

THE BUZZ

Term 2, 2023

Wyndham Central

Arndell Park Community Centre
Dianella Community Centre
Penrose Promenade Community Centre
The Grange Community Centre
Tarneit Community Learning Centre



Coming soon to a Community Centre near you...

NEIGHBOURHOOD HOUSE WEEK

8 - 14
MAY 23

Locals connecting Locals

Turn to page 2. for program information

Neighbourhood House Week, happening across Australia from **8 to 14 May 2023**, is a nationwide initiative to celebrate the role of over 1,000 Neighbourhood and Community Houses and Centres.

This year's theme is '**Locals connecting Locals**'. Here is three reasons why you should get involved.

THERE ARE OVER **1000** NEIGHBOURHOOD AND COMMUNITY HOUSES AND CENTRES ACROSS AUSTRALIA!

THERE ARE OVER **400** NEIGHBOURHOOD HOUSES IN VICTORIA DOING AMAZING WORK IN THEIR LOCAL COMMUNITIES.

NEIGHBOURHOOD HOUSES IN VICTORIA PROVIDE OVER **\$1.1 MILLION** A DAY IN COMMUNITY VALUE

Arndell Park Community Centre	29-49 Federation Blvd, Truganina VIC 3029	Phone: (03) 8734 8911
Dianella Community Centre	6 Congo Drive, Tarneit VIC 3029	Phone: (03) 8742 8300
Penrose Promenade Community Centre	83 Penrose Promenade, Tarneit VIC 3029	Phone: (03) 8734 4500
The Grange Community Centre	260-280 Hogans Rd, Hoppers Crossing VIC 3029	Phone: (03) 8742 8000
Tarneit Community Learning Centre	150 Sunset Views Blvd, Tarneit VIC 3029	Phone: (03) 8734 6040

NEIGHBOURHOOD HOUSE WEEK

8 - 14
MAY 23

Locals connecting Locals

For more details
Scan QR Code



Date	Activities at the Community Centres of Wyndham Central
Monday 8th May 12pm—2pm	Fun and Games from Around the World at Penrose Promenade Community Centre Come along for some fun as we share food & childhood games from around the globe. For Seniors ☎ 8734 4500 ✉ penrosepromenadecc@wyndham.vic.gov.au
Tuesday 9th May 10:00am-12pm	Paint a Pot at Arndell Park Community Centre Colour your garden with a painted pot For Seniors ☎ 8734 8911 ✉ arndellparkcc@wyndham.vic.gov.au
Wednesday 10th May 10:30am-12pm	Sip (Chai Tea) and Paint at Dianella Community Centre You don't need experience to paint. Join us for a community Sip Chai tea and paint session. Learn new tips or share your tips & enjoy some Chai tea. Materials Supplies. For All ages ☎ 8742 8300 ✉ dianellacc@wyndham.vic.gov.au
Friday 12th May 11am—1pm	Seniors House of Fun with Stalls and a Card Making Workshop at The Grange Community Centre Get creative with arts, crafts, cards and board games. Enjoy craft stalls, a card making workshop & morning tea For All ages ☎ 8742 8000 ✉ enquiries@grangecommunity.org.au
Friday 12th May 12:30pm—2pm	Edible Gardens Workshop Love Seasonal Gardening? Come along to a gardening workshop with Horticulturalist, Craig Castree. For All ages ☎: 8734 6040 ✉ tarneitclc@wyndham.vic.gov.au

Visit your local Community Centre for more information on Neighbourhood House Week programs and activities listed above. ALL programs are free of charge and subject to availability. Call and register your interest to avoid disappointment.

ACKNOWLEDGEMENT OF COUNTRY

Wyndham City Council recognises Aboriginal and Torres Strait Islander peoples as the first nation peoples of Australia. We acknowledge the Bunurong and Wadawurrung Peoples as Traditional Owners of the lands on which we provide community services.

The Wadawurrung and Bunurong Peoples have and always will belong to the Werribee Yalook (river), creek, stars, hills and red clay of this country. We pay respect to their Ancestors and Elders who always have and always will care for Country and community today and for future generations.



Festival of Colours with Club 60 Tarneit at Tarneit Community Learning Centre

March 13th, 2023

In a vibrant display of colors, Club 60 Tarneit celebrated Holi Day with great enthusiasm. Holi, also known as the "Festival of Colours". It is a popular Hindu festival that is celebrated by millions of people worldwide.

Club 60 Tarneit organised this event to bring together people from different backgrounds and cultures to enjoy the festivities of Holi. Members and guests were treated to music, dancing, and a variety of delicious Indian foods. Many were dressed in traditional Indian attire adding to the colourful ambiance of the event.

The highlight was the throwing of coloured powder, a Holi tradition that symbolizes the victory of good over evil. Participants playfully smeared each other with vibrant colors, creating a joyful and festive atmosphere.

Speaking to us, President of Club 60 Tarneit, Sunil Abbott, expressed his delight in organising such a successful event.



The festival of Holi is not just about colours, but also about bringing people together and celebrating diversity. It provides an opportunity for people from different cultural backgrounds to come together and celebrate as one community.

Cultural celebrations can bring people together and promote a sense of harmony and togetherness. Club 60 Tarneit hope to continue organizing such events in the future and they invite everyone to join them in celebrating cultural diversity.

LEVEL UP is series of contemporary community gallery spaces spread across Wyndham with two locations in Tarneit, at Tarneit Community Learning Centre and Dianella Community Centre. These spaces have been developed to provide emerging artists with an opportunity to showcase their work and support their transition into professional practice.

A New Exhibition is coming to Tarneit Community Learning Centre starting Friday 28th April to Friday 7th July.

Join the artist, Ayesha Dharmabandu to celebrate the opening of this exhibition and to present these new artworks to the world.

Where: Tarneit Community Learning Centre

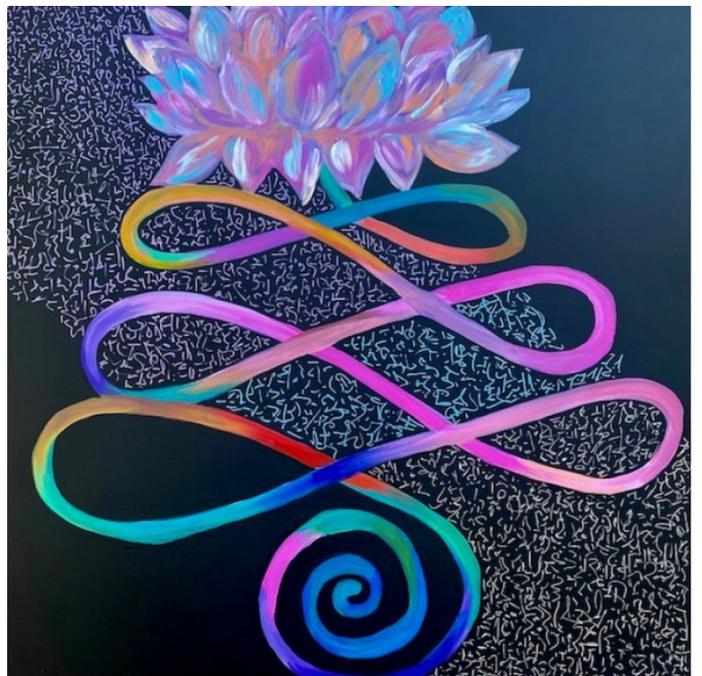
When: Wednesday, 10th May 2023 6:30PM– 8:30PM

This is a catered event, RSVPs are appreciated.

Bookings via Eventbrite:

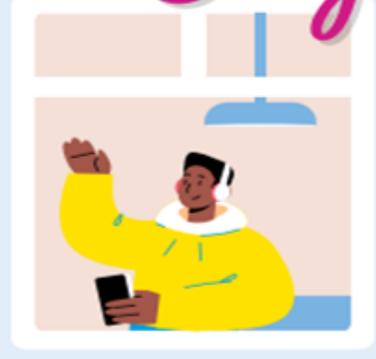
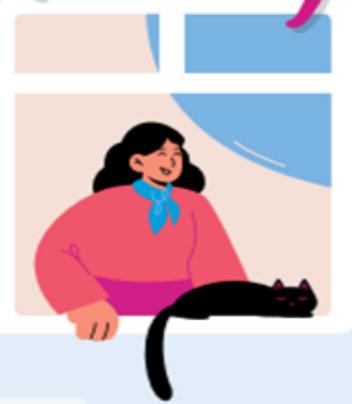
<https://www.eventbrite.com.au/e/exhibition-opening-night-flow-ayesha-dharmabandhu-tickets-617491512737?utm-campaign=social&utm-content=attendeeshare&utm-medium=discovery&utm-term=listing&utm-source=cp&aff=escb>

Flow, by Ayesha Dharmabandhu



ARNDELL PARK COMMUNITY CENTRE

Know Your Neighbour Day



The team at Arndell Park Community Centre hosted a hugely successful 'Know Your Neighbour' day on the 12th of April – during the school holiday.

The event aimed to encourage the community to meet the team, learn more about services, programs, activities and support on offer and of course to meet their neighbours.

Joined by the Mayor Cr Susan McIntyre, around 250 people enjoyed a wonderful day of food and activities including roller skating, a jumping castle, face painting and Henna hand painting, soccerjoey's, traditional dancing by women from the Bhartiya Seniors group, Council's Street Surfer bus, recycling education and activities and outdoor activities with Outkast. There were activities for everyone.



Early Years Programs & Activities

VARIOUS LOCATIONS	VENUE, DAY & TIME	CONTACT INFORMATION
<p>Maternal & Child Health Appointments</p> <p>Professional nursing support & advice for parents with children from birth to school age.</p>	By Appointment Only	<p>Contact: Maternal & Child Health</p> <p>☎ 1300 370 567</p> <p>🌐 www.wyndham.vic.gov.au <i>select Maternal & Child Health Services</i></p>
<p>Immunisations</p> <p>The Wyndham City Immunisation Unit provides free public vaccinations against a range of childhood and adult diseases.</p>	By Appointment Only	<p>Contact: Wyndham Immunisation Team</p> <p>☎ 1300 370 567</p> <p>🌐 www.wyndham.vic.gov.au <i>select Children's Services > Immunisations</i></p>
<p>First Time Parents Group</p> <p>Meet friendly local families to talk about your kids and have fun! Come along to share experiences, find advice, give support and make new friends.</p>	Weekly sessions	<p>Contact: Maternal & Child Health</p> <p>☎ 1300 370 567</p> <p>🌐 www.wyndham.vic.gov.au <i>select Maternal & Child Health Services</i></p>
<p>Supported Playgroup</p> <p>A playgroup that aims to meet the needs of vulnerable families in our community.</p> <p>Referrals for this service can be made by community services or families can self-refer through the Wyndham City Council website: https://www.wyndham.vic.gov.au/services/childrens-services/playgroups/supported-playgroups</p>	Weekly sessions	<p>Contact: Susan</p> <p>☎ 0427 523 177 or 1300 370 567</p> <p>✉ playgroup@wyndham.vic.gov.au</p>
<p>Wyndham City Council - Kindergarten</p> <p>3 & 4 Year Old Kindergarten Services.</p> <p>Enrol your child online.</p>	Weekly sessions	<p>Kindergarten Enrolment Officer</p> <p>☎ 1300 370 567</p> <p>🌐 www.wyndham.vic.gov.au <i>select Children's Services > Kindergarten</i></p>
<p>Wyndham City Council - Playgroup Enquiries</p> <p>Community run playgroups offer a relaxed, social atmosphere for parents and carers and provide a range of activities for children aged 0-6 years old to promote their social skills and development. Wyndham City can assist in locating the closest playgroup.</p>	Weekly sessions	<p>🌐 https://www.wyndham.vic.gov.au/services/childrens-services/playgroups/community-playgroups</p> <p>🌐 https://www.wyndham.vic.gov.au/form/community-playgroup-enquiry</p> <p>✉ communityplaygroup@wyndham.vic.gov.au</p>

Customer service at the Tarneit Community Learning Centre

YOUR COUNCIL CLOSE TO HOME

Did you know a range of council enquiries and transactions are available. You can now make:

- Council payments
- Kinder enquiries
- Pet registrations
- Rates enquiries and payments (*No cash payments are accepted*)

9am—5pm from Monday to Friday at the



Early Years Programs & Activities

ARNDELL PARK	DAY & TIME	COST	INFORMATION
<p>Arndell Park Muslim Playgroup A fun interactive activity based Islamic playgroup. A place for mothers and children to come together.</p>	Thursdays 10:30am-12:30pm	Fees Apply	Aafrin ✉ arndellparkmuslimpg@gmail.com Enrol here: 
<p>Arndell Park Multicultural Playgroup A playgroup for all cultures, mum, dads, carers and children. At 10:30am, we then go to Rhyme Time (held in the adjoining rooms).</p>	Thursdays 9am-10:30am	Fees Apply	Rukaiya ✉ arndellparkplaygroup@yahoo.com
<p>Rhyme Time and Pop-Up Library Ages 1-4 years Join us for Rhyme Time and a special Pop-Up Library every week (School Term only).</p>	Thursdays 10:30am-11:30am	No Cost	☎ 8734 8999
<p>Ummah Jameelah Islamic Early Years Program Islamic School Readiness Programs for 3-4yrs.</p>	Tuesdays & Wednesdays 9:30am-12:30pm	Fees Apply	☎ 0416 575 159
<p>Tiny Tutus Beginners Ballet class for children from 18 months to 5 years.</p>	Tuesday 9:15am-11am	Fees Apply	Contact: Tiny Tutus ☎ 1300 245 060 🌐 www.tinytutus.com.au
DIANELLA	DAY & TIME		INFORMATION
<p>Dianella Playgroup Community led playgroup for parents and carers with children aged 0-5yrs from all cultures and backgrounds.</p>	Tuesdays 9.30am-11.30am	Term Fees apply	Dianella Community Centre 8742 8300 Abbey.morley88@gmail.com
THE GRANGE	DAY & TIME		INFORMATION
<p>3+ Early Learning Program The 3+ Early Learning Program is planned and implemented by Trained Early Childhood Educators. The program aims to extend the child's development and learning, using routines and play based experiences appropriate for children's unique and holistic development.</p>	Monday to Friday 9:00am—2:00pm	5 hour session \$45 Child Care Subsidy applies to all of the 3+ programs	☎ 8742 8000 ✉ estelle.agius@grangecommunity.org.au
<p>Playgroup Meet parents and enjoy educational, play based learning and socialisation for children under 5.</p>	Tuesday 9am—11am	\$55 per term	Register at www.grangecommunity.org.au/ classes ☎ 8742 8000
<p>Out of School Hours Care Our approach to OSCH is to provide a high quality environment that is safe and gives children the opportunity to learn and play. Our service offers a wide range of fun, stimulating and appropriate experiences that reflect real world experiences and home settings.</p>	Monday to Friday during school term Before School Care 6:45am—9:00am After School Care 3:00pm—6:30pm For children attending the Grange P-12 Primary Campus	Fees apply	☎ 8742 8000 ✉ estelle.agius@grangecommunity.org.au

Early Years Programs & Activities

PENROSE PROMENADE	DAY & TIME		INFORMATION
<p>VICSEG Multicultural Playgroup</p> <p>This playgroup is for newly arrived and recently settled migrant and refugee families and offers the opportunity for children to learn social skills through play.</p>	<p>Friday 10am—12pm</p>	<p>No cost</p>	<p>Contact: Karen Diacono ☎ 8754 0512 ✉ kdiacono@vicsegnewfutures.org 🌐 https://vicsegnewfutures.org.au/</p>
<p>Messy Penguins Playgroup</p> <p>Parent run Playgroup for 1-5 year old's allowing like minded families to share, connect and learn important social skills.</p>	<p>Wednesday 9:30am -11:30am</p>	<p>\$45 per term</p>	<p>Contact: Charmaine Mogg ✉ messypenguinstarneit@gmail.com 🌐 https://www.wyndham.vic.gov.au/form/community-playgroup-enquiry</p>
TARNEIT	DAY & TIME	COST	INFORMATION
<p>Baby Time (0-12months)</p> <p>Songs, rhymes and finger play to encourage interaction with your baby in a fun environment with other parents.</p>	<p>Mondays 2pm—2:30pm Thursdays 9:30—10am</p>	<p>No Cost</p>	<p>Julia Gillard Library Tarneit ☎ 8734 0200</p>
<p>Tweddle—My Time</p> <p>A place to unwind and connect with others who understand. A world away from appointments and therapy. My Time offers peer support for parents & carers of children with disability or chronic health conditions. Children are engaged in activity with play helpers while carers connect, share ideas and swap tips</p>	<p>Monday 10am—12pm School term only</p>	<p>Conditions apply</p>	<p>Contact: Kim Mace ☎ 9689 1577 ✉ kim.mace@tweddle.org.au 🌐 https://www.tweddle.org.au/our-work/our-programs/mytime/</p>
<p>Tarneit Teddies Playgroup</p> <p>Come and join in fun activities which include rhymes, stories and songs and meet other families in your local area!</p>	<p>Tuesday 9:30am—11:30am School term only</p>	<p>\$40 per term</p>	<p>✉ tarneit.teddies@gmail.com</p>
<p>VICSEG – Multicultural Playgroup</p> <p>For migrant and refugee families. This playgroup offers the opportunity for children to learn social skills through play.</p>	<p>Wednesday 9:30am—11:30am School term only</p>	<p>No cost</p>	<p>Karen Diacono ☎ 8754 0512 ✉ kdiacono@vicsegnewfutures.org</p>
<p>Story Time (0-12months)</p> <p>Join us for Story Time! The 45 min includes stories, songs and rhymes, and a simple craft activity.</p>	<p>Thursdays (1st, 2nd, and 3rd of the Month) 2.30pm</p>	<p>No Cost</p>	<p>Julia Gillard Library Tarneit ☎ 8734 0200 Bookings: Tickets will be available on the day, 30 minutes prior to the start of the session, and will be offered on a strict first-come, first-served basis. See staff on the day for ticketing information.</p>
<p>Rhyme Time (1-5 Years)</p> <p>Join us in person to develop your child's language, body awareness, motor skills, and imagination through rhymes, music, and books. The 30-minute sessions include stories, songs and rhymes designed to develop early language, literacy and numeracy skills.</p>	<p>Tuesdays 2pm—2:30pm Wednesdays 9:30am—10am Fridays 9:30am to 10am</p>	<p>No Cost</p>	<p>Julia Gillard Library Tarneit ☎ 8734 0200</p>
<p>Baby Time (0-12months)</p> <p>Songs, rhymes and finger play to encourage interaction with your baby in a fun environment with other parents.</p>	<p>Mondays 2pm—2:30pm Thursdays 9:30—10am</p>	<p>No Cost</p>	<p>Julia Gillard Library Tarneit ☎ 8734 0200</p>
<p>Punjabi/English Story Time</p> <p>Join us for 45 minutes, songs, rhymes and craft in Punjabi and English. Meet other bilingual families, learn words in another language and help your child develop important language skills.</p>	<p>Thursday (4th of the month) 2.30pm School term only</p>	<p>No Cost</p>	<p>Julia Gillard Library Tarneit ☎ 8734 0200 Bookings: Tickets will be available on the day, 30 minutes prior to the start of the session, and will be offered on a strict first-come, first-served basis. See staff on the day for ticketing information.</p>

Early Years Programs & Activities

ARNDELL PARK	DAY & TIME	COST	INFORMATION
Abacus 4 Kids Fun and innovative way for kids 4-12years to learn mathematic skills mental arithmetic skills using abacus (soroban). Free trial class available.	Wednesdays 4:30pm-7:30pm	Fees apply	Jaslyn Toh ☎ 0406 946 069 ✉ admin@abacus4kids.com.au www.abacus4kids.com.au
Wyndham Community & Education Centre Computer Courses for all levels. Each course runs for 10 weeks.	Various	\$30 for Permanent Residents.	To enrol, go to 'short courses' at www.wyndhamcec.org.au Or contact for more information ☎ 9742 4013
Youth Services – Drop-In Program & Barber For Ages 12-25yrs. Youth Services are excited to come to Arndell Park as we begin to deliver programs for young people aged between 12yrs-25yrs.	Wednesdays 3:30pm-5:30pm	No cost	✉ youthinwyndham@wyndham.vic.gov.au
Robotics & Coding After School Program For ages 7yrs-15yrs. Build and code your own robot. Experience <i>real</i> coding with <i>real</i> robots. Free Trial Class Available.	Fridays 4:30pm-5:30pm	Fees apply	To Enrol or for more information: 
DIANELLA	DAY & TIME	COST	INFORMATION
Fun and Art Pty Ltd (KK Art) Art, drawing and craft classes for kids 5-8yr olds.	Mondays 4.30pm-5.30pm Saturdays 11.00am-12.00pm	Fees apply	Edmund 0420 948 140 Kkart.classes@gmail.com
After School Program After school program for kindergarten and primary school kids 4-12yrs. Sessions are about having fun, playing games, staying active and building friendships.	Mondays 3.30pm-5.00pm	FREE	https://www.wyndham.vic.gov.au/activetarneit
Mini Movers Physical literacy based program that uses different sports to increase motor skills of children between the ages 3-7yrs. Ensuring they have the suitbaales skills heading into primary school and to give them the tools to stay physically active for years to come.	Wednesdays 4.00pm-4.45pm	FREE	Register your interest https://www.Wyndham.vic.gov.au/activetarneit

COMMUNITY BREAKFAST PROGRAM

FREE breakfast for all.
Drop in and join us for breakfast.
(CHILDREN MUST BE SUPERVISED AND ATTEND WITH AN ADULT)

Every Thursday 7.30-8.30am

@ DIANELLA COMMUNITY CENTRE
6 CONGO DRIVE, TARNEIT

FOR MORE INFORMATION CALL 8742 8300 OR EMAIL: DIANELLACC@WYNDHAM.VIC.GOV.AU



life
Community Kitchen

Operating during school terms only

Proudly supported by
wyndham city coast council

Sahtain!

Pulse with Purpose is a Wyndham based not for profit working with the community. We're selling delicious, halal-friendly meals made lovingly by local volunteers every week to raise funds. Your purchase will provide free meals to families in need in your neighbourhood. We encourage you to bring your own containers to reduce single use plastics.



Meals on Tuesdays and Fridays
Pick up from Dianella Community Centre.
Scan for to order meals and for more info.

Education & Training Kids & Adults

THE GRANGE	DAY & TIME	COST	INFORMATION
<p>First Aid Training</p> <p>Choose from several First Aid certificate classes including Provide First Aid, Basic Emergency Life Support, CPR, Children's Services, Anaphylaxis, Asthma training and more</p>	<p>Alternating Wednesdays & Saturdays</p> <p>9am—4pm</p>	<p>Contact provider</p>	<p>☎ 9998 6188</p> <p>🌐 www.accreditedfirstaidcourses.com.au</p> <p>(Held at Central Park Community Centre)</p>
<p>Kumon</p> <p>Kumon helps your children reach their potential through English & Math enrichment classes.</p>	<p>Monday and Thursdays</p> <p>3pm—7:30pm</p>	<p>Contact Provider</p>	<p>Contact Priyanka</p> <p>☎ 0432 052 007</p> <p>✉ kumonhopperscrossing@gmail.com</p>
<p>Triscott Education Services</p> <p>CHC30213 Certificate III in Education Support</p>	<p>Thursday</p> <p>9am—3pm</p>	<p>Contact Provider</p>	<p>Contact: https://www.triscott.com.au/ Or</p> <p>✉ info@triscott.com.au</p>
PENROSE PROMENADE	DAY & TIME	COST	INFORMATION
<p>Abacus 4 Kids</p> <p>Fun and innovative way for kids 4-12years to learn mathematic skills mental arithmetic skills using abacus (soroban).</p>	<p>Various—Contact for further information</p>	<p>Fees apply</p>	<p>Jaslyn Toh</p> <p>☎ 0406 946 069</p> <p>✉ admin@abacus4kids.com.au</p> <p><i>Free trial class available</i></p>
<p>KK Art</p> <p>Art, drawing and craft lessons for children 4-8 years old. Our classes are designed to be the one stop shop to develop your drawing, painting, colouring and craft making abilities.</p>	<p>Sunday</p> <p>9:30am-10:30am</p>	<p>Fees Apply</p>	<p>Katherine</p> <p>☎ 0426 187 144</p> <p>✉ kkart.classes@gmail.com</p>
<p>System@Tech Learning Solutions</p> <p>A unique workshop for kids aged 4-15 years. We offer a range of skill development courses on high speed mental maths like ABACUS, Vedi Maths, handwriting, robotics & coding, calligraphy & Rubik's cube solving.</p>	<p>Saturdays</p> <p>1.30pm-4pm</p>	<p>Fees Apply</p>	<p>Gururaj Hosur</p> <p>☎ 0427 624 362</p> <p>✉ hello@systematech.com.au</p> <p>🌐 www.systematechedu.com.au</p>
<p>WCEC Junubi Wyndham</p> <p>Junubi Wyndham Homework Club will be assisting young African-Australians of South Sudanese background who live in Wyndham</p>	<p>Saturday 10am-12pm</p>	<p>No Charge</p>	<p>Aweeng Deng</p> <p>☎ 0434 178 753</p> <p>✉ Aweeng.deng@wyndhamcec.org.au</p> <p>🌐 https://www.junubiwyndham.org.au</p>
<p>So & Sew</p> <p>Learners will be encouraged to set learning goals and work as a team while developing specific skills using a sewing machine.</p>	<p>Wednesday</p> <p>12.15pm- 3.15pm</p>	<p>\$40 (permanent residents)</p>	<p>🌐 To enroll online go to the short courses section of www.wyndhamcec.org.au</p>
<p>Next Stitch</p> <p>This course is designed for those who have completed the So & Sew course. There will be a focus on using a commercial sewing pattern, developing and understanding of woven fabrics and using an overlocker.</p>	<p>Wednesday</p> <p>8.45am— 11.45am</p>	<p>\$40 (permanent residents)</p>	<p>🌐 To enroll online go to the short courses section of www.wyndhamcec.org.au</p>
<p>All Sewn Up</p> <p>This is designed for those who have completed Next Stitch. It is at an advanced level, targeting learners wishing to access accredited training in the textile industry.</p>	<p>Thursday</p> <p>9am— 12pm</p>	<p>\$40 (permanent residents)</p>	<p>🌐 To enroll online go to the short courses section of www.wyndhamcec.org.au</p>
<p>Garment & Pattern Alterations</p> <p>This is designed for those who have completed the All Sewn Up course. It will be project based focusing on clothing alterations, upcycling an adapting patterns.</p>	<p>Thursday</p> <p>12.30pm— 3.30pm</p>	<p>\$40 (permanent residents)</p>	<p>🌐 To enroll online go to the short courses section of www.wyndhamcec.org.au</p>

Education & Training Kids & Adults

PENROSE PROMENADE	DAY & TIME	COST	CONTACT INFORMATION
<p>Brainworks</p> <p>Scholarship exam preparation for years 3-8, selective entry exam preparation for years 3-10 foundational English and math programs for years 1-10.</p>	<p>Monday 4:30pm-7:30pm</p> <p>Wednesday 4:30pm-7:30pm</p> <p>Saturday 9:30am-12.30pm</p>	Fees Apply	<p>Pooja</p> <p>☎ 0419 777 498</p> <p>✉ werribee@brainworks.com.au</p>
<p>Edmund Rice Homework Club</p> <p>Primary and Secondary school students are mentored by Volunteers. Activities include; homework support, fun art, games, fresh fruit, snacks, and excursions during school holidays.</p>	Tuesday 3:30pm-5:00pm	No Cost for eligible students	<p>Program Coordinator</p> <p>☎ 0451 753 813</p> <p>✉ programcoordinator1@edmundrice.org</p> <p>🌐 https://ercrs.org/</p>
<p>Advanced Personnel Management</p> <p>APM provide employment, vocational rehabilitation, assessment, allied health intervention and community care (Aged Care & Disability Care to clients in order to place them in employment.</p>	<p>Monday, Tuesday & Wednesday</p> <p>9am—5pm</p>	No Cost	<p>☎ 1800 276 276</p> <p>✉ support@apm.net.au</p>
TARNEIT	DAY & TIME	COST	INFORMATION
<p>Abacus 4 Kids</p> <p>Fun and innovative way for kids 4-12years to learn mathematic skills mental arithmetic skills using abacus (soroban). Free trial class available.</p>	Tuesday & Wednesdays 4:30pm—7.30pm	Fees Apply	<p>Contact: Jaslyn Toh</p> <p>☎ 0406 946 069</p> <p>✉ admin@abacus4kids.com.au</p> <p>www.abacus4kids.com.au</p>
<p>AMEP</p> <p>Adult Migrant English Program Learning English can help you get a job, meet new friends, talk to other people in your community</p>	<p>Wednesdays, Thursdays and Fridays</p> <p>9am—2:30pm</p>	No Cost	<p>☎ 9742 4013</p> <p>✉ enquiries@wyndhamcec.org.au</p> <p>🌐 http://wyndhamcec.org.au/</p>
<p>Code Club (8-12 years)</p> <p>Learn coding skills in Scratch to make your own games and animations! 8 week course – must attend all sessions</p> <p>Bookings required</p>	<p>Tuesdays</p> <p>4.00pm—5.00pm</p>	No Cost	<p>Julia Gillard Library Tarneit</p> <p>☎ 8734 8999</p>
<p>Computer Classes - Wyndham Community and Education Centre</p> <p>Computer Skills—Next Steps (Intermediate Level)</p>	<p>Tuesdays</p> <p>1pm—4pm</p>	\$30 (permanent residents)	<p>☎ 9742 4013</p> <p>🌐 www.wyndhamcec.org.au and click on the Short Courses tab</p>
<p>English Conversation Cafe</p> <p>Practise your English skills, meet new people, and learn from others. This is a great way for you to connect with the community and maybe even make new friends.</p>	<p>Wednesdays</p> <p>1:30pm—2:30pm</p>	No Cost	<p>Julia Gillard Library Tarneit</p> <p>☎ 8734 8999</p>
<p>Kumon Tarneit</p> <p>English and mathematics tutoring programmes help children master fundamental skills essential to their overall academic performance.</p>	<p>Monday & Friday</p> <p>4pm—7pm</p>	Fees Apply	<p>Contact: Ruchi</p> <p>☎ 0468 310 097</p>

Education & Training Kids & Adults

TARNEIT	DAY & TIME	COST	INFORMATION
One on One IT Help Do you need some focused support with computers or technology? Free digital training is available. Our friendly staff will help you.	Tuesdays 10am—11am Thursdays 10:30am-11:30am	No Cost	Julia Gillard Library Tarneit ☎ 9395 7966
STEAM Lab (9-13 years) Have fun with Science, Technology, Engineering, Art and Maths in this term-long course. Must attend all sessions	Fridays 4.00pm—5.00pm	No Cost	Julia Gillard Library Tarneit ☎ 8734 8999 Bookings required
VCE Tutoring—Accounting Accounting is no more boring, a teacher with 12 years' experience in preparing students for the VCE examination, and has achieved excellent results. Utilising a step-by-step approach, I assist students with learning accounting from scratch (prior knowledge is not required). Weekly notes, SAC practice and trial exams are provided.	Saturdays 1.30pm—3.30pm	Fees Apply	Contact : Dr Dimuthu Ekanayake ☎ 0433 872 345 • dimuthu.ekanake@gmail.com Google Classroom https://classroom.google.com/u/2/c/NTqWmjUzMjYxMzU3
VCE Tutoring College Tutoring by registered teachers from prep to VCE. Subjects covered: Maths, Science, English and selective school entrance exams	Saturdays 11am—1pm	Fees Apply	Contact Nidhi Sidhu ☎ 0469 219 576 ✉ thevcecollege@gmail.com
Wyndham Chess Learn to play chess or improve your skills. All levels welcome.	Thursday 5pm—8pm	Fees Apply	Contact Phil Minichelli ☎ 0478 604 601
Young Storytellers (7—12 years) Do you enjoy making up stories? Are you looking for some inspiration to create stories? Use your imagination to create stories and practise your story sharing skills, whether that's through	Thursday 4pm—5pm	No Cost	Julia Gillard Library Tarneit ☎ 8734 0200

ওয়েস্টার্ন রিজিওন বাংলা স্কুল-এর অভিনায়ক ও ভিভিসিএফ-এর প্রিয় সদস্যবৃন্দ, প্রবাসস্থান-এর পক্ষ থেকে নতুন বছরের শুভেচ্ছা। আর বছরের শুরুতেই জানাচ্ছি আনন্দময় একটি সংবাদ। এবছর ওয়েস্টার্ন রিজিওন বাংলা স্কুলের আর্থবী ছাত্রছাত্রীদের জন্য নামমাত্র ফিতে গান, নৃত্য অভিনয় ও চিত্রকলা বাছবিআঁকা শিখানোর বিশেষ উদ্যোগ নেয়া হয়েছে। এই উদ্যোগ আমাদের বাংলাভাষাভাষী ছাত্রছাত্রীদের একটি নতুন মাত্রা যোগ করেছে। আমাদের পরবর্তী প্রজন্মকে বাংলা ভাষা ও সংস্কৃতি চর্চায় আরো মার্জিত ও সূচরূপে গড়ে তুলতে সহায়তা করেছে।



গানের প্রশিক্ষণ থাকবে সাক্ষাৎ শিক্ষা, যা শিক্ষার্থীদের সুর, লয় ও জলসঠিক করতে সহায়তা করে।
 নৃত্য প্রশিক্ষণ থাকবে ফোক, আধুনিক ও উচ্চাঙ্গ নৃত্য।
 অভিনয়ের প্রশিক্ষণ থাকবে শুদ্ধ উচ্চারণ এবং সংলাপ প্রক্ষেপণের জালিম।
 চিত্রকলায় থাকবে বিভিন্ন মাধ্যমে চিত্রাঙ্কনের প্রশিক্ষণ।

যোগাযোগ : (মেসেজ)
 কামরুল হোসান মিল্কি (০৪৩০ ০৮১ ৪৩৩)



Recreation & Wellbeing Kids & Adults

ARNDELL PARK	DAY & TIME	COST	CONTACT INFORMATION
<p>The Skate Studio Kids Roller Skating Classes. Our classes are run by experienced and accredited coaches. All Levels Welcome. Skate Hire Available.</p>	<p>Thursdays 3:15pm-4:15pm 4:15pm-5:15pm</p>	<p>Fees Apply</p>	<p>Victoria Reynolds ✉ skate_studio@outlook.com 🌐 www.theskatestudio.com.au</p>
<p>Bhangra Roots Learn to dance with Bhangra— a traditional folk dance of Punjab. Bhangra is an energetic and high intensity dance that is great for fitness and is a complete body workout. Childrens classes: 5:30pm-6:30pm Adult classes: 6:30pm-7:30pm</p>	<p>Thursdays 5:30pm-7:30pm</p>	<p>Fees Apply</p>	<p>Jass Mann ☎ 0410 898 234 ✉ bhangraroots19@gmail.com</p>
<p>Women's Only Yoga-Reclink Arndell Park and Reclink have partnered up to provide FREE Yoga sessions for women of all abilities. Call now to book.</p>	<p>Fridays 9:30am-10:30am</p>	<p>No Cost</p>	<p>Contact Arndell Park Community Centre to book your place. ☎ 8734 8911 ✉ arndellparkcc@wyndham.vic.gov.au Bookings Essential.</p>
<p>Girl Guides - Truganina Guiding helps girls to gain new skills, make a difference in the community, and explore a world of possibilities. Girls aged 5-17 are invited to come to our Unit meetings.</p>	<p>Thursday 5.30pm-7pm</p>	<p>Fees Apply</p>	<p>Cara Marinaro ☎ 0475 203 332 ✉ cara.marinaro@guidesvic.org.au</p>
DIANELLA	DAY & TIME	COST	INFORMATION
<p>Come and Play, It's Friday Table Tennis program for everyone. Are you looking for a fun way to get fit? Then table tennis is for you. Everyone is welcome.</p>	<p>Fridays 6.00pm-7.00pm</p>	<p>Free</p>	<p>Message Engela to confirm your attendance 0450 337 837</p>
<p>Come and Sew If you want to learn how to sew clothing and other projects, this program is for you. Call for more information. Limited spots available, call today.</p>	<p>Wednesdays 9.30am-12.00pm</p>	<p>Free</p>	<p>Message Engela to confirm your attendance 0435 830 898</p>
<p>TGIF at Dianella Friday Yoga and Saturday morning program - Art of Living Time to relax and rejuvenate on a Friday arvo. A FREE session to destress and detox. Desktop yoga, meditation, destress techniques, tips for healthy living, a forum to share and care.</p>	<p>Tuesdays 5.30pm-7.30pm Fridays 12.00pm-1.00pm Saturdays 8.00am-10.00am</p>	<p>Free</p>	<p>Sanitha Sanjeev 0469 545 723 sanitha@artofliving.org.au or Chandan 0449 030 616</p>
<p>Family Games Nights Join family and friends and meet new neighbours at the Family Games Night. Bring a game or choose from the many that is available.</p>	<p>1st Friday of month 5.00pm-8.00pm</p>	<p>Free</p>	<p>Contact for more information Buildingculturalconnections22@gmail.com Search Building Cultural Connections Australia Inc on Facebook</p>
<p>Wyndham Community & Education Centre Beginners computer classes—Mondays 9.00am-12.00pm Computer skills—Advanced—Tuesdays 9.00am-12.00pm</p>	<p>Various</p>	<p>\$30 Must be a Permanent Resident</p>	<p>03 9742 4013 To enrol go to the webpage and click on Short Courses https://wyndhamcec.org.au/enquiries@wyndhamcec.org.au</p>
<p>Wyndham Wildlife Gardens Gardening workshops</p>	<p>3rd Sunday of month 1.30pm-3.30pm</p>	<p>\$5</p>	<p>0408 057 330 wyndhamwg@gmail.com</p>

Recreation & Wellbeing Kids & Adults

DIANELLA	DAY & TIME	COST	INFORMATION
<p>With One Voice Wyndham Choir</p> <p>With One Voice Wyndham is a choir that celebrates the joy of music, community, fun and friendship. Every voice and story is welcome, from seasoned singers to people who have never sung before. No auditions or previous musical experience required – we encourage you to simply come along and have a go, and be swept up by the power of singing together!</p>	Tuesdays 7.00pm-8.30pm	\$10 per month	<p>Chris Blain 8679 6088 withonevoice@creativityaustralia.org.au creativityaustralia.org.au</p>
<p>Courtside Youth Services - Wyndham City</p> <p>A drop in safe space to hang out and play basketball with friends, meet new people and youth workers, watch movies, play games, grab a bite to eat and relax. Ages 12-25yrs.</p>	Fridays 3.30pm-5.30pm	Free	<p>8754 4956 0428 428 326 candace.lobow@wyndham.vic.gov.au http://youth.wyndham.vic.gov.au</p>
<p>Ukulele Club</p> <p>Beginners Class</p> <p>Learn playing skills with a professional Ukulele teacher, Steph Payne. 8 weeks \$80 – Thursdays 6.00pm-7.00pm</p> <p>Wyndukes Ukestra – Intermediate Group</p> <p>Wyndukes Ukestra plays contemporary songs with chords, riffs, and vocal harmonies. All levels included. Bari and Bass welcome too.</p> <p>10 weeks \$180 Thursdays 7.15pm-8.45pm</p>	<p>See details</p> <p>Classes start in February, get in touch for more information</p>	Fees apply	<p>For bookings and more information https://unstrungmusic.com.au unstrungmusic@gmail.com</p>
<p>Female only Self Defence – FITNAS</p> <p>Female self-defence and fitness training.</p>	Mondays 7.30pm-8.30pm	\$15 per class	<p>Amina 0434 366 727 Fitnas.pgt@gmail.com</p>
<p>Cultural Cuisine Nights</p> <p>An opportunity to meet local neighbours, make new friends, and share a cultural meal with family. Food helps to bring people together – join us in celebrating diversity of cultures and stories in our monthly food sharing, potluck and cultural discovering evening.</p>	4.30pm-7.30pm, 3 rd Saturday of the month – March, April, June, August, Sept and Nov	Gold coin donation	<p>Get in contact to confirm your attendance Buildingculturalconnections22@gmail.com</p> <p>Search Building Cultural Connections Australia Inc on Facebook</p>
<p>Indian Classical Dance – Active Mommies</p> <p>Mother and daughter dance classes. Classes for all ages 4+ years. Performance opportunities for kids which boosts confidence. Limited spots available.</p> <p>Starting in May.</p>	<p>Wednesdays 6.00pm-9.00pm</p> <p>Saturdays 11.00am-12.00pm</p>	Fees apply	Niharika 0450 750 270
<p>Muay Thai—Reclink</p> <p>Muay Thai 8 week program. Beginner friendly. Designed to build womens confidence while learning a martial art, self defence, and having fun.</p>	Fridays 1.00pm-2.00pm	FREE	https://www.wyndham.vic.gov.au/whats-on/8-week-womens-only-muay-thai-workshop
<p>Women’s only exercise—Reclink</p> <p>Women's only group fitness sessions started at women to build with confidence while getting fit and most importantly having fun. Beginner friendly.</p>	Tuesdays 9.30am-10.30am	FREE	https://www.wyndham.vic.gov.au/activetarneit

Recreation & Wellbeing Kids & Adults

THE GRANGE	DAY & TIME	COST	CONTACT INFORMATION
<p>ATA Acting Studio</p> <p>ATA Acting Studio caters for children, teens & adults across various group classes, industry classes, show-cases, holiday workshops & private tuitions.</p>	<p>Wednesday</p> <p>6pm—8:30pm</p>	<p>Contact provider</p>	<p>Contact Adam</p> <p>☎ 0419 593 257</p> <p>🌐 www.ataactingstudio.com</p>
<p>Balance, Flex, Fun</p> <p>Join us for a fun 45min exercise class to improve your strength and flexibility. Bring your BFF along with you!</p>	<p>Thursday</p> <p>9:30am—10.15am</p>	<p>Discounted Term fee or \$13—Casual</p>	<p>☎ 8742 8000</p> <p>🌐 www.grangecommunity.org.au/classes</p>
<p>Ballroom Dancing</p> <p>Join Mark and Marika, our National and International ballroom dancing champions as they guide you through classes.</p>	<p>Monday</p> <p>Beginners 1:00pm—2:00pm</p> <p>Advanced 2:30pm—3:30pm</p>	<p>\$5 per class</p>	<p>☎ 8742 8000</p> <p>🌐 www.grangecommunity.org.au/classes</p>
<p>Chair Fitness</p> <p>Join us for a fitness class held on chairs suitable for all ages, seniors, all disabilities and for rehabilitation</p>	<p>Wednesday</p> <p>10:00am—10:45am</p>	<p>\$6 per class</p>	<p>☎ 8742 8000</p> <p>✉ www.grangecommunity.org.au/classes</p>
<p>Chatty Café</p> <p>Join the lovely Nola every Wednesday morning to a hot cuppa and a chit chat.</p>	<p>Wednesday</p> <p>10am—11:30am</p>	<p>Free</p>	<p>The Grange</p> <p>260-280 Hogans Road, Hoppers Crossing</p> <p>☎ 8742 8000</p>
<p>Wing Chun Kung Fu</p> <p>Using Wing Chun Kung Fu as the path to find your hidden talents. Kung Fu classes for adults of all levels available.</p>	<p>Friday</p> <p>7pm—9pm</p>	<p>Contact provider</p>	<p>☎ 0432 489 762</p> <p>✉ admin@xiquwingchun.com.au</p>
<p>Qian Li Dao</p> <p>Martial Arts with Blitz Hall of Fame Kung Fu Instructor of the Year, Sifu Dana Wong.</p>	<p>Tuesday, Wednesday & Saturday</p>	<p>Contact provider</p>	<p>☎ 9731 1789</p> <p>✉ info@qianlidao.com.au</p>
<p>Tai Chi</p> <p>Meditation in motion with Bruno. Presented in partnership with Reclink Australia www.reclink.org</p>	<p>Tuesday</p> <p>11:30-am—12:30pm</p>	<p>\$2 per session</p>	<p>☎ 8742 8000</p> <p>🌐 www.grangecommunity.org.au/classes</p>
<p>Twisted Stitches Knitting Group</p> <p>Join our lovely knitting Group as they knit items to be donated to charity.</p>	<p>Monday</p> <p>12:30pm—2:30pm</p>	<p>FREE</p>	<p>☎ 8742 8000</p> <p>✉ www.grangecommunity.org.au/classes</p>
<p>Yoga</p> <p>Do you want to improve your flexibility, balance and overall wellbeing? Look no further! Join us for a 45 minute yoga class.</p>	<p>Tuesday</p> <p>9:30am-10:15am</p>	<p>Discounted Term fee or \$15—Casual</p>	<p>☎ 8742 8000</p> <p>🌐 www.grangecommunity.org.au/classes</p>
<p>Wyndham TOWN club</p> <p>Receive support in your journey to lose weight. We encourage you as you take the steps needed to make a change in your lifestyle, to eat sensibly, exercise, attain and maintain a healthy goal weight. .</p>	<p>Friday</p> <p>9am—11:30am</p>	<p>Contact provider</p>	<p>☎ 0413 444 083</p> <p>🌐 www.townclubs.com.au</p>

Recreation & Wellbeing Kids & Adults

PENROSE	DAY & TIME	COST	CONTACT INFORMATION
<p>ABCD Bollywood Dance School</p> <p>A Bollywood Dance School for all age groups from kids to adults to seniors. We have something to offer for everyone, bigger dance class, advanced classes and fitness classes.</p>	<p>Sunday</p> <p>12pm—2:30pm</p>	<p>Fees Apply</p>	<p>Shweta Pandya</p> <p>☎ 0433 346 672</p> <p>✉ shwetayana13@gmail.com</p>
<p>Burnout Bhangra</p> <p>Come and join fitness through Bhangra which is a North Indian high intensity dance fitness class.</p>	<p>Tuesday</p> <p>7pm-8pm</p>	<p>\$12</p>	<p>Sandeep</p> <p>☎ 0433 012 214</p> <p>✉ burnoutbhanga@yahoo.com</p>
<p>Edmund Rice Homework Club Mother's Group</p> <p>This group is a fortnightly safe and nurturing space for mothers from diverse backgrounds who have children attending our homework club. The group will facilitate activities including English conversation, practical workshops, and the opportunity to connect with other women.</p>	<p>Tuesday</p> <p>3:30pm-5:00pm</p>	<p>No charge</p>	<p>Program Coordinator</p> <p>☎ 0451 753 813</p> <p>✉ programcoordinator1@edmundrice.org</p> <p>🌐 https://ercrs.org/</p>
<p>Chess Classes</p> <p>Develop 8 critical thinking skills: problem solving, abstract reasoning, calmness under pressure, patience, sportsmanship, creative thinking, pattern recognition and strategic thinking.</p>	<p>Fridays</p> <p>4.30pm—5.30pm</p>	<p>\$39 per month</p>	<p>Lavisha Mehta</p> <p>☎ 0416 781 478</p> <p>www.facebook.com/ChessforWyndham</p> <p>✉ Aslavi.mehta@gmail.com</p>
<p>Felicity Holistic Care</p> <p>Therapy groups led by OT's. Sensory activities, cooking, exercise, mindfulness, yoga.</p>	<p>Friday</p> <p>4pm—6pm</p>	<p>No charge</p>	<p>Tina Arora</p> <p>☎ 0491 063 611</p> <p>✉ tina@felicitycare.com.au</p> <p>🌐 https://www.felicityholisticcare.com.au</p>
<p>Global Kitchen</p> <p>We bring together local multicultural women who are feeling isolated and disengaged for our Global Kitchen and Women's Circle.</p>	<p>Monday</p> <p>10am—2pm</p>	<p>No Cost</p>	<p>Sudha</p> <p>☎ 0432 489 584</p> <p>✉ Shudha-Narayan@hotmail.com</p> <p>🌐 https://virwc.org.au/</p>
<p>Twins Martial Arts</p> <p>Traditional Shotokan Karate for ages 4-15yrs. Classes are taught by qualified NCAS Dojo Coaches, holding Senior First Aid and Working with Children Checks.</p>	<p>Thursday</p> <p>3:30pm-8pm</p>	<p>Fees apply</p>	<p>Sensei Lay</p> <p>☎ 0416 333 113</p> <p>✉ info@twinsmartialarts.com.au</p> <p>🌐 www.facebook.com/twinsmartialarts</p> <p>🌐 www.twinsmartialarts.com.au</p>
<p>WW Australia and New Zealand</p> <p>We provide community wellness, weight loss and maintenance support workshops focusing on food, sleep, fitness and mindset. Our Personal Points is the most individualized program yet.</p>	<p>Friday</p> <p>9.30am—10.30am</p>	<p>Fees apply</p>	<p>Kate Habgood</p> <p>☎ 0417 434 614</p> <p>✉ Kate.habgood@ww.com</p> <p>🌐 https://www.weightwatchers.com.au</p>

Recreation & Wellbeing Kids & Adults

PENROSE PROMENADE	DAY & TIME	COST	INFORMATION
<p>Nrityaarpana Dance Academy</p> <p>Join Nrityaarpana and get trained in both theory and practical details and intricacies of Bharatanatyam (Indian Classical Dance)</p>	<p>Monday 6pm-7:30pm</p>	<p>\$15 per hour</p>	<p>Rekha ☎ 0451 327 719</p> <p>✉ nrityaarpana@outlook.com</p> <p>🌐 https://www.facebook.com/nrityaarpanadanceacademy/</p>
<p>The Skate Studio</p> <p>Rollerskating lessons for the local community with fully accredited coaches. Skate hire is available for all our classes.</p>	<p>Mondays 4pm—6pm</p>	<p>Fees Apply</p>	<p>Victoria</p> <p>✉ Skate_studio@outlook.com</p> <p>🌐 www.theskatestudio.com.au</p>
<p>Kangatraining Tarneit & Hoppers</p> <p>Dance/aerobics style fitness class focussing on mums post natal needs. Bring baby along in a suitable carrier where we will dance, focus on pelvic floor and have fun.</p>	<p>Fridays 11:15am-12.15pm</p>	<p>Fees Apply</p>	<p>Naomi Cash</p> <p>☎ 0413 965 090</p> <p>✉ naomikanga21@gmail.com</p> <p>🌐 https://www.kangtraning.info/at_de/instructor/naomicash/booking/2525</p>
<p>Yarraville Community Centre</p> <p>Learn English in an all womens, supportive and friendly environment. This is an Accredited English as an Additional Language program.</p>	<p>Monday & Thursday 9.30am-2.30pm</p>	<p>No Cost</p>	<p>Heather Naylor</p> <p>☎ 9687 1560</p> <p>✉ foundation@ycc.net.au</p> <p>🌐 https://www.ycc.net.au</p>
<p>Active Mommies</p> <p>Mothers dance classes</p>	<p>Fridays 7pm-8pm</p>		<p>Neeti Saronja</p> <p>☎ 0459 626 728</p> <p>✉ Nneeti.saronja25@gmail.com</p>
<p>Yoga Healing Hub</p> <p>Clinical application of yoga in a group which is suitable to all people . Boost your immunity with Yoga Healing Hub.</p>	<p>Thursdays (free) 9.30am-10.30am</p> <p>Fridays 6pm-7pm</p>	<p>Fees Apply</p>	<p>Vijaya Kedla</p> <p>☎ 0490 041 644</p> <p>✉ Vijaya@yogahealinghub.com.au</p> <p>🌐 www.yogahealinghub.com.au</p>
<p>Sonam Jain—Kids Bollywood Dance</p> <p>Dance is the best medicine for both mental and physical health. This class will help keep you fit and energised, make new friends, have fun and boost your confidence! Classes for kids aged 4-8 years old. Ask us for a free trial class today!</p>	<p>Wednesday 5pm—6pm</p>	<p>Fees Apply</p>	<p>Sonam Jain</p> <p>☎ 0470 302 468</p> <p>✉ sonamijain@gmail.com</p>

Recreation & Wellbeing Kids & Adults

TARNEIT	DAY & TIME	COST	INFORMATION
<p>Artful Mind</p> <p>Art as therapy to engage you in developing skills through art, improving relaxation, decrease anxiety and provide a space for creative self-expression. A supportive and social environment where you can be creative and make social connections.</p>	<p>Wednesdays 1pm—4pm</p>	<p>NDIS funded</p>	<p>Janine Hourigan ☎ 0412 152 507 ✉ mandalamandala11@gmail.com</p>
<p>Book Chat</p> <p>Join our monthly book chat to talk about the books you love. Share reading recommendations and meet new friends over a cuppa in the Library. No Bookings required</p>	<p>1st Tuesday monthly 10:30am—11:30am</p>	<p>No Cost</p>	<p>Julia Gillard Library Tarneit ☎ 8734 8999 ✉ adultlibraryprograms@wyndham.vic.gov.au</p>
<p>Craft and Conversation (Ages 18+)</p> <p>Are you a craft lover? Join our monthly program to create a new craft each session. Materials are free, conversation is included, and you can take home your finished project. Bookings required.</p>	<p>3rd Friday of the month 10.30am—12.30pm</p>	<p>No Cost</p>	<p>Julia Gillard Library Tarneit (03) 8734 8999 Bookings: https://www.wyndham.vic.gov.au/whats-on/craft-and-conversation-tarneit-library</p>
<p>Craft Group</p> <p>Craft, Chat and a Cuppa. Come and join! Bring along your own craft project and materials and spend time crafting with others. Everyone welcome.</p>	<p>Wednesday 9am—12pm</p>	<p>No Cost</p>	<p>Tarneit Community Learning Centre ☎ 8734 6040 🌐 tarneitclc@wyndham.vic.gov.au</p>
<p>Dhyana Yoga (5-12 years)</p> <p>Kids yoga session filled with mindfulness music, body awareness, games, breath techniques, and yoga poses to find calm, self-love, focus and concentration in daily routine.</p>	<p>Wednesdays 5pm—6pm</p>	<p>Fees Apply</p>	<p>Geeta ☎ 0405 381 819 ✉ dhanaayoga@gmail.com</p>
<p>Kids Club (Ages 5+)</p> <p>Have fun with art, crafts and games in our weekly kids club!</p>	<p>Wednesdays 4pm—5pm During school term</p>	<p>No Cost</p>	<p>Julia Gillard Library Tarneit ☎ 8734 0200</p>
<p>Lego Club (Ages 5-12)</p> <p>Use your imaginations to design, build and free play using Lego! During school term</p>	<p>Mondays 3.30pm—4.30pm</p>	<p>No Cost</p>	<p>Julia Gillard Library Tarneit ☎ 8734 0200</p>
<p>Family History Group</p> <p>Join us as we discuss our latest research finds, useful resources, brick walls, upcoming events and get advice from this knowledgeable group. No Bookings Required</p>	<p>Last Saturday of the month 10am—12pm</p>	<p>No Cost</p>	<p>Julia Gillard Library Tarneit ☎ 8734 8999 ✉ adultlibraryprograms@wyndham.vic.gov.au</p>
<p>GenWest Wyndham Sunrise Group</p> <p>A social group for women, gender diverse people and/or non binary folk, who have a disability, chronic health issue and/or mental health challenges, from all backgrounds who want to build friendships and confidence, get to know their local community and services, try new things and have fun!</p>	<p>Every Second Wednesdays 12:30pm—3pm</p>	<p>No Cost</p>	<p>Fofi Christou & Beth Jaworski ☎ 0407 061 702 ✉ sunrise@genwest.org.au 🌐 https://genwest.org.au/what-we-do/health-wellbeing-programs/</p>
<p>Older Adults Gentle Exercise</p> <p>These sessions are specifically tailored for older adults or those looking to get back into fitness in gentle and supportive environment. Sessions will consist of stretching, strength, balance, and exercise to help develop your overall fitness. Everyone is welcome.</p>	<p>Mondays 9:30am—10:15am</p>	<p>No Cost</p>	<p>Contact: Jasmine Griffiths Phone: 0423316993 Email: jasmine.griffiths@reclink.org Website: https://www.wyndham.vic.gov.au/activetarneit</p>
<p>Sahaja Yoga</p> <p>Teaches a unique method of meditation. You can achieve a state of balance in 10 min. Sahaja Yoga meditation can improve physical and mental health plus reduce stress.</p>	<p>Mondays 7pm—8pm</p>	<p>No Cost</p>	<p>Annie ☎ 0423 110 875 ✉ annie.sarani@gmail.com 🌐 https://www.sahajayoga.com.au</p>

Recreation & Wellbeing Kids & Adults

TARNEIT	DAY & TIME	COST	INFORMATION
<p>Sinna Mentor</p> <p>Mentoring young people and providing tuition in a homework club like style</p>	<p>Every Second Saturday</p> <p>3pm—7pm</p>	No Cost	<p>Yirol</p> <p>☎ 0428 789 084</p> <p>✉ yirol_maker@hotmail.com</p> <p>🌐 https://www.junubiwyndham.org.au</p>
<p>Tatkaar Kathak Institute</p> <p>Tatkaar Kathak is a classical Indian dance, better known as Indian Ballet. Come along and join in the fun</p>	<p>Saturday</p> <p>9am—12:30pm</p>	Contact Provider	<p>Shika</p> <p>☎ 0450 228 954</p> <p>✉ schhangaiui.sc@gmail.com</p> <p>Virtual Platform also available</p>
<p>U3A Werribee Region Tai Chi Classes</p> <p>Tai Chi classes provide light physical and mental wellbeing to retired and semi-retired residents of Wyndham. Physical benefits include balance and flexibility, mental wellbeing and stress reduction</p>	<p>Mondays</p> <p>10.30am—11.30am</p>	Contact provider	<p>Rick Conn</p> <p>☎ 0402 299 220</p> <p>✉ courses.u3awbee@hotmail.com</p> <p>🌐 https://www.u3awbee.net.au/courses-activities</p>
<p>Women and Girls Fitness Classes</p> <p>These fun and friendly sessions will consist of strength, core, flexibility and cardio exercises to help women and girls of all fitness levels. All sessions will be delivered by female instructor. Everyone is welcome.</p> <p>No virtual platform.</p>	<p>Mondays</p> <p>8pm –9pm</p> <p>Wednesdays</p> <p>7:30pm—8:30pm</p>	No cost	<p>Contact: Jasmine Griffiths</p> <p>☎ 0423316993</p> <p>✉ jasmine.griffiths@reclink.org</p> <p>🌐 https://www.wyndham.vic.gov.au/activetarneit</p>
<p>Girls and Women's Only Boxing</p> <p>These beginner friendly sessions are run by former Australian boxing champion Emily Jans. In these sessions participants will learn real technique from a real boxing champ, whilst having fun, gaining confidence, building community, and keeping active. Everyone is welcome.</p> <p>No virtual platform</p>	<p>Wednesdays</p> <p>6pm –7pm</p>	No Cost	<p>Contact: Jasmine Griffiths</p> <p>☎ 0423316993</p> <p>✉ jasmine.griffiths@reclink.org</p> <p>🌐 https://www.wyndham.vic.gov.au/activetarneit</p>
<p>Youth Fitness</p> <p>Sessions will consist of mobility, weights, bodyweight, cardio and stretching. Exercises will cater for beginners, intermediates and advanced, and adjusted over time to keep you improving. All sessions will run for 60 minutes and open to boys and girls aged 12 years +. No experience needed and open to all fitness levels. Everyone is welcome.</p> <p>No virtual platform</p>	<p>Saturdays</p> <p>9.30am-10.30am</p>	No Cost	<p>Contact: Jasmine Griffiths</p> <p>☎: 0423316993</p> <p>✉ jasmine.griffiths@reclink.org</p> <p>🌐 https://www.wyndham.vic.gov.au/activetarneit</p>
<p>Victorian Bangladeshi Community Foundation (VBCF)</p> <p>Dance, drama, arts and music classes for the 2nd generation Bangladeshi born school kids living in Victoria especially in the Western suburbs</p>	<p>Friday</p> <p>7pm—9pm</p>	Contact provider	<p>Qumrul Hassan Milky</p> <p>☎ 0430 081 433</p> <p>✉ info@vbcf.com.au</p> <p>🌐 www.vbcf.org.au</p>

Community, Cultural & Faith Groups

DIANELLA	DAY & TIME	COST	CONTACT INFORMATION
<p>Hosanna Kingdom Praise Centre Faith group, praise and worship, children's ministry, prayer meetings and leadership training.</p>	<p>Wednesdays 7.00pm-9.00pm Sundays 9.00am-1.00pm</p>	Free	<p>Tabitha 0431 244 752 tabcri2@gmail.com</p>
<p>Young Peoples Club Not for profit group, predominantly consisting of African immigrants and refugees. This program empowers people through knowledge, wisdom, counselling and social activities.</p>	<p>Fridays 7-10pm, 1st Friday of month 5-8.30pm every other Friday</p>	Free	<p>https://www.wyndham.vic.gov.au/whats-on/young-peoples-club</p>
<p>Sunshine Arabic Language School Cultural activities for the youth and adults. Arabic language classes for children 5-17yrs.</p>	<p>Sundays 2.00pm-5.00pm</p>	Contact for more info	<p>Afrah Mohamed 0422 178 062</p>
<p>Afterschool program – Junior Program (National Spiritual Assembly of the Baha'is of Aust Inc) Build a strong sense of morality identity, get involved in local community projects, develop the capacity to express your thoughts, gain a deep understanding of world. Our team consists of dedicated volunteers who are accredited to work with children passionate about serving the community.</p>	<p>Mondays 3.30pm-5.00pm Saturdays 2.30pm-4.30pm</p>	TBC Limited spots available	<p>Call for more info Tara - 0423 191 990 Sana - 0423 336 534</p>
<p>Khoja Shia Ithna-Ashari Jamaat of Melbourne Inc. (KSIJM) The main purpose of this group is to provide facilities conducive to educational, economic, support - seniors and vulnerable, sports and social welfare of the community and to lead to greater understanding and cooperation amongst all people in Australia.</p>	<p>Sundays 9.00am-1.00pm</p>	Free	<p>VicePresident@ksijmelbourne.org.au President@ksijmelbourne.org.au</p>
<p>Church of Christ (Iglesia Ni Cristo) Church gathering and choir practice.</p>	<p>Saturdays 6.00pm-10.00pm</p>	Free	<p>Alfonso 0451 041 711 Alfonso.ocon@gmail.com Incmedia.org</p>
<p>Families for Christ Faith based community gathering once a month. Christian families meeting together to pray and worship. Bible study, religious teachings and marriage courses.</p>	<p>2nd Saturday of month 1.30pm-4.30pm</p>	Free	<p>Henry Ethanry090457@yahoo.com.ph 0431 437 961</p>
<p>Nepalese Association of Victoria Bal Chautari (Children's School in Nepali) is a weekly Nepali language class 4-14yrs. Classes help to improve mental and physical wellbeing.</p>	<p>Saturdays 11.00am-1.00pm</p>	\$50 per term	<p>Dr Tilak Pokharel 0450 092 041 pokharetilak@gmail.com https://www.nav.org.au/chautari/baalchautari</p>
THE GRANGE	DAY & TIME	COST	CONTACT INFORMATION
<p>At Work Provides employment services for people living with disability and disadvantage looking for work, and employers to get the right people into the right jobs.</p>	<p>Tuesday and Thursday 9am—5pm</p>	Contact Provider	<p>☎ 1300 192 641</p>
<p>Gateways Youth Support Program</p>	<p>Saturday 10am—1pm</p>	Contact provider	<p>✉ jo.king@gateways.com.au (Held at Central Park Community Centre)</p>
<p>Redefine Life Redefine Life is a private counselling and support practice that are able to provide high-quality professional help to a wide range of mental and other health problems.</p>	<p>Various</p>	Contact provider	<p>Appointments available on request at Central Park Community Centre Contact: 1300 044 490 enquiries@redefineline.com.au</p>

Community, Cultural & Faith Groups

ARNDELL PARK	DAY & TIME	COST	CONTACT INFORMATION
Life Community Kitchen All welcome ! Free Hot Dinner. Gathering around a meal to provide families & individuals support and relief	Mondays 6pm-8pm	No Cost	Please email to RSVP ✉ communitykitchen@lifeau.org Bookings Essential
Club 60 Provides a social gathering for men and women of Indian origin	Thursdays 12.30pm-2:30pm	Fees Apply	Sunil Abbott ☎ 0449 101 455
Melbourne Shwetambar Jain Sangh Inc MSJS promotes Jainism and its core principal of 'no violence'.	Sundays Fortnightly 8am-12pm	Fees Apply	Nimit ☎ 0433 074 461
Bhartiya Seniors Melbourne Inc Indian Seniors Friendship Group	Tuesdays 12pm-2pm Fridays 11am-2pm	Fees Apply	Ashok Mehta ☎ 0434 929 429 ✉ ashokmehta1958@gmail.com
United Pentecostal Holy Spirit Church of Australia Worship Services for children and adults.	Saturdays 10m-2pm	Contact for more information.	Fils Munyemana ☎ 0469 924 109 ✉ uphsc@outlook.com
Australian Malayalee Islamic Association Cultural Group Arabic & Malayalam language classes, faith based activities.	Saturday 5 – 9pm	Fees Apply	Zameel Arif ☎ 0406 074 185 ✉ zameelarif@gmail.com

PENROSE PROMENADE	DAY & TIME	COST	CONTACT INFORMATION
Global Kitchen We bring together local multicultural women who are feeling isolated and disengaged for our Global Kitchen and Women's Circle.	Monday 10am—2pm	No Cost	Sudha ☎ 0432 489 584 ✉ Shudha-Narayan@hotmail.com 🌐 https://virwc.org.au/
Assembly of God Church of Samoa A dynamic Church Service for all the family.	Sunday 8am-12pm	No Cost	Tui ☎ 0435 668 839
Hindu Dharma Community of Melbourne An Indian community from South India, Kerala, conducting various cultural activities, training kids, ladies group activities, family activities and more!	Saturday 4:30pm—6:30pm Last Sunday of the month 6pm—9pm	No Cost	Venugopalan Nair ☎ 0415 444 901 ✉ venucn@yahoo.com
Legends International of Seniors Inc Recreational meeting sharing coffee and snacks, prayer, guest speakers from different fields. We also organise picnics and outdoor activities.	Thursday 12:30pm—2:30pm	\$10 joining fee	Varinder Pal Singh ☎ 0468 497 457 ✉ legendsinternational2022@gmail.com
Anoopam Mission Limited Promote Hindu arts, crafts, dance, music, performing arts, literature & youth development. Educate young children and teenagers to live a positive and peaceful life.	Fortnightly on Saturday 6pm—9pm	No Cost	☎ Vipul Patel—0433 185 138 ☎ Sandip Patel—0450 873 099 ✉ vipul9800@gmail.com 🌐 Www.anoopam.org
Tarneit Bharatiy Club Older Gujarati speakers will feel right at home in this relaxed social get-together environment.	Tuesday 12:30pm—2:30pm Friday 12:30pm—2:30pm	No Cost	Arun ☎ 0425 032 022 ✉ siddhpura.arun@gmail.com

Community, Cultural & Faith Groups

PENROSE PROMENADE	DAY & TIME	COST	CONTACT INFORMATION
<p>United Seniors Club Incorporated</p> <p>This group is celebrated with worshipping and praying to God along with singing and dancing and sharing food.</p>	<p>Wednesday 12pm—2pm</p>	\$10	<p>Mahendra Patel</p> <p>☎ 0466 920 881</p> <p>✉ mahendra195424@gmail.com</p>
<p>Ladies Club 60</p> <p>Social gathering for local ladies of Indian origin. Make new friends, enjoy a cup of tea and chat.</p>	<p>Monday 12pm-2:30pm</p>	No Cost	<p>Nina</p> <p>☎ 0488 251 459</p>
<p>Iglesia Ni Cristo</p> <p>Church Of Christ Worship service and meetings on a weekly basis.</p>	<p>Wednesday 5am-7am Wednesday 7:30pm-10pm Thursday 8pm—10pm Saturday 6am—9:00am</p>	No Cost	<p>Alfonso Ocon</p> <p>☎ 0451 041 711</p> <p>✉ Alfonso.ocon@gmail.com</p>
<p>Mayanmar Revival Church</p> <p>Worship service, singing and preaching gospel.</p>	<p>Sundays 12pm—5pm</p>	No Cost	<p>Jayshee Jay</p> <p>☎ 0449 677 569</p> <p>✉ jshee8012@gmail.com</p> <p>Facebook/Myanmar Revival Church</p>
<p>Islamic Circle of Australia & New Zealand</p> <p>Informal meetings with our team members and volunteers—organise lectures, workshops and discussion based events for personal and professional development. For women only.</p>	<p>Once per month on Wednesday 12pm—2pm</p>	No Cost	<p>Nousheen Mazhar</p> <p>☎ 0484 234 800</p> <p>✉ noshenyasir@gmail.com</p> <p>🌐 https://www.icandawah.org</p>
TARNEIT	DAY & TIME	COST	CONTACT INFORMATION
<p>Assembly of God</p> <p>We aim to help and equip people about the value and wisdom of life. We focus on families. If we create better families, we will be a better community. We also reach out to broken families and homeless people. We provide a safe haven for youth.</p>	<p>Friday 7pm—9pm</p>	No Cost	<p>Tui Luamanu</p> <p>☎ 0421 007 448</p> <p>✉ tui31luamanu@hotmail.com</p>
<p>Church of Christ</p> <p>Church gathering</p>	<p>3rd Saturday of the month 8pm</p>	See Provider	<p>Contact: Alfonso Ocon</p> <p>☎ 0422 560 945</p> <p>✉ Alfonso.ocon@gmail.com</p> <p>🌐 incmedia.org</p>
<p>Club 60</p> <p>Club 60 provides a social gathering for men and women of Indian origin.</p>	<p>Monday 12.30pm—3pm</p>	See Provider	<p>Contact: Sunil</p> <p>☎ 0449 101 455</p>
<p>Jesus is the Cornerstone</p> <p>Church services on Sundays</p>	<p>Sunday 8am—12pm</p>	No Cost	<p>Pastor Freddy Sooalo</p> <p>☎ 0498 689 760</p> <p>✉ freddysooalo@gmail.com</p>
<p>Life Community Kitchen</p> <p>Providing hot meals to individuals and families. Supporting food relief and social connection. No Booking Required</p>	<p>Tuesdays 6pm—8pm (except Public Holidays)</p>	No Cost	<p>Merapi Gabriel</p> <p>✉ communitykitchen@lifeau.org.</p> <p>🌐 www.lifeau.org</p>

Community, Cultural & Faith Groups

TARNEIT	DAY & TIME	COST	CONTACT INFORMATION
<p>Sri Lankan Planned Activity Group (Delivered by Migrant Resource Centre) Social Support group for the Sri Lankan Community in Wyndham which includes gentle exercise, art, craft, excursions and outdoor activities</p>	<p>Fridays 10am—3pm</p>	<p>Fees apply</p>	<p>Contact: Shyaam Rodrigo ☎ 9637 6044 ✉ hakshyaam-alekhoa@mrcnorthwest.org.au</p>
<p>Vision Pentecostal Church of Community A faith based organisation which runs weekly Church Services in which different activities take place including preaching, singing, dancing, youth bible studies</p>	<p>Sunday 12pm—4pm</p>	<p>No Cost</p>	<p>Pastor Alex Hakizimana ☎ 0410 017 971 ✉ visionpentecostalchurchvic@gmail.com</p>
<p>Wolfpack Connect Group Church community that meets together on a monthly basis to connect, enjoy each other's company, share food and have fun. Everyone welcome</p>	<p>4th Friday of the month 6:30pm—9:30pm</p>	<p>No Cost</p>	<p>Merapi Gabriel ☎ 0433 824 080 ✉ merapi.gabriel@gmail.com 🌐 www.lifeau.org</p>



POP-UP MARKET

9:00 am - 11:00 am



UPCOMING DATES

- 2 May 2023

**BRING YOUR OWN BAGS
FREE!!**

Fruit, vegetables, pantry items, and more!

Penrose Promenade Community Centre
83 Penrose Promenade Tarneit

A FREE WYNDHAM CITY EVENT

wyndhamcity
Youth Services

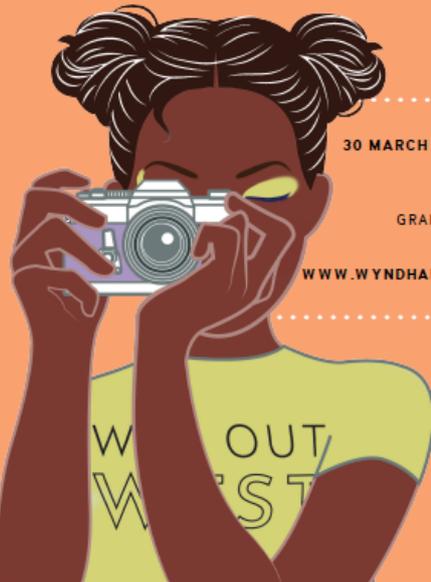
YRC 20TH ANNIVERSARY YOUTH FESTIVAL

21.4.23
4-8PM

LIVE MUSIC | RIDES | FOOD TRUCKS
SKATE DEMOS | DANCE COMP

Youth Resource Centre, Hoppers Crossing
WYNDHAM.VIC.GOV.AU/YOUTHFESTIVAL

WAY OUT youth photography WEST competition 2023



ENTRIES OPEN:
30 MARCH - 31 MAY 2023

AGES: 12-25

GRAND PRIZE: \$500

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WYNDHAM CITY LIBRARIES & YOUTH SERVICES

wyndhamcity youth services

Free Youth & Family Counselling

Available to young people aged 12 – 25 who live, work, study or recreate in Wyndham. Youth focussed and centred support is also available to parents and carers

WE OFFER:

- Up to 2 free sessions
- Connect you to local Specialist and Psychologists

Available for children aged 8 – 11 and their parents or carers WJP seeking primary and early intervention counselling.

WE OFFER:

- Up to 10 free individual counselling sessions
- Up to 10 free family group counselling sessions
- Connect you to specialists, including bulk billing (free) psychologists



Visit our website or call 8734 1355 for more information
www.wyndham.vic.gov.au/counsellingsupport

wyndhamcity
Youth Services



COMMUNITY CONNECTOR

Support – Inform – Connect

Wyndham's City Community Connectors are available to assist all residents in our community to access the services they need and empower them to make informed decisions. The Community Connector team can provide specific information and referral/s to local supports & services tailored to meet the needs of the individual. Some of the services may include:

- Information and assistance accessing services for e.g. My Aged Care, NDIS, HACC PYP
- Links to social support and community groups/activities
- Information and referrals for emotional support, counselling, food relief and material aid
- Advocacy support and information



Community Connectors will be available at these Community Learning Centres:

- **Moses THURSDAY 8:00am to 3:30pm**
Point Cook Community Learning Centre
- **Melissa WEDNESDAY 8:00am to 5:00pm**
Tarneit Community Learning Centre
- **Mellina FRIDAY 8:00am to 5:00pm**
Manor Lakes Community Learning Centre

We have specialist Ageing Well Connectors available to support older residents and their families.

Call 8734 4514 and ask for a Community Connector or email communityconnector@wyndham.vic.gov.au
Interpreter Services can be organised on request.

Support Groups & Services

TARNEIT	DAY & TIME	COST	INFORMATION
<p>Community Collective Victoria Community Psychologist</p> <p>Provisional one on one psychology and counselling services to community members</p>	Mondays and Fridays	No Cost (some exclusions apply)	<p>☎ 4250 8134</p> <p>✉ admin@ccvic.community</p>
<p>Community Connector</p> <p>Wyndham City Council has a dedicated team who can help you find and connect with local service options. We can help if you need support, but are unsure of where to start</p>	Onsite at Tarneit Community Learning Centre Wednesdays	No Cost	<p>☎ 8734 4514</p> <p>🌐 https://www.wyndham.vic.gov.au/communityconnector</p>
<p>Community Employer Connectors –WCEC</p> <p>Information and referral service focused on supporting jobseekers and community with referrals to employment, education or training.</p> <p>Eligibility criteria applies.</p>	Onsite at Tarneit Community Learning Centre Tuesdays 1pm—5pm	No Cost	<p>✉ Saylee.dumbre@wyndhamcec.org.au</p> <p>☎ 0403 523 279</p> <p>🌐 http://wyndhamcec.org.au/</p>
<p>Job Advocates Victoria</p> <p>Advice on education and employment services and connection with people to take the next steps needed to find work or change your career</p>	Onsite at Tarneit Community Learning Centre Thursdays	No Cost	<p>✉ https://www.wyndham.vic.gov.au/careers/employment-pathways/jobs-victoria-advocates</p>
<p>JP—Justice of the Peace</p> <p>Authorised to witness and sign statutory declarations and affidavits and to certify copies of original documents</p>	Monday 10am—4pm	No Cost	<p>No appointments necessary Just wait your turn</p> <p>☎ 8734 6040</p> <p>🌐 tarneitclc@wyndham.vic.gov.au</p>
<p>Life Community Kitchen</p> <p>All welcome! Providing hot meals to individuals and families supporting food relief and social connection.</p> <p>No Booking Required</p>	Tuesdays 6pm—8pm	No Cost	<p>✉ communitykitchen@lifeau.org</p> <p>🌐 https://lifeau.org/communitykitchen/</p>

DIANELLA	DAY & TIME	COST	CONTACT INFORMATION
<p>Live, life, feel better support group</p> <p>4th April, 6th June, 15th Aug, 10th Oct, 5th Dec</p>	10.00am-12.30pm	NA	0459 059 676
<p>Community Connector</p> <p>Wyndham Council has a dedicated team who can help you find and connect with local service options. If you need support, but are unsure of where to start, email us or call Wyndham Council.</p>	Onsite at Dianella CC on Thursdays.	Free	<p>8734 4514</p> <p>communityconnector@wyndham.vic.gov.au</p> <p>www.wyndham.vic.gov.au/communityconnector</p>
<p>Immunisations - Wyndham City Council</p> <p>Immunisation is vital to the health of our community and is just as important for adults as it is for children. Wyndham City offers free immunisations.</p>	Fortnightly - Thursdays 9.30aam-1.00pm	Free	<p>Contact the Wyndham Immunisation team to book your immunisation, phone 9742 0736 or by email</p> <p>immunisationteam@wyndham.vic.gov.au</p>

Support Groups & Services

Tarneit Foodbank run by the Epiphany Church to support community members of all ages. No referrals needed. Includes fresh food, frozen food and dry goods.

Day/Time: Every Tuesday 10.30am-11.30am

Address: Penrose Promenade Community Centre, 83 Penrose Promenade, Tarneit

Phone: 8734 4500

Wyndham Park Community Centre Foodbank Has culturally appropriate food for the Karen, Indian, African and Muslim communities. Very important to advise residents that they must call beforehand.

Day/Time: Every Thursday 9.30 - 12.30pm, please call beforehand

Address: 55/57 Kookaburra Avenue, Werribee

Phone: 03 9742 7298 **Email:** admin@wyndhamparkcc.com.au

Hoppers Crossing Equip Church **Day/Time:** Wednesday only

Address: 147-155 Hogans Rd, Hoppers Crossing VIC 3029

Phone: 9748 0099 **Email:** hoppers@lighthousestores.org.au

Uniting Wyndham Food parcels and food vouchers for people with little to no income. Can also assist with other material aid (like clothing/bedding) by specific request. All assistance including food parcels and vouchers are provided by appointment only.

Day/Time: Monday to Friday 10am to 2pm. Food assistance via phone appointments 10am-2pm

Address: 19 Duncans Rd, Werribee

Salvation Army Community Support and Emergency relief

Day/Time: Monday to Thursday from 9:30am- 2pm

Address: 209 Watton St Werribee

Phone: 9731 1344

SUDD Foundation Working predominately with South Sudanese community, offering food relief and other supports.

Phone: 9021 2029 **Email:** info@sudd.org.au

Food Pantries – The Pataka Movement Residents around all areas of Wyndham who have a food pantry out the front of their house that any person can access without judgement. "Take what you need, give what you can".

Facebook page: <https://www.facebook.com/ThePatakaMovement/>

Wyndham Youth Services Foodbank Wyndham City Youth Services foodbank service is available for young people of 12-25 years who are struggling and need assistance.

Includes baby items, formula and nappies.

Day/Time: Monday to Friday 9am-5pm, call to arrange a pick up

Address: Youth Resource Centre 86 Derrimut Rd, Hoppers Crossing

Support & Services

Food Bank Manor Lakes Providing food items to people in need.

Day/Time: Wednesdays 9am -11:30am

Address: Manor Lakes Community Learning Centre, 86 Manor Lakes Boulevard, Manor Lakes

Email: foodbank@newstart.org.au **Facebook:** <https://www.facebook.com/community.food.assistance/>

Food Pantries – The Pataka Movement Residents around all areas of Wyndham who have a food pantry out the front of their house that any person can access without judgement. "Take what you need, give what you can".

Facebook: <https://www.facebook.com/ThePatakaMovement/> **Facebook group:** <https://www.facebook.com/groups/265569064467832>

Hoppers Crossing Equip Church

Day/Time: Wednesday only **Address:** 147-155 Hogans Road, Hoppers Crossing

Phone: 9748 0099 **Email:** hoppers@lighthousestores.org.au

Jamieson Way Food Relief Program

Day/Time: Tuesdays - Food relief runs weekly to community members in need. Please contact for collection details

Address: Jamieson Way Community Centre, 59 Jamieson Way, Point Cook

Phone: 93953777 **Email:** admin@jamiesonwaycc.org.au

Point Cook Food Bank - Available to all members of the community, no questions asked. Provide your own bags if possible.

Day/Time: Sundays 1-pm recommencing 5 Feb

Address: Cross Cultural Church, 7 Adelphi Boulevard, Point Cook

Email: foodpantry@crossculturepointcook.net.au or contact via **Facebook:** <https://www.facebook.com/pointcookfoodbank/>

Salvation Army Community Support and Emergency relief

Day/Time: Monday to Thursday from 9:30am- 2pm

Address: 209 Watton St Werribee **Phone:** 9731 1344

SUDD Foundation Working predominately with South Sudanese community, offering food relief and other supports.

Phone: 9021 2029 **Email:** info@sudd.org.au

Tarneit Foodbank run by the Epiphany Church to support community members of all ages. No referrals needed. Includes fresh food, frozen food and dry goods.

Day/Time: Every Tuesday 10.30am-11.30am

Address: Penrose Promenade Community Centre, 83 Penrose Promenade, Tarneit

Phone: 8734 4500 **Facebook:** <https://www.facebook.com./TarneitFoodBank/>

Uniting Wyndham Food parcels and food vouchers for people with little to no income. Can also assist with other material aid (like clothing/bedding) by specific request. All assistance including food parcels and vouchers are provided by appointment only.

Day/Time: Monday to Friday 10am to 2pm. Food assistance via phone appointments 10am-2pm

Address: 19 Duncans Road, Werribee **Phone:** 9742 6452 **Email:** wyndham.reception@vt.uniting.org

Wyndham Park Community Centre Foodbank Has cultural appropriate food for Karen, Indian, African and Muslim communities. Very important to advise residents that they must call beforehand.

Day/Time: Every Thursday 9.30am to 12.00pm, call beforehand.

Address: 55/57 Kookaburra Avenue, Werribee **Phone:** 03 9742 7298 **Email:** admin@wyndhamparkcc.com.au

Wyndham Youth Services Foodbank Wyndham City Youth Services foodbank service is available for young people of 12-25 years who are struggling and need assistance. Includes baby items, formula and nappies.

Day/Time: Monday to Friday 9am-5pm, call to arrange a pick up

Address: Youth Resource Centre, 86 Derrimut Rd, Hoppers Crossing **Phone:** 8734 1355