



# OLYMPIC PARTY

To celebrate the Tokyo Olympics, why not throw an Olympic party at your house?

There are so many fun games, sports and decorations you can include in your party planning. It doesn't matter who wins because the Olympics is about taking part and making friends.



**Decorate:** Use the colours of the Olympic rings to decorate your house. Use the colours for streamers, lanterns, table decorations and flags.



**Activities:**

You can play sports games, back-yard games, or even silly games.

Just keep track of individual or team winners.

Running races	Trampoline challenges	Dress up race
Basketball	Egg and Spoon races	Book balancing contest
Swimming pool races	Three legged races	Silence contest
Bicycle races	Juggling contest	Carry as many toys as you can race
Ball throwing skills	Sack race	Memory games
Frisbee	Obstacle course	Water fight



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**Medals:** You can make your own medals out of coloured paper and ribbon. Or print the medals and cut them out.



**Food:** Japan is hosting the Olympics this year. You might choose to celebrate your party with the national cuisine of Japan. You can search 'Japanese party food recipes' online.



Or you may choose to have food from many different countries and try lots of new taste sensations.



Or may choose to have gold, silver and bronze food. Think gold/yellow, silver/grey/white, bronze/orange/brown food options.

