

Macrame Friendship Bracelet



What you need:

- Wool, cord or something similar to braid with.
- Sticky tape
- Scissors

What to do:

1. Cut four pieces of wool, each 90cm long. Tie all the ends together in a knot, leaving a few centimetres of thread at the top. Then tape them onto your work surface so it doesn't move while you tie the knots. Separate the threads like in the picture, two in the middle and one on each side. I have used three different colours here so it's clear in the picture what pieces you need to tie. You can use whatever colour you like.
2. You will be tying sinnet or spiral macrame knots for this bracelet. You can look these up online and watch videos to help you.
3. Take the green piece (left piece) and move it over the two middle orange pieces and under the pink (right) piece, so it makes a shape like the number '4'. Move the pink piece under the two middle pieces, through the corner of the green piece so it makes a knot-like shape, then hold both ends and pull together. Take your time and look at the pictures to help.



4. Keep repeating the above step to make the bracelet. The two middle orange pieces don't move. You will always use the piece on the left to make the number '4' shape and the piece on the right to thread through. As you keep tying knots, the bracelet will start to make a spiral shape.
5. Keep tying knots until the bracelet is long enough to go around the wrist. Tie all the ends together in a double knot and cut off the leftover wool, leaving a few centimetres. Use these ends to tie the bracelet around your friend's wrist. Friendship bracelets are fun to make together and give to your friends.

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