

WHAT IS A CHILD PSYCHOLOGIST?

Developmental Psychologists work with you and your child if you have questions or worries about your child in the areas of behaviour, emotions and social skills. This may include stress and anxiety issues and/or processing traumatic experiences. Therapy delivered by a Psychologist aims to improve children's resilience, capacity to cope and thrive.

WHEN TO SEEK SUPPORT

If you have a child who has challenges with the following, a Psychologist may be able to assist:

- Learning about, recognising and responding to their feelings appropriately
- Challenging behaviours including tantrums, aggression & anger management
- Sharing, talking to and playing with other children
- Being independent – including going to the toilet, feeding and going to sleep by themselves
- Low self esteem
- Managing anxiety including separation anxiety & social anxiety
- School / Kindergarten refusal
- Coping with grief / loss or adjusting to family circumstances (eg Separation)
- Psychological Assessment such as educational assessments, cognitive assessments and ASD assessments

HOW TO REFER

Parents/Guardians can call a Private Psychologist of choice and make an appointment for their child; a referral is not required, unless you wish to access Medicare rebates (see below).

The following list contains a variety of Psychologists in the Wyndham area - this list is not exhaustive and the PSFO Service do not endorse any service listed. Please contact the service direct for more information and details of charges. You can also refer to the Australian Psychological Society website to search for a Psychologist within your area – www.psychology.org.au and go to the "Find a Psychologist" link.

Families may be able to obtain Medicare rebates (up to 20 allied mental health services per calendar year) to patients who are referred by a GP under a Mental Health Treatment Plan - please refer to the section "**How to get Medicare rebates for seeing therapists**" on page 41 of the Support Guide or on the Resources page on the website for more information.

Please Note Children may be eligible for Community Health Psychology through IPC Health.

There are criteria that must be met in order to be eligible.

For eligibility criteria please contact your local IPC Health Service www.ipchealth.com.au/services-information/ or speak to your child's Educators / PSFO

CROOKES COUNSELLING AND CONSULTING SERVICES 7 Princes Highway Werribee 3030 Tel: 9742 3500 Email: admin@crookes.com.au Web: crookes.com.au	Services Provided	Psychology services for adults, children, adolescents, couples and families
	Usual waiting times	Up to 6 weeks
	Bulk Billing?	No
	NDIS Provider?	Self-managed and Plan-managed clients only
	Medicare Rebates?	Yes
	Additional Info Healthcare card holders may be entitled to funding through the Care in Mind Program. Evening and weekend appointments available	
Joanne Garfi 3/141-143 Princes Hwy Werribee 3030 Tel: 1 300 992 866 Email: admin@westernalliedhealthservices.com.au	Services Provided	Psychology
	Usual waiting times	3 months
	Bulk Billing?	No
	NDIS Provider?	Yes, self-funded and self-managed
	Medicare Rebates?	Yes
	Additional Info Special interest in ASD, school refusal, anxiety and depression. Days available: Tuesdays (9am – 5.15pm) Wednesdays (9am – 5.15pm) Thursdays (9am – 8.15pm) this will change to a 5.15pm finish from April 2022	
RAJES HARPER Radiant Minds Psychology Mob: 0422 516 348 Email: rajesharper@gmail.com Website: www.radiantminds.com.au	Services Provided	Psychology
	Usual waiting times	2 weeks
	Bulk Billing?	No
	NDIS Provider?	Self-managed only
	Medicare Rebates?	Yes
	Additional Info Providing Telehealth and Tele-Assessment Services	

<p>HOPSCOTCH & HARMONY Shop 1/167-179 Shaws Road Werribee 3030</p> <p>Tel: 9741 5222</p> <p>Email: admin@hopscotchandharmony.com.au</p> <p>Web: hopscotchandharmony.com.au</p>	Services Provided	Psychology, Dietetics, Assessment, Parent Support, Educator PDs
	Usual waiting times	Variable dependent on service required
	Bulk Billing?	No
	NDIS Provider?	Yes
	Medicare Rebates?	Yes, with valid referral
	<p>Additional Info</p> <p>With a large team of dedicated psychologists and a paediatric dietitian we can help support families to:</p> <ul style="list-style-type: none"> • Guide challenging behaviours • Address toileting issues • Learn play skills • Manage anxiety • Deal with bullying • Improve self-esteem • Adjust to changed family circumstances • Address fussy eating and food intolerance 	
<p>LANGUAGE FOR LIFE SPEECH PATHOLOGY</p> <p>188 Heaths Road Hoppers Crossing 3029 Tel: 9731 6486</p> <p>118 Derrimut Road Hoppers Crossing 3029 Tel: 9731 6923</p> <p>Email: enquiries@languageforlife.com.au</p> <p>Web: languageforlife.com.au</p>	Services Provided	Speech Therapy, Psychology, OT
	Usual waiting times	Face to Face - 12 Months Telehealth - 2 to 6 Months
	Bulk Billing?	No
	NDIS Provider?	Yes
	Medicare Rebates?	Yes
	<p>Additional Info</p> <p>Experienced therapists working with children, adolescents, adults and aged.</p> <p>Children with autism and clients who have difficulties with articulation, language, fluency (stuttering) and literacy, learning difficulties in the area of Social Skills, Handwriting, activities of daily living, sensory skills. and adults who present with swallowing and communication difficulties.</p> <p>Developmental Disorders, Intellectual Disability, Behavioural issues, Mood disorders (e.g. depression), Anxiety disorders diverse range of expertise area services</p> <p>Speech, Occupational, Psychology Assessments</p> <p>School based Speech services</p> <p>Clinic Based/Telehealth/Home Visit Options possible</p> <p>Book appointments online</p> <p>Opens on Saturday</p>	

Creative Steps 1-3 Thames Blvd Werribee 3030 Tel: 9731 0069 Email: info@creativesteps.com.au	Services Provided:	OT, Speech Pathology, Psychology, Social Skills Groups
	Usual Waiting Time	No details available
	Bulk billing?	No
	NDIS Provider?	Plan Managed or Self Managed only
	Medicare rebates?	Yes, for some services
	Additional Info	

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