## Salt Dough Liya

## You will need:

- 2 cups all purpose flour
- 1 cup salt
- 1 cup cold water
- Large bowl
- Wooden spoon
- Rolling pin
- · Baking sheet
- Cookie cutters or you can use your hands to mould
- Paint (Optional)
- Paintbrushes (Optional)
- Oven \*\*\* Ask an adult to help you
- Tealight candles

## What to do:

- Mix flour and salt together in a bowl, using a wooden spoon.
   Slowly mix in the water, a few tablespoons at a time, until dough is smooth and easy to handle.
- Using your hands, knead the dough for a few minutes and let rest for 20 minutes.
- Preheat oven to 120 degrees C.
- Roll out dough using your rolling pin.
- Using cookie cutters, cut the dough into shapes or using your hands roll and shape into a teardrop shape, with an indent in the centre big enough to hold a tealight candle.
- · Arrange your shapes on a baking sheet.
- Bake in the preheated oven until dry and hard, about 2 hours. \*\*Ask an adult to help you
- · Allow to cool completely before touching.
- You can paint your patterns now (optional), and leave to dry.
- Place your tealight in the centre.













