Paper Plate Frisbee





In this activity, we are going to make a frisbee from paper plates.

What you need:

- 2 paper plates
- Colouring supplies
- Scissors
- Tape or stapler

How to make your frisbee:

1. Draw a circle in the middle of the paper plates. I traced around a mug. Carefully cut this out. You might need an adult's help with this. Try folding the paper plate in half and cutting a slit, then unfold and you can use the slit to cut out the middle.



- 2. Turn your paper plates upside down and decorate. You are decorating the underside of the plate. This is the side that would sit on the table.
- 3. Staple or use tape to join the two edges together. Make sure it is very secure.
- 4. Go outside and throw your frisbee.
- 5. Show us your frisbee on the <u>Kids Club Online Gallery!</u>