

# 7 Day Christmas Cooking Challenge

Each day, you can choose a cooking task to complete. You can cook whatever you like with the hero Christmas ingredient of the day. **Make sure to check with a grown-up before you start cooking. Do not eat a food if you have an allergy.** And remember, cooking in the kitchen includes cleaning up and doing the dishes!



## Day 1— Nuts

Think roast nuts, nut bread, nut spreads on toast and nuts in cakes.



## Day 2—Dried fruit

Think about fruit mince pies, fruit bread, fruit cake, fruit biscotti or served as a snack with nuts.



## Day 3— Food Colouring

Use red or green food colouring to decorate icing, cakes, biscuits or boiled eggs in their shells.



## Day 4—Flour

Think biscuits, cakes, pancakes, puddings or scones.

You can use wheat flour or gluten free flour.



## Day 5—Ginger

Think gingerbread biscuits, gingerbread houses, ginger cookies or ginger snaps.

## Day 6—Chocolate

Think sweet or savoury. Did you know you can make chocolate into a sauce for meat dishes? Or you could make cakes, chocolate mousse, or even a chocolate dipping sauce for use with fruit.



## Day 7—Berries

Think fruit salads, smoothies, fruit muffins or even make some berry jam.



Share photos of your cooking creations on the [Kids Club Online Gallery](#).