

WHAT IS AN OCCUPATIONAL THERAPIST?

Paediatric occupational therapy focuses on helping children develop skills which enable them to achieve their best abilities in areas including independence in self-care, sensory processing, fine motor skills and gross motor skills.

The term 'occupational' in occupational therapy refers to the 'occupations' of our daily life. For a child this usually is kindergarten/school, self-care or play.

Occupational Therapy works towards helping to make 'life easier' for children with developmental challenges.

WHEN TO SEEK SUPPORT

If you have a child who has challenges with any of the following, an Occupational Therapist may be able to assist:

- Concentrating (on one thing at a time) and behaving appropriately
- Sensory Processing (for concentration and learning): sensory reactions within the body or in response to external stimulus which may impact concentration, behaviour and learning.
- Finger skills (Fine Motor skills): pencil and scissor skills (colouring, drawing, writing), opening lunch bags, manipulating toothbrushes, tying shoelaces.
- Whole body skills (Gross Motor skills): running, jumping, swimming, bike riding ball skills, posture at the table.
- Developing independence in self-care (mealtimes, dressing, toileting etc)
- Organising themselves (such as for playing a game, or packing their bags for school/kinder)
- Playing (both alone and with others)
- Self-Management: general organization, keeping track of personal items, understanding time, and using money.

HOW TO REFER

Parents/Guardians can call a Private Occupational Therapist of choice and make an appointment for their child; a referral is not required, unless you wish to access Medicare rebates (see below)

The following list contains a variety of Occupational Therapists in the Wyndham area - this list is not exhaustive and the PSFO Service do not endorse any service listed. Please contact the service direct for more information and details of charges.

Families may be able to obtain Medicare rebates (up to 5 allied health rebates per calendar year) to patients who are referred by a GP under the Chronic Disease Management Plan (CDMP) - please refer to the section "**How to get Medicare rebates for seeing therapists**" on page 39 for more information.

Please Note Children may be eligible for Community Health OT through IPC Health.

There are criteria that must be met in order to be eligible.

For eligibility criteria please contact your local IPC Health Service www.ipchealth.com.au/services-information/ or speak to your child's Educators / PSFO

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| POINT COOK THERAPY CENTRE 18 Boardwalk Boulevard Point Cook 3030 Tel: 8353 9910 Mob: 0430 599 012 Web: pointcooktherapy.com.au Email: info@pointcooktherapy.com.au | Services Provided | Speech Therapy, Occupational Therapy & Psychology |
| | Usual waiting times | 2-3 weeks |
| | Bulk Billing? | No but we process medicare and health insurance rebates onsite |
| | NDIS Provider? | Yes |
| | Medicare Rebates? | Yes |
| | Additional Info Our experienced clinicians are committed to professional development and provide comprehensive assessment and management of a variety of acquired and developmental conditions, including developmental delays, autism, learning and literacy difficulties, social pragmatic difficulties, stuttering, social anxiety, mood and other mental health issues, sensory processing. Parent and family guidance and support are integral to our service provision. Open Monday to Friday from 8am to 7pm. All services are by appointment only. Saturday appointments may occasionally be available on special consideration | |
| INSPIRING POSSIBILITIES Tel: 0400 825 344 Email: charlievella@bigpond.com Web: www.inspiringpossibilities.com.au | Services Provided | Mobile OT services |
| | Usual waiting times | 2 weeks |
| | Bulk Billing? | No |
| | NDIS Provider? | Yes |
| | Medicare Rebates? | Yes |
| | Additional Info We do after hours and weekends. We go to homes and schools | |
| WELL SAID CLINIC 49 Derrimut Road Werribee 3030 Tel: 1300 77 3324 Email: info@wellsaidclinic.com.au Web: wellsaidclinic.com.au | Services Provided | OT and Speech Therapy |
| | Usual waiting times | 1-2 months |
| | Bulk Billing? | No |
| | NDIS Provider? | Yes |
| | Medicare Rebates? | Yes (with EPC from GP) |
| | Additional Info | |
| FLEUR SMITH – BOUNCE OT FOR KIDS 49 Derrimut Road Werribee 3030 (located at the Well Said Clinic) Mob: 0409 920 065 Email: fleur.kidsot@gmail.com | Services Provided | OT |
| | Usual waiting times | 1-2 months |
| | Bulk Billing? | No |
| | NDIS Provider? | Yes |
| | Medicare Rebates? | Yes |
| | Additional Info Suburbs covered: Wyndham/Hobsons Bay/Yarraville/Footscray Available Monday only | |

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| LANGUAGE FOR LIFE SPEECH PATHOLOGY 188 Heaths Road Hoppers Crossing 3029 Tel: 9731 6486 Email: enquiries@languageforlife.com.au Web: languageforlife.com.au | Services Provided | Speech Therapy, Psychology, OT |
| | Usual waiting times | No waiting list |
| | Bulk Billing? | No |
| | NDIS Provider? | Yes |
| | Medicare Rebates? | Yes |
| | Additional Info Experienced therapists working with children and adults. Children with autism and children who have difficulties with articulation, language, fluency (stuttering) and literacy and with adults who present with swallowing and communication difficulties. Book appointments online Opens on Saturday | |
| LEAPFROG THERAPY SERVICES Paediatric Occupational Therapy Service Mail Address: 2/70A Doncaster Road Balwyn North 3104 Mob: 0406 508 281 Email: admin@leapfrogtherapy.com.au Web: www.leapfrogtherapy.com.au | Services Provided | Occupational Therapy |
| | Usual waiting times | |
| | Bulk Billing? | No |
| | NDIS Provider? | Yes |
| | Medicare Rebates? | Yes (with care plan from GP) |
| | Additional Info Occupational Therapists at Leapfrog are specialists in Paediatrics with a particular focus on developmental and learning challenges and disabilities. We work with children of all ages and abilities with and without a diagnosis. We have a clinic in North Balwyn and are a community-based practice that works in kindergartens, schools and homes of children in the Western and Eastern suburbs of Melbourne. Just some of the things we can help with are skills needed in the classroom such as fine motor skills and staying on task; self-care skills leading to independence appropriate for the child's age; play/social skills such as emotional regulation and understanding social cues and recreation skills to improve hand-eye coordination and balance. Assessments and therapy are conducted at our Balwyn North clinic, child's home, school or kindergarten. Our therapists can also assist with SWEP applications and with NDIS application/review supporting documentation. | |
| Katrina Smith 66 Derrimut Road Hoppers Crossing 3029 Tel – 0409 673 435 Email: katrinas@y7mail.com | Services Provided | OT |
| | Usual waiting times | 4-6 weeks |
| | Bulk Billing? | No |
| | NDIS Provider? | Yes |
| | Medicare Rebates? | Yes |
| | Additional Info Children 0-12 years. Kindergarten, childcare and school visits available. Appointments available: Tuesday, Wednesday, Thursday | |

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| INTEGRATED OT PO Box 2429 Werribee 3030 Tel: 0432 866 576 Email: admin@integratedot.com.au Web: integratedot.com.au | Services Provided | OT |
| | Usual waiting times | N/A |
| | Bulk Billing? | No |
| | NDIS Provider? | Yes |
| | Medicare Rebates? | EPC plans accepted |
| | Additional Info We see clients of all ages and with a wide range of diagnoses, including clients with mental health and physical disability needs. Our therapists take a holistic approach to therapy, looking at the person as a whole, with a focus on functional goal attainment. Our therapists are very flexible and are able to work with the whole care team and key support persons. | |
| HORIZON ALLIED HEALTH (Formerly HOLISTIC HOME HEALTH OT PRACTICE) Occupational Therapy and Speech Therapy Services Tel: 1300 755 040 Email: admin@holistichomehealthot.com.au Web: holistichomehealthotpractice.com.au | Services Provided | OT & Speech |
| | Usual waiting times | 2-4 weeks |
| | Bulk Billing? | No |
| | NDIS Provider? | Yes |
| | Medicare Rebates? | Medicare registered |
| | Additional Info OT therapy services available on Saturdays | |
| EQUIPKIDS OT SERVICES Entrance C1, Level 1, 5 Main Street, Point Cook, 3030 Tel: 8353 9521 Email: info@equipkidsot.com Web: equipkidsot.com | Services Provided | OT |
| | Usual waiting times | None |
| | Bulk Billing? | No |
| | NDIS Provider? | Yes |
| | Medicare Rebates? | Yes |
| | Additional Info EquipKids offers community and clinic based occupational therapy for children. Our clinic is located in Point Cook Town Centre and we also offer mobile therapy sessions covering the Wyndham Area. Our operating hours are Mon to Fri: 09:30 to 18:00 and Sat: 0830 to 13:30 | |
| ROMP AROUND MOBILE OCCUPATIONAL THERAPY SERVICE Katie O'Brien Mob: 0459 197 359 Email: katie.romparound@gmail.com Website: www.romparound.com.au | Services Provided: | Paediatric OT – young children up to end of primary |
| | Usual Waiting Time | Waiting list does apply |
| | Bulk billing? | No |
| | NDIS Provider? | Yes |
| | Medicare rebates? | Yes, with referral from GP |
| | Additional Info Covers Wyndham & Hobsons Bay area at home or Kindergarten | |

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| WESTERN CHILDREN'S HEALTH CENTRE 152 Central Avenue Altona Meadows Tel: 9931 0014 Email: contact@westernchildrens.com.au Web: westernchildrens.com.au | Services Provided: | Paediatrics ENT Surgeon OT Speech therapy Audiology Immunology and Allergy Respiratory Medicine |
| | Usual Waiting Time | Varies, appointments are triaged |
| | Bulk billing? | No |
| | NDIS Provider? | Yes |
| | Medicare rebates? | Yes |
| | Additional Info | |
| SPLASH PAEDIATRIC THERAPY Wyndham Private Medical Centre Level 1, 242 Hoppers Lane Werribee, 3030 Tel: 8731 6555 Email: info@splashtherapy.com.au Web: splashtherapy.com.au | Services Provided: | OT and Speech Pathology |
| | Usual Waiting Time | At most 2 week delay |
| | Bulk billing? | No |
| | NDIS Provider? | Yes |
| | Medicare rebates? | Yes (CDMP for OT & Speech & MHCP for OT) |
| | Additional Info <ul style="list-style-type: none"> • Open Saturdays for OT and SP • Provide service for children with mild to significant developmental issues • We run eating groups, based on Sequential Oral Sensory (SOS) approach, can be offered individually • Can offer home and kinder/childcare services • Can offer Professional Devt sessions for educators and parents • Provide an evidence based quality private practice that works in partnerships with parents and educators to provide goal directed intervention with measurable functional outcomes | |
| D.O.T.S OT for Children 4 Pentlowe Street Hoppers Crossing 3029 Tel: 8256 2484 Email: hello@dotschildot.com.au Web: dotschildot.com.au | Services Provided: | Occupational Therapy |
| | Usual Waiting Time | 2-3 months |
| | Bulk billing? | No |
| | NDIS Provider? | Yes |
| | Medicare rebates? | Yes |
| | Additional Info Clinic, School, community, Home & Telehealth appointments | |

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| Children's Speech & OT 215 Princes Highway Werribee 3030 Tel: 0474 002 044 Email: cspeechot@gmail.com Web: cspeechot.com.au | Services Provided: | Speech and Occupational Therapy |
| | Usual Waiting Time | Depends on needs |
| | Bulk billing? | No |
| | NDIS Provider? | No longer registered – can offer services to plan managed and self managed NDIS clients |
| | Medicare rebates? | Yes |
| | Additional Info | |
| Offers clients block therapy and short term appointments to try and manage waitlist and provide support to more families | | |
| Creative Steps 1-3 Thames Blvd Werribee 3030 Tel: 9731 0069 Email: info@creativesteps.com.au | Services Provided: | OT, Speech Pathology, Psychology, Social Skills Groups |
| | Usual Waiting Time | No details available |
| | Bulk billing? | No |
| | NDIS Provider? | Plan Managed or Self Managed only |
| | Medicare rebates? | Yes, for some services |
| | Additional Info | |

You can also refer to OT Australia website to search for an Occupational Therapist within your area on www.otaus.com.au and go to the "Find an OT" link.