

THE BUZZ



TERM 4 2021

Wyndham West

Iramoo Community Centre
Manor Lakes Community Learning Centre
Wyndham Park Community Centre

wyndhamcity

MANOR LAKES WELCOMES YOU BACK!

The “How does it feel to be out of Lock Down” board has been a hit with old and young. The many messages speak of the sheer joy of being back at Kinder, Library and the Centre in general. From pictures of rainbows and smiley faces to messages in a host of different languages, every single one of them shows how much it means to our Community as well as staff to be back here. The celebration of Diwali added to the excitement as many school kids entered our facility in bright and beautiful costumes to celebrate the festival of lights.

Children missed their friends, seniors missed browsing for books. But most of all everyone just missed being able to catch up face to face.



RETURN OF SENIORS FITNESS



The words fitness and fun seem to appeal to all ages. This was seen in the return of our community’s Senior’s Fitness sessions that aim to provide a gentle exercise program with an emphasis towards the notion of moving more and sitting less. What was initially advertised as a social and safe way to be active has now been transformed into a must attend event at Manor Lakes Community Learning Centre.

The disappointment from ongoing lockdowns resulted in many delays to an official start date; however, these hiccups somewhat rejuvenated and galvanised our residents which they channelled into a fierce determination to participate when the opportunity

allowed it. The second long-awaited start date fell on Monday the 22nd of November, residents came out in full force to take up a chair and showcase their support towards this program’s continued development. It began with fitness and fun but concluded with perhaps an even better combination of tea and coffee. The session ending with a post sweat chat and snack, a pleasing end to what was such a fantastic program return event at our facility.



Wyndham Council acknowledges the Wathaurung, Woiworrung and Boonwurrung peoples of the Kulin Nation as The Traditional Owners of the land on which Wyndham is built.

Iramoo Community Centre:
Manor Lakes Community Centre:
Wyndham Park Community Centre:

84 Honour Ave, Wyndham Vale VIC 3024
86 Manor Lakes Blvd, Manor Lakes VIC 3024
55/57 Kookaburra Ave, Werribee VIC 3030

Phone: (03) 8742 3688
Phone: (03) 8734 8934
Phone: (03) 8742 3975

WHAT'S ON @ IRAMOO COMMUNITY CENTRE

We have now re-opened our doors. We are open Monday to Friday 8.30am till 3.30pm. We have the following activities happening in December.

We have a series of Christmas workshops running in the lead up to Christmas. All sessions are \$5 per workshop. Please contact [87423688](tel:87423688) to book.

Thursday 25th November - Christmas Cooking session 10am. Come and learn how to make yummy Chocolate Brownie Christmas Trees and Chocolate Peppermint Bark. Keep them for yourself or give as a gift.

Thursday 2nd December - Come and learn how to make Hot Chocolate Sticks and Reindeer Hot Chocolate Mix. You can keep them for yourself or give away as gifts.

Thursday 16th December - Christmas Cooking session 10am. Come and learn how to make Chocolate Crackle Christmas puddings and Chocolate Royals Christmas Puddings.

POP UP CHRISTMAS FOOD BANK FOR ANYONE IN NEED!

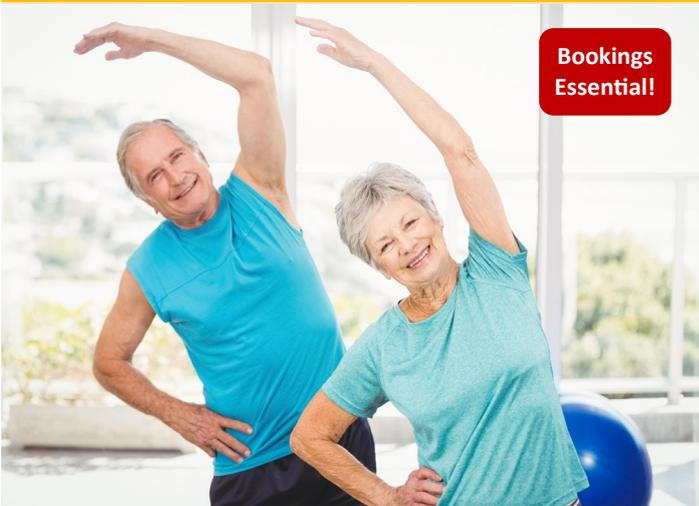
Community members in need of food support can visit Iramoo Community Centre (84 Honour Ave, Wyndham Vale) on Wednesday 8th or 15th December 10am - 2pm. No questions asked. There will be food packs, personal products and toys available. Iramoo Community Centre is partnering with Wyndham Park Community Centre to host these sessions. We would like to thank Lendlease - Harpley for kindly donating a grant to support our community. For more information, please call 8742 3688

End of Year Christmas BBQ!

With the restrictions easing we would like to welcome everyone to come together and join us for our end of year BBQ. We will also be decorating jars to make our own Christmas tealight jar. This will also be an opportunity for community members to provide us with feedback on what programs and services they would like to see at the Centre in 2022.

To attend please RSVP by 2nd December

FUN & FITNESS FOR SENIORS RETURNS



**Bookings
Essential!**

A gentle exercise program for seniors providing a fun, social and safe way to be active. Learn to move more confidently and improve your fitness level.

Please note that spots are limited and are available on first come first serve basis only. To make a booking or for more information please contact the centre on the number provided.

WHEN: Mondays
WHERE: Manor Lakes Community Learning Centre
TIME: 11:00am - 12:00pm
COST: \$48 for 8 sessions or
\$24 for 4 sessions (\$6 per session)
CONTACT: 8734 8934 or manorlakesclc@wyndham.vic.gov.au

SENIORS SOCIAL CLUB @ MANOR LAKES

NEW!

Are you interested in joining a seniors social group? Seniors social group is a great place to meet new people and socialise with them.

Come and join in some fun activities which include games and songs and meet other seniors in your local area. The group will be regularly meeting and connect on a weekly basis. To register your interest or more information please contact the centre on the details provided below.

WHEN: Mondays
WHERE: Manor Lakes Community Learning Centre,
TIME: 9am - 10:30am
COST: FREE
CONTACT: 8734 8934 or manorlakesclc@wyndham.vic.gov.au

**Bookings
Essential!**



JOIN IRAMOO COMMUNITY CENTRE FOR OUR

END OF YEAR CHRISTMAS BBQ

THURSDAY 9TH DECEMBER

11AM - 12PM

Join us for a BBQ and make your own decorated tealight jar to take home.

This will also be an opportunity for community members to provide us with feedback on what programs and services they would like to see at the Centre in 2022.

To attend please RSVP by 2nd December to admin@iramoooc.com.au or 8742 3688.

Please confirm all dietary requirements upon booking





POP UP CHRISTMAS FOOD BANK FOR ANYONE IN NEED!

Community members in need of food support can visit

Iramoo Community Centre

(84 Honour Ave, Wyndham Vale)

on Wednesday 8th or 15th December 10am - 2pm.

No questions asked. There will be food packs,
personal products and toys available.

For more information please call 8742 3688.



THE COFFEE TABLE @ MANOR LAKES

NEW!

CURRENTLY
ONLINE



Come and join the Coffee table! The Coffee table aspires to be a safe space for the local community to share, to connect with others to create positive change in their home and communities.

Connecting local community members with others that can help further your education, sport activities, food, finance or assist with other training like sewing, jewellery making, cooking etc

Inspire and be inspired! For more information please contact the centre on the number provided.

Zoom link now
available

WHEN: Every Thursday
WHERE: Manor Lakes Community Learning Centre
TIME: 12:30pm – 3:30pm
COST: FREE
CONTACT: 8734 8934 or manorlakesclc@wyndham.vic.gov.au

Grasshoppers Playgroup @ Manor Lakes

Are you interested in attending a playgroup?

WHEN: Thursdays

WHERE: Manor Lakes Community Learning Centre
86 Manor Lakes Blvd

TIME: 9:30am - 11:30am

Register your interest now!!

COST: \$50 per term

Contact the centre on **8734 8934** or email at manorlakesclc@wyndham.vic.gov.au

Bookings
Essential!



YOUR COUNCIL CLOSE TO HOME

Did you know a range of council enquiries and transactions are available. You can now make:

- Council payments
- Kinder enquiries
- Pet registrations
- Rates enquiries and payments

Monday - Friday
9am - 5pm

At the:

- Manor Lakes Community Learning Centre
- Point Cook Community Learning Centre
- Tarneit Community Learning Centre



The Wyndham seed library aims to build food resilience and promote sustainable gardens by supporting local community, share seeds and grow their own produce and habitat gardens.

Residents can share their seeds and also select different seed varieties which they can plant in their own gardens, schools or community gardens.

The seed library includes edible and indigenous plants.

For more information please go to

<https://www.wyndham.vic.gov.au/seedlibrary>

COMMUNITY STORIES - The Coffee Table



The community program Coffee Table Discussions facilitated by Sally Napolioni creates a safe space for Wyndham's residents to find support, connect and share stories. The program has become a feature in Manor Lakes Community Learning Centre activity timetable. Sally accessed funding for a zoom account through Wyndham's Grants Team which enabled these sessions to continue virtually. Since moving online these sessions have looked to incorporate weekly guest speakers ranging from small business consultants, job advocate specialists and mental health awareness officers.

Everyone involved walked away extremely happy, encouraged and felt that it was a very positive experience. Some members mentioned that accessing this information boosted their mental health and they were not aware how much the council does for the community. A small snapshot of these conversations targeted how council can assist residents to find work after studying, what council support is in place to assist our seniors; as well as what grants are currently active and how they could support small businesses to thrive.



COMMUNITY STORIES - Wyndham Patchworkers

Wyndham Patch Workers have managed to host and grow their participants base through a council funded grant that has enabled this program to transition towards using Zoom.

In addition, Wyndham Patch Workers have incorporated resources and follow up phone calls to enhance their digital literacy capabilities and ensure everyone can find a platform to communicate. These sessions run two Saturdays of each month and are currently looking to increase their attendance even more! Members have found that with each session the experience has become increasingly more rewarding as many of those involved do not have access to family visitation and live alone. This program is essential to our community as it promotes positive mental health initiatives to our more senior residents. It has provided a space to share sewing projects, activities of show and tell, as well as other topics of interest whilst sipping coffee with pet appearances always encouraged.



Interested in Volunteering?

Get a better understanding of volunteering by watching these [short clips](#) which will prepare you for looking for a volunteer role; where to look for roles; and understanding your rights and responsibilities as a volunteer.

Would you like the clips translated into a different language?

Once you have opened the video in YouTube, click on the settings cog, select 'sub-titles' and 'auto-translate', then select the language you wish to see. To view the 7 things you need to know about volunteering, go to www.wyndham.vic.gov.au/volunteering.



For further information, please contact the volunteer team directly at volunteers@wyndham.vic.gov.au.

YOUTH SERVICES

Wyndham City Youth Services is committed to supporting and promoting the ingenuity and accomplishments of young people across the municipality. Therefore, each month Council will select a Wyndham resident aged between 12 – 25 to be awarded the '**Young Person of the Month**'.

The award aims to build the profile of young people who are positively contributing to the Wyndham community and thank them for their dedication. The selected monthly candidate will be a positive role model to other young people in the community who may have similar aspirations and goals.

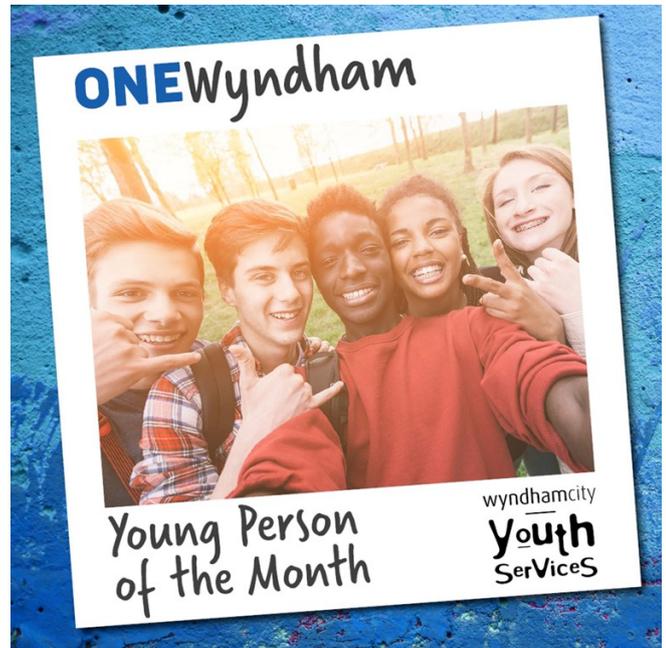
We know that there are a lot of young people within our community doing amazing things and we would love for them to be supported and thanked for their amazing contributions at such a young age.

Winners of the One Wyndham Young Person of the Month will receive:

- A **\$200 gift voucher** of their choice, for materials that will help with their education, work or voluntary commitments;
- A certificate, which they can reference in their CV and job applications;
- A professional photo and video showcasing their accomplishments, to be published on Council's social media accounts and in Council centres
- A profile article in the Council magazine, Wyndham News, and on the One Wyndham webpage
- A bi-monthly advert in the Star Weekly newspaper, highlighting their achievements
- Invitation and participation in the End of Year Youth Celebration in December

We encourage you to support a young person in nominating themselves for this award or you can nominate a young person on their behalf through the One Wyndham website:

<https://www.wyndham.vic.gov.au/services/youth-services/awards-competitions/one-wyndham>



FREE COUNSELLING

Youth and Family

A **FREE** counselling service for young people aged **12—25 years** who live, study, work and recreate in Wyndham. Youth focussed and family centred support is also available to parents and carers.

WE OFFER:

- Up to 10 free sessions
- Connect you to Specialist and Psychologists
-

Middle Years and Family

A **FREE** counselling service for children aged **8—11 years** and their parents or carers who are seeking primary and early intervention counselling.

WE OFFER:

- Up to 10 free individual counselling sessions
- Up to 10 free family group counselling sessions
- Connect you to specialist, including bulk billing (**FREE**) Psychologists



Visit our website or call 8734 1355 for more information
www.wyndham.vic.gov.au/youthandfamilycounsellingsupport

wyndhamcity
Youth
Services

YOUTH SERVICES



GAMER'S DEN TOGETHER WITH YONDER ESPORTS INVITES YOU TO OUR...

Minecraft event!

ARE YOU A MINECRAFT PLAYER? DO YOU LIKE TO BUILD AND EXPLORE?

Join us online, work with other Minecraft players to complete set challenges, and explore the wonderful world of Minecraft!

DATE: Wednesday 8 December, 2021
TIME: 4.30pm – 7pm
LOCATION: Online
COST: FREE



For all enquiries go to:
www.wyndham.vic.gov.au/whats-on/gamers-den-minecraft-online-event

YONDER ESPORTS

wyndhamcity
Youth Services

12-25 YEARS



LAVERTON YOUTH FOUNDATION PRESENTS

FREE SWIM LESSONS!

GET READY TO HIT THE WATER WITH CONFIDENCE THIS SUMMER!

Where: - SWIM 4 ALL,
10 Merchants Court, Werribee
When - Tuesday or Wednesday
3PM - 3.30PM
Duration - 8- 10 weeks
Transport available on request

For more information contact Katie on
0487 905 979 or
lavertonyouthfoundation@lcis.org.au

youth foundation
Bendigo Bank Community Bank Allora and Laverton

SWIM 4 ALL
www.swim4all.com.au

Manor Lakes
WARRIBEE REGIONAL FAMILY COMMUNITY



SPORTS AND RECREATION

Welcome to the new Active Wyndham Calendar giving you, your family and friends access to upcoming free and low-cost physical activity sessions in your local area.

Sessions include a variety of sport, fitness and wellbeing activities delivered by local Wyndham providers and organisations. Sessions are tailored for most experience and fitness levels and are beginner friendly. The activity providers are responsible for ensuring the safety of classes and members of the community. Always participate at a level that is suitable to your health and fitness, if you have any health concerns please consult your GP before exercising.



ACTIVE WYNDHAM CALENDAR

Get out and give it a go!

WWW.WYNDHAM.VIC.GOV.AU/ACTIVEWYNDHAMCALENDAR

ACTIVE WYNDHAM

- [Active Wyndham Calendar](#) (promoting free and low cost sessions across Wyndham)
- [Active Wyndham Map](#) (giving residents an opportunity to search for activity providers based on type of activity, age and location)
- [Monthly Active eNewsletter](#) (An email people can sign up to receive information about upcoming AW Cal sessions, events and opportunities as well as health and wellbeing tips)
- [Get Active Kids Vouchers](#) (Victorian Government initiative offering eligible families access to \$200 Vouchers per child for sports equipment and membership fees)
- [Bike Paths & Walking Trails](#) – Information about walking and bike trails across Wyndham as well Walking & Cycling Groups (to be added soon).
- [Outdoor Exercise Equipment](#) – Free for community to use anytime including skate parks and a new bouldering wall launched in Point Cook.

Spring Into Action

with the Spring Social Group

Syeda Bahadur (right), a young resident of Truganina is not the only one who was left devastated after she lost a loved one to Covid-19 overseas. But her resilience and dedication to give back to the community in this hard unprecedented times is serious. She initiated "Spring Social group", a well-being project to address the grief within multicultural communities who lost their loved one overseas.

Spring social group is a unique set of community support sessions designed for anyone feeling lonely or isolated due to the current pandemic and restrictions. Join us every Wednesday, share your stories, meet like minded people, hear from professionals and heal together. Learn many useful things such as mindfulness, stress management and mental well being.

Collaborated with IPC Health, Head to help and Wyndham city, these friendly catchups seek to comfort individuals with positivity and support them through this time.



Spring 2021
SOCIAL
Group



Free
SESSIONS

ipcHealth

Wyndham Health Champions
in collaboration with



and



1800 595 212



Scan QR code
To Register !!



SCAN ME

Learn !!

4 small group
Sessions Starting
29th SEP 2021

Every Wednesday,
10am - Noon

IPC Super Clinic,
Wyndhamvale



Mindfulness
Health and Well-being
Stress Management
Social support
Relaxation Therapy
Loss and Grief Support
Optional on-site Counselling

ELIGIBILITY:

Living/ Working in Wyndham
Feeling Lonely or Isolated
Aged 18 years or older

ENQUIRE OR APPLY:

Syeda Bahadur 0452 60 50 60
Tania Kelaart 0423 05 16 86

Available for four sessions in person or online *subjected to restrictions



1800 595 212

For help connecting to this or other groups
and services in your area, contact your local
community centre

Building an effective Committee – a recipe for success!

Are you ready for 2022? With all the challenges we have faced over the last two years, it's time to re-build and connect your committee on a pathway to success for 2022.

Join us for a training program tailored to build the capacity of 15 volunteer involving organisations across Wyndham. This 6-week program is based around what community groups 'need to know' to be effective by helping to:

- Cultivate the skills of your committee and grow your knowledge of how to run your group.
- Build your committee's confidence in governance, compliance, and other skills essential for an effective community group.
- Build networks and partnerships within the community with funders and community/commercial partners.

Application is by expression of interest, opening on Wednesday 12th January 2022 and closing on Friday 4th February.

Information on these sessions, including the expression of interest form, will be 'live' on our website from Wednesday 12th January 2022.

Look out for it here -

www.wyndham.vic.gov.au/volunteering and click on 'Volunteer and Community Group Training.'



WYNDHAM CITY LIBRARIES

A large advertisement for Wyndham City Libraries. The background is a photograph of three children lying on their stomachs on a sandy beach, reading books. The sky is blue and the ocean is visible in the background. The text is overlaid on the image.

FREE EVENTS
In person
and Online

WHAT'S ON

AT WYNDHAM CITY LIBRARIES

December 2021 - January 2022

[Click here to find out Libraries | Wyndham City](#)

Adult Events Youth Events Kids Events

wyndhamcity

Manor Lakes Library Opening Hours

Opening hours

Monday	10am - 6pm
Tuesday	10am - 6pm
Wednesday	10am - 8pm
Thursday	10am - 6pm
Friday	10am - 6pm
Saturday	10am - 4pm
Sunday	Closed



For more information visit our website <https://www.wyndham.vic.gov.au/services/libraries>

Eagle Stadium Vaccination Hub

The Eagle Stadium vaccination hub is located at 35 Ballan Road, Werribee. Please check your eligibility for receiving a COVID-19 vaccination at the current time using the [Commonwealth's eligibility checker](#) prior to booking an appointment.

Booking a vaccination appointment

To book an appointment at the Wyndham City Civic Centre Vaccination Hub, please call the Victoria Coronavirus Hotline on **1800 675 398**. If you need an interpreter, press 0. You can also book through the [Victorian online COVID-19 vaccine booking system](#).

Walk ins are **not** accepted, you must book prior to attending.

Hours of operation

This Vaccination Hub will be operational on:
Monday to Sunday (8.30am - 4.30pm)



"This past June was National Drowning Prevention Week which aims to ensure everyone is able to enjoy water safely. A rise in the number of people drowning has prompted numerous charity organisations to create awareness surrounding the importance of water education and to ensure children are taught how to stay safe and enjoy the water this upcoming summer as part of a nationwide campaign.

This summer Life Saving Victoria will be providing lifeguarding services at Werribee South Beach. It is essential that the broader community is aware of these services in the hope that families can stay safe this summer and enjoy themselves.

For anyone interested in water safety resources in our community or to gain more information that can lead to employment opportunities that exist in water safety roles please ask for Cameron at the desk and he will happily be able to assist or visit these links."

<https://kidshealth.org/en/teens/water-safety.html>

<https://lsv.com.au/>



From Wyndham Park Community Centre.....

Covid has definitely been very tough on many people and it has effected many of us in different ways. One of things we must always try to do is to keep an eye out for others. Often many people won't show that they are hurting so we need to take the opportunity to have a chat and ask the right questions.

We are always here for a chat and to help and support you in anyway that we can. When there are times when we need to close the centre we can still be reached by phone or by email so please reach out.

Here are some tips for coping during these trying times

- Take breaks from watching, reading, or listening to news stories, including those on social media. It's good to be informed, but hearing about the pandemic constantly can be upsetting.
- Take care of your body
- Take deep breaths, stretch, or meditate
- Try to eat healthy well balanced meals
- Exercise regularly
- Get plenty of sleep
- Connect with others



COMMUNITY SHED MEMBERSHIPS AT WYNDHAM PARK



Memberships through till June of 2022 are now available. The cost is \$75. Our shed is open **Monday to Friday from 9am to 2pm**—activities include woodwork, metalwork woodturning, gardening, ceramics, 3D printing, laser engraving and bicycle repair.

Come as you are and take advantage of all the great benefits of being a shed member.

For more information about Wyndham Park Community Shed call Ian on 8742 6448.

SPACE FOR HIRE AT WYNDHAM PARK

Wyndham Park Community Centre offers great spaces for community groups and organisations.

The Centre is equipped with a variety of multi-purpose rooms suitable for training sessions, meetings, or other events. We have a fully networked computer training room and kitchen facilities for hire, together with ample on-site car parking.

The amenities are available for hire seven days a week, and secure after-hours access can be arranged.



Find us on Facebook: [fb.com/wyndhamparkcc.com.au](https://www.facebook.com/wyndhamparkcc.com.au)

55-57 Kookaburra Ave, Werribee, 3030 | Ph: 8742 3975 | admin@wyndhamparkcc.com.au

VARIOUS LOCATIONS	VENUE, DAY & TIME	COST	CONTACT INFORMATION
Maternal & Child Health Appointments Professional nursing support & advice for parents with children from birth to school age.	By Appointment Only	No cost	Contact: Maternal & Child Health ☎ 9742 8148 🌐 www.wyndham.vic.gov.au select Maternal & Child Health Services
Immunisations The Wyndham City Immunisation Unit provides free public vaccinations against a range of childhood and adult diseases.	By Appointment Only	No cost	Contact: Wyndham Immunisation Team ☎ 9742 0736 🌐 %20Immunisations">www.wyndham.vic.gov.au select Children's Services > Immunisations
First Time Parents Group Meet friendly local families to talk about your kids and have fun! Come along to share experiences, find advice, give support and make new friends.	Weekly sessions	No cost	Contact: Maternal & Child Health ☎ 9742 8148 🌐 www.wyndham.vic.gov.au select Maternal & Child Health Services
Supported Playgroup A playgroup that aims to meet the needs of vulnerable families in our community. MCH referral required	Weekly sessions	No cost	Contact: Maternal & Child Health ☎ 9742 8148 🌐 www.wyndham.vic.gov.au select Maternal & Child Health Services
Wyndham City Council - Kindergarten 3 & 4 Year Old Kindergarten Services. Enrol your child online.	Weekly sessions	Fees Apply	Kindergarten Enrolment Officer ☎ 9742 8147 🌐 %20Kindergarten">www.wyndham.vic.gov.au select Children's Services > Kindergarten

Early Years Programs & Activities

IRAMOO	DAY & TIME	COST	CONTACT INFORMATION
Pre-school Garden Group Encourage your kids to explore and discover the garden.	Thursday fortnightly at 10am	FREE	☎ 8742 3688 ✉ admin@iramoooc.com.au Follow us on Facebook!
Playgroup Playgroups are a great way for your child to interact with other children in a fun and safe environment.	Mondays 9-11am & 11.30am-1.30pm Tuesdays 9am-11am	\$50 per family per term Bookings required	8742 3688 Or admin@iramoooc.com.au Follow us on Facebook!
WYNDHAM PARK	DAY & TIME	COST	CONTACT INFORMATION
Little Buddies Toy Library Low cost toy hire	Monday 9.00am—12am Friday 9.00am—12am Saturday 9am—1pm	Fees Apply	Contact: Kirsten ✉ president@littlebuddiestoylibrary.com.au
Story Time Monica will be running Story Time for pre-school aged children at the Centre.	Mondays 9am—9.30am	FREE	Contact: Wyndham Park Community Centre the Centre ☎ 8742 3975
IPC Health Playgroup A supported playgroup for children at risk of developmental delay due to social vulnerability.	Tuesdays 9.30am-11.30am		Contact : IPC Health for referral ☎ 8734 1400
MacKillop Family Services Assists disadvantaged families through case management and Family Support.	Call the contact person		Contact: Melissa Guzzordi ☎ 9680 8444
Caroline Chisholm Society Supporting mothers babies and toddlers. For more information or to book a spot	Monday's fortnightly		Contact : Caroline Chisholm Society ☎ 9361 7000 🌐 Caroline.org.au

Early Years Programs & Activities

MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Tweddle-My Time Peer Support group for families who have children with a disability.	Tuesday 9:30am-12pm <i>During school terms only</i>	No Cost	Contact: Tweedle ☎ 9689 1577
VicSeg Playgroup - New Futures This group is for South Sudanese mothers and children with the opportunity to talk & support one another in the local community.	Wednesday 12:30pm-2:30pm	No Cost	Contact: VicSeg ☎ 8754 0500 ✉ kdiacono@vicsegnewfutures.org.au
Baby Time Sing, move, and bond with your baby as we share some of our favourite songs and reading tips. Ages 0 - 12 months	Wednesdays 10.30am-11am <i>During school terms</i>	No Cost	Contact: Manor Lakes Library ☎ 8734 8930 To book please go the below link https://www.wyndham.vic.gov.au/services/libraries/early-years/early-years-events-and-activities
Songs and Stories The 30-minute sessions include stories, songs and rhymes designed to develop early language, literacy, and numeracy skills Ages 1 - 5years	Mondays 1:30pm - 2pm Thursdays 10:30am - 11am <i>During school terms</i>		
Bilingual Story Time (Karen/English) Reading and sharing stories with your child is a wonderful way to encourage a love of books, to establish early literacy skills and to prepare your child for reading. Ages 3 - 6	2 nd Monday of the month, during school term 10.30am - 11am	No Cost	
Story Time Reading and sharing stories with your child is a wonderful way to encourage a love of books, to establish early literacy skills and to prepare your child for reading. Ages 3 - 6 years	Fridays 10:30am - 11am		

Education & Training for Kids & Adults

IRAMOO	DAY & TIME	COST	CONTACT INFORMATION
Brainobrain Werribee Kids Academy	Wednesday & Thursday 6pm –7:45pm	Free	Contact: Karthick ☎ 0431 400 156
One-on-One financial support Financial Sessions are available at the Centre with Christian from Good Shepherd.	Once a month on Friday	Free	For more information call 8742 3688 Or admin@iramoooc.com.au
One-on-One basic IT & phone support Bring your laptop, tablet, iPad or phone and learn how to navigate the digital world.	Wednesday's 10am-12pm		
WYNDHAM PARK	DAY & TIME	COST	CONTACT INFORMATION
Polynesian Kids Language School Language school for children from the Pacifika communities Aged 5-12 years	Call the contact person		Contact: John ☎ 0477 570 440
Wyndham Community & Education Centre Offers quality community programs and education.	Call the contact person		Contact: Wyndham Community & Education Centre ☎ 9742 4013
Indie College Programs are focused on improving literacy and numeracy skills.	Call the contact person		☎ 0487 895 058

Education & Training for Kids & Adults

WYNDHAM PARK	DAY & TIME	COST	CONTACT INFORMATION
Gen U Independent Living skills program designed to support disability clients in developing their skills in homecare, cleaning, cooking & everyday life skills.	Call the contact person		Contact: Bonnie ☎ 0447 354 276
Sewing classes We are running sewing classes at the Community Shed again this term.	6pm—9pm	Fees apply	Contact: Wyndham Community & Education Centre ☎ 9742 4013
Ceramic Classes Our purpose built facility includes a kiln and pottery wheels. Members of the shed will also have access to the ceramics room on Fridays.	Monday and Wednesday 9:30am - 12:30pm	\$150 for per term	Contact: Wyndham Community & Education Centre ☎ 8742 3975 ✉ admin@wyndhamparkcc.com.au
Kookaburra Girls Women are supported to increase their skills and confidence with woodwork, metal work, and the use of tools to complete projects.	Mondays 9am – 2pm		
Men's Shed Men from all ages, abilities and cultural backgrounds come to the Shed to make things, socialise, share skills and have a cuppa.	Tuesdays & Thursdays 9am—2pm		
MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Writing Women Join authors and screenwriters Alli Sinclair (Codebreakers, Burning Fields) and Kaneana May (All We Have is Now, Home & Away) as they discuss the joys and challenges of writing strong female characters.	Online event Thursday July 29 7.30pm - 8.30pm		Contact: Manor Lakes Library ☎ 8734 8930 Bookings required https://www.eventbrite.com.au/e/writing-women-alli-sinclair-and-kaneana-may-tickets-156442893907
Family History Groups Join us as we discuss our latest research finds, useful resources, brick walls, up coming events and get advice from this knowledgeable group.	2 nd Tuesday of the Month 13 July, 10 August, 14 September 1.30pm – 3pm	Free	Contact: Manor Lakes Library ☎ 8734 8930 Bookings required https://www.eventbrite.com.au/d/australia--werribee/wclfamhistorygroup/
Finding Families in the National Archives of Australia – Online Are you on the trail of an ancestor who served in the Australian military? Or migrated to Australia in the 1900s? Maybe there is someone lurking on a branch of your family tree who was a creative genius, a spendthrift or even a bit subversive? If so, then come along to this talk to find out how the National Archives of Australia may be able help you!	Online Tuesday 3 August 1.00pm – 2.30pm		Contact: Manor Lakes Library ☎ 8734 8930 Bookings required https://www.eventbrite.com.au/e/158851062805
How to Start Your Family History Let us show you how to start your Family History. With the e-resources we have now it's easier than ever for most people. Some of it you can even do from home. Book online	Online Wed 18 August 11am – 12pm	Free	Contact: Manor Lakes Library ☎ 8734 8930 Bookings required https://www.eventbrite.com.au/e/159058802159
What to Expect When You're Immigrating Come and hear a discussion of immigrant perspectives with Sri Lankan born author and illustrator NASH in conversation with Bruno Lettieri.	Online Event Thursday 5 August 7.30pm – 8.30pm	Free	Contact: Manor Lakes Library ☎ 8734 8930 Bookings required https://bit.ly/NASHatWCL
Kids Concepts Offers unique skill development courses for children aged between 4-16 years, that can help improve child's learning ability, memory, calculation speed and cognitive skills.	Tuesday 4:30pm -6pm	Fees Apply	Contact: Keerti Hosur ☎ 0413 949 831 ✉ info@kidsconceptsaus.com 🌐 www.kidsconceptsaus.com

Kids Club

Come and join in a different activity every week. Make new friends & have lots of fun.

At the: Manor Lakes Library
 When: Wednesdays, 3pm (*during school terms*)
 Ages : 5-12 years

For more information please
 Contact: Manor Lakes Library
 ☎ 8734 8930

<https://www.wyndham.vic.gov.au/services/libraries/kids/kids-events-and-activities>



Recreation & Leisure for Kids & Adults

IRAMOO	DAY & TIME	COST	CONTACT INFORMATION
Chair Yoga Gentle form of yoga that can be done sitting.	Friday 11.30am – 12.15pm	Contact Catherine	Contact: Catherine ☎ 0416 009 024 FB: Yoga Moves West
Yoga Come join us to move, stretch, work, sweat, breathe and be still.	Wednesday 7.30-8.30pm & Saturdays 10.30-11.30am	Contact Catherine	Contact: Catherine ☎ 0416 009 024 FB: Yoga Moves West
Keep Fit with Karate Children and adult classes	Monday & Wednesday 5-6pm & 6pm-7pm	Contact Tyrone	Contact: Tyrone ☎ 0402 593 393
Rhapsody School of Ballet Children and adult classes	Tuesday 4pm-8pm & Friday 4pm-8pm	Contact Cristelle	Contact: Cristelle ☎ 0433 872 263 or ✉ rhapsodyschoolofballet@gmail.com
Zumba An interval workout. The classes move between high- and low-intensity dance moves designed to get your heart rate up and boost cardio endurance.	Mondays 7.30pm - 8.30pm and Tuesdays 8pm – 9pm.	Contact Angela	Contact: Angela ☎ 0422 570 010 ✉ www.kicksdancecompany.com.au
Artizzons Art Classes Classes focus on developing children's artistic skills and creativity. They will discover a variety of art materials through application and experimentation. <i>For children from 6 years.</i>	Saturday morning	Contact Cathy	Contact: Cathy Mackay @artizzons ☎ 0413 527 102

MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Lego Club Come along to your library every week to design, build and imagine with Lego. Ages 5+	Mondays, 3pm, during school term	Free	Contact: Manor Lakes Library ☎ 8734 8930 https://www.wyndham.vic.gov.au/services/libraries/kids/kids-events-and-activities
DK Alayam School of Music & Dance	Monday , Thursday & Friday 6pm- 7pm	Fees apply	Contact : Krithika ☎ 0424 517 021 ✉ krithikad.1989@gmail.com
Wyndham Patchworkers It's time to sew and chat, make friends, learn, swap ideas and indulge your passion for quilting and patchwork.	2nd & 4th Saturday of the month 11am-4pm	Fees apply	Contact: Monica Parnis ☎ 0417 058 590 ✉ wyndhampatchworkersinc@hotmail.com
Zumba class for Mums—Reclink Mum and bubs Zumba classes	Wednesday 9am -10am	Free	Contact: Manor Lakes Community Learning Centre ☎ 8734 8934 ✉ manorlakesclc@wyndham.vic.gov.au
Natyanjali (School of Dance) Bharatnatyam dance classes.	Monday 6pm -7pm	Fees apply	Contact: Anitha Perumal ☎ 0470 177 937

Recreation & Leisure for Kids & Adults

MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Zumba with Angela	Thursday 7pm - 8pm	Fees apply	Contact: Angela Joyce ☎ 0431 577 679
Kala Yoga Academy - First class free Kids Yoga for Beginners to Intermediate Age: 7—12 years Adult Yoga for Beginners	Tuesdays 4pm - 4.50pm Thursdays 9:30am - 10:30am	Fees apply	✉ bookings@kalayogaacademy.com
Sahaja Yoga Mental and physical health and fitness for the community via meditation sessions.	Fridays 7pm – 8pm	Free	Contact: Annie Sarani ☎ 0434 237 989 ✉ tonysahaj@gmail.com
Nrithyopsana Indian classical dance	Fridays 5.30pm - 6.30pm	Fees apply	Contact: Lalitha Narayanan ☎ 0429 313 826
Gamers Den Hang out and learn new board games, play console games, group games, card games, role playing games and snacks of course Ages: 12 – 17	Wednesday 3:30pm-5pm	Free	Contact: Wyndham Youth Services ☎ 8734 1355
Urban Vibes Connecting young people of all backgrounds through arts, dance, music and food! Ages: 12 – 17	Monday 3:30pm-5pm		
Drop In Thursday Hang out in the Manor Lakes youth space. Ages: 12 – 17	Thursday 3:30pm-5pm		
Drop In Friday Hang out in the Manor Lakes youth space. Ages: 12 – 17	Friday 3:30pm-5pm		

Faith, Cultural & Community Groups

IRAMOO	DAY & TIME	COST	CONTACT INFORMATION
Knit, Crochet and Chat at Iramoo Bring in your current project and work on it in a social setting	Friday 10am – 12pm	FREE	☎ 8742 3688 ✉ admin@iramoooc.com.au Follow us on Facebook!
Mountain of Love	Sundays 9am - 12.30pm	Fees apply	Contact: Patrick ☎ 0478 004 271
Australian Youth Community Centre	Fridays 1pm—2pm	Fees apply	Contact: Nasser ☎ 0425 544 600
Mahamenva Meditation Group	4th Sunday of the month 4.15pm - 8.15pm for <i>meditation, followed by supper.</i>	Fees apply	Contact: Dimuth ☎ 0401 443 011
Wyndham Vale Men's Shed	Fridays 10am-3pm		Contact: Greg/Chris ☎ 0438662 252/0419 820 140
Hosanna Evangelical Worldwide Church	Sundays 1pm-4pm		Contact: Nestory ☎ 0431 550 137 or ✉ Nestory2007@hotmail.com
WYNDHAM PARK	DAY & TIME	COST	CONTACT INFORMATION
Anondodhara Bangladeshi cultural group teaching Bengali music and dance.	Call the contact person		Contact: Sadia Hamid Nijhum ☎ 0431 191 504
Hands of Grace Church & Weekly Bible Study	Sundays 10am-3pm		Contact: Pastor Wilson Snelex ☎ 0400 914 929

Faith, Cultural & Community Groups

WYNDHAM PARK	DAY & TIME	COST	CONTACT INFORMATION
BAPS PTY LTD Is a spiritual origination dedicated to fostering the Hindu ideals of faith, unity and selfless service.	Call the contact person		Contact: Chetan ☎ 0410 525 391
Victorian Bangladeshi Community Foundation Cultural group for the Bangladeshi community across Victoria.	Call the contact person		Contact: Morshed ☎ 0423 072 427
Roohpunjab Dee Melbourne Inc. Cultural dance and community activities.	Call the contact person		Contact: Manjinder ☎ 0430 738 534
Forerunner INTL Melbourne Incorporated	Sunday 5.00pm—10.00pm Monday 7.00pm—10.00pm Tuesday 7.00pm—9.30pm		Contact: Dennis ☎ 0481 865 411
MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Newstart Church Contemporary Christian Community Church service.	Sunday 10am -11.30am	No cost	Contact: Lukas ☎ 0418 427 114 ✉ office@newstart.org.au 🌐 www.newstart.church
Assembly of Saints Church activities	Sunday 12:30pm - 2:30pm	No cost	Contact: Fiston ☎ 0410 145 596

Seniors

WYNDHAM PARK	DAY & TIME	COST	CONTACT INFORMATION
U3A Werribee Region Mosaics: Health & Well-Being: Provides activities for retirees and semi-retired senior citizens.	Wednesday 10am-12pm Wednesday 10am-11.30am	Fees apply	Contact: U3A ☎ 0412 993 756 ✉ courses.u3awbee@hotmail.com
MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Club 60 Wyndham Vale Group for Indian seniors who are involved in the welfare of society by helping isolated seniors to participate in activities.	Mondays, Wednesdays and Fridays 1pm-3pm	No cost	✉ happytwofaces@hotmail.com
Seniors Social Group Come and join in some fun activities which include games and songs and meet other seniors in your local area. The group will be regularly meet and connect on a weekly basis.	Tuesdays 10:30am—12:30pm	Free	Contact: Manor Lakes Community Learning Centre ☎ 8734 8934 ✉ manorlakesclc@wyndham.vic.gov.au
Seniors program - Fun & Fitness A gentle exercise program for seniors providing a fun , social and safe way to active. Learn to move more confidently and improve your fitness level.	Monday 11:00am—12:00pm	Fees apply	Contact: Manor Lakes Community Learning Centre ☎ 8734 8934 ✉ manorlakesclc@wyndham.vic.gov.au

FOR FAMILIES & BABIES UNDER 18 MONTHS

Free

Manor Lakes Community Learning Centre
Tuesdays 1:30pm - 2:30pm

For more information contact
Children & Family Resource Unit on
8734 5478 or at playgroup@wyndham.vic.gov.au



Social & Support Groups

IRAMOO	DAY & TIME	COST	CONTACT INFORMATION
Don't Worry Be Happy Chronic Pain and Depression Support Group	Wednesday Fortnightly 10am -12pm	Free	Contact: Kyren ☎ 0435 156 653
AA Tuesday Night	Tuesday 7.00pm – 8.30pm	Contact Anthony	Contact: Anthony ☎ 0466 501 058
AA Werribee Group	Friday 7.30pm - 8.30pm	Contact Susanna	Contact: Susanna ☎ 0411 146 412
Weight Watchers Meeting	Saturday 8.30am - 9.30am		Contact: Kate Habgood ☎ 0417 434 614
Food Swap Meet near the BBQ area. Fruit and Vegetable growers bring their excess produce along and place it on a common table and swap it for other home grown produce on the table.	3rd Saturday of the month 11am - 12pm.	Free Fruit and Vegetable Swap	Contact: Coralee ☎ 0403 433 795
WYNDHAM PARK	DAY & TIME	COST	CONTACT INFORMATION
Wyndham Women's Support Group Supporting and building women up.	Fridays 9.45am-1.30pm		Contact: Tania ☎ 0423 051 686
Catholic Care Homework Club for refugees and migrant children.	Fridays 3.30pm-5pm		Contact Lulu ☎ 8742 6835
Food Support Program Wyndham Park Community Centre provides a dignified and respectful food support service to those in need. Please bring your own bag	Thursdays 9.30am—12.00pm		☎ 8742 3975
Encompass Encompass is a disability support service employment services.	Call the contact person		Contact: Jorge ☎ 0433 566 575
Wyndeaf Support Group A support group for those that are hearing impaired and their friends	Call the contact person		Contact: Sue via text on ☎ 0490 453 287 or ✉ wyndeaf.sg@gmail.com
Gateway Community Services Provides social support for people with disabilities.	Call the contact person		Contact: William Kelly ☎ 9399 3511
MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Food Bank Manor Lakes Providing food items to people in need.	Wednesday 9am -11:30am	No cost	Contact : Lynnette ☎ foodbank@newstart.org.au Contact: Facebook - FoodBank Manor Lakes
Youth Counselling Free, confidential counselling for young people. Ages: 12-25 years	By appointment only	No cost	Contact: Wyndham Youth Services ☎ 8734 1355 ✉ youthinwyndham@wyndham.vic.gov.au
Wyndham Deaf Association Social Club for the Deaf Community in Wyndham to get together for social activities.	4th Friday of the month 7pm-11pm	Fees apply	Contact: Di ✉ d_drousch@bigpond.com

WYNDHAM CITY COMMUNITY CONNECTORS



Translating and Interpreting Services

If you want to communicate in a language other than English, call the free Telephone Interpreter Service on 131 450 and ask for them to call Wyndham City Council on 8734 4514 and ask for a Community Connector.



National Relay Service (NRS) 1300 555 727

If you are deaf or have difficulty hearing or speaking with people on the phone, the National Relay Service can help you.

Other useful resources

- www.myagedcare.gov.au or call 1800 200 422
- www.ndis.gov.au NDIS or call 1800 800 110
- Carers Gateway 1800 422 737
- Lifeline 13 11 14 www.lifeline.org.au
- wyndhamchildandfamilydirectory.com.au
- OPAN (Older Persons Advocacy Network) 1800 700 600



Support - Inform - Connect

A COMMUNITY CONNECTOR CAN PROVIDE FREE AND CONFIDENTIAL ADVICE

Supporting you to access the services you need to stay living at home, active and connected with your community.

We are an access point for Wyndham residents to connect with personalised support to navigate formal and informal services and groups/activities.

We have specialist Ageing Well Connectors available to support older residents and their families.

Please contact us on 8734 4514 and ask for a Community Connector or email communityconnector@wyndham.vic.gov.au

The community connector team is available to take calls, book appointments and if required make home visits, Monday to Friday between 8am to 5pm.



(Interpreter available on request)

Community Connectors will be available at the following Community Learning Centres:

- **Point Cook Community Learning Centre**
THURSDAY 8am to 3.30pm
- **Tarneit Community Learning Centre**
WEDNESDAY 8am – 5pm
- **Manor Lakes Community Learning Centre**
FRIDAY 8am to 5pm

Additional days and Community Centres may be available, for more information please contact 8734 4514.

Please note during Community Centre closures the Community Connectors will only be contactable by phone or email.

www.wyndham.vic.gov.au/communityconnector

What matters to you?

How can we help you?

Is it important to you to stay connected to your community?

What information would help you connect to your local area supports and services?

Do you or someone you know need support with daily living to maintain independence?

Do you need an advocate to support you and work on your behalf to represent your wishes?

A Community Connector can assist with, however not limited to:

- information and/or referrals about services, such as homecare, personal care, respite, community access, group activity and allied health services
- access and navigate State and Commonwealth funded programs- Home and Community Care (HACC), My Aged Care (MAC) and National Disability Insurance Scheme (NDIS)
- connecting with local community groups and activities
- information about council services

Links/referrals to emergency relief supports, for example:-

- Food relief and material aid
- Mental health support and counselling
- Family violence support
- Family, youth and social support
- Homelessness and emergency accommodation
- Financial support
- COVID-19 support

If you are in quarantine or self-isolating and are in urgent need of food relief, call the COVID-19 hotline on 1800 675 398 or visit www.dhhs.vic.gov.au/coronavirus.

FOOD SUPPORT PROGRAM AT WYNDHAM PARK COMMUNITY CENTRE

The Birdcage Community Store

Wyndham Park Community Centre provides a dignified and respectful food support service to those in need. You will need to register to access the store. Our Community store is open every **Thursday from 9:30am—12pm.**

Please bring your own bags.

Find us on Facebook: [fb.com/wyndhamparkcc.com.au](https://www.facebook.com/wyndhamparkcc.com.au)

Address: 55—57 Kookaburra Avenue, Werribee 3030

Phone: 8742 3975

Email: admin@wyndhamparkcc.com.au



COMMUNITY PANTRY AT IRAMOO COMMUNITY CENTRE



Our Community Pantry is up and running! To help keep this pantry going we are asking community members who are in position to give to support this project and those that are in need to simply help themselves. Items that can be donated include tins, jars, household items, toiletries, nappies, wipes and fresh fruit and vegetables. We will be partnering with Wyndham Park Community Centre to continue to grow this pantry for our community.

Open Monday to Friday 8.30am – 3.30pm.



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If you need to call on someone, call on us

How do I get in touch?

Call 03 9373 3800 or 0419 855 674
or email homestartprogram@baptcare.org.au

Home-Start Program
Baptcare Sunshine Office
3/131 Harvester Rd,
Sunshine VIC 3020

Home-Start Program

Because everyone deserves
the best of care

For Home-Start Program enquiries
03 9373 3800



Baptcare

Baptcare

Because everyone deserves *the best of care*

FAMILY & CHILDREN'S SERVICES

FAMILY & CHILDREN'S SERVICES



Health, Homelessness & Housing



Need help contact Unison: During business hours on 1800 825 955 or afterhours on 1800 627 727. Visit www.unison.org.au

Anyone who is experiencing difficulties which may affect their housing are urged to seek information & advice early to avoid a worsening of their situation. Anyone who does find themselves in a crisis, should contact Unison.

The Wyndham H3 Alliance are an alliance of health, housing & homelessness organisations in Wyndham working together to deliver & improve housing services & options in Wyndham. For more information visit <https://www.wyndham.vic.gov.au/3alliance>

Other useful sources of information include:

For information on homelessness:
<http://chp.org.au/>

For general housing advice:

<https://www.consumer.vic.gov.au/housing/renting>

For housing options and advice:

www.housing.vic.gov.au

For Older People: Housing for the Aged Action Group:

<https://www.older tenants.org.au/>

For people living with a disability:

[The Housing Hub https://www.thehousinghub.org.au/](https://www.thehousinghub.org.au/)

For a housing application form (public and community housing):

<https://housingapplication.vic.gov.au>

For information on services available in your area:

<https://www.infoxchange.org.au/>

For information for renters:

<https://www.tuv.org.au/>

For private rental properties:

<https://www.realestate.com.au> or <https://www.domain.com.au/>



We provide specialist support services for anyone in Victoria who is experiencing or afraid of family violence.

Our services include:

- Information and referral
- Crisis response
- Specialist family violence risk assessment
- Safety planning
- Access to supported crisis accommodation.

We also provide specialist trauma counselling on behalf of the national sexual assault, domestic and family violence counselling service, 1800 RESPECT.

Need Support?

<https://www.safesteps.org.au/>

1800 015 188
Available 24/7

Email Us
Available 24/7

Web chat
Available Mon-Fri 9am-midnight

Emergency? Dial 000
Available 24/7

WESTjustice

WE create positive change in the West

WEstjustice is a community organisation that provides free legal help to people in the Western suburbs of Melbourne.

We can help with a broad range of everyday legal problems including consumer disputes, credit and debt, family law and family violence, fines, motor vehicle accidents, tenancy, youth criminal law and more.

WE are located

Level 1/8 Watton Street, Werribee VIC 3030
Tel: +61 3 9749 7720
Fax: +61 3 9749 8276
Email: admin@westjustice.org.au
Office hours: Monday to Friday, 9.00am-5:00pm.
(Office currently closed due to COVID-19 situation)

