

THE BUZZ

Community Centres of Point Cook



Term 2 2022

wyndhamcity

In Perfect Harmony



Harmony Day saw celebrations across the city this March, with events held locally at Saltwater and Featherbrook Community Centres. The event in the Saltwater Amphitheatre (pictured here) was organised by Wyndham Volunteers Association, and featured food, music, dance and colourful traditional costumes from The Philippines, India, Afghanistan and Nepal amongst others. Groups included SCS Nepali dance group, Nritto Bhubon, Club 60, Luzviminda Dance group, Afghan cultural group, Natyapriya Kuchipudi Dance Academy and Hongde Lion Group. We think you'll agree that our community is working together in perfect harmony!

Centre activities by colour

Featherbrook Community Centre 33-35 Windorah Drive Point Cook - 8353 4000

Jamieson Way Community Centre - 59 Jamieson Way Point Cook - 9395 3777

Point Cook Community Learning Centre - 1-21 Cheetham Street Point Cook - 9395 6399

Saltwater Community Centre - 153 Saltwater Promenade Point Cook - 8376 5500



Wyndham City Council recognises Aboriginal and Torres Strait Islander peoples as the first Peoples of Australia. We acknowledge the Bunurong Peoples as Traditional Owners of the lands on which Point Cook is built. The Bunurong Peoples have and always will belong to the Werribee Yalook (river), creeks, stars, hills and red clay of this Country. We pay respect to their Ancestors and Elders who always have, and always will, care for Country and community, today and for future generations.

Harmony Day

Saltwater Community Centre Celebrations



Harmony Week was also celebrated at Featherbrook Hub where it was celebrated in the spirit of recognizing Australia's successful integration. Community group leaders from Wynham Active Youngs over 55's, Point Cook Indian Seniors Group, and Point Cook Chinese Friendship Association partnered up to coordinate a Harmony Day Lunch. The celebration of food was rich and flavorsome highlighting the four regions of India. The variety of food included some crowd favorites to represent China, the Philippines and tying it all together was an English classic comfort food aka the Shepherds Pie. With a program of performances and food stories, the collaboration of groups has to be mentioned as it built community capacity and capabilities on a single project. It was agreed by all three groups that the experience had invaluable, solidifying goals. Future collaborations are already in the works. The willingness to learn was shared by everyone involved and goes to show, that we never stop learning, and what better way to learn than to learn collaboratively.



Featherbrook Community Centre Celebrations

So who will you collaborate with today?



YOUR COUNCIL CLOSE TO HOME

Did you know a range of council enquiries and transactions are available such as:

- Council payments
- Kinder enquiries
- Pet registrations
- Rate enquiries and payments

9am—5pm Monday to Friday at the
Point Cook Community Learning Centre



Various Locations & times	Contact Information	For further information scan to be directed to Children's Services Website
Immunisations The Wyndham City Immunisation Unit provides free public vaccinations against a range of childhood and adult diseases.	Contact: Wyndham Immunisation Team ☎ 9742 0736 🌐 wyndham.vic.gov.au select Children's Services > Immunisations	
Maternal & Child Health Appointments Professional nursing support & advice for parents with children from birth to school age.	Contact: Maternal & Child Health ☎ 1300 370 567 🌐 wyndham.vic.gov.au select Maternal & Child Health Services	
First Time Parents Group Meet friendly local families to talk about your kids & have fun! Share experiences, find advice, give support & make new friends.	Contact: Child and Family Resource Team ☎ 1300 370 567 🌐 wyndham.vic.gov.au/services/child-services/playgroups/baby-playgroup playgroup@wyndham.vic.gov.au	
Supported Playgroup / Baby Playgroup A playgroup that aims to meet the needs of vulnerable families in our community. MCH referral required	Contact: Kindergarten Team ☎ 1300 370 567 🌐 wyndham.vic.gov.au select Children's Services > Kindergarten	
Wyndham City Council - Kindergarten 3 & 4 Year Old Kindergarten Services. Enrol your child online.		



WYNDHAM VOLUNTEER Expo



SATURDAY
14 MAY, 2022

ANYTIME BETWEEN 10AM – 2PM

Encore Event Centre
80 Derrimut Rd, Hoppers Crossing



LOOKING FOR A GREAT VENUE TO HIRE?

JWCC have 3 community rooms and a kitchen available for hire on a regular or casual basis.

Check out our website for more details

jamiesonwaycc.org.au

Jamieson Way Community Centre
admin@jamiesonwaycc.org.au
9395 3777

Exhibition of International Youth Art
11am to 3pm 23 April
Point Cook Community Learning Centre
1-21 Cheetham Street, Point Cook
Contact Becky: Just_art_studio@hotmail.com

Every one of us needs a healthy earth to live. Earth Day, 22 April every year, is a special day for the protection of the earth. There are ways to invest in our planet, it is an all year round & life time effort. Come join our artworks exhibition, show your views of how to make our world better.

The Everyone An Artist Trust in New Zealand has launched & organized Earth Day environmental activities for many years. This year Becky Cui, our local artist from Just Art Studio will bring her students' artwork to be displayed in this exhibition in Melbourne. The exhibition aims to show the community how droughts, water shortage & climate change impact our lives – through the eyes of our youngest generation.

For activity details & how to register your artwork selection, please click the link below.
<https://www.euac.co.nz/about-6>



Early Years Programs & Activities

Featherbrook Community Centre	Day & Time	Cost	Information
<p>Busy Bees Playgroup</p> <p>Where children learn through play, imagination and creativity all whilst developing social skills. Friendly environment where parents meet new friends too. Suitable for ages under 5 years.</p>	<p>Tuesday 9:00am—11:00am</p>	Fees apply	<p>Contact: Monica ✉ busybeesfeatherbrook@gmail.com</p>
<p>Hey Dee Ho</p> <p>Educational music program for children 6 months to 5 years. Parent & child classes with max of 12 children. Creating a fun filled interactive 45 minute musical playdate with puppets, instruments and much more.</p>	<p>Friday 10:00am—11:00am</p>	Fees apply	<p>Contact: Melissa ☎ 0457 301 878 ✉ heydeehomusicwyn@gmail.com 🌐 heydeeho.com.au</p>
<p>Little Kookies Playgroup</p> <p>Where children learn through play, imagination and creativity all whilst developing social skills. Friendly environment where parents meet new friends too. Suitable for ages under 5 years.</p>	<p>Thursday 9:00am—11:00am</p>	Fees apply	<p>Contact: Monica ✉ littlekookiesfeatherbrook@gmail.com</p>
<p>Pram Walking Group—Wyndham City</p> <p>Pram walking groups are for families with children under 18 months of age. No bookings are necessary; weather permitting.</p>	<p>Tuesday 9:30am—10:30am</p>	No cost	<p>Contact: Susan ☎ 0427 523 177 ☎ Main Line: 1300 370 567 ✉ playgroup@wyndham.vic.gov.au</p>
<p>First Time Parents Group—Wyndham City</p> <p>First Time Parent Groups are for first time parents cover a lot of topics, from breastfeeding and sleep-and-settling, family relationships and wellbeing.</p>	<p>Thursday 1:30pm—3:30pm</p>	No Cost	<p>Contact: Susan ☎ 0427 523 177 ☎ Main Line: 1300 370 567</p>
<p>Tiny Tutus</p> <p>Ballet for preschool ballerinas aged 16 months to 5 years of age.</p>	<p>Thursday 8:45am—11:00am</p>	Fees apply	<p>☎ 1300 245 060 🌐 tinytutus.com.au</p>
<p>MY TIME—Tweddle</p> <p>For parents and carers of children with disability or and higher needs. Meet other parents, socialise, share and receive information with other families with similar goals.</p>	<p>Wednesday 10:00am—12:00pm</p>	No cost	<p>Contact: Kim ☎ 9689 1577 ✉ kim.mace@tweddle.org.au 🌐 www.mytime-net-au</p>



MyTime Point Cook

Free support for parents of children with disability

A place to unwind and connect. It's a world away from appointments and therapy.

Secure babies | Strong families | Safe communities

Tweddle Child & Family Health Service 53 Adelaide Street Footscray VIC Australia 3011

T + 61 3 9689 1577 F + 61 3 9689 1922 www.tweddle.org.au connect with us



Early Years Programs & Activities

Jamieson Way Community Centre	Day & Time	Cost	Information
Cookie Kids Messy Sensory Play Ages 1—5 yrs. Dress for mess! Ooey, gooey, fun filled activities.	Friday 17th June + Friday 24th June 1:00pm—1:45pm	\$35.00 for 2 weeks	Contact: Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au
Cookie Kids Playgroup Babies to 5yr—Parents stay. Provides play time & social interaction for children in a relaxed & supportive environment.	Wednesday 9:30am—11:30am	\$65.00 family/term includes insurance	
DWM Studio Mummy & Me (18 mths - 3 yrs) Intro to dance, movement & music classes for parents & bubs Tiny Tots, Baby Ballet & Tiny Tappers 3– 5 yrs.	Contact for days & times	Fees apply	



2022 GUITAR LESSONS

Wednesday
4pm - 6pm
 Half hour lessons

Only \$10.00 per lesson

BOOK NOW!

Jamieson Way Community Centre
admin@jamiesonwaycc.org.au
 9395 3777




"COOKIE KIDS" PLAYGROUP

Wednesday
9.30 to 11.30

BOOK & PLAY NOW

Jamieson Way Community Centre
admin@jamiesonwaycc.org.au
 9395 3777

Point Cook Community Learning Centre	Day & Time	Cost	Information
FaithKids Playgroup We provide a fun, learning and structured play environment through educational activities and crafts, song and story time for children 4yrs and under during school term only.	Tuesdays 9:30am—11:30am Fridays 9:30am—11:30am	Fees apply	Contact: Angela Seow ☎ 0422 101 968 ✉ playgroup@faithlifechurch.com.au 🌐 faithlifechurch.com.au
Folclore Playgroup This playgroup is for Brazilian & Portuguese speaking families. A time for families to meet, children to learn & practice their Portuguese. Activities will be structured to support our culture, mother language and traditions. Lots of fun activities.	Mondays 11:30pm—1:30pm	\$10 per child per session	Contact: Maira or Cristiene ✉ folcloreplaygroup@gmail.com
Happy Feet Playgroup Happy Feet is an early intervention group program for children with a delay in development or disability. This playgroup is facilitated by occupational and speech therapists.	Thursdays 9:15am—11:15am	Fees Apply NDIS funding required	Contact: Sejal Mithbawkar ☎ 9749 7388 or 9396 1111 ✉ westernmelbourne@gateways.com.au
Little Buddies Toy Library A wide range of toys suitable for 0-5 year olds, including ride-ons, educational toys, puzzles, games, imaginative play sets, baby toys & more. Book and browse by appointment only	Tuesdays 10:00am—12:00pm Fridays 10:00am—12:00pm Saturdays 10:00am—1:00pm	Membership applies	☎ 8353 1196 ✉ wlbtoylibrary@bigpond.com 🌐 Littlebuddiestoylibrary.com.au 
Sanctuary Lakes Activity Playgroup A play based playgroup for 0—5yo. Activities include story time, music, dance, craft & outdoor play. Enjoy a social time for parents & children.	Wednesdays 9:30am—11:30am	\$50 per family per term	Contact: Mel ✉ slplaygroup@hotmail.com

Early Years Programs & Activities

Point Cook Community Learning Centre	Day & Time	Cost	Information
<p>Bilingual Chinese & English Story Time Ages 3+</p> <p>NEW regular sessions once a month!</p> <p>Join us for stories, songs and rhymes in Chinese & English. Meet other bilingual families and help your child develop important motor and language skills. Bookings required.</p>	<p>Fridays 3rd of the month 10:30am—11:00am</p> <p>(Starting 20 May)</p>	No Cost	<p>Point Cook Library (03) 8734 8999</p> <p>Bookings: www.wyndham.vic.gov.au/services/libraries/early-years/early-years-events-and-activities</p> <p>During school term</p> <p>Changing COVID restrictions mean we may need to cancel, postpone or move programs online at short notice. Please visit www.wyndham.vic.gov.au/libraries for current information.</p>
<p>Baby Time Ages 0– 12 months</p> <p>Sing, move, and bond with your baby as we share some of our favourite songs and reading tips.</p>	<p>Tuesdays 11:00am</p> <p>Wednesdays 2:00pm</p>		
<p>Songs and Stories Ages 1– 5 years</p> <p>This 30-minute sessions includes stories, songs and rhymes designed to develop early language, literacy, and numeracy skills. Bookings required.</p>	<p>Tuesdays & Thursdays 9:30am—10:00am</p> <p>Saturdays 10:30am—11:00am</p>		
<p>Story Time Ages 3– 6</p> <p>Reading and sharing stories with your child is a wonderful way to encourage a love of books, to establish early literacy skills and to prepare your child for reading. Bookings required.</p>	<p>Wednesdays 10:30am</p>		
<p>Plant Growing Workshop Ages 0-5</p> <p>Join Little Sprouts to learn all about plants through music, sensory exploration and planting seedlings to grow at home. Bookings required.</p>	<p>Friday 13 May 11:00am—12:00pm</p>		
<p>Point Cook Multicultural Playgroup</p> <p>Facilitated playgroup provides great play & social opportunity to young children, carers & families. Join in some fun activities which include rhymes, stories & songs & meet other parents in your local area.</p>	<p>Mondays 9:30am—11:30am</p> <p>During school term</p> <p>Bookings essential</p>	\$60 per term	<p>Contact: Rabia ☎ 0424 740 857 ✉ khan.rabia@outlook.com.au</p>
<p>VACCA Koorie Kids Playgroup</p> <p>A great place for children & their Mums, Dads & carers to gather with other Koorie families, make new friends, hear stories, participate on cultural arts & crafts, express creativity & learn about culture, with a healthy snack each session.</p>	<p>Tuesdays 11:30am—2:30pm</p>	No Cost	<p>Contact: Raegan Macumber ☎ 0409 731 695 or 03 9742 8300 ✉ raeganm@vacca.org</p>

KOORIE KIDS PLAYGROUP

TUESDAY 12-2PM
POINT COOK COMMUNITY LEARNING CENTRE
1-21 Cheetham Street Point Cook

Contact Raegan
0409 731 695
raeganm@vacca.org

VACCA
Connected by culture

Point Cook Multicultural Playgroup

Starting Mondays 2 May 9.30-11.30am
\$60 per term
Point Cook Community Learning Centre
1-21 Cheetham St, Point Cook

Contact: Rabia Khan
0424 740 857
khan.rabia@outlook.com.au

Early Years Programs & Activities

Saltwater Community Centre	Day & Time	Cost	Information
Hey Dee Ho Educational music program for children 6 months to 5years. Parent & child classes, no more than 12 children. A fun filled interactive 45 minutes musical play date with puppets, instruments & much more.	Wednesdays 10:00am—10:45am	Fees apply Free trial Class	Contact: Melissa Smile ☎ 0457 301 878 ✉ heydeehomusicwyn@gmail.com 🌐 heydeehomusic.com.au
It's Story Time Story Time Alive with Songs and play Time. Enjoy fun way to develop early literacy skills in young children through songs, stories, puppets, body movement and play time. Preschool age 1-4	Fridays 9:00am—10:00am Starting 29 April	\$50 per term First Session Free	Contact: Monica ✉ storytimemonica@gmail.com
Rhyme /Story Time and Pop-Up Library Join us for Rhyme time or Story Time and a special Pop-Up Library every week in Term 2. <i>(Changing COVID restrictions mean we may need to cancel, postpone or move programs online as short notice.)</i>	Tuesdays 1:45pm	No Cost	Contact: Saltwater Community Centre ☎ 8676 5504 For current information please visit www.wyndham.vic.gov.au/libraries
Wyndham Harmony Playgroups Newborn to pre schoolers with different needs, meet other families from the local community.	Thursdays 10:00am—12:00pm	Fees apply	Contact: Farsana Iqbal ✉ farsanaau@gmail.com Bookings essential
Tiny Tutus Preschool Ballet Perfect place for ballerinas 16 months-5 years of age! Taught by quality trained specialist teachers. Parents watch all class & share precious moments.	Fridays 9:15am—11:30am	Fees apply	☎ 1300 245 060 🌐 tinytutus.com.au Yearly registration fee which includes your ballerinas gorgeous class tutu



It's story

T

I

M

E

Join us in Term 2 for

Story Time Alive along with Songs and Play Time

at Saltwater Community Centre

Come and join our interactive songs & story session, get loud and make new friends.

Enjoy a fun way to develop early literacy skills in young children through songs, stories, puppets, body movement and play time.

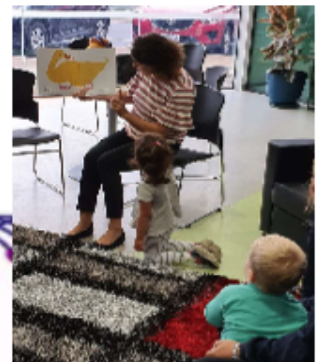
Preschool age 1-4.

Bookings: storytimemonica@gmail.com

Fridays: 9.00-10.00 am

Starting 29th of April-First Session FREE

Payment:\$50/school term



Education & Training Kids & Adults

Featherbrook Community Centre	Day & Time	Cost	Information
Abacus 4 Kids Fun and innovative ways for kids ages 4-12 to learn mathematic mental arithmetic skills using abacus (soroban). Free trial class available.	Mondays to Saturdays Various times	Fees apply	Contact: Jaslyn ☎ 0406 946 069 ✉ abacus4kids@gmail.com
English Conversation Classes—Adult New to English classes in partnership with Wyndham Community & Education Centre.	Wednesdays 1:00pm—3:00pm Thursdays 9:00am—12:00pm & 1:00pm—3:00pm	No cost (to eligible students)	Contact: Wyndham Community and Education Centre ☎ 9742 4013 🌐 wyndhamcec.org.au/wpmain/
KK Art Art & Craft classes for kids 4yo & above transforming the way children learn art through its award-winning international program. Our courses are a one-stop shop to develop drawing, painting, colouring, composition & craft making abilities.	Wednesdays 5:00pm—6:00pm Thursdays 5:00pm—6:00pm	Fees apply	Contact: Edmund ☎ 0432 513 344 ✉ Kkart.classes@gmail.com
Jamieson Way Community Centre	Day & Time	Cost	Information
Brainworks Point Cook Tuition, guidance & feedback with an emphasis on methods & skills. Covers scholarship & select entry exam preparation for Years 3 & 9. Foundation English & Math programs for Years 2 to 10.	Tuesday evenings	Fees apply	Contact: Adnan ☎ 0433 195 110 ✉ adnan_moyeed@hotmail.com
Fortune Select PTY LTD Mathematic coaching	Sundays 2:00pm—4:00pm	Fees apply	Contact Divya ☎ 0452 644 971 ✉ Divyas811@gmail.com
French for Beginners Enjoy a cuppa & meet new people while you learn French language!	Tuesday 1:00pm—3:00pm	\$2.00 per class	Contact: Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au
Intro to Photography Learn tips, tricks & techniques with a professional photographer—Beginners to pre intermediate.	Taking expressions of interest 6 week course	\$170.00 Payment plan available	Contact: Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au
Paediatric First Aid Workshop for parents, grandparents & carers who would like an introduction or basic refresher on First Aid knowledge related to children & infants.	Now taking expressions of interest	\$55 per person	Contact: Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au
Sparking Potential Tutoring Tutoring Services English, Mathematics & Writing Skills lessons for years Prep-7	Monday to Saturday Contact for times	Fees apply	Contact: Rachel ☎ 0435 240 044 ✉ parkingpotentialpointcook@gmail.com



WYNDHAM Learning FESTIVAL 1-7 SEPTEMBER

Save the date! **2022 Wyndham Learning Festival** will run Thursday 1 September to Wednesday 7 September.

With the theme **“Building a Resilient, Sustainable Wyndham”** the Wyndham Learning Festival aims to celebrate and encourage lifelong learning.

The Festival is a whole community event that provides opportunities for **FREE** learning activities across the City of Wyndham.

Want to run an event at the Festival? Register [here!](#)

For more Festival details: <https://www.wynlearnfestival.org.au/>

Education & Training Kids & Adults

Point Cook Community Learning Centre	Day & Time	Cost	Information
Abacus Training Centre by Sempoa SIP Brain training for children using Abacus method. Learn arithmetic in a fun environment with a set curriculum developed for kids of all levels.	Saturdays 9:00am—12:30pm	Fees apply	Contact : Munita ☎: 0433 551 979 or ✉ info@sempoasip.com.au 🌐 sempoasip.com.au
AMEP: English Classes Providing basic English classes for newly arrived residents. Level 1 & 2 intermediate.	Thursdays 9:00am—3:30pm	Fees apply	Contact: Wyndham Community & Education Centre ☎ 9742 4013 & press 1
Brands & Biz Works with small home based & micro businesses to coach them to run their business & gain financial independence.	2nd Sunday monthly 1:30pm—5:30pm	Fees apply	Sudhir Juneja ✉ brandsandbiz@gmail.com
Brainworks Tuition, guidance & feedback with an emphasis on methods & skills. Covers scholarship & select entry exam preparation for year 3 & 9. Foundation English & Math programs for year 2 to 10.	Wednesdays & Thursdays 5:15pm—7:15pm	Fees apply	Contact: Adnan ☎ 0401 421 114 or 0401 421 115 ✉ pointcook@brainworks.com.au 🌐 brainworks.com.au
Gamechanger Job resume/cover letter sessions Looking for work? Need to start on a resume? Who can support? Our friendly youth workers are here to support with all things job related .	Thursdays 3:30pm—5:00pm	No Cost	☎ 0429 230 740 ✉ danielle.diez@wyndham.vic.gov.au In partnership with Youth Services & The Huddle
Computer Classes for migrants Introduction to computer usage, internet, social media and basics.	Fridays 11:30am—2:00pm	No Cost	Contact: Point Cook Community Learning Centre ☎ 9395 6399 ✉ pointcookclc@wyndham.vic.gov.au
Conversational English for migrants Practise your English skills, meet new people, and learn from others.	Fridays 9:00am—11:00am	No Cost	
Computer Skills — First Steps Computers for absolute beginners. This course covers basic computer skills to get you started. The class is 3 hours a week for 10 weeks. Once you've completed First Steps, continue on to the next level: Computer Skills Next Steps.	Thursdays 9:00am—12:00pm	\$30 for 10 week course (permanent residents)	To enrol go to: https://wyndhamcec.org.au/course-list-pre-accredited/ Or attend an enrolment session at Point Cook Community Learning Centre at 10am on Tuesday 12 April.
Computer Skills — Next Steps This course is designed for people who have basic computer skills or as a follow on for students who have completed the “First Steps” course. The course provides an introduction to Excel, Word, and PowerPoint.	Thursdays 12:30pm—3:30pm		
CONTACT: Wyndham Community & Education Centre (WCEC) ☎ 9742 4013			

Opening Hours



Point Cook Library Opening hours

Monday-Thursday: 10am–8pm | Friday: 10am–6pm | Saturday: 10am–4pm | Sunday: 1pm–5pm |
 Return Chutes: open 24/7

For more information visit our website <https://www.wyndham.vic.gov.au/services/libraries>

Education & Training Kids & Adults

Point Cook Community Learning Centre	Day & Time	Cost	Information
<p>English Conversation Café At Language Cafe you can practise your English skills, meet new people, and learn from others. This is a great way for you to connect with the community and maybe even make new friends. Bookings required.</p>	<p>Mondays 2:00pm—3:00pm</p>	No Cost	<p>Point Cook Library (03) 8734 8999 Bookings: www.wyndham.vic.gov.au/adult-events-and-activities</p> <p>Changing COVID restrictions mean we may need to cancel, postpone or move programs online at short notice. Please visit www.wyndham.vic.gov.au/libraries for current information.</p>
<p>English Conversation Café Online Join us online for Language Café and practise your English skills! You'll meet people from all over the world who are learning English. Everyone is welcome! Bookings required.</p>	<p>Online Thursdays 12:00pm—1:00pm</p>		
<p>Q&A with a Speech Therapist Meet with Lisa Decker, local Speech Pathologist from Well Said Clinic to share concerns and questions about your child's language development. Join with other parents to hear Lisa's expert opinions about fostering children's speech, language.</p>	<p>Monday 16 May 7:00pm—8:00pm</p>	No cost	<p>Point Cook Library (03) 8734 8999</p> <p>Bookings: https://www.wyndham.vic.gov.au/whats-on/q-speech-pathologist-point-cook-library</p>
<p>So & Sew—Introduction to the Textile Industry How to work with different types of fabrics How to follow simple patterns How to set up and use a simple sewing machine How to make simple items on a machine</p>	<p>Tuesdays 9:00am—12:00pm</p>	\$40 (permanent residents)	<p>Book online: https://www.wyndhamcec.org.au/wpmain/course-details-pre-accredited/?course_id=88350&course_type=w</p> <p>Contact: Wyndham Community & Education Centre (WCEC) ☎ 9742 4013</p>
<p>Next Stitch—Intermediate Sewing Classes Working with different fabrics Using patterns to make a garment e.g. a girl's summer dress and a boy's shirt Using an Overlocker</p>	<p>Tuesdays 12:30pm—3:30pm</p>		
<p>South Sudanese Children's Homework Club Prep to years 6 & 7 Designed to address key areas of development, setting goals & building confidence. The homework club fosters higher learning within children & encourages them to pursue their goals in life. We will assist children with their school reader & homework.</p>	<p>Wednesdays 4:00pm—6:30pm</p>	No cost	<p>Contact: Aweeng or Poly ☎ 0403 523 429 or 0434 178 753 ✉ poly.kiyaga@wyndhamcec.org.au or aweeng.deng@wyndhamcec.org.au</p>
<p>Steam Works Studio 3D Design, Coding and Robotics</p>	<p>Tuesdays & Fridays 4:30pm—6:00pm Saturdays 11:00am—12:30pm 1:30pm—3:30pm</p>	Fees apply FREE Trial Class available	<p>Contact: Arpan ☎ 1300 308 358 ✉ sales@steamworksstudio.com.au</p>
<p>Telugu Association of Australia Inc Teaching Telugu language to protect culture & diversity among our children while integrating with the multicultural society of Wyndham.</p>	<p>Saturdays Fortnightly 3:30pm—6:00pm</p>	Fees apply	<p>Contact: Satya ☎ 0422 211 036 ✉ matamps@cba.com.au 🌐 taai.net.au</p>
<p>Writing Group Come along to Wyndham City Libraries free weekly writing groups for adult writers of all levels of experience. Get your creative juices flowing with exercises designed to inspire and develop your writing skills in a fun and friendly environment. Bookings required.</p>	<p>For more information and bookings please visit the website.</p>	No cost	<p>Online (03) 8734 8999</p> <p>Bookings: www.wyndham.vic.gov.au/adult-events-and-activities</p>
<p>Zeal Youth & Young Adults Meet other like minded youth to socialise over food, activities, games, praise & worship.</p>	<p>Saturdays 6:00pm—10:00pm Feb, May, June & Sept</p>	No cost	<p>Contact: Arich ☎ 0421 562 994 ✉ arich.c@faithlifecyclechurch.com.au 🌐 faithlifecyclechurch.com.au instagram.com/zeal_yya</p>
<p>Zimbabwean Community in Australia Offering Shona Ndebele language classes to kids & adults.</p>	<p>Saturdays 1:00pm—3:00pm</p>	Fees apply	<p>Contact: A. Zivave ☎ 0424 326 267 ✉ atzivave@yahoo.com</p>

Education & Training Kids & Adults

Saltwater Community Centre	Day & Time	Cost	Information
Abacus Training Centre by Sempoas Sip Brain training for children using Abacus method. Learn arithmetic in a fun environment with a set of curriculum developed for kids of all levels. Qualified instructor & internationally acknowledged program.	Wednesdays 5:00pm—7:00pm	Fees apply	Contact : Munita ☎ 433 551 979 ✉ info@sempoasip.com.au 🌐 sempoasip.com.au Enquire about our free trial class
AtWorks Australia Working with people living with a disability. Working on goals, aspirations, build skills and job-readiness through to employment.	Mondays & Wednesdays 9:00am—5:00pm	Fees apply	Contact: Emine Jeffrey ☎ 0438 816 448 ✉ ejeffery@atworkaustralia.com.au 🌐 https://www.atworkaustralia.com.au
TeKids Unique combination using robot (LEGO, EV3, Drones) teaching coding (Block, Scratch, Java, Python) progress beginner to Regional/state robotics & coding comp. FREE Trial Class available.	Saturdays 10:15am—11:00am 11:30am—12:15pm 1:00pm—1:45pm 2:00pm—2:45pm	Fees apply	Contact: Shilpi ☎ 0435 023 078 Facebook: facebook.com/tekidsaustralia/ 🌐 tekids.com.au



SUPPORTING WOMEN OF COLOUR

To be happier and healthier through a physical activity program.

ملتقى السيدات العربيات 

We are inviting Women from Arabic background who are looking for a safe and inclusive space to learn about their health, get active, or expand their social circle.

Our Weekly Active sessions are the perfect opportunity for you to improve your physical, mental and social well-being

يللا نتحرك حبيبتى

When: Every Thursday at 10h30 am

Where: Saltwater Community Centre


153 Saltwater Promenade, Point Cook VIC

For further information, please contact Imane on :0490 058 968 or imane@adec.org.au

Registration is Essential

The sessions are **free** of cost to the community members.



 <https://adec.org.au/>

 [facebook.com/ADECINC](https://www.facebook.com/ADECINC)

 [adec_australia](https://www.instagram.com/adec_australia)

Recreation & Wellbeing Kids & Adults

Featherbrook Community Centre	Day & Time	Cost	Information
Beat Freakz Fitness All in one workout combining aerobics, boxing, weight resistance and dancing with a twist. Classes include light dumbbells for sculpting & toning.	Mondays 6:45pm—7:30pm	Fees apply	Contact : Jenna Chaffey ☎ 0424 124 661 ✉ beatfreaksfitness@yahoo.com 🌐 beatfreaksfitness.com.au
PointCookDance We want everyone from 3 year to teenagers to experience the thrill of dance. Classes—Pre-Schooler Dance Fun, Classical Ballet, Jazz Funk, Hip Hop Boyz, Tap, Contemporary, Acrobatics, Drama & Singing.	Tuesdays, Thursdays, Fridays & Saturdays Times vary. Please see timetable on website	Fees apply	Contact: Mandy ☎ 0416 679 911 ✉ mandy@pointcookdance.com.au 🌐 www.pointcookdance.com.au
Point Cook Girl Guides Girl Guides Victoria creates friendly environments for children and young people. Our mission is to empower girls and young women into confident self respecting responsible community members	Tuesdays 6:00pm—8:30pm	Fees apply	Contact: Robyn ☎ 0407 055 631 ✉ wyndham@guidesvic.org.au 🌐 www.guidesvic.org.au
Rachana Natyalaya One of the foremost centres for learning Indian classical, Bollywood & folk dance forms. Structured training is provided for students at various levels, who get the opportunity to participate in events.	Wednesdays 6:00pm—9:00pm	Fees apply	Contact: Archana ☎ 0432 161 933 ✉ koorthy@gmail.com 🌐 rachananatyalaya.com
Sahaja Yoga Meditation Based on an experience called Self-Realization (Kundalini Awakening) that can occur within each human being. Here you'll learn how to experience the peace of true meditation.	Wednesdays 7:30pm—8:30pm	No cost	Contact: Rupesh ☎ 0404 198 638 ✉ Rupesh.lal2@gmail.com 🌐 www.freemeditation.com.au
Table Tennis at Featherbrook Community Centre Join locals for some active fun playing table tennis. Places are limited so book now! Open to all	Fridays 1:00pm—3:00pm	No cost	Featherbrook CC ☎ 8353 4000 ✉ featherbrookcc@wyndham.vic.gov.au
Tatkaar Kathak Institute An Indian ballet known as Kathak—which means story telling. Teaching the art of story telling through dance based on Indian culture.	Saturdays 9:30am—10:30am	Fees apply	Contact: Shikha ☎ 0450 228 954 ✉ tatkaarkathakinstitute.com
Vibe Choreography “LETS CO-EXIST” Exciting, fun and popular Bollywood, Hip Hop, Jazz Funk dance classes for anyone aged 6 years. If you love to dance, build your confidence and make great friends, enquire with us.	Tuesdays 6:00pm—7:00pm Fridays (14yo +) 7:00pm—8:00pm Saturdays (6yo—13yo) 10:00am—11:00am	Fees apply	Contact: Alpana ☎ 0434 944 074

DANCE BOX SQUAT TONE

BEAT FREAKZ FITNESS

THE ULTIMATE WORKOUT IN THE DARK

TRY OUR FIRST CLASS FOR \$10, SIGN UP VIA WBSITE!



WWW.BEATFREAKZFITNESS.COM.AU/



Recreation & Wellbeing Kids & Adults

Jamieson Way Community Centre	Day & Time	Cost	INFORMATION
Beat Freakz Fitness An endorphin pumping, energetic group fitness class aimed to suit absolutely everybody! In every class, expect dance, boxing, cardio & toning. Classes are all inclusive, suitable for beginners & advanced.	Wednesday evening	Fees apply	Contact: Jenna ☎ 0424 124 661 ✉ beatfreakzfitness@yahoo.com
Bharatalaya Dance & Music Academy Drumming music classes.	Sundays 12.30pm—4:00pm	Fees apply	Contact: Rasiah ☎ 0412 411 690 ✉ balasri@gmail.com
Card Crafters Learn the fun art of card making.	Taking expressions of interest	\$15.00 per session incl materials	Contact: Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au
Craftastic—Social craft group & bus trips Do you have some unfinished craft? Come along & complete your project!	Tuesday 10:00am—12:00pm	\$2.00	
Creating Beeswax Candles Create your own beeswax candles to take home. All materials are included.	Taking expressions of interest	\$30.00	
Community Garden Pick, share, grow veggies & plants! Are you interested in caring for our garden?	Always open	No cost	
Community Bus Trips Movie, shopping and other trips—let us know where you want to go!	Contact for days and times	Fees apply	
Community Kitchen Cook, share, learn & meet new friends BYO apron & take away container.	Contact for 2022 details		
DWM Studio Dance, Acrobatics & Drama (from 5 years) Jazz, Hip Hop, Ballet, Contemporary, Tap, Acrobatics, Drama, Boys Classes & more!	Contact for days & times for all available class times, days and styles	Fees apply	Contact: Monique ☎ 0427 288 085 ✉ monique.a.savill@gmail.com
DWM Studio—Dance with Monique Bridal lessons & private lessons.	Contact for details	Fees apply	
Gardening Swap Point Cook Meet at the BBQ area at back of the centre.	4th Sunday monthly 10:30am—11:30am	No cost Bring swap items	Contact: Wendy 0455 378 133 or Kim 0411 560 019 sarahong74@gmail.com FB: Gardening Swap Point Cook
Jam Way Sew & Sew Group Qualified dressmaker/BYO projects, machines on site or BYO.	1st & 3rd Monday of month 7:00pm—9:00pm	\$5.00 per session Pay in advance	Contact: Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au
Jam Way Quilters Patch Patchwork classes with an experienced patch worker! Open to everyone! BYO project.	Thursday 9:30am—12:30pm 6:30pm—9:30pm	\$5.00 per session	Contact: Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au
Jam Way Book Club Share your love of reading and enjoy morning tea & a cuppa!	3rd Thursday of each month 10:30am—12:20pm	\$2.00 per session	Contact: Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au

Recreation & Wellbeing Kids & Adults

Jamieson Way Community Centre	Day & Time	Cost	INFORMATION
Jam Way Guitar Lessons Small sized half hour classes for primary school ages. Bring your own guitar. Bookings required.	Wednesdays 4:00pm—6:30pm	\$10.00 per half hour lesson Pay by the term	Contact: Jamieson Way Community Centre ☎ 9395 3777 or Bev 9395 1953 ✉ admin@jamiesonwaycc.org.au
Jam Way Teen Guitar lessons Small half hour beginner classes for ages 13 years & over.	Now taking expressions of Interest Payment by the term		
Manmonhini Indian Dance School Regular Indian classical Kathak dance.	Thursdays evenings	Fees apply	Contact: Mohini ☎ 0421 084 366 ✉ ohini@kathakmelbourne.com.au
Oil Workshops Discover the magic of essential oils and learn how and when to use them!	Taking expressions of interest	Fees apply	Contact: Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au
Planned Activity Group Indian Social Support Group	Fridays 10:00am	Refer to MRC for details	
Seniors Board games & social meet up group Over 55's - Come along for a cuppa & enjoy card & other board games & meet new friends.	Mondays 1:00pm—3:30pm	\$2.00 per session	
Shorinjiryu Karate Children & Adult classes.	Tuesdays 4:00pm—6:30pm	Fees apply	Contact: Marnie ☎ 0418 564 382 ✉ marnie72@hotmail.com
Meet Up With Mates Meet new people, share interests, bus trips & health and wellbeing activities	Mondays fortnightly 10:30am—12:30pm	FREE	Contact: Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au

MEET UP with MATES

Fortnightly Mondays

10.30AM - 12.30PM

Enjoy a chat, coffee & cake

FREE

ALL WELCOME!

Jamieson Way Community Centre
 59 Jamieson Way Point Cook
admin@jamiesonwaycc.org.au 9395 3777

Recreation & Wellbeing Kids & Adults

Jamieson Way Community Centre	Day & Time	Cost	INFORMATION
Walking Group All welcome meet out front at Jamieson Way Community Centre car park.	Tuesdays & Wednesday 9:00am	No cost	Contact: Sian ☎ 0400 049 395 / 9395 1182
Walking Basketball— Seniors These fun sessions are designed to be adaptable based on participants skill level, fitness & mobility .	Thursday 1:00pm—2:00pm	\$2.00 per session	Contact: Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au
Yoga Give your body the attention & love it needs through breathing & gentle movements. In partnership with Reclink Aust	Tuesday 9:15am—10:00am	Free for Term 1	
Table Tennis Come along & enjoy a social game.	Fridays 12:30pm—2:30pm	FREE	
Tai Chi 24 for Seniors Gentle & relaxing exercise with an experienced instructor.	Mondays 11:30am—12:30pm	\$5.00 per session	

LEARN SHARE EVOLVE

at the Jamieson Way Community Centre

To enrol in the walking group, please contact Sian on the number listed above. To participate in the seniors Thai Chi 24, Walking Basketball, Yoga with Reclink or Table Tennis please contact our friendly staff at the Jamieson Way Community Centre.



WALKING BASKETBALL

Thursdays
1pm - 2pm

PLAY NOW!



TAI CHI

Learn Tai Chi with an experienced instructor today!

Mondays
11.30am - 12.30pm

\$5.00 PER SESSION



"COOKIE KIDS" MESSY & SENSORY PLAY

2 SESSIONS FOR \$35.00
Friday 17th June + 24th June

1pm - 1.45pm
Dress for Mess

BOOK NOW!



Neighbourhood House Week 9-15 May 2022

Building resilience by bringing people together

Drop into your local community centre to see what's on offer.

Recreation & Wellbeing Kids & Adults

Point Cook Community Learning Centre	Day & Time	Cost	Information
Australian Air League Point Cook Squadron Program for boys & girls aged 8+ encouraging an interest in aviation. Activities incl ceremonial drill, physical training, model aircraft building, Navigation & Aircraft Engines theory & First Aid, Life saving, camp.	Wednesdays 6:30pm—8:30pm	Fees apply	Bryan McGrath ☎: 0413 060 552 ✉ oc.pointcook@airleague.com.au 🌐 airleague.com.au
Author Talk: Dervla McTiernan Come along & hear bestselling author of <i>The Ruin</i> , Dervla McTiernan discuss her new novel, <i>The Murder Rule</i> , her first ever standalone thriller.	Friday 20 May 12.30pm—1.30pm Bookings required.	No cost	Point Cook Library ☎ 8734 8999 Bookings: www.wyndham.vic.gov.au/whats-on/dervla-mctiernan
Beat Factor Adult drum class. Ideal for those who want to try their drumming skills in African and Samba drumming. Drums supplied or BYO	Fridays Last of the month 7:00pm—8:30pm	Fees apply	Contact : Rod Pilois—Ensemble Director ☎ 0411 028 077 ✉ info@beatfactormusic.com 🌐 beatfactormusic.com/workshops
Bollywood Dance School Australia Bollywood dance for kids, teens & adults.	Mondays 5:30pm—9:30pm	Fees apply	Contact : Latha ☎ 0499 888 115 ✉ admin@bollywooddanceschool.com.au 🌐 bollywooddanceschool.com.au
Brooks School Of Dance Quality dance classes in classical Ballet, Jazz & Hip Hop taught by professional dance teachers, in a friendly & encouraging environment.	Thursdays 4:30pm—6:30pm Saturdays 9:00am—12:00pm	Fees apply	Contact: Ayelet ☎: 0430 765 431 ✉ brooksdance@gmail.com 🌐 brooksschoolofdance.com
Craft & Conversation Ages 18+ Are you a craft lover? Join our monthly program to create a new craft each session. Materials are free, conversation is included, and you can take home your finished project.	Fridays 4th of the month 11:00am—1:00pm Bookings required.	No cost	Point Cook Library ☎ 8734 8999 Bookings: www.wyndham.vic.gov.au/adult-events-and-activities
Friday Night Fiction Ages 12-19 Do you like talking all things books? Join us for Friday Night Fiction, a free monthly book club just for teens! Bookings required.	Fridays 1st of the month 4:00pm—5:00pm		Bookings: https://www.wyndham.vic.gov.au/whats-on/friday-night-fiction-point-cook-library
Fun & Fitness Gentle Exercise Gentle physical activity program suitable for seniors and all abilities.	Fridays 11:00am—12:00pm	\$6 per session	☎ 9395 6399 ✉ pointcookclc@wyndham.vic.gov.au
Gamblers Anonymous Non for profit support group for people with a compulsive gambling problem (addiction), similar to Alcohol Anonymous (AA) offering opportunity to get support through sharing their strengths & hopes.	Thursdays 8:00pm—9:00pm	No cost	Contact ☎ 9696 6108 ✉ gavictoria18a@gmail.com
Game On! Ages 12–19 Like gaming? Drop in after school and show off your skills on Nintendo Switch. Beginner to advanced players welcome.	Wednesdays 3rd of the month 3:30pm—5:30pm During school term	No cost	Point Cook Library ☎ 8734 8999 No bookings required.

Are you aged between 12-18 years and want a space to hang out, flex your gaming skills and make some friends?

Join us face to face, as we come together to enjoy a ton of different interactive games!

Point Cook Community Learning Centre

Every Wednesday
 3.30pm to 5.30pm

Commencing Wednesday 4 May 2022

Youth
 Services



Gamer's
 Den

Recreation & Wellbeing Kids & Adults

Point Cook Community Learning Centre	Day & Time	Cost	Information
Inbetweeners Book Club Ages 9-13 Come along to our book club where you can discover new titles, meet new friends and have fun playing book-themed games!	Fridays Last of the month 4:00pm–5:00pm	No cost	Point Cook Library ☎ 8734 8999 Bookings: https://www.wyndham.vic.gov.au/whats-on/inbetweeners-book-club-0
Kids Club Ages 5+ Come and join in a different activity every week. Make new friends and have lots of fun.	Wednesdays 4:00pm During school term	No cost	Point Cook Library ☎ 8734 8999 Bookings: www.wyndham.vic.gov.au/services/libraries/early-years/early-years-events-and-activities
Multicultural Women Victoria (was Women's Circle) Providing social support, shared experiences & skills, in areas of health & well-being. Active participation in local council & community events. Encourage Women to promote their cultural traditions & cuisines.	Wednesdays 3rd of the month 10:00am—12:00pm	No cost	Contact: Jane or Zeinab ☎ 0423 697 187 or 0413 376 119 ✉ chair@virwc.org.au ✉ projects@virwc.org.au
Natyanjali School of Dance All ages. Bharathanatyam India's oldest & popular classical dance style encompassing music, rhythm & expression. Strictly adheres to Natyashastra.	Tuesdays 6:00pm—7:00pm Fridays 5:30pm—6:30pm	Fees apply	Contact: Anitha Perumal ☎ 0470 177 937 ✉ anititha@yahoo.com
Point Cook Seniors Group Meet for social interaction with other seniors from local area.	Fridays 12:15pm—2:00pm	No cost	Contact: Bev ☎ 0417 324 489 or 9395 6399 ✉ pointcookclc@wyndham.vic.gov.au
Point Cook Craft Group Bring along your knitting or craft for social interaction with other seniors from local area.	Thursday 10:00am—12:00pm	No cost	

We're hosting a Biggest Morning Tea



3 June 12:15pm

**Point Cook Community Learning Centre
1-21 Cheetham Street, Point Cook**

Please support us!

\$15 lunch & raffle entry
Bookings essential contact us on
9395 6399 or email
pointcookclc@wyndham.vic.gov.au



Recreation & Wellbeing Kids & Adults

Point Cook Community Learning Centre	Day & Time	Cost	Information
Point Cook VIEW Club A leading women's national organisation, providing the opportunity for women from all walks of life to meet regularly, establish lasting friendships & help disadvantaged Australian children through supporting the work of The Smith Family.	Wednesdays 1st of the month 10:00am—12:00pm	Fees apply	Contact: Elaine Brundle ☎ 0404 066 860 ✉ pointcookview@gmail.com
Point Cook Walking Group People of all ages come join us to discover Point Cook, meet new friends, keep fit & healthy.	Mondays-Fridays 9:00am	No cost	Contact: Bev ☎ 0417 324 489 Meet at the Point Cook town centre outside dry cleaners (Coles precinct)
Prana Yoga Learn & practice Integral Hatha yoga to live a healthy & holistic lifestyle using breathing techniques to feel inner peace. Bring your own mat.	Saturdays 7:30am—8:30am Adults	Fees apply	Contact: Roopa ☎ 0411 296 442 ✉ info@pranayogastudio.com.au 🌐 pranayogastudio.com.au
Salsa In Motion Beginner Cuban Salsa & Bachata, intermediate level Cuban Salsa/Rueda & Bachata dance classes for adults. No dance experience or partner required. Free 25min intro session.	Mondays 7:00pm—9:30pm	Fees apply	Contact: Michael ☎ 0430 355 888 ✉ info@salsainmotion.com.au
Virtual Book Club Join us online to chat about a selected title (just like a traditional book club). Each title is announced in advance, giving you plenty of time to read it! Bookings required.	Thursdays 3rd of the month 7:30pm—8:30pm	No cost	Online ☎ (03) 8734 8999 Bookings: www.wyndham.vic.gov.au/adult-events-and-activities
Yoga for Seniors A gentle yoga session for seniors—currently online Mon & Tue Zoom ID 6837065456 passcode WAY@22 Wed & Thurs Zoom ID 82968814363 passcode 999	Online Mondays –Thursdays 11:00am—12:30pm	No cost	Contact: Prem ☎ 0430 740 023
Youth Services @ Point Cook Courtside Ages 12-25 Hang out with our friendly youth workers & meet new friends at Point Cook Town Centre Basketball courts.	Thursdays 3:00pm—5:00pm	No Cost	☎ 8375 2346 At the Point Cook basketball court
Zumba Fitness with Zin Monika Fitness & exercise to help improve health, coordination & balance whilst dancing to Salsa, Merengue & Reggaeton. Ultimate fun!	Tuesdays 7:00pm—8:00pm	Fees apply	Contact: Monika ☎ 0468 320 618 ✉ monika.au@outlook.com



Ages 5-18

Do you enjoy writing stories? The Imagination Creation Writing Competition is back for 2022, with prizes for the best stories and poems in each age group.

Competition runs from Tuesday 26 April to Sunday 10 July

Enter online: <https://www.wyndham.vic.gov.au/services/libraries/kids/kids-competitions/imagination-creation-writing-competition>

FAZ Creative



Ladies Beginners Sewing Class

Bring your Sewing Machine to learn the basics of using it and learn how to sew a Fabric Basket
14th of April 10am-12pm
At Saltwater Community Center
Material Provided
\$15 per person
To Book a spot Contact
Farzana 0406027372 (After 5pm)



FAZ Creative

Create a Terrarium Workshop

Get creative by creating your own little landscape in glass is a lot of fun, very rewarding and highly addictive! Why not come along to one of my 1 hour workshop and learn:

- How to create the substrate layers essential to a terrarium
- Elements and principles of design for planning a beautiful landscape in glass
- Tips for decorating

When: Thursday 21 April 2022

Time: 10:00am - 11:00am

Cost: \$15 per child

Age: 6 - 12 years

Where: Saltwater Community Centre, 153 Saltwater Promenade, Point Cook 3030

Limited spots and are available on first come first serve basis only.

To make bookings for the workshop please contact the Farsana Iqbal on **0406 027 372**

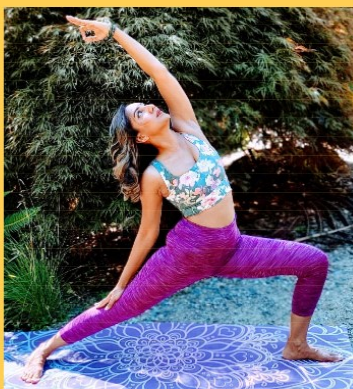
*** Materials will be supplied**

Bookings
essential



YOGA WITH SRI

YOGA CLASSES FOR WOMEN



Saltwater Community Centre
Term 2 Starting on May 4, Wednesday
Fees for term 2- 8 Classes- \$120
Wednesdays 9 AM - 9:50 AM
For bookings contact Sri: 0469308360
email: yogaclasswithsri@gmail.com

Enjoy physical and mental well-being with a holistic yoga practice covering Hatha, Vinyasa, Yin, Restorative, meditation and Pranayama. Suitable for all levels.

Let us support each other and come out stronger!

NEW

**DUE TO A
SELL-OUT TERM 2,
WE'VE ADDED A
NEW CLASS**

We've added a Thursday afternoon class to our Term 2 Beginners Wheel Throwing schedule. Come and escape your busy life and express your artistic talents on the potters wheel!



When

May 5th - June 16th
7 week class
Thursday 2.00pm - 5.00pm



Secure your wheel today!

Book online or email
nandita@potteryscape.com

**ONLY 6 SPOTS
AVAILABLE**

Beginners Wheel Throwing Class

With only 6 students in the class, personal attention will be given to master the wheel throwing technique and pursue your own artistic creation. All skill levels are accommodated and welcome. This is an enjoyable and social class.

Recreation & Wellbeing Kids & Adults



SALTWATER ART STUDIO is evolving! Over the last couple of months the studio has transitioned into an artist-led space, in which the artists accessing it are now working together collectively to develop and run it. Along with the established offerings that Saltwater Art Studio has become known for (it's ceramics, painting, and youth offerings), there will also be a variety of short-term and one-off activities to fill out the schedule, which will change each quarter. For more information visit our new website www.saltwaterartstudio.net and be sure to 'like' and follow us on Facebook and Instagram for news updates and weekly doses of creative inspiration!

<p>Adults Pottery - Wheel Throwing Beginners Class Adult course for beginners to develop skills to create work on the potters wheel. Only 6 students per class, All skill levels are accommodated and welcome. Inclusive of clay, glazes & underglazes. Firing costs extra.</p>	<p>Tuesdays, Wednesdays Thursdays(7 week courses) Thursdays 6:00pm—9:00pm 2:00pm—5:00pm</p>	<p>Fees apply</p>	<p>Instructor : Nandita Nadkarni ☎ 0432 266 229 ✉ nandita@potteryescape.com Website: www.potteryescape.com</p>
<p>Kids Drawing Course Ages 10+. Draw comic book, fantasy & movie characters from imagination. Areas covered will include—character creation, anatomy, light & shading Storyboarding. A fun and creative workshop open to all skill levels.</p>	<p>Mondays 4:30pm—6:30pm (8 weeks)</p>	<p>Fees apply</p>	<p>Instructor : Nick Shepherd ✉ nick.shepherd26@gmail.com</p>
<p>Open Studio Not enough space to paint or create at home? Open Studios is for anyone to come work on their own projects.</p>	<p>Fridays 9:30am—3:30pm</p>	<p>No cost</p>	<p>Contact : ☎8376 5500 ✉ saltwatercc@wyndham.vic.gov.au</p>
<p>Aiki Kai Aikido Modern, non-aggressive Japanese martial art, true 'budo' path, utilised as a 'Way' to spiritual growth. Explore exercise with meaning. Non-competitive & supportive.</p>	<p>Wednesdays Saturdays 7:30pm—9:00pm 8:00am—10:30am (kids)</p>	<p>Fees apply</p>	<p>Contact : Andrew Last ☎ 0405 330 149 ✉ Andrewlast.aikido@gmail.com</p>
<p>Beat Factor Adult drum class. Ideal for those who want to try their drumming skills in African & Samba drumming. Drums supplied or BYO</p>	<p>Thursdays 7:30pm—8:30pm</p>	<p>Fees apply</p>	<p>Contact : Rod Pilois ☎ 0411 028 077 ✉ info@beatfactormusic.com https://www.beatfactormusic.com/workshops</p>
<p>Bollywood Dance School Australia Bollywood, Jazz, Contemporary & Hip Hop dance for kids, teens and adults.</p>	<p>Mondays & Fridays 5:30pm—9:30pm</p>	<p>Fees apply</p>	<p>Contact : Darshan/Vihang ☎ 0499 888 115 ✉ admin@bollywooddanceschool.com.au</p>
<p>Eat Pray Yoga Vinyasa Flow yoga for all levels & abilities. Relaxed atmosphere. Build strength, increase flexibility, improve digestion, concentration & reduce stress.</p>	<p>Sundays 8:00am—9:00am</p>	<p>Fee apply</p>	<p>Contact : Loretta Cachia ☎ 0425 853 530 ✉ eatprayyoga@outlook.com</p>
<p>JKA Karate Teaches traditional Shotokan JKA-style a non-aggressive self-defence martial art., great for physical wellbeing & character development. Classes for any age or any skill. Free trial class</p>	<p>Tuesdays Saturdays 5:30pm—8:30pm 2:00pm—3:30pm</p>	<p>Fees apply</p>	<p>Contact : Bryan Zaldarriaga ☎ 0434 483 015 ✉ bryan.zaldarriaga@jkaaustralia.com.au 🌐 jkaaustralia.com.au</p>
<p>Let's Dance Point Cook Have you always wanted to learn the basic steps of dancing? Join us to learn Cha Cha, Swing, Rhumba, Quick Step, Foxtrot, Walt & Jive, something for everyone no matter your dancing experience. Everyone welcome!</p>	<p>Sundays 4:00pm—6:00pm</p>	<p>Fees apply</p>	<p>Contact : Phebe Yeo ☎ 0425 338 832 ✉ yeophebe@yahoo.com.sg</p>

Recreation & Wellbeing Kids & Adults

Saltwater Community Centre	Day & Time	Cost	Information
Manmohini Indian Dance School—Kathak North Indian Classical dance form which traces its roots from the tradition of storytellers. Designed to master each aspect of Kathak. Our students receive professional performing ability & Indian cultural education.	Wednesdays 5:00pm—6:00pm (Kids) 6:15pm—7:15pm (Adults)	\$20 per class	Contact : Daveena Munee ☎ 0430 714 273 ✉ Daveena.munnee@gmail.com
Melbourne School of Indian Music Develop your child's concentration skills in a fun way! It also develops concentration skills, improves body awareness, kinesthesia & better synchronism in body, mind as well as other senses!	Tuesdays 6:15pm—8:00pm	Fees apply	Contact : Jay Dabgar ☎ 0430 521 372
Saltwater Craft Group Bring along knitting, crochet, sewing, drawing, jewellery or any other craft and enjoy making and sharing in this social group.	Wednesdays 10:00am—12:00pm Bookings essential!	No cost	Contact : Saltwater Community Centre ☎ 8376 5500 ✉ Saltwatercc@wyndham.vic.gov.au
Table Tennis at Saltwater Community Centre Bring a friend along for a friendly. Everyone is welcome. Bookings essential	Thursdays 12:30pm—3:30pm (open to all)	No cost	Saltwater Community Centre ☎ 8376 5501 ✉ saltwatercc@wyndham.vic.gov.au
Tai Chi An art embracing the mind, body & spirit. One of the most effective exercises for health of mind and body.	Mondays 9:30am—10:30pm Bookings essential!	No cost	Contact: Saltwater Community Centre ☎ 8376 5500 ✉ saltwatercc@wyndham.vic.gov.au
Youth Services Drop in Are you aged 12-17 years of age? Come and join the Youth Services team for Friday nights of fun activities	Fridays From 7 February 3:00pm—5:00pm	No cost	Contact 8734 1355 ✉ youthinwyndham@wyndham.vic.gov.au
Zumba Fitness with Zin Monika Fitness & exercise to help improve health, coordination & balance whilst dancing to Salsa, Merengue & Reggaeton. Ultimate fun!	Sunday 10:00am—11:00am First class free	Fees apply	Contact : Monika ☎ 0468 320 618 ✉ monika.au@outlook.com

Community, Cultural & Faith Groups

Featherbrook Community Centre	Day & Time	Cost	Information
Australia India Society of Wyndham Social group that meets for festival celebrations and activities including meditation, yoga and games.	Fridays 11:00am—12:30pm	Fees apply	Contact: Vadilal Patel ☎ 0480 114 154 ✉ australiaindiasociety@gmail.com
Point Cook Chinese Friendship Group Meet weekly to dance, sing, learn songs and learn English.	Mondays (Dance) 1:00pm—3:00pm Thursdays (Singing) 11:30am—13:30pm	No cost	Contact: Yanwen Zhong or Erik Tan ☎ 0421 991 696 ✉ mimilisa5@126.com
Point Cook Indian Seniors Group Recreation and activities	2nd Tuesday month 1:00pm—3:00pm	No cost	Contact: Indira ☎ 0402 458 648 ✉ indiramohan37@gmail.com
First Born Gospel Church Point Cook Filipino Christian Services	Sundays 12:30pm—4:30pm	No cost	Contact: Edward Estrada ☎ 0456 191 341 ✉ fbgcpe@iafb-australian.org
Garam Ministry Indonesian Christian Services.	Sundays 9:00am—12:30am	No cost	Contact: Pastor Marlina ☎ 0408 301 006
Le Petrel Mauritian Seniors Club Inc Seniors Gathering with Social Activities	Wednesdays 12:30pm—4:30pm	Fees apply	Contact: Regis ☎ 0421 464 874
Wyndham Active Youngs @ 55 Inc.—Yoga A seniors group that focuses on health and well-being that welcomes all cultures and backgrounds. Tues: Table Tennis 9:30am/ Yoga or Lectures 11am/ Games 12:30. Wed: Table Tennis: 9:30am (2nd, 3rd, 4th Wed of the month)	Mondays (Yoga) 11:00am—12:30pm Tuesdays 9:30am—2:30pm Wednesdays 9:30am—11:00am	Fees apply	Contact: Jugal ☎ 0415 170 155 ✉ jugal.chhabra@yahoo.com

Jamieson Way Community Centre	Day & Time	Cost	Information
GenU Disability support group.	Wednesdays 9:00am—3:00pm	Contact for details	Contact: ✉ bonnie.baker@genu.org.au
Gospel Power Ministries Faith based Pentecostal church sharing the gospel locally, nationally & internationally.	Wednesday - Youth Friday - Prayer Sunday - Service	No cost	Contact: Matthew ☎ 0429 959 726 ✉ kmatthewr3@gmail.com
Point Cook Action Group Local community group.	3rd Monday of month 7:00pm—9:00pm	No cost	Contact: Bob ☎ 0409 252 872
Point Cook Market Loads of art & craft, food, entertainment & more. BOOK a stall now!	2022 dates to be confirmed 10:00am—2:00pm	Free entry	Contact: Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au
Point Cook Community Learning Centre	Day & Time	Cost	Information
Australia India Society of Wyndham Indian Social Group who get together to celebrate festivals, meditation, yoga classes, laughing & clapping programs.	Mondays 11.30am—2:30pm		Contact: Vadilal Patel ☎ 0480 114 154 ✉ australiaindiasociety@gmail.com
Iraqi Cultural Group in Australia A social & educational seniors Iraqi group covering interesting topics, art performance & general knowledge of a multicultural Australian-Iraqi society for continuous improvement of seniors' life style.	Sundays 1st of month 1:00pm—3:00pm	Fees apply	Contact: Farial Jafar ☎ 0422 798 587 ✉ farial.jafar@gmail.com
Light of Jesus Feast Melbourne West is that place where you are loved. Join us for Holy Mass, praise an worship and an empowering talk on how to live better.	Sundays 4th of the month 1:00pm—4:00pm 4:00pm—5:00pm	No cost	☎ 0414 401 178 ✉ feastmelbournewest@gmail.com 🌐 www.feast.ph/
Melbourne Yangtze Choir Chinese Community Choir that dance, drum & sing in both English & Mandarin. Great way to learn English & improve musical skills.	Tuesdays 10:00am—12:00pm Sundays 4:00pm—6:30pm	Fees apply	Contact : Mei ☎ 0432 669 379 ✉ yangtzechoir@gmail.com
Melbourne West Korean Seniors Group Meet weekly with other Korean seniors to build community & connect with one another.	Tuesdays 12:00pm—3:00pm	Fees apply	Contact: Moonbae ☎ 0425 796 784 ✉ moonbae.kim@gmail.com
One Faith Christian Church welcoming people from all cultures & backgrounds for Jesus & his Gospel. Trilingual service in English, Mandarin & Cantonese. Children ministry provided for school aged kids.	Sundays 9:00am—1:00pm	No cost	Contact Ps. Simon Cheng / Liyuan Liu ☎ 0422 770 616 / 0433 710 678 ✉ info@onefaith.org.au 🌐 onefaith.org.au
Point Cook Chinese Friendship Association Calligraphy & painting program for members.	Mondays 9:00am—11:00am	Fees apply	Contact: Lisa ☎ 0449 896 178 ✉ mimilisa5@126.com
Point Cook Royals Various activities including yoga, singing, seniors get-together, dancing, cultural festival celebrations, poem reciting and educative seminars.	Wednesdays fortnightly 12:00pm—3:00pm	Membershi p fees apply	Contact : Rajendra / Pankaj ☎ 0479 115 930 / 0434 199 254 ✉ raj3006@gmail.com ✉ pkghai@gmail.com
Sewa International Indian wellness seniors group aimed at encouraging independence through yoga & social interaction.	Sundays 1:30pm—3:30pm 1st & 3rd of month	No cost	Contact: Prem ☎ 0430 740 023 ✉ prem@live.com.au
United Muslims Residents Association Muslim based faith group that meet weekly for their Friday prayers.	Fridays 2:00pm—3:00pm Bookings required	No cost	Contact: ☎ 0403 566 165 ✉ info@umra.org.au
Wyndham Chinese Cultural Promotion Group Helps migrant seniors settle & connect with others. Activities include art, craft, calligraphy, music, Tai Chi	Mondays 9:30am—2:30pm	\$20 per annum	Contact: Carrie Lu ✉ wccpipointcook@gmail.com
Western Gymkhana Club Inc. A club that builds a sense of belonging through social, recreation, cultural, networking & professional development.	Fridays 3rd & 4th of month 6:00pm—8:00pm	Fees apply	Contact: Sudhir ✉ western.gymkhana@gmail.com

Community, Cultural & Faith Groups

Saltwater Community Centre	Day & Time	Cost	Information
<p>Action on Disability Within Ethnic Communities The program aims to provide women from CALD background with safe and inclusive space to learn about health, do some physical activity and meet other women in their local area.</p>	<p>Thursdays 10:00am—12:30pm</p>	No cost	<p>Contact : Imane El Bouzidi ☎ 0490 058 968 ✉ imane@adec.org.au 🌐 https://adec.org.au</p>
<p>CWA Point Cook Branch Country Women's Association is the largest organisation in Australia, supporting women, children & families across all communities. We would love you to join us.</p>	<p>Thursdays 7:00pm Monthly 3rd of month</p>	Membership may apply	<p>Contact : Linda Baker ☎ 0497 285 399 ✉ blee.baker@live.co.uk 🌐 cwaofvic.org.au Free for visitors</p>
<p>Faith Harvest Worldwide Ministries Inc Our activities include preaching, singing & playing of the piano/organ. We also host service for the Youth of our church and programs for the women & men.</p>	<p>Sundays 11:00am—2:00pm</p>	No cost	<p>Contact : Joseph ☎ 0422 832 749 ✉ joshthom82@gmail.com.</p>
<p>Point Cook Adventist Community Church Our programs are extensive, including an inter-generational worship service. Age-appropriate children's programs, fundraising concerts, free community dinners. Regularly educational programs on parenting, relationships, health, including depression & prophecy seminars.</p>	<p>Saturdays 3:30pm—6:30pm</p>	No cost	<p>Contact : Danijela ☎ 9395 6399</p>
<p>Point Cook Royals Various activities including yoga, singing, seniors get-together, dancing, cultural festival celebrations, poem reciting and educative seminars.</p>	<p>Thursdays 2nd & 4th of month 12:30pm—3:30pm Saturday 3rd of month 6:30pm—9:30pm</p>	Membership fees apply	<p>Contact : Rajendra / Pankaj ☎ 0479 115 930 / 0434 199 254 ✉ raj3006@gmail.com pkghai@gmail.com</p>
<p>Saltwater Gardeners Group A group of people who are committed to sustainability & growing their own produce through edible gardening. A great place to connect with others in the community & learn. All experience levels are welcome.</p>	<p>Group meetings every 4th Saturday from 10:00am Tasks are assigned</p>	Membership fees apply	<p>Contact : Kim Pastore ✉ saltwatergardenchampions@gmail.com</p>
<p>Saltwater Indian Seniors Group Lets get social, make new friends, play some games & have some laughs over a cuppa. Visiting parents & grandparents are welcome.</p>	<p>Wednesdays 11:00am—1:00pm</p>	No cost	<p>Contact : Saltwater Community Centre ☎ 8376 5500 ✉ Saltwatercc@wyndham.vic.gov.au Bookings essential!</p>
<p>Wyndham Happy Life Association Promotes mental and physical health in Chinese senior residents. Volunteers teach dancing, Tai Chi, square dancing, bowling, cooking, table tennis and gardening.</p>	<p>Wednesday 1:00pm—3:00pm Fridays 12:00pm—4:30pm Tuesdays 1:00pm—3:00pm</p>	Membership applies	<p>Contact : Yun Yun ☎ 0421 899 399 ✉ yunyun@live.com.au</p>
<p>Conversational English</p>			

Join us!



Saltwater Gardeners

are a group of gardeners who meet to maintain edible & sustainable gardens at the Saltwater Community Centre
Everyone is welcome!

For more information, send email to saltwatergardenchampions@gmail.com

Support Groups & Services

Social Prescribing is a holistic non-medical program to help people get back in their communities and make the most out of life!

ACTIVITIES & SERVICES

Your Wellbeing Coordinator can connect you with community activity sessions and support groups or link you up with legal or financial advice and parenting help. Whatever might help you get back into the community!



YOUR REFERRAL

Your GP or healthcare worker refers you in to the program. You can also refer yourself.

A Wellbeing Coordinator will make a time to chat with you about your current wellbeing and goals.



SUPPORT

Your Wellbeing Coordinator will stay in touch to make sure the activities and services prescribed are a good fit. They can be adjusted where needed.



SOCIAL PRESCRIPTION

Your Wellbeing Coordinator creates a social prescription of activities, groups and/or support services for you to get involved with.

A free service, Social Prescribing is provided by IPC Health to promote ongoing good health and wellbeing.

ipcHealth

Community Health Information Session: When should you go for cancer screening tests?

社区健康资讯讲座： 何时该做肿瘤筛查？

The Chinese Cancer and Chronic Illness Society of Victoria (CCIS) in partnership with Cancer Council Victoria will deliver a community health information session on cancer screening to the local Chinese community. The session aims to enhance the wellbeing of people of Chinese heritage. Since 1996, the Society has been supporting people affected by cancer & their carers.

The information session will be presented by the bilingual community health educator in Mandarin on Wednesday, 27 April 2022 from 1:30pm – 2:20pm at Point Cook Community Learning Centre. This will cover introduction to the three main free cancer screening tests in Australia, the contents include:

when should the screening tests be arranged
how to make an appointment for the screenings.

Chinese-speaking community champions can also assist participants with their screening bookings on the day & answer other associated questions onsite.

CCCIS bilingual educators will be available in the foyer of the centre on Monday 11 April (10am-1pm) & Wednesday 20 April (2pm-5pm) to take registrations & help answer general questions about cancer screening & other community services related queries.

维省新生会与维省癌症协会 (Cancer Council Victoria) 合作，将在本月（四月）为Wyndham的华人社区举办一场关于肿瘤筛查的社区健康信息讲座。维省新生会 (Chinese Cancer and Chronic Illness Society of Victoria) 是一间注册的慈善机构，自1996年成立以来一直致力于支持和帮助来自华裔背景的肿瘤患者以及照顾者。该讲座将由双语社区健康教育员用普通话于2022年4月27日星期三下午1:30至2:20在Point Cook图书馆 (Community Room 1 & 2) 进行。

讲座内容包括：

澳洲三大免费肿瘤筛查测试简介，
何时应进行肿瘤筛查，以及
如何预约肿瘤筛查。

维省新生会的双语社区教育员在讲座当天亦会协助参与者进行肿瘤筛查的预约，并在现场解答相关疑问；新生会也会分别在4月11日星期一（上午10点至下午1点）和4月20日星期三（下午2点至下午5点）两日在Point Cook图书馆门厅设置展示摊位，以帮忙报名并回答一些常见关于肿瘤筛查的疑问和其他社区服务相关问题。活动详情及参与方式，请参阅宣传单。



Chinese Cancer & Chronic Illness Society of Victoria

維省新生會

A Volunteer-based Charity

维省新生会 与
维省癌症协会 (Cancer Council Victoria) 合作项目

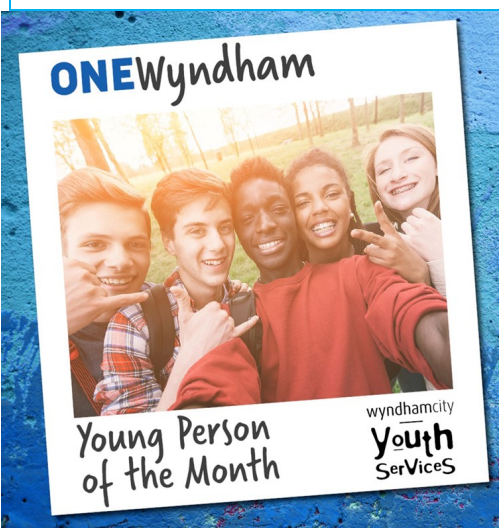
Chinese Cancer & Chronic Illness Society of Victoria in
partnership with Cancer Council Victoria

Support Groups & Services

Jamieson Way Community Centre	Day & Time	Cost	Information
Justice of the Peace Document signing station.	Thursdays 10:00am—1:00pm Booking required	No cost	For more information visit: https://www.justice.vic.gov.au/
JWCC Food Relief Program Referrals welcome.	Tuesdays	No cost	Contact: Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au
Safe Seats, Safe Kids —FREE child car restraint fittings & safety checks . Hosted by Kidsafe Victoria in partnership with Neighbourhood Houses Victoria, with support by the Victorian State Government.	Fortnightly Mondays 10:00am—2:00pm Bookings required	No cost	Contact: 🌐 https://safeseatssafekids.com.au/venues-mec/

Point Cook Community Learning Centre	Day & Time	Cost	Information
Justice of the Peace Document signing station in the library. Karthick Thanigaimani JP in the library	Wednesdays 6:00pm—8:00pm Thursdays 6:00pm—8:00pm	No Appt required Please call	Point Cook Library (03) 8734 8999 ☎ 0400 895 963 ✉ kargold100@yahoo.com
Wyndham Jobs Advocate We support people who are looking for work by connecting them to information, advice, and the right services.	Mondays 10:30am—6:00pm	No cost	Point Cook Library (03) 8734 8999 jobsvictoriaadvocate@wyndham.vic.gov.au
WCEC—Community Employment Connectors This program supports jobseekers aged between 16 and 65 from culturally and linguistically diverse communities seeking employment, education or training. We can also link you to local education and training opportunities & programs.	Tuesdays 10:30am—5:00pm Point Cook CLC foyer	No Cost	Contact: ☎ 0431 527 161 ✉ projects@wyndhamcec.org.au
Brotherhood of St Laurence—Jobs Victoria Our experienced Employment Mentors will work with you to create an employment plan that is suited to your capabilities and interests. They will support you with resume development, job application, interview skills, training opportunities, professional clothing and connecting with employers.	Mondays & Fridays 9:00am—5:00pm	No Cost	Contact: ☎ 0429 220 634 ✉ JVESMelton@bsl.org.au 🌐 www.bsl.org.au/services/getting-a-job/jobs-victoria

Saltwater Community Centre	Day & Time	Cost	Information
Wyndham Young Stroke Network Share Support Encourage—Informal social meet-up for survivors and carers aged 55 and younger .	No fixed meeting time	No cost	Contact: Bob ✉ saltwatercc@wyndham.vic.gov.au



Youth Services is committed to supporting & promoting the ingenuity & accomplishments of young people across the municipality. Each month Council will select a Wyndham resident aged between 12 – 25 to be awarded the **'Young Person of the Month'**.

The award aims to build the profile of young people who are positively contributing to the Wyndham community & thank them for their dedication. The selected monthly candidate will be a positive role model to other young people in the community who may have similar aspirations & goals.

We know that there are a lot of young people within our community doing amazing things & we would love for them to be supported & thanked for their amazing contributions at such a young age.

We encourage you to support a young person in nominating themselves for this award or you can nominate a young person on their behalf through the One Wyndham website: <https://www.wyndham.vic.gov.au/services/youth-services/awards-competitions/one-wyndham>

Support Groups & Services

LearnWest Learning for Earning Festival 2022

Featuring a number of free online events, the festival is coordinated by Councils across the north and west to support communities in the areas of learning and employment. Hear about employment opportunities, how to start or change careers and what services are available to help you find work.



Wednesday 25 May – Thursday 26 May More information: www.learnwest.org



CONTACT DETAILS

Wyndham Community & Education Centre
projects@wyndhamcec.org.au
0431 527 161

MiCare
cecintake@micare.com.au
0474 709 297

COMMUNITY EMPLOYMENT CONNECTORS PROGRAM



\$250
Power Saving Bonus



The \$250 Power Saving Bonus is a one-off \$250 payment which provides direct support to Victorian households experiencing power bill stress.

JWCC is here to help the community apply for the bonus!

Are you eligible?

You must have a Victorian residential electricity account.

Be receiving payments under one of the following concession programs:

- Centrelink Pensioner Concession
- JobSeeker, Youth Allowance, Austudy or Abstudy
- Department of Veterans Affairs Pensioner Concession
- Or hold a Department of Veterans Affairs Gold Card

What's next!

When you come to us to submit your application, there are a few things you need to bring with you:

- A copy of a recent electricity bill
- Your 'NMI' number (this is located on your bill and is typically a 10 or 11 digit number)
- Your card number for your Pensioner Concession Card or Health Care Card

Connect with us to apply!

admin@jamiesonwaycc.org.au
9395 3777



Funded by:



Support Groups & Services



The food relief program runs weekly every Tuesday and is available to community members in need.



Please connect with JWCC for details 9395 3777
admin@jamiesonwaycc.org.au



Free Youth & Family Counselling

Available to young people aged 12 – 25 who live, work, study or recreate in Wyndham. Youth focussed and centred support is also available to parents and carers

WE OFFER:

- Up to 2 free sessions
- Connect you to local Specialist and Psychologists

Available for children aged 8 – 11 and their parents or carers WJP seeking primary and early intervention counselling.

WE OFFER:

- Up to 10 free individual counselling sessions
- Up to 10 free family group counselling sessions
- Connect you to specialists, including bulk billing (free) psychologists



Visit our website or call 8734 1355 for more information
www.wyndham.vic.gov.au/youthandfamilycounsellingsupport

Youth Services



COMMUNITY CONNECTOR

Support – Inform – Connect

Wyndham's City Community Connectors are available to assist all residents in our community to access the services they need and empower them to make informed decisions. The Community Connector team can provide specific information and referral/s to local supports & services tailored to meet the needs of the individual. Some of the services may include:

- Information and assistance accessing services for e.g. My Aged Care, NDIS, HACC PYP
- Links to social support and community groups/activities
- Information and referrals for emotional support, counselling, food relief and material aid
- Advocacy support and information



Community Connectors will be available at these Community Learning Centres:

- **Moses THURSDAY 8:00am to 3:30pm**
Point Cook Community Learning Centre
- **Melissa WEDNESDAY 8:00am to 5:00pm**
Tarneit Community Learning Centre
- **Mellina FRIDAY 8:00am to 5:00pm**
Manor Lakes Community Learning Centre

We have specialist Ageing Well Connectors available to support older residents and their families.

Call 8734 4514 and ask for a Community Connector or email communityconnector@wyndham.vic.gov.au. Interpreter Services can be organised on request.



Need help contact Unison: During business hours on 1800 825 955 or after hours on 1800 627 727. Visit www.unison.org.au

Anyone who is experiencing difficulties which may affect their housing are urged to seek information & advice early to avoid a worsening of their situation. Anyone who does find themselves in a crisis, should contact Unison.

The Wyndham H3 Alliance are an alliance of health, housing & homelessness organisations in Wyndham working together to deliver & improve housing services & options in Wyndham. For more information visit <https://www.wyndham.vic.gov.au/3alliance>

Other useful sources of information include:

For information on homelessness:

<http://chp.org.au/>

For general housing advice:

<https://www.consumer.vic.gov.au/housing/renting>

For housing options and advice:

www.housing.vic.gov.au

For Older People: Housing for the Aged Action Group:

<https://www.older tenants.org.au/>

For people living with a disability:

The Housing Hub <https://www.thehousinghub.org.au/>

For a housing application form (public and community housing):

<https://housingapplication.vic.gov.au>

For information on services available in your area:

<https://www.infoxchange.org.au/>

For information for renters:

<https://www.tuv.org.au/>

For private rental properties:

<https://www.realestate.com.au> or <https://www.domain.com.au/>



We provide specialist support services for anyone in Victoria who is experiencing or afraid of family violence.

Our services include:

- Information and referral
- Crisis response
- Specialist family violence risk assessment
- Safety planning
- Access to supported crisis accommodation.

We also provide specialist trauma counselling on behalf of the national sexual assault, domestic and family violence counselling service, **1800 RESPECT**.

Need Support?

<https://www.safesteps.org.au/>

 1800 015 188
Available 24/7

 Email Us
Available 24/7

 Web chat
Available Mon-Fri 9am-midnight

 **Emergency? Dial 000**
Available 24/7

WESTjustice

WE create
positive change
in the West

WEstjustice is a community organisation that provides free legal help to people in the Western suburbs of Melbourne.

We can help with a broad range of everyday legal problems including consumer disputes, credit and debt, family law and family violence, fines, motor vehicle accidents, tenancy, youth criminal law and more.

WE are located

Level 1/8 Watton Street, Werribee VIC 3030

Tel: +61 3 9749 7720

Fax: +61 3 9749 8276

Email: admin@westjustice.org.au

Office hours: Monday to Friday, 9.00am-5:00pm.

(Office currently closed due to COVID-19 situation)