

# Paper Plate Frisbee



In this activity, we are going to make a frisbee from paper plates.

## What you need:

- 2 paper plates
- Colouring supplies
- Scissors
- Tape or stapler

## How to make your frisbee:

1. Draw a circle in the middle of the paper plates. I traced around a mug. Carefully cut this out. You might need an adult's help with this. Try folding the paper plate in half and cutting a slit, then unfold and you can use the slit to cut out the middle.



2. Turn your paper plates upside down and decorate. You are decorating the underside of the plate. This is the side that would sit on the table.
3. Staple or use tape to join the two edges together. Make sure it is very secure.
4. Go outside and throw your frisbee.
5. Show us your frisbee on the [Kids Club Online Gallery!](#)