

THE BUZZ

Wyndham West

Iramoo Community Centre
Manor Lakes Community Learning Centre
Quantin Binnah Community Centre



wyndhamcity

Wonder Women @ the Quantin Binnah Community Centre....

They have met weekly and made new friends, found support after being isolated, experienced different activities and made some little goodies to take home. Activities have included meditation, baking, cupcake decorating, henna and art and making some delicious smelling bathroom products. This group welcomes new members and we strongly encourage women to join in the fun and friendship. Term 3 may see you make a wind chime, dream catcher, yummy slices and others things the women would like to do.

Like the Quantin Binnah Facebook page and keep an eye on our pop-up events or check out www.qbcc.org.au

We are always keen to introduce new activities, support groups and bring others together so please get in touch if you'd like to deliver or participate in something different something at QB on community@qbcc.org.au or 9742 5040. Please feel free to contact us If you'd like a Community Development Term 3 activity brochure.



Wyndham City Council would like to pay respect and acknowledge the Bunurong and Wadawurrung People as the Traditional Custodians of the land on which Wyndham City Council is located.

Iramoo Community Centre:
Manor Lakes Community Centre:
Quantin Binnah Community Centre:

84 Honour Ave, Wyndham Vale VIC 3024
86 Manor Lakes Blvd, Manor Lakes VIC 3024
61 Thames Boulevard Werribee VIC 3030

Phone: (03) 8742 3688
Phone: (03) 8734 8934
Phone: (03) 9742 5040

WHAT'S ON @ QUANTIN BINNAH COMMUNITY CENTRE



Visit Café QB - Monday and Tuesday 8.00am to 2.00pm and Wednesday 8am to 4.30pm

Wow! Where is the time going? Can you believe we're heading into Term 3?

Over the past few months we have faced many challenges and a lingering hesitancy to participate in group activities and social settings. However kindergarten, childcare, playgroup, before & after school care and vacation care have continued meeting the needs of our children and families. Community Development Team has started a strong partnership with Creating Villages delivering craft and social activities for all ages, stages and abilities and Café QB is back in operation!!!

Our community space which is welcoming, affordable and inclusive is run by volunteers understanding people's needs. The cafe style drop-in environment provides parents and carers a 'normal' environment where children or people with a disability are engaged. Our cafe program provides craft and sensory options for free/ donation to engage people; craft is extremely valuable, it helps to promote mindfulness, creativity, develop motor skills and senses, it helps create bonds between children and their parents creating something together and happy memories. Activities during term 2 have included OOey GOOey messy play, high tea and craft, craft and caffeine, Art Spectrum, Home Schoolers Social Club. These will continue with the addition CraftABILITY and Loose Parts Play in Term 3.

You can also come in for a free breakfast on Monday's and Wednesday's between 8.00am to 9.00am, have your Tarot and Angel Cards read by our resident Clairvoyant, get some support to access websites and do some printing/photocopying and don't forget the delicious food on offer in the café. I can highly recommend the homemade lemon or hedgehog slice or why not try both?

English Conversation Class

Our Conversational English students have joined in weekly to practice their English and develop an informal network. We asked our students to share. We look forward to our students re-joining us in Term 3 and welcoming new students to our renamed Social English class.

What I have learned in Term 2

Speak and write English

Confidence in using English

Completing sentences

What I would like to learn in Term 3

Improved pronunciation

Write more clearly

More vocabulary

Speak English better

What I like about English class

Studying with people from other country

Kind, nice and friendly people

Making questions to match answers

Walking to class

My favourite English words

News Peace Magic
Thanks Fantastic Love

What's on @ IRAMOO COMMUNITY CENTRE

Iramoo Community Centre held a biggest morning tea on the 26th of May to raise funds to support families and community members who are impacted by cancer and to help fund world-class research and life-saving prevention programs. We had lots of raffles and prizes to give away and free henna available on the day.

We would like to thank everyone who supported our Biggest Morning Tea! We raised \$1067.00 which went to the Cancer Council. We also had Nick from Diabetes Victoria attend to discuss "The Life" prevention program which is an online support program which helps you prevent diabetes, heart disease and stroke.

For more information, please visit www.lifeprogram.org.au



Your Heart Matters



Iramoo Community Centre held a Heart Matters session at the Centre on Monday the 20th of June. James Nigro attended the session to highlight the importance of maintaining good heart health. Ambulance Victoria, the Heart Foundation and Monash University started a community outreach project called Heart Matters to ensure residents can recognise the warning signs of a heart attack, and the ways to reduce the risk of suffering heart disease. Offering this Heart Matters talk allowed the community to chat with James, ask questions and get a better understanding on ways to reduce heart disease.

We hope the session provided the community with ways to reduce their chances of heart disease by exercising, eating well, managing their stress levels, and seeking help when needed. We also hope members now know how to recognize if a friend or family member is showing signs of a heart attack and when to call for help. Heart Matters is being delivered in regions of Victoria with the highest risk of heart attack and low levels of heart health knowledge, and ambulance use.

1000 Hearts Project



Iramoo Community Centre received a phone call from Werribee Mercy Palliative Care Unit, to let us know the hearts we dropped off were well received and they would love some more. A huge thank you to our community who has been making these hearts for us 🥰 We are now calling for more Heartists to get behind this kindness project and change the world, one heart at a time! We will supply you with all the materials you need, and you can make them in the comfort of your own home.

Please feel free to contact the Centre on **8742 3688** if you are interested.

Have a look at some of the gorgeous hearts below that will be making their way to the palliative care unit next week along with another 150 hearts.



Manor Lakes P-12 College @ Manor Lakes Community Learning Centre

This year over 130 students with additional learning and support needs enrolled in Manor Lakes P-12 College in the Supported department program. Seventeen of these students are completing their Victorian Certificate of Applied Learning (VCAL) over Year 11 and Year 12. These students are a committed and hard-working group who undertake a range of vocational and community programs as part of their VCAL studies.

At Manor Lakes Community Learning Centre, the Supported VCAL students, led by Robert Reid, Clinton Dodds, Jodie O'Brien and Kristy Clarke bake muffins, banana bread and scones in the Centre's Cafe and serve up tea and coffee on Monday Mornings for the school and local community.

With the intention of expanding their range of products on offer, the students have engaged well in the program and are prepared to further develop their skills, knowledge and employability through a range of training opportunities.

These students are an inspiring reminder to all that disability and learning barriers need not restrict community participation and employment ambitions for young people.

Please come along to Manor Lakes Community Learning Centre on Monday mornings for a coffee and tasty snack and support our amazing students!

We would love to see you and serve you!!!

Open on Monday morning!



MANOR LAKES KINDER

Family and Friends Yarning Club



At Manor Lakes Kindergarten we have created a Family & Friends Yarning Club. This Club was formed to support the connection and collaboration between educators and families, creating respectful partnerships with open and honest communication, establishing a strong vision for our entire kindergarten community.

The Family & Friends Yarning Club is a space in which we will share current topics that the kindergarten is embarking on and seek family insight and feedback. This week the teaching teams set up outside the kindergarten in the Community Centre Foyer to chat with families about the Kindergarten Philosophy, which has recently been reviewed and consequently updated. Families were offered an opportunity to have a chat with a coffee and a biscuit and share their thoughts with the team

Our Philosophy upholds that equity, inclusion and diversity are embedded into everyday practice. Children are supported to succeed, and their diverse circumstances, cultural backgrounds and abilities are respected and valued. We acknowledge and celebrate the Kulin Nation People's and the myriad of cultures that shape the identity of who we are today. We are dedicated to reconciliation and pledge to recognise and value Aboriginal and Torres Strait Islander Peoples as the land's traditional custodians.

WYNDHAM WOMEN'S SUPPORT GROUP

NEW!



Our Motto is to Support, Build and Empower

The Wyndham Women's Support Group was established in 2014 to give local Diverse women a "Safe Space" to meet, build friendships and connections. This was a way to reduce isolation especially for migrant women. Over the years, we have supported many women to build confidence and feel empowered. We operate as a group of sisters and hence we foster care and concern for all the women in the group. Our activities are varied. And we accept women of all faiths. Last year after receiving a Recovery and Reconnection Grant from Wyndham City Council, we were able to start up some projects. These projects helped to engage the women especially after Covid19. Sewing, cooking, gardening are some of our projects. We also have been producing an annual Journal called the Windmill Journal, this covers stories from local women. Through a program called "Kitchen Connection", we are about to launch our very own Cookbook with Diverse Recipes. This is due to be launched in July of this year.

We like being a part of local markets too and promote the women's various creation's and work. Our next venture is promoting our group of women who love cooking to start up a community lunch in Manor Lakes Community centre on a Tuesday. We hope to start this in the month of July this year. Our group is constantly looking to provide opportunities for our women.

WHEN: Every Tuesday
WHERE: Manor Lakes Community Learning Centre, 86 Manor Lakes Blvd, Manor Lakes 3024
TIME: 10am - 12pm
CONTACT: 0423 051 686
EMAIL: wyndwomens.sg18@gmail.com

ART CLASS FOR ADULTS

NEW!



The Coffees Table is so proud to present Art classes with Irene where you get to just bring out your artistic self, some hidden talent you didn't know that was a here. This is the first of 3 class and already going wonderful, with great response from the community. Irene is passionate about art. Irene thoroughly enjoyed teaching the participants.

To make a booking/for more information please contact Irene directly

WHEN: Thursdays
WHERE: Manor Lakes Community Learning Centre
TIME: 6:30pm - 8:30pm
COST: \$10 per class
CONTACT: Ena 0468 365 217
EMAIL: thecoffeetable2022@gmail.com

**Bookings
Essential!**



KIDS SEWING CLASS

NEW!

This 8 week program is ideal for kids between 8-14years of age who would like to learn to sew and stitch / or who already have an established desire for sewing, design, arts and crafts.

Please note that spots are limited and are available on first come first serve basis only. To make a booking or for more information please contact the centre on the number provided.

WHEN: Mondays starting 11 July - 29 August
WHERE: Manor Lakes Community Learning Centre
TIME: 5:30pm - 6:30pm
COST: \$80 for 8 weeks (*cost of the materials included*)
CONTACT: Farsana
PHONE: 0406 027 372

**Bookings
Essential!**



**8 - 14
years**



BASIC FIRST AID TRAINING

FREE TRAINING

LEARN THE IMPORTANCE OF KNOWING
THE BASICS OF FIRST AID

Monday 11th July 10am - 12pm
Lunch Included, Bookings Essential.

Presented by
Accredited First Aid
Training



Iramoo Community Centre
84 Honour Ave Wyndham Vale 3024
8742 3688

SKIN AWARENESS TALK

Join us for a skin awareness talk.
There will be time to ask questions
and resources available!

July 25th 10.30am-11.30am

Lunch provided

FREE

UV SAFETY TALK

UV safety presentation
that covers the basics of
UV as well as skin cancer
prevention (Slip, stop,
slap, seek & slide)

Early Detection

Early detection - what
to look for on your skin.

Know your skin

Regularly check
your skin for any
changes or
anything unusual.
See a doctor if
needed.

To book in please call the Centre on 8742 3688

Iramoo Community Centre,
84 Honour Ave
Wyndham Vale 3024



Martial Fitness Australia

Self Defence Workshop

4 Week Course 10.30am - 11.30am

Dates: Thursdays 4th, 11th, 18th & 25th of August

Join Martial Fitness Australia as they provide
FREE self defence classes in a friendly and
supportive environment. Learn very important
skills, including avoidance, de-escalation and
escape from potentially dangerous situations.

Exercising in the company of others actually
has significant physical and mental well-being
outcomes as well as building confidence that
leads to increasing social interaction and
reducing loneliness.

Proudly funded by the Department of Health.

Iramoo Community Centre,
84 Honour Ave Wyndham Vale 3024 Ph: 8742 3688



Light
lunch
included



CODING
BOOTCAMP



TECH BOOTCAMP

CODING FOR KIDS



AGE 8-16 |

- EVERY SATURDAY 10:30 AM TO 12 NOON
AT MANOR LAKES COMMUNITY CENTRE

FREE TRIAL



INFO@CODINGBOOTCAMP.COM.AU

Book Today 0481 832 443



WYNDHAM Learning FESTIVAL 1-7 SEPTEMBER

To register, please contact the number provided below.

Location: Manor Lakes Community Learning Centre

Email: manorlakesclc@wyndham.vic.gov.au

All programs
are FREE

Bookings
Essential!



Sahaja Yoga

Meditation and Music Workshop which will help you to discover the joy within. The Workshop is suitable for beginners and regular meditators. Simple and effective guided meditation with a practical session.

Age group: Adults
Date: Saturday 3 September
Time: 9am to 2:30pm
Contact: Annie
Phone: 0423 110 875



Art class with Irene - Kids and Adults

Come create, Inspire, Relax & Enjoy and join the art for kids and adults art class. Limited spots available. Register now!

Age group: 6 - 12 years
Date: Monday 5 September
Time: 4pm - 6pm

Age group: Adults
Date: Wednesday 7 September
Time: 4pm - 6pm
Contact: Irene
Phone: 0423 110 875



Cakes by Design - Kids and Adults

Come and join the workshop and learn to decorate cup cakes using fondant and buttercream.

Age group: 6 - 12 years
Date: Wednesday 7 September
Time: 6pm—7pm

Age group: Adults
Date: Wednesday 7 September
Time: 7pm—9pm
Contact: Manor Lakes Community Learning Centre
Phone: 8734 8934



Be Connected

Do you need help with technology? Come down to the Manor Lakes Community Learning Centre get answers to your questions with technology.

Age group: Adults and Seniors
Date: Thursday 1 September
Time: 12pm - 2pm
Contact: Manor Lakes Community Learning Centre
Phone: 8734 8934



Ceramics with Melissa

Come and join us in an exciting new class that explores the various skills and techniques involved in ceramics. **Children must be accompanied by an adult.**

Age group: All ages
Date: Thursday 1 September
Time: 9:30am—11:30am
Contact: Manor Lakes Community Learning Centre
Phone: 8734 8934



Youth Cooking Program

Are you aged 12-17 years and live, study or recreate in Wyndham? Do you have an interest in cooking? Register now for Youth Cooking Program. Limited spots!

Age group: 12 - 17 years
Date: Monday 5 September
Time: 3:30pm - 5:30pm
Contact: Briar - Youth Services
Phone: 0476 024 694
Email: briar.mikus@wyndham.vic.gov.au

STEM workshop for Seniors

Learning STEM for mature aged people. Can you use a computer, understand basic commands & want to control lights & motors .

Age group: Seniors
Date: Thursday 1 September
Time: 11am – 1:30pm
Contact: Manor Lakes Community Learning Centre
Phone: 8734 8934

Coding Camp by Techkangaroos

Coding camp offer various programming and robotics workshops for kids.

Age group: 8 - 16 years
Date: Saturday 3 September
Time: 10:30am - 1pm
Contact: Ashwin
Phone: 0472 580 265

VARIOUS LOCATIONS	VENUE, DAY & TIME	COST	CONTACT INFORMATION
Maternal & Child Health Appointments Professional nursing support & advice for parents with children from birth to school age.	By Appointment Only	No cost	Contact: Maternal & Child Health ☎ 1300 370 567 📧 www.wyndham.vic.gov.au select Maternal & Child Health Services
Immunisations The Wyndham City Immunisation Unit provides free public vaccinations against a range of childhood and adult diseases.	By Appointment Only		Contact: Wyndham Immunisation Team ☎ 9742 0736 📧 %20Immunisations">www.wyndham.vic.gov.au select Children's Services > Immunisations
First Time Parents Group Meet friendly local families to talk about your kids and have fun! Come along to share experiences, find advice, give support and make new friends.	Weekly sessions		Contact: Maternal & Child Health ☎ 1300 370 567 📧 www.wyndham.vic.gov.au select Maternal & Child Health Services
Supported Playgroup A playgroup that aims to meet the needs of vulnerable families in our community. MCH referral required	Weekly sessions		Contact: Maternal & Child Health ☎ 1300 370 567 📧 www.wyndham.vic.gov.au select Maternal & Child Health Services
Wyndham City Council - Kindergarten 3 & 4 Year Old Kindergarten Services. Enrol your child online.	Weekly sessions	Fees Apply	Kindergarten Enrolment Officer ☎ 1300 370 567 📧 %20Kindergarten">www.wyndham.vic.gov.au select Children's Services > Kindergarten

Early Years Programs & Activities

IRAMOO	DAY & TIME	COST	CONTACT INFORMATION
Playgroup Playgroups are a great way for your child to interact with other children in a fun and safe environment.	Mondays 9am -11am & 11.30am-1.30pm Tuesdays 9am-11am	\$50 per family per term Bookings required	Contact: Iramoo Community Centre ☎ 8742 3688 ✉ admin@iramoooc.com.au Follow us on Facebook!
VICSEG Burmese Communities Playgroup VICSEG Burmese Communities Mums and Bubs Playgroup	Wednesdays 10.30am - 1.30pm	Contact Karen at VICSEG	Contact: Karen ☎ 8754 0512
MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
VicSeg Playgroup - New Futures This group is for South Sudanese mothers and children with the opportunity to talk & support one another in the local community.	Wednesday 12pm-3pm	No Cost	Contact: VicSeg ☎ 8754 0500 ✉ kdiacono@vicsegnewfutures.org.au
Tweddle-My Time Peer Support group for families who have children with a disability.	Tuesday 9:30am-12.30pm During school terms	No Cost	Contact: Tweedle ☎ 9689 1577
Wyndham Harmony Playgroup	Fridays 9:30am—11:30am	\$60 per term	Contact: Rati ✉ mlharmonyplaygroup@gmail.com
Evening Star Wars Story Time Celebrate everything Star Wars with us! Dress up and come to a Star Wars themed Story Time! Ages 3–8 years	Wednesday 4 May 5.30–6pm	No Cost	Contact: Werribee Library ☎ 8734 8999


FOR FAMILIES & BABIES UNDER 18 MONTHS

Manor Lakes Community Learning Centre
Tuesdays 9:30pm


For more information contact
Children & Family Resource Unit on
8734 5478 or at playgroup@wyndham.vic.gov.au




Early Years Programs & Activities

MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Rhyme Time These 30-minute sessions include stories, songs and rhymes designed to develop early language, literacy and numeracy skills. During school terms Ages 1–5years <i>Note: Songs & Stories has been renamed to Rhyme Time</i>	Werribee Library Mondays & Thursdays 10:30am Manor Lakes Library Mondays 1:30pm Thursdays 10:30am	No Cost	Contact: Werribee Library ☎ 8734 8999 Contact: Manor Lakes Library ☎ 8734 8999 To book please go the below link https://www.wyndham.vic.gov.au/services/libraries/early-years/early-years-events-and-activities Bookings: Tickets will be available on the day, 15 minutes prior to the start of the session, and will be offered on a strict first-come, first-served basis. See staff on the day for ticketing information.
Baby Time Sing, move, and bond with your baby as we share some of our favourite songs and reading tips. During school terms Ages 0 - 12 months	Werribee Library Tuesdays 10am-11am Manor Lakes Library Tuesdays & Wednesdays 10:30am		
Story Time These 45-minute sessions include stories, songs and rhymes, and a simple craft activity designed to develop early language, literacy and numeracy skills. During school terms Ages 3+	Manor Lakes Library Fridays 10:30am		
Bilingual Karen and English Story Time Join us for 45 minutes of stories, songs and rhymes, and craft in Karen and English. Meet bilingual families, learn words in another language and help your child develop important language skills. Ages Children of all ages	Manor Lakes Library 1 st Monday of each month at 10.30am		
Rhyme Time and Pop-Up Library Join us for Rhyme Time and a special Pop-Up Library every week in Term 3. Ages 1–4	Iramoo Community Centre Thursdays 1:30pm Little River Mechanics Institute Hall Last Monday of the month 1:30pm		
Quantin Binnah	DAY & TIME	COST	CONTACT INFORMATION
Childcare QB At 61 Thames Boulevard Werribee 3030 Woodville Childcare 82 Woodville Park Drive Hoppers Crossing 3029 Our childcare provides a secure and happy environment where children can develop their intellectual, social, emotional, physical and aesthetic skills to become competent and confident individuals. Our aim is for you as the parents & guardians to feel safe in the knowledge that your child is receiving the best possible care. www.qbcc.org.au/childcare	Monday-Friday Centre Opens at 6.30am -Centre Closes 6.00pm Monday-Friday Centre Opens at 6.55am -Centre Closes at 6.25pm	Fees: 1-4 days \$108 daily. Fulltime (5 days) \$105 daily. Plus a one off \$30 enrolment fee. Childcare Subsidy applies - 13 61 50 www.childcaresubsidycalculator.com.au	Contact: Quantin Binnah Community Centre ☎ 9742 5040 ✉ admin@qbcc.org.au 🌐 www.qbcc.org.au 

Early Years Programs & Activities

Quantin Binnah	DAY & TIME	COST	CONTACT INFORMATION
QB Childcare 61 Thames Boulevard Werribee 3030 Woodville Childcare 82 Woodville Park Drive Hoppers Crossing 3029 Our childcare provides a secure and happy environment where children can develop their intellectual, social, emotional, physical and aesthetic skills to become competent and confident individuals. Our aim is for you as the parents & guardians to feel safe in the knowledge that your child is receiving the best possible care. www.qbcc.org.au/childcare	Monday-Friday Centre Opens at 6.30am -Centre Closes 6.00pm Monday-Friday Centre Opens at 6.55am -Centre Closes at 6.25pm	1-4 days \$108 daily. Fulltime (5 days) \$105 daily. Plus a one off \$30 enrolment fee. Childcare Subsidy applies - 13 61 50 www.childcaresubsidycalculator.com.au	Contact: Quantin Binnah Community Centre ☎ 9742 5040 ✉ admin@qbcc.org.au 🌐 www.qbcc.org.au Quantin Binnah Kindergarten applications are processed through the Wyndham City Council. To enrol in one of our Kindergarten groups please see the following link on the Wyndham City Council Website: www.wyndham.vic.gov.au/services/childrens-services/kindergarten/2022-kindergarten-registrations 
3 Yr Old Kindergarten QB 61 Thames Boulevard Werribee 3030 Woodville 82 Woodville Park Drive Hoppers Crossing 3029 Our 3-year-old Kinder program offers a variety of play experiences based on the children's interests. The program that we offer is an introduction to four-year-old kindergarten. Our program is a play-based program and evolves for the children's individual and group interests as well as intentional teaching activities. www.qbcc.org.au/3yr-old-kindergarten	Bandicoot Tuesday 9.15am - 2.15pm Dugong Wednesday 9.15am - 2.15pm Dingo Tuesday 9.30am - 2.30pm	\$160 per Term \$0 for concession card holders	
4Yr Old Kindergarten QB 61 Thames Boulevard Werribee 3030 Woodville 82 Woodville Park Drive Hoppers Crossing 3029 Quantin Binnah Kindergarten educators, staff and Board work in partnership to provide our kindergarten with early childhood programs which engage children in quality learning experiences, in a community and centre based environment. www.qbcc.org.au/4-yr-old-kindergarten	Indigo Group Wednesday & Friday 9am - 4.30pm Green Group Monday & Thursday 8.45am - 4.15pm Navy Group Tuesday & Thursday 9am - 4.30pm Orange Group Monday & Wednesday 8.30am - 4pm Yellow Group Monday, Wednesday & Friday 8.30am - 1.30pm	\$480 per Term – \$0 for concession card holders	

Early Years Programs & Activities

Quantin Binnah	DAY & TIME	COST	CONTACT INFORMATION
Playgroup QB 61 Thames Boulevard Werribee 3030 Our Playgroup is supported by a trained educator and all activities are planned to provide a supported experience. Our facilitator also encourages parents to build strong connections by building capacity in the group and by ensuring the group is parent led. www.qbcc.org.au/playgroup	Thursday 10am - 12pm	\$65 per term Plus a one off enrolment fee of \$30	Contact: Quantin Binnah Community Centre ☎ 9742 5040 ✉ admin@qbcc.org.au 🌐 www.qbcc.org.au 
School Age Care Quantin Binnah has programs at 4 Wyndham locations offering: <ul style="list-style-type: none"> • Before School Care • After School Care • Curriculum Day Care (dependant on numbers) • Vacation Care* (school holiday program offered at 2 locations) Wyndham Locations: Westgrove PS and Bethany PS (Westgrove & Bethany program held at Quantin Binnah*), Our Lady of the Southern Cross PS, Corpus Christi PS*, St John the Apostle PS. www.qbcc.org.au/school-aged-care-1 www.qbcc.org.au/vacation-care-1	Before School Care opens at 6.30am. After School care closes at 6.00pm at QB, & Corpus Christi. After School care closes at 6.30pm at Our Lady of the Southern Cross & St John the Apostle. Vacation Care program QB 6.30am to 6.00pm; Corpus Christi 6.30am to 6.30pm.	Fees apply	



THE COFFEE TABLE

Wednesday Thursday Friday
9am - 2pm

The Café at the Manor Lakes Community Learning Centre is open for breakfast and lunch on the above days and times. Come down to the centre with your family and friends and enjoy and meal together.

Each meal cost \$5.00.

For more information please follow on Facebook

The Coffee Table Manor Lakes 



YOUTH SERVICES - The Huddle program



Youth Services have been working in collaboration with The Huddle through the North Melbourne Football Club. The Huddle Up program offer free sports activities on Tuesdays after school at Manor Lakes College, Thursdays at Point Cook and Fridays nights at Eagle Stadium for volleyball.

Young people are able to sign up and be involved in a range of fun and active sports activities free of charge! Youth Services attended the Sports Day event at The Huddle with River Nile Learning Centre, a school which provides support and education to young females from

refugee and asylum seeker backgrounds. The participants engaged in a range of different sports and learnt new skills in basketball, soccer and football hosted by AFLW Captain, Emma Kearney. A great way for the girls to have fun, be active and show off their sports skills! For more information on The Huddle Up program or any other youth-friendly program, please check out the website:

<https://www.nmfc.com.au/huddle/programs>

FREE COUNSELLING

Youth and Family

A **FREE** counselling service for young people aged **12–25 years** who live, study, work and recreate in Wyndham. Youth focussed and family centred support is also available to parents and carers.

WE OFFER:

- Up to 2 free sessions
- Connect you to local specialist and psychologists



Middle Years and Family

A **FREE** counselling service for children aged **8–11 years** and their parents or carers who are seeking primary and early intervention counselling.

WE OFFER:

- Up to 2 free individual counselling sessions
- Up to 2 free family group counselling sessions
- Connect you to specialist, including bulk billing (**FREE**) Psychologists



Visit our website or call 8734 1355 for more information
www.wyndham.vic.gov.au/youthandfamilycounsellingsupport

wyndhamcity
Youth
ServiceS

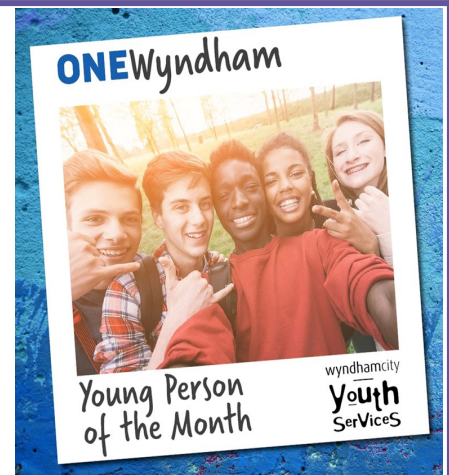
Young person of the month....

Wyndham City Youth Services is committed to supporting and promoting the ingenuity and accomplishments of young people across the municipality. Therefore, each month Council will select a Wyndham resident aged between 12 – 25 to be awarded the '**Young Person of the Month**'.

The award aims to build the profile of young people who are positively contributing to the Wyndham community and thank them for their dedication. The selected monthly candidate will be a positive role model to other young people in the community who may have similar aspirations and goals. We know that there are a lot of young people within our community doing amazing things and we would love for them to be supported and thanked for their amazing contributions at such a young age.

We encourage you to support a young person in nominating themselves for this award or you can nominate a young person on their behalf through the One Wyndham website:

<https://www.wyndham.vic.gov.au/services/youth-services/awards-competitions/one-wyndham>



Manor Lakes - Drop In program on Wednesday

Every Wednesday during the school term from **3.30pm – 5:30 pm**, come hang out at the **Youth Space @ Manor Lakes Community Learning Centre**. Eat snacks, play board games and card games, table tennis, battle it out on our gaming consoles or just hang out and chat. We sometimes do cooking and art activities so if you have an idea for something fun that we can do, let us know!

Every week is different and can be whatever the group wants it to be – join us on Wednesday! For young people aged 12-17 years.

Register below to join in on the fun.

Each young person needs to complete a registration form. Please follow this link to register your interest: <https://youthwyndham.com/pgm-reg>

Contact: Briar at Youth Services
Phone: 0476 024 694
Email: YouthInWyndham@wyndham.vic.gov.au



wyndhamcity | **Youth**
ServiceS

Customer service at the Manor Lakes Community Learning Centre

YOUR COUNCIL CLOSE TO HOME

Did you know a range of council enquiries and transactions are available. You can now make:

- Council payments
- Kinder enquiries
- Pet registrations
- Rates enquiries and payments

9am—5pm from Monday to Friday at the Manor Lakes Community Learning Centre

**Please note—No cash payments are accepted*



Are you interested in joining a chess club?

The Manor Lakes Community Learning Centre is starting a chess club. If you know how to play chess and you can join the chess club and sharpen your skills in a friendly environment.

If you like are interested in joining, please contact the centre to register your details.

Ages: Adults only

Contact: Manor Lakes Community Learning Centre
Address: 86 Manor Lakes Blvd, Manor Lakes
Phone: 8734 8934
Email: manorlakesclc@wyndham.vic.gov.au

Thursdays
11am—1pm



Education & Training for Kids & Adults

IRAMOO	DAY & TIME	COST	CONTACT INFORMATION
Basic First Aid Training Contact the centre to make bookings <i>Light lunch provided</i>	Monday 11 th July 10am-12pm	Free	Contact: Iramoo Community Centre ☎ 8742 3688 ✉ admin@iramoooc.com.au Follow us on Facebook!
Skin Awareness Talk Contact the centre to make bookings <i>Light lunch provided</i>	Monday 25 th July 10.30am – 11.30am	Free	Contact: Iramoo Community Centre ☎ 8742 3688 ✉ admin@iramoooc.com.au Follow us on Facebook!
MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Ceramics Classes Ceramic classes for adults	Monday 6:45pm—8:45pm Saturday 9:30am-11.30am	Fees Apply	Contact: Melissa Murphy Vella ✉ Melissa.ceramics@outlook.com
Kids Sewing Class NEW! This 8 week program is ideal for kids between 8 -14 years of age who would like to learn to sew and stitch / or who already have an established desire for sewing, design, arts and crafts. Ages: 8 - 14 years Bookings essential	Monday 5:30pm—6:30pm	\$80 for 8 weeks	Contact: Manor Lakes Community Learning Centre ☎ 8734 8934 ✉ manorlakesclc@wyndham.vic.gov.au
Art classes with Irene NEW! These classes are done over 3 sessions each. In the last class you transfer your drawing on to a canvas. We look forward to all the creativity that will be happening. Bookings essential	Thursdays 6:30pm - 8:30pm	\$10 per class	Contact: Ena ☎ 0468 365 217 ✉ thecoffeetable2022@gmail.com

Education & Training for Kids & Adults

MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Family History Groups Join us as we discuss our latest research finds, useful resources, brick walls, up coming events and get advice from this knowledgeable group. Bookings required	2 nd Tuesday of the Month 1—3pm	Free	Manor Lakes Library ☎ 8734 8999 https://www.eventbrite.com.au/d/australia-werribee/wclfamhistorygroup/
Writing Group—Online Come along to Wyndham City Libraries free weekly writing groups for adult writers of all levels of experience. Get your creative juices flowing with exercises designed to inspire and develop your writing skills in a fun and friendly environment. Bookings required	2nd & 4th Tuesday of the month 7.30pm – 8.30pm		Online ☎ 8734 8999 Bookings: www.wyndham.vic.gov.au/adult-events-and-activities
Writing Workshop - Create stories with impact Join award winning writer and creative writing teacher, Dr Sherryl Clark to go deeper into who your characters really are; why they are in your story, what's driving them, what's their backstory and why you are compelled to write about them. Learn about the vital connections between character and plot. Bookings required	Saturday 9 July 10am – 12pm		Online ☎ 8734 8999 Bookings: www.wyndham.vic.gov.au/whats-on/writing-workshop-create-characters
Using DNA to find Biological Parents Join us hear how Diane Cuff, a skilled expert in DNA matching, uses DNA results to find biological parents and other relatives for adoptees. Bookings required	Tuesday 2 August 10 –11am		Online (03) 8734 8999 Bookings: www.wyndham.vic.gov.au/family-local-history
English Conversation Café At English Conversation Café you can practise your English skills, meet new people, and learn from others. This is a great way for you to connect with the community and maybe even make new friends.	Werribee Library Fridays 11am–12pm Manor Lakes Library Fridays 1–2pm		Werribee Library ☎ 8734 8999 Manor Lakes Library ☎ 8734 8930 For more information and bookings: www.wyndham.vic.gov.au/adult-events-and-activities
BeConnected eSafety Session: All you need to know about data and public Wi-Fi Whether you're using the internet at home or on your mobile, everything you do online uses data. Join us to learn how to stay safer online & save money.	Tuesday 6 September 11.30am–12.30pm		Werribee Library (03) 8734 8999 For more information and bookings: www.wyndham.vic.gov.au/adult-events-and-activities
System@ Tech Solutions Offers unique skill development courses for children aged between 4-16 years, that can help improve child's learning ability, memory, calculation speed and cognitive skills.	Tuesday 5pm -6.30pm	Fees Apply	Contact: Keerti Hosur ☎ 0413 949 831 ✉ hello@systemtech.edu.com .
Lynn's Learning Offers tutoring and homework assistance	Saturday 1pm—5pm	Fees Apply	Contact: Rohit Kapoor ☎ 0421 486 252 ✉ rkapoor_2002sa@yahoo.com
Junubi Wyndham Homework Club Homework club for South Sudanese Community	Thursday 3pm—5.30pm	Free	Contact: Poly Kiyaga ☎ 0434 178 753 ✉ poly.kiyaga@wyndhamceec.org.au
Cakes by Design Learn the basics of cake decorating	Tuesday & Wednesday 7pm—9pm	Fees Apply	Contact: Rhiannon Smith ☎ 0490 056 250 ✉ cakesbydesignnmore@yahoo.com.au
Coding Camp by Techkangaroos Coding camp offer various programming and robotics workshops for kids.	Saturday 11am—1pm	Fees Apply	Contact: Ashwin ☎ 0472 580 265 ✉ info@codingcamp.com.au

Education & Training for Kids & Adults

Quantin Binnah	DAY & TIME	COST	CONTACT INFORMATION
Social English Practice your social English skills with others in a supportive environment. No structured classes, no need to attend every week	Wednesday's 9.30am to 11.30am	Gold Coin Donation appreciated	Contact: Quantin Binnah Community Centre 📞 9742 5040 ✉ admin@qbcc.org.au 🌐 www.qbcc.org.au
Life! Program Healthy Living information session covering topics such as what is diabetes, heart disease and stroke; healthy eating and weight control; physical activity; reducing stress in daily life. Bookings essential for catering purposes	Wednesday 17 August 11.00am	Free	
Heart Matters Your Heart Matters, would you know what to do? Recognise the warning signs of a heart attack; know what to do; and reduce your risk of having a heart attack. Bookings essential for catering purposes	Monday 8 August 11.30am	Free	
One Step Forward Adult Learners Week activity Join us to learn how to ease back into exercise after a big break, if you're new to exercise or if you've had weight loss surgery and would like to help boost your efforts. Bookings Essential	Monday 5 September 1.00pm	\$5 per person	
Basic Car Care Adult Learners Week activity An interactive workshop with a fully qualified mechanic. Learn how to check your oil, water, coolant, windscreen washer fluid and tyre pressure, change a tyre and replace a windscreen wiper. Bookings Essential	Tuesday 6 September 10.30am	\$5 per person	
Flower Arranging for Beginners Adult Learners Week activity Make time to stop and smell the roses. Make your own small floral arrangement in a workshop lead by an experienced florist. Bookings Essential	Thursday 8 September 11.30am	\$5 per person	Contact: Bianca at Creating Villages ✉ creatingvillages@gmail.com
Home Schooler Social Club Meet other home-schooled students. Socialise and learn through self-directed play and interaction.	Tuesday's 12pm - 2pm in Café QB	BYO Board Games	

WYNDHAM LEARNING FESTIVAL 2022

Save the date!

2022 Wyndham Learning Festival will run Thursday 1 September to Wednesday 7 September.

With the theme **"Building a Resilient, Sustainable Wyndham"** the Wyndham Learning Festival aims to celebrate and encourage lifelong learning.

The Festival is a whole community event that provides opportunities for FREE learning activities across the City of Wyndham.

Want to run an event at the Festival? Register [here](#)

For more Festival details: <https://www.wynlearnfestival.org.au/>



Education & Training for Kids & Adults

Quantin Binnah	DAY & TIME	COST	CONTACT INFORMATION
CAPACITY BUILDING @ CAFÉ QB Would you like to learn new skills, gain experience in a café and meet new people? Do you have Core supports in your NDIS plan? Participants are required to be self or plan managed	Monday, Tuesday or Wednesday for 2-hour blocks	Supports provided at NDIS unit costs.	Contact: Quantin Binnah Community Centre ☎ 9742 5040 ✉ admin@qbcc.org.au 🌐 www.qbcc.org.au or Bianca at Creating Villages creatingvillages@gmail.com
STEMician STEM specialized short courses for Primary School children. Each week participate in an engaging and integrative STEM learning opportunity, <i>such as</i> Robotics, Coding, 3D printing, Sustainability, STEM Math, STEM economics, STEM Mechanics & Photography.	Saturday's during term 3, 10.00am to 12 noon	\$30 per 2-hour session. \$10 special price for first 10 students enrolled for first 4 weeks! (*student can enrol for all sessions on all topics, but will get discounted price for any 1 session)	For more information contact info@stemician.com.au To register visit our website www.stemician.com.au Please visit STEMician Facebook page and subscribe for upcoming schedule information.
genU Training Digital Literacy If you've ever wanted to nail your digital literacy, here's your chance. Intermediate Computer Skills for Work Take your computer skills to the next level. Other courses include Ready – Set – Work and I Have Confidence in Me Eligibility criteria may apply	Various dates Duration 2 days per week over 2 weeks	Free	Contact: genU ☎ 1300 582 687 ✉ genutrainingenquiries@genu.org.au 🌐 www.genutraining.org.au

Recreation & Leisure for Kids & Adults

IRAM00	DAY & TIME	COST	CONTACT INFORMATION
Chair Yoga and Meditation Gentle form of yoga that can be done sitting.	Monday Evenings 7.30pm-8.30pm	Contact Catherine	Contact: Catherine ☎ 0416 009 024 FB: Yoga Moves West
Yoga Come join us to move, stretch, work, sweat, breathe and be still.	Wednesday 7.30-8.30pm & Saturdays 10.30-11.30am	Contact Catherine	Contact: Catherine ☎ 0416 009 024 FB: Yoga Moves West
Keep Fit with Karate Children and adult classes	Monday & Wednesday 5-6pm & 6pm-7pm	Contact Tyrone	Contact: Tyrone ☎ 0402 593 393
Rhapsody School of Ballet Children and adult classes	Tuesday 4pm-8pm Friday 4pm-8pm	Contact Cristelle	Contact: Cristelle ☎ 0433 872 263 ✉ rhapsodyschoolofballet@gmail.com

Recreation & Leisure for Kids & Adults

IRAMOO	DAY & TIME	COST	CONTACT INFORMATION
Zumba An interval workout. The classes move between high- and low-intensity dance moves designed to get your heart rate up and boost cardio endurance.	Mondays 7.30pm - 8.30pm Tuesdays 8pm – 9pm	Contact Angela	Contact: Angela ☎ 0431 577 679 📧 http://angelashegog.zumba.com
Artizzons Art Classes Classes focus on developing children's artistic skills and creativity. They will discover a variety of art materials through application and experimentation. For children from 6 years.	Saturday morning	Contact Cathy	Contact: Cathy Mackay @artizzons ☎ 0413 527 102
Artizzons Art Classes - NEW Adult Art classes	Tuesday Night's starting Term 2 6pm – 8pm		
Ballroom Dancing Classes Includes: Waltz, Tango, Foxtrot, Quickstep, Cha-Cha, Rumba, Jive, Australian New Vogue and Sequence Dances.	Thursday Evening Beginners 7pm – 8pm Advanced 8pm – 9pm	\$5 per session	Contact: Iramoo Community Centre ☎ 8742 3688 ✉ admin@iramoooc.com.au Follow us on Facebook!
Fitness Fun Join Angi for a fitness Fun Class	Mondays 1pm – 1.45pm	\$5	
Self Defence Workshop 4 week workshop & light lunch provided	Thursday August 2, 9, 16 & 23 10.30am-11.30am	Free	
Seniors Craft Activity With Amber from Werribee Bunnings	1 st Monday of the month 10.30am	Free	
MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
DK Alayam School of Music & Dance	Monday , Thursday & Friday 6pm- 7pm Tuesday 5:30-7:30pm	Fees apply	Contact : Krithika ☎ 0424 517 021 ✉ krithikad.1989@gmail.com
Wyndham Patchworkers It's time to sew and chat, make friends, learn, swap ideas and indulge your passion for quilting and patchwork.	2nd & 4th Saturday of the month 9.30am—4pm	Fees apply	Contact: Monica Parnis ☎ 0417 058 590 ✉ wyndhampatchworkersinc@hotmail.com
Zumba with Angela	Thursday 7.30pm - 8.30pm	Fees apply	Contact: Angela Joyce ☎ 0431 577 679
Kala Yoga Academy - First class free Kids Yoga for Beginners to Intermediate Age: 7—12 years Adult Yoga for Beginners	Tuesdays 4pm - 5pm Saturdays 9:30am - 10:30am	Fees apply	✉ bookings@kalayogaacademy.com
Sahaja Yoga - Online Mental and physical health and fitness for the community via meditation sessions.	Fridays 7pm – 8pm	Free	Contact: Annie Sarani ☎ 0423 110 875 ✉ Annie.sarani@gmail.com
Game On Like gaming? Drop in after school and show off your skills on Nintendo Switch and PS4. Beginner to advanced players welcome. During school terms No bookings required Ages 12-19	Manor Lakes Library 1st and 3rd Thursday of the month 3pm –4pm Werribee Library 1st Monday of the month 3.30pm–5pm		Manor Lakes Library (03) 8734 8999 Werribee Library (03) 8734 8999

Recreation & Leisure for Kids & Adults

MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
YA Book to Movie Club Come along to our just for teens Book to Movie Club. See all your favourite YA titles on the big screen and discover movies that you never knew began their lives as books. All movies are G/PG rated. <i>During school terms</i> No bookings required Ages 12+	2nd Friday of the month 3pm		Manor Lakes Library (03) 8734 8999
Smarts & Craft Ages 9–13 Have fun, make something cool and learn something new with a unique, creative project at every session. <i>During school terms</i> Bookings required.	2 nd and 4 th Monday of the month 4–5pm		Werribee Library (03) 8734 8999 Bookings: https://www.wyndham.vic.gov.au/services/libraries/kids/all-kids-events-and-activities/smarts-craft
Craft and Conversation Are you a craft lover? Join our monthly program to create a new craft each session. Materials are free, conversation is included, and you can take home your finished project. Bookings required Ages 18+	4 th Tuesday of the month 1pm–3pm	FREE	Werribee Library (03) 8734 8999 Bookings: www.wyndham.vic.gov.au/adult-events-and-activities
NAIDOC Week: Larissa Behrendt in conversation Larissa Behrendt invites us to gain fresh perspectives and deeper understanding of the impact of colonisation, the issues that impact today and the beauty, wisdom and power of the Indigenous culture and heritage. Bookings required	Thursday 7 July 7.30pm–8.30pm	FREE	Online (03) 8734 8999 Bookings: www.wyndham.vic.gov.au/whats-on/naidoc-week-larissa-behrendt-conversation
Virtual Book Club Join us online to chat about a selected title (just like a traditional book club). Each title is announced in advance, giving you plenty of time to read it! Bookings required	3 rd Thursday of the month, 7.30pm–8.30pm	Free	Online (03) 8734 8999 Bookings: www.wyndham.vic.gov.au/adult-events-and-activities
Nrithyopsana Indian classical dance	Fridays 5.30pm - 6.30pm	Fees apply	Contact: Lalitha Narayanan ☎ 0429 313 826 ✉ nrithyolalitha@gmail.com
Book Week 2022 – Dreaming with Eyes Open Join us at your local branch to celebrate Book Week with lots of activities, workshops and scavenger hunts. Will you dress up as your favourite book character? Ages 3+	Monday 22 August – Friday 26 August		For session dates and times visit: www.wyndham.vic.gov.au/book-week-2022
Kids Club Come and join in a different activity every week. Make new friends and have lots of fun. <i>During school term</i> Ages 5+	Manor Lakes Library Wednesdays 3pm Werribee Library Fridays 4pm	Free	Contact: Manor Lakes Library ☎ 8734 8999 Contact: Werribee Library ☎ 8734 8999
Lego Club Come along to your library every week to design, build and imagine with Lego. <i>During school term</i> Ages 5+	Mondays 3pm–4pm	Free	Contact: Manor Lakes Library ☎ 8734 8930

Recreation & Leisure for Kids & Adults

MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Lego Week Guest Talk – Maddy and Jimmy from Lego Masters contestants Maddy and Jimmy are coming to share with us their Lego experiences! Come along to hear their story, ask some questions, and see if you get a couple of questions right in our Lego quiz. Ages 5–12	Wednesday 10 August, 3.30–4.30pm		Manor Lakes Library (03) 8734 8999 Bookings: www.wyndham.vic.gov.au/libraries
Lego Week at the Library Do you love Lego? Come along to your local branch and celebrate the 90th anniversary of Lego! A variety of sessions including scavenger hunt, movies, lego building, challenges and craft. Some sessions will require a booking. Ages 5–12	Monday 8 August – Friday 12 August		For session dates and times visit: www.wyndham.vic.gov.au/services/libraries/kids/all-kids-events-and-activities/kids-events-and-activities
Bollywood Dance School Australia Bollywood dance for kids, teens & adults.	Wednesdays 5:30pm–9:30pm	Fees apply	Contact : Latha ☎ 0499 888 115 ✉ admin@bollywooddanceschool.com.au 🌐 bollywooddanceschool.com.au

What is a Seed Library?

The Wyndham Seed Library aims to build food resilience and promote sustainable gardens by supporting local community, share seeds and grow their own produce and habitat gardens. Growing from the Seed Library is a great way for children and young people to learn about the life cycle of plants and sustainable gardening.

Seed library members can collect 3 seed packets per month from either our [Point Cook](#) or [Manor Lakes](#) Seed Library locations for free.

To find out more or stay in touch

- Follow [Wyndham City libraries on Facebook](#) for latest updates including workshops.
- [Join the eNewsletters](#) to keep up to date with Wyndham Seed library information and seed harvesting workshops
- Contact: Manor Lakes Library: 8734 8930 or WyndhamSeedLibrary@wyndham.vic.gov.au



MANOR LAKES LIBRARY



Opening hours

Monday	10am - 6pm
Tuesday	10am - 6pm
Wednesday	10am - 8pm
Thursday	10am - 6pm
Friday	10am - 6pm
Saturday	10am - 4pm
Sunday	Closed

For Manor Lakes Library enquiries please call 8734 8930 or visit 86 Manor Lakes Blvd, Manor Lakes VIC 3030

Recreation & Leisure for Kids & Adults

MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Construction Club Come along to your library every week to design, build and imagine with Lego and other building materials. During school term Ages 5+	Wednesdays 3.30pm –4:30pm	Free	Contact: Werribee Library ☎ 8734 8999
Imagination Creation Young Writers Group Do you love to get creative with words? Come along to Imagination Creation Writers' Group. Share inspiration and creativity with other young writers in a relaxed, social environment and get writing tips from published author Margaret Campbell. During school term Ages 5+	Thursdays 4.30pm		
Quantin Binnah	DAY & TIME	COST	CONTACT INFORMATION
OOey gOOey Messy Play Come along and get messy with different sensory craft, for any age. Parents to supervise children; children to wear clothes that can get messy.	Each Monday, drop in anytime between 10.00am to 11.30am starting 18 th July	\$5.00 per child per session or \$8.00 for 2 siblings	Contact: Bianca at Creating Villages ✉ creatingvillages@gmail.com
Craft & Caffeine– In QB Cafe Drop in for craft and a cuppa anytime. Special activities	Monday's & Tuesday's 8am - 2pm Wednesday's 8am to 4.30pm Recommencing Monday 18 th July	Gold coin donation for craft if you're able.	
High Tea and Craft Morning tea and Craft activities provided. Craft may be wind chimes, dream catchers, mosaics, crocheting etc. Please advise of any dietary requirements Limited spots. Bookings essential	Each Wednesday during term 10.00am to 12.00pm, starting 20 th July	\$10 each covers craft activity and high tea	
Loose Parts Play Be imaginative! Be inventive! Problem solve! Rearrange, redesign and tinker with loose parts to give them a new purpose. Parents are to remain onsite during session.	Wednesday's at 3.30pm to 4.30pm in Café QB starting 20 th July	FREE – gold coin donation appreciated	
Australian Crochet Community All welcome to drop in and crochet and chat or do another craft.	Saturday's 10am to 2pm 16th July 20th August 17th September	BYO crochet/ craft project and supplies	
CraftABILITY Adults with Disabilities (& their carers) are invited to join us to complete a different art and craft activity each week. Come along & be creative, be social and maybe enjoy something to eat from the Café menu.	Each Tuesday during term from 10.00am to 12.00pm starting 19 th July	\$5 per person contribution towards weekly art project.	Contact: Quantin Binnah Community Centre ☎ 9742 5040 ✉ admin@qbcc.org.au 🌐 www.qbcc.org.au
Maggie the Clairvoyant Maggie has 25+ years' experience and is trusted by many. Have her give you a 1:1 Tarot Angel Card Reading. Other services include Chakra Balancing and Indian Head massages. Prices for other services available on billboard in Café QB.	Wednesday's in Café QB from 9.00am to 2.00pm starting 20 th July.	\$25 for a 20 -minute card reading.	Contact: Maggie ☎ 0421 564 236 or pop into Café QB on a Tuesday

Recreation & Leisure for Kids & Adults

Quantin Binnah	DAY & TIME	COST	CONTACT INFORMATION
The Craft Binge Looking for something to do on a Sunday afternoon during the colder months? Need some time out? Bring your craft project along to QB Café and join in with others Learn to art of crocheting with Lisa and enjoy an afternoon tea with the team from Creating Villages. Kids welcome	Sunday's 1pm - 4pm 31st July 28th August 18th September	Craft special Hot drink and Scones for \$7	Contact: Maggie ☎ 0421 564 236 or pop into Café QB on a Tuesday

Seniors

MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Club 60 Wyndham Vale Group for Indian seniors who are involved in the welfare of society by helping isolated seniors to participate in activities.	Mondays, Wednesdays and Fridays 12.30pm-3.30pm	No cost	Contact: Harbans Sodhi ☎ 0470 765 346 ✉ harbans_sodhi@yahoo.com.au
Refugee and Migrant Communities Network Elders activity group. We are conducting a Planned Activity Group for CALD Elders. It is a program of activities offering opportunities for socialisation providing physical, emotional and social needs of the CALD Elders. This program is designed to enhance elders wellbeing and provide holistic care	Thursday 11am—2pm	Free	Contact: Terefe Aboret ☎ 0490 080 933 ✉ terefe@rmcn.org.au
Seniors program - Fun & Fitness A gentle exercise program for seniors providing a fun , social and safe way to active. Learn to move more confidently and improve your fitness level.	Monday 11:00am—12:00pm	Fees apply	Contact: Manor Lakes Community Learning Centre ☎ 8734 8934 ✉ manorlakesclc@wyndham.vic.gov.au

Faith, Cultural & Community Groups

IRAMOO	DAY & TIME	COST	CONTACT NFORMATION
Knit, Crochet and Chat at Iramoo Bring in your current project and work on it in a social setting	Friday 10am – 12pm	Free	Contact: Iramoo Community Centre ☎ 8742 3688 ✉ admin@iramoocc.com.au Follow us on Facebook!
Iramoo Quilters Bring in your current project and work on it in a social setting. This group is for sharing and friendship.	4th Saturday of the month 12.30pm - 4pm	Contact Josie	Contact: Josie ☎ 0434 000 866
Love World Pacific Centre	Sunday 3.30pm – 6pm	Contact Emalata	Contact: Emalata ☎ 0480 318 644
Australian Youth Community Centre	Fridays 1pm—2pm	Fees apply	Contact: Nasser ☎ 0425 544 600
Mahamenva Meditation Group For meditation, followed by supper.	4th Sunday of the month 4.15pm - 8.15pm	Contact Dimuth	Contact: Dimuth ☎ 0401 443 011
Wyndham Vale Men's Shed Located at the Wyndham Vale Master's car park	Fridays 10am-3pm	Contact Greg or Chris	Contact: Greg/Chris ☎ 0438 662 252/0419 820 140
Hosanna Evangelical Worldwide Church	Sundays 1pm-4pm	Contact Nestory	Contact: Nestory ☎ 0431 550 137 or ✉ Nestory2007@hotmail.com

Faith, Cultural & Community Groups

MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Maniema Union To encourage each other and support children in sport. Discuss economics & social activities of associations.	First Saturday of the month 3-6pm	No cost	Contact: Kabala ☎ 0470 319 577
Newstart Church Contemporary Christian Community Church service.	Sunday 9am –12pm		Contact: Lukas ☎ 0418 427 114 ✉ office@newstart.org.au 🌐 www.newstart.church
Assembly of Saints Church activities	Sunday 12:30pm - 2:30pm		Contact: Fiston ☎ 0410 145 596
Church Universal of God Church Service	Sunday 3pm—6pm		Contact: Magmumu Hatari Eli ☎ 0466 076 803
Church of Christ - (Iglesia Ni Cristo) Church gathering	Monday 7pm—10pm Saturday 6pm—10pm		Contact: Alfonso Ocon ☎ 0422 560 945
Quantin Binnah	DAY & TIME	COST	CONTACT INFORMATION
QB Book Club Expressions of Interest being sought			Contact: Quantin Binnah Community Centre ☎ 9742 5040 ✉ admin@qbcc.org.au 🌐 www.qbcc.org.au
Room Hire QB has a number of spaces available for use during the week and weekends. www.qbcc.org.au/hire-facilities-1	Weekdays 9am to 2.30pm, Evenings after 6.30pm and Weekends	Fees apply	

Social & Support Groups

IRAMOO	DAY & TIME	COST	CONTACT INFORMATION
Morning Melodies	Mondays 10.30am – 11.30am July 18th August 15th September 19th November 21st	\$5	Contact: Iramoo Community Centre ☎ 8742 3688 ✉ admin@iramoooc.com.au Follow us on Facebook!
Art/Painting/Drawing Group Self lead, bring in your current project and work on it in a social setting	Thursday 10am – 1pm	Free	
Chatty Cafe	2 nd & 4 th Monday of the month 10.30am		
Gluten Free Cooking Program	3 rd Saturday of the month 10am-12	\$5	
Don't Worry Be Happy Chronic Pain and Depression Support Group	Wednesday Fortnightly 10am -12pm	Free	Contact: Kyren ☎ 0435 156 653
AA Tuesday Night	Tuesday 7pm – 8.30pm		Contact: Anthony ☎ 0466 501 058
AA Werribee Group	Friday 7.30pm - 8.30pm		Contact: Susanna ☎ 0411 146 412
Weight Watchers Meeting	Saturday 8.30am - 9.30am		Contact: Kate Habgood ☎ 0417 434 614
Food Swap Meet near the BBQ area. Fruit and Vegetable growers bring their excess produce along and place it on a common table and swap it for other home grown produce on the table.	3rd Saturday of the month 11am - 12pm	Free Fruit and Vegetable Swap	Contact: Coralee ☎ 0403 433 795

Social & Support Groups

MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
WCEC Settlement Services Provide Case work predominantly to humanitarian entrants (refugees) under five years of arriving in Australia in Wyndham Vale / Manor Lakes, mostly individuals from Burma, including Karen, Karenni, Chin and Kachin communities.	Mondays 9am—1pm No appointment required. Just walk in	No cost	Contact: Manor Lakes Community Learning Centre ☎ 8734 8934 ✉ manorlakesclc@wyndham.vic.gov.au
Coffee Table Come along and get to know new friends over coffee and a chat	Thursday 11.30am—2pm	Free	Contact: Sally ✉ thecoffeetable2022@gmail.com
Food Bank Manor Lakes Providing food items to people in need.	Wednesday 9am -11:30am	No cost	Contact : Pynqi ☎ foodbank@newstart.org.au Contact: Facebook - FoodBank Manor Lakes
Youth Counselling Free, confidential counselling for young people. Ages: 12-25 years	By appointment only	No cost	Contact: Wyndham Youth Services ☎ 8734 1355 ✉ youthinwyndham@wyndham.vic.gov.au
Quantin Binnah	DAY & TIME	COST	CONTACT INFORMATION
Tuning into Kids Due to the popularity of this course in Term 1 we're delivering another FREE parenting program that supports parents to build positive relationships with their children aged 3 to 12 years old. Understand the relationship between your child's emotions and their behaviour and develop skills to assist your child to learn to deal with their own emotions and conflict. Bookings essential	Starting Tuesday 19 th July 2022 for 6 weeks, 10.00am to 11.30am	Free	Contact: Kelly Russell ☎ 9680 8444 ✉ RegionalParentingService@mackillop.org.au To register visit www.mackillop.org.au/events
WONDERWOMEN - NEW A social support group for women in Wyndham. Make some new friends, have a chance to relax, support each other and focus on yourself. Some activities may incur a charge but this will be advertised in advance.	Join other women weekly on Thursday's at 9.30am	FREE – gold coin donation appreciated	Contact: Quantin Binnah Community Centre ☎ 9742 5040 ✉ admin@qbcc.org.au 🌐 www.qbcc.org.au
COMMUNITY CONNECTOR Wyndham City's Community Connectors are available to assist all residents in our community to access the services they need and empower them to make informed decisions. The Community Connector team can provide specific information and referral/s to local supports & services tailored to meet the needs of the individual. Some of the services may include: <ul style="list-style-type: none"> • Information and assistance accessing services for e.g. My Aged Care, NDIS, HACC PYP • Links to social support & community groups/activities • Information and referrals for emotional support, counselling, food relief and material aid • Advocacy Support and Information 	Thursday's 9am to 5pm	FREE	Contact: Nick ☎ 0439 960 630 ✉ Nick.Kwashi@wyndham.vic.gov.au

Social & Support Groups

Quantin Binnah	DAY & TIME	COST	CONTACT INFORMATION
Wyndham Parent Support Network Support for parents and carers who have a child with a disability or developmental delay from birth to 18 years of age. <i>New members welcome</i>	First & Third Monday of the month (except public and school holidays) 10am - 12pm	FREE	Strengthening Parents Support Program Facilitator Contact: Wendy White ☎ 0448 015 023 ✉ Wendy.white@mackillop.org.au
POP IN Tuesday Do you require support to print forms, make (limited) photo copies, access websites? Emma will be located in Café QB once a month on a Tuesday, drop by, say hi and get the support you need. Tablets available for use.	First & Third Tuesday of the Month re-starting 19 th July (except school and public holidays) between 10.00am to 12.30pm.	FREE – gold coin donation appreciated	Contact: Quantin Binnah Community Centre ☎ 9742 5040 ✉ admin@qbcc.org.au 🌐 www.qbcc.org.au
BREAKFAST CLUB Before dropping the kid's off at school come in for some brekky together to help you fuel your day. Don't have any kid's, no problems, you're welcome too. No questions asked. Breakfast items to include cereal, toast and fruit.	Monday's & Wednesday's 8am in QB Cafe	Free gold coin donation appreciated	Contact: Bianca at Creating Villages ✉ creatingvillages@gmail.com
QB CAFÉ Support Creating Villages by purchasing something yummy to eat and/or drink. Hot drinks, milkshakes, sandwiches and toasties, pies and daily specials will be available to purchase.	QB café will open on Mondays and Tuesdays, 8.00am to 2.00pm and Wednesday's 8.00am to 4.30pm	Please refer to daily menu @ Café QB for prices.	

SETTLEMENT SERVICES AT MANOR LAKES



Eh Su from Wyndham Community and Education Centre is now seeing clients who have arrived in Australia in the past five years, as refugees, at Manor Lakes Community Learning Centre.

Clients seek support for all manner of things, including Centrelink payments, housing issues, family support, fines, family violence, insurance, utility issues and much more.

No appointment required, just turn up

Where: Manor Lakes Community Learning Centre
When: Mondays
Time: 9am—1pm



COMMUNITY CONNECTOR

Support – Inform – Connect

Wyndham's City Community Connectors are available to assist all residents in our community to access the services they need and empower them to make informed decisions. The Community Connector team can provide specific information and referral/s to local supports & services tailored to meet the needs of the individual. Some of the services may include:

- Information and assistance accessing services for e.g. My Aged Care, NDIS, HACC PYP
- Links to social support and community groups/activities
- Information and referrals for emotional support, counselling, food relief and material aid
- Advocacy support and information

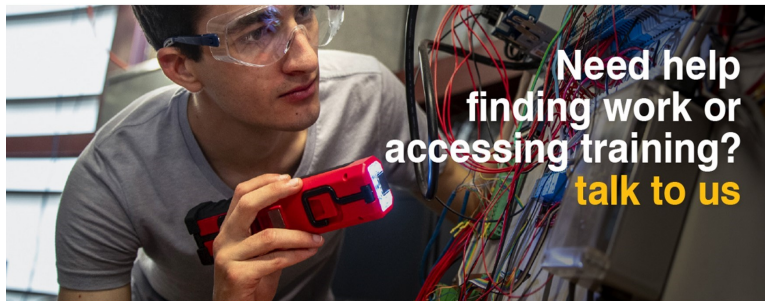


Community Connectors will be available at these Community Learning Centres:

- Moses THURSDAY 8:00am to 3:30pm
Point Cook Community Learning Centre
- Melissa WEDNESDAY 8:00am to 5:00pm
Tarneit Community Learning Centre
- Mellina FRIDAY 8:00am to 5:00pm
Manor Lakes Community Learning Centre

We have specialist Ageing Well Connectors available to support older residents and their families.

Call 8734 4514 and ask for a Community Connector or email communityconnector@wyndham.vic.gov.au. Interpreter Services can be organised on request.



Need help
finding work or
accessing training?
talk to us



Find out more about our free services

We can help with....

- Finding suitable jobs
- Resumes and Cover letters
- Interview skills
- Identifying training courses
- Career guidance
- and more..

Contact: Obie's
Phone: 0481 455 783
Email: ochowdhury@ssi.org.au

Come and meet us at the Manor Lakes Community Learning Centre
86 Manor Lakes Blvd, Manor Lakes VIC 3024

Every first and third Wednesday of the month 9 am to 12 pm

UNEMPLOYED



FRESH START PROGRAM

LOOKING FOR LOCAL WORK?

Are You...

- Applying for jobs and getting nowhere?
- 15 - 25 years old?
- Live in Wyndham?
- Want to work full time, part time or casual?
- Interested in local entry-level employment?

Complete a 5 day workshop, and get access to an exclusive network of job opportunities with local employers.

Learn all you need to know to successfully get a job.



EXPRESS YOUR INTEREST NOW

Contact: Theresse
Phone: 0481 529 767
Email: thereset@wyndhamcec.org.au

Online: <https://bit.ly/2QLxnaC>



Creating diverse opportunities

The Brotherhood of St. Laurence (BSL) Jobs Victoria program is an employment service for long term jobseekers living in Melbourne's western suburbs, offering support to people who are experiencing disadvantage.

Our program provides intensive, one-on-one support, working closely with jobseekers and employers using an innovative recruitment model.

At BSL Jobs Victoria, we are focussed on creating employment pathways that will help renew confidence and connect jobseekers with employment opportunities.



Contact us

BSL Jobs Victoria Western Region

Melton Office
31 McKenzie St, Melton VIC 3337

T 0429 220 634

E JVESWest@bsl.org.au

www.bsl.org.au/services/getting-a-job/jobs-victoria

At Manor Lakes
on Tuesday and
Wednesdays
9am—5pm



This program is supported by Jobs Victoria.
Helping Victoria get back to work.



SKILLS FIRST-RECONNECT

A FREE Program for people 17 - 64 years


Supporting unemployed* people not in education and who have not completed year 12 or equivalent.





* If over 20 you need to have been unemployed for more than 12 months

Need help identifying suitable education required for jobs that interest you?

WYNDHAM | HOBSON'S BAY

For more information contact
JACINTA 03 9742 4013
<https://bit.ly/3lXdZol>



Funding for Skills First Reconnect provided by the Victorian Government, through the Department of Education and Training.

Are you a Carer?



Do you or someone you know provide care for a partner, family member or friend with a:

- disability
- mental illness
- addiction
- or chronic health issues?



Have you been considering taking on a hobby, training or study, joining a group or even re-entering employment?

We can help.

Talk to Wyndham Community & Education Centre today to find support available.




Contact Bernadette on 0431 527 161 or projects@wyndhamcec.org.au



A **FREE** 8 week skill building program. Every Wednesday at 10.30am-12.30pm from the 20th of July - 7th of September 2022

Holistic Housing And Wellbeing Program

Facilitated by Uniting Wyndham

- WEEK 1: Maintaining a Tenancy
- WEEK 2: Parenting Support Part 1
- WEEK 3: Parenting Support Part 2
- WEEK 4: Art Therapy
- WEEK 5: Employment and Education
- WEEK 6: How to Recognise Family Violence and Supports
- WEEK 7: Budgeting and Financial Advice
- WEEK 8: Healthy Eating and Cooking on a budget

Please contact Natalie: 0422 022 323 or Kate: 0466 947 212 at Uniting Wyndham to enrol for the program


ONLY 20 SPOTS AVAILABLE
MUST RESIDE IN THE CITY OF WYNDHAM

You will receive a goodie bag at the end of the 8 week program valued at over \$700.

Goodie bag will only contain products from each session that is attended



DO YOU NEED HELP WITH TECHNOLOGY?



Be connected is a program that can help you build your technology skills for **FREE!**

At
Manor Lakes Community Learning Centre
86 Manor Lakes Blvd, Manor Lakes

Thursdays 1pm—4pm

Please register your interest!!

CONTACT:
Paul - 0421 660 657

