Wyndham Workers with Young People Network

Minutes

Thursday 4th May 2023 -9.30am - 11.00am –Online

1. 9:30 am Welcome Acknowledgement of the Kulin Nation

Wyndham City Council recognises Aboriginal and Torres Strait Islander peoples as the First Custodians of the lands on which Australia was founded. We acknowledge the Bunurong and Wadawurrung people as the Traditional Custodians of the lands on which Wyndham is being built. We pay respect to Ancestors and Elders who always have, and always will, care for Country and community today and for future generations.

2. House Keeping

Mute, video, comments, raise hand, sharing, fortnightly newsletter

3. Group Discussion – brainstorm trends or challenges young people are currently experiencing & share possible solutions or referral pathways.

Cali – Wyndham Youth Services: **Shared the Go Girls soccer program**. <u>https://www.wyndham.vic.gov.au/whats-on/go-girl-soccer</u>

Simone – DFFH: Introducing Refugee Program.

- Challenges for young people living in the further west. Difficulty accessing transport which is resulting in young people driving unlicensed to get to their place of work or education. Simones team run information sessions for the community about the issue.
- Young people having difficulty getting placement, which impacts their work experience when seeking employment. Some industries that they are seeking placements are, community services and mechanics.
- Question asked in the chat: How long is a VCAL placement? Answer: A day a week or an afternoon a week during the school term.

Joan – Wyndham Youth Services: How can we as youth workers support young people who are experiencing bullying in their school?

Malia – Whitelion: Shared personal experience and the challenge of gaining sufficient support in the schools (acknowledging the workload of teachers). Acknowledged the impacts that families or personal situation can have on a young person & the potential to lead to them acting out aggressively towards others. Encouraged people to be proactive & speak up when made aware of bullying instances. To work alongside the schools to support in addressing the issue.

Joan- Wyndham Youth Services: Highlights the need for programs, information sessions & mentorship about bulling. Schools do not always have the capacity to address the issues & some are struggling to recruit for mental health & wellbeing supports. Acknowledge the complexities of online bullying.

Briar – Wyndham Youth Services: Mentioned that the Counselling Team have had a facilitator deliver a Bullying information session to parent & carers. This could be an option for schools as well.

Tori – Wyndham Youth Services: Shared details in the chat, <u>https://www.bullyzero.org.au/</u>

Sara Klank- Team Leader & Youth Worker:

- Family Violence and domestic violence is a prominent issue. Young people are experiencing violence at home. Asked the question as to whether this was a common experience across the board?
- Young people coping with drug and alcohol abuse. Sara's team are working with AOD trained professionals to support her team in supporting the young people.

Luke McConnel- YSAS: Shares a program that works with Victoria Police. When supporting young people who have experienced Family Violence often it is difficult for them to talk about their experience. When it comes to solutions, some have trouble knowing where to start & how to cope in a healthy way.

Sara Klank- Team Leader & Youth Worker: Asks the group to share resources about training to support young people and families

Briar - Wyndham Youth Services: Shares link in chat: https://www.wyndham.vic.gov.au/familyviolencesupport

Malia – Whitelion: Shares that sometimes in the Pacific Islander culture people will not disclose experiences of family violence. Consideration for the fear of getting in trouble with family or community, concern that they will be taken away from their family or worry they will bring shame on their family.

Laura Egan – Hobsons Bay Youth Services: Share that there is a lack of support for male identifying young people experiencing family violence from their caregivers. It is important to recognize the lack of support available to young men experiencing family violence as it can make the experience more isolating.

4. Information Sharing

Adrian Gonnella – Team Leader, Wyndham Youth Services: Promoting All Abilities athletics carnival. Promoting all abilities athletics carnival. A range of different event (depending on how many people will join), it's open for registration by the end of this week. Promoting the call for entries, spread the word among networks to call for disabled young people who might be interested to register for the event.

- Date: Saturday 3rd June during the morning
- Contact information about the event: adrian.gonnella@wyndham.vic.gov.au, <u>candace.lobow@wyndham.vic.gov.au</u>
- Link with all the information about the event https://www.wyndham.vic.gov.au/whats-on/all-abilities-athletics-carnival

Laura Egan – Hobsons Bay Youth Services: Starting a Youth Ambassadors Group of young people interested in leadership & advocacy.

- Parenting free webinar series, sleeping patterns in teens, young people's mental health, etc. Link with information about the parenting webinars: <u>https://www.hobsonsbay.vic.gov.au/Community/Community-services/Young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-for-young-people/Support-fo</u>
- Running drop ins with Western Bulldogs in Newport. More information about Hobsons Bay programs and events: <u>https://www.hobsonsbay.vic.gov.au/Community/Community-services/Young-people/Whats-on-for-young-people-in-Hobsons-Bay/Latest-events</u>
- Contact information: legan@hobsonsbay.vic.gov.au

Briar Mikus – Youth Development Officer, Wyndham Youth Services:

• Promoting Manor Lakes drop-in programs with food, activities, and games available.

- On the ball program in Eagle Stadium, to be running weekly to make it more consistent
- Nothing But Net is a youth basketball competition with different age cohorts. There will be entertainment, and prizes presentations. The event will take place on June 28th.
- Youth Mental Health first aid training. Invitation to join training with team, external services providers are welcome to join in case of more capacity.
- Contact information: <u>briar.mikus@wyndham.vic.gov.au</u>

Danielle Diez- Youth Development Officer, Wyndham Youth Services: promoting two CREATE workshops

- Cook Up program. There is more booking available. Experimenting with new ingredients and recipes, which was popular last year. More information: https://www.wyndham.vic.gov.au/whats-on/create-cookup
- Supercharcharge Games Day information: <u>https://www.wyndham.vic.gov.au/whats-on/create-supercharge-games-day</u>
- Contact information: <u>Danielle.diez@wyndham.vic.gov.au</u>

Joan Malgapo – Youth Participation & Projects, Wyndham Youth Services:

- Promoting Way Out West photo competition, <u>https://www.wyndham.vic.gov.au/form/2023-way-out-west-photography-co</u>
- One Wyndham winner nomination, for young people who have done a contribution in Wyndham.

Malia - White Lion, Youth Community Integration Program:

- Alisa provides housing support services.
- Young people in the program is 10 to 17 years in out of home care and we are currently recruiting volunteer mentors.
- For collaborations email: malia.vaeososeumalu@whitelion.asn.au or call 0432 487 445 More information: <u>Volunteer Mentors North West Metro Melbourne Whitelion Youth</u>

Sara Klank:

- Running a professional day for mental wellbeing. Forum for secondary school wellbeing workers: <u>https://tix4good.org/event/youth-forum-wellbeing-and-resilience/</u>
- Programs focused in sexual abuse, family violence, drug and alcohol abuse.

Candance Lobow - Youth Development Officer, Wyndham Youth Services:

Try it out at Koomail Tardy is series of workshops for people to show their skills, eg. Baking workshop, painting workshop, DIY cookie decorations, a nice program for young people to attent after schools. Here is the link for the Try it out Koomail Tardy program: https://www.wyndham.vic.gov.au/whats-on/try-it-out-koomail-tardy

Tanya Whitmore – Team Leader, Wyndham Youth Services

- Promoting Idahobit event Wyndham City Council with morning tea, panel discussion, and guest speakers.
- More information to be found here: <u>https://wyndhamcitycouncil.sharepoint.com/sites/WYNi/_layouts/15/Event.aspx?ListGuid=2ed7c</u> <u>995-0a1d-4358-a120-8d2f27799835&ItemId=622</u>

Newsletter

To submit your information for sharing with the Network please complete the ONLINE FORM

To subscribe to the Network: <u>SUBSCRIBE HERE</u>

To request to present at a meeting email: <u>WyndhamYouthNetwork@wyndham.vic.gov.au</u>

For previous Network Minutes and meeting dates visit: <u>Wyndham Workers with Young People Network</u> <u>Website</u>

Any enquires regarding the Youth Resource Centre or Wyndham City Youth Services please contact reception on 8734 1355 or email: <u>youthinwyndham@wyndham.vic.gov.au</u>

Join the next meeting:

To join this meeting – click on the link at the scheduled meeting time: Join Microsoft Teams Meeting Learn more about Teams | Meeting options

2023 Meeting Dates

15 June- Face to face

27th July- online

7th September- online

19th October -online

30TH November – Face to Face