

THE BUZZ

NEWSLETTER



Community Centres of Point Cook

Term 4, 2023

COMING IN OCTOBER!

Victorian Seniors Festival 2023











More than
1.5 million
people aged over
60 call Victoria
home

Now in its 41st
year, attracting
over 100,000
seniors



Get active, try
something new,
meet new people
& sample what's
on offer

Event goes across the state can expect concerts & live music to dances, exhibitions, film festivals & activities – the festival promises something for everyone. At Wyndham there are host of activities & events across the municipality. See page two for a list of what's happening in your local community centre, or scan the bar code to see activities across Wyndham.

| | | | |
|--|--------------------------------------|-------------------------------------|---|
|  | Featherbrook Community Centre | 33—35 Windorah Dr, Point Cook |  8353 4000 |
|  | Jamieson Way Community Centre | 59 Jamieson Way, Point Cook |  9395 3777 |
|  | Point Cook Community Learning Centre | 1-21 Cheetham Street, Point Cook |  8734 0205 |
|  | Saltwater Community Centre | 153 Saltwater Promenade, Point Cook |  8376 5500 |

Victorian Seniors Festival 2023



Walking Group

Mondays 9am
@ PointCook

My Cultural Tea Pot

Tuesday 24/10
@ Featherbrook

Point Cook Craft

Thursday 10am
@ Point Cook

JamWay Chatty Café

Monday 2/10
@ Jamieson Way

Bollywood Dance

Wednesday 18/10
@ Point Cook

Sketching with Haneet

Thursday 12/10
@ Saltwater

Mobile Devises

Thursday 26/10
@ Featherbrook

Gardening Pot decorating

Monday 23/10
@ Saltwater

Bus Trip

Wednesday 11/10
@ Jamieson Way

Beat Freakz Disco

Thursday 19/10
@ Saltwater

JamWay Chatty Café

Monday 16/10
@ Jamieson Way

Point Cook Social Group

Fridays 12:15pm
@ Point Cook

Scan me to see
what's on offer in
Wyndham



Shane Tindal

Arthur Talk
Wednesday 25/10
@ Point Cook

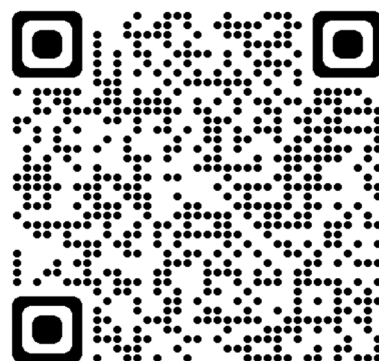
My Cultural Tea Pot

Tuesday 31/10
@ Featherbrook

Computer Skills

Thursday 26/10
@ Point Cook

Scan me to see
what's on offer in
Victoria



To support Victorians with joining the festivities, Victorian Seniors Card holders can enjoy eight days of free public transport throughout Victoria from 1 to 8 October 2023. Free travel will be available across all metropolitan services, V/Line train and coach services, and selected regional bus services outside of the myki-enabled area.

A Victorian Government initiative to support & celebrate their diverse contributions

THANK YOU!

In the lead up to Homelessness Week (7-13 Aug) Wyndham City Council coordinated a donation drive (toiletries, food, underwear, blankets & towels). Once the donations were received the community had an opportunity to attend a morning tea at the Manor Lakes Community Learning Centre or a dinner at the Dianella Community Centre whereby they assisted with packing the donated items into Dignity packs. As a result of the donations received Dignity packs were created. Along with the morning tea & dinner, Council hosted a movie screening; "Undercover" (documentary about Australia women over the age of 50 experiencing homelessness) along with a light lunch with a panel discussion at Point Cook Community Learning Centre.

Approximately 280+ community members attended the events across 3 community centres. These events included presentations from H3 Alliance representatives (Unison, Uniting and others), HAAG representatives, Council Community Connectors, Youth Services & guest speakers who spoke of their lived experience with homelessness & of the local issues. We were blown away with the generosity from the community, local organisations, businesses & community groups who donated so many personal care items & food & as a result over 300+ Dignity packs were created & distributed to all Wyndham Community Centres, these are now available for the community to access. Thank you all!



ACKNOWLEDGEMENT OF COUNTRY

Wyndham City Council recognises Aboriginal and Torres Strait Islander peoples as the first nation peoples of Australia. We acknowledge the Bunurong and Wadawurrung Peoples as Traditional Owners of the lands on which we provide community services.

The Wadawurrung and Bunurong Peoples have and always will belong to the Werribee Yalook (river), creek, stars, hills and red clay of this country. We pay respect to their Ancestors and Elders who always have and always will care for Country and community today and for future generations.



YOUR COUNCIL CLOSE TO HOME

Did you know a range of council enquiries and transactions are available such as:

- Council payments
- Kinder enquiries
- Pet registrations
- Rate enquiries and payments

9am—5pm Monday to Friday at the
Point Cook Community Learning Centre
pointcookclc@wyndhamvic.gov.au 8734 0205



🚀 Welcome to our **STEM LEARNING** program with **Witblox & Scratch!** 🤖 **THINK CLICK LEARN!** ⚡💡🇦🇺

Block programming for 8 to 12 year olds. Get ready to embark on an exciting journey into the world of **SCIENCE, TECHNOLOGY, ENGINEERING, & MATH**. Build & program steam machines. With our 4 week Basic coding program, you'll turn your ideas into reality, build robots, & unleash your creativity! Let's explore, innovate, and have a blast while learning the language of the **FUTURE - CODE!**
#STEMEducation #CodingFun #WitbloxAdventure.

The program is offered at the Point Cook Community Learning Centre, Tuesday 5-7pm.
Don't miss out, contact Joe Ferlazzo on 0402 813 690 or email joe@growwithjoe.org



16 Days of Activism

25th Nov - 10th Dec

Join the movement to prevent violence against women


The 16 Days of Activism against Gender-Based Violence is an international campaign led annually by UN Women. Communities around the world participate to join the call for the prevention and elimination of violence against women and girls. It occurs every year from 25 November (the International Day for the Elimination of Violence Against Women) to 10 December (Human Rights Day). In 2023, Respect Victoria is funding community organisations to join the campaign in local areas across the state.



This 16 Days of Activism and beyond, let's change the story and create a future where we are all safe, equal and respected.



Early Years Programs & Activities

| Various Locations & times | | Contact Information | | |
|---|---|---|--|--|
| Immunisations The Wyndham City Immunisation Unit provides free public vaccinations against a range of childhood and adult diseases. | Contact: Wyndham Immunisation Team ☎ 9742 0736 🌐 %20Immunisations">wyndham.vic.gov.au_select/Children's Services > Immunisations | | For further information scan to be directed to Children's Services Website  | |
| Sleep and Settling Program Information sessions targeting specific age groups. Bookings essential. | Email: sleepsettling@wyndham.vic.gov.au 🌐 %20Maternal%20&%20Child%20Health%20Services">wyndham.vic.gov.au_select/Children's Services > Maternal & Child Health Services | | | |
| Maternal & Child Health Appointments Professional nursing support & advice for parents with children from birth to school age. | Contact: Child and Family Resource Team ☎ 1300 370 567 🌐 https://www.wyndham.vic.gov.au/services/childrensservices | | | |
| First Time Parents Group Meet friendly local families to talk about your kids & have fun! Share experiences, find advice, give support & make new friends. | | | | |
| Supported Playgroup—Ages 0-5 A playgroup that aims to meet the needs of vulnerable families in our community. | | | | |
| Wyndham City Council - Kindergarten 3 & 4 Year Old Kindergarten Services. Enrol your child online. | | | | |
| Featherbrook Community Centre | | Day & Time | Cost | Information |
| Busy Bees Playgroup Where children learn through play, imagination and creativity all whilst developing social skills. A friendly environment where parents meet new friends too. Suitable for ages under 5 years. | | Tuesday 9:00am—11:00am | Fees apply | 📞 Monica ✉ busybeesfeatherbrook@gmail.com |
| Little Kookies Playgroup Children learn through play, imagination, creativity & develop social skills. A friendly environment where parents meet new friends too. Suitable 5yrs & under. | | Thursday 9:00am—11:00am | Fees apply | 📞 Monica ✉ littlekookiesfeatherbrook@gmail.com |
| Tiny Tutus Educational pre-school ballet classes promoting fitness and creativity from a young age with the right balance of fun and learning. | | Thursday 9:00am—11:30am | Fees apply | 📞 Tiny Tutus ☎ 1300 245 060 ✉ hello@tinytutus.com.au 🌐 tinytutus.com.au |
| Jamieson Way Community Centre | | Day & Time | Cost | Information |
| Cookie Kids Messy Sensory Play—Children's Week Ages 1—5 yrs. dress for mess! Ooey, gooey, fun filled activities. | | Wednesday 25th October 1:00pm—1:45pm | No Cost | 📞 Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au |
| DPR School of Dance Mummy & Me 18 mths-3yrs Intro to dance, Movement & music for parents & bubs, Baby Ballet & Tiny Tappers 3-5 yrs Dance, Acrobatics & Drama 5+ Jazz, Hip Hop, Ballet, Contemp, Tap, Acrobatics, Drama, Boys & more! | | Contact for days & times for all available class times, days and styles | Fees apply | 📞 Bree ✉ bree@danceeperformrepeat.com.au |
| Cookie Kids Playgroup Babies to 5yr. Parents get to stay in the room. Provides play time & social interaction for children in a relaxed & supportive environment. | | Wednesday 9:30am—11:30am | \$65.00 family/term includes insurance | 📞 Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au |
| Lightpoint Church Playgroup Playgroup for families | | Friday 12:00pm—2:00pm | Fees apply | 📞 Estelle 0428 335 427 ✉ est.bouwer@gmail.com |
| Safe Seats, Safe Kids FREE child car restraint fittings & safety checks Hosted by Kidsafe Victoria in partnership with Neighbourhood Houses Victoria, & Vic State Govt | | Monday Fortnightly 10:00am—2:00pm | No Cost Bookings required | 📞 Book online 🌐 https://safeseatssafekids.com.au/venues-mec/ |

Early Years Programs & Activities

| Point Cook Community Learning Centre | Day & Time | Cost | Information |
|--|--|--------------------------|--|
| Bilingual Story Time – Chinese & English Children of all ages Join us for 45 minutes of stories, songs and rhymes, and craft in Chinese and English. Meet bilingual families, learn words in another language and help your child develop important language skills. | Fridays (2nd of the month) 11:00am | No Cost | ⓘ Point Cook Library ☎ 8734 8999 For session dates and times please visit: www.wyndham.vic.gov.au/services/libraries/early-years/early-years-events-and-activities Programs during school term only |
| Baby Time Ages 0–12 months Sing, move and bond with your baby as we share some of our favourite songs and reading tips. | Wednesdays 11:00am Fridays 1:30pm | | |
| Rhyme Time Ages 1–5 years These 30-minute sessions include stories, songs and rhymes designed to develop early language, literacy and numeracy skills. | Tuesdays & Wednesdays 9:30am Saturdays 10:30am | | |
| Story Time Ages 3+ These 45-minute sessions include stories, songs and rhymes, and a simple craft activity designed to develop early language, literacy and numeracy skills. | Tuesdays & Fridays 11:00am | | |
| FaithKids Playgroup A fun, learning & structured play environment through educational activities & crafts, song & story time for children 4yrs & under during. | Tuesdays & Fridays 9:30am—11:30am | Fees apply | ⓘ Angela Seow ☎ 0422 101 968 ✉ angela.s@faithlifechurch.com.au 🌐 faithlifechurch.com.au |
| Korean Playgroup Korean mums gathering with babies and toddlers aged from 0-4 yrs old. | Mondays 12:30pm—2:30pm Bookings essential | \$50 per term | ⓘ Lucy Jang ☎ 0432 615 542 ✉ lucyjang0212@yahoo.co.kr |
| Little Buddies Toy Library Wide range of toys suitable for 0-5 year olds including ride-ons, educational toys, puzzles, games, imaginative play sets, baby toys & more. | Tuesday & Fridays 10:00am-1:00pm Saturdays 9:00am-2:00pm | Fees apply | ☎ 8353 1196 ✉ wlbtolibrary@bigpond.com 🌐 littlebuddiestoylibrary.com.au |
| Mandarin Playgroup Facilitated playgroup with story telling, song singing & easy Chinese characters learning activities. Meet Mandarin speaking families in the neighbourhood. Sessions will be conducted in Mandarin. | Fridays 11:30am—1:30pm (Fortnightly during school term) Bookings essential | \$40 per term | ⓘ Lin– Hsuan ☎ 0490 729 222 ✉ Linhuanwang@gmail.com ⓘ Yoana Lo ☎ 0423 350 954 |
| Point Cook Multicultural Playgroup Facilitated playgroup provides great play & social opportunity to young children, carers & families. Join in some fun activities which include rhymes, stories & songs & meet other parents in your local area. | Thursdays 9:30am—11:30am (During school term) Bookings essential | \$60 per term | ⓘ Rabia ☎ 0424 740 857 ✉ khan.rabia@outlook.com.au |
| Sanctuary Lakes Activity Playgroup A play based playgroup for 0—5yo. Activities include story time, music, dance, craft & outdoor play. Enjoy a social time for parents & children. | Mondays 9:30am—11:30am | \$50 per family per term | ✉ slplaygroup@hotmail.com |
| VACCA Koorie Kids Playgroup A great place for children & their Mums, Dads & carers to gather with other Koorie families, make new friends, hear stories, participate on cultural arts & crafts, express creativity & learn about culture. | Tuesdays 11:30am—2:30pm | No Cost | ⓘ Tayla Spiteri ☎ 0455 467 931 or 03 9742 8300 ✉ taylas@vacca.org |

Early Years Programs & Activities

| Saltwater Community Centre | Day & Time | Cost | Information |
|---|---|------------|--|
| Saltwater Playgroup A welcoming space where children can be active, learn through play, make new friends. Parents stay with their children while enjoying activities, followed up by Songs & Story Time. Age :0-4years. | Fridays 9:00am—11:00am School Term only | Fees apply | ⓘ Monica ✉ saltwaterccplaygroup@gmail.com |
| Saltwater Chinese Playgroup For mums, dads, grandparents & carers with kids 0-5years. Enjoy rhyme & story time & craft activities | Wednesdays 10:00am—12:00pm | Fees apply | ⓘ Sumei / Meredith ✉ swchineseplaygroup@gmail.com |
| Rhyme Time and Pop-Up Library Join us for Rhyme Time and a special Pop-Up Library every week. Our 30-minute Rhyme Time sessions include stories, songs and rhymes designed to develop early language, literacy and numeracy skills. Game On All Ages Like gaming? Drop in after school and show off your skills on Nintendo Switch and PlayStation. Beginner to advanced players welcome. No bookings required. Bookshelf at Saltwater Community Centre Wyndham Library members can now borrow from collection at Saltwater Community Centre. | Refer to website for current timetable Tuesdays 1:45pm-2:45pm Tuesdays 2:45pm—3:45pm Monday to Friday 9am –5pm | No Cost | ⓘ Saltwater Community Centre ⓘ Wyndham City Libraries ☎ 8734 8999 🌐 For session dates and times visit: https://www.wyndham.vic.gov.au/pop-up-library Programs during school term only |
| Tiny Tutus Preschool Ballet Educational pre-school ballet classes promoting fitness and creativity from a young age with the right balance of fun and learning. | Fridays 9:00am—12:00pm | Fees apply | ☎ 1300 245 060 ✉ hello@tinytutus.com.au 🌐 www.tinytutus.com.au Yearly registration fee includes your tutu |

Upgrading Saltwater Community Centre

Wyndham City is undertaking a series of upgrades to Saltwater Community Centre as part of Council's Building Asset Renewal Program. Improvements include an upgrade to the heating and cooling system to improve thermal comfort for the centre's user groups, safety improvements to access points and upgrading the foyer area to a standard befitting the rest of the building. These upgrades will improve the safety and overall functionality of Saltwater Community Centre, providing a better experience for our community.

Work commenced on Monday, 18 September and is expected to run until early 2024.

Some general construction noise can be expected while these works are undertaken, and some of the centre's car parking spaces may be taken up by a crane and/or other construction machinery at different stages of construction. The centre's programs and services will continue to operate throughout construction however, there will be brief disruptions to program timetables (1-2 weeks) due to room unavailability. Regular programming updates will be provided at Saltwater Community Centre.

We apologise for the disruption and thank you for your patience while these essential works are undertaken. For any enquiries, please email either:

Chris.Grudnik@wyndham.vic.gov.au or Stephanie.Dimitrio@wyndham.vic.gov.au


Education & Training Kids & Adults

| Featherbrook Community Centre | Day & Time | Cost | Information |
|--|--|------------|---|
| Abacus 4 Kids Fun and innovative ways for kids ages 4-12 to learn mathematic mental arithmetic skills using abacus (soroban). Free trial class available. | Mondays to Saturdays Various times Call for details | Fees apply | ① Jaslyn ☎ 0406 946 069 ✉ abacus4kids@gmail.com |
| KK Art Art, drawing & Craft lessons for kids 4-8 . Classes are designed to be the one stop shop to develop your drawing, painting, colouring & craft making abilities. | Wednesdays 5:00pm—6:00pm Thursdays 5:00pm—6:00pm | Fees apply | ① Katherine ☎ 0426 187 144 ✉ kkart.classes@gmail.com |
| Spoken English Classes—Adult Learn to speak spoken English with Nina or Radha. A volunteer led Hubs program. Space limited. | Mondays 9:00am—10:25am 10.35am-12.00pm Tuesdays 9:00am —10:25am 10.35am-12.00pm | No Cost | ① Featherbrook Team ☎ 8353 4000 ✉ featherbrookcc@wyndham.vic.gov.au |
| WCEC English Conversation Classes—Adult New to English classes in partnership with Wyndham Community & Education Centre. | Thursdays: 9:00am-12:00pm | Fees apply | ① Wyndham Community & Education Centre ☎ 9742 4013 🌐 wyndhamcec.org.au/wpmain/ |
| Wyndham Chess Club Chess lessons and chess club for children aged 6 and over. All levels welcome from beginners to advanced. | Fridays 5:00pm —8:00pm | Fees Apply | ① Phil Minichelli ☎ 0478 604 601 ✉ phil@wyndhamchess.club 🌐 www.wyndhamchess.club |
| Jamieson Way Community Centre | Day & Time | Cost | Information |
| AMEP English classes with the Wyndham Community & Education Centre | Monday & Wednesday | No Cost | ① Wyndham Community & Education Centre ☎ 9742 4013 |
| Intermediate French Enjoy a cuppa and meet new friends while you discover and learn the French language! All welcome | Tuesday 1:00pm - 3:00pm | No Cost | ① Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au |
| Point Cook Community Learning Centre | Day & Time | Cost | Information |
| Abacus Training Centre by Sempo SIP Brain training for children using Abacus method. Learn arithmetic in a fun environment with a set curriculum developed for kids of all levels. | Wednesdays 5:00pm—6:30pm Fridays 4:30pm—6:00pm Saturdays 9:am—11:00am | Fees apply | ① Hany ☎ 0431 830 359 ✉ info@sempoasip.com.au 🌐 sempoasip.com.au |
| AMEP: English Classes Providing basic English classes for newly arrived residents. Level 1 & 2 intermediate. | Monday & Fridays 9:00am— 2:30pm Thursdays 9:00am—3:30pm | No Cost | ① Wyndham Community & Education Centre ☎ 9742 4013 & press 1 |
| Brainworks Helps to develop the potential of students aspiring to reach various goals, including improving their understanding of the school & preparing for competitive scholarship & selective school exams. | Wednesdays & Thursdays 5:15pm—7:15pm | Fees apply | ① Adnan ☎ 0433 195 110 or 0401 421 115 ✉ pointcook@brainworks.com.au 🌐 brainworks.com.au |
| Conversational English for migrants Practise your English skills, meet new people, and learn from others. | Fridays 9:00am—11:00am | No Cost | ① Point Cook CLC ☎ 8734 0205 ✉ pointcookclc@wyndham.vic.gov.au |
| Conversational English—LETS Sing Learn English Through Song. Singing brings people together. Learning English through song is a fun way to meet new people and gain confidence whilst learning vital English skills. | Thursdays 11:30am—1:00pm | No Cost | ① Point Cook CLC ☎ 8734 0205 ✉ pointcookclc@wyndham.vic.gov.au |

Education & Training Kids & Adults

| Point Cook Community Learning Centre | Day & Time | Cost | Information |
|--|---|---|---|
| Computer Skills — First Steps For absolute beginners. This course covers basic computer skills to get you started including an introduction to the Internet, emails, attachments, MS Word and Windows Operating System. | Tuesdays 9:00am—12:00pm | \$30 for 10 week course (permanent residents) | ① Wyndham Community & Education Centre ☎ 9742 4013 🌐 https://wyndhamcec.org.au/course-list-pre-accredited/ all courses are 3 hours 10 weeks |
| Computer Skills — Intermediate Excel This course is designed as a follow up for people who have completed the introductory excel course and wish to consolidate their skills before enrolling in an advanced level class. | Saturdays 12:30pm—3:30pm | | |
| Introduction to MYOB This is a practical hands-on course designed to teach students about the computerized accounting package MYOB. Includes payroll and BAS. | Saturdays 9:00am—12:00pm | | |
| Skills For Work This course is designed for people who are in the process of looking for work. The course will assist in writing or updating a CV/Resume and how to prepare and use a cover letter. The participant will go online and learn how to search and apply for jobs, and develop and practice interview skills to gain confidence and help them perform well in a job interview. | Tuesdays 12:30pm—3:30pm | | |
| English Conversation Café At English Conversation Café you can practise your English skills, meet new people, and learn from others. This is a great way for you to connect with the community and maybe even make new friends. | Mondays 2:00pm—3:00pm (Limited numbers) | No Cost | ① Point Cook Library ☎ 8734 8999 🌐 www.wyndham.vic.gov.au/adult-events-and-activities |
| Gunsmart—Firearm Safety Course Feel safe around firearms or complete the course certificate so that you can apply for a category A/B firearms licence. Juniors 12-18 years welcome when accompanied by an adult. 2 hour course and exam. | Tuesdays 7:15pm—9:00pm | \$88 Adults | ① Gunsmart ☎ 1300 920 900 ✉ instructor@gunsmart.com.au 🌐 www.gunsmart.com.au |
| Library IT Programs A variety of computer literacy and skill building programs. Includes free courses such as: Computer basics, Intro to Microsoft Word, Protect yourself from scams, and many more! | Visit the library for more info or register online. | No Cost | ① Point Cook Library ☎ 8734 8999 🌐 www.wyndham.vic.gov.au/services/libraries/adults/library-it-programs |
| Sewing Classes—So & Sew — Beginners This is an introductory course for people wishing to learn how to sew. It will cover how to work with different fabrics, follow simple patters, setup & use a simple sewing machine and make simple items. | Tuesdays 8:45am—11:45am | \$40 (permanent residents) | all courses are 3 hours 10 weeks ① Wyndham Community & Education Centre ☎ 9742 4013 🌐 https://wyndhamcec.org.au/course-list-pre-accredited/ |
| Sewing Classes—Next Stitch — Intermediate An intermediate level sewing course which assumes basic knowledge of using machines. Will cover introduction to overlockers, working with different fabrics and using patterns to make a simple garment. | Tuesdays 12:15pm—3:15pm Wednesdays 6:00pm—9:00pm | | |
| Sewing Classes—All Sewn Up—Advanced Advanced level course which follows on from the "Next Stitch" course. who will already know how to use a basic sewing machine and overlocker. Course includes sewing with stretch fabric and making a more complex article or garment. | Thursdays 6:00pm—9:00pm | | |

Education & Training Kids & Adults

| Point Cook Community Learning Centre | Day & Time | Cost | Information |
|---|--|------------|--|
| South Sudanese Children's Homework Club Prep to years 6 & 7 designed to address key areas of development, setting goals & building confidence. The homework club fosters higher learning within children & encourages them to pursue their goals in life. We will assist children with their school reader & homework. | Mondays 4:30pm—5:30pm | No cost | ⓘ Aweeng or Poly ☎ 0403 523 429 or 0434 178 753 ✉ poly.kiyaga@wyndhamcec.org.au ✉ aweeng.deng@wyndhamcec.org.au |
| STEM Learning—GROW with Joe Science Technology Engineering Maths. Learn STEM training basics and how to use Crumble and WitBlox in 8-week course. Build and program steam machines. THINK CLICK LEARN and block programming for 8 to 12 year olds. | Tuesdays 5:00pm—7:00pm | Fees apply | ⓘ Joe Ferlazzo ☎ 0402 813 690 ✉ joe@growwithjoe.org |
| Telugu Association of Australia Inc Teaching Telugu language to protect culture & diversity among our children while integrating with the multicultural society of Wyndham. | Saturdays Fortnightly 3:30pm—6:00pm | Fees apply | ⓘ Satya ☎ 0422 211 036 ✉ matamps@cba.com.au 🌐 taai.net.au |
| VCE Maths Support Run by a tutor with experience studying 3 levels of maths & achieving 97.65 for her VCE, graduated from Bachelor of Commerce at Melbourne Uni & worked in a tech startup, before deciding to pivot into Education by taking up Master of Teaching studies from 2023. Looking forward to supporting you with your VCE maths studies. | By appointment only | No Cost | ⓘ Beijia Sun  |
| Writing Group Come along to our free writing group for adult writers of all levels of experience. Get your creative juices flowing with exercises designed to inspire and develop your writing skills in a fun and friendly environment. | Refer to website for current timetable | No Cost | ⓘ Point Cook Library ☎ 8734 8999 🌐 For session dates and times visit: www.wyndham.vic.gov.au/adult-events-and-activities |
| Zimbabwean Community in Australia Offering Shona Ndebele language classes to kids & adults. | Saturdays 1:00pm—3:00pm | Fees apply | ⓘ A. Zivave ☎ 0424 326 267 ✉ principal@zimcommunityeducation.org |



Rainbow Club is a Disability Services Club providing specialist services to enable members to participate in community activities, particularly when at risk of social isolation.

Rainbow Club is a Disability Support Charity, We provide Water-Based Skills, Ball Skills, Arts & Crafts and Dancercise.

We also have Support Workers available.

Our Skills Development Team are committed to providing a Safe and Happy environment in which

our Members can enjoy expanding their skills or learning new skills in a social environment that is compassionate and caring.

At the Point Cook Community Learning Centre we offer the following programs:

- ◇ **Arts & Crafts**
Tuesday's during school term
4pm to 6pm
- ◇ **Disability Dance Club (small class sizes)**
Saturday's during school term
11am to 3pm
- ◇ **Performing Arts**
TBC

**Contact us on 1300 75 10 20 or
Email : support@rainbowclub.org.au**

Education & Training Kids & Adults

| Saltwater Community Centre | Day & Time | Cost | Information |
|--|---|------------|--|
| Mathzania Mathzania introduces Vedic Maths Classes which speeds up the calculations and helps scholarship and Selective Entry School Exam. Grade 4 to Grade 10. Program delivered by Australian Public School Teacher. Students get learning portal with recorded videos notes and weekly assignments. | Saturdays 10:30am to 11:30am | Fees apply | ① Vikas Puri ☎ 0412 411 283 ✉ info@mathzania.com.au 🌐 www.mathzania.com.au |
| Expert Academy Tutoring services provided by a VIT registered teacher for grades 1-10, preparing children to excel in school, NAPLAN/ ICAS, selective school exams and competitive scholarships. | Mondays 5:00pm-7:30pm Wednesdays 5:30pm-7:30pm | Fees apply | ① Gunjan ☎ 0412378064 ✉ expertsacademy2007@gmail.com 🌐 www.expertsacademy.com.au |
| Flow and Gist Flow and Gist is a podcast focused on building an African cultured community, we create seminars to teach Africans how to sell online, upscale their business. We talk about trends, food, cultures and music. | Thursdays Fortnightly | | ① Sweet Durojaye ☎ 0420492776 ① Anthony Nwonye ☎ 0404 773 181 |

SALTWATER ARTS SPACE

Artist Yu Fanghong is a local Chinese woman in her sixties who discovered her passion for the fine arts decades ago, venturing into a world of fabric art. This unique expressive medium showcases her imagination and creativity but ingeniously combining discarded scraps of fabric and transforming them into exquisite artworks. Over the years, Yu Fanghong has tirelessly explored and innovated in fabric art, drawing inspiration from Chinese painting techniques. With meticulous stitching with cotton thread, she creates intricate forms reminiscent of fine brushwork.

The exhibition 'Blooming Red of Fabric Artistry' at Saltwater Community Centre features several such carefully crafted pieces, the result of a lifetime dedicated to her art.



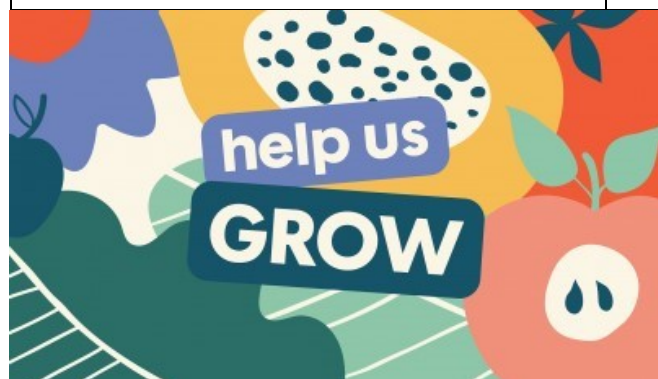
Left
Artist Yu Fanghong

Right
A Maid Under The
Banana Leaves



Recreation & Wellbeing Kids & Adults

| Featherbrook Community Centre | Day & Time | Cost | Information |
|---|--|------------|---|
| Beat Freakz Fitness An all in one workout combining aerobics, boxing, weight resistance and dancing with a twist. Classes include light dumbbells for sculpting & toning. | Mondays 6:45pm—7:30pm Fridays 9:45am—10:30am | Fees apply | ① Jenna Chaffey ☎ 0424 124 661 ✉ beatfreaksfitness@yahoo.com 🌐 beatfreaksfitness.com.au |
| Dancing Hearts Line Dancers Come along to learn, make friends and have fun while Line Dancing. | Wednesdays 4:15pm-5.15pm | Fees apply | ① Janet ☎ 0415 559 738 ✉ janetlvos@gmail.com |
| Let's Dance Point Cook Community social sequence ballroom dancing including Cha Cha, Tango, Foxtrot, Waltz and many more. | Sundays 4:30pm –6:30pm | Fees Apply | ① Phebe Yeo ☎ 0425 338 832 ✉ phebe@8senses.com.au |
| Point Cook Dance We aim to inspire, encourage & challenge out students in safe, friendly & nurturing classes. Classes include Pre School Dance, combination for preppies, classical ballet, Jazz & Funk, Hip-Hop, Hip-Hop Boyz, Tap, Contemporary, Acrobatics, Drama & singing. For ages 3 year to teenagers. | Tuesdays, Thursdays, Fridays & Saturdays Times vary. Please see timetable on website | Fees apply | ① Mandy ☎ 0416 679 911 ✉ info@pointcookdance.com.au 🌐 www.pointcookdance.com.au |
| Point Cook Girl Guides As the peak organisation for girls aged 5-17, The Girl Guides mission is to empower all girls to become confident, engaged, resilient and responsible community members. | Tuesdays 6:30pm—8:30pm | Fees apply | ① Robyn ☎ 0407 055 631 ✉ wyndham@guidesvic.org.au 🌐 guidesvic.org.au |
| Rachana Natyalaya One of the prominent places in Melbourne to learn Indian Classical Dance Bharatanatyam, Folk and Bollywood dancing from a qualified dance teacher. | Wednesdays 6:00pm—9:00pm | Fees apply | ① Archana ☎ 0432 161 933 ✉ koorthy@gmail.com 🌐 rachananatyalaya.com |
| Sahaja Yoga Meditation Teaches a unique method of meditation where participants can achieve a state of balance in just 10 minutes. | Wednesdays 7:30pm—8:30pm | No cost | ① Annie ☎ 0423 110 875 ✉ annie.sarani@gmail.com 🌐 www.sahajayoga.com.au |
| Vibe Choreography “LETS CO-EXIST” Exciting, fun and popular Bollywood, Hip Hop, Jazz Funk dance classes for anyone aged 6 years. If you love to dance, build your confidence and make great friends, enquire with us. | Tuesdays, Wednesday, Fridays & Saturdays Times Vary. Please see website. | Fees apply | ① Alpana ☎ 0434 944 074 ✉ alpana24@gmail.com 🌐 www.vibechoreography.com.au |
| Walking Football (Over 50s) A small-sided, low impact, modified version of the game, suitable for all levels of ability & fitness for both Men and Women. Join our free program aimed at keeping seniors active. The program provides skills training in a fun & safe group environment. It is social & requires no prior football knowledge. | Fridays 10:00am-11:00am | No cost | ① Featherbrook CC ☎ 8353 4000 ✉ featherbrookcc@wyndham.vic.gov.au |



Wyndham Seed Library

Help us grow our Seed Library by harvesting seeds and donating them back to the library. As a thank you, you can then collect up to 3 free seed packets per month!

WyndhamSeedLibrary@wyndham.vic.gov.au

Recreation & Wellbeing Kids & Adults

| Jamieson Way Community Centre | Day & Time | Cost | INFORMATION |
|---|--|---------------------------------|--|
| Australian Air League Providing aviation and STEM related activities for young people (8-18yrs) | Wednesday 7:00pm—9:00pm | Fees apply | ① Bryan McGrath ☎ 0413 060 552 ✉ oc.pointcook@airleague.com.au |
| Bharatalaya Dance & Music Academy Melbourne's oldest and most respected Indian classical dance instruction | Sunday 12:30pm—4:00pm | Fees apply | ☎ Rasiah 0412 411 690 ☎ Ambika 0414 678 923 ✉ ambika.doherty@gmail.com |
| Chatty Café/Table Community catch up –great chance to meet new people & connect. Tea, coffee & refreshments provided | Monday 1st & 3rd of the month 10:30am - 12:00pm | No cost | ① Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au |
| Garden Connection Workshops and Group Learn new skills and connect with others interested in plants and gardening. Workshops conducted by an experienced tutor. | Connect with us for days and times | Fees apply Bookings required | ① Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au |
| Community Garden Pick, share and grow veggies and plants! Are you interested in caring for our garden? | Always open | No cost | |
| Community Bus Trips Movie, shopping and other trips—let us know where you want to go! | Connect with us for days and times | Fees apply | |
| Dance with Attitude Acrobatics, Jazz, Hip Hop, Ballet, Tap, Contemporary, & more! | Contact for all available class times, days and styles | Fees apply | ① Naomi ☎ 0413 998 232 ✉ Bishop.naomi@bigpond.com |
| Gardening Swap Point Cook Meet at the BBQ area at back of the centre | Sunday 4th of the month 10:30am—11:30am | No cost Bring swap items | ① Sarah ✉ sarahong74@gmail.com Facebook Gardening Swap Point Cook |
| Jam Way Book Club Share your love of reading and enjoy morning tea & a cuppa! | Thursday 3rd of the month 10:30am—12:30pm | No cost | ① Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au |
| Jam Way Guitar Lessons Aimed at primary school ages, great fun way to learn the acoustic guitar Bookings required. | Wednesday 4:00PM—6:00pm (30 min classes) | Fees apply | ① Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au |
| Jam Way Sew & Sew Group Qualified dressmaker BYO projects. Machines on site or feel free to BYO. | Monday 1 st & 3 rd of month 7:00pm—9:00pm | \$6.00 per session | |
| Jam Way Quilters Patch Patchwork classes open to all levels of experience! BYO project. | Thursday 9:30am—12:30pm 1st & 3rd Tuesday 6:30pm—9:30pm | \$5.00 per session | |
| JK Natyalaya A whole range of different Bollywood dance classes Providing multiple formats of Indian dance | Friday 5:30pm—7:30pm | Fees apply | ① Natasha ☎ 0402 439 350 ✉ info@nbdance.com.au |
| NB Dance An ultimate mix of traditional and modern Bollywood dance style. Classes are aimed at getting students fit and learning dance techniques | Tuesday 6:45pm - 7:45pm | Fees apply | |
| Manmohini Indian Dance School Regular Indian classical Kathak dance | Thursday 6:45pm—8:45pm | Fees apply | ① Mohini ☎ 0421 084 366 ✉ mohini@kathakmelbourne.com.au |
| Kathak Kendra Nrityashala Premier Indian dance classes and workshops for adults, children and youth | Sunday 2:00pm—4:00pm | Fees apply | ① Parul ☎ 0434 361 191 ✉ kathakkendra.nz@gmail.com |



JOIN US



Interested in nominating for the JWCC Board of Management?

ANNUAL GENERAL MEETING

TUESDAY 17TH OCTOBER 2023

7PM AT THE CENTRE

For nomination details contact:

admin@jamiesonwaycc.org.au

Meeting RSVP and BOM nominations close 10th October 2023

Jamieson Way Community Centre Inc

9395 3777 | 59 Jamieson Way Point Cook 3030 | jamiesonwaycc.org.au

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|--|--|----------------------------------|--|
| Planned Activity Group Indian social support | Friday from 10am | Refer to MRC | ① Migrant Resource Centre ☎ 9367 6044 |
| Samarpan Meditation Australia Samarpan Meditation is a simple yet powerful method through which one's Kunda. | Tuesday 5:00pm—6:00pm | Fees apply | ① Roop ☎ 0451 156 199 ✉ roopssy@gmail.com |
| Seniors board games & social meet up group Over 55's - Come along for a cuppa & enjoy card & other board games & meet new friends | Mondays 1:00pm—3:30pm | No cost | ① Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au |
| Seniors Journey Activities for Mandarin speaking seniors | Mondays 9:00am—11:15am Tuesday 9:00am—12:00pm | Contact for details | ① Fong ☎ 0410 177 250 ✉ yongbongfong@gmail.com |
| Shorinjiryu Karate Children & Adult classes | Tuesday 4:00pm—6:30pm | Fees apply | ① Marnie ☎ 0418 564 382 ✉ marnie72@hotmail.com |
| Shri Nrityam South Asian Dance classes in Bharatnatyam and Natya Sastra with dance artist, researcher and educator T.Shriraam | Sunday 10:00am—12:00pm | Fees apply | ① Shriiraam ✉ shrinrityam@gmail.com |
| Weight Watchers Weekly support meeting group and to make some new friends | Saturday 8:00am—9:00am | Fees apply | ① Kate ✉ www.weightwatchers.com/au/contact |
| Walking Basketball— Seniors These fun sessions are designed to be adaptable based on participants skill level, fitness and mobility | Thursday 1:00pm—2:00pm | No cost | ① Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au |
| Yoga In partnership with Reclink Australia Give your body the attention and love it needs through breathing and gentle movements | Tuesday 9:15am—10:00am | \$5.00 per session BYO mat | ① Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au |
| Tai Chi 24 for Seniors Gentle and relaxing exercise with an experienced instructor | Monday 11:30am—12:30pm | \$5.00 per session | ① Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au |

Recreation & Wellbeing Kids & Adults

| Point Cook Community Learning Centre | Day & Time | Cost | Information |
|--|---|------------------------------|---|
| Afro Dance Movement—AMA Learn fundamentals & experience the culture of Afro Beats & Dance whilst building your confidence & coordination with enthusiastic choreographers. | Tuesdays 5:15pm for kids 6:00pm teens/adults | Fees apply | 📞 0421 502 663 ✉ afromovementacademy@gmail.com https://amacentricafroclasses.eventbrite.com.au |
| Board in the West—Melbourne Meeples A fun board gaming group for anyone who wants to stay socially connected with other board gamers. | Fridays (1st of the month) 6:00pm—11:00pm | \$5 pp \$12.50 per family | 📞 0410 150 529 🌐 meeples.org.au |
| Bollywood Dance Company BDC aims to get Indian culture and heritage out to the world, in the most admirable way by delivering the best training grounds to all dance lovers across Australia. | Mondays 5:30pm—9:30pm | Fees apply | 📞 0497 757 355 ✉ www.bollywooddancecompany.com.au |
| Brooks School Of Dance Quality dance classes in classical Ballet, Jazz & Hip Hop taught by professional dance teachers, in a friendly & encouraging environment. | Thursdays 4:30pm—6:00pm Saturdays 9:00am—12:00pm | Fees apply | 📞 0430 765 431 ✉ brooksdance@gmail.com 🌐 brooksschoolofdance.com |
| Chess for All Ages Beginners & experienced players are welcome to join Chess at the Library. Enjoy a game with your friends and meet other Chess enthusiasts in the library! | Tuesdays 4:00pm—5:00pm (During school term) | No Cost | For more information: https://www.wyndham.vic.gov.au/whats-on/all-ages-chess |
| Craft & Conversation Ages 18+ Are you a craft lover? Come along to create a new craft each session. Materials are free, conversation is included, & you can take home your finished project. | Fridays (4th of the month) 11:00am—1:00pm Bookings required. | No Cost | 📞 8734 8999 For session dates & times please visit: www.wyndham.vic.gov.au/adult-events-and-activities |
| Cross Cultural Connection Share & learn cultural customs & traditions, food & recipes passed down by generations and languages. | Wednesdays fortnightly 9:00am—12:00pm | No cost | 📞 8734 0205 ✉ pointcookclc@wyndham.vic.gov.au |
| Fun & Fitness Gentle Exercise Gentle physical activity program suitable for seniors and all abilities. | Mondays 11:30am—12:30pm Fridays 11:10am—12:10pm | \$6 per session | 📞 03 8734 0205 ✉ pointcookclc@wyndham.vic.gov.au |
| Gamblers Anonymous 12 Step Fellowship meeting for compulsive gamblers. Zoom meetings listed on website. | Thursdays 8:00pm—9:00pm | No Cost | 📞 9696 6108 ✉ gavictoria18a@gmail.com 🌐 gaaustralia.org.au |
| Game On! Ages 12-19 Like gaming? Drop in after school and show off your skills on Nintendo Switch and PlayStation. Beginner to advanced players welcome. No bookings required. | Fridays (1st of the month) 4:00pm—5:30pm (During school term) | No Cost | 📞 8734 8999 For session dates and times visit: https://www.wyndham.vic.gov.au/services/libraries/youth |
| Breakfast Club @ Stockland Shopping Centre Are you aged between 12-25? Mornings can be tough, even tougher on an empty stomach, start your day with a free breakfast Near Woolworths. | Tuesdays 8:15am—9:00am (During school term) | No Cost | <div> wyndhamcity Youth Services </div> 📞 8734 1355 ✉ youthinwyndham@wyndham.vic.gov.au 🌐 https://www.wyndham.vic.gov.au/services/youth-services |
| Courtside - Youth Services @Point Cook Ages 12-25 Hang out with our friendly youth workers & meet new friends at Point Cook Town Centre Basketball court. | Thursdays 3:30pm—5:30pm | | |
| Gamers's Den Are you aged between 12-18? Come hang out, flex your gaming skills & make some friends? Hang out, starting the session with a new game at Point Cook Community Learning Centre | Wednesdays 3:30pm—5:30pm | | |
| Get Psych'd 4 week workshop for young people focusing on self-care, mental health & wellbeing. 12-17 years—group starting 23 October. | Mondays 4:00pm—5:30pm | | |

Recreation & Wellbeing Kids & Adults

| Point Cook Community Learning Centre | Day & Time | Cost | Information |
|---|---|---------------|---|
| Inbetweeners Book Club Ages 9-13 Come along to our book club where you can discover new titles, meet new friends and have fun playing book-themed games! Bookings required | Fridays (Last of the month) 4:00pm–5:00pm | No Cost | ① Point Cook Library ☎ 8734 8999 🌐 For session dates and times visit: https://www.wyndham.vic.gov.au/kids-events-activities |
| Kids Club Ages 5+ Come and join in a different activity every week. Make new friends and have lots of fun. No bookings required | Wednesdays 4:00pm–5:00pm | No Cost | Programs during school term only |
| Melbourne Table Tennis Club Run by Melbourne Table Tennis Club in conjunction with Asian Business Association of Wyndham Inc. Playing & coaching with a main focus on Seniors 55+. Membership fees apply. | Sundays 6:00pm–8:00pm | Fees apply | ① Jon Zhang ☎ 0451 169 850 |
| Natyanjali School of Dance All ages. Bharatanatyam India's oldest & popular classical dance style encompassing music, rhythm & expression. Strictly adheres to Natyashastra. | Tuesdays 6:00pm–8:00pm Fridays 5:30pm–6:30pm | Fees apply | ① Anitha Perumal ☎ 0470 177 937 ✉ anitha@yahoo.com |
| Point Cook Seniors Group Meet for social interaction with other seniors from local area. | Fridays 12:15pm–2:30pm | No Cost | ① Bev ☎ 0417 324 489 ✉ pointcookclc@wyndham.vic.gov.au |
| Point Cook Craft Group Bring along your knitting or craft for social interaction with other local community members. | Thursday 10:00am–12:00pm | | |
| Point Cook VIEW Club A leading women's national organisation, providing the opportunity for women from all walks of life | Wednesdays (4th of the month) 12:00pm–1:30pm | Fees apply | ① Catherine Cronin ☎ 0407 726 852 ✉ pointcookview@gmail.com |
| Point Cook Walking Group People of all ages come join us to discover Point Cook, make new friends, keep fit & healthy. | Mondays–Fridays 9:00am | No Cost | ① Bev ☎ 0417 324 489 Meet at the Point Cook town centre outside dry cleaners (Coles precinct) |
| Point Cook Women's Circle Provides social support, shared experiences & skills, in areas of health & well-being. Participating in local council & community events. Encourage Women to promote their cultural traditions & cuisines. | Fridays (3rd of the month) 12:15pm– 2:00pm | No Cost | ☎ Clarissa 0422 062 521 ☎ Sudha 0432 489 584 ✉ chair@virwc.org.au ✉ shudha-narayan@hotmail.com |
| Rainbow Club Point Cook Inc— Arts & Crafts Arts & crafts is a wonderful and inclusive activity for individuals with disabilities. It provides opportunities for self-expression, creativity, and can be adapted to accommodation different abilities. | Tuesdays 4:00pm–6:00pm | NDIS Provider | ☎ 1300 75 10 20 ✉ support@rainbowclub.org.au 🌐 rainbowclub.au |
| Rainbow Club Point Cook Inc—Disability Dance Club Lessons for individuals with disabilities. A wonderful & inclusive way to explore self-expression, creativity & physical movement. Specialised support for people living with disabilities, particularly those at risk of being socially isolated. Small class sizes. | Saturdays 11:15am–3:00pm (30 minute classes) | | |
| Rainbow Club Point Cook Inc—Performing Arts Lessons for individuals with disabilities. A wonderful & inclusive way to explore self-expression and creativity. | Thursdays TBC 4:00pm–6:00pm | | |

Recreation & Wellbeing Kids & Adults

| Point Cook Community Learning Centre | Day & Time | Cost | Information |
|---|---|------------|--|
| Salsa In Motion Beginner Cuban Salsa & Bachata, intermediate level Cuban Salsa/Rueda & Bachata dance classes for adults. No dance experience or partner required. Free 25min intro session. | Mondays 6:30pm—9:00pm | Fees apply | ① Michael ☎ 0430 355 888 ✉ info@salsainmotion.com.au |
| STEAM Builders Ages 5+ Come along to your library every week to design, build and imagine with LEGO and other building materials. No bookings required | Mondays 4:00pm—5:00pm (During school term) | No Cost | ① Point Cook Library ☎ 8734 8999 🌐 For session dates and times visit: https://www.wyndham.vic.gov.au/kids-events-activities |
| WynLUG A LEGO user group to meet, create and share experiences relating to LEGO. | Sundays 1:00pm—4:00pm (3rd of the month) | Fees apply | ① Brett or Andrew ☎ 0455 100 740 or 0408 530 337 ✉ b.robinson1975@yahoo.com.au or andrewwelsbury@gmail.com |
| Yoga for Seniors Yoga for seniors above 55 years for all communities, to support physical and mental wellbeing. | Mondays 4.00pm—5.30pm | No Cost | ① Prem ☎ 0430 740 023 |
| Zeal Youth & Young Adults Meet other like minded youth to socialise over food, activities, games, praise & worship. | Saturdays 6:00pm—10:00pm (except 1st of month) | No Cost | ① Selveig ☎ 0431 479 539 ✉ solveig.f@faithlifechurch.com.au 🌐 faithlifechurch.com.au |
| Zumba Fitness with Zin Monika Fitness & exercise to help improve health, coordination & balance whilst dancing to Salsa, Merengue & Reggaeton. Ultimate fun! | Tuesdays 7:00pm—8:00pm | Fees apply | ① Monika ☎ 0468 320 618 ✉ monika.au@outlook.com |

Meet the Mayor



Join Cr Susan McIntyre to have a chat about our City. It's a great opportunity to give feedback, talk with the Mayor about what matters most to you or just say hello.

Bookings not required.

When: Thursday 9th November

Where: Point Cook Community Learning Centre
1-21 Cheetham Street, Point Cook

Time: 10am to 12pm

Recreation & Wellbeing Kids & Adults



SALTWATER ART STUDIO

The studio is a dedicated artist space for creatives in Point Cook & beyond. We have a range of workshops & classes, from Pottery Wheel throwing with Nandita, Craft with Saltwater Crafters, Kids drawing class by Nick, Puddles of colour Art by Jamie, Melbourne Art Academy by Haneet. The studio is equipped with easels & is an open resource for painters & crafters every Friday from 9.30am—3.30pm. No need to book, just bring your project along & enjoy working alongside other creatives. Kiln firing services are available on request. Please contact the Community Centre for more details or to enquire about classes.

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| Adults Pottery - Wheel Throwing Beginners Class Adult course for beginners to develop skills to create work on the potters wheel. Only 8 students per class, All skill levels are accommodated and welcome. Inclusive of clay, glazes & underglazes. Firing costs extra. | Tuesdays, Wednesdays Thursdays 6:30pm—9:00pm (7 week courses) | Fees apply | ① Nandita Nadkarni ☎ 0432 266 229 ✉ nandita@potteryescape.com Website: www.potteryescape.com |
| Open Studio Not enough space to paint or create at home? Open for anyone to come work on their own projects. | Fridays 9:30am—3:30pm | No cost | ① Saltwater Community Centre ☎ 8376 5501 ✉ saltwatercc@wyndham.vic.gov.au |
| Aiki Kai Aikido Suitable for all ages. No-competitive Japanese martial art. Learn techniques in a friendly & enjoyable atmosphere to develop self-confidence, improve balance & coordination while improving your fitness. | Wednesdays Saturdays 7:30pm—9:00pm 8:00am—10:30am (kids) | Fees apply | ① Andrew Last ☎ 0405 330 149 ✉ Andrewlast.aikido@gmail.com |
| Beat Factor Join us for our weekly Drum Circle sessions. Groove out on Afro, Middle-eastern & Samba rhythms. All levels & all abilities welcome. Drums supplied or BYO. 4 week sessions or pay per casual class basis | Thursdays 7:30pm—8:30pm | Fees apply | ① Rod Pilois ☎ 0411 028 077 ✉ beatfactor@internode.on.net 🌐 https://www.beatfactormusic.com/workshops |
| Bollywood Dance Company BDC aims to get Indian culture and heritage out to the world, in the most admirable way by delivering the best training grounds to all dance lovers across Australia. | Mondays & Fridays 5:30pm—9:00pm | Fees apply | ① Sohini / Darshan ☎ 0497 757 355 ✉ www.bollywooddancecompany.com.au |
| CDB Dance We offer a variety of dance classes Ballet, Modern and Contemporary dance to a range of ages. Our aim is to share our knowledge and love for dance to help you or your child on your dance journey. | Wednesdays Thursdays Saturdays 12:00pm-1:00pm 5:00pm-7:00pm 8:00am-10:30am 1:00pm—3:00pm | Fees Apply | ① Candice Baxter ① 0468 558 859 ✉ cdbdancesa@gmail.com 🌐 www.cdbdance.com |

Recreation & Wellbeing Kids & Adults

| Saltwater Community Centre | Day & Time | Cost | Information |
|---|---|--------------------|--|
| Heartfulness Yoga and Meditation We are a not for profit organisation, certified trained volunteers run session for public to join yoga, relaxation and meditation sessions. All sessions are free, everyone is welcome to join. | Sundays 8:30am—10:00am | No cost | ① Ruby ② 0405 920 148 ① Chander ② 0466 788 921 |
| Japan Karate Association Australia Teaches traditional ShotoKan Style Karate a non-aggressive self defence martial art. Helps develop strength, coordination & agility. Standards taught are of the highest level in keeping with the technical requirement set by JKA HQ | Tuesdays 5:30pm—8:30pm Saturdays 10:30am—1:00pm | Fees apply | ① Bryan Zaldarriaga ② 0434 483 015 ✉ bryan.zaldarriaga@jkaaustralia.com.au 🌐 jkaaustralia.com.au |
| Melbourne Art Academy Have fun as you explore your Creativity, passion for sketching , oil and acrylic painting . The class will be designed as per your skill level and collective interest. | Thursdays 12:00pm—1:00pm | Fees apply | ① Haneet Grover— Masters in Fine Arts from RMIT ☎ 0430 075 106 ✉ haneetgrover@yahoo.com.au 🌐 FB—Melbourne Art Academy |
| Manmohini Indian Dance School—Kathak Kathak is one of 8th Indian Classical dance from North India, traces roots from the tradition of storytelling, designed to master each aspect of Kathak. | Wednesdays Kids 5:00pm—6:00pm Adult level 2 6:00pm-7:00pm Adult beginners 7:00pm—8:00pm | Fees apply | ① Daveena Munnee ② 0430 714 273 ✉ Daveena.munnee@gmail.com |
| Melbourne School of Indian Music Learn the art of playing world's fastest rhythm instrument "Tabla" | Tuesdays 5:30pm—7:30pm | Fees apply | ① Jay Dabgar ② 0430 521 372 ✉ jaydabgar@gmail.com Website: Jaydabgar.com |
| Puddles of Colour Art Learn the fun process of creating your own fluid art in a relaxed and friendly environment with your very own masterpiece to take home. | Saturdays 2:30pm to 4:30pm | Fees apply | ① Jaime Russell ✉ info@puddlesofcolourart.com.au 🌐 https://puddlesofcolourart.com.au |
| SoulSpace Yoga Yoga classes for children ages 6+. Yoga, asanas, Pranayama, Surya Namaskar and mindfulness techniques. | Tuesdays 4:30pm to 5:30pm Sundays 6:00pm-7:00pm | Fees apply | ① Vijisha ② 0435 915 516 ✉ vijisha82@live.com 🌐 https://soulspace.org.au |
| Tai Chi An art embracing the mind, body & spirit. One of the most effective exercises for health of mind and body. | Mondays 9:30am—10:30am | No cost Walk in | ① Saltwater Community Centre ② 8376 5501 ✉ Saltwatercc@wyndham.vic.gov.au |
| The Knack Theatre—Telling Stories Do you have a story to tell, but no idea where to start? In this workshop you'll learn how to apply Universal Story Elements to your own writing. | Mondays 7:00pm—8:00pm | Fees apply | ✉ steventboltz@gmail.com |
| Youth Services Drop in Are you aged 12-17 years of age? Join the Youth Services team for Friday nights of fun activities | Fridays 3:00pm—5:00pm | No cost | ① 8734 1355 ✉ youthinwyndham@wyndham.vic.gov.au |
| Zumba Fitness with Zin Monika Class for adults to promote fun filled physical activity that help improve health & fitness. Zumba also considers other development areas including respect, team work leadership etc. | Sunday 10:00am—11:00am First class free | Fees apply | ① Monica ② 0468 320 618 ✉ monika.au@outlook.com |
| The Little Theatre Company Kaarin Fairfax offers drama classes for young people ages 7-17 providing a space & freedom to create, through play & exploration, while building practical skills in acting, directing & script writing. | Wednesdays Ages 7 to 12 Years 4:00pm—5:30pm Ages 13-17years 6-7:30pm | Fees Apply | ① Jess Fairfax ② 0450 348 969 ✉ thelittletheatrecompany.com.au 🌐 admin@thelittletheatrecompany.com.au |

Community, Cultural & Faith Groups

| Featherbrook Community Centre | Day & Time | Cost | Information |
|---|--|------------|---|
| Anglican Chinese Mission of the Epiphany Service with praise, worship, sermons & blessings. With a children's Sunday School available. | Sundays 4:30pm – 7:00pm | No cost | ⓘ Richard Liu ☎ 0422 345 071 🌐 www.ACME.org.au |
| Australia India Society of Wyndham Social group that meets for festival celebrations and activities including meditation, yoga and games. | Mondays & Fridays 11:00am – 1:00pm | Fees apply | ⓘ Vadilal Patel ☎ 0480 114 154 ✉ australiaindiasociety@gmail.com |
| First Born Gospel Church Point Cook Christian Workshop service with praise and worship. Kids, Youth, and Adult Sunday School. | Sundays 1:30pm – 3:30pm | No cost | ⓘ Denwardson ☎ 0456 191 341 ✉ fbgcpe@iafb-australian.org 🌐 pointcook.iafb-australia.org |
| Friends of Featherbrook Join the local community in assisting towards enhancing the centre and keeping it in good shape. Enjoy multicultural activities and skill sharing. | Tuesdays 11:30am – 1:30pm | No Cost | ⓘ Featherbrook CC ☎ 8353 4000 ✉ featherbrookcc@wyndham.vic.gov.au |

That's Mine

Farmers Market

SEPTEMBER 17 2023

10am – 2pm

(Every 3rd Sunday of the month)

WERRIBEE RACECOURSE

ENTRY VIA BALLAN RD

markets@thatsmineevents.com.au
www.thatsmineevents.com.au

📍 'That's Mine' Farmers Market

GOLD COIN ENTRY

Community, Cultural & Faith Groups

| Featherbrook Community Centre | Day & Time | Cost | Information |
|--|---|------------|---|
| Garam Ministry Non-denominational, Indonesian speaking Christian Community endeavouring to show love of Christ in Point Cook focussing on fellowship & unity. | Sundays 10:00am—12:00am | No cost | ① Albert Gunawan Piter ☎ 0420 731 973 ✉ info@garamministry.org 🌐 garamministry.org |
| Haami Inc A Culturally diverse community group. Youth led Committee. Youth programs for development of skills, fundraising and family gatherings. | 3rd Sunday of the Month 7:00pm—10:00pm | Fees apply | ① Noor M Mohammed ✉ Haamiinc@gmail.com |
| Influence Church Music Classes Guitar and Keyboard lessons for children | Saturdays 8:30am—11:00am | Fees Apply | ① Aman Luthra ☎ 0405 606148 ✉ aman20088sonu@gmail.com |
| Islamic Circle of Australia & New Zealand Faith based volunteer organisation meeting monthly, programs to suit all ages including activities for kids. | 1st Saturday on the Month 6:00pm-9:00pm | No Cost | ① Yasir Ishaq ✉ yasir.ishaq@icandawah.org |
| Le Petrel Mauritian Seniors Club Inc Seniors gathering with Social Activities | Wednesdays 12:30pm—4:30pm | Fees apply | ① Patrick ☎ 0421 079 740 |
| Lions Club of Point Cook Like minded people join our friendly team to assist community groups & individuals in need, as well as projects on making public areas more enjoyable. | Mondays (Monthly) 7:30pm-9:30pm | Fees apply | ① Sam ☎ 0458 536 461 ✉ pointcook.vic@lions.org.au |
| Point Cook Chinese Friendship Group Meet weekly to dance, sing, learn songs and learn English. | Mondays (Dance) 1:00pm—3:00pm Thursdays (Singing) 11:30am—3:30pm | Fees apply | ① Lisa Zhong ☎ 0421 991 696 ✉ mimilisa5@126.com |
| Point Cook Indian Seniors Group Recreation activities based on significant days of celebrations throughout the year. Collaborating with other groups focusing on health & wellbeing seniors & occasional guest speakers. | 2nd Tuesday of Month 12:00pm-2:30pm Fridays 11:00am-2:00pm | No cost | ① Indira ☎ 0402 458 648 ✉ indiramohan37@gmail.com |
| Wyndham Active Youngs @ 55 Inc. A seniors group that focuses on health and well-being that welcomes all cultures and backgrounds. Activities include Table Tennis, Yoga, Games & more. | Mon 9:00am-10:30am Tues 9:30am-2:30pm Wed 9:30am-11:00am | Fees apply | ① Jugal ☎ 0490 390 665 ✉ jugal.chhabra@yahoo.com |
| Jamieson Way Community Centre | Day & Time | Cost | Information |
| Gospel Power Ministries Faith based Pentecostal church sharing the gospel locally, nationally & internationally | Wednesday - Youth Friday - Prayer Sunday - Service | No cost | ① Matthew ☎ 0429 959 726 ✉ kmatthewr3@gmail.com |
| Ghana Presbyterian Church Presbyterian church service of Ghana | Sunday 7:30am –9:30am | No cost | ① Andy ☎ 0426 842 831 ✉ andybernard2004@gmail.com |
| Point Cook Action Group Local community group | 3rd Monday monthly 7:00pm—9:00pm | No cost | ① Bob ☎ 0409 252 872 |

Community, Cultural & Faith Groups

| Point Cook Community Learning Centre | Day & Time | Cost | Information |
|---|--|----------------|---|
| Iraqi Cultural Group in Australia Social & educational covering interesting topics, art performance & general knowledge of a multicultural Australian-Iraqi society for continuous improvement. | Sundays (2nd of the month) 1:00pm—3:00pm | Fees apply | ① Farial Jafar ☎ 0422 798 587 ✉ farial.jafar@gmail.com |
| Light of Jesus Feast Melbourne West is that place where you are loved. Join us for Holy Mass, praise and worship and an empowering talk on how to live better. | Sundays (4th of the month) 3:00pm—5:00pm | No cost | ☎ 0414 401 178 ✉ feastmelbournewest@gmail.com 🌐 www.feast.ph |
| Local Spiritual Assembly of the Baha'is of Wyndham Focusing on strengthening ability to build more harmonious, just & prosperous communities. Based on the teachings of the Baha'i faith & open to all. | Saturdays 3:00pm—5:00pm | No cost | ① Shiva or Jenny ☎ 0435 348 755 / 0430 568 735 ✉ wyndham@vic.bahai.org.au 🌐 bahai.org.au |
| Melbourne Yangtze Choir Chinese Community Choir that dance, drum & sing in both English & Mandarin. Great way to learn English & improve musical skills. | Tuesdays 1:00—3:00pm Wednesdays 12:00pm—2:30pm | Fees apply | ① Mei ☎ 0432 669 379 ✉ yangtzechoir@gmail.com |
| Melbourne West Korean Seniors Club Meet monthly with other Korean seniors to build community & connect with one another. | Wednesdays (4th of the month) 10:00am—1:00pm | Fees apply | ① Sunny or Don ☎ 0435 042 383 or 0409 722 462 ✉ sunnywood55@gmail.com |
| One Faith Christian Church welcoming people from all cultures & backgrounds for Jesus & his Gospel. Trilingual service in English, Mandarin & Cantonese. Children ministry provided for school aged kids. | Wed 8:00pm-9:00pm Fridays 8:00pm—10:00pm (1st ,3rd & 4th month) Sun 9:00am—1:00pm | No cost | ① Ps. Simon Cheng / Liyuan Liu ☎ 0422 770 616 / 0433 710 678 ✉ info@onefaith.org.au 🌐 onefaith.org.au |
| Point Cook Chinese Friendship Association Calligraphy & painting program for members. | Mondays 9:00am—11:00am | Fees apply | ① Sanhong Zhu ☎ 0437 310 888 ✉ zhusanhong123@gmail.com |
| Point Cook Royals Various activities including yoga, singing, seniors get together, dancing, cultural festival celebrations, poem reciting and educative seminars. | Wednesdays (1st & 3rd of month) 12:00pm—3:00pm | Fees apply | ① Rajendra / Pankaj ☎ 0479 115 930 / 0434 199 254 raj3006@gmail.com/pkghai@gmail.com |
| Seventh Day Adventist Intergenerational worship service, fundraising concerts, free community dinners, educational program on parenting, relationships, health, natural remedies etc. | Saturdays 3:30pm—5.30pm | No Cost | ① Danijela Trajkov ☎ 0423 371 841 ✉ danielatrajkov@adventist.org.au |
| Sewa International Indian wellness seniors group aimed at encouraging independence through yoga & social interaction. | Sundays (1st & 3rd of month) 1:00pm—4:00pm | No cost | ① Prem/ Deepak ☎ 0430 740 023/ 0413179414 ✉ prem@live.com.au ✉ deepakks@sewaaustralia.org |
| South Sudanese Social Group The South Sudanese Social Group is aimed at getting community members to meet and socialise but also talk about issues that are impacting the community. | Saturdays 1:00pm—3:00pm | No cost | ① Aweeng Deng & Achie Koal ☎ 0403 523 428 ✉ aweeng.deng@wyndhamcec.org.au |
| United Muslims Residents Association Muslim based faith group that meet weekly for their Friday prayers. | Fridays 2:00pm—3:30pm | No cost | ① Mohammad ☎ 0403 566 165 ✉ info@umra.org.au |
| Wyndham Chinese Cultural Promotion Group Helps migrant seniors settle & connect with others. Activities include art, craft, calligraphy, music,& Tai Chi | Mondays 9:30am—2:30pm | \$20 per annum | ① Carrie Lu ✉ wccpipointcook@gmail.com |

Community, Cultural & Faith Groups

| Saltwater Community Centre | Day & Time | Cost | Information |
|--|--|----------------------------|---|
| Christ New Creation Non-denominational gospel service conducted in English. Everyone from different backgrounds. Sunday schools for kids, aged 3-10. Outside of Sunday, we have support groups, outreach, Bible studies, and Youth groups. | Sundays 2:30pm—5:00pm | No Cost | 📞 Dennis ☎ 0416 850 191 |
| CWA Point Cook Branch We enjoy raising money to help our community & spending social time together. We also have craft sessions occasionally to learn something new. | 3rd Thursdays Monthly 7:00pm—9:00pm | Annual CWA Membership Fees | 📞 Lesley Turton ☎ 0497 652 622 ✉ grannylesley50@gmail.com 🌐 cwaofvic.org.au |
| Faith Harvest Worldwide Ministries Inc Our activities include preaching, singing & playing the piano/organ. Youth, Men & Women Ministries. | Sundays 11:00am—2:00pm | No cost | 📞 Joseph ☎ 0422 832 749 ✉ joshthom82@gmail.com . |
| Indian Catholic Cultural Group We love bringing together Indian Catholic families from around the world. A place to meet, connect and make new friends. A good platform for our youth to get involved and stay connected with our culture. Christmas Dinner & Dance—25 November 2023 | 25 November 2023 6:00pm to 10:00pm | Registration Compulsory | 📞 Fiona / Jackie ✉ Indiacatholicculturalgroup@gmail.com |
| Multicultural Women Victoria Ministries Inc We bring together local multicultural women who are feeling isolated & disengaged through our Global Kitchen & Women's Circle. | 1st & 3rd Tuesdays Monthly 11am-1pm | Fees Apply | 📞 Sudha Narayan ☎ 0432 489 584 ✉ shudha-Narayan@hotmail.com |
| Western Gymkhana Club Inc Meet local families monthly for social & recreational activities, celebrates special events together. Visiting/staying parents are part of your membership | 2nd Saturdays Monthly 7:00-pm11:00pm | Fees Apply | 📞 Sudhir Juneja ☎ 0415 661 021 ✉ Western.gymkhana@gmail.com 🌐 www.westerngymkhanaclub.com.au |
| Point Cook Royals Various activities including yoga, singing, dancing, cultural festival celebrations, poem reciting & educative seminars. | 2nd & 4th Thursdays Month 12:30pm—3:30pm 3rd Saturday monthly 6:30pm—9:30pm | Fees Apply | 📞 Rajendra / Pankaj ☎ 0479 115 930 / 0434 199 254 ✉ raj3006@gmail.com ✉ kghai@gmail.com |
| Saltwater Craft Group Let's come together and get creative . Bring in your own projects to work on, patchwork, quilting, embroidery, knitting, crotchet, sewing. All skill levels are welcome. | Mondays 9:30am-11:30am | No cost | 📞 Saltwater Community Centre ☎ 8376 5501 ✉ saltwatercc@wyndham.vic.gov.au |
| Saltwater Indian Seniors Group Lets get social, make new friends, play some games & have some laughs over a cuppa. Visiting parents & grandparents are welcome. | Thursdays 1st & 3rd of the month 11:00am—2:00pm Bookings essential! | No cost | |
| Saltwater Gardeners Group Committed to sustainability & growing their own produce through edible gardening. A great place to connect with others in the community & learn. | Sunday 1st of the month 9:30am Tasks are assigned | Fees Apply | 📞 Kim Pastore ✉ saltwatergardenchampions@gmail.com All experience levels are welcome. |
| Wyndham Chinese Happy Life Association Inc Promotes mental & physical health in Chinese seniors. Volunteers teach dancing, Tai Chi, square dancing, bowling, cooking, table tennis & gardening. | Wednesday 1:00pm—3:00pm Fridays 12:00pm—4:30pm | Fees Apply | 📞 CK Wong ☎ 0468 337 688 ✉ cheekeong46@gmail.com |
| English conversation Class | Tuesday 10:00am-12:30pm 1:00pm-3:30pm | | |

Supports & Services

| Featherbrook Community Centre | Day & Time | Cost | Information |
|--|--|------------------------|--|
| Justice of the Peace Document Signing Station by appointment only | Mondays, Wednesdays & Fridays Pre-Booked Appts | No Cost | ① Dr Shardul Arora ☎ 0434 680 022  |
| Australian African Foundation for Retention & Opportunity AFFRO help to engage with young people of CALD communities within Wyndham particularly those of African Australian background. | Fridays 9.00am—4.30pm | No Cost | ① Jiress Musafiri ☎ 0428 338 634 ✉ jm@aaafro.com.au |
| Jamieson Way Community Centre | Day & Time | Cost | Information |
| Justice of the Peace Document signing station | Thursday and Friday 9:30am—1:00pm | No cost No bookings | For more information visit: https://www.justice.vic.gov.au/ |
| JWCC Food Relief Program Referrals welcome | Tuesday Contact for collection details | No cost | ① Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au |
| Point Cook Community Learning Centre | Day & Time | Cost | Information |
| Justice of the Peace Document signing station in the library. | Wednesdays 6:00pm—7:45pm | No Appt required | ① Point Cook Library ☎ 8734 8999 |
| Saltwater Community Centre | Day & Time | Cost | Information |
| Justice of the Peace Document signing station. By appointments. Walk-ins welcome, expect wait time. | Tuesdays & Thursdays 12:00pm—1:00pm | No Cost | ① Patricia Hume ☎ 0419 958 665 |
| Wyndham Young Stroke Network Share Support Encourage—Informal social meet-up for survivors and carers aged 55 and younger . | Tuesday Last of the month 11am-1pm | No Cost | ① Bob ☎ 8376 5501 ✉ saltwatercc@wyndham.vic.gov.au |
| Men's Peer Support Group in West Melbourne Area Non Judgemental and safe space for men. Who can attend: Any men, especially from migrant and refugee background | Saturday 1st of the month 3:00pm—5:00pm | No Cost | ① Prince Kennett ☎ 0415 259 594 ✉ info@redefinecounselling.com.au |



PROUDLY PRESENTED BY




WERRIBEE PARK
SUNDAY 22 OCTOBER 2023
10AM-4PM

FREE ENTRY WITH TICKET
wyndham.vic.gov.au/childrenswEEPicnic

Support & Services

Free Youth & Family Counselling

Available to young people aged 12 – 25 who live, work, study or recreate in Wyndham. Youth focussed and centred support is also available to parents and carers

WE OFFER:

- Up to 2 free sessions
- Connect you to local Specialist and Psychologists

Available for children aged 8 – 11 and their parents or carers WJP seeking primary and early intervention counselling.

WE OFFER:

- Up to 10 free individual counselling sessions
- Up to 10 free family group counselling sessions
- Connect you to specialists, including bulk billing (free) psychologists



Visit our website or call 8734 1355
for more information
www.wyndham.vic.gov.au/counsellingsupport

wyndhamcity
Youth
Services



COMMUNITY CONNECTOR

Support – Inform – Connect

Wyndham's City Community Connectors are available to assist all residents in our community to access the services they need and empower them to make informed decisions. The Community Connector team can provide specific information and referral/s to local supports & services tailored to meet the needs of the individual. Some of the services may include:

- Information and assistance accessing services for e.g. My Aged Care, NDIS, HACC PYP
- Links to social support and community groups/activities
- Information and referrals for emotional support, counselling, food relief and material aid
- Advocacy support and information



Community Connectors will be available at these Community Learning Centres:

- **Moses THURSDAY 8:00am to 3:30pm**
Point Cook Community Learning Centre
- **Melissa WEDNESDAY 8:00am to 5:00pm**
Tarneit Community Learning Centre
- **Mellina FRIDAY 8:00am to 5:00pm**
Manor Lakes Community Learning Centre

We have specialist Ageing Well Connectors available to support older residents and their families.

Call 8734 4514 and ask for a Community Connector or email communityconnector@wyndham.vic.gov.au
Interpreter Services can be organised on request.

Community Breakfast Program - Drop in FREE breakfast (toast, cereal, fruits) for all community members. Drop in and join us for breakfast. (Children must be supervised and attend with an adult). Operating during school terms only.

Day/Time: Thursdays 8am-9:30am (during school term only) **Address:** Dianella Community Centre, 6 Congo Drive, Tarneit

Phone: 8742 8300 **Email:** dianellacc@wyndham.vic.gov.au

Central Park Community Foodbank – Run by Project Juan Community Food Bank

Day/Time: Tuesdays 9:30am-11am **Address:** Central Park Community Centre, 80 Lonsdale Circuit, Hoppers Crossing

Phone or text: Aljeenne on 0481 316 477 **Email:** projectjuan@ccmaustralia.org

Facebook <https://www.facebook.com/ProjectJuan.org/>

Food Bank Manor Lakes Providing food items to people in need. **Day/Time:** Wednesdays (during school term only) 12pm -1:30pm

Address: Manor Lakes Community Learning Centre, 86 Manor Lakes Boulevard, Manor Lakes

Email: foodbank@newstart.org.au **Facebook:** <https://www.facebook.com/community.food.assistance/>

Hoppers Crossing Equip Church Drive through food bank provides fresh & non-perishable food items to individuals and families from all walks of life.

Day/Time: Wednesdays from 9am until stock lasts. **Address:** 147-155 Hogans Road, Hoppers Crossing

Phone: 9748 9177 **Email:** equipcommunityservices@swcc.org.au

Support & Services

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| <p>Jamieson Way Food Relief Program Food relief runs weekly to community members in need. Bookings essential, no walk ups. Contact us directly to make special requests around dietary requirements Day/Time: Tuesday 11:30am-1:30pm Address: Jamieson Way Community Centre, 59 Jamieson Way, Point Cook Phone: 9395 3777 Email: admin@jamiesonwaycc.org.au</p> |
| <p>Life Community Kitchen Email: communitykitchen@lifeau.org All Welcome—gathering around a meal to provide families and individuals support and relief. Free Hot Dinner, Bookings not required Day/Time: Monday 6.00pm – 8.00pm Address: Arndell Park Community Centre 29 – 49 Federation Blvd, Truganina Day/Time: Tuesday 6.00pm – 8.00pm Address: Tarneit Community Learning Centre 150 Sunset Views Blvd, Tarneit</p> |
| <p>Point Cook Food Bank Available to all members of the community, no questions asked. Provide your own bags if possible. Day/Time: Sundays 1pm-3pm Address: Cross Culture Church, 7 Adelphi Boulevard, Point Cook (near Alamanda entrance) Email: foodpantry@crossculturepointcook.net.au or https://crossculturepointcook.net.au/ Or contact via Facebook: https://www.facebook.com/pointcookfoodbank/</p> |
| <p>Pulse With Purpose Dianella Community Centre Halal friendly meals for vulnerable families, BYO containers. Pre orders welcomed Day/Time: Tuesday 1pm-2:30pm Address: 6 Congo Drive, Tarneit Phone: Musarrat 0404 548 254 Email: pulsewithpurpose@gmail.com</p> |
| <p>Restoration Outreach – International Ministries Inc. Free food for struggling families and people in need. Fresh food, Frozen food, Dry food, Food Hampers, Fresh Fruit, Vegetables Day/Time: Saturday 9:00am – 12:00pm Address: 5/13 – 19 Tariff Court, Werribee Phone: 0411 757 174, 0470 571 109, 0492 425 473</p> |
| <p>Salvation Army - Community Support and Emergency relief programs. Address: 211 Watton St, Werribee Phone: 9731 1344 Emergency Relief - If you find yourself in difficult circumstances, access short-term financial assistance in the form of food parcels & vouchers. Phone assessment required. Day/Time: Monday, Tuesday, Wednesday and Thursday 9:30am-2pm. Drop in service - Offer free Tea and Coffee, hot showers and clothes washing facilities for people experiencing homelessness Day/Time: Monday to Friday from 9am– 5pm Salvos on the move Bus - Free BBQ tea (gold coin gratefully accepted). Day/Time: Weekly on Friday Nights at 6pm. Address: Werribee Railway Station (Bus Side).</p> |
| <p>Sikh Community of Western Victoria Cooked vegetarian meals. Call to arrange. Day/Time: Everyday 10.00am – 8.00pm Address: 560 Davis Road, Tarneit Phone: Gurpreet Singh 0422 025 217, Sandeep Singh 0433 003 309, Pritam Singh 0421 138 113</p> |
| <p>Tarneit Foodbank run by the Epiphany Church to support community members of all ages. No referrals needed. Includes fresh food, frozen food & dry goods. Day/Time: Every Tuesday 10.30am-11.30am Address: Penrose Promenade Community Centre, 83 Penrose Promenade, Tarneit Phone: 8734 4500 Facebook: https://www.facebook.com/TarneitFoodBank/</p> |
| <p>Werribee Baptist Church – Food Hampers Contact to book for interview appointment. If you don't have transport, an interview can be made by phone and the food hamper can be dropped off at your home. Day/Time: Tuesday or Friday afternoon, between 1pm – 3pm Address: 225 Heaths Road, Werribee Phone: 9749 3166</p> |
| <p>Uniting Wyndham Food parcels & food vouchers for people with little to no income. Can also assist with other material aid (like clothing/bedding) by specific request. Provided by appointment only. Day/Time: Monday to Friday 10am to 2pm. Food assistance via phone appointments 10am-2pm Address: 1 Duncans Road, Werribee (enter via Watton Street) Phone: 9051 2000 Email: wyndham.reception@vt.uniting.org</p> |
| <p>Wyndham Park Community Centre Foodbank Has cultural appropriate food. Small \$2 contribution paid on the day (which goes towards ongoing cost of the program), BYO bags. Includes fresh food and dry goods. For Werribee and Hoppers Crossing residents only Day/Time: Every Thursday 9.30am to 12.00pm, <u>call beforehand</u>. Address: 55-57 Kookaburra Avenue, Werribee Phone: 03 9742 7298 Email: admin@wyndhamparkcc.com.au</p> |
| <p>Wyndham Youth Services Foodbank The service is available for young people of 12-25 years who are struggling and need assistance. Includes baby items, formula and nappies if in stock. Call to arrange a pick up Day/Time: Monday to Friday 9am-5pm, Address: Youth Resource Centre, 86 Derrimut Rd, Hoppers Crossing Phone: 8734 1355</p> |



community hubs
programs and events
youth services
maternal & child health
kindergartens
library services



Featherbrook Community Centre, 33—35 Windorah Dr, Point Cook VIC 3030



Jamieson Way Community Centre, 59 Jamieson Way, Point Cook VIC 3030



Point Cook Community Learning Centre—1-21 Cheetham Street, Point Cook



Saltwater Community Learning Centre, 153 Saltwater Promenade, Point Cook VIC 3030