

SALT DOUGH

You will need:

- 2 cups all purpose flour
- 1 cup salt
- 1 cup cold water
- Large bowl
- Wooden spoon
- Rolling pin
- Cookie cutters and items to make prints like: leaves, sticks, small toys, spoons or forks
- Straw
- String
- Paint (Optional)
- Paintbrushes (Optional)
- Oven *** **Ask a grown up to help you with this bit**



What to do:

- Mix flour and salt together in a bowl, using a wooden spoon. Slowly mix in the water, a few tablespoons at a time, until dough is smooth and easy to handle.
- Using your hands, knead the dough for a few minutes and let rest for 20 minutes.
- Preheat oven to 120 degrees C.
- Roll out dough using your rolling pin.
- Using cookie cutters, cut the dough into shapes like circles or squares.
- Using a straw, cut out a small hole at the top of your main shape - Leaving enough space so it doesn't break.
- Press your leaves (or anything else you have that can make a print) into the centre of your shapes to create patterns.
- Arrange your shapes on a baking sheet.
- Bake in the preheated oven until dry and hard, about 2 hours.
- Allow to cool completely before touching.
- You can paint your patterns now (optional).
- Thread the string through the small hole you made before baking and tie a knot.



Take a photo for the Kids Gallery!