THE BUZZ

Wyndham West

Iramoo Community Centre Manor Lakes Community Learning Centre Quantin Binnah Community Centre

wyndham city

MANOR LAKES COMMUNITY KITCHEN - NOW OPEN!



The Manor Lakes Community Kitchen opened its doors on Wednesday 2nd March 2022 serving 32 free breakfast with a selection of either scrambled eggs and toast, baked beans, or toast with butter and jam, with a free cup of tea or coffee. We were also able to serve lunch which was butter chicken and rice or a vegetarian dish, at \$5.00 per plate. It was a beautiful day, where we saw a lot of people come and enjoy a meal and enjoying meeting new people.

A very special mention to Akshara RAJESH, a beautiful 11 year old young girl who makes candles and sells them and makes a donation to charity. Akshara sold candles and donated the money to help the Community Kitchen purchase some items to get us started. We are truly gratified to see a young person with a community spirit.

The goal we have for the kitchen is to see our community coming together, to meet new people and enjoy each other's company. This is a community project, run by The Coffee Table, which are a group of women who came together during the COVID lock down 2021. We are a multicultural group wanting to reach out and help make our community and contribute towards making it a better place. Our community kitchen is open on Wednesdays and Thursdays for Breakfast and lunch for \$5.00. We also provide after school snacks for the school kids on Wednesdays, Thursdays, and Fridays from 3pm till 5pm, this can be an opportunity for our kids to meet, to mingle and hang out together.

Come down with your family and friends or for a work

meeting, a cuppa and enjoy breakfast and lunch on Wednesdays, Thursdays and Fridays between 9am - 2pm. To make a group booking, please contact the centre on 8734 8934 or email the centre on manorlakesclc@wyndham.vic.gov.au.



Wyndham City Council would like to pay respect and acknowledge the Bunurong and Wadawurrung People as the Traditional Custodians of the land on which Wyndham City Council is located.

Iramoo Community Centre: Manor Lakes Community Centre: Quantin Binnah Community Centre 84 Honour Ave, Wyndham Vale VIC 3024 86 Manor Lakes Blvd, Manor Lakes VIC 3024 61 Thames Boulevard, Werribee VIC 3030

Phone: (03) 8742 3688 Phone: (03) 8734 8934 Phone: (03) 9742 5040 WHAT'S ON @ IRAMOO COMMUNITY CENTRE

School Holiday program Annual 2022



Iramoo Community Centre 84 Honour Ave, Wyndham Vale T 8742 3688 E <u>admin@iramoocc.com.au</u> W <u>www.iramoocc.org.au</u>

LEARN FUN COOK ARTS

For Primary School Children aged 5-12 years All sessions are \$15 each



Week 1: 11th - 14th April 10am - 1pm Monday - Thursday Week 2: 19th - 21st April 10am - 1pm Tuesday - Thursday

COOK: Monday 11th April 10am - 1pm Easy Cheesy Nachos and Mars Bar Chocolate Crackle Easter Baskets Lunch provided. BYO two Containers.

ART: Tuesday 12th April 10am - 1pm Aboriginal Art Join Madhubani from Myochre Art Room as she takes you through the process of creating your own Wallaby Aboriginal art piece using watercolours and pastels. Bring your own lunch. https://www.facebook.com/myochreart

FUN: Wednesday 13th April 10am - 1pm Andy's Antics Fun and Games Join Andy's Antics for a fun active session of games and entertainment. Bring your own lunch. Website – <u>https://andysantics.com.au</u>

COOK: Thursday 14th April 10am - 1pm Pizza Pockets and Marshmallow Roll Join us for an Easter egg Hunt. Lunch provided. BYO two Containers. Monday 18th April 10am - 1pm PUBLIC HOLIDAY – NO SESSIONS

ART: Tuesday 19th April 10am - 1pm Create your own Parrot Canvas Painting AGES 8 – 12 Only!

Join Cathy from Artizzons as she takes you through the process of creating your own canvas painting. Bring your own lunch. Website – <u>www.artizzon.com</u>

LEARN: Wednesday 20th April 10am - 1pm Fun Fit – Hip Hop and Circus Skills

Join Fun Fit for an interactive dance session and learn multiple circus skills. Bring your own lunch. Website - <u>https://funfit.com.au</u>

ART: Thursday 21st April 10am - 1pm Werribee Bunnings Art session

Join Amber as she shows you how to make your own Flowerpot Grass Head which you can take home and watch it grow. Bring your own lunch.

Bookings and pre-payment required. Call 8742 3688 for more information.

Easter School Holiday Programs... Cup Cake & Cookie Decorating



We had the Easter Cup Cake and Cookie Decorating workshops in the Easter school holidays at the Manor Lakes Community Learning Centre. The workshops were fully booked out and each workshop was attended by 15 kids.

This school holiday program was the first program to run after two years, as we were closed due to the lockdown and other COVID restrictions. This workshop was for the middle years children aged between 6—12 years. The children not only had fun but also learnt a skill, used their creativity and also had an opportunity to socialise with other children in the group. It was amazing to see children interacting with each other and having fun in the centre space as we have missed this during the lockdown.

We will be providing workshops during the school holidays. This will give children an opportunity to learn, have fun and look forward to an activity during the school holidays.

For more information or to register your interest in school holiday activities, please call **8734 8934** or email the Manor Lakes Community Learning Centre at **manorlakesclc@wyndham.vic.gov.au**



Active Holidays – Free activity sessions this Easter holidays

Looking for some fun activities to enjoy these Easter school holidays? Active Wyndham (Wyndham City) are partnering with community organisations to bring you FREE sessions!! There's Football (AFL), Circus, Gymnastics, Yoga, Skateboarding, Dance, Multi Sports, Hockey, Rugby, Bowling and even free swim passes. These sessions are all about having fun and being active, no experience needed, so tell your friends and sign up now. *Limited spots available.*

For more information and to book head to our Active holidays page <u>Click here</u>



Free Easter school holiday activities for kids

www.wyndham.vic.gov.au/whats-on/ active-holidays-free-activity-sessions -easter-holidays

IRAMOO COMMUNITY CENTRE CELEBRATES SENIOR MONTH

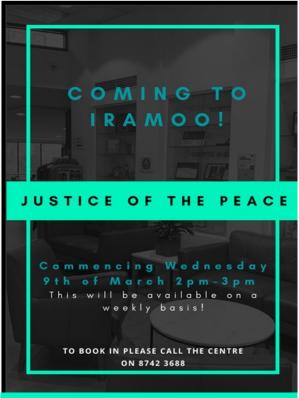
Iramoo celebrated senior's month in February by offering the community a free performance by Arnie Griff's and a high tea lunch. It was great to see so many people reconnecting and enjoying each other's company.

Lots of laughs were had and a great time socialising and chatting whilst enjoying some yummy food and sweets. If you are looking for a morning melodies session we are running these monthly at the Centre on a Monday.

Days:	Mondays
Date:	21 st March, 11 th April, 9 th May and 20 th June
Cost:	\$5.00
Contact:	9742 3688



IRAMOO COMMUNITY CENTRE - Coming up...



Iramoo Community Centre will have a Justice of the Peace Officer at the Centre on a weekly basis on a Wednesday from 2pm – 3pm.

Collin will be able to sign and certify documents, witness signatures and assist with the certifying process of Statutory Declarations, Wills, Power of Attorney, Affidavits, etc.

This is a free service for the community to use.

Come and Celebrate Neighbourhood House Week at Iramoo!

Neighbourhood houses like Iramoo Community Centre aim to bring people together to connect, socialize and feel a sense of belonging. Neighbourhood Houses reduce social isolation and loneliness by being accessible and inclusive spaces that welcome people from all walks of life, regardless of age, gender or ability.

Neighbourhood House Week 6 th May to 15 th May			
Community Breakfast	Friday 6 th May		
	9am – 10.30am		
Morning Melodies	Monday 9 th May		
	10.30am – 11.30am		
Cupcake Decorating with Julie from Cakes	Tuesday 10 th May		
- Sweets in Bloom	11.30am – 1.30pm		
Crochet a Granny Square	Friday 13 th May		
	11am – 12pm		

We have the above **FREE** activities on, places are limited, and **bookings** are essential. To book in please call **8742 3688**.



Iramoo Community Centre - Pre-School Community Garden Group!



Our pre-school garden group has been meeting every fortnight in 2022. So far they have enjoyed exploring in the garden, participating in a sensory session, water play activities and learning about herbs. This is a free group which is led by a facilitator (Belinda). We have an Easter session coming up on the 7th of April at 10am. *Bookings are essential.*



Chronic Pain and Depression Support Group at Iramoo!

Our Chronic Pain and Depression Support Group enjoyed an art therapy session during Term 1 led by Belinda. Whether due to an autoimmune condition, an old injury, or a myriad of other things, chronic pain is, well, chronic.

Art as therapy can be an important tool if you live with a chronic pain condition. It helps with stress relief, emotional resilience, supports cognitive functions and enhances confidence in one's own abilities and thoughts. Craft can also alleviate the symptoms of anxiety, depression and loneliness.

The group meet on a fortnightly basis on a Wednesday from 10am - 12pm. If you are interested in more information about this group please call Kyren on 0435 156 653.



Wyndham Seed Library

May 2022 marks the 1 year anniversary of the Wyndham Seed Library launching.

Throughout that year 1083 community members joined the Seed Library to start or continue their adventure of sustainably growing their own food and habitat gardens. 2274 packet of seeds have been collected to grow at home or in the community and we continue to receive donations of seeds to include in the Seed Library.

The seed library includes edible and indigenous plants.

For more information please go to <u>https://www.wyndham.vic.gov.au/seedlibrary</u>

{Photo by Brenda Kelly: Billy Buttons, used a lot in native-style bouquets.}

THE COFFEE TABLE @ MANOR LAKES

Come and join the Coffee table! The Coffee table aspires to be a safe space for the local community to share, to connect with others to create positive change in their home and communities.

Connecting local community members with others that can help further your education, sport activities, food, finance or assist with other training like sewing, jewellery making, cooking etc

Inspire and be inspired! For more information please contact the centre on the number provided.

WHEN: Every Thursday	
WHERE: Manor Lakes Community Learning Centre	2
TIME: 11.30—2pm	
COST: FREE	
CONTACT: 8734 8934	



FUN & FITNESS FOR SENIORS



A gentle exercise program for seniors providing a fun, social and safe way to be active. Learn to move more confidently and improve your fitness level.

Please note that spots are limited and are available on first come first serve basis only. To make a booking or for more information please contact the centre on the number provided.

WHEN:MondaysWHERE:Manor Lakes Community Learning CentreTIME:11:00am – 12:00pmCOST:\$48 for 8 sessions or
\$24 for 4 sessions (\$6 per session)CONTACT:8734 8934 or manorlakesclc@wyndham.vic.gov.au

Customer service at the Manor Lakes Community Learning Centre

YOUR COUNCIL CLOSE TO HOME

Did you know a range of council enquiries and transactions are available. You can now make:

- Council payments
- Kinder enquiries
- Pet registrations
- Rates enquiries and payments

9am—5pm from Monday to Friday at the Manor Lakes Community Learning Centre



Community Matters eNewsletter - Sign up!

Keep up to date with everything about Grants and Volunteering in Wyndham. The 'Community Matters eNewsletter' is published quarterly and is jam packed with information for community, and is a 'one stop shop' for upcoming and important information in the following areas. **To sign up, please** <u>Click here</u>

- Community Grants
- Community Development
- Community Training and Leadership
- Volunteering
- Community Activities/Events



NEW!

VARIOUS LOCATIONS	VENUE, DAY & TIME	COST	CONTACT INFORMATION
Maternal & Child Health Appointments Professional nursing support & advice for parents with children from birth to school age.	By Appointment Only		Contact: Maternal & Child Health ① 1300 370 567 www.wyndham.vic.gov.au select Maternal & Child Health Services
Immunisations The Wyndham City Immunisation Unit provides free public vaccinations against a range of childhood and adult diseases.	By Appointment Only		Contact: Wyndham Immunisation Team 9742 0736 www.wyndham.vic.gov.au select Children's Services > Immunisations
First Time Parents Group Meet friendly local families to talk about your kids and have fun! Come along to share experiences, find advice, give support and make new friends.	Weekly sessions	- No cost	Contact: Maternal & Child Health ① 1300 370 567 www.wyndham.vic.gov.au select Maternal & Child Health Services
Supported Playgroup A playgroup that aims to meet the needs of vulnerable families in our community. MCH referral required	Weekly sessions		Contact: Maternal & Child Health ① 1300 370 567 www.wyndham.vic.gov.au select Maternal & Child Health Services
Wyndham City Council - Kindergarten 3 & 4 Year Old Kindergarten Services. Enrol your child online.	Weekly sessions	Fees Apply	Kindergarten Enrolment Officer ① 1300 370 567 www.wyndham.vic.gov.au select Children's Services > Kindergarten

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IRAMOO	DAY & TIME	COST	CONTACT INFORMATION	
Pre-school Garden Group Encourage your kids to explore and discover the garden.	Thursday fortnightly at 10am	Free	Contact: Iramoo Community Centre	
Playgroup Playgroups are a great way for your child to interact with other children in a fun and safe environment.	Mondays 9am -11am & 11.30am-1.30pm Tuesdays 9am-11am	\$50 per family per term Bookings required	 8742 3688 admin@iramoocc.com.au Follow us on Facebook! 	
VICSEG Burmese Communities Playgroup	Wednesdays 10.30am - 1.30pm	Contact – Karen at	Contact:Karen	
VICSEG Burmese Communities Mums and Bubs Playgroup	Wednesdays 10.30am - 1.30pm	VICSEG	③ 8754 0512	
MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION	
VicSeg Playgroup - New Futures This group is for South Sudanese mothers and children with the opportunity to talk & support one another in the local community.	Wednesday 12pm-3pm	No Cost	Contact: VicSeg	
Tweddle-My Time Peer Support group for families who have children with a disability.	Tuesday 9:30am-12.30pm <i>During school terms</i>	No Cost	Contact: Tweedle 9689 1577	
Wyndham Harmony Playgroup	Fridays 9:30am—11:30am	\$60 per term	Contact: Rati ⊠ mlharmony playgroup@gmail.com	
Evening Star Wars Story Time Celebrate everything Star Wars with us! Dress up and come to a Star Wars themed Story Time! Ages 3–8 years	Wednesday 4 May 5.30–6pm	No Cost	Contact: Werribee Library	

	s Program:			
MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION	
Baby Time Sing, move, and bond with your baby as we share some of our favourite songs and reading tips. Ages 0 - 12 months	e, and bond with your baby as we share ur favourite songs and reading tips. During school terms			
Songs and Stories The 30-minute sessions include stories, songs and rhymes designed to develop early language, literacy, and numeracy skills Ages 1 - Syears	Mondays 1:30pm - 2pm Thursdays 10:30am - 11am During school terms		Contact: Manor Lakes Library ③ 8734 8999	
Story Time Reading and sharing stories with your child is a wonderful way to encourage a love of books, to establish early literacy skills and to prepare your child for reading. <i>Ages 3 - 6 years</i>	ng and sharing stories with your child is nderful way to encourage a love of books, to lish early literacy skills and to prepare your for reading.		To book please go the below link https://www.wyndham.vic.gov.au/ services/libraries/early-years/early-years- events-and-activities <i>Changing COVID restrictions mean we may</i>	
Bilingual Karen and English Story Time Come along to our bilingual Karen and English Story Time. Limited places available, so please arrive early and check in to be allocated a place. Ages 3–6 years	1 st Monday of each month at 10.30am	No Cost	need to cancel, postpone or move programs online at short notice. Please visit www.wyndham.vic.gov.au/libraries for current information.	
Rhyme Time and Pop-Up Library Join us for Rhyme Time and a special Pop-Up Library every week in Term 2. Ages 1–4 years Wyndham Park Community Centre Wunggurrwil Dhurrung Centre	Mondays 10am Wednesdays 2pm			
Baby Time Sing, move, and bond with your baby as we share some of our favourite songs and reading tips. Ages 0 - 12 months	Tuesdays 10am During school terms		Contact: Werribee Library Image: State of the state	
Songs and Stories The 30-minute sessions include stories, songs and rhymes designed to develop early language, literacy, and numeracy skills Ages 1 - Syears	Mondays Thursdays 10:30am During school terms		Changing COVID restrictions mean we may need to cancel, postpone or move programs online at short notice. Please visit www.wyndham.vic.gov.au/libraries for current information.	
Quantin Binnah	DAY & TIME	COST	CONTACT INFORMATION	
Childcare QB At 61 Thames Boulevard Werribee 3030	Monday-Friday Centre Opens at 6.30am -Centre Closes 6.00pm	Fees: 1-4 days \$108 daily. Fulltime (5 days) \$105 daily. Plus a one off \$30 enrolment fee.	Contact: Quantin Binnah Community Centre ② 9742 5040 ⊠ admin@qbcc.org.au	
Woodville Childcare 82 Woodville Park Drive Hoppers Crossing 3029 Our childcare provides a secure and happy environment where children can develop their intellectual, social, emotional, physical and aesthetic skills to become competent and confident individuals. Our aim is for you as the parents & guardians to feel safe in the knowledge that your child is receiving the best possible care. www.qbcc.org.au/childcare	Monday-Friday Centre Opens at 6.55am -Centre Closes at 6.25pm	Childcare Subsidy applies - 13 61 50 www.childc aresubsidyc alculator.co m.au	www.qbcc.org.au	

Quantin Binnah	DAY & TIME	COST	CONTACT INFORMATION
3 Yr Old Kindergarten QB 61 Thames Boulevard Werribee 3030	Bandicoot Tuesday 9.15am - 2.15pm Dugong Wednesday 9.15am - 2.15pm	\$160 per Term \$0 for concession card holders	
Woodville 82 Woodville Park Drive Hoppers Crossing 3029 Our 3-year-old Kinder program offers a variety of play experiences based on the children's interests. The program that we offer is an introduction to four-year-old kindergarten. Our program is a play- based program and evolves for the children's individual and group interests as well as intentional teaching activities. www.qbcc.org.au/3yr-old-kindergarten	Dingo Tuesday 9.30am - 2.30pm		
AYr Old Kindergarten QB 61 Thames Boulevard Werribee 3030 Woodville 82 Woodville Park Drive Hoppers Crossing 3029 Quantin Binnah Kindergarten educators, staff and Board work in partnership to provide our kindergarten with early childhood programs which engage children in quality learning experiences, in a community and centre based environment. www.qbcc.org.au/4-yr-old-kindergarten	Indigo Group Wednesday & Friday 9am - 4.30pm Green Group Monday & Thursday 8.45am - 4.15pm Gold Group Tuesday & Friday 8.30am - 4pm Navy Group Tuesday & Thursday 9am - 4.30pm Orange Group Monday & Wednesday 8.30am - 4pm Yellow Group Monday, Wednesday & Friday 8.30am - 1.30pm	\$480 per Term – \$0 for concession card holders	Contact: Quantin Binnah Community Centre ① 9742 5040 A admin@qbcc.org.au Www.qbcc.org.au Quantin Binnah Kindergarten applications are processed through the Wyndham City Council. To enrol in one of our Kindergarten groups please see the following link on the Wyndham City Council Website: www.wyndham.vic.gov.au/services/ childrens-services/kindergarten/2022- kindergarten-registrations
Playgroup QB 61 Thames Boulevard Werribee 3030 Our Playgroup is supported by a trained educator and all activities are planned to provide a supported experience. Our facilitator also encourages parents to build strong connections by building capacity in the group and by ensuring the group is parent led. www.qbcc.org.au/playgroup	Thursday 10am - 12pm	\$65 per term Plus a one off enrolment fee of \$30	

Quantin Binnah	DAY & TIME	COST	CONTACT INFORMATION
 School Age Care Quantin Binnah has programs at 4 Wyndham locations offering: Before School Care After School Care Curriculum Day Care (dependant on numbers) Vacation Care* (school holiday program offered at 2 locations) Wyndham Locations: Westgrove PS and Bethany PS (Westgrove & Bethany program held at Quantin Binnah*), Our Lady of the Southern Cross PS, Corpus Christi PS*, St John the Apostle PS. www.qbcc.org.au/school-aged-care-1 www.qbcc.org.au/vacation-care-1 	Before School Care opens at 6.30am. After School care closes at 6.00pm at QB, & Corpus Christi. After School care closes at 6.30pm at Our Lady of the Southern Cross & St John the Apostle. Vacation Care program QB 6.30am to 6.00pm; Corpus Christi 6.30am to 6.30pm.	Fees apply	Contact: Quantin Binnah Community Centre ① 9742 5040 Admin@qbcc.org.au Www.qbcc.org.au ① 1000000000000000000000000000000000000

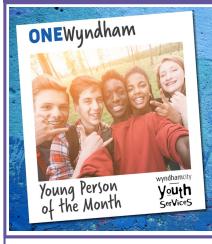
FOR FAMILIES & BABIES UNDER 18 MONTHS

Manor Lakes Community Learning Centre Tuesdays 1:30pm - 2:30pm

For more information contact Children & Family Resource Unit on 8734 5478 or at playgroup@wyndham.vic.gov.au



YOUTH SERVICES



Wyndham City Youth Services is committed to supporting and promoting the ingenuity and accomplishments of young people across the municipality. Therefore, each month Council will select a Wyndham resident aged between 12 - 25 to be awarded the 'Young Person of the Month'.

The award aims to build the profile of young people who are positively contributing to the Wyndham community and thank them for their dedication. The selected monthly candidate will be a positive role model to other young people in the community who may have similar aspirations and goals. We know that there are a lot of young people within our community doing amazing things and we would love for them to supported and thanked for their amazing contributions at such a young age. We encourage you to support a young person in nominating themselves for this award or you can nominate a young person on their behalf through the One Wyndham website:

https://www.wyndham.vic.gov.au/services/youth-services/awards-competitions/one-wyndham

Gamer's Den @ Manor Lakes - FREE

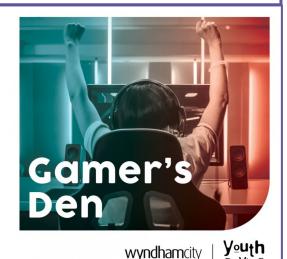
We're gaming online every Wednesday with Youth Services Manor Lakes. Are you aged between 12- 17 and want a space to hang out, flex your gaming skills and make some friends? Gamer's Den is currently a virtual space to come together and play interactive games! Every week we hang out, starting the session with a new game. Don't worry, we will have time to play games that the group requests too!

Wednesdays 4pm—6pm

Register now to help us solve mysteries in "Among Us" and get creative on "Scribbl.io", see you there!

To register visit: <u>https://youthwyndham.com/pgm-reg</u> (Register for Manor Lakes Gamer's Den and we'll be in touch!)

For further details call Youth Services on 8734 1355 or email <u>YouthInWyndham@wyndham.vic.gov.au</u>



HOLIDAY ACTION @ YOUTH SERVICES





EXCITING PROGRAMS FOR OUR TERM 1 HOLIDAYS! 12 - 15 Year Olds

SPEND YOUR APRIL HOLIDAYS WITH OUR AMAZING

Register now on https://www.wyndham.vic.gov.au/holidayaction or email holidayactionenquiries@wyndham.vic.gov.au

FACE 2 FACE HOLIDAY PROGRAMMING!

Week 1 🤞

GOT GAME? MONDAY 11 APRIL | 12pm – 3pm

WYNCITY - BOWLING & LASER TAG TUESDAY 12 APRIL | 11am - 3pm

YOU YANGS HIKE WEDNESDAY 13 APRIL | 9am – 2pm

DIY TYE DYE — CREATE THURSDAY 14 APRIL | 12pm – 3pm

PUBLIC HOLIDAY, NO PROGRAM FRIDAY 15 APRIL

Week 2 /

PUBLIC HOLIDAY, NO PROGRAM MONDAY 18 APRIL

FREE

SOCIAL ARTIST — PICASSO PORTRAIT PAINTING TUESDAY 19 APRIL | 12pm – 3pm

MOVIE NIGHT @ YRC WEDNESDAY 20 APRIL | 5pm – 8pm

WERRIBEE ZOO THURSDAY 21 APRIL | 11am – 3pm

SUPER RUGBY WARATAHS VS CHIEFS FRIDAY 22 APRIL | 4:30pm – 9:30pm

Participants under 18 are not required to provide proof of vaccination. Please note that Youth Services programs align with Victorian Government Public Health orders and can change in the lead up to program. Please visit www.wyndham.vic.gov.au/whats-on/holidayaction to stay up to date with the latest requirements.

FREE COUNSELLING

Youth and Family

A FREE counselling service for young people aged **12–25 years** who live study, work and recreate in Wyndham. Youth focussed and family centred support is also available to parents and carers.

WE OFFER:

- Up to 2 free sessions
- Connect you to local specialist and psychologists

Middle Years and Family

A FREE counselling service for children aged 8—11 years and their parents or carers who are seeking primary and early intervention counselling. WE OFFER:

- Up to 2 free individual counselling sessions
- Up to 2 free family group counselling sessions
- Connect you to specialist, including bilk billing (FREE) Psychologists

Visit our website or call 8734 1355 for more information www.wyndham.vic.gov.au/youthandfamilycounsellingsupport



wyndham city

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SerVice





VOLUNTEERING AND GRANTS

Emerging and Revisioning with a Plan— For Community members, clubs, groups and volunteers.

So, what's next? Does your group have a plan to get through the short term and beyond? This session, presented by Non Profit Training, will provide the tools for mapping out a plan to engage and motivate the committee, members and volunteers now and in the foreseeable future. It will help to review the current services and decide which of them to reinvent, let go of or increase to meet the needs of relevant community or clients moving through 2022.

Topics include:

- Reflection; challenges / barriers
- What will this new stage look like for organisations
- Engaging and connecting with members, stakeholders and volunteers
- Exploring project ideas for moving forward in the 'new normal'
- Thinking forward and preparing a manageable plan
- Using tools to engage and share information
- Moving your group forward with focus and intent

TIME: LOCATION: CONTACT: COST:

AGE GROUP:

EVENT TYPE:

DATE:

All ages Workshop/ Course/ Seminar Thursday, 28 Apr 2022 9:30am - 12:00pm *Venue to be advised* volunteers@wyndham.vic.gov.au Free

Wyndham Volunteer Expo

Research shows that volunteering can help reduce social isolation, improve health and wellbeing and lead to you feeling more connected to your community. Whether it's 1 hour a month or 6 hours a week, there is something for everyone! The Wyndham Volunteer Expo will showcase some of the volunteer opportunities available in your neighbourhood. Come and discover what's in your backyard and how you might be able to help, learn new skills or make some new friends. Browse the stalls, find out what different organisations are doing in your community and find a role that suits your needs. It's a great way to give back to your community and you will feel the benefits in no time!

The Encore Kiosk - will be open to purchase refreshments and light snacks. Please note the kiosk is strictly a 'CARD ONLY' facility and cannot accept any payments by cash.

Parking and Transport – Subject to availability, there is free parking at the front and rear of the building within the Encore and AquaPulse Precinct.

AGE GROUP:	All ages
EVENT TYPE:	Event/ Activity
DATE:	Sat, 14 May 2022
TIME:	10:00am - 2:00pm
LOCATION:	80 Derrimut Road, Hoppers Crossing VIC 3029
CONTACT:	volunteers@wyndham.vic.gov.au
COST:	Free



Building our culture of choice - For Community members, clubs, groups and volunteers.

This session, presented by Non Profit Training, will provide participants with the foundations for creating an inclusive and productive group culture. It will help participants to prepare a plan that will help organisations to prevent or mitigate potential conflicts through positive culture, improved communication, good policy and processes and early intervention.

Topics include:

- Understanding the importance of creating a transparent and inclusive culture
- Identifying potential challenges which exist within community groups
- Introducing strategies to improve communication
- Having respectful interactions that embrace differences
- Ideas to prevent or reduce conflict
- Review a dispute resolution policy and grievance procedure for their organisation

AGE GROUP: EVENT TYPE:	All ages Workshop/ Course/ Seminar
DATE:	Wednesday 1 June 2022
TIME:	9:30am - 12:00pm
LOCATION:	Venue to be advised
CONTACT:	volunteers@wyndham.vic.gov.au
COST:	Free



MANOR LAKES LIBRARY

Opening hours

Monday	10am - 6pm
Tuesday	10am - 6pm
Wednesday	10am - 8pm
Thursday	10am - 6pm
Friday	10am - 6pm
Saturday	10am - 4pm
Sunday	Closed

For Manor Lakes Library enquiries please call **8734 8930** or visit 86 Manor Lakes Blvd, Manor Lakes VIC 3030



Manor Lakes Club 60 Tackling Litters



On Friday 25 February, thirteen members of Manor Lakes Club 60 join by Cr Robert Szatkowski and other community members hitting the streets of the newly developed Wyndham Vale area to support Werribee River Association's Business Clean Up Day as a lead up to Clean Up Australia Day's special event.

Members of the Club 60 and other community members picked up 325 kilos of rubbish, but still so much more left behind. This litter is harmful to the environment and needs further action, that is for sure.

LoveOurStreet 3024 runs monthly clean up every first Saturday of the month from 10.30am – 12.00noon through out the year. Community members are always welcome to get out, get active and make a difference to keep our neighbourhood clean.

To learn more about Love our Street 3024, contact 3024@loveourstreet.com.au

SETTLEMENT SERVICES AT MANOR LAKES



Eh Su from Wyndham Community and Education Centre is now seeing clients who have arrived in Australia in the past five years, as refugees, at Manor Lakes Community Learning Centre.

Clients seek support for all manner of things, including Centrelink payments, housing issues, family support, fines, family violence, insurance, utility issues and much more.

No appointment required, just turn up

Where:Manor Lakes Community Learning CentreWhen:MondaysTime:9am-1pm



Education & Training for Kids & Adults

IRAM00	DAY & TIME	COST	CONTACT INFORMATION
Brainobrain Werribee Kids Academy	Thursday 6pm –8pm Saturday 10am – 1pm	Contact Karthick	Contact: Karthick ① 0431 400 156
One-on-One basic IT & phone support Bring your laptop, tablet, iPad or phone and learn how to navigate the digital world.	Wednesday's 10am-12pm	Free	
First Aid and CRP Training Level 2 First Aid Asthma and Anaphylaxis	Thursday 28th April 9am - 4.30pm		
First Aid (Level 2 Beginner & Refresher) 5.5 Hours face to face and pre-course online theory components (Includes CPR Update)	Contact the Iramoo	\$140	- Contact: Iramoo Community Centre
Provide Cardiopulmonary Resuscitation (CPR Update Only) 2.5 Hours face to face and pre-course online theory component		\$65	 ③ 8742 3688 ☑ admin@iramoocc.com.au Follow us on Facebook!
Course in the Management of Asthma Risk and Emergencies in the Workplace 1 Hour face to face and pre-course online theory component	Community Centre	\$65	
Course in First Aid Management of Anaphylaxis 1.5 Hours face to face and pre-course online theory component		\$65	
MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Family History Groups Join us as we discuss our latest research finds, useful resources, brick walls, up coming events and get advice from this knowledgeable group. Bookings required	2 nd Tuesday of the Month 1—3pm		③ 8734 8930 https://www.eventbrite.com.au/d/australia- -werribee/wclfamhistorygroup/
Writing Group—Online Come along to Wyndham City Libraries free weekly writing groups for adult writers of all levels of experience. Get your creative juices flowing with exercises designed to inspire and develop your writing skills in a fun and friendly environment. Bookings required	For more information and bookings please visit the website.	-	③ 8734 8999 Bookings: www.wyndham.vic.gov.au/adult- events-and-activities
Writing Workshop - Create stories with impact Join Nicolas Brasch, one of Australia's most experienced creative writing teachers, for an inspiring workshop. Get real insight into how to structure your story and get the fundamentals right, so you can enthral your readers. <i>Bookings required</i>	Saturday 14 May 10am – 12pm	Free	
English Conversation Café At English Conversation Café you can practise your English skills, meet new people, and learn from others. This is a great way for you to connect with the community and maybe even make new friends.	Werribee Library Fridays, 11am–12pm Manor Lakes Library Fridays, 1–2pm		Werribee Library ① 8734 8999 Manor Lakes Library ① 8734 8930
English Conversation Café - Online Join us online for English Conversation Café Online and practise your English skills! You'll meet people from all over the world who are learning English. Everyone is welcome! Bookings required	Thursdays 12–1pm		For more information and bookings: www.wyndham.vic.gov.au/adult-events-and -activities

Education & Training for Kids & Adults

MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Language Cafe At Language Cafe you can practise your English skills, meet new people, and learn from others. This is a great way for you to connect with the community and maybe even make new friends. <i>Bookings required</i>	For more information and bookings please visit the website.	Free	③ 8734 8999 Bookings: www.wyndham.vic.gov.au/adult- events-and-activities
System@ Tech Solutions Offers unique skill development courses for children aged between 4-16 years, that can help improve child's learning ability, memory, calculation speed and cognitive skills.	Tuesday 4:30pm -6.30pm	Fees Apply	Contact: Keerti Hosur ① 0413 949 831 ⊠ hello@systemtech.edu.com.
Lynn's Learning Offers tutoring and homework assistance	Saturday 1pm—5pm	Fees Apply	Contact: Rohit Kapoor ① 0421 486 252 ☑ rkapoor_2002sa@yahoo.com
Junubi Wyndham Homework Club Homework club for South Sudanese Community	Thursday 3pm—5.30pm	Free	Contact: Poly Kiyaga ③ 0434 178 753 ⊠ poly.kiyaga@wyndhamcec.org.au
Cakes by Design Learn the basics of cake decorating	Tuesday & Wednesday 7pm—9pm	Fees Apply	Contact: Rhiannon Smith ③ 0490 056 250 ⊠ cakesbydesignmore@yahoo.com
Ceramics Classes Ceramic classes.	Monday 6:45pm—8:45pm Saturday 9:30am-11.30am	Fees Apply	Contact: Melissa Murphy Vella Melissa.ceramics@outlook.com
Quantin Binnah	DAY & TIME	COST	CONTACT INFORMATION
Conversational English Practice your social English skills with others in a supportive environment. No structured classes, no need to attend every week	Wednesday's 9.30am to 11.30am	Gold Coin Donation appreciat ed	Contact: Quantin Binnah Community Centre 9742 5040 <u>admin@qbcc.org.au</u> <u>www.qbcc.org.au</u>
STEMician STEM today, lead the future Get your kid's ready for the future in a fun, safe and engaging way of STEM (Science, Technology, Engineering & Math) learning. STEMician are a team of industry experts bringing 4 exciting, hands-on and future ready STEM projects to your kids, to complement their school learnings in STEM related topics (such as Robotics, Coding, Animation, Design Thinking, Sustainability etc.)	Saturday's Term 2 9am - 1pm	Entire 8 week course is \$200.	To register your attendance, for early bird or referral discount, or to ask questions please contact STEMician at info@stemician.com.au For further information check out www.stemician.com.au

WYNDHAM LEARNING FESTIVAL 2022

Save the date!

2022 Wyndham Learning Festival will run Thursday 1 September to Wednesday 7 September.

With the theme *"Building a Resilient, Sustainable Wyndham"* the Wyndham Learning Festival aims to celebrate and encourage lifelong learning.

The Festival is a whole community event that provides opportunities for FREE learning activities across the City of Wyndham.

Want to run an event at the Festival? Register here

For more Festival details: <u>https://www.wynlearnfestival.org.au/</u>







FREE ACCREDITED TRAINING FOR SEE STUDENTS

learning for employment

CHC22015 Certificate II in **Community Services**

Includes embedded language, literacy, numeracy and digital literacy skills

This program is delivered as a Skills for Education & Employment program (SEE) SEE is a FREE training program for anyone of working age (15 years and above) who is registered with Services Australia





The Skills for Education and Employment (SEE) is funded by the Australian Government Department of Education, Skills and Employment



If you come to LfE, you will be given lots of study and work opportunities

About the Program

Our program seeks to improve clients' language, literacy, numeracy and digital literacy skills whilst focusing on employment pathways into community services.

Eligible job seekers can receive free accredited training through the SEE program.

The CHC22015 Certificate II in Community Services introduces clients to the aged care, disability, early childhood, health and housing fields.

Our program is a starting point for entry into these fields and a pathway to a career.

Learning for Employment (LfE)

Learning for Employment (LfE) is a network of local community organisations.

We work together to deliver to AMEP and SFF in our local areas.

- Maria

Eligibility

To be eligible for the SEE program clients must:

- be of working age (15 years & over)
- · be registered as a job seeker • not be a full-time student
- meet the rules on visa status and benefits.

Who can be referred?

- Eligible job seekers who would benefit from FREE employability focussed training
- English speaking & non-English speaking clients
- Aboriginal & Torres Strait Islanders
- Early school leavers •
- Mature aged people •
- Young people
- People with disabilities





LEARNING FOR EARNING FESTIVAL 25 MAY - 26 MAY 2022

Gain knowledge in starting or changing careers, learn about dominant and emerging industries

> Find out more and register for events: www.learnwest.org











Brought to you by LearnWest, a network of six councils in the North/West - Brimbank City Council, City of Darebin, Hobsons Bay City Council, City of Maribyrnong, Melton City Council, Wyndham City.





IRAMOO	DAY & TIME	COST	CONTACT INFORMATION
Chair Yoga—(Starts May 2nd) Gentle form of yoga that can be done sitting.	Monday Evenings 7.30pm-8.30pm	Contact Catherine	Contact: Catherine ① 0416 009 024 FB: Yoga Moves West
Yoga Come join us to move, stretch, work, sweat, breathe and be still.	Wednesday 7.30-8.30pm & Saturdays 10.30-11.30am	Contact Catherine	Contact: Catherine ① 0416 009 024 FB: Yoga Moves West
Keep Fit with Karate Children and adult classes	Monday & Wednesday 5-6pm & 6pm-7pm	Contact Tyrone	Contact: Tyrone ① 0402 593 393
Rhapsody School of Ballet Children and adult classes	Tuesday 4pm-8pm Friday 4pm-8pm	Contact Cristelle	Contact: Cristelle ① 0433 872 263 ⊠ rhapsodyschoolofballet@gmail.com
Zumba An interval workout. The classes move between high- and low-intensity dance moves designed to get your heart rate up and boost cardio endurance.	Mondays 7.30pm - 8.30pm Tuesdays 8pm – 9pm	Contact Angela	Contact: Angela ① 0431 577 679 http://angelashegog.zumba.com
Artizzons Art Classes Classes focus on developing children's artistic skills and creativity. They will discover a variety of art materials through application and experimentation. For children from 6 years.	Saturday morning	Contact Cathy	Contact: Cathy Mackay @artizzons ① 0413 527 102
Artizzons Art Classes - NEW Adult Art classes	Tuesday Night's starting Term 2 6pm – 8pm	Contact Cathy	Cathy Mackay @artizzons Ph - 0413 527 102
Ballroom Dancing Classes Includes: Waltz, Tango, Foxtrot, Quickstep, Cha- Cha, Rumba, Jive, Australian New Vogue and Sequence Dances.	Thursday Evening Beginners 7pm – 8pm Advanced 8pm – 9pm	\$5 per session	Contact: Iramoo Community Centre 8742 3688 admin@iramoocc.com.au
Fitness Fun Join Angi for a fitness Fun Class	Mondays 1pm – 1.45pm	\$5	Follow us on Facebook!
MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
DK Alayam School of Music & Dance	Monday , Tuesday, Thursday & Friday 6pm- 7pm	Fees apply	Contact : Krithika
Wyndham Patchworkers It's time to sew and chat, make friends, learn, swap ideas and indulge your passion for quilting and patchwork.	2nd & 4th Saturday of the month 9.30am—4pm	Fees apply	Contact: Monica Parnis ① 0417 058 590 ⊠ wyndhampatchworkersinc@hotmail.com
Natyanjali (School of Dance) Bharatnatyam dance classes.	Monday 6pm -7pm	Fees apply	Contact: Anitha Perumal ① 0470 177 937
Zumba with Angela	Thursday 7.30pm - 8.30pm	Fees apply	Contact: Angela Joyce ① 0431 577 679
Kala Yoga Academy - First class free Kids Yoga for Beginners to Intermediate Age: 7—12 years Adult Yoga for Beginners	Tuesdays 4pm - 5pm Thursdays 9:30am - 10:30am	Fees apply	⊠ bookings@kalayogaacademy.com
Sahaja Yoga - Online Mental and physical health and fitness for the community via meditation sessions.	Fridays 7pm – 8pm	Free	Contact: Annie Sarani

MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Nrithyopsana Indian classical dance	Fridays 5.30pm - 6.30pm	Fees apply	Contact: Lalitha Narayanan ① 0429 313 826 ⊠nrithyolalitha@gmail.com
YA Book to Movie Club Come along to our just for teens Book to Movie Club. See all your favourite YA titles on the big screen and discover movies that you never knew began their lives as books. All movies are G / PG rated. No bookings required Ages 12+	2 nd Friday of the month 3pm During school term	Free	Contact: Manor Lakes Library
Game On Like gaming? Drop in after school and show off your skills on Nintendo Switch and PS4. Beginner to advanced players welcome. No bookings required Ages 12–19	Manor Lakes Library 1 st & 3 rd Thursday of each month 3.30–4.30pm <i>During school term</i> Werribee Library 1 st Monday of each month 3.30–5pm, during school term <i>During school term</i>	Free	Contact: Manor Lakes Library 8734 8999 Contact: Werribee Library 8734 8999 Changing COVID restrictions mean we may need to cancel, postpone or move programs online at short notice. Please visit www.wyndham.vic.gov.au/libraries for current information.
Smarts & Craft Have fun, make something cool and learn something new with a unique, creative project at every session. Bookings required Ages 9-13	2 nd and 4 th Monday of each month 4–5pm	Free	Contact: Werribee Library
Craft and Conversation Are you a craft lover? Join our monthly program to create a new craft each session. Materials are free, conversation is included, and you can take home your finished project. Bookings required Ages 18+	4 th Tuesday of the month 1–3pm	FREE	Contact: Werribee Library ① 8734 8999 For Bookings: www.wyndham.vic.gov.au/adult-events-and- activities
Virtual Book Club - Online Join us online to chat about a selected title (just like a traditional book club). Each title is announced in advance, giving you plenty of time to read it! Bookings required	3 rd Thursday of the month 7.30–8.30pm	Free	Contact: Werribee Library
Coffee with a Cop – Law Week Enjoy a coffee and meet the women and men from Victoria Police who support and protect your local community. This session is an opportunity to ask questions and voice your concerns in a relaxed and informal environment. Bookings required	Tuesday 17 May 11am–12pm	Free	Contact: Werribee Library
Author Talk: Choosing Love with Meredith Gaston - Online Acclaimed artist and author Meredith Gaston will open you to love. Through advice, meditations and practical exercises, Meredith shows us how to embrace opportunities and step into our miraculous world of love. <i>Bookings required</i>	Thursday 12 May 7.30–8.30pm	Free	Contact: Werribee Library
Bollywood Dance School Australia Bollywood dance for kids, teens & adults.	Wednesdays 5:30pm—9:30pm	Fees apply	Contact : Latha ① 0499 888 115 ☑ admin@bollywooddanceschool.com.au bollywooddanceschool.com.au

MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Kids Club Come and join in a different activity every week. Make new friends and have lots of fun. Ages 5+	Manor Lakes Library Wednesdays 3pm <i>During school term</i> Werribee Library Fridays 4pm		Contact: Manor Lakes Library
Construction Club Come along to your library every week to design, build and imagine with Lego and other building materials. Ages 5+	During school term Wednesdays 3.30pm During school term		Contact: Werribee Library ① 8734 8999
Imagination Creation Young Writers Group Do you love to get creative with words? Come along to Imagination Creation Writers' Group. Share inspiration and creativity with other young writers in a relaxed, social environment and get writing tips from published author Margaret Campbell. Ages 5+	Thursdays 4.30pm <i>During school term</i>		Changing COVID restrictions mean we may need to cancel, postpone or move programs online at short notice. Please visit www.wyndham.vic.gov.au/libraries for current information.
Lego Club Come along to your library every week to design, build and imagine with Lego. Ages 5+	Mondays 3pm <i>During school term</i>		Contact: Manor Lakes Library
Online Author Talk: Felice Arena Join us online for a talk with Felice Arena. Does he play sport like Specky Magee and Sporty Kids? Let's ask him! Bookings required Ages 8–12	Monday 2 May 4–5pm	Free	Contact: Werribee Library
Imagination Creation Writing Competition Do you enjoy writing stories? The Imagination Creation Writing Competition is back for 2022, with prizes for the best stories and poems in each age group. Ages 5-18	Competition runs from Tuesday 26 April to Sunday 10 July		Enter online: https://www.wyndham.vic.gov.au/services/ libraries/kids/kids-competitions/imagination- creation-writing-competition
Star Wars Week at the Library Celebrate everything Star Wars with us! Borrow Star Wars books, get creative and have fun with Star Wars themed activities at the library. Ages 5+	Monday 2 May to Friday 6 May		For more details visit: https://www.wyndham.vic.gov.au/services/ libraries/kids/all-kids-events-and-activities/star -wars-library
Gamers Den Hang out and learn new board games, play console games, group games, card games, role playing games and snacks of course Ages: 12 – 17	Wednesday 3:30pm-5pm		
Urban Vibes Connecting young people of all backgrounds through arts, dance, music and food! Ages: 12 – 17	Monday 3:30pm-5pm		Contact: Wyndham Youth Services ① 8734 1355
Drop In Thursday Hang out in the Manor Lakes youth space. Ages: 12 – 17	Thursday 3:30pm-5pm		
Drop In Friday Hang out in the Manor Lakes youth space. Ages: 12 – 17	Friday 3:30pm-5pm		

Quantin Binnah	DAY & TIME	COST	CONTACT INFORMATION
Healing Yoga Planet It's important that we look after our body, mind and soul. Join in for some guided meditation before completing gentle yoga movement. BYO yoga mat or take a seat. No expectation to get on the floor. All abilities welcome.	2 nd & 4 th Monday's – Mum's & Bub's. Wednesday – All Abilities Gentle Exercise	First session FREE \$8.00 per casual session \$20.00 for 3 sessions	Contact: RSVP - Kal Ĵ 0439 699 011 ⊠ kathystar32@gmail.com
OOey gOOey Messy Play Come along and get messy with different sensory craft, for any age. Parents to supervise children; children to wear clothes that can get messy.	Each Monday, drop in anytime between 10.00am to 11.30am starting Monday 2 nd May	\$5 contribution requested per person per week to cover costs of material	
Art Spectrum A FREE social craft program for children (any age) on the Autism Spectrum, their siblings and friends. Children require carers/parents to support during activities and stay at the session. Bookings essential	Thursday 21 st April 10am – 12pm	FREE includes craft and fruit snacks	
Craft & Caffeine Drop in for craft and a cuppa anytime. Special activities Easter Crafts $- 11^{th} \& 12^{th}$ April Mother's Day Crafts $- 2^{nd} \& 3^{rd}$ May Reconciliation Week Crafts $- 27^{th}$ May to 3^{rd} June Winter Crafts $- 6^{th} \& 7^{th}$ June	Monday's and Tuesday's In QB Café	Gold coin donation for craft if you're able.	Contact: Bianca at Creating Villages ⊠ creatingvillages@gmail.com
The Craft Binge Looking for something to do on a Sunday afternoon during the colder months? Need some time out? Bring your craft project along to QB Café and join in with others. Learn to art of crocheting with Lisa and enjoy an afternoon tea with the team from Creating Villages. If you need to bring the kids along no problem, kids craft will be set up for them to do to.	Sunday's 1pm to 4pm 22 nd May 19 th June 31 st July 28 th August 18 th September	Craft special Hot drink and Scones for \$7	
More café goodies available too but there is not expectation to purchase anything from the café			



QB has a variety of multipurpose spaces for hire, available for use during the week and weekends. Weekdays 9am to 2.30pm, evenings after 6.30pm and Weekends.

For booking enquiries,

Contact: Quantin Binnah Community Centre

- 9742 5040
- admin@qbcc.org.au
- < www.qbcc.org.au

For a virtual tour visit: Click here



Quantin Binnah Community Centre...



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Projects on:

Robotics & Coding Design & 3D Printing Sustainability Design Practice Photography & Animation



Vic Curriculum Aligned Covid Safe Plan



Industry Expert Team **Real-Life Projects**



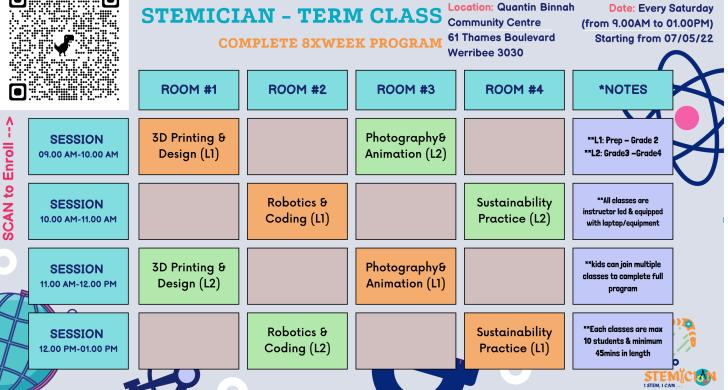
Starting from 07th May, 22 09:00am - 01.00PM || Prep - Grade 4 Quantin Binnah Community Centre, 61 Thames Boulevard, Werribee 3030



SCAN the QR CODE to ENROL 9 PAY



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Seniors

2011/013				
MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION	
Club 60 Wyndham Vale Group for Indian seniors who are involved in the welfare of society by helping isolated seniors to participate in activities.	Mondays, Wednesdays and Fridays 12.30pm-3.30pm	No cost	Contact: Harbans Sodhi ① 0470 765 346 ⊠ harbans_sodhi@yahoo.com.au	
Refugee and Migrant Communities Network Elders activity group. We are conducting a Planned Activity Group for CALD Elders. It is a program of activities offering opportunities for socialisation providing physical, emotional and social needs of the CALD Elders. This program is designed to enhance elders wellbeing and provide holistic care	Thursday 11am—2pm	Free	Contact: Terefe Aboret ① 0490 080 933 ⊠ terefe@rmcn.org.au	
Seniors program - Fun & Fitness A gentle exercise program for seniors providing a fun , social and safe way to active. Learn to move more confidently and improve your fitness level.	Monday 11:00am—12:00pm	Fees apply	Contact: Manor Lakes Community Learning Centre ③ 8734 8934 ⊠ manorlakesclc@wyndham.vic.gov.au	
Quantin Binnah	DAY & TIME	COST	CONTACT INFORMATION	
High Tea and Craft For older adults over 60 years old. Numbers capped at 10. Booking essential. (Carers not included in capped numbers). Morning tea and Craft activities provided. Funded by Vic Health and facilitated by Creating Villages. For more information, to make a booking and advise of	Tuesday's during term starting 1st February, 10am - 12pm	\$8 each Carers Free	<u>creatingvillages@gmail.com</u>	
Adopt a Grandparent Would you like to be a grandparent for a day? Are you already a grandparent and have some extra time to share with QB's little ones? Come along and join our kindergarten children for art, music and a delicious morning tea.	Wednesday 25 th May, 10am - 12pm	Free	To register your interest or with any questions Contact: Emma or Penny ⑦ 9742 5040 ☑ community@qbcc.org.au	

Faith, Cultural & Community Groups

IRAMOO	DAY & TIME	COST	CONTACT NFORMATION
Justice of The Peace Collin will be able to sign and certifying documents, witness signatures and assist with the certifying process of Statutory Declarations, Wills, Powers of Attorney, Affidavits, etc	Wednesdays 2pm – 3pm	Free	Contact: Iramoo Community Centre ① 8742 3688 ⊠ admin@iramoocc.com.au Follow us on Facebook!
Knit, Crochet and Chat at Iramoo Bring in your current project and work on it in a social setting	Friday 10am – 12pm		
Iramoo Quilters Bring in your current project and work on it in a social setting. This group is for sharing and friendship.	4th Saturday of the month 12.30pm - 4pm	Contact Josie	Contact: Josie ① 0434 000 866
Mountain of Love	Sundays 9am - 12.30pm	Fees apply	Contact: Patrick ① 0478 004 271
Australian Youth Community Centre	Fridays 1pm—2pm	Fees apply	Contact: Nasser ① 0425 544 600
Mahamenva Meditation Group	4th Sunday of the month 4.15pm - 8.15pm	Contact Dimuth	Contact: Dimuth ① 0401 443 011

Faith, Cultural & Community Groups

IRAMOO	DAY & TIME	COST	CONTACT NFORMATION
Wyndham Vale Men's Shed Located at the Wyndham Vale Master's car park	Fridays 10am-3pm	Contact Greg or Chris	Contact: Greg/Chris
Hosanna Evangelical Worldwide Church	Sundays 1pm-4pm	Contact Nestory	Contact: Nestory ① 0431 550 137 or ⊠ Nestory2007@hotmail.com
MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Newstart Church Contemporary Christian Community Church service.	Sunday 9am –12pm		Contact: Lukas ① 0418 427 114 ☑ office@newstart.org.au www.newstart.church
Assembly of Saints Church activities	Sunday 12:30pm - 2:30pm		Contact: Fiston ① 0410 145 596
Throne of Grace Church Service	Sunday 12pm—5pm	- No cost	Contact: Siaki Seese ① 0421 556 706
Church Universal of God Church Service	Sunday 3pm—6pm		Contact: Magmumu Hatari Eli
Church of Christ—Iglesia Ni Cristo Church Service	Monday 7pm—10pm Saturday 6pm—9pm		Contact: Alfonso Ocon ① 0422 560 945
Maniema Union To encourage each other and support children in sport. Discuss economics & social activities of associations.	First Saturday of the month 3-6pm		Contact: Kabala ① 0470 319 577

Social & Support Groups

IRAMOO	DAY & TIME	COST	CONTACT NFORMATION
Morning Melodies	Mondays 10.30am – 11.30am May 9 th June 20 th	\$5	Contact: Iramoo Community Centre 8742 3688 admin@iramoocc.com.au
Art/Painting/Drawing Group Self lead, bring in your current project and work on it in a social setting	Tuesday 1.30pm – 4pm	Free	Follow us on Facebook!
Don't Worry Be Happy Chronic Pain and Depression Support Group	Wednesday Fortnightly 10am -12pm	Free	Contact: Kyren ① 0435 156 653
AA Tuesday Night	Tuesday 7pm – 8.30pm	Contact Anthony	Contact: Anthony ① 0466 501 058
AA Werribee Group	Friday 7.30pm - 8.30pm	Contact Susanna	Contact: Susanna ① 0411 146 412
Weight Watchers Meeting	Saturday 8.30am - 9.30am	Contact Kate Habgood	Contact: Kate Habgood ① 0417 434 614
Food Swap Meet near the BBQ area. Fruit and Vegetable growers bring their excess produce along and place it on a common table and swap it for other home grown produce on the table.	3rd Saturday of the month 11am - 12pm	Free Fruit and Vegetable Swap	Contact: Coralee ① 0403 433 795

Social & Support Groups

MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Food Bank Manor Lakes Providing food items to people in need. Youth Counselling Free, confidential counselling for young people.	Wednesday 9am -11:30am By appointment only		Contact : Pynqi foodbank@newstart.org.au Contact: Facebook - FoodBank Manor Lakes Contact: Wyndham Youth Services 8734 1355
Ages: 12-25 years		-	⊠youthinwyndham@wyndham.vic.gov.au
Coffee Table Come along and get to know new friends over coffee and a chat	Thursday 11.30am—2pm	No cost	Contact: Sally thecoffeetable2022@gmail.com
WCEC Settlement Services Provide Case work predominantly to humanitarian entrants (refuges) under five years of arriving in Australia in Wyndham Vale / Manor Lakes, mostly individuals from Burma, including Karen, Karenni, Chin and Kachin communities.	Mondays 9am—1pm <i>No appointment required.</i> <i>Just walk in</i>		Contact: Manor Lakes Community Learning Centre ① 8734 8934 ⊠ manorlakesclc@wyndham.vic.gov.au
Quantin Binnah	DAY & TIME	соѕт	CONTACT NFORMATION
ACD Meet & Greet and information session Find out what The Association for Children with a Disability (ACD) do and how they can support you.		Free	Check out <u>www.acd.org.au</u> for more info Contact: Emma at QB ① 9742 5040 ☑ community2@qbcc.org.au
Intro to ACD – who is ACD? what does ACD do? Come along for a coffee and a chat at a meet and greet sessions	Wednesday 11 th May 10am		Intro to ACD Register at www.eventbrite.com.au/e/an- introduction-to-acd-quantin-binnah- community-centre-registration-
 Support for Families Explore ways to find early years supports and keep your family connected. Rethinking respite and financial support Staying connected and supporting siblings Counselling and looking after yourself 	Wednesday 8 th June 10am - 12pm		304517960417 Support for Families Register at www.eventbrite.com.au/e/ support-for-families-wed-8th-jun-1000am- registration-304540487797
Wyndham Parent Support Network Support for parents and carers who have a child with a disability or developmental delay from birth to 18 years of age. New members welcome	First & Third Monday of the month (except public and school holidays) 10am - 12pm	FREE	Strengthening Parents Support Program Facilitator Contact: Wendy White ① 0448 015 023 ☑ Wendy.white@mackillop.org.au
Tuning into Kids Due to the popularity of this course in Term 1 we're delivering another <u>FREE</u> parenting program that supports parents to build positive relationships with their children aged 3 to 12 years old. Understand the relationship between your child's emotions and their behaviour and develop skills to assist your child to learn to deal with their own emotions and conflict.	Starting Tuesday 10 th May 2022 for 6 weeks 10am - 11.30am	Free	Contact: Kelly Russell ① 9680 8444 RegionalParentingService@mackillop.org.au Register on Eventbrite www.eventbrite.com.au/e/tuning-into-kids -6-week-parenting-program-tickets- 301234519557
BREAKFAST CLUB Before dropping the kid's off at school come in for some brekky together to help you fuel your day. Don't have any kid's, no problems, you're welcome too. No questions asked. Breakfast items to include cereal, toast and fruit.	Monday's 8.00am in QB Cafe	Free gold coin donation appreciated	Contact: Bianca at Creating Villages ⊠ creatingvillages@gmail.com

Social & Support Groups

Quantin Binnah	DAY & TIME	COST	CONTACT NFORMATION
POP IN Tuesday Do you require support to print forms, make (limited) photo copies, access websites? Emma will be located in QB café once a month on a Tuesday, drop by, say hi and get the support you need.	First Tuesday of the Month starting 3 rd May (except school and public holidays) between 10am - 12.30pm	Free - gold coin	Contact: Quantin Binnah Community Centre
WONDERWOMEN A social support group for women in Wyndham. Would you like to connect with others after the lockdowns and restrictions? Make some new friends, have a chance to relax, support each other and focus on yourself.	Join other women on Thursday's 10am starting 28 th April 2022	donation appreciated	 9742 5040 <u>admin@gbcc.org.au</u> <u>www.qbcc.org.au</u>
QB CAFÉ Support Creating Villages and Gen U participants by purchasing something yummy to eat and/or drink. Hot drinks, milkshakes, sandwiches and toasties, pies and daily specials will be available to purchase. <i>Starting June soup of the day with sour dough</i> <i>bread - \$6.00</i>	Mondays and Tuesdays 8am - 2pm	Please refer to daily menu @ QB café for prices. \$5 per child	Contact: Bianca at Creating Villages ⊠ creatingvillages@gmail.com

COMMUNITY CONNECTOR

Support – Inform – Connect

Wyndham's City Community Connectors are available to assist all residents in our community to access the services they need and empower them to make informed decisions. The Community Connector team can provide specific information and referral/s to local supports & services tailored to meet the needs of the individual. Some of the services may include:

- Information and assistance accessing services for e.g. My Aged Care, NDIS, HACC PYP
- Links to social support and community groups/ activities
- Information and referrals for emotional support, counselling, food relief and material aid
- Advocacy support and information



Community Connectors will be available at these Community Learning Centres:

- Moses THURSDAY 8:00am to 3:30pm Point Cook Community Learning Centre
- Melissa WEDNESDAY 8:00am to 5:00pm Tarneit Community Learning Centre
- Mellina FRIDAY 8:00am to 5:00pm Manor Lakes Community Learning Centre

We have specialist Ageing Well Connectors available to support older residents and their families.

Call 8734 4514 and ask for a Community Connector or email <u>communityconnector@wyndham.vic.gov.au</u>. Interpreter Services can be organised on request.

Social Prescribing is a holistic non-medical program to help people get back in their communities and make the most out of life!

YOUR REFERRAL

Your GP or healthcare worker refers you in to the program. You can also refer yourself.

A Wellbeing Coordinator will make a time to chat with you about your current wellbeing and goals.



SOCIAL PRESCRIPTION

Your Wellbeing Coordinator creates a social prescription of activities, groups and/or support services for you to get involved with.

ACTIVITES & SERVICES

Your Wellbeing Coordinator can connect you with community activity sessions and support groups or link you up with legal or financial advice and parenting help. Whatever might help you get back into the community!

SUPPORT

Your Wellbeing Coordinator will stay in touch to make sure the activities and services prescribed are a good fit. They can be adjusted where needed.

A free service, Social Prescribing is provided by IPC Health to promote ongoing good health and wellbeing.





Need help contact Unison: During business hours on 1800 825 955 or after hours on 1800 627 727. Visit www.unison.org.au

Anyone who is experiencing difficulties which may affect their housing are urged to seek information & advice early to avoid a worsening of their situation. Anyone who does find themselves in a crisis, should contact Unison.

The Wyndham H3 Alliance are an alliance of health, housing & homelessness organisations in Wyndham working together to deliver & improve housing services & options in Wyndham. For more information visit https://www.wyndham.vic.gov.au/3alliance

Health, Homelessness & Housing

Other useful sources of information include:

For information on homelessness: http://chp.org.au/ For general housing advice: https://www.consumer.vic.gov.au/housing/renting For housing options and advice: www.housing.vic.gov.au For Older People: Housing for the Aged Action Group: https://www.oldertenants.org.au/ For people living with a disability: <u>The Housing Hub https://www.thehousinghub.org.au/</u> For a housing application form (public and community housing): <u>https://housingapplication.vic.gov.au</u> For information on services available in your area: <u>https://www.infoxchange.org/au/</u> For information for renters: <u>https://www.tuv.org.au/</u> For private rental properties:

https://www.realestate.com.au_or https://www.domain.com.au/

We provide specialist support services for anyone in Victoria who is experiencing or afraid of family violence. Our services include:

- Information and referral
- Crisis response
- Specialist family violence risk assessment
- Safety planning
- Access to supported crisis accommodation.

We also provide specialist trauma counselling on behalf of the national sexual assault, domestic and family violence counselling service.<u>1800 RESPECT</u>.

Need Support?

https://www.safesteps.org.au/

steps

Victoria's 24/7

family violence

support service

1800 015 188 Available 24/7 Email Us Available 24/7

 Emergency? Dial 000 Available 24/7

WEstjustice

WE create positive change in the West

WEstjustice is a community organisation that provides free legal help to people in the Western suburbs of Melbourne.

We can help with a broad range of everyday legal problems including consumer disputes, credit and debt, family law and family violence, fines, motor vehicle accidents, tenancy, youth criminal law and more.

WE are located

Level 1/8 Watton Street, Werribee VIC 3030 Tel: +61 3 9749 7720 Fax: +61 3 9749 8276 Email: <u>admin@westjustice.org.au</u> Office hours: Monday to Friday, 9.00am-5:00pm. (Office currently closed due to COVID-19 situation)