

# THE BUZZ

## Wyndham Central

Term 1, 2023

Arndell Park Community Centre  
Dianella Community Centre  
Penrose Promenade Community Centre  
The Grange Community Centre  
Tarneit Community Learning Centre



Wyndham City Council pay respect and acknowledge the Bunurong People as the Traditional Custodians of the land on which these community centres are built

### It's all about connection

Community members in Wyndham were treated to an evening full of laughter, song and love as the crew from Life Community Kitchen showered the community at Arndell Park and Tarneit Community Centres with a Christmas meal, presents for the children and a Christmas Box full of goodies for the pantry.

Life Community Kitchen began providing hot takeaway meals to the community during COVID and they had their first sit down meals at Arndell Park Community Centre for Christmas 2021. Since then they have continued to provide meals every Monday from 6pm (excluding Public Holidays.)

In September 2022 Life Community Kitchen expanded this service to Tarneit Community Learning Centre every Tuesday evening from 6pm (excluding Public Holidays) and over the past 12 months this great work has seen over 5500 cooked meals served across the community with some being delivered to six other community organisations across Wyndham.

Life Community Kitchen have started back Monday evenings from 6pm at Arndell Park Community Centre 29 – 49 Federation Blvd, Truganina 3029 and Tuesday evenings from 6pm at Tarneit Community Learning Community Centre 150 Sunset Boulevard, Tarneit 3030. No bookings required.

For further information contact Life Community Kitchen at [communitykitchen@lifeau.org](mailto:communitykitchen@lifeau.org)



Arndell Park Community Centre:

29-49 Federation Blvd, Truganina VIC 3029

Phone: (03) 8734 8911

Dianella Community Centre

6 Congo Drive, Tarneit VIC 3029

Phone: (03) 8742 8300

Penrose Promenade Community Centre:

83 Penrose Promenade, Tarneit VIC 3029

Phone: (03) 8734 4500

The Grange Community Centre:

260-280 Hogans Rd, Hoppers Crossing VIC 3029

Phone: (03) 8742 8000

Tarneit Community Learning Centre:

150 Sunset Views Blvd, Tarneit VIC 3029

Phone: (03) 8734 6040

# The Grange Early Learning Program

*The Grange Community Centre has a long and established reputation of bringing quality Early Learning Programs to the community.*

*In our Early Learning Program children will learn through exploration, curiosity, discovery, problem solving, creativity, experimentation and socialising.*

*Our sessions run Monday – Friday from 9.00am – 2.00pm and cater to children aged 2 – 5 years old.*

*Child Care subsidy is available for eligible families.*

*Register now!*



## Literacy and Language

Supporting early literacy by providing children with the tools for expression and communication through daily communication with children, reading, fun activities, games, playing with rhyme & singing.



## Cultural Studies

Through the exploration of Science, Geometry, Geography (cultural & social), History, Cooking, Music, Art & crafts we aim to assist children to understand the world around them.



## Social Skills

Supporting children's social skills by helping them to communicate, relate to, and connect with other people as well as become effective, caring, concerned members of their communities.



## Sensorial

Our experiences assist children to develop & build on their language development, cognitive growth, fine & gross motor development, social interactions, scientific thinking & problem-solving.



## Practical Life Skills

Daily opportunities to take part in practical life experiences. From personal care tasks such as, dressing or applying their own sunscreen, to activities about food preparation or looking after our plants and room pets.



## Whole body Movement

We provide a range of activities and games that support whole body movement to strengthen children's muscles, improving stability, balance, and coordination



**The Grange Community Centre Inc**

260 - 280 Hogans Road, Hoppers Crossing, VIC 3029 | Email: [enquiries@grangecommunity.org.au](mailto:enquiries@grangecommunity.org.au) | [www.grangecommunity.org.au](http://www.grangecommunity.org.au)

 **8742 8000**



# Wyndham Community and Education Centre Programs return to Tarneit Community Learning Centre Starting TERM 1 2023

## Introduction to Hospitality



### WANT TO WORK IN A SMALL CAFE?

Learn how to:

- Use a coffee machine
- Serve customers
- Work safely in a kitchen
- Prepare simple snacks
- Plan menus
- Work within a budget - and much more

## Computer Skills—First Steps



## Learn English



**Enrol online, go to [www.wyndhamcec.org.au](http://www.wyndhamcec.org.au) and click on the short courses Tab.  
For enquiries and help call 9742 4013**



## International Mother Language Day 2023



Victorian Bangladeshi Community Foundation (VBCF) and Wyndham City Council have been celebrating IMLD since 2017. We are excited to invite you to celebrate “International Mother Language Day – IMLD 2023”.

**Saturday 25 February 2023 from 11am to 5pm**

**Event Program will include** parade with the laying of flower wreaths, art exhibition, cultural performances, live music, book fair, multicultural food vans, free kid’s activities and many more by different multicultural community groups.

# Early Years Programs & Activities

VARIOUS LOCATIONS	VENUE, DAY & TIME	CONTACT INFORMATION
<b>Maternal &amp; Child Health Appointments</b> Professional nursing support & advice for parents with children from birth to school age.	By Appointment Only	Contact: Maternal & Child Health ☎ 1300 370 567 🌐 <a href="http://www.wyndham.vic.gov.au">www.wyndham.vic.gov.au</a> <i>select Maternal &amp; Child Health Services</i>
<b>Immunisations</b> The Wyndham City Immunisation Unit provides free public vaccinations against a range of childhood and adult diseases.	By Appointment Only	Contact: Wyndham Immunisation Team ☎ 1300 370 567 🌐 <a href="http://www.wyndham.vic.gov.au">www.wyndham.vic.gov.au</a> <i>select Children's Services &gt; Immunisations</i>
<b>First Time Parents Group</b> Meet friendly local families to talk about your kids and have fun! Come along to share experiences, find advice, give support and make new friends.	Weekly sessions	Contact: Maternal & Child Health ☎ 1300 370 567 🌐 <a href="http://www.wyndham.vic.gov.au">www.wyndham.vic.gov.au</a> <i>select Maternal &amp; Child Health Services</i>
<b>Supported Playgroup</b> A playgroup that aims to meet the needs of vulnerable families in our community. Referrals for this service can be made by community services or families can self-refer through the Wyndham City Council website: <a href="https://www.wyndham.vic.gov.au/services/childrens-services/playgroups/supported-playgroups">https://www.wyndham.vic.gov.au/services/childrens-services/playgroups/supported-playgroups</a>	Weekly sessions	Contact: Susan ☎ 0427 523 177 or 1300 370 567 ✉ <a href="mailto:playgroup@wyndham.vic.gov.au">playgroup@wyndham.vic.gov.au</a>
<b>Wyndham City Council - Kindergarten</b> 3 & 4 Year Old Kindergarten Services. Enrol your child online.	Weekly sessions	Kindergarten Enrolment Officer ☎ 1300 370 567 🌐 <a href="http://www.wyndham.vic.gov.au">www.wyndham.vic.gov.au</a> <i>select Children's Services &gt; Kindergarten</i>
<b>Wyndham City Council - Playgroup Enquiries</b> Community run playgroups offer a relaxed, social atmosphere for parents and carers and provide a range of activities for children aged 0-6 years old to promote their social skills and development. Wyndham City can assist in locating the closest playgroup.	Weekly sessions	🌐 <a href="https://www.wyndham.vic.gov.au/services/childrens-services/playgroups/community-playgroups">https://www.wyndham.vic.gov.au/services/childrens-services/playgroups/community-playgroups</a> 🌐 <a href="https://www.wyndham.vic.gov.au/form/community-playgroup-enquiry">https://www.wyndham.vic.gov.au/form/community-playgroup-enquiry</a> ✉ <a href="mailto:communityplaygroup@wyndham.vic.gov.au">communityplaygroup@wyndham.vic.gov.au</a>

## Customer service at the Tarneit Community Learning Centre

### YOUR COUNCIL CLOSE TO HOME

Did you know a range of council enquiries and transactions are available. You can now make:

- Council payments
- Kinder enquiries
- Pet registrations
- Rates enquiries and payments

9am—5pm from Monday to Friday at the  
Tarneit Community Learning Centre





# Early Years Programs & Activities


ARNDELL PARK	DAY & TIME	COST	INFORMATION
<b>Arndell Park Muslim Playgroup</b> A fun interactive activity based Islamic playgroup. A place for mothers and children to come together.	Thursdays 10:30am-12:30pm	Fees Apply	Aafrin ✉ arndellparkmuslimpg@gmail.com Enrol here: 🌐 <a href="https://forms.gle/hbavhBYXW1g5z18u9">https://forms.gle/hbavhBYXW1g5z18u9</a> 
<b>Arndell Park Multicultural Playgroup</b> A playgroup for all cultures, mum, dads, carers and children. Bring along your own snacks.	Thursdays 9am-10:30am	Fees Apply	Rukaiya ✉ arndellparkplaygroup@yahoo.com
<b>Rhyme Time and Pop-Up Library</b> Ages 1-4 years Join us for Rhyme Time and a special Pop-Up Library every week (School Term only).	Thursdays 10:30am-11:30am	No Cost	☎ 8734 8999
<b>Ummah Jameelah Islamic Early Years Program</b> Islamic School Readiness Programs for 3-4yrs.	Tuesdays & Wednesdays 9:30am-12:30pm	Fees Apply	☎ 0416 575 159
<b>Tiny Tutus</b> Beginners Ballet class for children from 18 months to 5 years.	Tuesday 9:15am-11am	Fees Apply	Contact: Tiny Tutus ☎ 1300 245 060 🌐 <a href="http://www.tinytutus.com.au">www.tinytutus.com.au</a>
DIANELLA	DAY & TIME		INFORMATION
<b>Dianella Playgroup</b> Community led playgroup for parents and carers with children aged 0-5yrs from all cultures and backgrounds.	Tuesdays 9.30am-11.30am	Term Fees apply	Dianella Community Centre 8742 8300 <a href="mailto:Abbey.morley88@gmail.com">Abbey.morley88@gmail.com</a>
THE GRANGE	DAY & TIME		INFORMATION
<b>3+ Early Learning Program</b> The 3+ Early Learning Program is planned and implemented by Trained Early Childhood Educators. The program aims to extend the child's development and learning, using routines and play based experiences appropriate for children's unique and holistic development.	Monday to Friday 9:00am—2:00pm	5 hour session \$45 Child Care Subsidy applies to all of the 3+ programs	☎ 8742 8000 ✉ <a href="mailto:estelle.agius@grangecommunity.org.au">estelle.agius@grangecommunity.org.au</a>

**Limited Spots**

## Tarneit Teddies Playgroup

When: Tuesdays 9:30am - 11:30am (school term only)  
 Where: Tarneit Community Learning Centre, 150 Sunset Views Blvd, Tarneit  
 Cost: \$40 per term  
 Contact Details: [Tarneit.teddies@gmail.com](mailto:Tarneit.teddies@gmail.com)

This community run playgroup provides a great play and social opportunity to young children, carers and families. Come join in some fun activities which include rhymes, stories and songs also meet other parents in your local area!

wyndhamcity

**Baby Playgroup @Wyndham**

OUR BABY PLAYGROUPS ARE A FREE PROGRAM FOR FAMILIES WITH CHILDREN BETWEEN 6 TO 18 MONTHS, WITH A QUALIFIED CHILD AND FAMILY RESOURCE OFFICER FACILITATING THE SESSIONS.

If you would like more information and to book please contact:  
 Wyndham City's Children's Services: 1300 370 567  
[playgroup@wyndham.vic.gov.au](mailto:playgroup@wyndham.vic.gov.au)  
[facebook.com/wyndhamcitycouncil](https://facebook.com/wyndhamcitycouncil)  
[www.wyndham.vic.gov.au](http://www.wyndham.vic.gov.au)




# Early Years Programs & Activities

THE GRANGE	DAY & TIME	INFORMATION	
<b>Playgroup</b> Meet parents and enjoy educational, play based learning and socialisation for children under 5.	Tuesday 9am—11am	\$55 per term	Register at <a href="http://www.grangecommunity.org.au/classes">www.grangecommunity.org.au/classes</a> ☎ 8742 8000
<b>Out of School Hours Care</b> Our approach to OSCH is to provide a high quality environment that is safe and gives children the opportunity to learn and play. Our service offers a wide range of fun, stimulating and appropriate experiences that reflect real world experiences and home settings.	Monday to Friday during school term Before School Care 6:45am—9:00am After School Care 3:00pm—6:30pm For children attending the Grange P-12 Primary Campus	Fees apply	☎ 8742 8000 ✉ <a href="mailto:estelle.agius@grangecommunity.org.au">estelle.agius@grangecommunity.org.au</a>
PENROSE PROMENADE	DAY & TIME		INFORMATION
<b>VICSEG Multicultural Playgroup</b> This playgroup is for newly arrived and recently settled migrant and refugee families and offers the opportunity for children to learn social skills through play.	Friday 10am—12pm	No cost	Contact: Karen Diacono ☎ 8754 0512 ✉ <a href="mailto:kdiacono@vicsegnewfutures.org">kdiacono@vicsegnewfutures.org</a> 🌐 <a href="https://vicsegnewfutures.org.au/">https://vicsegnewfutures.org.au/</a>
<b>Messy Penguins Playgroup</b> Parent run Playgroup for 1-5 year old's allowing like minded families to share, connect and learn important social skills.	Wednesday 9:30am -11:30am	\$45 per term	Contact: Charmaine Mogg ✉ <a href="mailto:messypenguinstarneit@gmail.com">messypenguinstarneit@gmail.com</a> 🌐 <a href="https://www.wyndham.vic.gov.au/form/community-playgroup-enquiry">https://www.wyndham.vic.gov.au/form/community-playgroup-enquiry</a>
TARNEIT	DAY & TIME	COST	INFORMATION
<b>Mini Movers</b> A fun, physical literacy-based program that uses different sports to increase the motor skills of children aged 3-7	Returning as soon as possible	Fee Apply	Expression of Interest: Contact Tori ☎ 5222 3911 ✉ <a href="mailto:tori.honner@leisurenetworks.org">tori.honner@leisurenetworks.org</a>
<b>Tweddle—My Time</b> A place to unwind and connect with others who understand. A world away from appointments and therapy. My Time offers peer support for parents and carers of children with disability or chronic health conditions. Children are engaged in activity with play helpers while carers connect, share ideas and swap tips	Monday 10am—12pm  School term only	Conditions apply	Contact: Kim Mace ☎ 9689 1577 ✉ <a href="mailto:kim.mace@tweddle.org.au">kim.mace@tweddle.org.au</a> 🌐 <a href="https://www.tweddle.org.au/our-work/our-programs/mytime/">https://www.tweddle.org.au/our-work/our-programs/mytime/</a>
<b>Tarneit Teddies Playgroup</b> Come and join in fun activities which include rhymes, stories and songs and meet other families in your local area!	Tuesday 9:30am - 11:30am  School term only	\$40 per term	✉ <a href="mailto:tarneit.teddies@gmail.com">tarneit.teddies@gmail.com</a>
<b>VICSEG – Multicultural Playgroup</b> For migrant and refugee families. This playgroup offers the opportunity for children to learn social skills through play.	Wednesday 9:30am - 11:30am  School term only	No cost	Karen Diacono ☎ 8754 0512 ✉ <a href="mailto:kdiacono@vicsegnewfutures.org">kdiacono@vicsegnewfutures.org</a>



## Early Years Programs & Activities

TARNEIT	DAY & TIME	COST	INFORMATION
<b>Rhyme Time (1-5 Years)</b> Join us in person to develop your child's language, body awareness, motor skills, and imagination through rhymes, music, and books. The 30-minute sessions include stories, songs and rhymes designed to develop early language, literacy and numeracy skills.	Tuesdays 2pm—2:30pm Wednesdays 9:30am—10am Fridays 9:30am to 10am	No Cost	Julia Gillard Library Tarneit ☎ 8734 0200 <b>Bookings:</b> Tickets will be available on the day, 30 minutes prior to the start of the session, and will be offered on a strict first-come, first-served basis. See staff on the day for ticketing information.
<b>Baby Time (0-12months)</b> Songs, rhymes and finger play to encourage interaction with your baby in a fun environment with other parents.	Mondays 2pm—2:30pm Thursdays 9:30—10am	No Cost	Julia Gillard Library Tarneit ☎ 8734 0200 <b>Bookings:</b> Tickets will be available on the day, 30 minutes prior to the start of the session, and will be offered on a strict first-come, first-served basis. See staff on the day for ticketing information.

## Recreation & Wellbeing Kids & Adults

ARNDELL PARK	DAY & TIME	COST	CONTACT INFORMATION
<b>The Skate Studio</b> Kids Roller Skating Classes. Our classes are run by experienced and accredited coaches. All Levels Welcome. Skate Hire Available.	Thursdays 3:15pm-4:15pm 4:15pm-5:15pm	Fees Apply	Victoria Reynolds ✉ skate_studio@outlook.com 🌐 <a href="http://www.theskatestudio.com.au">www.theskatestudio.com.au</a>
<b>Bhangra Roots</b> Learn to dance with Bhangra— a traditional folk dance of Punjab. Bhangra is an energetic and high intensity dance that is great for fitness and is a complete body workout. Childrens classes: 5:30pm-6:30pm Adult classes: 6:30pm-7:30pm	Thursdays 5:30pm-7:30pm	Fees Apply	Jass Mann ☎ 0410 898 234 ✉ bhangraroots19@gmail.com
<b>Women's Only Yoga-Reclink</b> Arndell Park and Reclink have partnered up to provide FREE Yoga sessions for women of all abilities. Call now to book.	Fridays 9:30am-10:30am	No Cost	Contact Arndell Park Community Centre to book your place. ☎ 8734 8911 ✉ arndellparkcc@wyndham.vic.gov.au Bookings Essential.
<b>Girl Guides - Truganina</b> Guiding helps girls to gain new skills, make a difference in the community, and explore a world of possibilities. Girls aged 5-17 are invited to come to our Unit meetings.	Thursday 5.30pm-7pm	Fees Apply	Cara Marinaro ☎ 0475 203 332 ✉ cara.marinaro@guidesvic.org.au
DIANELLA	DAY & TIME	COST	INFORMATION
<b>Come and Play, It's Friday</b> Table Tennis program for everyone. Are you looking for a fun way to get fit? Then table tennis is for you. Everyone is welcome.	Fridays 6.00pm-7.00pm	Free	Message Engela to confirm your attendance 0450 337 837
<b>Come and Sew</b> If you want to learn how to sew clothing and other projects, this program is for you. Call for more information. Limited spots available, call today.	Wednesdays 9.30am-12.00pm	Free	Message Engela to confirm your attendance 0435 830 898

# Recreation & Wellbeing Kids & Adults

DIANELLA	DAY & TIME	COST	INFORMATION
<b>TGIF at Dianella Friday Yoga and Saturday morning program - Art of Living</b> Time to relax and rejuvenate on a Friday arvo. A FREE session to destress and detox. Desktop yoga, meditation, destress techniques, tips for healthy living, a forum to share and care.	Fridays 12.00pm-1.00pm  Saturdays 8.00am-10.00am	Free	Sanitha Sanjeev 0469 545 723 <a href="mailto:sanitha@artofliving.org.au">sanitha@artofliving.org.au</a>  or Chandan 0449 030 616
<b>Yin Yoga - Treasure Yoga Centre</b> Yin Yoga is a slow-paced exercise, incorporating principles of traditional Chinese medicine, with asanas that are held for longer periods than in other styles of yoga.	Saturdays 9.00am-10.30am	Fees apply \$35	Vimi 0411 530 944 Moenika 0408 604 303
<b>Family Games Nights</b> Join family and friends and meet new neighbours at the Family Games Night. Bring a game or choose from the many that is available.	1 <sup>st</sup> Friday of month 5.00pm-8.00pm	Free	Contact for more information <a href="mailto:Buildingculturalconnections22@gmail.com">Buildingculturalconnections22@gmail.com</a> Search <b>Building Cultural Connections Australia Inc</b> on Facebook
<b>With One Voice Wyndham Choir</b> With One Voice Wyndham is a choir that celebrates the joy of music, community, fun and friendship. Every voice and story is welcome, from seasoned singers to people who have never sung before. No auditions or previous musical experience required – we encourage you to simply come along and have a go, and be swept up by the power of singing together!	Tuesdays 7.00pm-8.30pm	\$10 per month	Chris Blain 8679 6088 <a href="mailto:withonevoice@creativityaustralia.org.au">withonevoice@creativityaustralia.org.au</a>  creativityaustralia.org.au
<b>Courtside Youth Services - Wyndham City</b> A drop in safe space to hang out and play basketball with friends, meet new people and youth workers, watch movies, play games, grab a bite to eat and relax. Ages 12-25yrs.	Fridays 3.30pm-5.30pm	Free	8754 4956 0428 428 326 <a href="mailto:candace.lobow@wyndham.vic.gov.au">candace.lobow@wyndham.vic.gov.au</a>  <a href="http://youth.wyndham.vic.gov.au">http://youth.wyndham.vic.gov.au</a>
<b>Ukulele Club Beginners Class</b> Learn playing skills with a professional Ukulele teacher, Steph Payne. <b>8 weeks \$80 – Thursdays 6.00pm-7.00pm</b>  <b>Wyndukes Ukestra – Intermediate Group</b> Wyndukes Ukestra plays contemporary songs with chords, riffs, and vocal harmonies. All levels included. Bari and Bass welcome too. <b>10 weeks \$180 Thursdays 7.15pm-8.45pm</b>	See details  Classes start in February, get in touch for more information	Fees apply	For bookings and more information <a href="https://unstrungmusic.com.au">https://unstrungmusic.com.au</a>  <a href="mailto:unstrungmusic@gmail.com">unstrungmusic@gmail.com</a>
<b>Female only Self Defence – FITNAS</b> Female self-defence and fitness training.	Mondays 7.30pm-8.30pm	\$15 per class	Amina 0434 366 727 <a href="mailto:Fitnas.pgt@gmail.com">Fitnas.pgt@gmail.com</a>
<b>Cultural Cuisine Nights</b> An opportunity to meet local neighbours, make new friends, and share a cultural meal with family. Food helps to bring people together – join us in celebrating diversity of cultures and stories in our monthly food sharing, potluck and cultural discovering evening.	4.30pm-7.30pm, 3 <sup>rd</sup> Saturday of the month – March, April, June, August, Sept and Nov	Gold coin donation	Get in contact to confirm your attendance <a href="mailto:Buildingculturalconnections22@gmail.com">Buildingculturalconnections22@gmail.com</a>  Search <b>Building Cultural Connections Australia Inc</b> on Facebook
<b>Indian Classical Dance – Active Mommies</b> Mother and daughter dance classes. Classes for all ages 4+ years. Performance opportunities for kids which boosts confidence. Limited spots available. Starting in May.	Wednesdays 6.00pm-9.00pm Saturdays 11.00am-12.00pm	Fees apply	Niharika 0450 750 270



# Recreation & Wellbeing Kids & Adults

THE GRANGE	DAY & TIME	COST	CONTACT INFORMATION
<b>ATA Acting Studio</b> ATA Acting Studio caters for children, teens & adults across various group classes, industry classes, show-cases, holiday workshops & private tuitions.	Wednesday 6pm—8:30pm	Contact provider	Contact Adam ☎ 0419 593 257 🌐 <a href="http://www.ataactingstudio.com">www.ataactingstudio.com</a>
<b>Balance, Flex, Fun</b> Join us for a fun 45min exercise class to improve your strength and flexibility. Bring your BFF along with you!	Thursday 9:30am—10.15am	Discounted Term fee or \$13—Casual	☎ 8742 8000 🌐 <a href="http://www.grangecommunity.org.au/classes">www.grangecommunity.org.au/classes</a>
<b>Ballroom Dancing</b> Join Mark and Marika, our National and International ballroom dancing champions as they guide you through classes.	Monday Beginners 1:00pm—2:00pm Advanced 2:30pm—3:30pm	\$5 per class	☎ 8742 8000 🌐 <a href="http://www.grangecommunity.org.au/classes">www.grangecommunity.org.au/classes</a>
<b>Chair Fitness</b> Join us for a fitness class held on chairs suitable for all ages, seniors, all disabilities and for rehabilitation	Wednesday 10:00am—10:45am	\$6 per class	☎ 8742 8000 ✉ <a href="http://www.grangecommunity.org.au/classes">www.grangecommunity.org.au/classes</a>
<b>Chatty Café</b> Join the lovely Nola every Wednesday morning to a hot cuppa and a chit chat.	Wednesday 10am—11:30am	Free	The Grange 260-280 Hogans Road, Hoppers Crossing ☎ 8742 8000
<b>Wing Chun Kung Fu</b> Using Wing Chun Kung Fu as the path to find your hidden talents. Kung Fu classes for adults of all levels available.	Friday 7pm—9pm	Contact provider	☎ 0432 489 762 ✉ <a href="mailto:admin@xiquwingchun.com.au">admin@xiquwingchun.com.au</a>
<b>Qian Li Dao</b> Martial Arts with Blitz Hall of Fame Kung Fu Instructor of the Year, Sifu Dana Wong.	Tuesday, Wednesday & Saturday	Contact provider	☎ 9731 1789 ✉ <a href="mailto:info@qianlidao.com.au">info@qianlidao.com.au</a>
<b>Tai Chi</b> Meditation in motion with Bruno. Presented in partnership with Reclink Australia <a href="http://www.reclink.org">www.reclink.org</a>	Tuesday 11:30-am—12:30pm	\$2 per session	☎ 8742 8000 🌐 <a href="http://www.grangecommunity.org.au/classes">www.grangecommunity.org.au/classes</a>
<b>Twisted Stitches Knitting Group</b> Join our lovely knitting Group as they knit items to be donated to charity.	Monday 12:30pm—2:30pm	FREE	☎ 8742 8000 ✉ <a href="http://www.grangecommunity.org.au/classes">www.grangecommunity.org.au/classes</a>
<b>Yoga</b> Do you want to improve your flexibility, balance and overall wellbeing? Look no further! Join us for a 45 minute yoga class.	Tuesday 9:30am-10:15am	Discounted Term fee or \$15—	☎ 8742 8000 🌐 <a href="http://www.grangecommunity.org.au/classes">www.grangecommunity.org.au/classes</a>
<b>Wyndham TOWN club</b> Receive support in your journey to lose weight. We encourage you as you take the steps needed to make a change in your lifestyle, to eat sensibly, exercise, attain and maintain a healthy goal weight. .	Friday 9am—11:30am	Contact provider	☎ 0413 444 083 🌐 <a href="http://www.townclubs.com.au">www.townclubs.com.au</a>

# Recreation & Wellbeing Kids & Adults

PENROSE	DAY & TIME	COST	CONTACT INFORMATION
<b>ABCD Bollywood Dance School</b> A Bollywood Dance School for all age groups from kids to adults to seniors. We have something to offer for everyone, bigger dance class, advanced classes and fitness classes.	Sunday 12pm—2:30pm	Fees Apply	Shweta Pandya 📞 0433 346 672 ✉ shwetayana13@gmail.com
<b>Burnout Bhangra</b> Come and join fitness through Bhangra which is a North Indian high intensity dance fitness class.	Tuesday 7pm-8pm	\$12	Sandeep 📞 0433 012 214 ✉ burnoutbhanga@yahoo.com
<b>Edmund Rice Homework Club Mother's Group</b> This group is a fortnightly safe and nurturing space for mothers from diverse backgrounds who have children attending our homework club. The group will facilitate activities including English conversation, practical workshops, and the opportunity to connect with other women.	Tuesday 3:30pm-5:00pm	No charge	Program Coordinator 📞 0451 753 813 ✉ programcoordinator1@edmundrice.org 🌐 <a href="https://ercrs.org/">https://ercrs.org/</a>
<b>HK Group of Companies</b> Develop 8 critical thinking skills: problem solving, abstract reasoning, calmness under pressure, patience, sportsmanship, creative thinking, pattern recognition and strategic thinking.	Fridays 4.30pm—5.30pm	\$39 per month	Lavisha Mehta 📞 0416 781 478 <a href="https://www.facebook.com/ChessforWyndham">www.facebook.com/ChessforWyndham</a> ✉ Aslavi.mehta@gmail.com
<b>Felicity Holistic Care</b> Therapy groups led by OT's. Sensory activities, cooking, exercise, mindfulness, yoga.	Friday 4pm—6pm	No charge	Tina Arora 📞 0491 063 611 ✉ tina@felicitycare.com.au 🌐 <a href="https://www.felicityholisticcare.com.au">https://www.felicityholisticcare.com.au</a>
<b>Newport Calisthenics Club</b> We provide members the chance to sing, dance, act, learn apparatus skills, flexibility, tricks and basic ballet/gymnastics skills.	Thursdays 5pm-8pm	Fees Apply	Kimberley 📞 0414 625 865 ✉ admin@newportcc.com.au 🌐 <a href="https://www.newportcc.com.au">https://www.newportcc.com.au</a>
<b>Global Kitchen</b> We bring together local multicultural women who are feeling isolated and disengaged for our Global Kitchen and Women's Circle.	Monday 10am—2pm	No Cost	Sudha 📞 0432 489 584 ✉ Shudha-Narayan@hotmail.com 🌐 <a href="https://virwc.org.au/">https://virwc.org.au/</a>
<b>Twins Martial Arts</b> Traditional Shotokan Karate for ages 4-15yrs. Classes are taught by qualified NCAS Dojo Coaches, holding Senior First Aid and Working with Children Checks.	Thursday 3:30pm-8pm	Fees apply	Sensei Lay 📞 0416 333 113 ✉ info@twinsmartialarts.com.au 🌐 <a href="https://www.facebook.com/twinsmartialarts">www.facebook.com/twinsmartialarts</a> 🌐 <a href="http://www.twinsmartialarts.com.au">www.twinsmartialarts.com.au</a>
<b>WW Australia and New Zealand</b> We provide community wellness, weight loss and maintenance support workshops focusing on food, sleep, fitness and mindset. Our Personal Points is the most individualized program yet.	Friday 9am—11am	Fees apply	Kate Habgood 📞 0417 434 614 ✉ Kate.habgood@ww.com 🌐 <a href="https://www.weightwatchers.com.au">https://www.weightwatchers.com.au</a>
<b>Nrityaarpana Dance Academy</b> Join Nrityaarpana and get trained in both theory and practical details and intricacies of Bharatanatyam (Indian Classical Dance)	Monday 6pm-7:30pm	\$15 per hour	Rekha 📞 0451 327 719 ✉ nrityaarpana@outlook.com 🌐 <a href="https://www.facebook.com/nrityaarpanadanceacademy/">https://www.facebook.com/nrityaarpanadanceacademy/</a>

# Recreation & Wellbeing Kids & Adults

PENROSE PROMENADE	DAY & TIME	COST	INFORMATION
<b>The Skate Studio</b> Rollerskating lessons for the local community with fully accredited coaches. Skate hire is available for all our classes.	Mondays 4pm—6pm	Fees Apply	Victoria ✉ Skate_studio@outlook.com www.theskatestudio.com.au
<b>Kangatraining Tarneit &amp; Hoppers</b> Dance/aerobics style fitness class focussing on mums post natal needs. Bring baby along in a suitable carrier where we will dance, focus on pelvic floor and have fun.	Fridays 11:15am-12.15pm	Fees Apply	Naomi Cash ☎ 0413 965 090 ✉ naomikanga21@gmail.com 🌐 <a href="https://www.kangtraning.info/at_de/instructor/naomicash/booking/2525">https://www.kangtraning.info/at_de/instructor/naomicash/booking/2525</a>
<b>Yarraville Community Centre</b> Learn English in an all womens, supportive and friendly environment. This is an Accredited English as an Additional Language program.	Monday & Thursday 9.30am-2.30pm	No Cost	Heather Naylor ☎ 9687 1560 ✉ foundation@ycc.net.au 🌐 <a href="https://www.ycc.net.au">https://www.ycc.net.au</a>
<b>Active Mommies</b> Mothers dance classes	Fridays 7pm-8pm		Neeti Saronja ☎ 0459 626 728 ✉ Nneeti.saronja25@gmail.com
TARNEIT	DAY & TIME	COST	INFORMATION
<b>50's + Gentle Yoga</b> Join Cat from Recklink Australia for a sessions specifically tailored for older adults and those looking to get back into fitness, in a gentle and supportive environment.	Mondays 9:30am – 10:15am	No Cost	Lorcan Matthews ☎ 0401 523 868 ✉ <a href="mailto:lorcan.matthews@reclink.org">lorcan.matthews@reclink.org</a>
<b>Artful Mind</b> Art as therapy to engage you in developing skills through art, improving relaxation, decrease anxiety and provide a space for creative self-expression. A supportive and social environment where you can be creative and make social connections.	Wednesdays 1pm—4pm	NDIS funded	Janine Hourigan ☎ 0412 152 507 ✉ mandalamandala11@gmail.com
<b>Craft and Conversation (Ages 18+)</b> Are you a craft lover? Join our monthly program to create a new craft each session. Materials are free, conversation is included, and you can take home your finished project. Bookings required.	3 <sup>rd</sup> Friday of the month 10.30am - 12.30pm	No Cost	Julia Gillard Library Tarneit (03) 8734 8999 Bookings: <a href="https://www.wyndham.vic.gov.au/whats-on/craft-and-conversation-tarneit-library">https://www.wyndham.vic.gov.au/whats-on/craft-and-conversation-tarneit-library</a>
<b>Craft Group</b> Craft, Chat and a Cuppa. Come and join! Bring along your own craft project and materials and spend time crafting with others. Everyone welcome.	Wednesday 9am-12pm	No Cost	Tarneit Community Learning Centre ☎ 8734 6040 🌐 <a href="mailto:tarneitclc@wyndham.vic.gov.au">tarneitclc@wyndham.vic.gov.au</a>
<b>Dhyana Yoga (5-12 years)</b> Kids yoga session filled with mindfulness music, body awareness, games, breath techniques, and yoga poses to find calm, self-love, focus and concentration in daily routine.	Wednesdays 5pm—6pm	Fees Apply	Geeta ☎ 0405 381 819 ✉ <a href="mailto:dhanaayoga@gmail.com">dhanaayoga@gmail.com</a>
<b>Kids Club (Ages 5+)</b> Come and join in a different activity every week. Make new friends and have lots of fun. No bookings required	Wednesdays 4pm—5pm  During school term	No Cost	Julia Gillard Library Tarneit ☎ 8734 0200
<b>Lego Club (Ages 5-12)</b> Come along to your library every week to design, build and imagine with Lego. During School term	Mondays 3.30pm—4.30pm	No Cost	Julia Gillard Library Tarneit ☎ 8734 0200



## Recreation & Wellbeing Kids & Adults

TARNEIT	DAY & TIME	COST	INFORMATION
<b>GenWest Wyndham Sunrise Group</b> A social group for women, gender diverse people and/or non binary folk, who have a disability, chronic health issue and/or mental health challenges, from all backgrounds who want to build friendships and confidence, get to know their local community and services, try new things and have fun!	Every Second Wednesdays 12:30pm—3pm	No Cost	Fofi Christou & Beth Jaworski ☎ 0407 061 702 ✉ sunrise@genwest.org.au 🌐 <a href="https://genwest.org.au/what-we-do/health-wellbeing-programs/">https://genwest.org.au/what-we-do/health-wellbeing-programs/</a>
<b>Sahaja Yoga</b> Teaches a unique method of meditation. You can achieve a state of balance in 10 min. Sahaja Yoga meditation can improve physical and mental health plus reduce stress.	Mondays 7pm—8pm	No Cost	Annie ☎ 0423 110 875 ✉ annie.sarani@gmail.com 🌐 <a href="https://www.sahajayoga.com.au/">https://www.sahajayoga.com.au/</a>
<b>Sinna Mentor</b> Mentoring young people and providing tuition in a homework club like style	Saturday 3pm-7pm	No Cost	Yirol ☎ 0403 202 756 ✉ yirol.maker@wyndhamcec.org.au 🌐 <a href="https://www.junubiwyndham.org.au">https://www.junubiwyndham.org.au</a>
<b>Tatkaar Kathak Institute</b> Tatkaar Kathak is a classical Indian dance, better known as Indian Ballet. Come along and join in the fun	Saturday 9am-12:30pm	Contact Provider	Shika ☎ 0450 228 954 ✉ schhangau.sc@gmail.com Virtual Platform also available
<b>U3A Werribee Region Tai Chi Classes</b> Tai Chi classes provide light physical and mental wellbeing to retired and semi-retired residents of Wyndham. Physical benefits include balance and flexibility, mental wellbeing and stress reduction	Mondays 10.30am-11.30am	Contact provider	Rick Conn ☎ 0402 299 220 ✉ courses.u3awbee@hotmail.com 🌐 <a href="https://www.u3awbee.net.au/courses-activities/">https://www.u3awbee.net.au/courses-activities/</a>
<b>Women and Girls Fitness Classes</b> Join Reclink Australia for a session specifically tailored for women and girls looking to improve their fitness and get active in a fun, supportive environment.	Mondays 8pm –9pm Wednesdays 7:30pm – 8:30pm	No cost	Lorcan Matthews ☎ 0401 523 868 ✉ <a href="mailto:lorcan.matthews@reclink.org">lorcan.matthews@reclink.org</a>
<b>Youth Fitness Classes (15+)</b> Join local personal trainer Firaol for a fun, engaging, supportive and challenging session of strength and cardio exercises.	Saturdays 9:30am – 10:30am	No Cost	Firaol ☎ 0412 716 279 ✉ <a href="mailto:jomo-07@hotmail.com">jomo-07@hotmail.com</a>

## Education & Training Kids & Adults

ARNDELL PARK	DAY & TIME	COST	INFORMATION
<b>Abacus 4 Kids</b> Fun and innovative way for kids 4-12years to learn mathematic skills mental arithmetic skills using abacus (soroban). Free trial class available.	Wednesdays 4:30pm-7:30pm	Fees apply	Jaslyn Toh ☎ 0406 946 069 ✉ admin@abacus4kids.com.au <a href="http://www.abacus4kids.com.au">www.abacus4kids.com.au</a>
<b>Wyndham Community &amp; Education Centre</b> Computer Courses for all levels. Each course runs for 10 weeks.	Various	\$30 for Permanent Residents.	To enrol, go to 'short courses' at <a href="http://www.wyndhamcec.org.au">www.wyndhamcec.org.au</a> Or contact for more information ☎ 9742 4013
<b>Youth Services – Drop-In Program &amp; Barber For Ages 12-25yrs.</b> Youth Services are excited to come to Arndell Park as we begin to deliver programs for young people aged between 12yrs-25yrs.	Wednesdays 3:30pm-5:30pm	No cost	✉ <a href="mailto:youthinwyndham@wyndham.vic.gov.au">youthinwyndham@wyndham.vic.gov.au</a>

# Education & Training Kids & Adults

DIANELLA	DAY & TIME	COST	INFORMATION
<b>Fun and Art Pty Ltd (KK Art)</b> Art, drawing and craft classes for kids 5-8yr olds.	Mondays 4.30pm-5.30pm Saturdays 11.00am-12.00pm		Edmund 0420 948 140 Kkart.classes@gmail.com
<b>Wyndham Community &amp; Education Centre</b> Computer skills classes – Next Steps (Intermediate level) Fees apply. Must be a Permanent Resident. Classes start 7 <sup>th</sup> February. Limited spaces available.	Tuesdays 9.00am-12.00pm	\$30 Must be a Permanent Resident	03 9742 4013 To enrol go to the webpage and click on Short Courses <a href="https://wyndhamcec.org.au/enquiries@wyndhamcec.org.au">https://wyndhamcec.org.au/enquiries@wyndhamcec.org.au</a>
<b>Wyndham Wildlife Gardens</b> Gardening workshops	3 <sup>rd</sup> Sunday of month 1.30pm-3.30pm	\$5	0408 057 330 <a href="mailto:wyndhamwg@gmail.com">wyndhamwg@gmail.com</a>
THE GRANGE	DAY & TIME	COST	INFORMATION
<b>First Aid Training</b> Choose from several First Aid certificate classes including Provide First Aid, Basic Emergency Life Support, CPR, Children's Services, Anaphylaxis, Asthma training and more	Alternating Wednesdays & Saturdays 9am—4pm	Contact provider	☎ 9998 6188 🌐 <a href="http://www.accreditedfirstaidcourses.com.au">www.accreditedfirstaidcourses.com.au</a> (Held at Central Park Community Centre)
<b>Kumon</b> Kumon helps your children reach their potential through English & Math enrichment classes.	Monday and Thursdays 3pm—7:30pm	Contact Provider	Contact Priyanka ☎ 0432 052 007 ✉ <a href="mailto:kumonhopperscrossing@gmail.com">kumonhopperscrossing@gmail.com</a>
<b>Triscott Education Services</b> CHC30213 Certificate III in Education Support	Thursday 9am—3pm	Contact Provider	Contact: <a href="https://www.triscott.com.au/">https://www.triscott.com.au/</a> Or ✉ <a href="mailto:info@triscott.com.au">info@triscott.com.au</a>
PENROSE PROMENADE	DAY & TIME	COST	INFORMATION
<b>Abacus 4 Kids</b> Fun and innovative way for kids 4-12years to learn mathematic skills mental arithmetic skills using abacus (soroban).	Various—Contact for further information	Fees apply	Jaslyn Toh ☎ 0406 946 069 ✉ <a href="mailto:admin@abacus4kids.com.au">admin@abacus4kids.com.au</a> <i>Free trial class available</i>



# WYNDHAM VOLUNTEER Expo




**SAT 18  
MAR, 2023  
10AM – 2PM**

**STALLHOLDER APPLICATIONS  
Now OPEN**




# Education & Training Kids & Adults

PENROSE PROMENADE	DAY & TIME	COST	CONTACT INFORMATION
<b>KK Art</b> Art, drawing and craft lessons for children 4-8 years old. Our classes are designed to be the one stop shop to develop your drawing, painting, colouring and craft making abilities.	Sunday 9:30am-10:30am	Fees Apply	Katherine ☎ 0426 187 144 ✉ kkart.classes@gmail.com
<b>System@Tech Learning Solutions</b> A unique workshop for kids aged 4-15 years. We offer a range of skill development courses on high speed mental maths like ABACUS, Vedic Maths, handwriting, robotics & coding, calligraphy & Rubik's cube solving.	Saturdays 1.30pm-4pm	Fees Apply	Gururaj Hosur ☎ 0427 624 362 ✉ hello@systematech.com.au 🌐 <a href="http://www.systematechedu.com.au">www.systematechedu.com.au</a>
<b>WCEC Junubi Wyndham</b> Junubi Wyndham Homework Club will be assisting young African-Australians of South Sudanese background who live in Wyndham	Saturday 10am-12pm	No Charge	Aweeng Deng ☎ 0434 178 753 ✉ Aweeng.deng@wyndhamcec.org.au 🌐 <a href="https://www.junubiwyndham.org.au">https://www.junubiwyndham.org.au</a>
<b>So &amp; Sew</b> Learners will be encouraged to set learning goals and work as a team while developing specific skills using a sewing machine.	Wednesdays 12pm-3pm	\$40 (permanent residents)	🌐 To enroll online go to the short courses section of <a href="http://www.wyndhamcec.org.au">www.wyndhamcec.org.au</a>
<b>Next Stitch</b> This course is designed for those who have completed the So & Sew course. There will be a focus on using a commercial sewing pattern, developing and understanding of woven fabrics and using an overlocker.	Wednesdays 8.30am-11.30am	\$40 (permanent residents)	🌐 To enroll online go to the short courses section of <a href="http://www.wyndhamcec.org.au">www.wyndhamcec.org.au</a>
<b>All Sewn Up</b> This is designed for those who have completed Next Stitch. It is at an advanced level, targeting learners wishing to access accredited training in the textile industry.	Thursdays 12.30pm-3.30pm	\$40 (permanent residents)	🌐 To enroll online go to the short courses section of <a href="http://www.wyndhamcec.org.au">www.wyndhamcec.org.au</a>
<b>Garment &amp; Pattern Alterations</b> This is designed for those who have completed the All Sewn Up course. It will be project based focusing on clothing alterations, upcycling and adapting patterns.	Thursdays 9am-12pm	\$40 (permanent residents)	🌐 To enroll online go to the short courses section of <a href="http://www.wyndhamcec.org.au">www.wyndhamcec.org.au</a>
<b>Brainworks</b> Scholarship exam preparation for years 3-8, selective entry exam preparation for years 3-10 foundational English and math programs for years 1-10.	Monday 4:30pm-7:30pm Wednesday 4:30pm-7:30pm Saturday 9:30am-12.30pm	Fees Apply	Pooja ☎ 0419 777 498 ✉ werribee@brainworks.com.au
<b>Edmund Rice Homework Club</b> Primary and Secondary school students are mentored by Volunteers. Activities include; homework support, fun art, games, fresh fruit, snacks, and excursions during school holidays.	Tuesday 3:30pm-5:00pm	No Cost for eligible students	Program Coordinator ☎ 0451 753 813 ✉ <a href="mailto:programcoordinator1@edmundrice.org">programcoordinator1@edmundrice.org</a> 🌐 <a href="https://ercrs.org/">https://ercrs.org/</a>



# Education & Training Kids & Adults

PENROSE	DAY & TIME	COST	INFORMATION
<b>Advanced Personnel Management</b> APM provide employment, vocational rehabilitation, assessment, allied health intervention and community care (Aged Care & Disability Care to clients in order to place them in employment.	Monday, Tuesday & Wednesday 9am—5pm	No Cost	☎ 1800 276 276 ✉ support@apm.net.au
TARNEIT	DAY & TIME	COST	INFORMATION
<b>Abacus 4 Kids</b> Fun and innovative way for kids 4-12years to learn mathematic skills mental arithmetic skills using abacus (soroban). Free trial class available.	Tuesday & Wednesdays 4:30pm—7.30pm	Fees Apply	Contact: Jaslyn Toh ☎ 0406 946 069 ✉ admin@abacus4kids.com.au www.abacus4kids.com.au
<b>AMEP</b> Adult Migrant English Program Learning English can help you get a job, meet new friends, talk to other people in your community	Wednesdays, Thursdays and Fridays 9am—2:30pm	No Cost	☎ 9742 4013 ✉ enquiries@wyndhamcec.org.au 🌐 http://wyndhamcec.org.au/
<b>English Conversation Cafe</b> Practise your English skills, meet new people, and learn from others. This is a great way for you to connect with the community and maybe even make new friends.	Wednesdays 1:30pm—2:30pm	No Cost	Julia Gillard Library Tarneit ☎ 8734 8999
<b>Kumon Tarneit</b> English and mathematics tutoring programmes help children master fundamental skills essential to their overall academic performance.	Monday & Friday 4pm—7pm	Fees Apply	Contact: Ruchi ☎ 0468 310 097
<b>One on One IT Help</b> Do you need some focused support with computers or technology? Free digital training is available. Our friendly staff will help you	Tuesdays 2pm—3pm	No Cost	Julia Gillard Library Tarneit ☎ 9395 7966
<b>Steam Lab—Lego Robotics</b> Building and coding LEGO Mindstorms. All materials provided	Fridays 4pm—5pm	No Cost	Julia Gillard Library Tarneit ☎ 8734 8999
<b>VCE Tutoring College</b> Tutoring by registered teachers from prep to VCE. Subjects covered: Maths, Science, English and selective school entrance exams	Saturdays 11am—1pm	Fees Apply	Contact Nidhi Sidhu ☎ 0469 219 576 ✉ thevcecollege@gmail.com
<b>VCE Tutoring—Accounting</b> Accounting is no more boring, a teacher with 12 years' experience in preparing students for the VCE examination, and has achieved excellent results. Utilising a step-by-step approach, I assist students with learning accounting from scratch (prior knowledge is not required). Weekly notes, SAC practice and trial exams are provided.	Saturdays 1.30pm—3.30pm	Fees Apply	Contact : Dr Dimuthu Ekanayake ☎ 0433 872 345 • dimuthu.ekanake@gmail.com Google Classroom <a href="https://classroom.google.com/u/2/c/NTqwMjUzMjYxMzU3">https://classroom.google.com/u/2/c/NTqwMjUzMjYxMzU3</a>
<b>Wyndham Chess</b> Learn to play chess or improve your skills. All levels welcome.	Thursday 5pm—8pm	Fees Apply	Contact Phil Minichelli ☎ 0478 604 601 ✉ admin@wyndhamchess.club
<b>Young Storytellers (7—12 years)</b> Do you enjoy making up stories? Are you looking for some inspiration to create stories? Use your imagination to create stories and practise your story sharing skills, whether that's through writing or through illustrations.	Thursday 4pm—5pm	No Cost	Julia Gillard Library Tarneit ☎ 8734 0200

# Community, Cultural & Faith Groups

DIANELLA	DAY & TIME	COST	CONTACT INFORMATION
<b>Hosanna Kingdom Praise Centre</b> Faith group, praise and worship, children's ministry, prayer meetings and leadership training.	Wednesdays 7.00pm-9.00pm Sundays 9.00am-1.00pm	Free	Tabitha 0431 244 752 <a href="mailto:tabcri2@gmail.com">tabcri2@gmail.com</a>
<b>Sunshine Arabic Language School</b> Cultural activities for the youth and adults. Arabic language classes for children 5-17yrs.	Sundays 2.00pm-5.00pm	Contact for more info	Afrah Mohamed 0422 178 062
<b>Afterschool program – Junior Program</b>  <b>(National Spiritual Assembly of the Baha'is of Aust Inc)</b> Build a strong sense of morality identity, get involved in local community projects, develop the capacity to express your thoughts, gain a deep understanding of world. Our team consists of dedicated volunteers who are accredited to work with children passionate about serving the community.	Mondays 3.30pm-5.00pm  Saturdays 2.30pm-4.30pm	TBC  Limited spots available	Call for more info Tara - 0423 191 990 Sana - 0423 336 534
<b>Khoja Shia Ithna-Ashari Jamaat of Melbourne Inc. (KSIJM)</b> The main purpose of this group is to provide facilities conducive to educational, economic, support - seniors and vulnerable, sports and social welfare of the community and to lead to greater understanding and cooperation amongst all people in Australia.	Sundays 9.00am-1.00pm	Free	<a href="mailto:VicePresident@ksijmelbourne.org.au">VicePresident@ksijmelbourne.org.au</a>  <a href="mailto:President@ksijmelbourne.org.au">President@ksijmelbourne.org.au</a>
<b>Church of Christ (Iglesia Ni Cristo)</b> Church gathering and choir practice.	Saturdays 6.00pm-10.00pm	Free	Alfonso 0451 041 711 <a href="mailto:Alfonso.ocon@gmail.com">Alfonso.ocon@gmail.com</a> Incmedia.org
<b>Families for Christ</b> Faith based community gathering once a month. Christian families meeting together to pray and worship. Bible study, religious teachings and marriage courses.	2 <sup>nd</sup> Saturday of month 1.30pm-4.30pm	Free	Henry <a href="mailto:Ethanry090457@yahoo.com.ph">Ethanry090457@yahoo.com.ph</a>  0431 437 961
<b>Nepalese Association of Victoria</b> Bal Chautari (Children's School in Nepali) is a weekly Nepali language class 4-14yrs. Classes help to improve mental and physical wellbeing.	Saturdays 11.00am-1.00pm	\$50 per term	Dr Tilak Pokharel 0450 092 041 <a href="mailto:pokharetilak@gmail.com">pokharetilak@gmail.com</a>  <a href="https://www.nav.org.au/chautari/baalchautari">https://www.nav.org.au/chautari/baalchautari</a>
THE GRANGE	DAY & TIME	COST	CONTACT INFORMATION
<b>At Work</b> Provides employment services for people living with disability and disadvantage looking for work, and employers to get the right people into the right jobs.	Tuesday and Thursday 9am—5pm	Contact Provider	☎ 1300 192 641
<b>Gateways</b> Youth Support Program	Saturday 10am—1pm	Contact provider	✉ <a href="mailto:jo.king@gateways.com.au">jo.king@gateways.com.au</a> (Held at Central Park Community Centre)
<b>Redefine Life</b> Redefine Life is a private counselling and support practice that are able to provide high-quality professional help to a wide range of mental and other health problems.	Various	Contact provider	Appointments available on request at Central Park Community Centre Contact: 1300 044 490 <a href="mailto:enquiries@redefineline.com.au">enquiries@redefineline.com.au</a>

# Community, Cultural & Faith Groups

ARNDELL PARK	DAY & TIME	COST	CONTACT INFORMATION
<b>Life Community Kitchen</b> All welcome ! Free Hot Dinner. Gathering around a meal to provide families & individuals support and relief	Mondays 6pm-8pm	No Cost	Please email to RSVP ✉ <a href="mailto:communitykitchen@lifeau.org">communitykitchen@lifeau.org</a> <b>Bookings Essential</b>
<b>Club 60</b> Provides a social gathering for men and women of Indian origin	Thursdays 12.30pm-2:30pm	Fees Apply	Sunil Abbott ☎ 0449 101 455
<b>Melbourne Shwetambar Jain Sangh Inc</b> MSJS promotes Jainism and its core principal of 'no violence'.	Sundays Fortnightly 8am-12pm	Fees Apply	Nimit ☎ 0433 074 461
<b>Bhartiya Seniors Melbourne Inc</b> Indian Seniors Friendship Group	Tuesdays 12pm-2pm Fridays 11am-2pm	Fees Apply	Ashok Mehta ☎ 0434 929 429 ✉ <a href="mailto:ashokmehta1958@gmail.com">ashokmehta1958@gmail.com</a>
<b>United Pentecostal Holy Spirit Church of Australia</b> Worship Services for children and adults.	Saturdays 10m-2pm	Contact for more information.	Fils Munyemana ☎ 0469 924 109 ✉ <a href="mailto:uphsc@outlook.com">uphsc@outlook.com</a>
<b>Australian Malayalee Islamic Association Cultural Group</b> Arabic & Malayalam language classes, faith based activities.	Saturday 5 – 9pm	Fees Apply	Zameel Arif ☎ 0406 074 185 ✉ <a href="mailto:zameelarif@gmail.com">zameelarif@gmail.com</a>
PENROSE PROMENADE	DAY & TIME	COST	CONTACT INFORMATION
<b>Assembly of God Church of Samoa</b> A dynamic Church Service for all the family.	Sunday 8am-12pm	No Cost	Tui ☎ 0435 668 839
<b>Hindu Dharma Community of Melbourne (HDCM)</b> An Indian community from South India, Kerala, conducting various cultural activities, training kids, ladies group activities, family activities and more!	Saturday 4:30pm—6:30pm Last Sunday of the month 6pm—9pm	No Cost	Venugopalan Nair ☎ 0415 444 901 ✉ <a href="mailto:venucn@yahoo.com">venucn@yahoo.com</a>
<b>Legends International of Seniors Inc</b> Recreational meeting sharing coffee and snacks, prayer, guest speakers from different fields. We also organise picnics and outdoor activities.	Thursday 12:30pm—2:30pm	\$10 joining fee	Varinder Pal Singh ☎ 0468 497 457 ✉ <a href="mailto:legendsinternational2022@gmail.com">legendsinternational2022@gmail.com</a>
<b>Anoopam Mission Limited</b> Promote Hindu arts, crafts, dance, music, performing arts, literature & youth development. Educate young children and teenagers to live a positive and peaceful life. Educate people on the benefits of a multicultural society.	Fortnightly on Saturday 6pm—9pm	No Cost	☎ Vipul Patel—0433 185 138 ☎ Sandip Patel—0450 873 099 ✉ <a href="mailto:vipul9800@gmail.com">vipul9800@gmail.com</a> 🌐 <a href="http://www.anoopam.org">www.anoopam.org</a>
<b>Tarneit Bharatiy Club</b> Older Gujarati speakers will feel right at home in this relaxed social get-together environment.	Tuesday 12:30pm—2:30pm Friday 12:30pm—2:30pm	No Cost	Arun ☎ 0425 032 022 ✉ <a href="mailto:siddhpura.arun@gmail.com">siddhpura.arun@gmail.com</a>



# Community, Cultural & Faith Groups

PENROSE PROMENADE	DAY & TIME	COST	CONTACT INFORMATION
<b>Tarneit Harmony Club</b> Join other Punjabi speaking retirees to enjoy indoor games share some sweets and cup of tea.	Tuesday 12:30pm—2:30pm Friday 12:30pm-2:30pm	No Cost	Rashpal ☎ 0402 010 016 ✉ rashpal.chaggar@gmail.com
<b>United Seniors Club Incorporated</b> This group is celebrated with worshipping and praying to God along with singing and dancing and sharing food.	Wednesday 12pm—2pm	\$10	Mahendra Patel ☎ 0466 920 881 ✉ mahendra195424@gmail.com
<b>Ladies Club 60</b> Social gathering for local ladies of Indian origin. Make new friends, enjoy a cup of tea and chat.	Monday 12pm-2:30pm	No Cost	Nina ☎ 0488 251 459
<b>Iglesia Ni Christo</b> Church Of Christ Worship service and meetings on a weekly basis.	Wednesday 5am-7am Wednesday 7:30pm-10pm Thursday 8pm—10pm Saturday 6am—9:00am	No Cost	Alfonso Ocon ☎ 0451 041 711 ✉ Alfonso.ocon@gmail.com
<b>Mayanmar Revival Church</b> Worship service, singing and preaching gospel.	Sundays 12pm—5pm	No Cost	Jayshee Jay ☎ 0449 677 569 ✉ jshee8012@gmail.com Facebook/Myanmar Revival Church
TARNEIT	DAY & TIME	COST	CONTACT INFORMATION
<b>Assembly of God</b> We aim to help and equip people about the value and wisdom of life. We focus on families. If we create better families, we will be a better community. We also reach out to broken families and homeless people. We provide a safe haven for youth.	Friday 7pm-9pm	No Cost	Tui Luamanu ☎ 0421 007 448 ✉ tui31luamanu@hotmail.com
<b>Club 60</b> Club 60 provides a social gathering for men and women of Indian origin.	Monday 12.30pm—3pm	See Provider	Contact: Sunil ☎ 0449 101 455
<b>Jesus is the Cornerstone</b> Church services on Sundays	Sunday 8am—12pm	No Cost	Pastor Freddy Sooalo ☎ 0498 689 760 ✉ freddysooalo@gmail.com
<b>Life Community Kitchen</b> Providing hot meals to individuals and families. Supporting food relief and social connection.  No Booking Required	Tuesdays 6pm—8pm (except Public Holidays)	No Cost	Merapi Gabriel  ✉ communitykitchen@lifeau.org. 🌐 Wwww.lifeau.org
<b>Punjabi Church Australia</b> Faith group providing worship and singing of gospel songs	Sunday 10am—2pm	No Cost	Contact: Pastor Aman Luthra ☎ 0405 606 148 ✉ aman20088sonu@gmail.com

# Community, Cultural & Faith Groups

TARNEIT	DAY & TIME	COST	CONTACT INFORMATION
<b>Sri Lankan Planned Activity Group</b> (Delivered by Migrant Resource Centre) Social Support group for the Sri Lankan Community in Wyndham which includes gentle exercise, art, craft, excursions and outdoor activities	Fridays 10am—3pm	Fees apply	Contact: Shyaam Rodrigo ☎ 9637 6044 ✉ hakshyaam-alekhoa@mrnorthwest.org.au
<b>Vision Pentecostal Church of Community</b> A faith based organisation which runs weekly Church Services in which different activities take place including preaching, singing, dancing,	Sunday 12pm—4pm	No Cost	Pastor Alex Hakizimana ☎ 0410 017 971 ✉ visionpentecostalchurchvic@gmail.com 🌐 www.visionpentecostalchurch.org.au

## Support Groups & Services

TARNEIT	DAY & TIME	COST	INFORMATION
<b>Community Collective Victoria Community Psychologist</b> Provisional one on one psychology and counselling services to community members	Tuesdays and Fridays	No Cost (some exclusions apply)	☎ 4250 8134 ✉ admin@ccvic.community
<b>Community Connector</b> Wyndham City Council has a dedicated team who can help you find and connect with local service options. We can help if you need support, but are unsure of where to start	Onsite at Tarneit Community Learning Centre Wednesdays	No Cost	☎ 8734 4514 🌐 <a href="https://www.wyndham.vic.gov.au/communityconnector">https://www.wyndham.vic.gov.au/communityconnector</a>
<b>Job Advocates Victoria</b> Advice on education and employment services and connection with people to take the next steps needed to find work or change your career	Onsite at Tarneit Community Learning Centre Thursdays	No Cost	✉ <a href="https://www.wyndham.vic.gov.au/careers/employment-pathways/jobs-victoria-advocates">https://www.wyndham.vic.gov.au/careers/employment-pathways/jobs-victoria-advocates</a>
<b>JP—Justice of the Peace</b> Authorised to witness and sign statutory declarations and affidavits and to certify copies of original documents	Monday 10am-4pm	No Cost	No appointments necessary Just wait your turn ☎ 8734 6040 🌐 tarneitjlc@wyndham.vic.gov.au
<b>Life Community Kitchen</b> All welcome! Providing hot meals to individuals and families supporting food relief and social connection. <b>No Booking Required</b>	Tuesdays 6pm-8pm	No Cost	✉ <a href="mailto:communitykitchen@lifeau.org">communitykitchen@lifeau.org</a> 🌐 <a href="https://lifeau.org/communitykitchen/">https://lifeau.org/communitykitchen/</a>

DIANELLA	DAY & TIME	COST	CONTACT INFORMATION
<b>Live, life, feel better support group</b> 4 <sup>th</sup> April, 6 <sup>th</sup> June, 15 <sup>th</sup> Aug, 10 <sup>th</sup> Oct, 5 <sup>th</sup> Dec	10.00am-12.30pm	NA	0459 059 676
<b>Community Connector</b> Wyndham Council has a dedicated team who can help you find and connect with local service options. If you need support, but are unsure of where to start, email us or call Wyndham Council.	Onsite at Dianella CC on Thursdays.	Free	8734 4514 <a href="mailto:communityconnector@wyndham.vic.gov.au">communityconnector@wyndham.vic.gov.au</a> www.wyndham.vic.gov.au/ communityconnector
<b>Immunisations - Wyndham City Council</b> Immunisation is vital to the health of our community and is just as important for adults as it is for children. Wyndham City offers free immunisations.	Fortnightly - Thursdays 9.30am-1.00pm	Free	Contact the Wyndham Immunisation team to book your immunisation, phone 9742 0736 or by email <a href="mailto:immunisationteam@wyndham.vic.gov.au">immunisationteam@wyndham.vic.gov.au</a>

# Support Groups & Services

**Tarneit Foodbank** run by the Epiphany Church to support community members of all ages. No referrals needed. Includes fresh food, frozen food and dry goods.

**Day/Time:** Every Tuesday 10.30am-11.30am

**Address:** Penrose Promenade Community Centre, 83 Penrose Promenade, Tarneit

**Phone:** 8734 4500

Facebook page: <https://www.facebook.com/TarneitFoodBank/>

**Wyndham Park Community Centre Foodbank** Has culturally appropriate food for the Karen, Indian, African and Muslim communities. Very important to advise residents that they must call beforehand.

**Day/Time:** Every Thursday 9.30 - 12.30pm, please call beforehand

**Address:** 55/57 Kookaburra Avenue, Werribee

**Phone:** 03 9742 7298      **Email:** [admin@wyndhamparkcc.com.au](mailto:admin@wyndhamparkcc.com.au)

**Hoppers Crossing Equip Church** **Day/Time:** Wednesday only

**Address:** 147-155 Hogans Rd, Hoppers Crossing VIC 3029

**Phone:** 9748 0099      **Email:** [hoppers@lighthousestores.org.au](mailto:hoppers@lighthousestores.org.au)

**Uniting Wyndham** Food parcels and food vouchers for people with little to no income. Can also assist with other material aid (like clothing/bedding) by specific request. All assistance including food parcels and vouchers are provided by appointment only.

**Day/Time:** Monday to Friday 10am to 2pm. Food assistance via phone appointments 10am-2pm

**Address:** 19 Duncans Rd, Werribee

**Phone:** 9742 6452      **Email:** [wyndham.reception@vt.uniting.org](mailto:wyndham.reception@vt.uniting.org)

**Salvation Army** Community Support and Emergency relief

**Day/Time:** Monday to Thursday from 9:30am- 2pm

**Address:** 209 Watton St Werribee

**Phone:** 9731 1344

**SUDD Foundation** Working predominately with South Sudanese community, offering food relief and other supports.

**Phone:** 9021 2029      **Email:** [info@sudd.org.au](mailto:info@sudd.org.au)

**Food Pantries – The Pataka Movement** Residents around all areas of Wyndham who have a food pantry out the front of their house that any person can access without judgement. "Take what you need, give what you can".

Facebook page: <https://www.facebook.com/ThePatakaMovement/>

Facebook group: <https://www.facebook.com/groups/265569064467832>

**Wyndham Youth Services Foodbank** Wyndham City Youth Services foodbank service is available for young people of 12-25 years who are struggling and need assistance.

Includes baby items, formula and nappies.

**Day/Time:** Monday to Friday 9am-5pm, call to arrange a pick up

**Address:** Youth Resource Centre 86 Derrimut Rd, Hoppers Crossing

**Phone:** 8734 1355

**Australian Red Cross Lifeblood**

Blood donation collection centre.

**Day/Time:** 10th –14th October, numerous dates.

**Phone:** 13 14 98

<https://www.lifeblood.com.au/donor-centre/vic/tarneit-pop-up-donor-centre>

## COMMUNITY CONNECTOR

### Support – Inform – Connect

Wyndham's City Community Connectors are available to assist all residents in our community to access the services they need and empower them to make informed decisions. The Community Connector team can provide specific information and referral/s to local supports & services tailored to meet the needs of the individual. Some of the services may include:

- Information and assistance accessing services for e.g. My Aged Care, NDIS , HACC PYP
- Links to social support and community groups/activities
- Information and referrals for emotional support, counselling, food relief and material aid
- Advocacy support and information

We have specialist Ageing Well Connectors available to support older residents and their families.

Call 8734 4514 and ask for a Community Connector or email [communityconnector@wyndham.vic.gov.au](mailto:communityconnector@wyndham.vic.gov.au).

Interpreter Services can be organised on request.

