THE BUZZ Newsletter



Community Centres of Point Cook

Term 2, 2023

Coming soon to a Community Centre near you...

NEIGHBOURHOOD HOUSE WEEK 8 - 14 MAY 23

Turn to page 2. for program information eighbourhood House Week, happening across Australia from **8 to 14 May 2023**, is a nationwide initiative to celebrate the role of over 1,000 Neighbourhood and Community Houses and Centres.

Locals connecting Locals

This year's theme is **'Locals connecting Locals'**. Here is three reasons why you should get involved.

THERE ARE OVER NEIGHBOURHOOD AND COMMUNITY HOUSES AND CENTRES ACROSS AUSTRALIA!



NEIGHBOURHOOD HOUSES IN VICTORIA DOING AMAZING WORK IN THEIR LOCAL COMMUNITIES. NEIGHBOURHOOD HOUSES IN VICTORIA PROVIDE OVER



A DAY IN COMMUNITY VALUE

	Featherbrook Community Centre	33—35 Windorah Dr, Point Cook	*	8353 4000
	Jamieson Way Community Centre	59 Jamieson Way, Point Cook	1	9395 3777
Peete	Point Cook Community Learning Centre	1-21 Cheetham Street, Point Cook	2	9395 6399
	Saltwater Community Centre	153 Saltwater Promenade, Point Cook	*	8376 5500

Activities at the Community Centres of Point Cook



Visit your local Community Centre for more information on Neighbourhood House Week programs and activities listed above. ALL programs are free of charge and subject to availability. Call and register your interest to avoid disappointment.

ACKNOWLEDGEMENT OF COUNTRY

Wyndham City Council recognises Aboriginal and Torres Strait Islander peoples as the first nation peoples of Australia. We acknowledge the Bunurong and Wadawurrung Peoples as Traditional Owners of the lands on which we provide community services.



The Wadawurrung and Bunurong Peoples have and always will belong to the Werribee Yalook (river), creek, stars, hills and red clay of this country. We pay respect to their Ancestors and Elders who always have and always will care for Country and community today and for future generations.

HOW CONVERSATIONS ABOUT IDEAS CAN COME TO LIFE!

The Point Cook Pop Up Park has been a hype of activity with a series of Kaleidoscope events, embracing the 2021 census data that Point Cook emerged as the country's most multicultural suburb. These events were held throughout March & April, supported by Co-Local, a community based group in Point Cook. The events provided community the opportunity to experience the diversity of cultural events followed with free family movies each weekend. The series of programs launched on 4 March with a Bunurong Introduction to Place. Events also included Indian Boli Holi, African, Greek, Persian, Pasifika, Tamil, Latino, Filipino & Eid Festivals. Don't miss the finale with all different cultures coming together for a Family Fun Day on 30 April.

Welcoming conversations & ideas can lead to fruition. Staff at the Point Cook Community Learning Centre support & work in a variety of ways with local groups both in the centre & in the neighbourhood. We were honoured to support members from under represented groups with their events at the Pop Up Park, firstly the African Festival on 18 March followed by Nowruz the Persian New Year on 26 March.

The African Festival was an opportunity to break down some barriers with members from seven different African nations who came together for the first time in Wyndham & collaborated to share their culture in unison. These included South Sudan, Zimbabwe, Eritrea,





Congo, Rwanda, Ethiopia, & Ghana. Each providing residents a taste of their homelands with performances, activities, & flavours of their local cuisines

The Persian New Year "Nowruz" brought a group of local Persian residents together to make it a reality. The idea organically evolved into a wonderful celebration & opportunity to also share their Persian culture with the wider community. The "Nowruz" a tradition going back more than three thousand years begins on the first day of spring. To celebrate Persians traditionally display a Haftsin table in their homes made up of seven items. The group set up a Haftsin Table & explained its relevance. The day was full of performances, activities & sharing of Persian Food. This year "Nowruz" was particularly significant as they stood in solidarity with the people back in Iran with over 6 months of protests after the senseless death of Masha Amini & many hundreds more by the morality police for simply having a voice; this has seen the uprising of the Women, Life, Freedom movement expressing the desire for, & commitment to, equality, safety, & choice for women in Iran.





Good News Story KIDS GET BORED WITH TOYS - BORROW INSTEAD

Little Buddies Toy Library participated in the International Toy Library conference in March which saw over 100 delegates from toy libraries around the world attend. This proved to be quite an exciting weekend as Little Buddies President Kirsten Marran was asked to represent toy libraries on Sunrise Breakfast TV and was filmed live from the Point Cook Community Learning Centre! The main message was that borrowing toys instead of buying them is the most economical and sustainable way for families to support their children's play and development. Sadly 50% of toys purchased this year will end up in landfill





by Christmas! This was such a great opportunity to showcase awesome things that are happening in Wyndham.

The following day the toy library hosted a bus tour with over 50 delegates from all over Australia, Hong Kong, Malaysia and the USA coming to visit our Point Cook Branch. There was great interest in our little toy library room which now services over 300 families in the Point Cook area and it was a wonderful opportunity for us to showcase that size is not a barrier for building а vibrant toy library community. For more information visit their website https://littlebuddiestoylibrary.com.au/

YOUR COUNCIL CLOSE TO HOME

Did you know a range of council enquiries and transactions are available such as:

- Council payments
- Kinder enquiries
- Pet registrations
- Rate enquiries and payments

9am—5pm Monday to Friday at the

Point Cook Community Learning Centre pointcookclc@wyndhamvic.gov.au 9396 6399



Early Years Programs & Activities

Featherbrook Community Centre	Day & Time	Cost	Information
Busy Bees Playgroup Where children learn through play, imagination and creativity all whilst developing social skills. A friendly environment where parents meet new friends too. Suitable for ages under 5 years.	Tuesday 9:00am—11:00am	Fees apply	Monica busybeesfeatherbrook@gmail.com
First Time Parents Group—Wyndham City First Time Parent Groups are for new parents of Wyndham. We cover a lot of topics, from breastfeeding and sleep-and-settling, family relationships and wellbeing.	Thursday 1:30pm—3:30pm	No Cost	 ① Susan 2 0427 523 177 or 1300 370 567 ☑ playgroup@wyndham.vic.gov.au
Hey Dee Ho Educational music program for children 6 months to 5yrs. Parent & child classes with max of 12 children. Creating a fun filled interactive 45 minute musical playdate with puppets, instruments and much more.	Friday 10:00am—11:00am	Fees apply	 Delissa 20457 301 878 implicit ehomusicwyn@gmail.com Sendeeho.com.au
Little Kookies Playgroup Where children learn through play, imagination and creativity all whilst developing social skills. A friendly environment where parents meet new friends too. Suitable for ages under 5 years.	Thursday 9:00am—11:00am	Fees apply	 ⑦ Monica ☑ littlekookiesfeatherbrook@gmail.com
MY TIME—Tweddle MyTime offers peer support for parents & carers of children with disability or chronic health condition. Children are engaged in activity with playhelpers while carers connect, share ideas and swap tips.	Wednesday 10:00am—12:00pm	No cost	 ① Kim 2 9689 1577 ⊠ kim.mace@tweddle.org.au ③ www.mytime-net-au
Tiny Tutus Educational pre-school ballet classes promoting fitness and creativity from a young age with the right balance of fun and learning.	Thursday 9:00am—11:30am	Fees apply	 ① Tiny Tutus ☎ 1300 245 060 □ hello@tinytutus.com.au ③ tinytutus.com.au
Jamieson Way Community Centre	Day & Time	Cost	Information
Cookie Kids Messy Sensory Play Ages 1—5 yrs. dress for mess! Ooey, gooey, fun filled activities.	Contact us for dates and more details!	Fees Apply	 Jamieson Way Community Centre 9395 3777 admin@jamiesonwaycc.org.au
DPR School of Dance Mummy & Me (18 mths - 3 yrs) Intro to dance, Movement & music classes for parents & bubs, Baby Ballet & Tiny Tappers (3 - 5 yrs) Dance, Acrobatics & Drama (5+) Jazz, Hip Hop, Ballet, Contemporary, Tap, Acrobatics, Drama, Boys clases & more!	Contact for days & times for all available class times, days and styles	Fees apply	 ⑦ Bree ☑ bree@danceeperformrepeat.com.au
Cookie Kids Playgroup Babies to 5yr. Parents get to stay in the room. Provides play time & social interaction for children in a relaxed & supportive environment.	Wednesday 9:30am—11:30am	\$65.00 family/term includes insurance	 ①Jamieson Way Community Centre 2395 3777 admin@jamiesonwaycc.org.au
Lightpoint Church Playgroup Playgroup for families	Friday 12:00pm—2:00pm	Fees apply	 ① Estelle 0428 335 427 ☑ est.bouwer@gmail.com
Safe Seats, Safe Kids FREE child car restraint fittings & safety checks Hosted by Kidsafe Victoria in partnership with Neighbourhood Houses Victoria, with support by the Victorian State Government	Monday Fortnightly 10:00am—2:00pm	No Cost Bookings required	 Book online https://safeseatssafekids.com.au/ venues-mec/

Early Years Programs & Activities

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Point Cook Community Learning Centre	Day & Time	Cost	Information
Bilingual Chinese & English Story Time Ages 3+ Join us for 45 minutes of stories, songs, rhymes & craft in Chinese & English. Meet other bilingual families, learn words in another language & help your child develop important language skills.	Fridays (2nd of the month) 11:00am	No Cost	 Point Cook Library 8734 8999
Baby Time Ages 0– 12 months Sing, move, and bond with your baby as we share some of our favourite songs and reading tips.	Wednesdays 11:00am Fridays 1:30pm		www.wyndham.vic.gov.au/libraries for current information. Programs during school term
Rhyme Time Ages 1– 5 years These 30-minute sessions include stories, songs & rhymes designed to develop early language, literacy, and numeracy skills.	Tuesdays & Wednesdays 9:30am Saturdays 10:30am		For session dates and times please visit: www.wyndham.vic.gov.au/services/ libraries/early-years/early-years-events-
Story Time Ages 3+ These 45-minute sessions include stories, songs and rhymes, and a simple craft activity designed to develop early language, literacy and numeracy skills.	Tuesdays & Fridays 11:00am		<u>and-activities</u>
FaithKids Playgroup A fun, learning & structured play environment through educational activities & crafts, song & story time for children 4yrs & under during.	Tuesdays & Fridays 9:30am—11:30am	Fees apply	 ⑦ Angela Seow ☎ 0422 101 968 ☑ playgroup@faithlifechurch.com.au ⑤ faithlifechurch.com.au
Korean Playgroup Korean mums gathering with babies and toddlers aged from 0-4 yrs old.	Mondays 12:30pm—2:30pm Bookings essential	\$50 per term	 Lucy Jang 2 0432 615 542 ⊠ lucyjang0212@yahoo.co.kr
Little Buddies Toy Library Wide range of toys suitable for 0-5 year olds including ride-ons, educational toys, puzzles, games, imaginative play sets, baby toys &more.	Tuesday & Fridays 10:00am-12:00pm Saturdays 9:00am-1:00pm	Fees apply	 ☎ 8353 1196 <u>wlbtoylibrary@bigpond.com</u> <u>Littlebuddiestoylibrary.com.au</u>

Various Locations & times	Contact Information	
Immunisations The Wyndham City Immunisation Unit provides free public vaccinations against a range of childhood and adult diseases.	Contact: Wyndham Immunisation Team 9742 0736 wyndham.vic.gov.au_select <u>Children's Services > Immunisations</u>	For further information scan to be directed to Children's Services Website
Maternal & Child Health Appointments Professional nursing support & advice for parents with children from birth to school age.	Contact: Maternal & Child Health 1300 370 567 <u>wyndham.vic.gov.au select Maternal & Child Health</u> <u>Services</u>	∎‰∎
First Time Parents Group Meet friendly local families to talk about your kids & have fun! Share experiences, find advice, give support & make new friends.	Contact: Child and Family Resource Team 1300 370 567 <u>wyndham.vic.gov.au/services/child-services/</u> <u>playgroups/baby-playgroup</u>	
Supported Playgroup—Ages 0-5 A playgroup that aims to meet the needs of vulnerable families in our community.	playgroup@wyndham.vic.gov.au	
Wyndham City Council - Kindergarten 3 & 4 Year Old Kindergarten Services. Enrol your child online.	Contact: Kindergarten Team Contact: Kindergarten Team 1300 370 567 wyndham.vic.gov.au select Children's Services > Kindergarten	

Early Years Programs & Activities

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Point Cook Community Learning Centre	Day & Time	Cost	Information		
Mandarin Playgroup Facilitated playgroup with story telling, song singing & easy Chinese characters learning activities. Meet Mandarin speaking families in the neighbourhood. Sessions will be conducted in Mandarin.	Fridays 11:30am—1:30pm (Fortnightly during school term) Bookings essential	\$40 per term	 ① Lin– Hsuan ☎ 0490 729 222 ☑ <u>Linhsuanwang@gmail.com</u> ① Yoana Lo ☎ 0423 350 954 		
Point Cook Multicultural Playgroup Facilitated playgroup provides great play & social opportunity to young children, carers & families. Join in some fun activities which include rhymes, stories & songs & meet other parents in your local area.	Thursdays 9:30am—11:30am (During school term) Bookings essential	\$60 per term	 ① Rabia 2 0424 740 857 ∞ khan.rabia@outlook.com.au 		
Sanctuary Lakes Activity Playgroup A play based playgroup for 0—5yo. Activities include story time, music, dance, craft & outdoor play. Enjoy a social time for parents & children.	Mondays 9:30am—11:30am	\$50 per family per term	⊠ <u>slplaygroup@hotmail.com</u>		
VACCA Koorie Kids Playgroup A great place for children & their Mums, Dads & carers to gather with other Koorie families, make new friends, hear stories, participate on cultural arts & crafts, express creativity & learn about culture,	Tuesdays 11:30am—2:30pm	No Cost	 ① Tayla Spiteri 2 0455 467 931 or 03 9742 8300 ⊠ taylas@vacca.org 		
Saltwater Community Centre	Day & Time	Cost	Information		
Hey Dee Ho Hey Dee Ho music invites you to join in the fun of musical edutainment with instruments, puppets, songs, dance. Its new adventure every week.	Wednesdays 10:00am—10:45am	Fees apply Free trial Class	 Melissa Smile 0457 301 878 heydeehomusicwyn@gmail.com heydeehomusic.com.au 		
Saltwater Playgroup A space where you can play, laugh, get arty & make new friends. For ages 0- 4 where apart from indoor and outdoor play, we will have Songs & Story time.	Fridays 9:00am—11:00am	Fees apply	① Monica Saltwaterccplaygroup@gmail.com		
Saltwater Chinese Playgroup For mums and dads, grandparents and carers with kids aged 0-5years. Come and enjoy rhyme time, story time and craft activities with other families.	Wednesdays 10:00am—12:00pm	Fees apply	 ① Sumei / Meredith ☑ swchineseplaygroup@gmail.com 		
Sunflower Playgroup Ukrainian speaking children of preschool age. Educational & entertaining activities like reading, games, dancing , singing, art and craft .	Saturdays 10:30am-12:30pm	Fees apply	 ① Mariya ☎ 0439 551 814 ⊠ mariya.brundell@gmail.com 		
Pop-Up Library Our Pop-up Library van travels to Community Centres delivering programs for all ages and offering a small collection of books to browse and borrow directly from the van . Rhyme /Story Time Join us for a 30 minute session of Rhyme Time	Tuesdays 1:45pm-3:45pm 1:45pm—2:15pm	No Cost	 Wyndham City Libraries 8734 8999 www.wyndham.vic.gov.au/pop-up-library 		
Construction Club Use your imagination to design and build using Lego	2:45pm—3:45pm				
Tiny Tutus Preschool Ballet Educational pre-school ballet classes promoting fitness and creativity from a young age with the right balance of fun and learning.	Fridays 9:00am—12:00pm	Fees apply	 1300 245 060 <u>hello@tinytutus.com.au</u> <u>www.tinytutus.com.au</u> Yearly registration fee includes your tutu 		

Education & Training Kids & Adults

Featherbrook Community Centre	Day & Time	Cost	Information
Abacus 4 Kids Fun and innovative ways for kids ages 4-12 to learn mathematic mental arithmetic skills using abacus (soroban). Free trial class available.	Mondays to Saturdays Various times Call for details	Fees apply	 ① Jaslyn ☎ 0406 946 069 ⊠ <u>abacus4kids@gmail.com</u>
KK Art Art, drawing & Craft lessons for kids 4-8 years old. Our classes are designed to be the one stop shop to develop your drawing, painting, colouring and craft making abilities.	Wednesdays 5:00pm—6:00pm Thursdays 5:00pm—6:00pm	Fees apply	 ⑥ Katherine ☎ 0426 187 144 ⊠ <u>kkart.classes@gmail.com</u>
Spoken English Classes—Adult Learn to speak spoken English with Constance or Radha. A volunteer led Hubs program. Space limited.	Monday or Tuesday 9:00am —10:30am or 10:30am —12:00pm	No Cost	 ⑦ Featherbrook Team ☎ 8353 4000 ☑ featherbrookcc@wyndham.vic.gov.au
WCEC English Conversation Classes—Adult New to English classes in partnership with Wyndham Community & Education Centre.	Wednesdays & Thursdays: 9:00am-12:00pm	Fees apply	 Wyndham Community & Education Centre 9742 4013 wyndhamcec.org.au/wpmain/
Wyndham Chess Club Chess lessons and chess club for children aged 6 and over. All levels welcome from beginners to advanced.	Fridays 5:00pm —8:00pm	Fees Apply	 ⑦ Phil Minichelli ☎ 0478 604 601 ☑ phil@wyndhamchess.club ⑨ www.wyndhamchess.club
Jamieson Way Community Centre	Day & Time	Cost	Information
AMEP English classes with the Wyndham Community & Education Centre	Monday & Wednesday	No Cost	 Wyndham Community & Education Centre 9742 4013
Barista—partnership WCEC Barista training workshops and courses	Connect with us for 2023 dates	Fees apply	
First Aid For parents, grandparents or carers who would like an introduction or basic refresher on First Aid knowledge related to children and infants	Connect with us for 2023 dates	Fees apply	 Jamieson Way Community Centre 9395 3777 admin@jamiesonwaycc.org.au
Learn French Enjoy a cuppa and meet new friends while you discover and learn the French language! All welcome	Tuesday 1:00pm - 3:00pm	No Cost	
Sparking Potential Tutoring Multiple tutoring services including; English, Mathematics and Writing Skills lessons for years Prep-7	Monday - Friday evenings and Saturdays	Fees apply	 Rachel 0435 240 044 sparkingpotentialpointcook@gmail.com
Point Cook Community Learning Centre	Day & Time	Cost	Information
Abacus Training Centre by Sempoa SIP Brain training for children using Abacus method. Learn arithmetic in a fun environment with a set curriculum developed for kids of all levels.	Wednesdays 5:00pm—6:30pm Fridays 4:30pm—6:00pm	Fees apply	 ① Hany 2 0431 830 359 ∞ info@sempoasip.com.au ③ sempoasip.com.au
AMEP: English Classes Providing basic English classes for newly arrived residents. Level 1 & 2 intermediate.	Monday & Fridays 9:00am– 2:30pm Thursdays 9:00am–3:30pm	No Cost	 Wyndham Community & Education Centre 9742 4013 & press 1
Brainworks Helps to develop the potential of students aspiring to reach various goals, including improving their understanding of the school & preparing for competitive scholarship & selective school exams.	Wednesdays & Thursdays 5:15pm—7:15pm	Fees apply	 ⑦ Adnan ☎ 0433 195 110 or 0401 421 115 ☑ pointcook@brainworks.com.au ⑤ brainworks.com.au

Education & Training Kids & Adults

Point Cook Community Learning Centre	Day & Time	Cost	Information	
Conversational English for migrants Practise your English skills, meet new people, and learn from others.	Fridays 9:00am—11:00am	No Cost	Deint Cook CLC	
Conversational English—LETS Sing Learn English Through Song. Singing brings people together. Learning English through song is a fun way to meet new people and gain confidence whilst learning vital English skills.	Thursdays 11:30am—1:00pm	No Cost	 Point Cook CLC 9395 6399 pointcookclc@wyndham.vic.gov.au 	
Computer Skills — Next Steps For absolute beginners. This course covers basic computer skills to get you started including an introduction to the Internet, emails, attachments, MS Word and Windows Operating System.	Tuesdays 12:30pm—3:30pm	\$30 for 10 week course (permanent residents)		
Computer Skills — Advanced Designed for people who have basic computer skills or as a follow on for students who have completed the 'First Steps' course. The course provides an introduction to Excel. Word and PowerPoint.	Saturdays 9:00am—12:00pm	\$30 for 10 week course (permanent residents)	all courses are 3 hours 10 weeks Wyndham Community & Education Centre	
Computer Skills — Intermediate Excel This course is designed as a follow up for people who have completed the introductory excel course and wish to consolidate their skills before enrolling in an advanced level class.	Tuesdays 9:00am—12:00pm	\$30 for 10 week course (permanent residents)	Centre 9742 4013 <u>https://wyndhamcec.org.au/course-</u> <u>list-pre-accredited/</u>	
Computer Skills — MYOB This is a practical hands-on course designed to teach students about the computerized accounting package MYOB. Includes payroll and BAS.	Saturdays 12:30am—3:30pm	\$30 for 10 week course (permanent residents)		
English Conversation Café At English Conversation Café you can practise your English skills, meet new people, and learn from others. This is a great way for you to connect with the community and maybe even make new friends.	Mondays 2:00pm—3:00pm (Limited numbers)	No Cost	 Point Cook Library 8734 8999 www.wyndham.vic.gov.au/adult- events-and-activities 	

LETS SING LEARN ENGLISH THROUGH SONG

Meet David, who has been a musician for most of his life. Together David and his wife Chrissy have 4 teenage children. David has been actively involved in serving the community in various roles for many years, whether it's playing music in nursing homes, volunteering at the local food bank, or serving food with Melbourne's street ministry to the homeless. Among his many hobbies, motorcycles and music are two of the hobbies David enjoys most.

Recently David has become the pastor of the English-speaking congregation at One Faith Church Point Cook. He is delighted that One Faith Church is able to partner with Point Cook Community Learning Centre to provide weekly English classes with a difference for our local community. The English classes are an exciting way to learn conversational English through song. Singing brings people together. Learning English through song is a fun way to meet new people and gain confidence while we learn vital English skills.

The program will run on Thursdays between 11:30am-1pm starting on 27 April. If you or know someone who is interested in joining this free program you can contact the Point Cook Community Learning Centre, call 9395 6399 or email pointcookclc@wyndham.vic.gov.au



Education & Training Kids & Adults

Point Cook Community Learning Centre	Day & Time	Cost	Information
Gunsmart—Firearm Safety Course Feel safe around firearms or complete the course certificate so that you can apply for a category A/B firearms licence. Juniors 12-18 years welcome when accompanied by an adult. 2 hour course and exam.	Tuesdays 7:15pm—9:00pm	\$88 Adults	 ① Gunsmart ☎ 1300 920 900 ➢ <u>instructor@gunsmart.com.au</u> ♥ www.gunsmart.com.au
Library IT Programs A variety of computer literacy and skill building programs. Includes free courses such as: Computer basics, Intro to Microsoft Word, Protect yourself from scams, and many more!	Visit the library for more info or register online.	No Cost	 Point Cook Library 8734 8999 www.wyndham.vic.gov.au/services/ libraries/adults/library-it-programs
Sewing Classes—So & Sew — Beginners This is an introductory course for people wishing to learn how to sew. It will cover how to work with different fabrics, follow simple patters, setup & use a simple sewing machine and make simple items.	Tuesdays 12:15pm—3:15pm Thursdays 6:00pm—9:00pm		
Sewing Classes—Next Stitch — Intermediate An intermediate level sewing course which assumes basic knowledge of using machines. Will cover introduction to overlockers, working with different fabrics and using patterns to make a simple garment.	Tuesdays 8:45am—11:45pm	\$40 (permanent residents)	all courses are 3 hours 10 weeks ① Wyndham Community & Education Centre 2 9742 4013 ③ <u>https://wyndhamcec.org.au/course-</u>
Sewing Classes—All Sewn Up—Advanced Advanced level course which follows on from the "Next Stitch" course. who will already know how to use a basic sewing machine and overlocker. Course includes sewing with stretch fabric and making a more complex article or garment.	Wednesdays 6:00pm—9:00pm		list-pre-accredited/
South Sudanese Children's Homework Club Prep to years 6 & 7 designed to address key areas of development, setting goals & building confidence. The homework club fosters higher learning within children & encourages them to pursue their goals in life. We will assist children with their school reader & homework.	Mondays 5:00pm—6:30pm	No cost	 Aweeng or Poly 0403 523 429 or 0434 178 753 poly.kiyaga@wyndhamcec.org.au aweeng.deng@wyndhamcec.org.au
Telugu Association of Australia Inc Teaching Telugu language to protect culture & diversity among our children while integrating with the multicultural society of Wyndham.	Saturdays Fortnightly 3:30pm—6:00pm	Fees apply	 D Satya 2 0422 211 036 Matamps@cba.com.au taai.net.au
VCE Maths Support Run by a tutor with experience studying 3 levels of maths and achieving 97.65 for her VCE. Your tutor had graduated from Bachelor of Commerce at Melbourne Uni and worked in a tech startup, before deciding to pivot into Education by taking up Master of Teaching studies from 2023. Looking forward to supporting you with your VCE maths studies.	Tuesdays 4:00pm—5:00pm	No Cost	Deijia Sun
Writing Group (Online) Come along to Wyndham City Libraries free writing groups for adult writers of all levels of experience. Get your creative juices flowing with exercises designed to inspire and develop your writing skills in a fun and friendly environment. Bookings required.	For session dates and times please visit the website	No Cost	 8734 8999 For session dates and times please visit: www.wyndham.vic.gov.au/adult- events-and-activities
Zimbabwean Community in Australia Offering Shona Ndebele language classes to kids & adults.	Saturdays 1:00pm—3:00pm	Fees apply	 ① A. Zivave ☎ 0424 326 267 ☑ principal@zimcommunityeducation.org

Featherbrook Community Centre	Day & Time	Cost	Information
Beat Freakz Fitness An all in one workout combining aerobics, boxing, weight resistance and dancing with a twist. Classes include light dumbbells for sculpting & toning.	Mondays 6:45pm—7:30pm Fridays 9:45am—10:30am	Fees apply	 ① Jenna Chaffey ☎ 0424 124 661 ➢ <u>beatfreaksfitness@yahoo.com</u> ③ <u>beatfreaksfitness.com.au</u>
Let's Dance Point Cook Community social sequence ballroom dancing including Cha Cha, Tango, Foxtrot, Waltz and many more.	Sundays 4:30pm –6:30pm	Fees Apply	 Phebe Yeo 0425 338 832 phebe@8senses.com.au
Open Table Tennis at Featherbrook Join locals for some active fun playing table tennis. Places are limited so book now! Open to all	Mondays 10:30am—1:00pm	No cost	 Featherbrook CC 8353 4000 featherbrookcc@wyndham.vic.gov.au
Point Cook Dance We aim to inspire, encourage & challenge out students in safe, friendly & nurturing classes. Classes include Pre School Dance, combination for preppies, classical ballet, Jazz & Funk, Hip-Hop, Hip-Hop Boyz, Tap, Contemporary, Acrobatics, Drama & singing. For ages 3 year to teenagers.	Tuesdays, Thursdays, Fridays & Saturdays Times vary. Please see timetable on website	Fees apply	 Mandy 0416 679 911 info@pointcookdance.com.au www.pointcookdance.com.au
Point Cook Girl Guides As the peak organisation for girls aged 5-17, The Girl Guides mission is to empower all girls to become confident, engaged, resilient and responsible community members.	Tuesdays 6:30pm—8:30pm	Fees apply	 Robyn 0407 055 631 wyndham@guidesvic.org.au guidesvic.org.au
Rachana Natyalaya One of the prominent places in Melbourne to learn Indian Classical Dance Bharatanatyam, Folk and Bollywood dancing from a qualified dance teacher.	Wednesdays 6:00pm—9:00pm	Fees apply	 ⑦ Archana ☎ 0432 161 933 ☑ koorthy@gmail.com ③ rachananatyalaya.com
Sahaja Yoga Meditation Teaches a unique method of meditation where participants can achieve a state of balance in just 10 minutes.	Wednesdays 7:30pm—8:30pm	No cost	 Image: Annie Image: O423 110 875 Image: Annie.sarani@gmail.com Image: Www.sahajayoga.com.au
Vibe Choreography "LETS CO-EXIST" Exciting, fun and popular Bollywood, Hip Hop, Jazz Funk dance classes for anyone aged 6 years. If you love to dance, build your confidence and make great friends, enquire with us.	Tuesdays, Wednesday, Fridays & Saturdays Times Vary. Please see website.	Fees apply	 ① Alpana 2 0434 944 074 > <u>alpana24@gmail.com</u> ♥ www.vibechoreography.com.au
Walking Football (Over 50s) A small-sided, low impact, modified version of the game, suitable for all levels of ability & fitness for both Men and Women. Join our free program aimed at keeping seniors active. The program provides skills training in a fun & safe group environment. It is social & requires no prior football knowledge.	Fridays 10:00am-11:00am	No cost	 ① Featherbrook CC ☎ 8353 4000 ⊠ featherbrookcc@wyndham.vic.gov.au

Jamieson Way Community Centre	Day & Time	Cost	INFORMATION
Australian Air League Providing aviation and STEM related activities for young people (8-18yrs)	Wednesday 7:00pm—9:00pm	Fees apply	 ① Bryan McGrath ☎ 0413 060 552 ☑ oc.pointcook@airleague.com.au
Bharatalaya Dance & Music Academy Melbourne's oldest and most respected Indian classical dance instruction	Sunday 12:30pm—4:00pm	Fees apply	 ① Rasiah 0412 411 690 ① Ambika 0414 678 923 ☑ ambika.doherty@gmail.com
Chatty Café/Table Community catch up –great chance to meet new people and connect. Tea, coffee & refreshments provided	1st & 3rd Monday each month 10:30am - 12:00pm	No cost	
Garden Connection Workshops and Group Learn new skills and connect with others interested in plants and gardening. Workshops conducted by an experienced tutor.	3rd Wednesday of each month 11:45am—1:30pm	Fees apply Bookings required	 Jamieson Way Community Centre 9395 3777
Community Garden Pick, share and grow veggies and plants! Are you interested in caring for our garden?	Always open	No cost	⊇ ⊠ <u>admin@jamiesonwaycc.org.au</u>
Community Bus Trips Movie, shopping and other trips—let us know where you want to go!	Contact for days and times	Fees apply	
DPR School of Dance Acrobatics & Drama (5+) Jazz, Hip Hop, Ballet, Contemporary, Tap, Acrobatics, Drama, Boys Classes & more!	Contact for all available class times, days and styles	Fees apply	 ⑦ Bree ☑ bree@danceeperformrepeat.com.au
Gen U Disability support group	Wednesday 9:00am—3:00pm	Contact for details	 ❶ GenU ☑ bonnie.baker@genu.org.au
Gardening Swap Point Cook Meet at the BBQ area at back of the centre	4th Sunday monthly 10:30am—11:30am	No cost Bring swap items	 ⑦ Sarah ☑ sarahong74@gmail.com Facebook Gardening Swap Point Cook
Jam Way Book Club Share your love of reading and enjoy morning tea & a cuppa!	3rd Thursday of the month 10:30am—12:20pm	No cost	
Jam Way Guitar Lessons Aimed at primary school ages, great fun way to learn the acoustic guitar Bookings required.	Wednesday 4:00PM—6:00pm 30 min classes	Fees apply	
Jam Way Sew & Sew Group Qualified dressmaker BYO projects. Machines on site or feel free to BYO.	1 st & 3 rd Monday of month 7:00pm—9:00pm	\$6.00 per session	 Jamieson Way Community Centre 9395 3777 admin@jamiesonwaycc.org.au
Jam Way Quilters Patch Patchwork classes open to all levels of experience! BYO project.	Thursday 9:30am—12:30pm 1st & 3rd Tuesday 6:30pm—9:30pm	\$5.00 per session	



JK Natyalaya A whole range of different Bollywood dance classes Providing multiple formats of Indian dance	Friday 5:30pm—7:30pm	Fees apply	 ① Kani 2 0470173229 ☑ kanisuba@gmail.com
NB Dance An ultimate mix of traditional and modern Bollywood dance style. Classes are aimed at getting students fit and learning dance techniques	Tuesday 6:45pm - 7:45pm	Fees apply	 ① Natasha ☎ 0402 439 350 ☑ info@nbdance.com.au
Manmohini Indian Dance School Regular Indian classical Kathak dance	Thursday 6:45pm—8:45pm	Fees apply	 ① Mohini ☎ 0421 084 366 ☑ m<u>ohini@kathakmelbourne.com.au</u>
Planned Activity Group Indian social support	Friday from 10am	Refer to MRC	 ① Migrant Resource Centre 2 9367 6044
Sanctuary Lakes Probus Club Monthly committee meetings	Last Thursday of each month 9:45am-11:45am		 ⑦ Robert ☎ 0418 329 353 ☑ roberttadams.227@gmail.com
Seniors board games & social meet up group Over 55's - Come along for a cuppa & enjoy card & other board games & meet new friends	Mondays 1:00pm—3:30pm	No cost	 ① Jamieson Way Community Centre 29395 3777 ☑ admin@jamiesonwaycc.org.au

Jamieson Way Community Centre	Day & Time	Cost	Information	
Seniors Journey Activities for Mandarin speaking seniors	Mondays 9:00am—11:15am Tuesday 9:00am—12:00pm	Contact for details	 ● Fong ☎ 0410 177 250 ☑ yongbongfong@gmail.com 	
Shorinjiryu Karate Children & Adult classes	Tuesday 4:00pm – 6:30pm	Fees apply	 Î) Mrnie 2 0418 564 382 ⊠ marnie72@hotmail.com 	
Walking Group All welcome meet out front at Jamieson Way Community Centre car park	Tuesdays & Wednesday 9:00am	No cost	 ① Sian ☎ 0400 049 395 / 9395 1182 	
Weight Watchers Weekly support meeting group and to make some new friends	Saturday 8:30am—9:30am	Fees apply	 ① Kate ☎ 0417 434 614 ☑ Kate.habgood@ww.com 	
Walking Basketball— Seniors These fun sessions are designed to be adaptable based on participants skill level, fitness and mobility	Thursday 1:00pm—2:00pm	No cost	D Jamieson Way Community Centre	
Yoga Give your body the attention and love it needs through breathing and gentle movements In partnership with Reclink Australia	Tuesday 9:15am—10:00am	\$5.00 per session BYO yoga mat	 ① Jamieson Way Community Centre 2 9395 3777 ⊠ admin@jamiesonwaycc.org.au 	
Point Cook Community Learning Centre	Day & Time	Cost	Information	
Active Mummies Yoga classes for women	Thursdays 6:00pm-7:00pm	Fees apply	 ① Neeti Saronja ☎ 0459626728 ☑ activemommies1@gmail.com 	
Afro Dance Movement—AMA Afro moves & style dance classes for kids and adults. Learn the fundamentals and experience the culture of Afro Beats and Dance whilst building your confidence and coordination with enthusiastic choreographers from the Afro Movement Academy. https://amacentricafroclasses.eventbrite.com.au	Tuesdays 5:15pm for kids 6:00pm teens/adults	Fees apply	 ① Emefa 2 0421 502 663 Image: A state of the state of th	
Bollywood Dance School Australia Bollywood dance for kids, teens & adults.	Mondays 5:30pm—9:00pm	Fees apply	 ① Latha 2 0499 888 115 > admin@bollywooddanceschool.com.au ③ bollywooddanceschool.com.au 	
Board in the West—Melbourne Meeples A fun board gaming group for anyone who wants to stay socially connected with other board gamers. Monthly events for everyone.	Fridays (1st of the month) 6:00pm—11:00pm	\$5 pp \$12.50 per family	 ① Jennie 2 0410 150 529 ③ meeples.org.au 	
Brooks School Of Dance Quality dance classes in classical Ballet, Jazz & Hip Hop taught by professional dance teachers, in a friendly & encouraging environment.	Thursdays 4:30pm—6:00pm Saturdays 9:00am—12:00pm	Fees apply	 D Ayelet 2 0430 765 431 > brooksdance@gmail.com brooksschoolofdance.com 	

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Point Cook Community Learning Centre	Day & Time	Cost	Information
Chess for All Ages Beginners and experienced players are welcome to join us for Chess at Point Cook Library. Enjoy a game with your friends and meet other Chess enthusiasts in the library!	Tuesdays 4:00pm—5:00pm (During school term)	No Cost	For more information: https://www.wyndham.vic.gov.au/whats- on/all-ages-chess
Craft & Conversation Ages 18+ Are you a craft lover? Join our monthly program to create a new craft each session. Materials are free, conversation is included, and you can take home your finished project.	Fridays (4th of the month) 11:00am—1:00pm Bookings required.	No Cost	 Point Cook Library 8734 8999 For session dates and times please visit: https://www.wyndham.vic.gov.au/ services/libraries/kids/all-kids-events-and- activities/kids-events-and-activities
Fun & Fitness Gentle Exercise Gentle physical activity program suitable for seniors and all abilities.	Mondays 11:30am—12:30pm Fridays 11:10am—12:10pm	\$6 per session	 Point Cook Community Learning Centre 3 9395 6399 pointcookclc@wyndham.vic.gov.au
Gamblers Anonymous 12 Step Fellowship meeting for compulsive gamblers. Zoom meetings listed on website.	Thursdays 8:00pm—9:00pm	No Cost	 [☎] 9696 6108 <u>gavictoria18a@gmail.com</u> <u>gaaustralia.org.au</u>
Game On! Ages 12-19 Like gaming? Drop in after school and show off your skills on Nintendo Switch and PlayStation. Beginner to advanced players welcome. No bookings required.	Fridays (1st of the month) 4:00pm—5:30pm	No Cost	8734 8999 <u>https://www.wyndham.vic.gov.au/</u> <u>services/libraries/youth/youth-events-and</u> <u>-activities</u>
Gamers's Den Are you aged between 12-18? Want a space to hang out, flex your gaming skills and make some friends? Every week we hang out, starting the session with a new game.	Wednesdays 3:30pm—5:30pm (at Point Cook Community Learning Centre)	No Cost	 Youth Services 8734 1355
Courtside - Youth Services @Point Cook Ages 12-25 Hang out with our friendly youth workers & meet new friends at Point Cook Town Centre Basketball court.	Thursdays 3:30pm—5:30pm (At the Point Cook basketball court)		⊠ <u>youthinwyndham@wyndham.vic.gov.au</u>
GROW with Joe—STEM Learning Science Technology Engineering Maths. Learn STEM training basics and how to use Crumble and WitBlox in 8-week course. Build and program steam machines. THINK CLICK LEARN and block programming for 8 to 12 year olds.	Tuesdays 5:00pm—7:00pm	Fees applu	 ① Joe Ferlazzo ① 0402 813 690 ⊠ joeferlazzo1@gmail.com
Inbetweeners Book Club Ages 9-13 Come along to our book club where you can discover new titles, meet new friends and have fun playing book-themed games!	Fridays (Last of the month) 4:00pm–5:00pm	No Cost	 Point Cook Library \$734 8999 Bookings: <u>https://www.wyndham.vic.gov.au/whats-on/inbetweeners-book-club</u>
Kids Club Ages 5+ Come and join in a different activity every week. Make new friends and have lots of fun.	Wednesdays 4:00pm—5:00pm (During school term)	No Cost	 Point Cook Library 8734 8999
Melbourne Table Tennis Club Run by Melbourne Table Tennis Club in conjunction with Asian Business Association of Wyndham Inc. Playing & coaching with a main focus on Seniors 55+.	Sundays 6:00pm—8:00pm	No Cost	 ① Jon Zhang ☎ 0451 169 850
Natyanjali School of Dance All ages. Bharatanatyam India's oldest & popular classical dance style encompassing music, rhythm & expression. Strictly adheres to Natyashastra.	Tuesdays 6:00pm—7:00pm Fridays 5:30pm—6:30pm	Fees apply	 Initha Perumal Initial Odd And Antipage Initial Odd Antipage

Point Cook Community Learning Centre	Day & Time	Cost	Information
Point Cook Seniors Group Meet for social interaction with other seniors from local area.	Fridays 12:15pm—2:30pm	- No Cost	 ① Bev 24 489 ☑ pointcookclc@wyndham.vic.gov.au
Point Cook Craft Group Bring along your knitting or craft for social interaction with other local community members.	Thursday 10:00am—12:00pm		
Point Cook VIEW Club A leading women's national organisation, providing the opportunity for women from all walks of life	Wednesdays (4th of the month) 12:00pm—3:00pm	Fees apply	Contact: Elaine Brundle ☎ 0404 066 860 ⊠ <u>pointcookview@gmail.com</u>
Point Cook Walking Group People of all ages come join us to discover Point Cook, make new friends, keep fit & healthy.	Mondays—Fridays 9:00am	No Cost	 Bev 0417 324 489 Meet at the Point Cook town centre outside dry cleaners (Coles precinct)
Point Cook Women's Circle Provides social support, shared experiences & skills, in areas of health & well-being. Participating in local council & community events. Encourage Women to promote their cultural traditions & cuisines.	Fridays (3rd of the month) 12:15pm– 2:00pm	No Cost	 Clarissa 0422 062 521 Sudha 0432 489 584 <u>chair@virwc.org.au</u> <u>shudha-narayan@hotmail.com</u>
Rainbow Club Point Cook Inc—Disability Dance Club Claimable NDIS program, provides specialised support and activities for people living with disabilities, particularly those at risk of being socially isolated. Small class sizes. Great exercise/Great Fun	Saturdays 11:15am—3:00pm (30 minute classes)	NDIS	 ☎0414 384 586 Support@rainbowclub.org.au rainbowclub.au
Salsa In Motion Beginner Cuban Salsa & Bachata, intermediate level Cuban Salsa/Rueda & Bachata dance classes for adults. No dance experience or partner required. Free 25min intro session.	Mondays 6:30pm—9:00pm	Fees apply	 ● Michael ☎ 0430 355 888 ⊠ info@salsainmotion.com.au
Shrilekha Art Foundation Discover a wide range of fun and unique art forms for children and adults, including Mandala, Pattern making and Indigenous art.	Fridays 5.00pm– 6.00pm	Fees apply	 ● Shrilekha ■ 0433 395 212 ⋈ Shrilekha.jain@gmail.com
STEAM Builders Ages 5+ Come along to your library every week to design, build and imagine with LEGO and other building materials.	Mondays 4:00pm—5:00pm	No Cost	 Point Cook Library 8734 8999 For session dates and times please visit: <u>https://www.wyndham.vic.gov.au</u>
Table TennisCome join the fun to learn how to play table tennisor brush up on your skills with centre volunteer JonZhang.	Tuesdays 3:00pm—5:30pm	No Cost	 ⑦ Point Cook CLC ☎ 03 9395 6399 ⊠ pointcookclc@wyndham.vic.gov.au
WynLUG A LEGO user group to meet, create and share experiences relating to LEGO.	Sundays 1:00pm—3:00pm (2nd of the month)	Fees apply	 ⑦ Katie or Andrew ☎ 0451 834 531 or 0408 530 337 ☑ katelyn.mcdougall1990@gmail.com or andrewwelsbury@gmail.com
Yoga for Seniors Yoga for seniors above 55 years for all communities, to support physical and mental wellbeing.	Mondays 4.00pm—5.30pm	No Cost	 ① Prem ☎ 0430 740 023
Zeal Youth & Young Adults Meet other like minded youth to socialise over food, activities, games, praise & worship.	Saturdays 6:00pm—10:00pm (except 1st of month)	No Cost	 ⑦ Arich ⑦ 0421 562 994 ⊠ arich.c@faithlifechurch.com.au § faithlifechurch.com.au
Zumba Fitness with Zin Monika Fitness & exercise to help improve health, coordination & balance whilst dancing to Salsa, Merengue & Reggaeton. Ultimate fun!	Tuesdays 7:00pm—8:00pm	Fees apply	 ⑦ Monika ☎ 0468 320 618 ⊠ monika.au@outlook.com



SALTWATER ART STUDIO

The studio is a dedicated artist space for creatives in Point Cook & beyond. We have a range of workshops & classes, from Pottery Wheel throwing with Nandita, Craft with Saltwater Crafters & Myochre Art room for kids with Madhubani. The studio is equipped with easels & is an open resource for painters & crafters every Friday from 9.30am—3.30pm. No need to book, just bring your project along & enjoy working alongside other creatives. Kiln firing services are available on request. Please contact the Community Centre for more details or to enquire about classes.

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Adults Pottery - Wheel Throwing Beginners Class Adult course for beginners to develop skills to create work on the potters wheel. Only 8 students per class, All skill levels are accommodated and welcome. Inclusive of clay, glazes & underglazes. Firing costs extra.	Thursdays 6:30pm—9:00pm	Fees apply	 Nandita Nadkarni 0432 266 229 <u>nandita@potteryescape.com</u> <u>Website: www.potteryescape.com</u>
Open Studio Not enough space to paint or create at home? Open for anyone to come work on their own projects.	Fridays 9:30am—3:30pm	No cost	 Saltwater Community Centre 8376 5501 saltwatercc@wyndham.vic.gov.au
Artistic Mind Just get relaxed in a safe environment & connect with the inner child to unlock ladies creativity while adding some tips of visual art principle.		Fees Apply	 ① Hengameh Ghaderi 2 0432 305 840 ☑ hghimages777@gmail.com
Aiki Kai Aikido Suitable for all ages. No-competitive Japanese martial art. Learn techniques in a friendly & enjoyable atmosphere to develop self-confidence, improve balance & coordination while improving your fitness.	Saturdays	Fees apply	 Image: Andrew Last Image: 0405 330 149 Image: Andrewlast.aikido@gmail.com
Beat Factor Join us for our weekly Drum Circle sessions. Groove out on Afro, Middle-eastern & Samba rhythms. All levels & all abilities welcome. Drums supplied or BYO. 4 week sessions or pay per casual class basis	Thursdays 7:30pm—8:30pm	Fees apply	 Rod Pilois 0411 028 077 beatfactor@internode.on.net https://www.beatfactormusic.com/ workshops
Bollywood Dance School Australia Bollywood, Jazz, Contemporary & Hip Hop dance for kids, teens and adults.	Mondays & Fridays 5:30pm—9:00pm	Fees apply	 Darshan 0499 888 115 admin@bollywooddanceschool.com.au
Beat Freakz Workout combining aerobics, punching, kicking, bodyweight resistance training & of course a little bit of DANCING but with a twist. Every class includes small dumbbells for ultimate sculpting & toning.	Thursdays	Fees apply	 ① Jenna Chaffey 2 0424 124 661 i beatfreakzfitness@yahoo.com i www.beatfreakzfit.com.au

Saltwater Arts Space

The gallery space at Saltwater Community Centre has been hosting some strong, bold women this term. Mario Nardo (picture inset) exhibited her extraordinarily uplifting paintings in her first solo show "Am I Random". This show was part of Wyndham City's Level Up series, providing emerging local artists with an opportunity

to showcase their work and transistion into professional practice. For more information on the series, or to apply, contact Ippy.Collins@wyndham.vic.gov.au

On International Women's Day (March 8th), Wyndham artist **Mita Chowdhury** presented a Kantha Community Quilt, created women from the with local community using the traditional Bengal women's hand-stitching techniques. The evening included music and singing from preformers (pictured below) and group conversation and sharing.

> For exhibition opportinities at Saltwater Community Centre, contract Saltwatercc@wyndham.vic.gov.au or call 8376 5504





LIVE MUSIC | RIDES | FOOD TRUCKS SKATE DEMOS | DANCE COMP

Youth Resource Centre, Hoppers Crossing WYNDHAM.VIC.GOV.AU/YOUTHFESTIVAL



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Saltwater Community Centre	Day & Time	Cost	Information
CDB Dance At CDB dance we offer a variety of dance classes to the community, like Ballet, Modern and Contemporary dance to a range of ages. Our aim is to share our knowledge and love for dance to help you or your child on your dance journey.	Wednesdays 11:00am-1:00pm Saturdays 8:00am-10:30am 1:00pm—3:00pm	Fees Apply	 ① Candice Baxter ① 0468 558 859 ⊠ cdbdancesa@gmail.com ③ www.cdbdance.com
Japan Karate Association Australia Teaches traditional ShotoKan Style Karate a non- aggressive self defence martial art. Helps develop strength, coordination & agility can be practised at any time or place, by anyone. The standards taught are of the highest level in keeping with the technical requirement set by JKA HQ	Tuesdays 5:30pm—8:30pm Saturdays 10:30am—1:00pm	Fees apply	 ① Bryan Zaldarriaga ① 0434 483 015 ⊠ bryan.zaldarriaga@jkaaustralia.com.au ③ jkaaustralia.com.au
Kids Drawing class In this course students will learn the fundamentals of drawing the human figure from their imagination. Character creation, proportions and basic anatomy and properties of light and shading techniques. (Please bring 2b pencils, sketchbook, eraser, pencils sharpener and a water bottle) Suitable for kids 10yrs and over	Sundays 3:00pm—5:00pm Mondays 4:30pm— 6:30pm	Fees apply	 ① Nick Shepherd ① 0431 063 366 ⊠ nickshepherd26@gmail.com
Manmohini Indian Dance School—Kathak Kathak is one of 8th Indian Classical dance from North India. traces roots from the tradition of storytelling, designed to master each aspect of Kathak.	Wednesdays 5:00pm—6:00pm (Kids) 6:15pm—7:15pm (Adults)	\$20 per class	 ① Daveena Munee ① 0430 714 273 ☑ Daveena.munnee@gmail.com
Myochre Artroom Art & illustration activity for kids focusing on developing skills on different colouring mediums & drawings	Thursdays 4:00pm—5:00pm	Fees apply	 Madhubani 0404 694 754 myochre.artroom@gmail.com www.facebook.com/myochreart/
Melbourne School of Indian Music Learn the art of playing world's fastest rhythm instrument "Tabla"	Tuesdays 5:30pm—7:30pm	Fees apply	 ① Jay Dabgar ① 0430 521 372 ☑ jaydabgar@gmail.com Website: Jaydabgar.com
Tai Chi An art embracing the mind, body & spirit. One of the most effective exercises for health of mind and body.	Mondays 9:30am—10:30am Bookings essential!	No cost	 ③ Saltwater Community Centre ③ 8376 5501 ☑ Saltwatercc@wyndham.vic.gov.au
The Knack Theatre—Telling Stories Do you have a story to tell, but no idea where to start? In this workshop you'll learn how to apply Universal Story Elements to your own writing.	Mondays 7:00pm—8:00pm	Fees apply	⊠ steventboltz@gmail.com
Yoga By Jessie Narula Participate in a yoga class that helps reset your busy life & mind. Mindful yoga, incorporates gentle movements to improve stability, mobility, combined with mindfulness based techniques to quiet & cultivate a deeper connection with yourself.		Fees Apply	 ● Jessie Narula 20492 967 913 € evolvewithjessie@gmail.com
Youth Services Drop in Are you aged 12-17 years of age? Come and join the Youth Services team for Friday nights of fun activities	Fridays 3:00pm—5:00pm	No cost	① 8734 1355 <u>youthinwyndham@wyndham.vic.gov.au</u>
Zumba Fitness with Zin Monika Class for adults to promote fun filled physical activity. Physical activities help in improving health & fitness. Zumba also considers other development areas including respect, team work leadership etc.	Sunday 10:00am—11:00am First class free	Fees apply	 ① Monica ① 0468 320 618 ⊠ monika.au@outlook.com

Welcome to



BUILDING A DANCE COMMUNITY

We offer Dance Classes in a range of styles

From Beginner to Aduli

Contact us:

Message on O468 558 859

Email: cdbdancesa@amail.cor



WWW CDBDANCE COM

DO YOU HAVE A STORY TO TELL, BUT DON'T KNOW WHERE TO START?

TELLING Stories

The Art and Science of Storytelling

In this workshop, you'll learn not only what makes a story work (or not), but also WHY it works (or doesn't) so you can apply these Universal Story Elements to your own writing.

> S SESSIONS / \$35 PER SESSION \$160 / FULL COURSE

7PM / MONDAYS/ NEXT TERM SALTWATER COMMUNITY CENTRE

SEND EXPRESSIONS OF INTEREST TO

saltwatercc@wyndham.vic.gov.au



Featherbrook Community Centre	Day & Time	Cost	Information
Anglican Chinese Mission of the Epiphany Service with praise , worship, sermons & blessings. With a children's Sunday School available.	Sundays 4:30pm –7:00pm	No cost	 i) Richard Liu iiiiiiiiiiiiiiiiiiiiiiiiiiiiiiii
Australia India Society of Wyndham Social group that meets for festival celebrations and activities including meditation, yoga and games.	Mondays & Fridays 11:00am—1:00pm	Fees apply	 ✔ Vadilal Patel ☎ 0480 114 154 ☑ australiaindiasociety@gmail.com
First Born Gospel Church Point Cook Christian Workshop service with praise and worship. Kids, Youth, and Adult Sunday School.	Sundays 1:30pm—3:30pm	No cost	 Denwardson ☎ 0456 191 341 ✓ fbgcpe@iafb-australian.org ♥ pointcook.iafb-australia.org
Friends of Featherbrook Join the local community in assisting towards enhancing the centre and keeping it in good shape. Enjoy multicultural activities and skill sharing.	Tuesdays 11:30am—1:30pm	No Cost	 ● Featherbrook CC ■ 8353 4000 ☑ featherbrookcc@wyndham.vic.gov.au
Garam Ministry Non-denominational, Indonesian speaking Christian Community endeavouring to show love of Christ in Point Cook focussing on fellowship & unity.	Sundays 10:00am—12:00am	No cost	 Ibert Gunawan Piter Info@garamministry.org garamministry.org
Haami Inc A Culturally diverse community group. Youth led Committee. Youth programs for development of skills, fundraising and family gatherings.	2nd and 3rd Sunday of the Month 7:00pm—10:00pm	Fees apply	⑦ Noor M Mohammed⊠ Haamiinc@gmail.com
Influence Church Music Classes Guitar and Keyboard lessons for children	Saturdays 8:30am—11:00am	No Cost	 Aman Luthra 0405 606148 aman20088sonu@gmail.com
Islamic Circle of Australia & New Zealand Faith based volunteer organisation meeting monthly, programs to suit all ages including activities for kids.	1st Saturday on the Month 6:00pm-9:00pm	No Cost	 √ Yasir Ishaq
Le Petrel Mauritian Seniors Club Inc Seniors gathering with Social Activities	Wednesdays 12:30pm—4:30pm	Fees apply	 Regis 0421 464 874
Lions Club of Point Cook Like minded people join our friendly team to assist community groups & individuals in need, as well as projects on making public areas more enjoyable.	Mondays (Monthly) 7:30pm-9:30pm	Fees apply	 i) Sam iii 0458 536 461 iii pointcook.vic@lions.org.au
Point Cook Chinese Friendship Group Meet weekly to dance, sing, learn songs and learn English.	Mondays (Dance) 1:00pm—3:00pm Thursdays (Singing) 11:30am—3:30pm	Fees apply	 ● Lisa Zhong ☎ 0421 991 696 ☑ mimilisa5@126.com
Point Cook Indian Seniors Group Recreation activities based on significant days of celebrations throughout the year. Collaborating with other groups focusing on health & wellbeing seniors & occasional guest speakers.	2nd Tuesdays of Month 12:00pm-2:30pm	No cost	 ① Indira ☎ 0402 458 648 ⊠ indiramohan37@gmail.com
Wyndham Active Youngs @ 55 Inc. A seniors group that focuses on health and well- being that welcomes all cultures and backgrounds. Activities include Table Tennis, Yoga, Games & more.	Mon 9:00am-10:30am Tues 9:30am-2:30pm Wed 9:30am-11:00am	Fees apply	 Jugal or Surendra 20490 390 665 or 0474 733 925 iugal.chhabra@yahoo.com

Jamieson Way Community Centre	Day & Time	Cost	Information
Gospel Power Ministries Faith based Pentecostal church sharing the gospel locally, nationally & internationally	Wednesday - Youth Friday - Prayer Sunday - Service	No cost	 ① Matthew 2 0429 959 726 ☑ kmatthewr3@gmail.com
Ghana Presbyterian Church Presbyterian church service of Ghana	Sunday 7:30am –9:30am	No cost	 ⑦ Andy ⑦ 0426 842 831 ☑ andybernard2004@gmail.com
The Church of Pentecost Melbourne Church services and religious activities	Sunday 3:30pm—6:30pm	No cost	 ① Eric 2 0433 509 771/ 9303 9265 ☑ admin.vic@pentecostau.com
Point Cook Action Group Local community group	3rd Monday monthly 7:00pm—9:00pm	No cost	 Bob 0409 252 872

Free Youth & Family Counselling

Available to young people aged 12 – 25 who live, work, study or recreate in Wyndham. Youth focussed and centred support is also available to parents and carers WE OFFER:

- Up to 2 free sessions
- · Connect you to local Specialist and Psychologists

Available for children aged 8 - 11 and their parents or carers WJP seeking primary and early intervention counselling.

WE OFFER:

- Up to 10 free individual counselling sessions
- Up to 10 free family group counselling sessions
- Connect you to specialists, including bulk billing (free) psychologists

wyndhamcity Youth SerViceS



Visit our website or call 8734 1355 for more information www.wyndham.vic.gov.au/counsellingsupport



COMMUNITY CONNECTOR

Support – Inform – Connect

Wyndham's City Community Connectors are available to assist all residents in our community to access the services they need and empower them to make informed decisions. The Community Connector team can provide specific information and referral/s to local supports & services tailored to meet the needs of the individual. Some of the services may include:

- Information and assistance accessing services for e.g. My Aged Care, NDIS, HACC PYP
- Links to social support and community groups/ activities
- Information and referrals for emotional support, counselling, food relief and material aid
- Advocacy support and information



Community Connectors will be available at these Community Learning Centres:

- Moses THURSDAY 8:00am to 3:30pm Point Cook Community Learning Centre
- Melissa WEDNESDAY 8:00am to 5:00pm Tarneit Community Learning Centre
- Mellina FRIDAY 8:00am to 5:00pm
 Manor Lakes Community Learning Centre

We have specialist Ageing Well Connectors available to support older residents and their families.

Call 8734 4514 and ask for a Community Connector or email <u>communityconnector@wyndham.vic.gov.au</u> Interpreter Services can be organised on request.

Point Cook Community Learning Centre	Day & Time	Cost	Information
Iraqi Cultural Group in Australia Social & educational covering interesting topics, art performance & general knowledge of a multicultural Australian-Iraqi society for continuous improvement.	Sundays (2nd of the month) 1:00pm—3:00pm	Fees apply	 ① Farial Jafar ☎ 0422 798 587 ☑ farial.jafar@gmail.com
Light of Jesus Feast Melbourne West is that place where you are loved. Join us for Holy Mass, praise and worship and an empowering talk on how to live better.	Sundays (4th of the month) 3:00pm—5:00pm	No cost	 ☎ 0414 401 178 ➢ <u>feastmelbournewest@gmail.com</u> ^⑤ <u>www.feast.ph</u>
Local Spiritual Assembly of the Baha'is of Wyndham Our program for kids, youth & adults focus on strengthening ability to build more harmonious, just & prosperous communities. Based on the teachings of the Baha'i faith & open to all.	Saturdays 3:00pm—6:00pm	No cost	 ① Shiva or Jenny 2 0435 348 755 / 0430 568 735 > wyndham@vic.bahai.org.au ③ bahai.org.au
Melbourne Yangtze Choir Chinese Community Choir that dance, drum & sing in both English & Mandarin. Great way to learn English & improve musical skills.	Tuesdays 1:00—3:00pm Wednesdays 12:00pm—2:30pm	Fees apply	 ① Mei ☎ 0432 669 379 ☑ yangtzechoir@gmail.com
Melbourne West Korean Seniors Group Meet weekly with other Korean seniors to build community & connect with one another.	Tuesdays 10:00am—1:00pm	Fees apply	 ① Moonbae ☎ 0425 796 784 ⊠ moonbae.kim@gmail.com
One Faith Christian Church welcoming people from all cultures & backgrounds for Jesus & his Gospel. Trilingual service in English, Mandarin & Cantonese. Children ministry provided for school aged kids.	Wed 8:00pm-9:00pm Fridays 8:00pm—10:00pm (1st ,3rd & 4th month) Sun 9:00am—1:00pm	No cost	 Ps. Simon Cheng / Liyuan Liu 20422 770 616 / 0433 710 678 info@onefaith.org.au onefaith.org.au
Point Cook Chinese Friendship Association Calligraphy & painting program for members.	Mondays 9:00am—11:00am	Fees apply	 ① Lisa ☎ 0449 896 178 ☑ mimilisa5@126.com
Point Cook Royals Various activities including yoga, singing, seniors get- together, dancing, cultural festival celebrations, poem reciting and educative seminars.	Wednesdays (1st & 3rd of month) 12:00pm—3:00pm	Fees apply	 Rajendra / Pankaj 0479 115 930 / 0434 199 254 rajk3006@gmail.com/pkghai@gmail.com
Seventh Day Adventist Intergenerational worship service, fundraising concerts, free community dinners, educational program on parenting, relationships, health, natural remedies etc.	Saturdays 3:30pm—5.30pm	No Cost	 ① Danijela Trajkov ☎ 0423 371 841 ⊠ danijelatrajkov@adventist.org.au
Sewa International Indian wellness seniors group aimed at encouraging independence through yoga & social interaction.	Sundays (1st & 3rd of month) 1:00pm—4:00pm	No cost	 ① Prem/ Deepak ☎ 0430 740 023/ 0413179414 ☑ prem@live.com.au ☑ deepakks@sewaaustralia.org
South Sudanese Social Group The South Sudanese Social Group is aimed at getting community members to meet and socialise but also talk about issues that are impacting the community.	Saturdays 1:00pm—3:00pm	No cost	 ① Aweeng Deng ☎ 0403 523 428 ☑ aweeng.deng@wyndhamcec.org.au
United Muslims Residents Association Muslim based faith group that meet weekly for their Friday prayers.	Fridays 2:00pm—3:30pm Bookings required	No cost	 ① Mohammad ☎ 0403 566 165 ☑ info@umra.org.au
Wyndham Chinese Cultural Promotion Group Helps migrant seniors settle & connect with others. Activities include art, craft, calligraphy, music, Tai Chi	Mondays 9:30am—2:30pm	\$20 per annum	① Carrie Lu Model Model Model Model

Saltwater Community Centre	Day & Time	Cost	Information
Christ New Creation Non-denominational gospel service conducted in English. Everyone from different backgrounds. Sunday schools for kids, aged 3-10. Outside of Sunday, we have support groups, outreach, Bible studies, and Youth groups.	Sundays 2:30pm—5:00pm	No Cost	 ① Dennis ☎ 0416 850 191
CWA Point Cook Branch We enjoy raising money to help our community & spending social time together. We also have craft sessions occasionally to learn something new.	3rd Thursdays Monthly 7:00pm—9:00pm	Annual CWA Members hip Fees	 ① Lesley Turton ☎ 0497 652 622 ☑ grannylesley50@gmail.com ⑤ cwaofvic.org.au
Faith Harvest Worldwide Ministries Inc Our activities include preaching, singing & playing the piano/organ. Youth, Men & Women Ministries.	Sundays 11:00am—2:00pm	No cost	 ① Joseph ☎ 0422 832 749 ⊠ joshthom82@gmail.com.
Multicultural Women Victoria Ministries Inc We bring together local multicultural women who are feeling isolated & disengaged through our Global Kitchen & Women's Circle.	1st & 3rd Tuesdays Monthly 11am-1pm	Fees Apply	 ① Sudha Narayan ☎ 0432 489 584 ⊠ shudha-Narayan@hotmail.com
Western Gymkhana Club Inc Meet local families monthly for social & recreational activities, celebrates special events together. Visiting/staying parents are part of your membership	2nd Saturdays Monthly 7:00-pm11:00pm	Fees Apply	 ① Sudhir Juneja ☎ 0415 661 021 ☑ Western.gymkhana@gmail.com ♥ www.westerngymkhanaclub.com.au
Point Cook Royals Various activities including yoga, singing, dancing, cultural festival celebrations, poem reciting & educative seminars.	2nd & 4th Thursdays Month 12:30pm—3:30pm 3rd Saturday monthly 6:30pm—9:30pm	Fees Apply	 ① Rajendra / Pankaj ☎ 0479 115 930 / 0434 199 254 ☑ rajk3006@gmail.com ☑ kghai@gmail.com
Table Tennis/Pool at Saltwater Community Centre Bring a friend along for a friendly game of Pool or Table Tennis. Everyone is welcome.	Contact for days and times Bookings essential	No cost	 ① Saltwater Community Centre 2 8376 5501 ⊠ saltwatercc@wyndham.vic.gov.au
Saltwater Craft Group Let's come together and get creative . Bring in your own projects to work on, patchwork, quilting, embroidery, knitting, crotchet, sewing. All skill levels are welcome.	Mondays 9:30am-11:30am	No cost	
Saltwater Indian Seniors Group Lets get social, make new friends, play some games & have some laughs over a cuppa. Visiting parents & grandparents are welcome.	1st and 3rd Thursdays of the month 11:00am—2:00pm Bookings essential!	No cost	
Saltwater Gardeners Group Committed to sustainability & growing their own produce through edible gardening. A great place to connect with others in the community & learn.	Group meetings every 1st Sunday of the month 9:30am Tasks are assigned	Fees Apply	 ① Kim Pastore Saltwatergardenchampions@gmail.com All experience levels are welcome.
Wyndham Happy Life Association Promotes mental & physical health in Chinese seniors. Volunteers teach dancing, Tai Chi, square dancing, bowling, cooking, table tennis & gardening.	Wednesday 1:00pm—3:00pm Fridays 12:00pm—4:30pm	Fees Apply	 ① CK Wong ☎ 0468 337 688 ⊠ cheekeong46@gmail.com
English conversation Class	Tuesday 10:00am-12:30pm 1:00pm-3:30pm		

Supports & Services

Supports & Services				
Featherbrook Community Centre	Day & Time	Cost	Information	
Justice of the Peace Document Signing Station by appointment only	Mondays & Tuesdays Pre-Booked Appts	No Cost	 Dr Shardul Arora 0434 680 022 	
Jamieson Way Community Centre	Day & Time	Cost	Information	
Justice of the Peace Document signing station	Thursdays 10:00am—12:45pm	No cost No bookings	For more information visit: <u>https://www.justice.vic.gov.au/</u>	
JWCC Food Relief Program Referrals welcome	Tuesday Contact for collection details	No cost	 Jamieson Way Community Centre 9395 3777 admin@jamiesonwaycc.org.au 	
Point Cook Community Learning Centre	Day & Time	Cost	Information	
Brotherhood of St Laurence—Jobs Victoria Our experienced Employment Mentors will support you with resume development, job application, interview skills, training opportunities, professional clothing and connecting with employers.	Mondays & Fridays 9:00am—5:00pm (Bookings required)	No Cost	 BSL Melton 0429 220 634 JVESMelton@bsl.org.au Www.bsl.org.au/services/getting-a- job/jobs-victoria 	
Justice of the Peace Document signing station in the library.	Wednesdays 6:00pm—7:45pm	No Appt required	 Point Cook Library 8734 8999 	
WCEC—Community Employment Connectors Supports jobseekers aged between 16 & 65 from culturally & linguistically diverse communities seeking employment, education or training. We can also link you to local education & training programs.	Wednesdays 10:30am—5:00pm Point Cook CLC foyer	No Cost	Contact: Tee ☎0481 529 767 ⊠ projects@wyndamcec.org.au	
Wyndham Jobs Advocate We support people who are looking for work by connecting them to information, advice and the right services.	Wednesdays 9:00am—1:00pm (Bookings required)	No Cost	Contact: Kubra (j) Jobs Victoria Advocate Administration (j) 9394 6877 (jobsvictoriaadvocate@wyndham.vic.gov.au)	
Saltwater Community Centre	Day & Time	Cost	Information	
At Work Australia Working with people living with a disability. Working on goals, aspirations, build skills and job-readiness through to employment.	Mondays & Wednesdays 9:00am—5:00pm	Fees apply	 ① Emine Jeffrey 2 0438 816 448 ☑ ejeffery@atworkaustralia.com.au ③ <u>https://www.atworkaustralia.com.au</u> 	
Wyndham Young Stroke Network Share Support Encourage—Informal social meet-up for survivors and carers aged 55 and younger.	Last Tuesday of the month 11am-1pm	No Cost	 Bob 8376 5501 saltwatercc@wyndham.vic.gov.au 	
Men's Peer Support Group in West Melbourne Area Non Judgemental and safe space for men. Who can attend: Any man especially from migrant and refugee background	1st Saturday monthly 3:00pm—5:00pm	No Cost	 Prince Kennett 0415 259 594 info@redefinecounselling.com.au 	

Men's Peer Support Group in West Melbourne Area



Contact: Prince Kennett 0415 259 594 | info@redefinecounselling.com.au







Health and Wellbeing Family Conflicts/Violence Issues (prevention and management) Mental health Substance abuse Job seeking Stress and Anxiety Emotional support Past trauma

Non judgemental & safe space

for men

Support & Services

 Food Bank Manor Lakes
 Providing food items to people in need.

 Day/Time: Wednesdays 9am -11:30am
 Address: Manor Lakes Community Learning Centre, 86 Manor Lakes Boulevard, Manor Lakes

 Email: foodbank@newstart.org.au
 Facebook: https://www.facebook.com/community.food.assistance/

 Food Pantries – The Pataka Movement
 Residents around all areas of Wyndham who have a food pantry out the front of their house

that any person can access without judgement. "Take what you need, give what you can". Facebook: https://www.facebook.com/ThePatakaMovement/ Facebook group: https://www.facebook.com/ groups/265569064467832

Hoppers Crossing Equip Church

Day/Time: Wednesday only Address: 147-155 Hogans Road, Hoppers Crossing Phone: 9748 0099 Email: <u>hoppers@lighthousestores.org.au</u>

Jamieson Way Food Relief Program

Day/Time: Tuesdays - Food relief runs weekly to community members in need. Please contact for collection details Address: Jamieson Way Community Centre, 59 Jamieson Way, Point Cook Phone: 93953777 Email: <u>admin@jamiesonwaycc.org.au</u>

Point Cook Food Bank - Available to all members of the community, no questions asked. Provide your own bags if possible.
 Day/Time: Sundays 1-pm recommencing 5 Feb
 Address: Cross Cultural Church, 7 Adelphi Boulevard, Point Cook
 Email: foodpantry@crossculturepointcook.net.au or contact via Facebook: https://www.facebook.com/pointcookfoodbank/

<u>Salvation Army</u> Community Support and Emergency relief Day/Time: Monday to Thursday from 9:30am- 2pm Address: 209 Watton St Werribee Phone: 9731 1344

SUDD Foundation Working predominately with South Sudanese community, offering food relief and other supports. **Phone**: 9021 2029 **Email**: <u>info@sudd.org.au</u>

<u>Tarneit Foodbank</u> run by the Epiphany Church to support community members of all ages. No referrals needed. Includes fresh food, frozen food and dry goods.

Day/Time: Every Tuesday 10.30am-11.30am

Address: Penrose Promenade Community Centre, 83 Penrose Promenade, Tarneit Phone: 8734 4500 Facebook: <u>https://www.facebook.com./TarneitFoodBank/</u>

<u>Uniting Wyndham</u> Food parcels and food vouchers for people with little to no income. Can also assist with other material aid (like clothing/bedding) by specific request. All assistance including food parcels and vouchers are provided by appointment only. **Day/Time**: Monday to Friday 10am to 2pm. Food assistance via phone appointments 10am-2pm **Address**: 19 Duncans Road, Werribee **Phone**: 9742 6452 **Email**: <u>wyndham.reception@vt.uniting.org</u>

Wyndham Park Community Centre Foodbank Has cultural appropriate food for Karen, Indian, African and Muslim communities. Very important to advise residents that they must call beforehand.

Day/Time: Every Thursday 9.30am to 12.00pm, call beforehand.

Address: 55/57 Kookaburra Avenue, Werribee Phone: 03 9742 7298 Email: admin@wyndhamparkcc.com.au

Wyndham Youth Services Foodbank Wyndham City Youth Services foodbank service is available for young people of 12-25 years who are struggling and need assistance. Includes baby items, formula and nappies. Day/Time: Monday to Friday 9am-5pm, call to arrange a pick up Address: Youth Resource Centre, 86 Derrimut Rd, Hoppers Crossing Phone: 8734 1355

community hubs maternal & child health child health gouth services kindergartens services

- Featherbrook Community Centre, 33—35 Windorah Dr, Point Cook VIC 3030
 Jamieson Way Community Centre, 59 Jamieson Way, Point Cook VIC 3030
 Point Cook Community Learning Centre—1-21 Cheetham Street, Point Cook
 - Saltwater Community Learning Centre,153 Saltwater Promenade, Point Cook VIC 3030