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**WHAT IS A CHILD PSYCHOLOGIST?**

Developmental Psychologists work with you and your child if you have questions or worries about your child in the areas of behaviour, emotions and social skills. This may include stress and anxiety issues and/or processing traumatic experiences. Therapy delivered by a Psychologist aims to improve children’s resilience, capacity to cope and thrive.

**WHEN TO SEEK SUPPORT**

If you have a child who has challenges with the following, a Psychologist may be able to assist:

* Learning about, recognising and responding to their feelings appropriately
* Challenging behaviours including tantrums, aggression & anger management
* Sharing, talking to and playing with other children
* Being independent – including going to the toilet, feeding and going to sleep by themselves
* Low self esteem
* Managing anxiety including separation anxiety & social anxiety
* School / Kindergarten refusal
* Coping with grief / loss or adjusting to family circumstances (eg Separation)
* Psychological Assessment such as educational assessments, cognitive assessments and ASD assessments

**HOW TO REFER**

Parents/Guardians can call a Private Psychologist of choice and make an appointment for their child; a referral is not required, unless you wish to access Medicare rebates (see below).

The following list contains a variety of Psychologists in the Wyndham area - this list is not exhaustive and the PSFO Service do not endorse any service listed. Please contact the service direct for more information and details of charges. You can also refer to the Australian Psychological Society website to search for a Psychologist within your area – [www.psychology.org.au](http://www.psychology.org.au) and go to the “Find a Psychologist“ link.

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Families may be able to obtain Medicare rebates (up to 20 allied mental health services per calendar year) to patients who are referred by a GP under a Mental Health Treatment Plan - please refer to the section “**How to get Medicare rebates for seeing** **therapists**” on page 41 for more information.

\*Please Note\* Children may be eligible for Community Health Psychology through IPC Health.

There are criteria that must be met in order to be eligible.

For eligibility criteria please contact your local IPC Health Service [www.ipchealth.com.au/services-information/](http://www.ipchealth.com.au/services-information/) or speak to your child’s Educators / PSFO

35

**Please note that a referral from your GP is usually required for you to gain an appointment with a Psychologist.**

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| **CROOKES COUNSELLING AND CONSULTING SERVICES**  7 Princes Highway  Werribee 3030  Tel: 9742 3500  Email: [admin@crookes.com.au](mailto:admin@crookes.com.au)  Web: crookes.com.au  **ASPIRE HEALTH & PSYCHOLOGY**  461 Melbourne Rd  Newport 3015  Tel: 9391 9866  Email: [admin@aspireonline.com.au](mailto:admin@aspireonline.com.au)  Web: [www.aspireonline.com.au](https://aus01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.aspireonline.com.au%2F&data=05%7C01%7Cpsfo.Service%40wyndham.vic.gov.au%7Ce74265af89794953ea2708daf505bf05%7Cccedce2eab9f4e51bb3d3c6e2171f03e%7C0%7C0%7C638091702282825250%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=gIz6m73t48zv07l%2B77uQdvmkb%2BCR6VWhWHWCr370cuo%3D&reserved=0) | Services Provided | Psychology counselling services for adults, children, adolescents, couples and families  Assessments | |
| Usual waiting times | Up to 3 weeks | |
| Bulk Billing? | No | |
| NDIS Provider? | Self-managed and Plan-managed clients only | |
| Medicare Rebates? | Yes, if a Mental Health Care Plan is provided by a doctor | |
| **Additional Info**  Healthcare card holders may be entitled to funding through the Care in Mind Program.  Evening and weekend appointments available  Werribee – open 7 days a week  Newport – open Monday - Saturday | | |
| **Joanne Garfi**  3/141-143 Princes Hwy  Werribee 3030  Tel: 1 300 992 866  Email: admin@westernalliedhealthservices.com.au | Services Provided | | Psychology |
| Usual waiting times | | 3 months |
| Bulk Billing? | | No |
| NDIS Provider? | | Yes, self-funded and self-managed |
| Medicare Rebates? | | Yes |
| **Additional Info**  Special interest in ASD, school refusal, anxiety and depression.  **Days available:**  Tuesdays (9am – 5.15pm)  Wednesdays (9am – 5.15pm)  Thursdays (9am – 5.15pm) | | |
| **RAJES HARPER**  **Radiant Minds Psychology**  Mob: 0422 516 348  Email: rajesharper@gmail.com  Website: [www.radiantminds.com.au](http://www.radiantminds.com.au) | Services Provided | | Psychology |
| Usual waiting times | | 2 weeks |
| Bulk Billing? | | No |
| NDIS Provider? | | Self-managed only |
| Medicare Rebates? | | Yes |
| **Additional Info**  Providing Telehealth for counselling and consultations. Assessments and other face to face sessions are only provided in the Brighton clinic. | | |

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| **HOPSCOTCH & HARMONY**  Shop 1/167-179 Shaws Road  Werribee 3030  Tel: 9741 5222  Email: [admin@hopscotchandharmony.com.au](mailto:admin@hopscotchandharmony.com.au)  Web: hopscotchandharmony.com.au | Services Provided | Psychology, Dietetics, Assessment, Parent Support, Educator PDs | |
| Usual waiting times | Variable dependent on service required | |
| Bulk Billing? | No | |
| NDIS Provider? | Yes | |
| Medicare Rebates? | Yes, with valid referral | |
| **Additional Info**  With a large team of dedicated psychologists and a paediatric dietitian we can help support families to:   * Guide challenging behaviours * Address toileting issues * Learn play skills * Manage anxiety * Deal with bullying * Improve self-esteem * Adjust to changed family circumstances * Address fussy eating and food intolerance | | |
| Creative Steps  1-3 Thames Blvd  Werribee 3030  Tel: 9731 0069  Email: info@creativesteps.com.au | Services Provided: | | OT, Speech Pathology, Psychology, Social Skills Groups | |
| Usual Waiting Time | | No details available | |
| Bulk billing? | | No | |
| NDIS Provider? | | Plan Managed or Self Managed only | |
| Medicare rebates? | | Yes, for some services | |
| Change for Life  136 Derrimut Road  Hoppers Crossing, Vic 3029  113-115 Princes Highway,  Werribee, Vic 3030  Tel: 8742 4302  Email: info@changeforlife.com.au  Web: changeforlife.com.au | Services Provided: | | Speech Therapy, Psychology, Assessments, School Readiness Groups/Social Groups | |
| Usual Waiting Time | |  | |
| Bulk billing? | | No | |
| NDIS Provider? | | Yes | |
| Medicare rebates? | | Yes, with Medicare Plan | |

42

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| **LANGUAGE FOR LIFE SPEECH PATHOLOGY**  188 Heaths Road  Hoppers Crossing 3029  Tel: 9731 6486  118 Derrimut Road  Hoppers Crossing 3029  Tel: 9731 6923  Email: enquiries@languageforlife.com.au  Web: languageforlife.com.au | Services Provided | Speech Therapy, Psychology, OT, Physiotherapy and Dietetic |
| Usual waiting times | Face to Face - 12 Months  Telehealth – no waitlist (speech, psychology, dietetics)  Mobile therapy – 12 months:  OT – Craigieburn and Frankston  Speech Therapy – Adelaide and Kew East  Physiotherapy – Moreland, Wyndham Vale |
| Bulk Billing? | No |
| NDIS Provider? | Yes |
| Medicare Rebates? | Yes |
| **Additional Info**  Experienced therapists working with children, adolescents, adults and aged.  Children with autism and clients who have difficulties with articulation, language, fluency (stuttering) and literacy, learning difficulties in the area of Social Skills, Handwriting, activities of daily living, sensory skills. and adults who present with swallowing and communication difficulties.  PTSD, Anxiety Depression.  Developmental Disorders, Intellectual Disability, Behavioural issues, Mood disorders (e.g. depression), Anxiety disorders  Diverse range of expertise area services  Clinic Based/Telehealth/Home Visit / kinder visit options possible  Book appointments online  Assessment available for all the services  Open on Saturday as well | |

**You can also refer to the Australian Psychological Society website to search for a Psychologist within your area –** [www.psychology.org.au](http://www.psychology.org.au) **and go to the “Find a Psychologist“ link.**

40