THE BUZZ



NEWSLETTER

Community Centres of Point Cook

Term 1, 2024

WELCOME TO 2024

We look forward to an exciting year ahead with a range of programs and activities for all ages, cultures and backgrounds across our centres in Point Cook. These are listed in our program guide in this term 1 edition of The Buzz.

Our centres aim to reflect the aspirations and strengths of the local neighbourhood. We have a host of community and cultural groups who meet at our centres regularly, a great way for residents to connect. A range of free or low-cost programs, for bubs and preschoolers, educational, recreational and wellbeing for children and adults, as well as faith groups and support services.

There will also be a variety of events for the whole family

over the next few months across Wyndham, for details of events visit www.wyndham.vic.gov.au/whats-on.

A Kids Lunar Fun Day and Wyndham Multicultural Lunar Festival in February will be held in the Point Cook Town Centre.

There will be a series of CoLocal Kaleidoscope Events in the Point Cook Pop Up Park from February through to April, for details on these events visit their Facebook page https://www.facebook.com/PCPOPUP.

Head to Werribee for Park Lounge LGBTQIA+ celebration on 3 February and LIT's spectacular and twinkling evenings throughout March.



	Featherbrook Community Centre	33—35 Windorah Dr, Point Cook	** **********************************	8353 4000
	Jamieson Way Community Centre	59 Jamieson Way, Point Cook	** **********************************	9395 3777
	Point Cook Community Learning Centre	1-21 Cheetham Street, Point Cook	*	8734 0205
Swcc	Saltwater Community Centre	153 Saltwater Promenade, Point Cook	** **********************************	8376 5500
(A)	Williams Landing Library Lounge	1/101 Overton Rd , Williams Landing	7	8734 8999

CELEBRATING THE YEAR OF THE DRAGON



In Chinese Zodiac, the Dragon holds a significant place as an auspicious and extraordinary creature, unparalleled in talent and excellence. In its 7th year the Wyndham Multicultural Lunar Festival will live up to the dragon's legend.

The festival will be held throughout all four streets of the Point Cook Stockland Town Centre. Sunday 18 February promises to be an exciting day from 11am-9pm with a spectacular fire works finale.

There will be something for the whole family such as animal petting farm, face painting, henna tattoos, Street Surfer Bus, Hot Shots Tennis, soccer & AFL activities. Not to mention over 80 performances including the two traditional Lion Dances, a cultural fashion parade, a host of food.

There will also be a cultural art exhibition in the Point Cook Community Learning Centre & much more! All brought to you by dedicated volunteers of the Point Cook Cultural Community.

For more information visit their Facebook page https://www.facebook.com/pcccommunity

8 SENSES CULTURALLY TOGETHER KIDS LUNAR FUN DAY

In a lead up to the festival, local resident Phebe Yeo will liven up the Point Cook Pop Up Park with 8SENSES Kids Lunar Fun Day.

The event will be held on Sunday 11 February from 12pm-3pm. Promising to be an interactive children's day with its own Lion Dance, cultural presentations, games, craft activities and door prizes for the first 50 children dressed in cultural outfits. Registration are required for more information call 0425 338 832.



Back for its second year celebrating a series of cultural experiences over 10 weeks, from 24 February through to 28 April. What better way to learn about our neighbours than to engage with their activities, customs and celebrations!



Kaleidoscope 2024 is held in our beautiful Pop Up Park on Murnong Street, Point Cook featuring the following events run by local residents who have a passion to share their culture with the community.

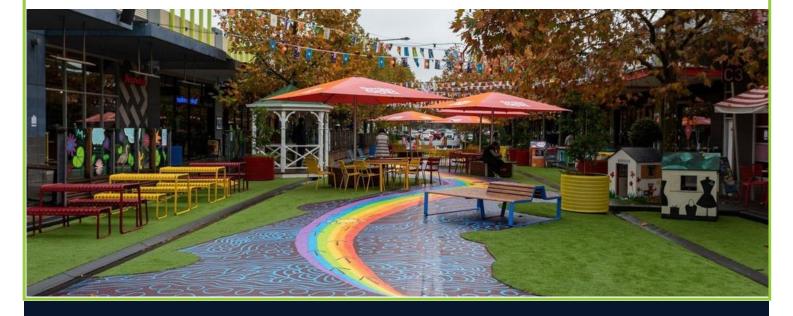
- 24 February Bunurong & First Nations Introduction to place
- Sunday 3 March Greek Family Fun Day
- Sunday 9 March Pasifika Festival
- Sunday 17 March St Patrick's Day
- Saturday 23 March Holi Festival
- Saturday 30 March Easter Family Fun
- Saturday 6 April Latino Festival
- Saturday 13 April Filipino Fiesta
- Sunday 14 April Tamil New Year
- Saturday 20 April Eid Al Fitr
- Sunday 21 April Harmony Day
- Saturday 27 April African Festival
- Sunday 28 April BBQ Fun Day program finale



DNNECTING THE HEART OF POINT COOK



For more details on each events please check the boards around the Pop Up Park, Stockland Website or the Point Cook Pop Up Park Facebook page https://www.facebook.com/PCPOPUP



KINDERGARTEN REGISTRATIONS

KINDERGARTEN IS FREE! Registrations Open Friday 1 March 2024

You have until Friday 31 May 2024 to submit your registration to be included in the first round of offers for 2025.

All participating kindergartens will be open for you to visit during the kindergarten open days.

Kindergarten Open Days

Wednesday 6 March 2024

5:00pm - 7:00pm

Saturday 4 May 2024

9:30am - 12:30pm

See back of flyer

for locations



www.wyndham.vic.gov.au/kindergarten-registration



ACKNOWLEDGEMENT OF COUNTRY

Wyndham City Council recognises Aboriginal and Torres Strait Islander peoples as the first nation peoples of Australia. We acknowledge the Bunurong and Wadawurrung Peoples as Traditional Owners of the lands on which we provide community services.



The Wadawurrung and Bunurong Peoples have and always will belong to the Werribee Yalook (river), creek, stars, hills and red clay of this country. We pay respect to their Ancestors and Elders who always have and always will care for Country and community today and for future generations.

JAMIESON WAY COMMUNITY CENTRE & RESERVE EXPANSION

Wyndham City is currently undertaking an exciting expansion of the Jamieson Way Community Centre & Reserve. Having been in operation for 13 years it is one of Wyndham's longest running and most loved Community Centres.

Since late December 2023 the area surrounding Jamieson Way Community Centre has provided wayfinding signage to ensure that those attending the centre will have easy access & can find their way around during the renovations.

Jamieson Way Kindergarten will continue to operate out of the centre in 2024. Access to the kindergarten during Stage 1A will be via a signposted new entrance.

Council will continue to provide Maternal & Child Health Services on-site throughout construction in portable buildings located across from the main entrance.

Jamieson Way Community Centre Inc will run limited services & activities at the centre in 2024, including the Food Relief Program.

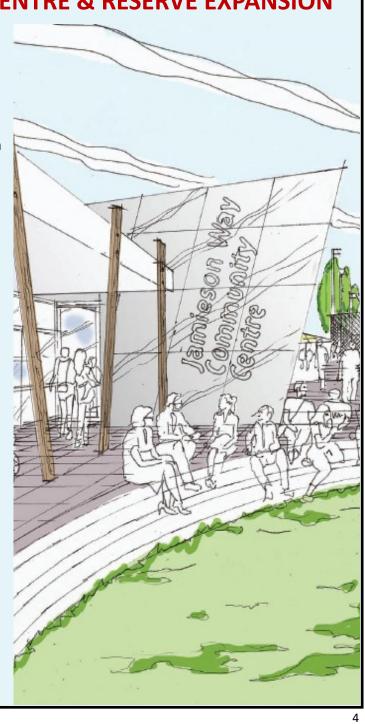
This expansion is being delivered in line with the Master Plan adopted by Council in April 2022, & will create a fit-for-purpose facility to better meet the needs of the growing Point Cook community.

For more information on the Jamieson Way Community Centre and Reserve expansion visit:

www.wyndham.vic.gov.au/project/jamieson-way-community-centre-and-reserve-master-plan

or email

socialinfrastructure@wyndham.vic.gov.au



YOUR COUNCIL CLOSE TO HOME

Did you know a range of council enquiries and transactions are available such as:

- Council payments
- Kinder enquiries
- Pet registrations
- Rate enquiries and payments

9am—5pm Monday to Friday at the **Point Cook Community Learning Centre** pointcookclc@wyndhamvic.gov.au 8734 0205



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Contact Information

2 9742 0736

Immunisations

The Wyndham City Immunisation Unit provides free public vaccinations against a range of childhood and adult diseases.

Children's Services > Immunisations

Contact: Wyndham Immunisation Team

Sleep and Settling Program

Email: sleepsettling@wyndham.vic.gov.au

🕏 wyndham.vic.gov.au select

Information sessions targeting specific age groups. Bookings essential.

wyndham.vic.gov.au select Children's Services > Maternal & Child Health Services

Maternal & Child Health Appointments

Professional nursing support & advice for parents with children from birth to school age.

First Time Parents Group

Meet friendly local families to talk about your kids & have fun! Share experiences, find advice, give support & make new friends.

Supported Playgroup—Ages 0-5

A playgroup that aims to meet the needs of vulnerable families in our community.

Wyndham City Council - Kindergarten

3 & 4 Year Old Kindergarten Services. Enrol vour child online.

Contact: Child and Family Resource Team

1300 370 567

https://www.wyndham.vic.gov.au/services/ childrensservices

For further information scan to be directed to **Children's Services** Website



LIT IS BACK AGAIN

As the sun goes down, Wyndham Park will be LIT again this March for 13 spectacular and twinkling evenings with all new installations!

Get ready to explore wonderous new landscapes, transformed by brilliant lighting experiences at this free Wyndham City event.

Wednesday - Sunday, 8-24 March 2024 8pm - 11pm Wyndham Park, Werribee A Free Wyndham City event, no ticket required



Early Years Programs & Activities

Footbarbrook Community Contro	Day & Time	Cost	Information
Featherbrook Community Centre	•		
Busy Bees Playgroup Where children learn through play, imagination and creativity all whilst developing social skills. A friendly environment where parents meet new friends too. Suitable for ages under 5 years.	Tuesday 9:00am—11:00am	Fees apply	Monica
Little Kookies Playgroup Children learn through play, imagination, creativity & develop social skills. A friendly environment where parents meet new friends too. Suitable 5yrs & under.	Thursday 9:00am—11:00am	Fees apply	♠ Monica☑ littlekookiesfeatherbrook@gmail.com
Mini Movers—Leisure Networks Mini Movers is a free 30 minute physical well-being program that gives 3-7 year olds the opportunity to try new sports, make friends & grow their confidence.	Fridays 9:30am—10:30am (bookings essential)	No Cost	① Tori ② 03 5224 9972 ☑ tori.honner@leisurenetworks.org
Tiny Tutus Educational pre-school ballet classes promoting fitness and creativity from a young age with the right balance of fun and learning.	Thursday 9:00am—11:30am	Fees apply	① Tiny Tutus☎ 1300 245 060⋈ hello@tinytutus.com.au⑤ tinytutus.com.au
Point Cook Community Learning Centre	Day & Time	Cost	Information
Bilingual Story Time – Chinese & English Children of all ages Join us for 45 minutes of stories, songs and rhymes, and craft in Chinese and English. Meet bilingual families, learn words in another language and help your child develop important language skills.	Fridays (2nd of the month) 9:30am		① Point Cook Library
Baby Time Ages 0–12 months Sing, move and bond with your baby as we share some of our favourite songs and reading tips.	Thursdays 2:00pm Fridays 11:00am	No Cost	For session dates and times please visit: www.wyndham.vic.gov.au/services/
Rhyme Time Ages 1–5 years These 30-minute sessions include stories, songs and rhymes designed to develop early language, literacy and numeracy skills.	Tuesdays & Wednesdays 9:30am Saturdays 10:30am		libraries/early-years/early-years-events- and-activities Programs during school term only
Story Time Ages 3+ These 45-minute sessions include stories, songs and rhymes, and a simple craft activity designed to develop early language, literacy and numeracy skills.	Tuesdays 11:00am Fridays 9:30am (1st, 3rd, 4th of mth)		
FaithKids Playgroup A fun, learning & structured play environment through educational activities & crafts, song & story time for children 4yrs & under during.	Fridays 9:30am—11:30am	Fees apply	 ① Angela Seow ☎ 0422 101 968 ☒ angela.s@faithlifechurch.com.au ⓒ faithlifechurch.com.au
Korean Playgroup Korean mums gathering together with children aged from 0-4 yrs old to be connected & learn Korean in play based environment.	Mondays 12:30pm—3:00pm	\$50 per term	① Lucy Jang☎ 0432 615 542☑ lucyjang0212@yahoo.co.kr
Little Buddies Toy Library Wide range of toys suitable for 0-5 year olds including ride-ons, educational toys, puzzles, games, imaginative play sets, baby toys & more.	Tuesday & Fridays 10:00am-1:00pm Saturdays 9:00am-2:00pm	Fees apply	 ■ 8353 1196 ☑ wlbtoylibrary@bigpond.com ⑤ Littlebuddiestoylibrary.com.au
Mini Movers—Leisure Networks Mini Movers is a free 30 minute physical well-being program that gives 3-7 year olds the opportunity to try new sports, make friends & grow their confidence.	Thursdays 9:00am—10:00am (bookings essential)	No Cost	① Tori ② 03 5224 9972 ☑ tori.honner@leisurenetworks.org

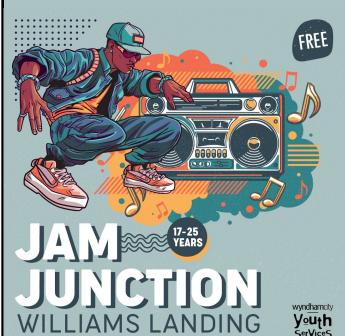
Early Years Programs & Activities

Point Cook Community Learning Centre	Day & Time	Cost	Information
Point Cook Chinese Playgroup Friendly playgroup engaging kids under 5 in music, storytelling, games & craft activities in Chinese (Mandarin). Meet other families. Enjoy indoor & outdoor play. Introduce Chinese to children in a 100% immersion environment.	Mondays 9:30am—11:30am	Fees apply	⊕ Brittany Chen⋈ Brittany.chen1023@gmail.com
Sanctuary Lakes Activity Playgroup A play based playgroup for 0-5 year olds. Activities include story time, music, dance, craft & outdoor play. Can bring your own lunch. Relaxed & social time for parents & children.	Tuesdays 9:30am—11:30am (during school term)	\$50 per family per term	① Karina ② 0414 159 462 ☑ miss_karinee@hotmail.com ☑ slplaygroup@hotmail.com
South Sudanese Junubi Playgroup This playgroup brings South Sudanese families with children between the age of 0-5 years together in a welcoming & safe environment where they can meet other South Sudanese families, share advice & relax while kids play.	Fridays 11:30am—2:00pm (during school term)	No Cost	① Nyadit or Poly ☎ 0434 178 753 ☑ poly.kiyaga@wyndhamcec.org.au
VACCA Koorie Kids Playgroup A great place for children & their Mums, Dads & carers to gather with other Koorie families, make new friends, hear stories, participate on cultural arts & crafts, express creativity & learn about culture.	Tuesdays 12:00pm—2:00pm	No Cost	① Tayla ② 03 8746 2776 ☑ taylas@vacca.org ③ www.vacca.org
Saltwater Community Centre	Day & Time	Cost	Information
Saltwater Playgroup A vibrant playgroup, open to all families. Parents engage and interact with their child, meet other parents and make friends. Facilitated playgroup with moderate routine in place, includes songs and story time preparing the little ones for kinder life.	Fridays 9:00am—11:00am School Term only	Fees apply	① Monica☑ saltwaterccplaygroup@gmail.com
Saltwater Chinese Playgroup For mums, dads, grandparents & carers with kids 0-5years. Come enjoy rhyme & story time and craft activities.	Wednesdays 10:00am—12:00pm	Fees apply	③ Sumei / Meredith☑ swchineseplaygroup@gmail.com
Rhyme Time and Pop-Up Library Join us for Rhyme Time and a special Pop-Up Library every week. Our 30-minute Rhyme Time sessions include stories, songs and rhymes designed to develop early language, literacy and numeracy skills.	Refer to website for current timetable Tuesdays 1:45pm-2:45pm	No Cost	① Saltwater Community Centre ① Wyndham City Libraries ☎ 8734 8999 ③ For session dates and times visit: https://www.wyndham.vic.gov.au/pop-up-library
Lego Club Age 5+ Drop in after school and show off your Lego skills. bookings required.	Tuesdays 2:45pm—3:45pm Monday to Friday		Programs during school term only
Bookshelf at Saltwater Community Centre Wyndham Library members can now borrow from collection at Saltwater Community Centre.	9am –5pm		
Tiny Tutus Preschool Ballet Educational pre-school ballet classes promoting fitness and creativity from a young age with the right balance of fun and learning.	Fridays 9:00am—12:00pm	Fees apply	 a 1300 245 060

Early Years Programs & Activities

Williams Landing Library Lounge	Day & Time	Cost	Information
Bilingual Story Time – Chinese & English Children of all ages Join us for 45 minutes of stories, songs and rhymes, and craft in Chinese and English. Meet bilingual families, learn words in another language and help your child develop important language skills.	Mondays (2nd of the month) 10:30am—11:15am		
Baby Time Ages 0–12 months Sing, move and bond with your baby as we share	Mondays, Thursdays & Fridays		(A Williams Landing Library Launga
some of our favourite songs and reading tips.	2:00pm		₩illiams Landing Library Lounge8734 8999
	Tuesdays 10:30am	No Cost	For session dates and times please visit: www.wyndham.vic.gov.au/services/ libraries/early-years/early-years-events-
Rhyme Time Ages 1–5 years These 30-minute sessions include stories, songs and	Mondays, Wednesdays &		and-activities
rhymes designed to develop early language, literacy	Thursdays		Programs during school term only
and numeracy skills.	10:30am—11:00am		
	9:30am & 11:00am		
Quiet & Calm Story Time Ages 3–5 Join us for Quiet & Calm Sensory Storytime for families with children who have sensory challenges.	Tuesdays 2:00pm—2:45pm		

ATTENTION MUSIC LOVERS!



A free six-week Hip-Hip, RnB & Afrobeats program for young people aged 17-25 years old!

Every Tuesday from 6 February - 12 March, join us at the Williams Landing Library Lounge.

Whether you're a singer, songwriter, or simply love music, Jam Junction is here to help you unlock your creativity.

And the best part? Showcase your creations by performing at our Hip-Hop, RnB & Afrobeats music event in 2024.

Don't miss out! Register now on our website to secure your spot and let's get Jiggy!

Enquiries: 8734 1355

Email: youthinwyndham@wyndham.vic.gov.au

Location: 1/101 Overton Rd Williams Landing VIC 3027

Web: https://www.wyndham.vic.gov.au/form/youth-programs-register-your-int

Education & Training Kids & Adults

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Featherbrook Community Centre	Day & Time	Cost	Information
Abacus 4 Kids Fun and innovative ways for kids to learn speedy mental arithmetic skills using abacus (soroban). Free trial class available.	Mondays to Saturdays Various times Call for details	Fees apply	 Jaslyn 0406 946 069 abacus4kids@gmail.com abacus4kids.com.au
KK Art Art, drawing & Craft lessons for kids 4-8. Classes are designed to be the one stop shop to develop your drawing, painting, colouring & craft making abilities.	Wednesdays 5:00pm—6:00pm	Fees apply	① Katherine ② 0426 187 144 ☑ kkart.classes@gmail.com
Spoken English Classes—Adult Learn to speak spoken English with Nina or Radha. A volunteer led Hubs program. Space limited.	Mondays 9:30am—11:00am Tuesdays 9:00am—10:25am 10.35am-12.00pm	No Cost	① Featherbrook Team☎ 8353 4000☑ featherbrookcc@wyndham.vic.gov.au
WCEC English Conversation Classes—Adult New to English classes in partnership with Wyndham Community & Education Centre.	Thursdays: 9:30am-11:30am	Fees apply	
Wyndham Chess Club Chess lessons and chess club for children aged 6 and over. All levels welcome from beginners to advanced.	Fridays 5:00pm —8:00pm	Fees Apply	 Phil Minichelli 0478 604 601 phil@wyndhamchess.club www.wyndhamchess.club
Point Cook Community Learning Centre	Day & Time	Cost	Information
Abacus Training Centre by Sempoa SIP Enhance children's cognitive skills with ABACUS- based brain training. Acquire mental arithmetic skills in an enjoyable and structured setting, with a tailored curriculum designed to accommodate children of varying skill levels. Free trial class available.	Mondays & Wednesdays 4:30pm—6:30pm Fridays 4:00pm—6:00pm Saturdays 9:00am—11:00am	Fees apply	 ⊕ Hany ☎ 0431 830 359 ⋈ info@sempoasip.com.au ⊕ sempoasip.com.au
AMEP: English Classes Providing basic English classes for newly arrived residents. Level 1 & 2 intermediate.	Monday & Fridays 9:00am-2:30pm Thursdays 9:00am-3:30pm	No Cost	① Wyndham Community & Education Centre ■ 9742 4013 & press 1
AMES Australia: Chinese Bilingual English Classes This class is designed to provide English Language tuition to clients who have very low speaking & listening skills & who would benefit from having a teacher with bilingual English & Chinese language skills.	Thursdays 9:00am—2:30pm	Fees apply	① Nidhi Sharma ☎ 0402 262 237 ☑ nidhis@ames.net.au
Brainworks Helps to develop the potential of students aspiring to reach various goals, including improving their understanding of the school curriculum & preparing for competitive scholarship & selective school exams.	Wednesdays & Thursdays 5:15pm—7:15pm	Fees apply	① Adnan ② 0433 195 110 or 0401 421 115 ☑ pointcook@brainworks.com.au ⑤ brainworks.com.au
Computer Class—Beginners Join us for a fun and interactive 4-week program designed for beginners to learn all about computers. Whether you're a complete novice or just want to brush up on your skills, this in-person event is perfect for you! Bookings required.	Wednesdays 11:30am – 1:00pm (4 weeks starting 7 February)	No Cost	 Point Cook Library ₹8734 8999 For bookings visit: www.wyndham.vic.gov.au/services/ libraries/adults/library-it-programs
Conversational English for migrants Practise your English skills, meet new people, and learn from others.	Fridays 9:00am—11:00am	No Cost	① Point Cook CLC 8734 0205
Conversational English for Chinese speakers Practise your English skills, meet new people, and learn from others.	Wednesdays 9:30am—11:30am		pointcookclc@wyndham.vic.gov.au

Education & Training Kids & Adults

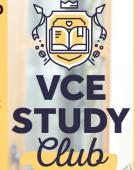
Point Cook Community Learning Centre	Day & Time	Cost	Information
Computer Skills — Next Steps For absolute beginners. This course covers basic computer skills to get you started including an introduction to the Internet, emails, attachments, MS Word and Windows Operating System.	Tuesdays 9:00am—12:00pm		
Introduction to MYOB This is a practical hands-on course designed to teach students about the computerised accounting package MYOB. Includes payroll and BAS.	Tuesdays 12:30pm—3:30pm	\$30 (citizens/ permanent residents)	
Manual Bookkeeping This course is designed for beginners and covers all aspects of bookkeeping including general journals, sales and purchases journals, general ledger, trial balance, profit & loss statements, bank reconciliation and balance sheets.	Saturdays 9:00am—12:00pm		Wyndham Community & Education Centre 9742 4013 https://wyndhamcec.org.au/course-list-pre-accredited/
Computer Skills — Advanced Excel Course designed for those who already know the basics of Excel and who want to consolidate and extend their skills and knowledge. The course includes spreadsheet design, various formatting techniques and use of formulae, using charts and multiple spreadsheets.	Saturdays 12:30pm—3:30pm		all courses are 3 hours 8 weeks
English Conversation Café At English Conversation Café you can practise your English skills, meet new people, and learn from others. This is a great way for you to connect with the community and maybe even make new friends.	Mondays 2:00pm—3:00pm (Limited numbers)	No Cost	 Point Cook Library 8734 8999 www.wyndham.vic.gov.au/adult- events-and-activities
Gunsmart—Firearm Safety Course Safety & information course from Victoria Police. Feel safe around firearms or complete the course certificate so that you can apply for a category A/B firearms licence. Juniors 12-18 years welcome when accompanied by an adult. Course & short exam.	Tuesdays (fortnightly) 7:15pm—9:00pm	\$88 Adults	 ⊕ Gunsmart ☎ 1300 920 900 ⋈ instructor@gunsmart.com.au ⊕ www.gunsmart.com.au
IT Help One on One Do you need some focused support with computers or technology? Free digital training is available. Book	Wednesdays and Thursdays 10:00am – 10:30am	No Cost	① Point Cook Library 2 8734 8999
a One on One IT help session, and our friendly staff will help you. Bookings required.	Online Weekdays 10:00am—11:00am		www.wyndham.vic.gov.au/services/libraries/adults/library-it-programs
Sewing Classes—So & Sew — Beginners This is an introductory course for people wishing to learn how to sew. It will cover how to work with different fabrics, follow simple patters, setup & use a simple sewing machine and make simple items.	Thursdays 6:00pm—9:00pm		
Sewing Classes—Next Stitch — Intermediate An intermediate level sewing course which assumes basic knowledge of using machines. Will cover introduction to overlockers, working with different fabrics and using patterns to make a simple garment.	Tuesdays 8:45am—11:45am Wednesdays 6:00pm—9:00pm	\$40 (citizens/ permanent residents)	all courses are 3 hours 8 weeks ① Wyndham Community & Education Centre ② 9742 4013 ② https://wyndhamcec.org.au/course-
Sewing Classes—All Sewn Up — Advanced Advanced level course which follows on from the "Next Stitch" course. who will already know how to use a basic sewing machine and overlocker. Course includes sewing with stretch fabric and making a more complex article or garment.	Tuesdays 12:15pm—3:15pm		list-pre-accredited/

Education & Training Kids & Adults

Point Cook Community Learning Centre	Day & Time	Cost	Information
South Sudanese Junubi Homework Club Supporting Primary School students from South Sudanese background. Assist children with their school readers & homework.	Mondays 4:00pm—5:30pm	No cost	 Poly 0434 178 753 poly.kiyaga@wyndhamcec.org.au aweeng.deng@wyndhamcec.org.au
Telugu Association of Australia Inc Teaching Telugu language to protect culture & diversity among our children while integrating with the multicultural society of Wyndham.	Saturdays Fortnightly 3:30pm—6:00pm	Fees apply	
Writing Group Ages 18+ Come along to our free writing group for adult writers of all levels of experience. Get your creative juices flowing with exercises designed to inspire and develop your writing skills in a fun and friendly environment.	Tuesdays (4th of the month) 1:30pm—2:30pm	No Cost	① Point Cook Library 28734 8999 ② For session dates and times visit: www.wyndham.vic.gov.au/adult-events- and-activities
Zimbabwean Community in Australia (Victoria) Offering Shona Ndebele language classes to kids & adults.	Saturdays 1:00pm—3:00pm	Fees apply	① Dr Taka Zivave ② 0424 326 267

Join us for our new VCE Study Club

Each month an expert teacher will cover a different VCE topic to help you excel! Topics will be drawn from **English, Maths Methods and Specialist** Maths.



Places are limited & bookings are essential: www.wyndham.vic.gov.au/vce-study-club Ph: 8734 8999

Third Wednesday of every month 4:30pm to 6:30pm **Point Cook Library**



Snacks and refreshments provided.	Cluo		ET SUCK - CHICK
Saltwater Community Centre	Day & Time	Cost	Information
Mathzania Mathzania introduces Vedic Maths Classes which speeds up the calculations and helps scholarship and Selective Entry School Exam. Grade 4 to Grade 10. can appl for 32 classes. Program delivered by Australian Public School Teacher. Students get learning portal with recorded videos notes and weekly assignments.	Saturdays 10:30am to 11:30am	Fees apply	① Vikas Puri 2 0412 411 283 ☐ purivikas021@gmail.com ③ www.mathzania.com.au
Expert Academy With the notion of nurturing and empowering young minds, we provide comprehensive tuitions for students who wish to aspire VCE, NAPLAN/ICAS, selective school exams.	Mondays 5:00pm-7:30pm Wednesdays 5:30pm-7:30pm Fridays 5:00pm-7:00pm	Fees apply	① Gunjan ☎0412378064 ☒ contact@expertsacademy.com.au ② www.expertsacademy.com.au
First Aid Training HLTAID009 CPR \$49.50 HLTAID011 Provide First Aid (Includes CPR) \$84.50 HLTAID012 Provide First Aid in an Education & Care Setting (Includes CPR) \$115.00 HLTWHS005 Conduct Manual Tasks Safely \$99	Mondays 9:00am-1:00pm Wednesdays 9:00am-1:00pm	Fees Apply	① Marie 2 1300 144 838 Book Online www.firstaidhq.com.au
Wyndham Community and Education Centre— AMEP Classes Free English classes for refugees and other eligible migrants	Mondays 9:00am-2:30pm	Free	 ① Wyndham CEC ■ 9742 4013 ☑ enquiries@wyndhamcec.org.au ⑤ https://wyndhamcec.org.au

Fasthanhusel Community Contra			
Featherbrook Community Centre	Day & Time	Cost	Information
Beat Freakz Fitness This is a safe place for women, families, young adults with disabilities, children & the community. Dance fitness in the dark that is suitable for all levels, all shapes, sizes & abilities.	Mondays 6:45pm—7:30pm	Fees apply	 ① Jenna Chaffey ☎ 0424 124 661 ☑ beatfreakzfitness@yahoo.com ⑤ beatfreakzfit.com.au
Amanz Music Classes Guitar and Keyboard lessons for children	Saturdays 9:00am—11:00am	Fees Apply	① Aman Luthra☎ 0405 606148☑ punjabichurcha@gmail.com
Kangatraining Have fun and exercise with your baby while in a carrier.	Fridays 11:15am—12:15pm	Fees Apply	Naomi Cash0413 965 090□ naomikanga21@gmail.com
Let's Dance Point Cook Community social sequence ballroom dancing incl. Cha Cha, Tango, Foxtrot, Waltz & many more.	Sundays 4:30pm –6:30pm	Fees Apply	① Phebe Yeo ☎ 0425 338 832 ☑ phebe@8senses.com.au
Point Cook Dance We aim to inspire, encourage & challenge out students in safe, friendly & nurturing classes. Classes include Pre School Dance, combination for preppies, classical ballet, Jazz & Funk, Hip-Hop, Hip-Hop Boyz, Tap, Contemporary, Acrobatics, Drama & singing. For ages 3 year to teenagers.	Tuesdays, Thursdays, Fridays & Saturdays Times vary. Please see timetable on website	Fees apply	 Mandy □ 0416 679 911 □ info@pointcookdance.com.au ⑤ www.pointcookdance.com.au
Point Cook Girl Guides As the peak organisation for girls aged 5-17, The Girl Guides mission is to empower all girls to become confident, engaged, resilient & responsible community members.	Tuesdays 6:30pm—8:00pm	Fees apply	wyndham@guidesvic.org.au guidesvic.org.au
Rachana Natyalaya One of the prominent places in Melbourne to learn Indian Classical Dance Bharatanatyam, Folk & Bollywood dancing from a qualified dance teacher.	Wednesdays 6:00pm—9:00pm	Fees apply	 ① Archana Koorthy ☎ 0432 161 933 ☒ koorthy@gmail.com ⑤ rachananatyalaya.com
Sahaja Yoga Meditation Teaches a unique method of meditation where participants can achieve a state of balance in just 10 minutes.	Tuesdays 7:30pm—8:30pm	No cost	 ♠ Annie Sarani ♠ 0423 110 875 ⋈ annie.sarani@gmail.com ♠ www.sahajayoga.com.au
Shorinjiryu Karate This karate has elements based n Okinawan Karate with a strong influence from Aikijujutsu, Judo & various Okinawan and Japanese weapons arts. We have junior & adult classes.	Tuesdays 4:00pm—6:30pm	Fees Apply	 Marnie Roberts 0418 564 382 kennankan@hotmail.com www.shorinjiryu.com.au
VIBE Craft for Kids A new DIY creators workshop class for kids aged 8 and above. We aim to expand our students creative outlook by creating and recycling things. The aim of the workshop is to have an end of the year	Thursdays 5:30pm - 7:30pm	Fees Apply	 ① Alpana Chauhan-Virani ☎ 0434 944 074 ☒ alpana24@gmail.com ⑤ www.vibechoreography.com.au
Vibe Choreography "LETS CO-EXIST" Exciting, fun and popular Bollywood, Hip Hop, Jazz Funk dance classes for anyone aged 6 years. If you love to dance, build your confidence & make great friends, enquire with us.	Tuesdays, Wednesday, Fridays & Saturdays Times vary see website	Fees apply	 ♠ Alpana Chauhan-Virani ♠ 0434 944 074 ⋈ alpana24@gmail.com ♠ www.vibechoreography.com.au
Zumba with Gerrina Discover the joy of fitness with our 45 min latin inspired Zumba dance workout. Energize your routine with dynamic dance workouts, boost wellbeing and enjoy a vibrant community atmosphere. Let's dance to health & happiness together.	Fridays 8:00pm—8:45pm	Fees Apply	① Gerrina② 0408 722 307☑ zumbawithgerrina@outlook.com

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Point Cook Community Learning Centre	Day & Time	Cost	Information
Adaah School of Dance Discover the artistry of Kathak semi-classical dance through immersive sessions that encompass intricate techniques & focused breathing exercises. Master enchanting rhythms & delicate footwork, while refining your skills through intricate techniques.	Wednesdays 7:00pm—8:00pm Thursdays 7:30pm—8:30pm	Fees apply	① Sona☎ 0401 437 256☑ adaahschoolofdance@gmail.com
Art Lab Ages 9-15 Calling all artists? Join us for Art Lab & unleash your creativity. School term only. Bookings required.	Fridays (Last of the month) 4:00pm—5:00pm	No Cost	① Point Cook Library
Board in the West—Melbourne Meeples Join us on the first Friday of each month for a night of Board Gaming fun! Open to all ages & experience levels. We'd love to see you there!	Fridays (1st of the month) 5:30pm—11:00pm	\$5 pp \$12.50 per family	
Bollywood Dance Company Melbourne BDC work the with motto of 'Celebrating Dance, Arts, & Culture'. With careers starting in Mumbai, & experience in The Indian Film Industry (Bollywood), Darshan and Sohini bring in their extensive global travel & performance experiences of over 22 years to their teaching.	Mondays 5:30pm—9:30pm	Fees apply	 Sohini / Darshan 0497 757 355 info@bollywooddancecompany.com.au www.bollywooddancecompany.com.au
Breakfast Club @ Stockland Shopping Centre Are you aged between 12-25? Mornings can be tough, even tougher on an empty stomach, start your day with a free breakfast Near Woolworths.	Tuesdays 8:15am—9:00am (During school term)		www.dhameitr
Courtside - Youth Services @Point Cook Ages 12-25 Hang out with our friendly youth workers & meet new friends at Point Cook Town Centre Basketball court.	Thursdays 3:30pm—5:30pm		wyndhamcity Youth SerViceS
Get Psych'd 4 week workshop for young people focusing on self-care, mental health & wellbeing. 12-17 years old. Locations vary across Wyndham—reach out to Youth Services for more information.	Wednesdays 3:30pm—5:30pm	No Cost	 ■ 8734 1355 ☑ youthinwyndham@wyndham.vic.gov.au ⑤ https://www.wyndham.vic.gov.au/services/youth-services
Point Cook Drop In Are you aged between 12-18? Bored & looking for somewhere to hang out after school? Drop in, grab a snack & chill Wednesday afternoons at Point Cook Community Learning Centre.	Mondays 4:00pm—5:30pm		
Brooks School Of Dance Quality dance classes in creative movement, classical Ballet & Jazz for kids ages 3 & up. Taught in a friendly & encouraging environment by experienced dance teachers.	Thursdays 4:30pm—6:00pm Saturdays 9:00am—12:00pm	Fees apply	 ① Ayelet ■ 0430 765 431 ☑ brooksdance@gmail.com ⑤ brooksschoolofdance.com
Chess for All Ages Beginners and experienced players are welcome to join us for Chess at Point Cook Library. Enjoy a game with your friends and meet other Chess enthusiasts in the library!	Tuesdays 4:00pm—5:00pm (During school term)	No Cost	 Point Cook Library ₹8734 8999 For more information: https://www.wyndham.vic.gov.au/whatson/all-ages-chess
Craft & Conversation Ages 18+ Are you a craft lover? Join our monthly program to create a new craft each session. Materials are free, conversation is included, and you can take home your finished project. Bookings required.	Tuesdays (2nd of the month) 1:00pm—3:00pm	No Cost	① Point Cook Library 2 8734 8999 For session dates & times please visit: www.wyndham.vic.gov.au/adult-events-and-activities
Cross Cultural Connection Share & learn cultural customs & traditions, food & recipes passed down by generations and languages.	Tuesdays 9:00am—11:00am	No cost	① Point Cook CLC☎ 8734 0205☑ pointcookclc@wyndham.vic.gov.au 13

Point Cook Community Learning Centre	Day & Time	Cost	Information
Fun & Fitness Gentle Exercise Gentle physical activity program suitable for seniors and all abilities.	Mondays 11:30am—12:30pm Fridays 11:10am—12:10pm	\$6 per session	
Gamblers Anonymous 12 Step Fellowship meeting for compulsive gamblers. Zoom meetings listed on website.	Thursdays 8:00pm—9:00pm	No Cost	\$\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\
Game On! Ages 12-19 years Like gaming? Drop in after school and show off your skills on Nintendo Switch and PlayStation. Beginner to advanced players welcome. No bookings required.	Fridays (1st of the month) 4:00pm—5:30pm (During school term)	No Cost	① Point Cook Library
Inbetweeners Book Club Ages 9-13 years Come along to our book club where you can discover new titles, meet new friends and have fun playing book-themed games! Bookings required	Fridays (Last of the month) 4:00pm–5:00pm	No Cost	 Point Cook Library 8734 8999 For session dates and times visit: https://www.wyndham.vic.gov.au/kids-
Kids Club Ages 5+ Come and join in a different activity every week. Make new friends and have lots of fun. No bookings required	Wednesdays 4:00pm—5:00pm	TWO COST	events-activities Programs during school term only
Melbourne Table Tennis Club Run by Melbourne Table Tennis Club in conjunction with Asian Business Association of Wyndham Inc. Playing & coaching with a main focus on Seniors 55+. Membership fees apply.	Sundays 6:00pm—9:00pm	Fees apply	① Jon Zhang ② 0451 169 850
Multicultural Women Victoria—Women's Circle We facilitate a gathering for local women from diverse backgrounds who may be experiencing feelings of isolation and disconnection.	Fridays (3rd of the month) 12:15pm- 2:00pm	No Cost	Sudha 0432 489 584Shudha-narayan@hotmail.comwww.mwv.org.au
Natyanjali School of Dance All ages Bharatanatyam India's oldest & popular classical dance style encompassing music, rhythm & expression. Strictly adheres to Natyashastra. Traditional Vazhuvoor style of Bharathanatyam.	Tuesdays 6:00pm—8:00pm Thursdays 5:00pm—6:00pm Fridays 5:30pm—6:30pm	Fees apply	 ♠ Anitha Perumal ♠ 0470 177 937 ☒ anititha@yahoo.com ♠ natyanjalischoolofdance.business.site/
Nrityanurupam Dance Academy Step into the world of Kuchipudi dance, where every gesture tells a story. Immerse yourself in the beauty of this classical Indian dance form.	Wednesdays 5:30pm—6:30pm	Fees apply	① Rupa☎ 0472 720 055☑ arupadeviindla@gmail.com
Point Cook Craft Group Bring along your knitting or craft for social interaction with other local community members.	Thursdays 10:00am—12:00pm	No Cost	① Bev ② 0417 324 489
Point Cook Seniors Group Meet for social interaction with other seniors from local area.	Fridays 12:15pm—2:30pm	NO COST	pointcookclc@wyndham.vic.gov.au
Point Cook Table Tennis Join locals for some active fun playing table tennis. Places are limited so book now! Open to all.	Tuesdays 11:00am—1:00pm	No cost	① Point Cook CLC☎ 8734 0205☑ pointcookclc@wyndham.vic.gov.au
Point Cook VIEW Club A leading women's national organisation, providing the opportunity for senior women from all multicultural backgrounds.	Wednesdays (4th of the month) 12:00pm—1:30pm	Fees apply	 ① Catherine Cronin ☎ 0407 726 852 ☑ cath_brian@bigpond.com ℚ view@thesmithfamily.com.au
Point Cook Walking Group People of all ages come join us to discover Point Cook, make new friends, keep fit & healthy.	Mondays—Fridays 9:00am	No Cost	① Bev 20417 324 489 Meet at the Point Cook town centre outside dry cleaners (Coles precinct)

Point Cook Community Learning Centre	Day & Time	Cost	Information
Rainbow Club Point Cook Inc— Arts & Crafts Arts & crafts is a wonderful & inclusive activity for individuals with disabilities. It provides opportunities for self-expression, creativity, & can be adapted to accommodation different abilities.	Tuesdays 4:00pm—6:00pm		
Rainbow Club Point Cook Inc—Performing Arts Lessons for individuals with disabilities. A wonderful & inclusive way to explore self-expression, creativity & physical movement. Specialised support for people living with disabilities, particularly those at risk of being socially isolated. Small class sizes.	Saturdays 11:15am—3:00pm (30 minute classes)	- NDIS Provider	
Salsa In Motion Beginner Cuban Salsa & Bachata, intermediate level Cuban Salsa/Rueda & Bachata dance classes for adults. No dance experience or partner required. Free 25min intro session.	Mondays 6:30pm—10:00pm	Fees apply	① Michael 2 0430 355 888 ☐ info@salsainmotion.com.au
STEAM Builders Ages 5+ Come along to your library every week to design, build and imagine with LEGO and other building materials. No bookings required.	Mondays 4:00pm—5:00pm (During school term)	No Cost	① Point Cook Library☎ 8734 8999② www.wyndham.vic.gov.au/kids-events-activities
Vitamin Love By Diyah Diyah is focused to teach Power Yoga. Teach people to use their body weight for building strength & stamina and improving flexibility. Classes are interactive and fulfilled. Focused on proper body alignments	Tuesdays 6:00am—7:00am Thursdays 6:00am—7:00am	Fees apply	① Diyah☎ 0450 487 876☑ deeptimahajan82@gmail.com
VJ Academy—Soul Space Women's Circle 5 week program. Come together to connect, share stories and be heard in a safe space. Includes meditation, group sharing & movement.	Tuesdays 6 Feb to 5 March 6:00pm—7:00pm		① VJ ② 0435 915 516 ☑ soulspace.journeywithin@gmail.com ③ www.soulspace.org.au
VJ Academy—Dance A combination of exercise & dance for physical & mental fitness & well-being. Dance consists of freestyle movements from Indian blockbuster choreographies.	Wednesdays 7:15pm—8:15pm Tuesdays (from 12 March) 6:00pm—7:00pm	Fees apply	
Weight Watchers A welcoming & safe environment to fulfil your weight health goals. Learn ways for successful & sustainable weight loss and health living.	Saturdays 8:00am—9:00am	Fees apply	① Maria 131 997 Image: maria.mifsud@ww.com www.weightwatchers.com/au/contact
Weight Watchers A welcoming & safe environment to fulfil your weight health goals. Learn ways for successful & sustainable weight loss and health living.	Saturdays 8:00am—9:00am	Fees apply	① Maria☎ 131 997☑ maria.mifsud@ww.com⑤ www.weightwatchers.com/au/contact
Western Gymkhana Club Inc. Western Gymkhana Club aims to bring regular social, recreational, culture, community & wellbeing opportunities to it's member families & local community	Sundays 7:30am—9:00am	Fees apply	① Sudhir 2 0415 661 021 ☐ admin@westerngymkhanaclub.com.au 3 www.westerngymkhanaclub.com.au
Wyndham Chen's Taichi Inc. Specialised training to learners of Chen's style 83 forms of Taichi as a physical exercise to improve participants' health & wellbeing. Including specialised choir & dance programs.	Mondays 7:30am—9:30am Tuesdays 2:30pm—4:00pm Wednesdays 9:00am—11:00am	Fees apply	① Shengyong Guo ② 0426 943 706 ☑ wyndhamchenstaichi@gmail.com ③ www.wechat.com

Point Cook Community Learning Centre	Day & Time	Cost	Information
WynLUG Wyndham LEGO User Group meet to swap building techniques, learn about design, create & share experiences relating to LEGO. All ages welcome.	Sundays 1:00pm—4:00pm (3rd of the month)	Fees apply	wynlug@gmail.com www.wyndhambrickfest.com.au/ wynlug
Yoga for Seniors Yoga for seniors above 55 years for all communities, to support physical and mental wellbeing.	Mondays 4.00pm—5.30pm	No Cost	① Prem ☎ 0430 740 023 ① Point Cook CLC ☎ 8734 0205 ☑ pointcookclc@wyndham.vic.gov.au
Yoga with Gunjan—GIA Yoga The importance of moving the body & stilling the mind as a means of deeper connection with ourselves. Explore our inner self with gentle movements, meditation, breath & postural awareness.	Thursdays 6.30pm—7.30pm	Fees apply	① Gunjan ② 0450 073 627
Zeal Youth & Young Adults—FaithLife Church 12-18 year olds. Discover your purpose and the meaning for life as you explore faith, who is Jesus, & his relevance in your everyday life.	Fridays 6:30pm—9:00pm (except 1st of month)	No Cost	 Pastor Solveig Fabiyanic 3 9108 0350 enquiries@faithlifechurch.com.au www.faithlifechurch.com.au
Zumba Fitness with Zin Monika Fitness & exercise to help improve health, coordination & balance whilst dancing to Salsa, Merengue & Reggaeton. Ultimate fun!	Tuesdays 7:00pm—8:00pm	Fees apply	Monika



SALTWATER ART STUDIO

The studio is a dedicated artist space for creatives in Point Cook & beyond. We have a range of workshops & classes, from Pottery Wheel throwing with Nandita, Craft with Saltwater Crafters, Kids drawing class by Nick, Puddles of colour Art by Jamie, Melbourne Art Academy by Haneet. The studio is equipped with easels & is an open resource for painters & crafters every Friday from 9.30am—3.30pm. No need to book, just bring your project along & enjoy working alongside other creatives. Kiln firing services are available on request. Please contact the Community Centre for more details or to enquire about classes.

Adults Pottery - Wheel Throwing Beginners Class Adult course for beginners to develop skills to create work on the potters wheel. Only 8 students per class, All skill levels are accommodated & welcome. Inclusive of clay, glazes & underglazes.	Tuesdays, Wednesdays Thursdays 6:30pm—9:00pm (7 week courses)	Fees apply Firing costs extra.	 Nandita Nadkarni 0432 266 229 □ nandita@potteryescape.com Website: www.potteryescape.com
Open Studio Not enough space to paint or create at home? Open for anyone to come work on their own projects.	Fridays 9:30am—3:30pm	No cost	 Saltwater Community Centre 8376 5501 saltwatercc@wyndham.vic.gov.au 16

Saltwater Community Centre	Day & Time	Cost	Information
	Day & Time		
Aikido Melbourne West Inc Non-competitive Japanese martial art. Learn techniques in a friendly & enjoyable atmosphere to develop self- confidence, improve balance & coordination while improving your fitness. Suitable for all ages.	Wednesdays 7:30pm—9:00pm Adults Saturdays 9:00am-10:00am Adults 8:00am—10:30am Kids	Fees apply	♠ Andrew Last♠ 0405 330 149⋈ Andrewlast.aikido@gmail.com
Beat Factor Want to be a part of our community drumming group, join us for our weekly beginners drum classes. No experience necessary. Learn Djembe and Samba drumming. Connect with others and create some great rhythms together. Fun, challenging and rewarding. First class free—limited offer.	Thursdays 7:30pm—8:30pm	Fees apply	 nod Pilois 0411 028 077 beatfactor@internode.on.net https://www.beatfactormusic.com/workshops
Bollywood Dance Company BDC aims to get Indian culture and heritage out to the world, in the most admirable way by delivering the best training grounds to all dance lovers across Australia. Our motto is "Celebrating Dance, Arts and Culture"	Mondays & Fridays 5:30pm—8:30pm	Fees apply	⑤ Sohini Banerjee / Darshan Pawar☎ 0497 757 355⋈www.bollywooddancecompany.com.au
CDB Dance We offer a variety of dance classes to the community Ballet, Modern and Contemporary dance, fitness for 3 year olds and up. Our aim is to share our knowledge and love of dance to help your child on their dance journey.	Wednesdays 12:00pm-1:00pm Thursdays 4:30pm-7:00pm Saturdays 8:30am-12:30pm	Fees Apply	 ① Candice Baxter ■ 0468 558 859 ☑ cdbdancesa@gmail.com ⑤ www.cdbdance.com
Heartfulness Yoga and Meditation Yoga and meditation - lots of research is being done to show the effectiveness of these age-old techniques. Heartfulness was is one such system of yoga & meditation that supports self-development, stress management and awakened consciousness through a heart-centred lifestyle. We heartfully invite you to join us for and experiential session	Sundays 8:30am—10:00am	No cost	① Chander 2 0466 788 921 Chander.satyavarapu@volunteer.hear tfulness.org 4 https:heartfulness.org
Japan Karate Association Australia JKA teaches traditional ShotoKan Style Karate a non- aggressive self defence martial art, helps develop strength, coordination & agility and can be practised any time and place by men, women and children. Standards taught are of the highest level in keeping with the technical requirement set by JKA HQ	Tuesdays 5:30pm—8:30pm Saturdays 10:30am—1:00pm	Fees apply	 ⊕ Bryan Zaldarriaga ☎ 0434 483 015 ⋈ bryan.zaldarriaga@jkaaustralia.com.au ⊕ www.jkaaustralia.com.au
Manmohini Indian Dance School Kathak is one of 8th Indian Classical dance from North India, traces roots from the tradition of storytelling, designed to master each aspect of Kathak.	Wednesdays Kids 5:00pm—6:00pm Adult level 2 6:00pm-7:00pm Adult beginners 7:00pm—8:00pm	Fees apply	Daveena Munnee0430 714 273Daveena.munnee@gmail.com
Manmohini Indian Dance School—Kathak Regular classes for Indian Classical Kathak dance style	Thursdays 6:30pm-8:30pm	Fees apply	↑ Mohini★ 0421 084 366✓ mohini@kathakmelbourne.com.au
Melbourne School of Indian Music Unlock the magic of table! Join our table lessons for beginners and advanced learners. Experience the rich rhythms of Indian percussion. Tabla lessons improve rhythm, coordination, concentration and cultural understanding while fostering creativity and a deep appreciation for Indian Music.	Tuesdays 5:30pm—8:00pm	Fees apply	 ① Jay Dabgar ☎ 0430 521 372 ☒ jaydabgar@gmail.com ☒ Website: www.jaydabgar.com

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Saltwater Community Centre	Day & Time	Cost	Information
Soulspace Yoga Yoga classes for children ages 6+. Yoga, asanas, Pranayama, Surya Namaskar and mindfulness techniques.	Tuesdays 4:30pm to 5:30pm Sundays 6:00pm-7:00pm	Fees apply	 ①Vijisha ② 0435 915 516 ☑ vijisha82@live.com ③ https://soulspace.org.au
Tai Chi An art embracing the mind, body & spirit. One of the most effective exercises for health of mind and body.	Tuesdays 9:30am—10:30am	No cost Walk in	① Saltwater Community Centre☎ 8376 5501☑ Saltwatercc@wyndham.vic.gov.au
Vitamin Love By Diyah Diyah is focused to teach Power Yoga. Learn to use their body weight for building strength & stamina and improving flexibility. Classes are interactive and fulfilled. Focused on proper body alignments	Thursdays 6:00pm—7:00pm	Fees apply	① Diyah ☎ 0450 487 876 ☑ deeptimahajan82@gmail.com
Youth Services Drop in Are you aged 12-17 years of age? Join the Youth Services team for Friday nights of fun activities	Fridays 3:00pm—5:00pm	No cost	
Zumba Fitness with Zin Monika Class for adults to promote fun filled physical activity that help improve health & fitness. Zumba also considers other development areas including but not limited to respect, team work leadership, memory building, co-ordination balance etc.	Sunday 10:00am—11:00am	Fees apply	① Monica Sachdeva☎ 0468 320 618☑ monika.au@outlook.com
Williams Landing Library Lounge	Day & Time	Cost	Information
Craft and Conversation Ages 18+ Are you a craft lover? Join our monthly program to create a new craft each session. Materials are free, conversation is included, and you can take home your finished project. Bookings required.	Wednesdays (1 st of the month) 2:00pm—4:00pm	No Cost	 ⊕ Williams Landing Library Lounge ☎ 8734 8999 For session dates and times visit: www.wyndham.vic.gov.au/adult-events-and-activities Programs during school term only
Jam Junction Ages 17 – 25 A free 6 weeks (6 Feb - 12 Mar) recording and song writing program for music lovers. The program will be facilitated by the one & only Deng Tebir who is a well-recognised International RnB & HIP-HOP artist.	Tuesdays 5:30pm – 8:30pm	wyndhamcity Youth SerViceS	 ① Youth Services ☎ 8734 1355 ☑ youthinwyndham@wyndham.vic.gov.au ⑤ https://www.wyndham.vic.gov.au/ services/youth-services
Kids Arts & Craft Ages 5+ Come and join in a different activity every week. Make new friends and have lots of fun. No bookings required. Programs during school term only.	Wednesdays From 3:30pm		
STEAM Builders Ages 3+ Come along to your library every week to design, build and imagine with Lego and other building materials. No bookings required.	Tuesdays From 3:30pm	No Cost	 ③ Williams Landing Library Lounge ☎ 8734 8999 For session dates and times visit:
Lego Club Ages 5+ Come along to your library every week to design, build and imagine with Lego. Hang out with other kids who enjoy Lego! No bookings required.	Mondays From 3:30pm Thursdays From 3:30pm		www.wyndham.vic.gov.au/kids-events-activities Programs during school term
Movie Club All Ages Watch your favourite book titles on the big screen and enjoy the afternoon with your fellow film buffs. No bookings required. All movies are G rated/PG rated	Fridays From 3:30pm		

Featherbrook Community Centre	Day & Time	Cost	Information
Anglican Chinese Mission of the Epiphany Service with fellowship and church service for local community. With a children's Sunday School available. Table Tennis for Seniors	Sundays 4:30pm –7:00pm 7.00pm-9.00pm	No cost	 ③ Yang Cai ☎ 0433 263 086 ⑤ www.ACME.org.au ☒ caiyoungbachel@hotmail.com
Australia India Society of Wyndham Social senior group that meets for festival celebrations and activities including meditation, yoga and games.	Mondays & Fridays 11:00am—1:00pm	Fees apply	◆ Satish Kumar Verma◆ 0478 812 910△ australiaindiasociety@gmail.com
First Born Gospel Church Point Cook Christian Workshop service with praise and worship. Kids, Youth, and Adult Sunday School.	Sundays 1:30pm—3:30pm	No cost	 ◆ Denwardson
Garam Ministry Non-denominational, Indonesian speaking Christian Community endeavouring to show love of Christ in Point Cook focussing on fellowship & unity.	Sundays 10:00am—12:00am	No cost	 ① Albert Gunawan Piter ☎ 0420 731 973 ☑ jonchrispattiasina@gmail.com ⑤ garamministry.org
Great Care Great Care provides in-home and community-based services to people over 65 years living with a disability. We deliver diverse care to diverse Australians.	Wednesdays 11:00am—2:00pm	No cost	① Terefe Aborete☎ 9395 4657☑ admin@greatcare.net.au
Haami Inc A Culturally diverse community group. Youth led Committee. Youth programs for development of skills, fundraising and family gatherings.	3rd Sunday of the Month 7:00pm—10:00pm	Fees apply	Noor Mohammed0406 900 524✓ Haamiinc@gmail.com
Islamic Circle of Australia & New Zealand Faith based volunteer organisation meeting monthly, programs to suit all ages including activities for kids.	1st Saturday on the Month 6:00pm-9:00pm	No Cost	 ③ Saleem Zafar ☎ 0432 266 190 ⋈ saleemzafar@msn.com ⑤ Icandawah.org
Le Petrel Mauritian Seniors Club Inc Seniors gathering with Social Activities	Wednesdays 12:30pm—4:30pm	Fees apply	① Patrick ② 0421 079 740
Lions Club of Point Cook Our not for profit organisation is committed to serving our community. We are a team who enjoy working together on a range projects. Join us today!	3rd Monday of the month 7:30pm-9:30pm	Fees apply	① Lee-Ann ☎ 0474 217 058 ☑ pointcook.vic@lions.org.au
Point Cook Chinese Friendship Association Meet weekly to dance, sing, learn songs and learn English.	Mondays 1:00pm—3:00pm Thursdays 11:30am—3:30pm	Fees apply	◆ Sanhong Zhu★ 0437 310 888☑ zhusanghong123@gmail.com
Point Cook Indian Seniors Group Recreation activities based on significant days of celebrations throughout the year. Collaborating with other groups focusing on health & wellbeing seniors & occasional guest speakers.	2nd Tuesday of Month 12:00pm-2:30pm Fridays 1:00pm-2:30pm	No cost	① Indira ② 0402 458 648 ☑ indiramohan37@gmail.com
Satsang Oceania Inc This group is a non profit institution that operates exclusively for spiritual, religious, social and charitable purposes.	Last Saturday of the month 5.00pm—10.00pm	No Cost	 Pranvesh Das □ 0420 963 646 □ pranveshdas@gmail.com ⑤ Satsangoceania.org
Wyndham Active Youngs @ 55 Inc. A seniors group that focuses on health and wellbeing that welcomes all cultures and backgrounds. Activities include Table Tennis, Yoga, Games & more.	Mon 9:30am-10:30am Tues 9:30am—1pm Fri 9:30am-11:00am	Fees apply	① Jugal Kishor Chhabra☎ 0415 170 155☑ wynactive.featherbrook@gmail.com

Point Cook Community Learning Centre	Day & Time	Cost	Information
FaithLife Church FaithLife is made up with people of all ages & cultures on their journey of faith in Jesus Christ & finding purpose & destiny for their lives. Come to our service & join us afterward at our Guest Lounge area to find out more about us, & stay for a family-friendly meal.	Saturdays 7:00pm—9:30pm	No cost	 Pastor Solveig Fabiyanic 3 9108 0350 enquiries@faithlifechurch.com.au www.faithlifechurch.com.au
Iraqi Cultural Group in Australia Meeting of seniors & community members of a middle eastern background. Provide social & educational support, discuss interesting topics, art performances & general conversation for continuous improvement.	Sundays (2nd of the month) 1:00pm—3:00pm	Fees apply	① Farial Jafar☎ 0422 798 587☑ farial.jafar@gmail.com
Light of Jesus Feast Melbourne West is that place where you are loved. Join us for Holy Mass, praise and worship and an empowering talk on how to live better.	Sundays (4th of the month) 3:00pm—5:00pm	No cost	 ① Kemp Vinson ☎ 0414 401 178 ☒ feastmelbournewest@gmail.com ⑤ www.feast.ph/
Local Spiritual Assembly of the Baha'is of Wyndham Focusing on strengthening ability to build more harmonious, just & prosperous communities. Based on the teachings of the Baha'i faith & open to all.	Saturdays 10:30am—1:30pm	No cost	 ⑤ Shiva or Jenny ☎ 0435 348 755 / 0430 568 735 ☒ shivachouhann@gmail.com ⑥ bahai.org.au
Luzviminda Association of Filipino Women Group of Filipino women 55 years and above, whose aim is to promote & showcase different Filipino Cultural Dances. Aims to empower, develop skills & build confidence.	Saturdays 3:00pm—5:30pm	No cost	① Belen ② 0414 327 475 ☑ mabelle_122451@yahoo.com
Melbourne Yangtze Choir Chinese Community Choir that dance, drum & sing in both English & Mandarin. Great way to learn English & improve musical skills.	Tuesdays 1:00—2:30pm Wednesdays 12:00pm—2:00pm	Fees apply	① Mei ☎ 0432 669 379 ☑ yangtzechoir@gmail.com
Migrant Resource Centre Northwest Region Provide support to the socially isolated seniors from Indian background. Provides socialisation, activities, information session, exercise & excursions.	Thursdays 10:00am—3:00dpm	No cost	① Atarjit☎ 0401 116 972☒ atarjit_b@mrcnorthwest.org.au
One Faith Reformed Evangelical Church We are a church in Point Cook with multi-cultural background (Chinese and English congregation) where our people come from Hong Kong, China, Malaysia, Indonesia, Taiwan, Vietnam & others as well as local Australians. We learn, we serve, & we grow together. There is Sunday school for children on Sunday.	Wed 8:00pm-9:00pm Fridays 8:00pm—10:00pm Saturdays (fortnightly) 3:30pm—5:30pm Sun 9:00am—1:00pm (HK Family Support 1:00pm—4:00pm)	No cost	① Ps. Simon Cheng / Liyuan Liu 20422 770 616 / 0433 710 678 info@onefaith.org.au onefaith.org.au
Point Cook Chinese Friendship Association Calligraphy & painting program for members.	Mondays 9:00am—11:00am	Fees apply	① Sanhong Zhu☎ 0437 310 888☑ zhusanhong123@gmail.com
SAI Organisation of Australia Teaches human values to children aged 5-18 years. A spiritual organisation helping the younger generation pursue their spiritual growth by plugging into the Divinity within.	Sundays 10:00am—12.00pm	No Cost	① Vidya ② 0401 959 174 Image: Mommena@yahoo.com

Point Cook Community Learning Centre	Day & Time	Cost	Information
Seventh Day Adventist Intergenerational worship service, fundraising concerts, free community dinners, educational program on parenting, relationships, health, natural remedies etc.	Saturdays 3:00pm—6.00pm	No Cost	① Danijela Trajkov☎ 0423 371 841☑ danijelatrajkov@adventist.org.au
Sewa International Indian seniors wellness group aimed at encouraging independence through yoga & social interaction.	Sundays (1st & 3rd of month) 1:00pm—4:00pm	No cost	① Vijay Kumar☎ 0426 971 901☑ vijayjeevanchopra@gmail.com
South Sudanese Junubi Social Group The South Sudanese Social Group is aimed at getting community members to meet and socialise but also talk about issues that are impacting the community.	Saturdays 1:30pm—3:30pm	No cost	 ① Aweeng or Poly ☎ 0403 523 428 or 0434 178 753 ☒ aweeng.deng@wyndhamcec.org.au ☒ poly.kiyaga@wyndhamcec.org.au
United Muslims Residents Association Jummah Prayer. Muslim based faith group that meet weekly for their Friday prayers. **New Dunnings Road location starting 12 January 2024**	Fridays ** 1:30pm at Dunnings Road Reserve 29 Kingsley Avenue Point Cook	No cost	① Mohammad
	Fridays 2:15pm at Point Cook CLC 1-21 Cheetham Street Point Cook		
Wyndham Chinese Cultural Promotion Group Helps migrant seniors settle & connect with others. Activities include art, craft, calligraphy, music,& Tai Chi	Mondays 9:00am—3:00pm	\$20 per annum	① Julia Zhu☎ 0402 529 989☑ wccpipointcook@gmail.com
Saltwater Community Centre	Day & Time	Cost	Information
Christ New Creation We are a non-denominational and full gospel Christian Church group. Our Sunday service is conducted in English. We welcome everyone from different backgrounds to come worship with us. We have Sunday school for kids, aged 3-10. Outside of Sunday, we have different support groups, visiting and praying for the sickly, Bible studies, and Youth groups.	Sundays 2:30pm—5:00pm	No Cost	① Dennis 2 0416 850 191 ☐ dennis.ferrer@hotmail.com
CWA Point Cook Branch We meet with the goal of friendship, aim of helping our local and wider community. Our fundraising activities range from sausage sizzles to selling scones, cakes, jams and preserves at local events. We also have members who knit and crochet or local charities.	3rd Thursdays Monthly 7:00pm—9:00pm	Annual CWA Membership Fees	① Lesley Turton ② 0497 652 622 ☑ grannylesley50@gmail.com ③ cwaofvic.org.au
Faith Harvest Worldwide Ministries Inc A Christian Organisation that focus on serving and working for God and building individuals lives, family, the young generation through the word of God to be better and positive life changing people and strengthening their spiritual relationship with god through our Sunday services.	Sundays 11:00am—2:00pm	No cost	① Esther Martha Gonkarnue☎ 0434 791 326☑ thomsonesther06@gmail.com

Saltwater Community Centre	Day & Time	Cost	Information
Indian Catholic Cultural Group We love bringing together Indian Catholic families from around the world. A place to meet, connect and make new friends. A good platform for our youth to get involved and stay connected with our culture. Non- Catholic, Non-Indian family members are welcome.	13 July 5 October 7 December	Registration Compulsory	◆ Fiona / Jackie✓ Indiancatholicculturalgroup@gmail.com
Multicultural Women Victoria Ministries Inc We facilitate a gathering for local women from diverse backgrounds who may be experiencing feelings of isolation and disconnection. Join us for our Global Kitchen & Women's Circle.	11am-1pm	Free	 ① Sudha Narayan ☎ 0432 489 584 ☑ shudha-Narayan@hotmail.com ② www.mwv.org.au
Point Cook Royals Various activities including yoga, singing, dancing, cultural festival celebrations, poem reciting & educative seminars.	Thursdays 11:00am— 2:00pm 3rd Saturday monthly 6:30pm—9:30pm	Fees Apply	① Rajendra☎ 0479 115 930☑ rajk3006@gmail.com
Seniors Journey Connecting Mandarin speaking seniors living in Point Cook. Participate in activities such as cultural dancing, mahjong, poker, social dancing, taichi, cultural discussion.	Monday & Tuesdays Weekly 9:00am—12:00pm	Fees Apply	① Fong② 0410 177 250☑ seniorsjourney@gmail.com
Saltwater Craft Group Let's come together and get creative. Bring in your own projects to work on, patchwork, quilting, embroidery, knitting, crotchet, sewing. All skill levels are welcome.	Mondays 9:30am-11:30am	No cost	① Saltwater Community Centre☎8376 5501☒ saltwatercc@wyndham.vic.gov.au
Saltwater Indian Seniors Group Lets get social, make new friends, play some games & have some laughs over a cuppa. Visiting parents & grandparents are welcome.	Tuesdays 2nd & 4th Tuesday 11:00am—2:00pm Bookings essential!	No cost	① Saltwater Community Centre28376 5501☑ saltwatercc@wyndham.vic.gov.au
Saltwater Gardeners Group Committed to sustainability & growing their own produce through edible gardening. A great place to connect with others in the community & learn.	1st Sunday Monthly 9:30am Tasks are assigned	Fees Apply	① Kim Pastore☑ saltwatergardenchampions@gmail.comAll experience levels are welcome.
Western Gymkhana Club Inc WGC is a Not-for-profit cub. It aims to bring regular social, recreational, cultural, community and wellbeing opportunities to its member families and local community.	2nd Saturdays Monthly 6:30-pm- 9:30pm	Fees Apply	① Sudhir Juneja ② 0415 661 021 ☑ admin@western.gymkhanaclub.com.au ② www.westerngymkhanaclub.com.au
Wyndham Chinese Happy Life Association Inc Promotes mental & physical health in Chinese seniors. Volunteers teach dancing, Tai Chi, square dancing, bowling, cooking, table tennis & gardening.	Wednesday 12:30pm—4:00pm Fridays 12:30pm—3:00pm	Fees Apply	① CK Wong 2 0468 337 688 ☐ cheekeong46@gmail.com

Upgrading Saltwater Community Centre

The upgrade works at Saltwater Community Centre are coming along nicely. We are still anticipating the centre improvement to be completed in this year. We apologise for the disruption and thank you for your patience while these essential works are being undertaken.

For any enquiries, please email either:

Chris.Grudnik@wyndham.vic.gov.au or Stephanie.Dimitrio@wyndham.vic.gov.au

Supports & Services

Featherbrook Community Centre	Day & Time	Cost	Information
Justice of the Peace Document Signing Station by appointment only.	Mondays, Wednesdays & Fridays Pre-Booked Appts	No Cost	① Dr Shardul Arora ② 0434 680 022 ③ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○ ○
Extended Families My Time Point Cook is a support group for parents and carers to connect with others facing similar challenges in caring for a child with disabilities.	Wednesdays 10:30am—12.:30pm	No Cost	① Nghi Trinh ② 0416 173 484 ② https://www.extendedfamilies.org.au/ ☑ nghi.trinh@extendedfamilies.org.au
Mind Australia This support group provided the opportunity to meet new people, conversations on self care and explore gently meditation.	Tuesdays 12:30pm—2:30pm	No cost to eligible clients	① Sabrina Salvaggio☎ 0400 206 193☒ ssalvaggio@mindaustralia.org.au
Jamieson Way Community Centre	Day & Time	Cost	Information
JWCC Food Relief Program Referrals welcome	Tuesday Contact for collection details	No cost	① Jamieson Way Community Centre☎ 9395 3777☒ admin@jamiesonwaycc.org.au
Point Cook Community Learning Centre	Day & Time	Cost	Information
Community Connector Wyndham Council has a dedicated team who can help you find and connect with local service options. If you need support, but are unsure of where to start, please reach out.	Thursdays 9:00am—5:00pm	Appt preferred but not necessary	communityconnector@wyndham.vic.gov.au 8734 4514 and ask to speak to the Community Connector.
Justice of the Peace Document signing station in the library.	Wednesdays 6:00pm—7:45pm	No Appt required	① Point Cook Library 2 8734 8999
Saltwater Community Centre	Day & Time	Cost	Information
Justice of the Peace Services JP can provide— Attesting the execution of a document, witnessing a statutory declaration, witnessing an affidavit for use in court, certifying true copies of an original document, certifying a person's identity. Appointment required for more than 10 documents. Walk-ins welcome, expect wait time.	Mondays, Wednesday & Friday 11:00am—1200pm	No Cost	① Patricia Hume ☎ 0419 958 665
Wyndham Young Stroke Network Share Support Encourage—Informal social meet-up for survivors and carers aged 55 and younger.	ТВА	No Cost	⊕Bob■ 8376 5501□ saltwatercc@wyndham.vic.gov.au
Men's Peer Support Group in West Melbourne Area Migrant/Refugee men's health & well being circle. Men's peer support group. Discuss mental health, well-being, physical health, employment and family violence.	1st Thursday Monthly 6:30pm—8:30pm	No Cost	iPrince Kennett ② 0415 259 594 ☑ prince.kennett19@gmail.com ③ https://redefinecouncelling.com.au



Embrace eco-friendly fashion, uncover hidden treasures, swap styles and snag some amazing preloved bargains at this special preloved market and swap event. Every purchase supports a more sustainable future.

Date: Saturday 2 March Time: 10am-2pm

Location: Kelly Park, Werribee City Centre

wyndham.vic.gov.au/whats-on

Support & Services

Free Youth & Family Counselling

Available to young people aged 12 – 25 who live, work, study or recreate in Wyndham. Youth focussed and centred support is also available to parents and carers **WE OFFER:**

- Up to 2 free sessions
- · Connect you to local Specialist and Psychologists

Available for children aged 8-11 and their parents or carers WJP seeking primary and early intervention counselling.

WE OFFER:

- Up to 10 free individual counselling sessions
- Up to 10 free family group counselling sessions
- Connect you to specialists, including bulk billing (free) psychologists



Visit our website or call 8734 1355 for more information www.wyndham.vic.gov.au/counsellingsupport





COMMUNITY CONNECTOR

Support - Inform - Connect

Wyndham's City Community Connectors are available to assist all residents in our community to access the services they need and empower them to make informed decisions. The Community Connector team can provide specific information and referral/s to local supports & services tailored to meet the needs of the individual. Some of the services may include:

- Information and assistance accessing services for e.g. My Aged Care, NDIS, HACC PYP
- Links to social support and community groups/ activities
- Information and referrals for emotional support, counselling, food relief and material aid
- Advocacy support and information



Community Connectors will be available at these Community Learning Centres:

- Moses THURSDAY 8:00am to 3:30pm
 Point Cook Community Learning Centre
- Melissa WEDNESDAY 8:00am to 5:00pm
 Tarneit Community Learning Centre
- Mellina FRIDAY 8:00am to 5:00pm
 Manor Lakes Community Learning Centre

We have specialist Ageing Well Connectors available to support older residents and their families.

Call 8734 4514 and ask for a Community Connector or email communityconnector@wyndham.vic.gov.au Interpreter Services can be organised on request.

<u>Community Breakfast Program - Drop in</u> FREE breakfast (toast, cereal, fruits) for all community members. Drop in and join us for breakfast. (Children must be supervised and attend with an adult). Operating during school terms only.

Day/Time: Thursdays 8am-9:30am (during school term only) **Address**: Dianella Community Centre, 6 Congo Drive, Tarneit **Phone**: 8742 8300 **Email**: dianellacc@wyndham.vic.gov.au

<u>Central Park Community Foodbank – Run by Project Juan</u> Community Food Bank

Day/Time: Tuesdays 9:30am-11am Address: Central Park Community Centre, 80 Lonsdale Circuit, Hoppers Crossing

Phone or text: Aljeenne on 0481 316 477 Email: projectjuan@ccmaustralia.org

Facebook https://www.facebook.com/ProjectJuan.org/

Comfort Care Foodbank

Day/Time: Thursdays 12:00noon-2:00pm Address: Unit 10, 20 Prosperity Street, Truganina

Phone: 1300 225 884 Website: www.comfortcarefoundation.org

Food Bank Manor Lakes Providing food items to people in need. Day/Time: Wednesdays (during school term only) 12pm -1:30pm

Address: Manor Lakes Community Learning Centre, 86 Manor Lakes Boulevard, Manor Lakes

Email: foodbank@newstart.org.au Facebook: https://www.facebook.com/community.food.assistance/

<u>Hoppers Crossing Equip Church</u> Drive through food bank provides fresh & non-perishable food items to individuals and families from all walks of life.

Day/Time: Wednesdays from 9am until stock lasts. Address: 147-155 Hogans Road, Hoppers Crossing

Phone: 9748 9177 Email: equipcommunityservices@swcc.org.au

Support & Services

Jamieson Way Food Relief Program Food relief runs weekly to community members in need. Bookings essential, no walk ups.

Contact us directly to make special requests around dietary requirements

Day/Time: Tuesday 11:30am-1:30pm Address: Jamieson Way Community Centre, 59 Jamieson Way, Point Cook

Phone: 9395 3777 Email: admin@jamiesonwaycc.org.au

<u>Life Community Kitchen</u> Email: communitykitchen@lifeau.org

All Welcome—gathering around a meal to provide families and individuals support and relief. Free Hot Dinner, Bookings not required

Day/Time: Monday 6.00pm – 8.00pm **Address: Arndell Park Community Centre** 29 – 49 Federation Blvd, Truganina **Day/Time:** Tuesday 6.00pm – 8.00pm **Address: Tarneit Community Learning Centre** 150 Sunset Views Blvd, Tarneit

Point Cook Food Bank Available to all members of the community, no questions asked. Provide your own bags if possible.

Day/Time: Sundays 1pm-3pm Address: Cross Culture Church, 7 Adelphi Boulevard, Point Cook (near Alamanda entrance)

Email: foodpantry@crossculturepointcook.net.au or https://crossculturepointcook.net.au

Or contact via Facebook: https://www.facebook.com/pointcookfoodbank/

Pulse With Purpose Dianella Community Centre Halal friendly meals for vulnerable families, BYO containers. Pre orders welcomed

Day/Time: Tuesday 1pm-2:30pm **Address**: 6 Congo Drive, Tarneit **Phone**: Musarrat 0404 548 254 **Email**: pulsewithpurpose@gmail.com

<u>Restoration Outreach – International Ministries Inc.</u> Free food for struggling families and people in need. Fresh food, Frozen food, Dry food, Food Hampers, Fresh Fruit, Vegetables

Day/Time: Saturday 9:00am - 12:00pm Address: 5/13 - 19 Tariff Court, Werribee Phone: 0411 757 174, 0470 571 109, 0492 425 473

Salvation Army - Community Support and Emergency relief programs. Address: 211 Watton St, Werribee Phone: 9731 1344

Emergency Relief - If you find yourself in difficult circumstances, access short-term financial assistance in the form of food parcels & vouchers. Phone assessment required.

Day/Time: Monday, Tuesday, Wednesday and Thursday 9:30am-2pm.

Drop in service - Offer free Tea and Coffee, hot showers and clothes washing facilities for people experiencing homelessness

Day/Time: Monday to Friday from 9am – 5pm

Salvos on the move Bus - Free BBQ tea (gold coin gratefully accepted).

Day/Time: Weekly on Friday Nights at 6pm. Address: Werribee Railway Station (Bus Side).

<u>Sikh Community of Western Victoria</u> Cooked vegetarian meals. Call to arrange.

Day/Time: Everyday 10.00am – 8.00pm Address: 560 Davis Road, Tarneit

Phone: Gurpreet Singh 0422 025 217, Sandeep Singh 0433 003 309, Pritam Singh 0421 138 113

<u>Tarneit Foodbank</u> run by the Epiphany Church to support community members of all ages. No referrals needed. Includes fresh food, frozen food & dry goods. **Day/Time:** Every Tuesday 10.30am-11.30am **Address:** Penrose Promenade Community Centre, 83 Penrose Promenade, Tarneit **Phone:** 8734 4500 **Facebook:** https://www.facebook.com./TarneitFoodBank/

<u>Werribee Baptist Church – Food Hampers</u> Contact to book for interview appointment. If you don't have transport, an interview can be made by phone and the food hamper can be dropped off at your home.

Day/Time: Tuesday or Friday afternoon, between 1pm – 3pm Address: 225 Heaths Road, Werribee Phone: 9749 3166

<u>Uniting Wyndham</u> Food parcels & food vouchers for people with little to no income. Can also assist with other material aid (like clothing/bedding) by specific request. Provided by appointment only.

Day/Time: Monday to Friday 10am to 2pm. Food assistance via phone appointments 10am-2pm

Address: 1 Duncans Road, Werribee (enter via Watton Street) Phone: 9051 2000 Email: wyndham.reception@vt.uniting.org

<u>Wyndham Park Community Centre Foodbank</u> Has cultural appropriate food. Small \$2 contribution paid on the day (which goes towards ongoing cost of the program), BYO bags. Includes fresh food and dry goods.

For Werribee and Hoppers Crossing residents only Day/Time: Every Thursday 9.30am to 12.00pm, call beforehand.

Address: 55-57 Kookaburra Avenue, Werribee Phone: 03 9742 7298 Email: admin@wyndhamparkcc.com.au

<u>Wyndham Youth Services Foodbank</u> The service is available for young people of 12-25 years who are struggling and need assistance. Includes baby items, formula and nappies if in stock. Call to arrange a pick up

Day/Time: Monday to Friday 9am-5pm, Address: Youth Resource Centre, 86 Derrimut Rd, Hoppers Crossing Phone: 8734 1355



Featherbrook Community Centre

Jamieson Way Community Centre

Point Cook Community Learning Centre

Saltwater Community Centre

Williams Landing Library Lounge

33—35 Windorah Dr, Point Cook
59 Jamieson Way, Point Cook
1-21 Cheetham Street, Point Cook

1-21 Cheetham Street, Point Cook
153 Saltwater Promenade, Point Cook
1/101 Overton Rd , Williams Landing

8353 4000

9 9395 3777

8734 0205

8376 5500

8734 8999