pm—5:30pm		
Brooks School Of Dance Quality dance classes in creative movement, classical Ballet & Jazz for kids ages 3 & up. Taught in a friendly & encouraging environment by experienced dance teachers.	Thursdays 4:30pm—6:00pm Saturdays 9:00am—12:00pm	Fees apply	① Ayelet ☎ 0430 765 431 ✉ brooksdance@gmail.com 🌐 brooksschoolofdance.com
Chess for All Ages Beginners and experienced players are welcome to join us for Chess at Point Cook Library. Enjoy a game with your friends and meet other Chess enthusiasts in the library!	Tuesdays 4:00pm—5:00pm (During school term)	No Cost	① Point Cook Library ☎ 8734 8999 For more information: https://www.wyndham.vic.gov.au/whats-on/all-ages-chess
Craft & Conversation Ages 18+ Are you a craft lover? Join our monthly program to create a new craft each session. Materials are free, conversation is included, and you can take home your finished project. Bookings required.	Tuesdays (2nd of the month) 1:00pm—3:00pm	No Cost	① Point Cook Library ☎ 8734 8999 For session dates & times please visit: www.wyndham.vic.gov.au/adult-events-and-activities

Recreation & Wellbeing Kids & Adults

Point Cook Community Learning Centre	Day & Time	Cost	Information
Melbourne Table Tennis Club Run by Melbourne Table Tennis Club in conjunction with Asian Business Association of Wyndham Inc. Playing & coaching with a main focus on Seniors 55+. Membership fees apply.	Sundays 6:00pm—9:00pm	Fees apply	① Jon Zhang ☎ 0451 169 850
Multicultural Women Victoria—Women's Circle We facilitate a gathering for local women from diverse backgrounds who may be experiencing feelings of isolation and disconnection.	Fridays (3rd of the month) 12:15pm– 2:00pm	No Cost	☎ Sudha 0432 489 584 ✉ shudha-narayan@hotmail.com 🌐 www.mwv.org.au
Natyanjali School of Dance All ages Bharatanatyam India's oldest & popular classical dance style encompassing music, rhythm & expression. Strictly adheres to Natyashastra. Traditional Vazhuvoor style of Bharathanatyam.	Tuesdays 6:00pm—8:00pm Thursdays 5:00pm—6:00pm Fridays 5:30pm—6:30pm	Fees apply	① Anitha Perumal ☎ 0470 177 937 ✉ anititha@yahoo.com 🌐 natyanjalischoolofdance.business.site/
Point Cook Craft Group Bring along your knitting or craft for social interaction with other local community members.	Thursdays 10:00am—12:00pm	No Cost	① Bev ☎ 0417 324 489 ✉ pointcookclc@wyndham.vic.gov.au
Point Cook Seniors Group Meet for social interaction with other seniors from local area.	Fridays 12:15pm—2:30pm	No Cost	① Bev ☎ 0417 324 489 ✉ pointcookclc@wyndham.vic.gov.au
Point Cook Table Tennis—Beginners Join locals for some active fun playing table tennis. Places are limited so book now! Open to all.	Tuesdays 11:00am—1:00pm	No cost	① Point Cook CLC ☎ 8734 0205 ✉ pointcookclc@wyndham.vic.gov.au
Point Cook VIEW Club A leading women's national organisation, providing the opportunity for senior women from all multi-cultural backgrounds.	Wednesdays (4th of the month) 12:00pm—1:30pm	Fees apply	① Catherine Cronin ☎ 0407 726 852 ✉ cath_brian@bigpond.com 🌐 view@thesmithfamily.com.au
Point Cook Walking Group People of all ages come join us to discover Point Cook, make new friends, keep fit & healthy.	Mondays—Fridays 9:00am	No Cost	① Bev ☎ 0417 324 489 Meet at the Point Cook town centre outside dry cleaners (Coles precinct)
Rainbow Club Point Cook Inc— Arts & Crafts Arts & crafts is a wonderful & inclusive activity for individuals with disabilities. It provides opportunities for self-expression, creativity, & can be adapted to accommodation different abilities.	Tuesdays 4:00pm—6:00pm	NDIS Provider	☎ 1300 75 10 20 ✉ support@rainbowclub.org.au 🌐 rainbowclub.au
Rainbow Club Point Cook Inc—Performing Arts Lessons for individuals with disabilities. A wonderful & inclusive way to explore self-expression, creativity & physical movement. Specialised support for people living with disabilities, particularly those at risk of being socially isolated. Small class sizes.	Saturdays 11:15am—3:00pm (30 minute classes)		
Salsa In Motion Beginner Cuban Salsa & Bachata, intermediate level Cuban Salsa/Rueda & Bachata dance classes for adults. No dance experience or partner required. Free 25min intro session.	Mondays 6:30pm—10:00pm	Fees apply	① Michael ☎ 0430 355 888 ✉ info@salsainmotion.com.au

Recreation & Wellbeing Kids & Adults

Point Cook Community Learning Centre	Day & Time	Cost	Information
STEAM Builders Ages 5+ Come along to your library every week to design, build and imagine with LEGO and other building materials. No bookings required.	Mondays 4:00pm—5:00pm (During school term)	No Cost	ⓘ Point Cook Library ☎ 8734 8999 🌐 www.wyndham.vic.gov.au/kids-events-activities 🌐 www.wyndham.vic.gov.au/whats-on/steam-lab-point-cook-library-ages-9-13
STEAM Lab Ages 9-13 Interested in Science, technology, engineering, art and mathematics? Come along to Steam Lab. Bookings essential.	Mondays 4:00pm—5:00pm (During school term)	No Cost	ⓘ Point Cook Library ☎ 8734 8999 🌐 www.wyndham.vic.gov.au/kids-events-activities 🌐 www.wyndham.vic.gov.au/whats-on/steam-lab-point-cook-library-ages-9-13
VJ Academy—Dance A combination of exercise & dance for physical & mental fitness & well-being. Dance consists of freestyle movements from Indian blockbuster choreographies.	Tuesdays 6:00pm—7:00pm Wednesdays 7:15pm—8:15pm	Fees apply	ⓘ VJ ☎ 0435 915 516 ✉ soulspace.journeywithin@gmail.com 🌐 www.soulspace.org.au
Weight Watchers A welcoming & safe environment to fulfil your weight health goals. Learn ways for successful & sustainable weight loss and health living.	Saturdays 8:00am—9:00am	Fees apply	ⓘ Maria ☎ 131 997 ✉ maria.mifsud@ww.com 🌐 www.weightwatchers.com/au/contact
Western Gymkhana Club Inc. Western Gymkhana Club aims to bring regular social, recreational, culture, community & wellbeing opportunities to it's member families & local community	Sundays 7:30am—9:00am	Fees apply	ⓘ Sudhir ☎ 0415 661 021 ✉ admin@westerngymkhanaclub.com.au 🌐 www.westerngymkhanaclub.com.au
Wyndham Chen's Taichi Inc. Specialised training to learners of Chen's style 83 forms of Taichi as a physical exercise to improve participants' health & wellbeing. Including specialised choir & dance programs.	Mondays 7:30am—9:30am Tuesdays 2:30pm—4:00pm Wednesdays 9:00am—11:00am	Fees apply	ⓘ Shengyong Guo ☎ 0426 943 706 ✉ wyndhamchenstaichi@gmail.com 🌐 www.wechat.com
WynLUG Wyndham LEGO User Group meet to swap building techniques, learn about design, create & share experiences relating to LEGO. All ages welcome.	Sundays 1:00pm—4:00pm (3rd of the month)	Fees apply	✉ wynlug2023@gmail.com 🌐 www.wyndhambrickfest.com.au/wynlug
Yoga for Seniors Yoga for seniors above 55 years for all communities, to support physical and mental wellbeing.	Mondays 4.00pm—5.30pm	No Cost	ⓘ Prem ☎ 0430 740 023 ⓘ Point Cook CLC ☎ 8734 0205 ✉ pointcookclc@wyndham.vic.gov.au
Yoga with Gunjan—GIA Yoga Moving the body & stilling the mind as a means of deeper connection with ourselves. Explore our inner self with gentle movements, meditation, breath & postural awareness.	Thursdays 6.15pm—7.15pm	Fees apply	ⓘ Gunjan ☎ 0450 073 627
Zeal Youth & Young Adults—FaithLife Church 12-18 year olds. Discover your purpose and the meaning for life as you explore faith, who is Jesus, & his relevance in your everyday life.	Fridays 6:30pm—9:00pm (except 1st of month)	No Cost	ⓘ Pastor Solveig Fabiyanic ☎ 03 9108 0350 ✉ enquiries@faithlifechurch.com.au 🌐 www.faithlifechurch.com.au
Zumba Fitness with Zin Monika Fitness & exercise to help improve health, coordination & balance whilst dancing to Salsa, Merengue & Reggaeton. Ultimate fun!	Tuesdays 7:00pm—8:00pm	Fees apply	ⓘ Monika ☎ 0468 320 618 ✉ monika.au@outlook.com

Recreation & Wellbeing Kids & Adults



SALTWATER ART STUDIO

The studio is a dedicated artist space for creatives in Point Cook & beyond. We have a range of workshops & classes, from Pottery Wheel throwing with Nandita, Craft with Saltwater Crafters and Melbourne Art Academy by Haneet. The studio is equipped with easels & is an open resource for painters & crafters every Friday from 9.30am—3.30pm. No need to book, just bring your project along & enjoy working alongside other creatives. Kiln firing services are available on request. Please contact the Community Centre for more details or to enquire about classes.

Adults Pottery - Wheel Throwing Beginners Class Adult course for beginners to develop skills to create work on the potters wheel. Only 8 students per class, All skill levels are accommodated & welcome. Inclusive of clay, glazes & underglazes.	Tuesdays, Wednesdays Thursdays 6:30pm—9:00pm (7 week courses)	Fees apply Firing costs extra.	① Nandita Nadkarni ☎ 0432 266 229 ✉ nandita@potteryescape.com Website: www.potteryescape.com
Open Studio Not enough space to paint or create at home? Open for anyone to come work on their own projects.	Fridays 9:30am—3:30pm	No cost	① Saltwater Community Centre ☎ 8376 5501 ✉ saltwatercc@wyndham.vic.gov.au
Aikido Melbourne West Inc Non-competitive Japanese martial art. Learn techniques in a friendly & enjoyable atmosphere to develop self-confidence, improve balance & coordination while improving your fitness. Suitable for all ages.	Wednesdays 7:30pm—9:00pm Adults Saturdays 9:00am-10:00am Adults 8:00am—10:30am Kids	Fees apply	① Andrew Last ☎ 0405 330 149 ✉ Andrewlast.aikido@gmail.com
Beat Factor Want to be a part of our community drumming group, join us for our weekly beginners drum classes. No experience necessary. Learn Djembe and Samba drumming. Connect with others and create some great rhythms together. Fun, challenging and rewarding. First class free—limited offer.	Thursdays 7:30pm—8:30pm	Fees apply	① Rod Pilois ☎ 0411 028 077 ✉ beatfactor@internode.on.net 🌐 https://www.beatfactormusic.com/workshops
Bollywood Dance Company BDC aims to get Indian culture and heritage out to the world, in the most admirable way by delivering the best training grounds to all dance lovers across Australia. Our motto is “Celebrating Dance, Arts and Culture”	Mondays & Fridays 5:30pm—8:30pm	Fees apply	① Sohini Banerjee / Darshan Pawar ☎ 0497 757 355 ✉ www.bollywooddancecompany.com.au

Recreation & Wellbeing Kids & Adults

Saltwater Community Centre	Day & Time	Cost	Information
CDB Dance We offer a variety of dance classes to the community Ballet, Modern and Contemporary dance, fitness for 3 year olds and up. Our aim is to share our knowledge and love of dance to help your child on their dance journey.	Wednesdays 12:00pm-1:00pm Thursdays 4:30pm-7:00pm Saturdays 8:30am-12:30pm	Fees apply	① Candice Baxter ☎ 0468 558 859 ✉ cdbdancesa@gmail.com 🌐 www.cdbdance.com
Guitar Classes Ever dreamed of playing your favourite tunes on the guitar? Expert instructor (more than 25 years experience teaching including celebrities). Beginners to advanced levels. Fun and interactive group classes. Personalised attention for every student.	Wednesday—Kids 4:00pm-5:00pm Sunday—Kids 10:00am-11:00am Sat & Sun —Adults 9:00am-10:00am	Fees apply	① Adit Kundra ☎ 0478 590 651 ✉ adit.kundra@gmail.com IG—aditkundra Youtube—Adit's Guitar Lessons
Heartfulness Yoga and Meditation Yoga and meditation - lots of research is being done to show the effectiveness of these age-old techniques. Heartfulness was is one such system of yoga & meditation that supports self-development, stress management and awakened consciousness through a heart-centred lifestyle. We heartfully invite you to join us for and experiential session	Sundays 8:30am—10:00am	No cost	① Chander ☎ 0466 788 921 ✉ Chander.satyavarapu@volunteer.heartfulness.org 🌐 https://heartfulness.org
Japan Karate Association Australia JKA teaches traditional ShotoKan Style Karate a non-aggressive self defence martial art, helps develop strength, coordination & agility and can be practised any time and place by men, women and children. Standards taught are of the highest level in keeping with the technical requirement set by JKA HQ	Tuesdays 5:30pm—8:30pm Saturdays 10:30am—1:00pm	Fees apply	① Bryan Zaldarriaga ☎ 0434 483 015 ✉ bryan.zaldarriaga@jkaaustralia.com.au 🌐 www.jkaaustralia.com.au
Leesa Gray-Pitt Creatives Are you ready to take your creativity to the next level? These workshops are not your average art class—they are tailored to be as unique as you and your artistic journey. All skill levels welcome!	Wednesdays 4:30pm-6:30pm	Fees apply	① Leesa Gray-Pitt ☎ 0408 257 304 ✉ contact@leesagrampitt.com 🌐 www.leesagrappitt.com
Manmohini Indian Dance School Kathak is one of 8th Indian Classical dance from North India, traces roots from the tradition of storytelling, designed to master each aspect of Kathak.	Wednesdays Kids 5:00pm—6:00pm Adult level 2 6:00pm-7:00pm Adult beginners 7:00pm—8:00pm	Fees apply	① Daveena Munnee ☎ 0430 714 273 ✉ Daveena.munnee@gmail.com
Manmohini Indian Dance School—Kathak Regular classes for Indian Classical Kathak dance style	Thursdays 6:30pm-8:30pm	Fees apply	① Mohini ☎ 0421 084 366 ✉ mohini@kathakmelbourne.com.au
Melbourne Art Academy Have fun as you explore your Creativity, passion for sketching, oil and acrylic painting. The class will be designed as per your skill level and collective interest.	Thursdays 12:00pm—1:00pm	Fees apply	① Haneet Grover—Masters in Fine Arts ☎ 0430 075 106 ✉ haneetgrover@yahoo.com.au
Melbourne School of Indian Music Join our tabla lessons for beginners and advanced learners. Experience the rich rhythms of Indian percussion. Learn to play while fostering creativity and a deep appreciation for Indian Music.	Tuesdays 5:30pm—8:00pm	Fees apply	① Jay Dabgar ☎ 0430 521 372 ✉ jaydabgar@gmail.com 🌐 Website: www.jaydabgar.com
SoulSpace Yoga Yoga classes for children ages 6+. Yoga, asanas, Pranayama, Surya Namaskar and mindfulness techniques.	Tuesdays 4:30pm to 5:30pm Sundays 6:00pm-7:00pm	Fees apply	① Vijisha ☎ 0435 915 516 ✉ vijisha82@live.com 🌐 https://soulpace.org.au

Recreation & Wellbeing Kids & Adults

Saltwater Community Centre	Day & Time	Cost	Information
Tai Chi An art embracing the mind, body & spirit. One of the most effective exercises for health of mind and body.	Tuesdays 9:30am—10:30am	No cost Walk in	① Saltwater Community Centre ☎ 8376 5501 ✉ Saltwatercc@wyndham.vic.gov.au
The Little Theatre Company Kaarix Fairfax offers drama classes for young people providing a space and freedom to create, through play and exploration, while building practical skills in acting, directing and script writing. Ages: 9+	Thursdays 4:00pm-5:30pm	Fees apply	① Jess Fairfax ☎ 0450 348 969 ✉ admin@thelittletheatrecompany.com.au 🌐 thelittletheatrecompany.com.au
Vitamin Love By Diyah Diyah is focused to teach Power Yoga. Learn to use their body weight for building strength & stamina and improving flexibility. Classes are interactive and fulfilled. Focused on proper body alignments	Thursdays 6:00pm—7:00pm	Fees apply	① Diyah ☎ 0450 487 876 ✉ deeptimahajan82@gmail.com
Youth Services Drop in Are you aged 12-17 years of age? Join the Youth Services team for Friday nights of fun activities	Fridays 3:00pm—5:00pm	No cost	① 8734 1355 ✉ youthinwyndham@wyndham.vic.gov.au
Zumba Fitness with Zin Monika Class for adults to promote fun filled physical activity that help improve health & fitness. Zumba also considers other development areas including but not limited to respect, team work leadership, memory building, co-ordination balance etc.	Sunday 10:00am—11:00am	Fees apply	① Monika Sachdeva ☎ 0468 320 618 ✉ monika.au@outlook.com

In Term 1, JWCC and The Y Point Cook joined forces to offer an exciting incursion to all Cookie Kids Playgroup families!

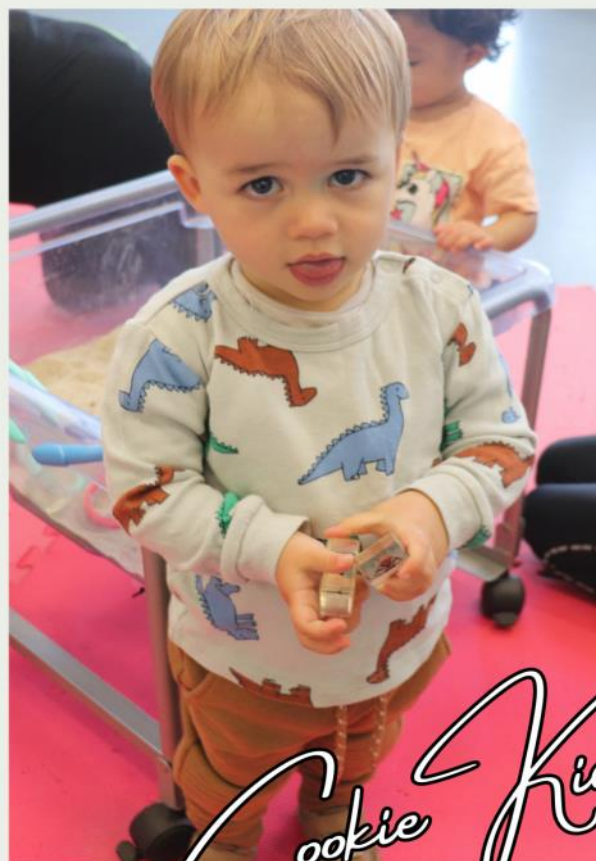
The session was full of action, featuring a variety of activities such as STEM experiments and The Y's engaging 'Feel Your Feet' dance program.

We can't wait to show you what's in store for Term 2 and we look forward to seeing some new faces!

All new families welcome! Join the fun!

9395 3777

admin@jamiesonwaycc.org.au



Cookie Kids

Community, Cultural & Faith Groups

Featherbrook Community Centre	Day & Time	Cost	Information
Anglican Chinese Mission of the Epiphany Service with fellowship and church service for local community. With a children's Sunday School available. Table Tennis for Seniors	Sundays 4:30pm –7:00pm 7.00pm-9.00pm	No cost	ⓘ Yang Cai ☎ 0433 263 086 🌐 www.ACME.org.au ✉ caiyoungbachel@hotmail.com
Australia India Society of Wyndham Social senior group that meets for festival celebrations and activities including meditation, yoga and games.	Mondays & Fridays 11:00am—1:00pm	Fees apply	ⓘ Satish Kumar Verma ☎ 0478 812 910 ✉ australiaindiasociety@gmail.com
First Born Gospel Church Point Cook Christian Workshop service with praise and worship. Kids, Youth, and Adult Sunday School.	Sundays 1:30pm—3:30pm	No cost	ⓘ Denwardson ☎ 0456 191 341 ✉ fbgcpc@iafb-australia.org 🌐 pointcook.iafb-australia.org
Garam Ministry Non-denominational, Indonesian speaking Christian Community endeavouring to show love of Christ in Point Cook focussing on fellowship & unity.	Sundays 10:00am—12:00am	No cost	ⓘ Albert Gunawan Piter ☎ 0420 731 973 ✉ jonchrispattiasina@gmail.com 🌐 garamministry.org
Great Care Great Care provides in-home and community-based services to people over 65 years living with a disability. We deliver diverse care to diverse Australians.	Wednesdays 11:00am—2:00pm	No cost	ⓘ Terefe Aborete ☎ 9395 4657 ✉ admin@greatcare.net.au
Haami Inc A Culturally diverse community group. Youth led Committee. Youth programs for development of skills, fundraising and family gatherings.	3rd Sunday of the Month 7:00pm—10:00pm	Fees apply	ⓘ Noor Mohammed ☎ 0406 900 524 ✉ Haamiinc@gmail.com
Islamic Circle of Australia & New Zealand Faith based volunteer organisation meeting monthly, programs to suit all ages including activities for kids.	1st Saturday on the Month 6:00pm-9:00pm	No Cost	ⓘ Saleem Zafar ☎ 0432 266 190 ✉ saleemzafar@msn.com 🌐 lcandawah.org
Le Petrel Mauritian Seniors Club Inc Seniors gathering with Social Activities	Wednesdays 12:30pm—4:30pm	Fees apply	ⓘ Patrick ☎ 0421 079 740
Lions Club of Point Cook Our not for profit organisation is committed to serving our community. We are a team who enjoy working together on a range projects. Join us today!	3rd Monday of the month 7:30pm-9:30pm	Fees apply	ⓘ Lee-Ann ☎ 0474 217 058 ✉ pointcook.vic@lions.org.au
Point Cook Chinese Friendship Association Meet weekly to dance, sing, learn songs and learn English.	Mondays 1:00pm—3:00pm Thursdays 11:30am—3:30pm	Fees apply	ⓘ Sanhong Zhu ☎ 0437 310 888 ✉ zhusanghong123@gmail.com
Satsang Oceania Inc This group is a non profit institution that operates exclusively for spiritual, religious, social and charitable purposes.	Last Saturday of the month 5.00pm—10.00pm	No Cost	ⓘ Pranvesh Das ☎ 0420 963 646 ✉ pranveshdas@gmail.com 🌐 Satsangoceania.org
Wyndham Active Youngs @ 55 Inc. A seniors group that focuses on health and well-being that welcomes all cultures and backgrounds. Activities include Table Tennis, Yoga, Games & more.	Mon 9:30am-10:30am Tues 9:30am—1pm Fri 9:30am-11:00am	Fees apply	ⓘ Jugal Kishor Chhabra ☎ 0415 170 155 ✉ wynactive.featherbrook@gmail.com

Community, Cultural & Faith Groups

Point Cook Community Learning Centre	Day & Time	Cost	Information
FaithLife Church FaithLife is made up with people of all ages & cultures on their journey of faith in Jesus Christ & finding purpose & destiny for their lives. Come to our service & join us afterward at our Guest Lounge area to find out more about us, & stay for a family-friendly meal.	Saturdays 7:00pm—9:30pm	No cost	① Pastor Solveig Fabiyanic ☎ 03 9108 0350 ✉ enquiries@faithlifechurch.com.au 🌐 www.faithlifechurch.com.au
Iraqi Cultural Group in Australia Meeting of seniors & community members of a middle eastern background. Provide social & educational support, discuss interesting topics, art performances & general conversation for continuous improvement.	Sundays (2nd of the month) 1:00pm—3:00pm	Fees apply	① Farial Jafar ☎ 0422 798 587 ✉ farial.jafar@gmail.com
Light of Jesus Feast Melbourne West is that place where you are loved. Join us for Holy Mass, praise and worship and an empowering talk on how to live better.	Sundays (4th of the month) 3:00pm—5:00pm	No cost	① Kemp Vinson ☎ 0414 401 178 ✉ feastmelbournewest@gmail.com 🌐 www.feast.ph/
Local Spiritual Assembly of the Baha'is of Wyndham Focusing on strengthening ability to build more harmonious, just & prosperous communities. Based on the teachings of the Baha'i faith & open to all.	Saturdays 10:30am—1:30pm	No cost	① Shiva or Jenny ☎ 0435 348 755 / 0430 568 735 ✉ shivachouhann@gmail.com 🌐 bahai.org.au
Luzviminda Association of Filipino Women Group of Filipino women 55 years and above, whose aim is to promote & showcase different Filipino Cultural Dances. Aims to empower, develop skills & build confidence.	Saturdays (2nd & 4th of the month) 3:00pm—5:30pm	No cost	① Belen ☎ 0414 327 475 ✉ mabelle_122451@yahoo.com
Melbourne Yangtze Choir Chinese Community Choir that dance, drum & sing in both English & Mandarin. Great way to learn English & improve musical skills.	Tuesdays 1:00—2:30pm Wednesdays 12:00pm—2:00pm	Fees apply	① Mei ☎ 0432 669 379 ✉ yangtzechoir@gmail.com
Migrant Resource Centre Northwest Region Provide support to the socially isolated seniors from Indian background. Provides socialisation, activities, information session, exercise & excursions.	Thursdays 10:00am—3:00dpm	No cost	① Atarjit ☎ 0401 116 972 ✉ atarjit_b@mrcnorthwest.org.au
One Faith Reformed Evangelical Church We are a church in Point Cook with multi-cultural background (Chinese and English congregation) where our people come from Hong Kong, China, Malaysia, Indonesia, Taiwan, Vietnam & others as well as local Australians. We learn, we serve, & we grow together. There is Sunday school for children on Sunday.	Wed—8pm-9pm Fridays— 8pm—10pm Saturdays (fortnightly) 3:30pm—5:30pm Sun 9:00am—1:00pm (HK Family Support 1:00pm—4:00pm)	No cost	① Ps. Simon Cheng / Liyuan Liu ☎ 0422 770 616 / 0433 710 678 ✉ info@onefaith.org.au 🌐 onefaith.org.au
Point Cook Indian Seniors Recreation activities based on significant days of celebrations throughout the year. Collaborating with other groups focusing on health & wellbeing, seniors & occasional guest speakers.	Mondays 12:00pm-3:00pm Wednesdays 11:30am-2:30pm	No Cost	① Indira ☎ 0402 458 648 ✉ indiramohan37@gmail.com
Point Cook Chinese Friendship Association Calligraphy & painting program for members.	Mondays 9:00am—11:00am	Fees apply	① Sanhong Zhu ☎ 0437 310 888 ✉ zhusanhong123@gmail.com

Community, Cultural & Faith Groups

Point Cook Community Learning Centre	Day & Time	Cost	Information
SAI Organisation of Australia Teaches human values to children aged 5-18 years. A spiritual organisation helping the younger generation pursue their spiritual growth by plugging into the Divinity within.	Sundays 10:00am—12.00pm	No Cost	① Vidya ☎ 0401 959 174 ✉ mbommena@yahoo.com
Seventh Day Adventist Intergenerational worship service, fundraising concerts, free community dinners, educational program on parenting, relationships, health, natural remedies etc.	Saturdays 3:00pm—6.00pm	No Cost	① Danijela Trajkov ☎ 0423 371 841 ✉ danijelatrajkov@adventist.org.au
Sewa International Indian seniors wellness group aimed at encouraging independence through yoga & social interaction.	Sundays (1st & 3rd of month) 1:00pm—4:00pm	No cost	① Vijay Kumar ☎ 0426 971 901 ✉ vijayjeevan Chopra@gmail.com
South Sudanese Junubi Social Group The South Sudanese Social Group is aimed at getting community members to meet and socialise but also talk about issues that are impacting the community.	Saturdays 1:30pm—3:30pm Fortnightly	No cost	① Aweeng or Poly ☎ 0403 523 428 or 0434 178 753 ✉ aweeng.deng@wyndhamcec.org.au ✉ poly.kiyaga@wyndhamcec.org.au
United Muslims Residents Association Jummah Prayer. Muslim based faith group that meet weekly for their Friday prayers. Dunnings Road Reserve Address: 29 Kingsley Avenue, Point Cook Point Cook CLC Address: 1-21 Cheetham Street, Point Cook	Fridays 1:30pm @ Dunnings Rd Reserve Fridays 2:15pm at Point Cook CLC	No cost	① Mohammad ☎ 0403 566 165 ✉ info@umra.org.au
Wyndham Chinese Cultural Promotion Group Helps migrant seniors settle & connect with others. Activities include art, craft, calligraphy, music & Tai Chi.	Mondays 9:00am—3:00pm	\$20 per annum	① Julia Zhu ☎ 0402 529 989 ✉ wccpipointcook@gmail.com
Saltwater Community Centre	Day & Time	Cost	Information
Christ New Creation We are a non-denominational and full gospel Christian Church group. Our Sunday service is conducted in English. We welcome everyone from different backgrounds to come worship with us. We have Sunday school for kids, aged 3-10. Outside of Sunday, we have different support groups, visiting and praying for the sickly, Bible studies, and Youth groups.	Sundays 2:30pm—5:00pm	No Cost	① Dennis ☎ 0416 850 191 ✉ dennis.ferrer@hotmail.com
CWA Point Cook Branch We meet with the goal of friendship, aim of helping our local and wider community. Our fundraising activities range from sausage sizzles to selling scones, cakes, jams and preserves at local events. We also have members who knit and crochet or local charities.	3rd Thursdays Monthly 7:00pm—9:00pm	Annual CWA Membership Fees	① Lesley Turton ☎ 0497 652 622 ✉ grannylesley50@gmail.com 🌐 cwaofvic.org.au
Faith Harvest Worldwide Ministries Inc A Christian Organisation that focus on serving and working for God and building individuals lives, family, the young generation through the word of God to be better and positive life changing people and strengthening their spiritual relationship with god through our Sunday services.	Sundays 11:00am—2:00pm	No cost	① Esther Martha Gonkarnue ☎ 0434 791 326 ✉ thomsonesther06@gmail.com

Community, Cultural & Faith Groups

Saltwater Community Centre	Day & Time	Cost	Information
Indian Catholic Cultural Group We love bringing together Indian Catholic families from around the world. A place to meet, connect and make new friends. A good platform for our youth to get involved and stay connected with our culture. Non- Catholic, Non-Indian family members are welcome.	Saturdays 6:00pm— 10:30pm 20th April 13th July 5th October 7th December	Registration Compulsory	① Fiona / Jackie ✉ Indiancatholicculturalgroup@gmail.com
Multicultural Women Victoria Ministries Inc We facilitate a gathering for local women from diverse backgrounds who may be experiencing feelings of isolation and disconnection. Join us for our Global Kitchen & Women's Circle.	1st & 3rd Tuesdays Fortnightly 11am-1pm	Free	① Sudha Narayan ☎ 0432 489 584 ✉ shudha-Narayan@hotmail.com 🌐 www.mwv.org.au
Point Cook Royals Various activities including yoga, singing, dancing, cultural festival celebrations, poem reciting & educative seminars.	Thursdays 11:00am— 2:00pm 3rd Saturday monthly 6:30pm—9:30pm	Fees apply	① Rajendra ☎ 0479 115 930 ✉ rajk3006@gmail.com
Seniors Journey Connecting Mandarin speaking seniors living in Point Cook. Participate in activities such as cultural dancing, mahjong, poker, social dancing, taichi, cultural discussion.	Monday & Tuesdays Weekly 9:00am— 12:00pm	Fees apply	① Fong ① 0410 177 250 ✉ seniorsjourney@gmail.com
Saltwater Craft Group Let's come together and get creative . Bring in your own projects to work on, patchwork, quilting, embroidery, knitting, crotchet, sewing. All skill levels are welcome.	Mondays 9:30am-11:30am	No cost	① Saltwater Community Centre ☎ 8376 5501 ✉ saltwaterccc@wyndham.vic.gov.au
Saltwater Indian Seniors Group Lets get social, make new friends, play some games & have some laughs over a cuppa. Visiting parents & grandparents are welcome.	Wednesdays 2nd & 4th Wednesday 11:00am—2:00pm Bookings essential!	No cost	① Saltwater Community Centre ☎ 8376 5501 ✉ saltwaterccc@wyndham.vic.gov.au
Saltwater Gardeners Group Committed to sustainability & growing their own produce through edible gardening. A great place to connect with others in the community & learn.	1st Sunday Monthly 9:30am Tasks are assigned	Fees apply	① Kim Pastore ✉ saltwatergardenchampions@gmail.com All experience levels are welcome.
Western Gymkhana Club Inc WGC is a Not-for-profit club. It aims to bring regular social, recreational, cultural, community and wellbeing opportunities to its member families and local community.	2nd Saturdays Monthly 6:30-pm— 9:30pm	Fees apply	① Sudhir Juneja ☎ 0415 661 021 ✉ admin@western.gymkhanaclub.com.au 🌐 www.westerngymkhanaclub.com.au
Wyndham Chinese Happy Life Association Inc Promotes mental & physical health in Chinese seniors. Volunteers teach dancing, Tai Chi, square dancing, bowling, cooking, table tennis & gardening.	Wednesday 12:30pm—4:00pm Fridays 12:30pm—3:00pm	Fees apply	① CK Wong ☎ 0468 337 688 ✉ cheekeong46@gmail.com

Upgrading Saltwater Community Centre

The upgrade works at Saltwater Community Centre are coming along nicely. We are still anticipating the centre improvement to be completed in this year. We apologise for the disruption and thank you for your patience while these essential works are being undertaken.

For any enquiries, please email either: Chris.Grudnik@wyndham.vic.gov.au or stephanie.dimitrio@wyndham.vic.gov.au

Community Supports & Services

Featherbrook Community Centre	Day & Time	Cost	Information
Justice of the Peace Document Signing by appointment only.	Mon's, Wed's & Friday's 12:30—1:30pm	No Cost	① Dr Shardul Arora ☎ 0434 680 022 
Extended Families My Time Point Cook is a support group for parents and carers to connect with others facing similar challenges in caring for a child with disabilities.	Wednesdays 10:30am—12:30pm	No Cost	① Joy Zhou ☎ 0420 598 895 🌐 https://www.extendedfamilies.org.au/ ✉ joy@extendedfamilies.org.au
Mind Australia This support group provided the opportunity to meet new people, conversations on self care and explore gently meditation.	Tuesdays 12:30pm—2:30pm	No cost to eligible clients	① Sabrina Salvaggio ☎ 0400 206 193 ✉ ssalvaggio@mindaustralia.org.au
Jamieson Way Community Centre	Day & Time	Cost	Information
JWCC Food Relief Program Referrals welcome	Tuesday Contact for collection details	No cost	① Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au
Point Cook Community Learning Centre	Day & Time	Cost	Information
Community Connector Wyndham Council has a dedicated team who can help you find and connect with local service options. If you need support, but are unsure of where to start, please reach out.	Thursdays 9:00am—5:00pm	Appt preferred but not necessary	① ✉ communityconnector@wyndham.vic.gov.au ☎ 8734 4514
Justice of the Peace Document signing station.	Wednesdays 6:00pm—7:45pm	No Appt required	① Point Cook Library ☎ 8734 8999
Saltwater Community Centre	Day & Time	Cost	Information
Wyndham Young Stroke Network Share Support Encourage—Informal social meet-up for survivors and carers aged 55 and younger .	Email Bob for info	No Cost	① Bob ✉ saltwatercc@wyndham.vic.gov.au
Men's Peer Support Group in West Melbourne Area Migrant/Refugee men's health & well being circle. Men's peer support group. Discuss mental health, well-being, physical health, employment and family violence.	1st Thursday Monthly 6:30pm—8:30pm	No Cost	① Prince Kennett ☎ 0415 259 594 ✉ prince.kennett19@gmail.com 🌐 www.redefinecounselling.com.au

STRONGER
Together!



Neighbourhood House Week 13 - 19 MAY '24

Community Supports & Services

<p><u>Community Breakfast Program - Drop in</u> FREE breakfast (toast, cereal, fruits) for all community members. Drop in and join us for breakfast. (Children must be supervised and attend with an adult). Operating during school terms only.</p> <p>Day/Time: Thursdays 8am-9:30am (during school term only)</p> <p>Address: Dianella Community Centre, 6 Congo Drive, Tarneit</p> <p>Phone: 8742 8300 Email: dianellacc@wyndham.vic.gov.au</p>	<p><u>Jamieson Way Food Relief Program</u> Food relief runs weekly to community members in need. Bookings essential, no walk ups. Contact us directly to make special requests around dietary requirements</p> <p>Day/Time: Tuesday 11:30am-1:30pm Address: Jamieson Way Community Centre, 59 Jamieson Way, Point Cook</p> <p>Phone: 9395 3777 Email: admin@jamiesonwaycc.org.au</p>
<p><u>Central Park Community Foodbank – Run by Project Juan</u></p> <p>Community Food Bank</p> <p>Day/Time: Tuesdays 9:30am-11am</p> <p>Address: Central Park Community Centre, 80 Lonsdale Circuit, Hoppers Crossing</p> <p>Phone or text: Aljeenne on 0481 316 477 Email: projectjuan@ccmaustralia.org</p> <p>Facebook https://www.facebook.com/ProjectJuan.org/</p>	<p><u>Life Community Kitchen</u> Email: communitykitchen@lifeau.org</p> <p>All Welcome—gathering around a meal to provide families and individuals support and relief. Free Hot Dinner, Bookings not required</p> <p>Day/Time: Monday 6.00pm – 8.00pm Address: Arndell Park Community Centre 29 – 49 Federation Blvd, Truganina</p> <p>Day/Time: Tuesday 6.00pm – 8.00pm Address: Tarneit Community Learning Centre 150 Sunset Views Blvd, Tarneit</p>
<p><u>Comfort Care Foodbank</u></p> <p>Day/Time: Thursdays 12:00noon-2:00pm</p> <p>Address: Unit 10, 20 Prosperity Street, Truganina</p> <p>Phone: 1300 225 884 Website: www.comfortcarefoundation.org</p>	<p><u>Point Cook Food Bank</u> Available to all members of the community, no questions asked. Provide your own bags if possible.</p> <p>Day/Time: Sundays 1pm-3pm Address: Cross Culture Church, 7 Adelphi Boulevard, Point Cook (near Alamanda entrance)</p> <p>Email: foodpantry@crossculturepointcook.net.au or https://crossculturepointcook.net.au/</p> <p>Or contact via Facebook: https://www.facebook.com/pointcookfoodbank/</p>
<p><u>Food Bank Manor Lakes</u> Providing food items to people in need.</p> <p>Day/Time: Wednesdays (during school term only) 12pm - 1:30pm</p> <p>Address: Manor Lakes Community Learning Centre, 86 Manor Lakes Boulevard, Manor Lakes</p> <p>Email: foodbank@newstart.org.au</p> <p>Facebook: https://www.facebook.com/community.food.assistance/</p>	<p><u>Pulse With Purpose Dianella Community Centre</u> Halal friendly meals for vulnerable families, BYO containers. Pre orders welcomed</p> <p>Day/Time: Tuesday 1pm-2:30pm Address: 6 Congo Drive, Tarneit</p> <p>Phone: Musarrat 0404 548 254 Email: pulsewithpurpose@gmail.com</p>
<p><u>Hoppers Crossing Equip Church</u> Drive through food bank provides fresh & non-perishable food items to individuals and families from all walks of life.</p> <p>Day/Time: Wednesdays from 9am until stock lasts.</p> <p>Address: 147-155 Hogans Road, Hoppers Crossing. Phone: 9748 9177 Email: equipcommunityservices@swcc.org.au</p>	<p><u>Restoration Outreach – International Ministries Inc.</u> Free food for struggling families and people in need. Fresh food, Frozen food, Dry food, Food Hampers, Fresh Fruit, Vegetables</p> <p>Day/Time: Saturday 9:00am – 12:00pm Address: 5/13 – 19 Tariff Court, Werribee Phone: 0411 757 174, 0470 571 109, 0492 425 473</p>

COMMUNITY CONNECTOR

Support – Inform – Connect

Wyndham's City Community Connectors are available to assist all residents in our community to access the services they need and empower them to make informed decisions. The Community Connector team can provide specific information and referral/s to local supports & services tailored to meet the needs of the individual. Some of the services may include:

- Information and assistance accessing services for e.g. My Aged Care, NDIS, HACC PYP
- Links to social support and community groups/activities
- Information and referrals for emotional support, counselling, food relief and material aid
- Advocacy support and information



Community Connectors will be available at these Community Learning Centres:

- **Moses THURSDAY 8:00am to 5pm**
Point Cook Community Learning Centre
- **Melissa WEDNESDAY 8:00am to 5:00pm**
Tarneit Community Learning Centre
- **Mellina FRIDAY 8:00am to 5:00pm**
Manor Lakes Community Learning Centre

We have specialist Ageing Well Connectors available to support older residents and their families.

Call 8734 4514 and ask for a Community Connector or email communityconnector@wyndham.vic.gov.au
Interpreter Services can be organised on request.

Community Support & Services

Salvation Army - Community Support and Emergency relief programs. **Address:** 211 Watton St, Werribee **Phone:** 9731 1344

Emergency Relief - If you find yourself in difficult circumstances, access short-term financial assistance in the form of food parcels & vouchers. Phone assessment required.

Day/Time: Monday, Tuesday, Wednesday and Thursday 9:30am-2pm.

Drop in service - Offer free Tea and Coffee, hot showers and clothes washing facilities for people experiencing homelessness

Day/Time: Monday to Friday from 9am– 5pm

Salvos on the move Bus - Free BBQ tea (gold coin gratefully accepted).

Day/Time: Weekly on Friday Nights at 6pm. **Address:** Werribee Railway Station (Bus Side).

Sikh Community of Western Victoria Cooked vegetarian meals. Call to arrange.

Day/Time: Everyday 10.00am – 8.00pm **Address:** 560 Davis Road, Tarneit

Phone: Gurpreet Singh 0422 025 217, Sandeep Singh 0433 003 309, Pritam Singh 0421 138 113

Tarneit Foodbank run by the Epiphany Church to support community members of all ages. No referrals needed. Includes fresh food, frozen food & dry goods. **Day/Time:** Every Tuesday 10.30am-11.30am **Address:** Penrose Promenade Community Centre, 83 Penrose Promenade, Tarneit **Phone:** 8734 4500 **Facebook:** <https://www.facebook.com./TarneitFoodBank/>

Werribee Baptist Church – Food Hampers Contact to book for interview appointment. If you don't have transport, an interview can be made by phone and the food hamper can be dropped off at your home.

Day/Time: Tuesday or Friday afternoon, between 1pm – 3pm **Address:** 225 Heaths Road, Werribee **Phone:** 9749 3166

Uniting Wyndham Food parcels & food vouchers for people with little to no income. Can also assist with other material aid (like clothing/bedding) by specific request. Provided by appointment only.

Day/Time: Monday to Friday 10am to 2pm. Food assistance via phone appointments 10am-2pm

Address: 1 Duncans Road, Werribee (enter via Watton Street) **Phone:** 9051 2000 **Email:** wyndham.reception@vt.uniting.org

Wyndham Park Community Centre Foodbank Has cultural appropriate food. Small \$2 contribution paid on the day (which goes towards ongoing cost of the program), BYO bags. Includes fresh food and dry goods.

For Werribee and Hoppers Crossing residents only **Day/Time:** Every Thursday 9.30am to 12.00pm, call beforehand.

Address: 55-57 Kookaburra Avenue, Werribee **Phone:** 03 9742 7298 **Email:** admin@wyndhamparkcc.com.au

Wyndham Youth Services Foodbank The service is available for young people of 12-25 years who are struggling and need assistance. Includes baby items, formula and nappies if in stock. Call to arrange a pick up

Day/Time: Monday to Friday 9am-5pm, **Address:** Youth Resource Centre, 86 Derrimut Rd, Hoppers Crossing **Phone:** 8734 1355



We know the way buildings are designed play a big role in how people enjoy their experience at our facilities.

Share your feedback on our
Building Design Principles by 17 April at:
<https://theloop.wyndham.vic.gov.au/community-building-design>





 Featherbrook Community Centre	33—35 Windorah Dr, Point Cook	 8353 4000
 Jamieson Way Community Centre	59 Jamieson Way, Point Cook	 9395 3777
 Point Cook Community Learning Centre	1-21 Cheetham Street Point Cook	 8734 0205
 Saltwater Community Centre	153 Saltwater Promenade, Point Cook	 8376 5500