

THE BUZZ

Wyndham Central

Arndell Park Community Centre
Dianella Community Centre
Penrose Promenade Community Centre
The Grange Community Centre
Tarneit Community Learning Centre



Term 3 2022

wyndhamcity



Wyndham City Council pay respect and acknowledge the Bunurong People as the Traditional Custodians of the land on which these community centres are built.

Penrose Community Garden

A new community garden in growth



On Saturday 28th May, PCA – Pasifika Community of Australia put on a spectacular celebration to officially launch the Penrose Community Garden.

It was an amazing day filled with back-to-back performances and a range of stall holders including the SES and Fire Rescue Victoria; both attending in support of the community event and providing engaging activities for children and adults. Local makers from the Pasifika communities ran activities and showcased traditional art, costumes, food and drinks.

On this day, visitors and passers-by had a chance to be one of the first to walk through the garden and celebrate this beautiful space.

The Penrose Community Garden is the first of its kind in this area to bring together Pasifika communities in a space where they can grow vegetables, herbs, fruits, and flowers. The Penrose Community Garden is open for all the community to enjoy. Residents and groups will be welcome to share in the community gardening experience.

For information contact: info@pasifikacomaust.com.au

or contact us at Penrose Promenade Community Centre:
penrosepromenadecc@wyndham.vic.gov.au

Tel: (03)8734 4500



Arndell Park Community Centre:	29-49 Federation Blvd, Truganina VIC 3029	Phone: (03) 8734 8911
Dianella Community Centre	6 Congo Drive, Tarneit VIC 3029	Phone: (03) 8742 8300
Penrose Promenade Community Centre:	83 Penrose Promenade, Tarneit VIC 3029	Phone: (03) 8734 4500
The Grange Community Centre:	260-280 Hogans Rd, Hoppers Crossing VIC 3029	Phone: (03) 8742 8000
Tarneit Community Learning Centre:	150 Sunset Views Blvd, Tarneit VIC 3029	Phone: (03) 8734 6040

Changing Places provide suitable facilities for people who cannot use standard accessible toilets. These public toilets include an adult sized changed table, ceiling hoist, a peninsular toilet, privacy screen and additional circulation space to meet the needs of people with complex disabilities and their carers.



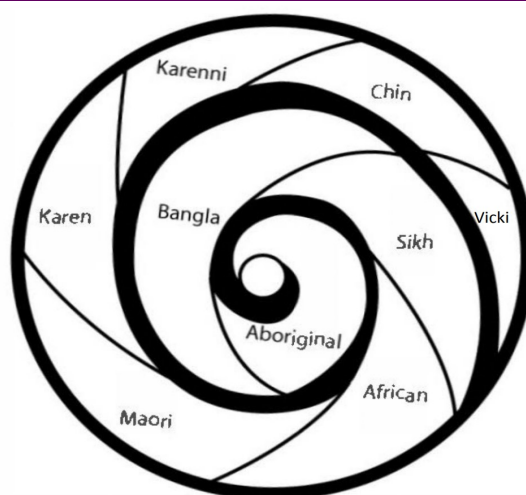
Marking our commitment to inclusion and accessibility to all, Tarneit Community Learning Centre reminds community members of the Changing Places facility, designed to ensure all community members have access a clean, safe, and private place to go to the bathroom, that is located onsite at 150 Sunset Views Blvd Tarneit.

Changing Places are fully accessible, purpose-built public toilets which enable people with high support needs, their friends, families and carers to leave the house without worrying about when they'll be able to access a suitable toilet.

Changing Places are larger than standard accessible toilets and include features such as a height-adjustable adult-sized changing table, ceiling hoist, a peninsula toilet, additional circulation space and an automatic door, enabling people with high support needs to use the bathroom safely and most importantly, with dignity.

The investment in the Changing Places facility at Tarneit Community Learning Centre was driven by Wyndham City's commitment to fostering positive social inclusion in the area. A Changing Places toilet allows all community members with high support

Voice of the Land, Voice of the People, Voice of our Heart—MOTHER TONGUE



We are very proud to launch a new public artwork representing Mother Tongue in Tarneit. The artwork is anchored in the centre by Koorrin's artwork - Bunurong Country. The place, this collective art-piece now sits at Tarneit Community Learning Centre, acknowledging that this was and always will be Aboriginal Land. From here we pay respect to the diaspora Aboriginal communities living on this land sharing their strength and wisdom.

The Bangla design is steeped in symbolism and history, from the waterlily to the national bird, the magpie.

The Sikh design speaks to the practice of colouring and preparing for celebrations, colourful and welcoming. We honour and join this tradition through our art piece.

The African design captures a diverse and powerful group of nations and its peoples. It is vibrant and harmonious.

The Maori design is spiritual, guided by traditional practices. It depicts their history, the now and future path, keeping culture strong.

The Karen design so eloquently represents their culture, their flag, their countryside and the delicate loom designs.

The Karenni design is so intricate, with the colours and symbols were so carefully chosen .

The Chin design is beautiful on so many levels. Inspired by their traditional weaving practices, each colour, pattern and shape comes together in perfect unity.

Supporting, connecting and guiding us and the art work is the spiral design of our lead artist, Dr Vicki Cousins, Gunditjmara from the Western Districts of Victoria. This art piece has captured an important history, a sacrifice, and an unwavering desire to continue Mother Tongue against all odds.

A mission that inspires communities, inspires us. Remember this when you visit this art piece, We are the spiral, no one person ahead or behind - building strength in the collective.

Cultural Cuisines - #Cookforukraine.

On Saturday 21st May Cultural Cuisines hosted a dinner to help raise much needed funds and awareness for children and families in Ukraine on behalf of Unicef. Community members were encouraged to donate using official Unicef channels and bring along a Ukrainian inspired dish to share.

This event was supported by Dianella Community Centre. Over 30 community members from all cultures came together to share food and talk about their Ukrainian inspired dish. Cultural Cuisines host a dinner once a month as a way of bring the local community together.



Makers and Growers Market & Dianella Community Centre Open

Dianella Community Centre is now officially open and buzzing with lots of activities.

On Saturday the centre celebrated its opening in collaboration with the Meet me in Tarneit initiative to host a community market, performances, workshops and activities.

Including:

- Smoking ceremony by members from the Bunurong Land Council
- Performances in the amphitheatre by local performers and buskers, including The Voice stars Ally Eley and Sienna Katelyn
- Workshops by the Environmental team on how to grow fruit trees
- Wetlands lecture by Werribee River Association
- Free kids activities
- Market
- Performance by Afsaneh Torabi (Artist in residence) and community members - TARNEITIAN (TAR-NEE-SHAN) TALES - Stories from the West—Diorama's



Early Years Programs & Activities

VARIOUS LOCATIONS	VENUE, DAY & TIME	CONTACT INFORMATION
<p>Maternal & Child Health Appointments Professional nursing support & advice for parents with children from birth to school age.</p>	By Appointment Only	<p>Contact: Maternal & Child Health ☎ 1300 370 567 🌐 www.wyndham.vic.gov.au <i>select Maternal & Child Health Services</i></p>
<p>Immunisations The Wyndham City Immunisation Unit provides free public vaccinations against a range of childhood and adult diseases.</p>	By Appointment Only	<p>Contact: Wyndham Immunisation Team ☎ 1300 370 567 🌐 www.wyndham.vic.gov.au <i>select Children's Services > Immunisations</i></p>
<p>First Time Parents Group Meet friendly local families to talk about your kids and have fun! Come along to share experiences, find advice, give support and make new friends.</p>	Weekly sessions	<p>Contact: Maternal & Child Health ☎ 1300 370 567 🌐 www.wyndham.vic.gov.au <i>select Maternal & Child Health Services</i></p>
<p>Supported Playgroup A playgroup that aims to meet the needs of vulnerable families in our community. MCH referral required</p>	Weekly sessions	<p>Contact: Maternal & Child Health ☎ 1300 370 567 🌐 www.wyndham.vic.gov.au <i>select Maternal & Child Health Services</i></p>
<p>Wyndham City Council - Kindergarten 3 & 4 Year Old Kindergarten Services. Enrol your child online.</p>	Weekly sessions	<p>Kindergarten Enrolment Officer ☎ 1300 370 567 🌐 www.wyndham.vic.gov.au <i>select Children's Services > Kindergarten</i></p>
<p>Wyndham City Council - Playgroup Enquires Community run playgroups offer a relaxed, social atmosphere for parents and carers and provide a range of activities for children aged 0-6 years old to promote their social skills and development. Wyndham City can assist in locating the closest playgroup.</p>	Weekly sessions	<p>🌐 https://www.wyndham.vic.gov.au/services/childrens-services/playgroups/community-playgroups 🌐 https://www.wyndham.vic.gov.au/form/community-playgroup-enquiry ✉ communityplaygroup@wyndham.vic.gov.au</p>



Cloth Nappy and Reusable Sanitary Item Rebate

Last year saw an average of 105 babies born per week in Wyndham, with this comes a lot of disposable nappies!

Each day there are a staggering 3.75 million disposable nappies used across Australia and New Zealand. Whilst cloth nappies require detergents and water to wash, they are a better alternative for both the environment and your hip pocket!

To celebrate and thank residents making the change to cloth nappies and reusable sanitary items, we are continuing to offer a rebate to eligible Wyndham residents.

To find out more and to apply visit www.wyndham.vic.gov.au/nappyrebate or contact wastewise@wyndham.vic.gov.au



Pram walking @Wyndham

An informal catch up for families and babies under 18 months
COME AND JOIN A FREE SESSION...



If you would like more information and to book please contact:
 Wyndham City's Children's Services: 1300 370 567
playgroup@wyndham.vic.gov.au
[facebook.com/wyndhamcitycouncil](https://www.facebook.com/wyndhamcitycouncil)
www.wyndham.vic.gov.au



Early Years Programs & Activities

ARNDELL PARK	DAY & TIME	COST	INFORMATION
Arndell Park Muslim Playgroup A fun interactive activity based Islamic playgroup. A place for mothers and children to come together.	Thursdays 10:30am-12:30pm		Aafrin ✉ arndellparkmuslimpg@gmail.com Enrol here: 🌐 https://forms.gle/hbavhBYXW1g5z18u9
Arndell Park Playgroup A playgroup for all cultures, mum, dads, carers and children. Bring along your own snacks.	Tuesdays 9.30am-11:30am		Rukaiya ✉ arndellparkplaygroup@yahoo.com
Rhyme Time and Pop-Up Library Ages 1-4 years Join us for Rhyme Time and a special Pop-Up Library every week in Term 2.	Thursdays 11am		📞 8734 8999
Tiny Tutus Beginners Ballet class for children from 18 months to 7 years.	Tuesday 9.30am-11.30am	Fees Apply	Contact: Tiny Tutus 📞 1300 245 060 🌐 www.tinytutus.com.au
DIANELLA	DAY & TIME		INFORMATION
Rhyme Time and Pop-Up Library Ages 1-4 years. Join us for Rhyme Time and a special Pop-Up Library every week	Wednesday 9.30am-10.30am	No Cost	📞 8734 8999 www.wyndham.vic.gov.au/libraries
Dianella CC Playgroup Community led playgroup for parents and carers with children aged 0-5yrs from all cultures and backgrounds	Tuesday 9.30am-11.30am	Fees Apply	Dianella Community Centre 📞 8742 8300 dianellacc@wyndham.vic.gov.au
Baby playgroup-Wyndham City Baby playgroup up to 18ths—free program with a qualified child and family resource officer facilitating the sessions.	Thursday 9.30-11.30am.	No Cost	📞 1300 370 567 ✉ playgroup@wyndham.vic.gov.au Referral only
KU Dianella Kindergarten 3 and 4yr old Kindergarten.	Various session times	Fees apply	📞 7003 1700 ✉ ku.dianella@ku.com.au 🌐 www.ku.com.au
THE GRANGE	DAY & TIME		INFORMATION
Playgroup Meet parents and enjoy educational, play based learning and socialisation for children under 5.	Tuesday 9am—11am	\$55 per term	Register at www.grangecommunity.org.au/ classes 📞 8742 8000
PENROSE PROMENADE	DAY & TIME		INFORMATION
VICSEG Multicultural Playgroup This playgroup is open for all community, which offers the opportunity for children to learn social skills through play.	Thursday & Friday 10am—12pm	No cost	Contact: Karen Diacono 📞 8754 0512 ✉ kdiacono@vicsegnewfutures.org 🌐 https://vicsegnewfutures.org.au/
Messy Penguins Playgroup Parent run Playgroup for 1-5 year old's allowing like minded families to share, connect and learn important social skills.	Wednesday 9:30am -11:30am	\$45 per term	Contact: Charmaine Mogg or Gurjeet Kaur ✉ messypenguinstarneit@gmail.com ✉ communityplaygroup@wyndham.vic.gov.au 🌐 https://www.wyndham.vic.gov.au/form/community-playgroup-enquiry

Early Years Programs & Activities

TARNEIT	DAY & TIME	COST	INFORMATION
Tweddle—My Time Peer Support group for families who have children with a disability.	Monday 10am—12pm	Conditions apply	Kim Mace ☎ 9689 1577 ✉ kim.mace@tweddle.org.au
Tarneit Teddies Playgroup A Come and join in some fun activities which include rhymes, stories and songs and meet other parents in your local area!	Tuesday 9:30am - 11:30am School term only	\$40 per term	✉ tarneit.teddies@gmail.com
VICSEG – Multicultural Playgroup For migrant and refugee families. This playgroup offers the opportunity for children to learn social skills through play.	Wednesday 9:30am - 11:30am School term only	No cost	Karen Diacono ☎ 8754 0512 ✉ kdiacono@vicsegnewfutures.org
Baby Play Messy and Sensory play for baby aged 13 months or younger. Ages 0—13 months	Friday 10.30 –11.3am	\$100 full term or \$15 casual class	Instagram—babyplaytarneit Text: 0431 163 150
Baby Time Join us for 30-minute sessions that include songs, rhymes, and finger plays to encourage interaction with your baby in a fun environment with other parents. To attend you must have a baby aged 12 months or younger. Ages 0—12 months	Monday 2pm-2.30pm Thursday 9:30am-10am	No Cost	Julia Gillard Library Tarneit ☎ 8734 0200 Bookings: Tickets will be available on the day, 15 minutes prior to the start of the session, and will be offered on a strict first-come, first-served basis. See staff on the day for ticketing information.
Rhyme Time (1-5 Years) Join us in person to develop your child's language, body awareness, motor skills, and imagination through rhymes, music, and books. The 30-minute sessions include stories, songs and rhymes designed to develop early language, literacy and numeracy skills.	Tuesday 2pm-2.30pm Wednesday 9.30am-10am Friday 9:30am-10am	No Cost	Julia Gillard Library Tarneit ☎ 8734 0200 Bookings: Tickets will be available on the day, 15 minutes prior to the start of the session, and will be offered on a strict first-come, first-served basis. See staff on the day for ticketing information.
Bilingual Story Time Join us for 45 minutes of stories, songs and rhymes, and craft in Punjabi and English. Meet bilingual families, learn words in another language, and help your child develop important language skills.	Every 4th Thursday of the month 4pm-4:45pm	No Cost	Julia Gillard Library Tarneit ☎ 8734 0200 Bookings: Tickets will be available on the day, 15 minutes prior to the start of the session, and will be offered on a strict first-come, first-served basis. See staff on the day for ticketing information.



IF YOU HAVE ANY QUESTIONS ABOUT PLAY OR YOUR CHILD'S DEVELOPMENT, OUR FRIENDLY EARLY CHILDHOOD EDUCATORS ARE AVAILABLE TO HAVE A CHAT WITH.

LOCATED AT YOUR LOCAL SHOPPING CENTRE.
PLEASE CHECK WEBSITE FOR LOCATIONS.



If you would like more information and to book please contact:
Wyndham City's Children's Services: 1300 370 567
playgroup@wyndham.vic.gov.au
facebook.com/wyndhamcitycouncil
www.wyndham.vic.gov.au



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FOR ELIGIBILITY YOU MUST ANSWER YES TO ONE OF THE FOLLOWING:

- A family member in the household holds one of the following: a Commonwealth Health Care card or a Commonwealth Pensioner concession Card
- Families in which a family member identifies as Aboriginal and/or Torres Strait Islander
- Do you hold one of the following visas:
*subclass, 200, 201, 202, 786, 866, 203, 204 and a bridging visa A-E

OUR BABY PLAYGROUPS ARE A FREE PROGRAM FOR FAMILIES WITH CHILDREN BETWEEN 6 TO 18 MONTHS, WITH A QUALIFIED CHILD AND FAMILY RESOURCE OFFICER FACILITATING THE SESSIONS.

Recreation & Wellbeing Kids & Adults

ARNDELL PARK	DAY & TIME	COST	CONTACT INFORMATION
<p>Goss Choir Do you love to sing? Come along and see if our choir is for you! We sing popular songs, and anyone over the age of 16 is welcome to join.</p>	<p>Wednesdays 7:00pm-9:00pm</p>		<p>Victoria gosscommunitychoir@gmail.com ☎ 0403 742 414 www.gosschoir.com.au</p>
<p>Twins Martial Arts Our core martial arts is traditional Shotokan Karate where we offer classes for children from 4yo to 15yrs. Facebook: Find and Like 'Twins Martial Arts'</p>	<p>Various Contact for further information</p>	<p>Fees Apply</p>	<p>Sensei Lay or Ken ☎ 0416 333 113 ✉ twins.martialarts@gmail.com www.twinsmartialarts.com.au</p>
<p>Women's Workout Arndell Park has partnered with The Huddle (North Melbourne FC) & Youth Services to bring a FREE casual women's exercise group, focusing on exercise for all levels of fitness.</p>	<p>Thursdays 9:30am-10:30am</p>		<p>☎ 0416 679 911 ✉ info@pointcookdance.com.au</p>
<p>Women's Only Yoga-Reclink Arndell Park and Reclink have partnered up to provide FREE Yoga sessions for women of all abilities. Call now to book.</p>	<p>Fridays 9:30am-10:30am</p>		<p>Contact Arndell Park Community Centre to book your place. ☎ 8734 8911 ✉ arndellparkcc@wyndham.vic.gov.au Bookings Essential</p>
<p>Girl Guides - Truganina In Girl Guides, we believe that girls of every age have the capacity to be actively involved in, and ultimately take ownership of all aspects of their <i>Girl Guides</i> Experience. Girls develop curiosity through hands-on learning, and engage in relevant activities based on their own interest.</p>	<p>Thursday 5:30pm-7pm</p>		<p>Girl Guides Victoria ☎ 8606 3500 ✉ guides@guidesvic.org.au</p>
<p>Female Bootcamp (FITNAS) FITNAS runs a female only bootcamp classes which include high intensity strength & endurance training targeting fat loss, increase energy & muscle tone</p>	<p>Tuesdays 7:30-8:30pm</p>	<p>Fees Apply</p>	<p>Amina 0434 366 727 Fitnas.pgt@gmail.com</p>
<p>Yidnekatchew Tessema Social Soccer Club Physical activity sessions for mums and women of CALD backgrounds in the Wyndham community.</p>	<p>Wednesdays 4:30pm-6:30pm</p>		<p>Firaol Likassa 0412 716 279 Jomo-07@hotmail.com</p>



JOIN IN SOME FREE ACTIVE FUN THESE HOLIDAYS

Looking for something for the kids to do these holidays?

Wyndham City Council's Active Holidays program offers FREE activity sessions for kids and young people.

From Gymnastics to Self Defence, Football to Hockey, Table Tennis, Netball and more there's lots for kids to join in these holidays.

See the program and take a note of the different booking opening dates for each week's activities at www.wyndham.vic.gov.au/activeholidays .


Why not try something new these holidays?

wyndhamcity



VISIT WWW.WYNDHAM.VIC.GOV.AU/ACTIVEHOLIDAYS TO FIND OUT MORE AND BOOK

Recreation & Wellbeing Kids & Adults

DIANELLA	DAY & TIME	COST	INFORMATION
<p>Family Games Nights</p> <p>Family board Games Nights encourage families to move away from the screen and sit together, enjoy playing games together.</p>	<p>1 July, 5 Aug, 2 Sep, 7 Oct, 4 Nov 2 Dec</p> <p>5.00pm-7.30pm</p>	<p>No cost</p>	<p>Contact for more information</p> <p>☎ 0416 937 473</p> <p>✉ tahirasheikh2019@gmail.com</p>
<p>Soul Space</p> <p>Yoga classes combine both strength and mobility work in a dynamic, vinyasa – style.</p>	<p>Saturdays 9.30am- 10.30am</p>	<p>Fees apply</p>	<p>☎ 0435 915 516</p> <p>✉ soulpace.journeywithin@gmail.com</p>
<p>Choir - With One Voice Wyndham Choir</p> <p>With One Voice Wyndham is a choir that celebrates the joy of music, community, fun and friendship. Every voice and story is welcome, from seasoned singers to people who have a never sung before. In addition to our weekly rehearsals we also regularly sing at all kinds of community events.</p> <p>No auditions or previous musical experience required – we encourage you to simply come along and have a go, and be swept up the by the power of singing</p>	<p>Tuesdays</p> <p>7.00pm-8.00pm</p>	<p>From \$10 a month</p>	<p>☎ 8679 6088</p> <p>✉ withonevoice@creativityaustralia.org.au</p> <p>🌐 creativityaustralia.org.au</p>
<p>Smita Acharya Cooking Workshops</p> <p>Food brings the community together. Meet me and my Thermomix for a cooking workshop. Meet other food lovers in the neighbourhood. Exchange traditional recipes. All are welcome, Thermomix owner or not.</p>	<p>Saturdays (Every Second Saturday of the month)</p>	<p>Contact for more info</p>	<p>Smita Acharya</p> <p>☎ 0470 268 746</p> <p>✉ smitasfoodcharm@gmail.com</p> <p>🌐 Facebook.com/smitasfoodcharm</p> <p>🌐 Instagram.com/smitasfoodcharm</p> <p>SCAN TO REGISTER</p> 
<p>Youth Support Advocacy Service (YSAS)</p> <p>Free drop-in activity. Engaging young people in the local area to connect with youth workers, support services and proactive youth tasking Police Officers through a recreational program. 12-18yrs.</p>	<p>Thursdays</p> <p>4.00pm-6.00pm</p>	<p>Free</p>	<p>Shane</p> <p>☎ 9002 5220</p> <p>☎ 0404 120 549</p>
<p>Communi-tea Coffee Hour</p> <p>Drop in and chat with staff and the community at Dianella Community Centre over a cuppa. An opportunity to meet your neighbours, local groups and services in Tarneit. For all ages and abilities.</p>	<p>Wednesdays</p> <p>9.30am-10.30am</p>	<p>Free</p>	<p>Dianella Community Centre</p> <p>☎ 8742 8300</p> <p>✉ dianellacc@wyndham.vic.gov.au</p>
<p>Dianella CC Walking Group</p> <p>Community led walking group, meet at Dianella Community Centre, and go for a quick walk around the block and beyond. Join us for a cuppa afterwards. For all ages and abilities.</p>	<p>Tuesdays 9.30am- 10.00am</p>	<p>Free</p>	<p>Dianella Community Centre</p> <p>☎ 8742 8300</p> <p>✉ dianellacc@wyndham.vic.gov.au</p>
<p>Live Life & Get Active</p> <p>Live Life Get Active offer physical activity classes, suitable to all ages and abilities; all equipment is supplied, and plans can be adapted to any fitness level.</p> <p>Use the search bar below to find and register to your nearest camp for FREE!</p>	<p>Monday to Friday</p> <p>9.30am-10.15am</p>	<p>Free</p>	<p>✉ enquiries@livelifegetactive.com</p> <p>🌐 www.livelifegetactive.com</p>

Recreation & Wellbeing Kids & Adults

DIANELLA	DAY & TIME	COST	CONTACT INFORMATION
<p>Wyndham Wildlife Gardens Gardening workshops, learn how to garden, identify weeds, grow food and many more simple techniques. Dates to be confirmed.</p>	Various dates TBC	TBC	<p>📧 Send a message via facebook https://www.facebook.com/groups/wyndhamwildlifegardens/</p>
<p>Mini Movers A physical literacy-based program that uses different sports to increase the motor skills of children aged 3-7. Come and join in some fun weekly indoor sport sessions to get your child enjoying physical activity. 45mins. No experience needed.</p>	Wednesday 4.00pm-4.45pm	Contact for more info	<p>Tori Honner ☎ 5222 3911 ✉ tori.honner@leisurenetworks.org</p>
<p>Vibe Choreography Beginners workshop for kids wanting to learn hip hop/ Jazz funk & Classic Bollywood.</p>	Thursdays 6.00pm-8.00pm	Contact for more info	<p>☎ 0434 944 074 🌐 https://vibe.class4kids.club/</p>
<p>Courtside Youth Services - Wyndham City A safe space to hang out and play basketball with friends, meet new people and youth workers, watch movies, play games, grab a bite to eat and relax. Ages 12-25yrs.</p>	Fridays 3.00pm-6.00pm	Free	<p>Hayley McCormick (She/Her) Youth Development Officer ☎ 8734 1355 ✉ hayley.vazzaz-mccormick@wyndham.vic.gov.au 🌐 http://youth.wyndham.vic.gov.au</p>
<p>Cultural Cuisines Food is the fuel for our body and stories are the food for our soul, at Cultural Cuisines we bring the two together. This program celebrates cross-cultural learning. We do this by inviting home cooks to share recipes from their culture and narrate stories linked to food, memories, and experiences. Come join us.</p>	16 July, 20 Aug, 17 Sept, 15 Oct, 19 Nov 5.30pm-7.30pm	Free	<p>Contact for more information ✉ tahirasheikh2019@gmail.com ☎ 0416 937 473</p>
THE GRANGE	DAY & TIME	COST	CONTACT INFORMATION
<p>Acting Classes ATA Acting Studio caters for children, teens & adults across various group classes, industry classes, show-cases, holiday workshops & private tuitions.</p>	Wednesday 6pm—8:30pm	Contact provider	<p>Contact Adam ☎ 0419 593 257 🌐 www.ataactingstudio.com</p>
<p>Balance, Flex, Fun BFF and have fun, gain balance, strength and flexibility</p>	Thursday 9:30am—10.15am	\$100— Term fee \$13— Casual	<p>☎ 8742 8000 🌐 www.grangecommunity.org.au/classes</p>
<p>Ballroom Dancing Beginner and intermediate classes run by International and Australian champion</p>	Monday 1pm—3:30pm	\$5 per class	<p>☎ 8742 8000 🌐 www.grangecommunity.org.au/classes</p>
<p>Beat Freakz Fitness All in one workout combining aerobics, punching, kicking, bodyweight resistance training & a little bit of DANCING but with a twist. Every class includes small dumbbells for ultimate sculpting & toning!</p>	Friday 6:30pm—7:30pm	Contact Provider	<p>Contact Jenna Chaffey ☎ 0424 124 661 ✉ beatfreakzfitness@yahoo.com</p>
<p>Knitting A social knitting group that creates items for the KOGO (knit one give on) charity. All warmly welcome to join in for a cuppa</p>	Monday 12:30pm—2:30pm	FREE	<p>☎ 8742 8000 ✉ www.grangecommunity.org.au/classes</p>
<p>Chatty Café - Drop in Come in and join Nola for a cuppa and a chat</p>	Wednesday 10am—11:30am	Free	<p>The Grange 260-280 Hogans Road, Hoppers Crossing ☎ 8742 8000</p>

Recreation & Wellbeing Kids & Adults

THE GRANGE	DAY & TIME	COST	CONTACT INFORMATION
Gateways Youth Support Program	Saturday 10am—1pm	Contact provider	✉ jo.king@gateways.com.au (Held at Central Park Community Centre)
Qian Li Dao Using Wing Chun Kung Fu as the path to find your hidden talents. Kung Fu classes for adults of all levels available	Tuesday & Wednesday 7pm—8pm Saturday 10:30am-11:30am	Contact provider	☎ 9731 1789 ✉ info@qianlidao.com.au
Tai Chi Meditation in motion with Bruno. Presented in partnership with Reclink Australia www.reclink.org	Tuesday 11am—12pm	\$2 per session	☎ 8742 8000 🌐 www.grangecommunity.org.au/classes
Yoga Yoga is an ancient practice that involves physical poses, concentration and deep breathing	Tuesday 9:30am-10:15am	\$120— Term fee \$15— Casual	☎ 8742 8000 🌐 www.grangecommunity.org.au/classes
Yoga New Day Yoga	Thursday 7pm—8pm	Contact provider	Rebekah ☎ 0425 818 678 🌐 www.newdayyoga.com.au
Zumba Zumba is an energetic, Latin dance style fitness class suitable for all age groups. Presented in partnership with Reclink Australia www.reclink.org	Friday 5pm—6pm	\$100— Term Fee or \$12— casual	Register www.grangecommunity.org.au/classes or ☎ 8742 8000
Wyndham T.O.W.N club We encourage you as you take the steps needed to make a change in your lifestyle, to eat sensibly, exercise, attain and maintain a healthy goal weight.	Friday 9am—11am	Contact provider	☎ 0413 444 083 🌐 www.townclubs.com.au
Wing Chun Kung Fu Using Wing Chun Kung Fu as the path to find your hidden talents. Kung Fu classes for adults of all levels available.	Friday 7pm—9pm	Contact provider	☎ 9731 1789 ✉ info@qianlidao.com.au
PENROSE	DAY & TIME	COST	CONTACT INFORMATION
ABCD Bollywood Dance—Multicultural Events Group of Australia A Bolly Zumba fitness class that is designed in teaching dancing to all the community, adults and children	Sunday 1pm-2:30pm	Fees apply	Shweta Pandya ☎ 0433 346 672 ✉ shwetayana13@gmail.com 🌐 https://www.facebook.com/ABCDBollywoodDanceSchool/
Burnout Bhangra Come and join fitness through Bhangra which is a North Indian high intensity dance fitness class.	Tuesday 7pm-8pm	No Cost	Sandeep ☎ 0433 012 214 🌐 https://www.facebook.com/Burnout-Bhangra-249199085725617/
Edmund Rice Homework Club Mother's Group The Edmund Rice Mothers is a fortnightly safe and nurturing space for mothers from diverse backgrounds who have children attending our homework clubs. The group will facilitate activities including English conversation practice, practical workshops, and the opportunity to connect with other women.	Tuesday 3:30pm-5:00pm	No charge	Program Coordinator ☎ 0451 753 813 ✉ programcoordinator1@edmundrice.org 🌐 https://ercrs.org/

Recreation & Wellbeing Kids & Adults



Wyndham City is a participating Council of **My Smart Garden!** A free sustainable gardening program that helps you get started growing food and transforming your outdoor space (yards, balconies or pots) into a functional garden. It helps you become more resilient and lower your bills by producing food, shading your home from summer heat and turning waste into valuable resources. Check out the [My Smart Garden Events Page](#) for upcoming workshops and register for the newsletter to receive gardening tips and information on upcoming events

Tarneit Revitalisation Program – Tarneit Wayfinding Project
Come and check out the wayfinding trial! Find colourful decals with playful elements that help you find our way to landmarks in Tarneit. The trail is on the shared path between Cowies Hill Water Tower and Tarneit Central shopping centre. Along the way, find living furniture Rest Stops with natives planted by Tarneit Senior College students.

tarneit@wyndham.vic.gov.au or call Phoebe Crockett - 0437002139

Community groups are encouraged to be a part of the Trail launch contact Phoebe for more details.



Recreation & Wellbeing Kids & Adults

PENROSE PROMENADE	DAY & TIME	COST	INFORMATION
<p>Global Kitchen</p> <p>Multicultural Women Victoria will be running a Global Kitchen and community lunch for women every Monday. RSVP's are required.</p>	Monday 10am—2pm	No Cost	<p>Sudha ☎ 0432 489 584</p> <p>Jane ☎ 0423 697 187 ✉ chair@virwc.org.au</p>
<p>Kangatraining Tarneit & Hoppers</p> <p>Dance/Aerobic style fitness class focusing on mum's postnatal needs. Bring baby along in a suitable carrier where we will dance, focus on pelvic floor and have fun!</p>	Thursday 12:45pm—1:45pm	Fees apply	<p>Naomi Cash ☎ 0413 965 090 ✉ naomikanga21@gmail.com 🌐 https://www.kangatraining.info/at_en/instructor/naomicash/booking/2525</p>
<p>Sahaja Yoga</p> <p>Here you'll learn how to experience the peace of true meditation. Free classes and workshops are available to help you discover the unique technique of Sahaja Yoga Meditation.</p>	Wednesdays 6-7pm	No Cost	<p>Nakul ☎ 0475 049 276 ✉ Nakulgupta.au@gmail.com 🌐 https://www.sahajayoga.com.au/class_workshops/vic/</p>
<p>Switch To Fit</p> <p>Join Angi from SwitchToFit for a session specifically tailored for older adults or those looking to get back into fitness and in gentle and supportive environment.</p> <p>Sessions will consist of stretching, strength, balance and exercise to help develop your overall fitness.</p> <p>All sessions will run for 45 minutes and open to everyone 50 years +. All sessions are FREE! No experience needed and all fitness levels welcome.</p>	Thursday 9:30am—10:15am	No Cost	<p>Angi ☎ 0405 952 191 ✉ info@switchtofit.com.au 🌐 www.wyndham.vic.gov.au/whats-on/older-adults-gentle-exercise-sessions-penrose-cc</p>
<p>Twins Martial Arts</p> <p>Traditional Shotokan Karate for ages 4-15yrs. Classes are taught by qualified NCAS Dojo Coaches, holding Senior First Aid and Working with Children Checks.</p>	Thursday 3:30pm-8pm	Fees apply	<p>Sensei Lay or Ken ☎ 0416 333 113 ✉ info@twinsmartialarts.com.au 🌐 www.facebook.com/twinsmartialarts</p>
<p>WW Australia and New Zealand</p> <p>We provide community wellness, weight loss and maintenance support workshops focusing on food, sleep, fitness and mindset.</p> <p>Our Personal Points is the most individualized program yet.</p>	Friday 9am—10am	Fees apply	<p>Kate Habgood ☎ 0417 434 614 ✉ Kate.habgood@ww.com 🌐 https://www.weightwatchers.com.au</p>
<p>Nrityaarpana Dance Academy</p> <p>Join Nrityaarpana and get trained in both theory and practical details and intricacies of Bharatanatyam</p>	Monday 6pm-7:30pm	\$15 per hour	<p>Rekha ☎ 0451 327 719 ✉ nrityaarpana@outlook.com 🌐 https://www.facebook.com/nrityaarpanadanceacademy/</p>
TARNEIT	DAY & TIME	COST	INFORMATION
<p>Craft Group</p> <p>Craft, Chat and a Cuppa. Come and join!</p>	Wednesday 9am-12pm	No Cost	<p>Tarneit Community Learning Centre ☎ 8734 6040 🌐 tarneitclc@wyndham.vic.gov.au</p>
<p>50's + Gentle Yoga</p> <p>Join Cat from Recklink Australia for a sessions specifically tailored for older adults and those looking to get back into fitness, in a gentle and supportive environment.</p>	Mondays 9:30am – 10:15am	No Cost	<p>Lorcan Matthews ☎ 0401 523 868 ✉ lorcan.matthews@reclink.org</p>

Recreation & Wellbeing Kids & Adults

TARNEIT	DAY & TIME	COST	INFORMATION
<p>Tatkaar Kathak Institute Tatkaar Kathak is a classical Indian dance, better known as Indian Ballet. Come along and join in the fun</p>	Saturday 11am–12pm	Contact Provider	Shika ☎ 0450 228 954 ✉ schhangai.sc@gmail.com
<p>Youth Fitness Classes (15+) Join local personal trainer Firaol for a fun, engaging, supportive and challenging session of strength and cardio exercises.</p>	Saturdays 9:30am – 10:30am	No cost	Firaol ☎ 0412 716 279 ✉ jomo-07@hotmail.com
<p>Women and Girls Fitness Classes Join Reclink Australia for a session specifically tailored for women and girls looking to improve their fitness and get active in a fun, supportive environment.</p>	Thursday 7:30pm – 8:30pm	No cost	Lorcan Matthews ☎ 0401 523 868 ✉ lorcan.matthews@reclink.org
<p>U3A Werribee Region Tai Chi Classes Tai Chi classes promote health and wellbeing, including relaxation. Assist with stress reduction and promotes serenity through gentle flowing movements.</p>	Mondays 10.30am-11.30am	Contact provider	Rick Conn ☎ 0402 299 220 ✉ courses.u3awbee@hotmail.com

Education & Training Kids & Adults

ARNDELL PARK	DAY & TIME	COST	INFORMATION
<p>Abacus 4 Kids Fun and innovative way for kids 4-12years to learn mathematic skills mental arithmetic skills using abacus (soroban). Free trial class available.</p>	Various Contact for further information	Fees apply	Jaslyn Toh ☎ 0406 946 069 ✉ admin@abacus4kids.com.au www.abacus4kids.com.au
<p>Wyndham Community & Education Centre Computer Courses for all levels. Each course runs for 10 weeks.</p> <ul style="list-style-type: none"> • MS Office First Steps, Next Steps, Advanced • Excel • Learn English, Learn computers 	Various	\$40 for non-concession or \$25 with Concession Card	Wyndham Community & Education Centre to enquire or enroll. ☎ 9742 4013 ***SPACES LIMITED*** ***BOOKINGS ESSENTIAL*** *** Fees Apply***
<p>Youth Services – Drop-In Program & Barber For Ages 12-25yrs. Youth Services are excited to come to Arndell Park as we begin to deliver programs for young people aged between 12yrs-25yrs. Starting on 18th May, please join us as we run a Drop-In program as well as FREE HAIRCUTS with our Social Barber. Our Social Barber will provide an opportunity for young people to connect with works and have meaningful conversation as well as walking away with a fresh cut! We look forward to you getting involved as we begin to have more consistent programs happening at this Centre.</p>	Wednesdays 3:30pm-5:30pm	No cost	For More Information please email: youthinwyndham@wyndham.vic.gov.au

Education & Training Kids & Adults

DIANELLA	DAY & TIME	COST	INFORMATION
Wyndham Community & Education Centre English Speaking Classes. Learn English. 20 weeks. Fees apply. Must be a Permanent Resident.	Wednesday 1.00pm-3.00pm	\$30	03 9742 4013
THE GRANGE	DAY & TIME	COST	INFORMATION
At Work Provides employment services for people living with disability and disadvantage looking for work, and employers to get the right people into the right jobs.	Tuesday and Thursday 9am—5pm	Contact Provider	☎ 1300 192 641
Be Connected Need help with Technology? Wanting to learn more about Apps on your smartphone/device or how to make sure security settings are working best for you?	Thursday 9am—12pm	Free	Contact Paul from Wyndham Community Education Centre on ☎ 0421 660 657 Drop into Central Park Community Centre—80 Lonsdale Circuit, Hoppers Crossing.
Christa College CHC43015 Certificate IV in Ageing Support	Wednesday 9:30am—2:30pm	Contact Provider	☎ 1300 955 630 ✉ info@christacollege.edu.au
Christa College CHC30121 Certificate III in Early Childhood Education and Care	Saturday 9:30am—2:30am	Contact Provider	☎ 1300 955 630 ✉ info@christacollege.edu.au
First Aid Training Choose from a number of First Aid certificate classes including Provide First Aid, Basic Emergency Life Support, CPR, Children's Services, Anaphylaxis, Asthma training and more	Wednesday & Saturday 9am—4pm	Contact provider	☎ 9998 6188 🌐 w.accreditedfirstaidcourses.com.au (Held at Central Park Community Centre)
Kumon Kumon helps your children reach their potential through English & Math enrichment classes in Australia.	Monday 3pm—7:30pm Thursday 3pm—7pm	Contact Provider	Contact Priyanka ☎ 0432 052 077 ✉ kumonhopperscrossing@gmail.com
Triscott Education Services CHC30213 Certificate III in Education Support	Thursday 9am—3pm	Contact Provider	https://www.triscott.com.au/ Or ✉ info@triscott.com.au
PENROSE PROMENADE	DAY & TIME	COST	INFORMATION
Abacus 4 Kids Fun and innovative way for kids 4-12years to learn mathematic skills mental arithmetic skills using abacus (soroban).	Various—Contact for further information	Fees apply	Jaslyn Toh ☎ 0406 946 069 ✉ admin@abacus4kids.com.au <i>Free trial class available</i>
Aksacare We offer speech pathology services in swallowing & communication across the lifespan. We provide maximum care (Aksacare) by tailoring assessments and therapies to individual needs to maximise potential.	Wednesday fortnightly 9am—4pm Saturday weekly 4pm—8:30pm	Fees Apply	Sara Kablaoui ☎ 0424 965 659 ✉ info@aksacare.com.au 🌐 www.aksacare.com.au
AMZ Training Offers training and assessment classes for a Certificate 3 in Individual Support	Friday 9am-12:30pm	Fees Apply	Awo Yusuf ☎ 0423 632 663 ✉ awo_yusuf@hotmail.com
Advanced Personnel Management APM provide employment, vocational rehabilitation, assessment, allied health intervention and community care (Aged Care & Disability Care to clients in order to	Tuesday & Wednesday 8am—5pm	No Cost	☎ 1800 276 276 ✉ support@apm.net.au

Education & Training Kids & Adults

PENROSE PROMENADE	DAY & TIME	COST	CONTACT INFORMATION
<p>KK Art Art, drawing & craft classes for kids aged 5-9 years old. Courses are designed to be the one-stop shop to develop drawing, painting, colouring, composition and craft-making abilities</p>	Sunday 9:30am-11:30am	Fees Apply	Edmund ☎ 0420 948 140 ✉ kkart.classes@gmail.com
<p>System@Tech Learning Solutions Enabling young students to design their future by offering them the opportunity to develop cutting edge STEM skills.</p>	Thursdays 4:30pm-7:30pm	Fees Apply	Keerti ☎ 0413 949 831 ✉ hello@systematechedu.com.au 🌐 www.systematechedu.com.au
<p>WCEC Junubi Wynham Junubi Wyndham Homework Club will be assisting young African-Australians of South Sudanese background who live in Wyndham</p>	Saturday 10am-12pm	Contact Provider	David Lukudu ☎ 0403 526 688 ✉ David.lukudu@wyndhamcec.org.au
<p>So & Sew Learners will be encouraged to set learning goals and work as a team while developing specific skills using a sewing machine.</p>	Tuesday from July 19 12:30pm—3:30pm	\$40 (permanent residents)	🌐 To enroll online go to the short courses section of www.wyndhamcec.org.au
<p>Next Stitch This course is designed for those who have completed the So & Sew course. There will be a focus on using a commercial sewing pattern, developing and understanding of woven fabrics and using an overlocker.</p>	Wednesday from July 20 12pm—3pm	\$40 (permanent residents)	🌐 To enroll online go to the short courses section of www.wyndhamcec.org.au
<p>All Sewn Up This is designed for those who have completed Next Stitch. It is at an advanced level, targeting learners wishing to access accredited training in the textile industry.</p>	Thursday from July 21 12:15pm—3:15pm	\$40 (permanent residents)	🌐 To enroll online go to the short courses section of www.wyndhamcec.org.au
<p>Garment & Pattern Alterations This is designed for those who have completed the All Sewn Up course. It will be project based focusing on clothing alterations, upcycling an adapting patterns.</p>	Thursday from July 21 8:45am—11:45am	\$40 (permanent residents)	🌐 To enroll online go to the short courses section of www.wyndhamcec.org.au
<p>English Conversation This course is for people with limited language skills who want to learn how to participate in simple, casual conversations and learn more vocabulary in order to converse with more confidence in daily life.</p>	Thursdays from July 14 1pm—3pm	\$30 (permanent residents)	🌐 To enroll online go to the short courses section of www.wyndhamcec.org.au
<p>Mobile Devices This is a 10 week course for people who are absolute beginners when it comes to using a smart device.</p>	Fridays from July 2 1pm—4pm	\$30 (permanent residents)	🌐 To enroll online go to the short courses section of www.wyndhamcec.org.au

Education & Training Kids & Adults

PENROSE PROMENADE	DAY & TIME	COST	INFORMATION
Brainworks Scholarship exam preparation for years 3-8, selective entry exam preparation for years 3-10 foundational English and math programs for years 1-10.	Monday 4:30pm-8pm Wednesday 4pm-7pm Saturday 9:30am-3pm	Fees Apply	Pooja ☎ 0419 777 498 ✉ werribee@brainworks.com.au
Edmund Rice Homework Club Primary and Secondary school students are mentored by Volunteers. Activities include; homework support, fun art, games, fresh fruit, snacks, and excursions during school holidays.	Tuesday 3:30pm-5:00pm	No Cost for eligible students	Program Coordinator ☎ 0451 753 813 ✉ programcoordinator1@edmundrice.org 🌐 https://ercrs.org/
TARNEIT	DAY & TIME	COST	INFORMATION
Kumon Tarneit English and mathematics tutoring programmes help children master fundamental skills essential to their overall academic performance.	Monday & Friday 4pm—7pm	Fees Apply	Contact: ☎ Ruchi: 0468 310 097
Abacus 4 Kids Fun and innovative way for kids 4-12years to learn mathematic skills mental arithmetic skills using abacus (soroban). Free trial class available.	Tuesday 5pm—7.30pm	Fees Apply	Jaslyn Toh ☎ 0406 946 069 ✉ admin@abacus4kids.com.au www.abacus4kids.com.au
Global Sisters Sister School A business education program for women hosted by Global Sisters	Monthly on Wednesday 1pm – 7pm	No Cost	Bettina ✉ bettina@globalsisters.org
Computer Courses Facilitated by Wyndham Community & Education Centre. 10 weeks computer courses for all levels. MS Office First Steps, Next Steps,	Contact for further information <i>Bookings Essential.</i>	\$30 per term	Wyndham Community & Education Centre ☎ 9742 4013 ✉ Enquiries@wyndhamcec.org.au
Mini Movers A fun, physical literacy-based program that uses different sports to increase the motor skills of children aged 3-7	Thursday 10am – 10:45am	No Cost	Tori.honner@leisurenetworks.org ☎ 5222-3911

Community, Cultural & Faith Groups

ARNDILL PARK	DAY & TIME	COST	CONTACT INFORMATION
Life Community Kitchen All welcome ! Free Hot Dinner. Gathering around a meal to provide families & individuals support and relief	Mondays 6pm-8pm	No Cost	Please email to RSVP communitykitchen@lifeau.org Bookings Essential
Club 60 Provides a social gathering for men and women of Indian origin	Thursday 12.30 – 2.30pm	Contact for more information	Sunil Abbott ☎ 0449 101 455

Community, Cultural & Faith Groups

ARNDELL PARK	DAY & TIME	COST	INFORMATION
<p>Melbourne Shwetambar Jain Sangh Inc MSJS promotes Jainism and its core principal of 'no violence'.</p>	Fortnightly, please call for session times	Contact for more information	Nimit ☎ 0433 074 461 ✉ www.msjs.org.au
<p>Bhartiya Seniors Melbourne Inc Indian Seniors Friendship Group</p>	Wednesday & Friday 11.30—2pm	Contact for more information	Ashok Mehta ☎ 0434 929 429 ✉ ashokmehta1958@gmail.com
<p>Overseas Chinese Christian Mission Bi-lingual Christian worship services in Mandarin and English</p>	Sunday 3 – 7pm	No Cost	Charles ☎ 0425 747 008 ✉ occm.wcc@gmail.com
<p>Australian Malayalee Islamic Association Cultural Group Arabic & Malayalam language classes, faith based activities.</p>	Saturday 5 – 9pm	Contact for more information	Zameel Arif ☎ 0406 074 185 ✉ zameelarif@gmail.com
DIANELLA	DAY & TIME	COST	CONTACT INFORMATION
<p>Hosanna Kingdom Praise Centre Faith group</p>	Saturdays 4.00pm-6.00pm—Sundays 9.00am-1.00pm		Va Tuiono Vayasha001@hotmail.com ☎ 0431 244 752
<p>Building Vibrant Communities (National Spiritual Assembly of the Baha'is of Aust Inc) Do you have a desire to serve your community and contribute to constructive social change? We all have a vital contribution to make in building a better community characterised by principals such as harmony, justice, and prosperity. Activities based on teaching of the Bahai faith, open to all ages.</p>	Fridays 7.00pm-9.00pm	Free	Tara ✉ Jyseptarneit@gmail.com ☎ 0423 191 990 https://bahai.org.au/index.php/what-bahais-do/building-vibrant-communities/
PENROSE PROMENADE	DAY & TIME	COST	CONTACT INFORMATION
<p>Assembly of God Church of Samoa A dynamic Church Service for all the family.</p>	Sunday 8am-12pm	No Cost	Tui ☎ 0435 668 839
<p>Hindu Dharma Community of Melbourne (HDCM) HDCM is organised exclusively for multicultural, charitable, spiritual, social and educational purposed. Promotion of Hindu spirituality and culture, including yoga practice, drumming and mediation.</p>	Last Sunday of the month 6:30pm—8:30pm	No Cost	Sanjeev ☎ 0470 682 288
<p>Iglesia Ni Christo Church Of Christ Worship service and meetings on a weekly basis.</p>	Wednesday 5am-7am Wednesday 7:30pm-10pm Saturday 6am—9:00am	No Cost	Alfonso Ocon ☎ 0422 560 945
<p>Ladies Club 60 Social gathering for local ladies of Indian origin. Make new friends, enjoy a cup of tea and chat.</p>	Monday 12pm-2:30pm	No Cost	Nina ☎ 0488 251 459
<p>Mayanmar Revival Church Worship service available</p>	Sundays 12pm—3pm	No Cost	Jayshee Jay ☎ 0449 677 569 ✉ jshee8012@gmail.com

Community, Cultural & Faith Groups

PENROSE PROMENADE	DAY & TIME	COST	CONTACT INFORMATION
<p>Legends International of Seniors Inc You are a unique creation of nature. Your experiences— sweet & sour make you a LEGEND. If you want to be remembered forever, even after your death, come on let us club together and celebrate life!</p>	Wednesday 1pm-3pm	\$10 joining fee	Varinder Pal Singh ☎ 0468 497 457 ✉ legendsinternational2022@gmail.com
<p>Seni Warisan Melayu Inc This group brings awareness and promotes Malay culture. Enjoy traditional music, dance and Silat (Malay Martial Arts).</p>	Saturday 2pm—5pm	Fees Apply	Abby ☎ 0433 420 376 ✉ abby.arbi@comm5star.com
<p>Tarneit Bharatiy Club Older Gujarati speakers will feel right at home in this relaxed social get-together environment.</p>	Friday 12:30pm—2:30pm	No Cost	Arun ☎ 0425 032 022 ✉ siddhpura.arun@gmail.com
<p>Tarneit Harmony Club Join other Punjabi speaking retirees to enjoy indoor games share some sweets and cup of tea.</p>	Tuesday 12—2pm Friday 12:30pm-2:30pm	No Cost	Rashpal ☎ 0402 010 016 ✉ rashpal.chaggar@gmail.com Zoom online meetings and programs also available
<p>United Seniors Club Incorporated This group is celebrated with worshipping and praying to God along with singing and dancing and sharing food.</p>	Wednesday 12pm—2pm	No Cost	Dinesh Patel ☎ 0478 621 534 ✉ bakulpatel1767@gmail.com
<p>Islamic Circle of Australia & New Zealand</p>	Saturdays 5pm-8pm	No Cost	Nousheen Mazhar ☎ 0484 234 801 ✉ noshenyasir@gmail.com
TARNEIT	DAY & TIME	COST	CONTACT INFORMATION
<p>Church of Christ Worship Service</p>	Thursday 8.30pm—10pm	No Cost	Alfonso Ocon ☎ 0422 560 945 ✉ Alfonso.ocon@gmail.com
<p>Jesus is the Cornerstone Church services on Sundays</p>	Sunday 2pm—6pm	No Cost	Pastor Freddy Sooalo ☎ 0498 689 760 ✉ freddysooalo@gmail.com
<p>Punjabi Church Australia Faith group providing worship and singing of gospel songs</p>	Sunday 10am—2pm	No Cost	Contact: Pastor Aman Luthra ☎ 0405 606 148 ✉ aman20088sonu@gmail.com
<p>Australian Hope Performance Association Somali organisation, providing educational and spiritual guidance for young people.</p>	Friday 4pm-7:30pm	See provider	Contact: Mohamed Farah 0426 466 649 mohamedfiora04@gmail.com
<p>Assembly of God We aim to help and equip people about the value and wisdom of life. We focus on families. If we create better families, we will be a better community. We also reach out to broken families and homeless people. We provide a safe haven for youth.</p>	Friday 7pm-9pm	No Cost	Tui Luamanu ☎ 0421 007 448 ✉ tui31luamanu@hotmail.com

Community, Cultural & Faith Groups

TARNEIT	DAY & TIME	COST	INFORMATION
Vision Pentecostal Church of Community Weekly Church Services	Sunday 10am—2pm	No Cost	Pastor Alex Hakizimana ☎ 0410 017 971 ✉ hakizimana@yahoo.com
Club 60 Club 60 provides a social gathering for men and women of Indian origin.	Monday 12pm—2.30pm	See Provider	Contact: ☎ Sunil: 0449 101 455
Australian Eritrean Families of the Western Suburbs	Saturday 6pm—10pm	See Provider	Contact: ☎ Zaki: 0412 223 788
Sri Lankan Planned Activity Group (Delivered by Migrant Resource Centre) Social support group for the Sri Lankan Community in Wyndham which includes gentle exercise, art, craft, excursions and outdoor activities.	Friday 10am-3pm	Fees Apply	Shyaam Rodrigo ☎ 9637 6044 ✉ shyaamalekhoa@mrcnorthwest.org.au

YOUR SAFETY, YOUR SOLUTIONS!

Join us at one of our Community Safety Conversations this July to share your thoughts and solutions, receive a \$20 voucher for participating.

Lunch or Dinner provided.
Register by Wed 13th July.



[https://theloop.wyndham.vic.gov.au/
community-safety-wyndham](https://theloop.wyndham.vic.gov.au/community-safety-wyndham)



"The Wyndham Community Safety Conversations was funded by the Victorian Government's Empowering Communities Initiative as part of the Building Safer Communities Program."



YOUR SAFETY, YOUR COMMUNITY, YOUR SOLUTIONS!

Community Safety isn't just about crime. It's important that you feel safe where you live, work, travel or spend time. We want to hear what matters most to you and talk about solutions.

Join us at one of our Community Safety Conversations happening in your local area to share your thoughts.

Your feedback will influence community safety projects that will be delivered as part of the State Government funded and Wyndham City led Empowering Communities initiative.

To join a session - spaces are limited, and you must register to secure a spot.

July 14 6pm – 9pm

July 15 6pm – 9pm

July 16 – 6pm – 9pm

July 22 – 6pm – 9pm

July 23 – 6pm – 9pm

If you are unable to attend one of the five sessions you can still have your voice heard. Please fill in the survey via the above link and have your say!

Each community member that attends the sessions will receive a \$20 voucher for participating.

Visit <https://theloop.wyndham.vic.gov.au/community-safety-wyndham> or

Email – empoweringcommunities@wyndham.vic.gov.au

Support Groups & Services

Tarneit Foodbank run by the Epiphany Church to support community members of all ages. No referrals needed. Includes fresh food, frozen food and dry goods.

Day/Time: Every Tuesday 10.30am-11.30am

Address: Penrose Promenade Community Centre, 83 Penrose Promenade, Tarneit

Phone: 8734 4500

Wyndham Park Community Centre Foodbank Has cultural appropriate food for Karen, Indian, African and Muslim communities. Very important to advise residents that they must call beforehand.

Day/Time: Every Tuesday and Friday 9am-1pm, please call beforehand

Address: 55/57 Kookaburra Avenue, Werribee

Phone: 03 8742 3975 **Email:** admin@wyndhamparkcc.com.au

Hoppers Crossing Equip Church **Day/Time:** Wednesday only

Address: 147-155 Hogans Rd, Hoppers Crossing VIC 3029

Phone: 9748 0099 **Email:** hoppers@lighthousestores.org.au

Uniting Wyndham Food parcels and food vouchers for people with little to no income. Can also assist with other material aid (like clothing/bedding) by specific request. All assistance including food parcels and vouchers are provided by appointment only.

Day/Time: Monday to Friday 10am to 2pm. Food assistance via phone appointments 10am-2pm

Address: 19 Duncans Rd, Werribee

Phone: 9742 6452 **Email:** wyndham.reception@vt.uniting.org

Salvation Army Community Support and Emergency relief

Day/Time: Monday to Thursday from 9:30am- 2pm

Address: 209 Watton St Werribee

Phone: 9731 1344

SUDD Foundation Working predominately with South Sudanese community, offering food relief and other supports.

Phone: 9021 2029 **Email:** info@sudd.org.au

Food Pantries – The Pataka Movement Residents around all areas of Wyndham who have a food pantry out the front of their house that any person can access without judgement. "Take what you need, give what you can".

Facebook page: <https://www.facebook.com/ThePatakaMovement/>

Facebook group: <https://www.facebook.com/groups/265569064467832>

Wyndham Youth Services Foodbank Wyndham City Youth Services foodbank service is available for young people of 12-25 years who are struggling and need assistance.

Includes baby items, formula and nappies.

Day/Time: Monday to Friday 9am-5pm, call to arrange a pick up

Address: Youth Resource Centre 86 Derrimut Rd, Hoppers Crossing

Phone: 8734 1355

COMMUNITY CONNECTOR

Support – Inform – Connect

Wyndham's City Community Connectors are available to assist all residents in our community to access the services they need and empower them to make informed decisions. The Community Connector team can provide specific information and referral/s to local supports & services tailored to meet the needs of the individual. Some of the services may include:

- Information and assistance accessing services for e.g. My Aged Care, NDIS , HACC PYP
- Links to social support and community groups/activities
- Information and referrals for emotional support, counselling, food relief and material aid
- Advocacy support and information

We have specialist Ageing Well Connectors available to support older residents and their families.

Call 8734 4514 and ask for a Community Connector or email communityconnector@wyndham.vic.gov.au.

Interpreter Services can be organised on request.



Other Bits n Bobs for your Information



TABLET LOAN PROGRAM

Did you know that we have tablets you can borrow and use at your local community centre, 9 – 5 Monday to Friday?

Unsure how to use a tablet? Our friendly team can help connect you with one-on-one support from Wyndham Libraries and other training programs throughout Wyndham.

Talk with us and let us know how we can help.

For more information contact:

Your local Community Centre

wyndhamcity

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All year round!

WYNDHAM CITY'S GREEN LIVING SERIES IS BACK WITH OVER 50 FREE COMMUNITY ENVIRONMENTAL EVENTS

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www.wyndham.vic.gov.au/greenlivingseries or call 1300 023 411

wyndhamcity



Book
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Take a Book
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.....or both

Have you heard about **Penrose Promenade's** book swap shelf. We have a range of children and adult books available.

Feel free to pop in and browse the ever changing selection.

You may find something you'd like to take home with you and read or you may like to take advantage of our warm reception area and enjoy a cuppa while reading.

Looking forward to see you.



Energy Smart Homes Program – Recording Videos

Looking for information on government grants and rebates to support your household or business to reduce energy and save money then check out the Energy Smart Homes program with the latest links and videos, please visit;
www.wyndham.vic.gov.au/energysmarthomes

The workshop recordings are available to watch

To find out more and watch the workshops recordings please visit
www.wyndham.vic.gov.au/energysmarthomes
Or contact sustainability@wyndham.vic.gov.au