

# THE BUZZ

## Wyndham West & Central

Arndell Park Community Centre  
Manor Lakes Community Learning Centre  
Penrose Community Centre  
Tarneit Community Learning Centre



Term 1 2021

wyndhamcity

WELCOME BACK EVERYONE! We're pleased to welcome many new and familiar faces into our community centres as we reopen in 2021.

In this newsletter you will read about many programs and services that you can access at community centres, including early years programs, maternal and child health services, education and training, recreation and leisure, wellbeing and fitness, seniors programs, support groups, community events and much more!

### New support for the community: Tarneit Foodbank

The Tarneit Foodbank exists to provide food and other items to people in need. We strive to assist in ways that gives dignity and respect. If you are in need of support, come along to Penrose Promenade Community Centre in Tarneit on Tuesdays between 10.30am-12.30pm. It's free, open to all ages and no referral is needed. The service is run by Reach West Community Services & Epiphany Anglican Church—we thank their dedicated volunteers for making this possible.



### Tarneit Foodbank

Tuesdays 10.30am-12.30pm

@ Penrose Promenade Community Centre

Foodbank is available for people of all ages who are struggling and need assistance. *No referral needed*

More info: (03) 8734 4500 or [www.facebook.com/TarneitFoodBank](https://www.facebook.com/TarneitFoodBank)



Wyndham Council acknowledges the Wathaurung, Woiworrung and Boonwurrung peoples of the Kulin Nation as The Traditional Owners of the land on which Wyndham is built

Arndell Park Community Centre— Address: 29-49 Federation Blvd, Truganina VIC 3029. Phone: (03) 8734 8911  
Manor Lakes Community Centre—Address: 86 Manor Lakes Blvd, Manor Lakes VIC 3024. Phone: (03) 8734 8934  
Penrose Promenade Community Centre—Address: 83 Penrose Promenade, Tarneit VIC 3029 . Phone: (03) 8734 4500  
Tarneit Community Learning Centre—Address: 150 Sunset Views Blvd, Tarneit VIC 3029. Phone: (03) 8734 6040

# Early Years

VARIOUS LOCATIONS	VENUE, DAY & TIME	CONTACT INFORMATION	COST
<b>Maternal &amp; Child Health Appointments</b> Professional nursing support & advice for parents with children from birth to school age.	By Appointment Only	Contact: Maternal & Child Health ☎ 9742 8148 🌐 <a href="http://www.wyndham.vic.gov.au/select/Maternal%20&amp;%20Child%20Health%20Services">www.wyndham.vic.gov.au select Maternal &amp; Child Health Services</a>	No cost
<b>Immunisations</b> The Wyndham City Immunisation Unit provides free public vaccinations against a range of childhood and adult diseases.	By Appointment Only	Contact: Wyndham Immunisation Team ☎ 9742 0736 🌐 <a href="http://www.wyndham.vic.gov.au/select/Children's%20Services%20&gt;%20Immunisations">www.wyndham.vic.gov.au select Children's Services &gt; Immunisations</a>	No cost
<b>First Time Parents Group</b> Meet friendly local families to talk about your kids and have fun! Come along to share experiences, find advice, give support and make new friends.	Weekly sessions	Contact: Maternal & Child Health ☎ 9742 8148 🌐 <a href="http://www.wyndham.vic.gov.au/select/Maternal%20&amp;%20Child%20Health%20Services">www.wyndham.vic.gov.au select Maternal &amp; Child Health Services</a>	No cost
<b>Supported Playgroup</b> A playgroup that aims to meet the needs of vulnerable families in our community. MCH referral required	Weekly sessions	Contact: Maternal & Child Health ☎ 9742 8148 🌐 <a href="http://www.wyndham.vic.gov.au/select/Maternal%20&amp;%20Child%20Health%20Services">www.wyndham.vic.gov.au select Maternal &amp; Child Health Services</a>	No cost
<b>Wyndham City Council - Kindergarten</b> 3 & 4 Year Old Kindergarten Services. Enrol your child online.	Weekly sessions	Kindergarten Enrolment Officer ☎ 9742 8147 🌐 <a href="http://www.wyndham.vic.gov.au/select/Children's%20Services%20&gt;%20Kindergarten">www.wyndham.vic.gov.au select Children's Services &gt; Kindergarten</a>	Fees Apply
TARNEIT	DAY & TIME	INFORMATION	COST
<b>Tarneit Multicultural Playgroup</b> This facilitated playgroup provides a great play and social opportunity to young children, carers and families. Come and join in fun activities which include rhymes, stories, songs and meet other parents in your local area.	Friday 9:30am-11:30am	Contact: Tarneit Community Learning Centre ☎ 8734 6040 ✉ <a href="mailto:tarneitclc@wyndham.vic.gov.au">tarneitclc@wyndham.vic.gov.au</a>	\$50 per term
<b>Tarneit Islamic Playgroup</b> A fun and supportive place for mum's, female carers and pre-schoolers to enjoy crafts, stories, play and friendships.	Monday 12pm-2pm	Contact: Tarneit Community Learning Centre ☎ 8734 6040 ✉ <a href="mailto:tarneitclc@wyndham.vic.gov.au">tarneitclc@wyndham.vic.gov.au</a>	\$50 per term
<b>Tarneit Dad's Playgroup</b> A playgroup for Dads, come along and meet other local families. Make new friends and let the kids interact with others.	Thursday 9:30am-11:30pm	Contact: Shaun ☎ 0455 521 154 ✉ <a href="mailto:Shaun.tonkes@salvationarmy.org.au">Shaun.tonkes@salvationarmy.org.au</a>	No Cost
<b>Tweddle—My Time</b> Peer Support group for families who have children with a disability.	Monday 10am—12pm	Contact: Kylee Brealey ☎ 9689 1577 ✉ <a href="mailto:kylee.brealey@tweddle.org.au">kylee.brealey@tweddle.org.au</a>	Conditions apply
PENROSE PROMENADE	DAY & TIME	INFORMATION	COST
<b>Multicultural Playgroups</b> Structured playgroups allowing like minded families to share, connect and learn important social skills.	Wednesdays Group A: 9:30am-11:30am Group B: 12pm-2pm	Contact: Penrose Team ☎ 03 8734 4500 ✉ <a href="mailto:penrosepromenadecc@wyndham.vic.gov.au">penrosepromenadecc@wyndham.vic.gov.au</a>	\$50 per term
<b>VICSEG Multicultural Playgroup</b> This playgroup is open for all community, which offers the opportunity for children to learn social skills through play.	Friday 9:30-11:30am	Contact: Karen Diacono ☎ 8754 0512 ✉ <a href="mailto:kdiacono@vicsegnewfutures.org">kdiacono@vicsegnewfutures.org</a>	No cost

# Early Years

ARNDALL PARK	DAY & TIME	INFORMATION	COST
<b>Ummah Jameelah Playgroup Inc</b> <b>3+ Activity Group</b> Islamic rostered 3+ Activity group. Structured program for 3 and 4 year old children. Mums are rostered to help once per term.	Wednesday 9:30-12.30pm Friday 9:30am-12:30pm	Contact: : Nicole ☎ 0430 494 262 ✉ Ummah.jameelah@hotmail.com	Fees apply
<b>Tiny Tutus</b> Beginners Ballet class for children from 18 months to 7 years.	Tuesday 9.30am-11.30am	Contact: Tiny Tutus ☎ 1300 245 060 ✉ www.tinytutus.com.au	Fees Apply
MANOR LAKES	DAY & TIME	INFORMATION	COST
<b>Multicultural Playgroup (5 years and under)</b> This structured playgroup will give you and your child (0-4 yrs.) the opportunity to actively participate in a stimulating variety of activities. All backgrounds warmly welcomed.	Tuesday 12:30pm -2:30pm	Manor Lakes Community Learning Centre ☎ 8734 8934 ✉ manorlakesclc@wyndham.vic.gov.au	\$50 per term
<b>Grasshoppers Playgroup</b> Playgroup is an experience where babies, toddlers, pre-school children and their parents (or carers) meet together on a regular basis to play, learn, develop skills and socialise.	Monday 9:30am-11:15am Thursday 9:30am-11:15am	Contact: Sonia Caruana ☎ 0438 585 087 ✉ grasshoppers@ www.grasshoppersplaygroup.com.au	Fees Apply
<b>Tweddle-My Time</b> Peer Support group for families who have children with a disability.	Tuesday 9:30am-12pm <i>During school terms only</i>	Contact: Tweedle ☎ 9689 1577	No Cost
<b>VicSeg Playgroup - New Futures</b> This group is for South Sudanese mothers and children with the opportunity to talk & support one another in the local community.	Wednesday 12:30pm-2:30pm	Contact: VicSeg ☎ 8754 0500 ✉ kdiacono@vicsegnewfutures.org.au	No Cost
<b>Rhyme Time</b> <span>Online</span> Sharing songs and rhymes helps to develop language, literacy, numeracy, phonemic awareness, motor skills, imagination, music appreciation and much more. <i>Suitable for ages 1—5 years.</i>	Monday 9:30am	Contact: Manor Lakes Library ☎ 8734 8930 To book please go the below link <a href="https://www.wyndham.vic.gov.au/services/libraries/early-years/early-years-events-and-activities">https://www.wyndham.vic.gov.au/services/libraries/early-years/early-years-events-and-activities</a>	No Cost
<b>Baby Time</b> <span>Online</span> Practise singing, moving and reading with your baby <i>Ages 0 - 1 year &amp; their parents.</i>	Friday 9:30am		
<b>Story Time</b> <span>Online</span> Reading and sharing stories together with your child <i>Ages 3 - 5 years</i>	Thursday 9:30am		

## YOUR COUNCIL CLOSE TO HOME

Did you know a range of council enquiries and transactions are available @ **Manor Lakes and Tarneit Community Learning Centre**? You can now make

- Council payments
- Kinder enquiries
- Pet registrations
- Rates enquiries and payments





# Kids & Youth

TARNEIT	DAY & TIME	INFORMATION	COST
<b>Kumon Tarneit Education Centre</b> The Kumon education aims to develop calculation, reading ability, concentration and confidence of learning independently.	Monday 4pm-6pm Friday 4pm-6pm	Contact: Ruchi Arora ☎ 0468 310 097 ✉ kumontarneit@gmail.com	Fees Apply
PENROSE PROMENADE	DAY & TIME	INFORMATION	COST
<b>Edmund Rice Homework Club</b> Local school students are mentored by Volunteer tutors and learn healthy study habits offering fun art activities, fresh fruit & snacks, and excursions during school holidays.	Tuesday 3pm-5:30pm Wednesday 3pm-5:30pm	Contact: Edmund Rice Homework Club ☎ 03 9366 6436 ✉ refugees.vic@edmundrice.org	FREE for eligible students
<b>Abacus 4 Kids</b> Fun and innovative way for kids 4-12years to learn mathematic skills mental arithmetic skills using abacus (soroban). Free trial class available.	Monday 4:30pm-7pm Tuesday 4:30pm-7:30pm Wednesday 4:30pm-7:30pm Friday 4:30pm-7:30pm Saturday 9am -12pm	Contact: Jaslyn ☎ 0406 946 069 ✉ abacus4kids@gmail.com	Fees apply
<b>Brainworks</b> Scholarship exam preparation for years 3-8 Selective entry exam preparation for years 3-10 Foundational English and Math programs for years 2-10	Wednesday 3:45pm-6.45pm Saturday 9am—12:30pm 1:30pm-3pm	Contact: Pooja ☎ 0419 777 498 ✉ Werribee@brainworks.com.au	Fees Apply
<b>Global Art</b> Art, drawing & craft classes for kids 3-12 yrs. Our courses are designed to be the one-stop shop to develop your drawing, painting, colouring, composition and craft-making abilities.	Sunday 9:30am-11:30am 1pm-3pm	Contact: Edmund ☎ 0432 513 344 ✉ Edmund@globalartaustralia.com.au	Fees Apply
ARNDILL PARK	DAY & TIME	INFORMATION	COST
<b>Abacus 4 Kids</b> Fun and innovative way for kids 4-12years to learn mathematic skills mental arithmetic skills using abacus (soroban). Free trial class available.	Contact for further information	Contact: Jaslyn ☎ 0406 946 069 ✉ abacus4kids@gmail.com	Fees apply
MANOR LAKES	DAY & TIME	INFORMATION	COST
<b>Junior Chess Club</b> Practice chess skills and play other kids in the Wyndham area Ages 8-12	Tuesday 3:45pm -5pm	Contact: Manor Lakes Library ☎ 8734 8930 To book please go the below link <a href="https://www.eventbrite.com.au/e/136222977593">https://www.eventbrite.com.au/e/136222977593</a>	No cost
<b>Read with Me at home</b> 15-minute session with one of our specialist librarian Reading Buddies who can help your child with their reading. Ages 6-12	Mondays Tuesdays Wednesdays	To book please go the below link <a href="https://www.eventbrite.com.au/e/read-with-me-at-home-tickets-134602881843?aff=">https://www.eventbrite.com.au/e/read-with-me-at-home-tickets-134602881843?aff=</a>	
<b>Whizz Kids</b> Learn a series of fun science experiments and join along at home Ages 8-13	Wednesday 4pm	To book please go the below link <a href="https://www.wyndhamtogether.com.au/whizzkidsonline/">https://www.wyndhamtogether.com.au/whizzkidsonline/</a>	
<b>Code Club</b> <span>Online</span> Learn how to use Scratch to create a bunch of cool things Ages 8-12	Thursday 4pm-5pm	To book please go the below link <a href="https://www.eventbrite.com.au/e/code-club-online-tickets-136900155049">https://www.eventbrite.com.au/e/code-club-online-tickets-136900155049</a>	

# Kids & Youth

MANOR LAKES	DAY & TIME	INFORMATION	COST
<b>Urban Vibes</b> Connecting young people of all backgrounds through arts, dance, music and food! Ages: 12 – 17	Monday 3:30pm-5pm	Youth Resource Centre ☎ 8734 1355	No cost
<b>Gamers Den</b> <span>Online</span> Hang out and learn new board games, play console games, group games, card games, role playing games and snacks of course Ages: 12 – 17	Thursday 3:30pm-5pm		
<b>Gamers Den</b> Flex your gaming muscles, pick up new skills and have fun as part of a group as Gamers Den goes online! Ages 12-17	Thursday 3:30pm-5pm	Contact: Manor Lakes Library ☎ 8734 8930 To book please go the below link <a href="https://www.wyndhamtogether.com.au/event/gamersden/">https://www.wyndhamtogether.com.au/event/gamersden/</a>	



## Adult Yoga @ Manor Lakes

Are you interested in learning Yoga? We are currently taking expressions of interest for a yoga workshop.

**WHEN:** Thursday 25 February

**WHERE:** Manor Lakes Community Learning Centre, 86 Manor Lakes Blvd

**TIME:** 9:30am -10:30am

**Limited spots!**

**COST:** FREE

To register your interest please call the centre on **8734 8934** or email at [manorlakesclc@wyndham.vic.gov.au](mailto:manorlakesclc@wyndham.vic.gov.au)

## Zumba for Mums @ Manor Lakes

This weekly Zumba program is ideal for mums. You can bring along your babies and toddlers.

**WHEN:** Every Wednesday (*school terms only*)

**WHERE:** Manor Lakes Community Learning Centre, 86 Manor Lakes Blvd

**TIME:** 9am -10am

**Bookings Essential!**

**COST:** FREE

Please note that spots are limited and are available on first come first serve basis only.

To make a booking or for more information please contact the centre on **8734 8934** or email at [manorlakesclc@wyndham.vic.gov.au](mailto:manorlakesclc@wyndham.vic.gov.au)



# Education & Training

TARNEIT	DAY & TIME	INFORMATION	COST
<b>U3A (University of the Third Age)</b> Computer courses for retired or semi-retired people.	Tuesday 10am-12pm 1pm-3pm	Contact: Don Lee or Lia Albergo ☎ 0402 330 314 or 0412 993 756 ✉ courses.u3awbee@hotmail.com	Fees Apply
PENROSE PROMENADE	DAY & TIME	INFORMATION	COST
<b>Sewing - Beginners</b> Learn how to use a sewing machine and other basic sewing skills where you will learn to make a range of useful projects.	Wednesday 9am-12:15pm	Contact: Wyndham Community & Education Centre ☎ 9742 4013 ✉ enquiries@wyndhamcec.org.au	No cost
<b>AMZ Training</b> Offers training and assessment classes for a Certificate 3 in Individual Support	Saturday 12pm-4pm	Contact: Awo Yusuf ☎ 0423 632 663 ✉ awo_yusuf@hotmail.com	Fees Apply
ARNDELL PARK	DAY & TIME	INFORMATION	COST
<b>Computer Courses</b> Facilitated by Wyndham Community & Education Centre. Computer Courses for all levels. Each course runs for 10 weeks. <ul style="list-style-type: none"> <li>• MS Office First Steps, Next Steps, Advanced</li> <li>• Excel</li> <li>• Learn English, Learn computers</li> </ul> Spaces are limited, bookings essential.	Contact the community centre for further details on all computer classes	Contact: Arndell Park Community Centre ☎ 8734 8911 ✉ arndellparkcc@wyndham.vic.gov.au	Fees apply
MANOR LAKES	DAY & TIME	INFORMATION	COST
<b>Kids Concepts</b> Offers unique skill development courses for children aged between 4-16 years, that can help improve child's learning ability, memory, calculation speed and cognitive skills.	Tuesday 4:30pm -6pm	Contact: Keerti Hosur ☎ 0413 949 831 ✉ info@kidsconceptsaus.com 🌐 www.kidsconceptsaus.com	Fees Apply
<b>Lynn's Learning</b> Maths and English Tuition developed by Australian Teachers (Kinder to Year 10) covering: <ul style="list-style-type: none"> <li>• Classwork and Homework</li> <li>• Individualised extension and remedial skills</li> <li>• Problem solving and mathematical skills</li> <li>• Creative writing techniques</li> <li>• Scholarship preparation</li> <li>• NAPLAN and ICAS preparation</li> <li>• Kids with learning difficulties including disadvantaged kids</li> </ul>	Saturday 1pm-6pm	Contact: Bhumika ☎ 0434 190 266 ✉ wyndhamvale@lynnslearning.com 🌐 www.lynnslearning.com.au	Fees Apply
<b>Junubi South Sudanese Homework Club</b> Do you need help with your homework? This homework club will be supporting children of South Sudanese background that are attending primary school between grade 3 to grade 6.	Thursday 3pm-6pm	Contact: Poly ☎ 0434 178 753 ✉ poly.kiyaga@wyndhamcec.org.au 🌐 www.wyndhamcec.org.au	Free
<b>Writers Group</b> Come along to one of our weekly writing groups for adult writers of all levels of experience	Tuesday 7:30pm-8:30pm	To book please go the below link <a href="https://www.eventbrite.com.au/o/wyndham-city-libraries-30168124912">https://www.eventbrite.com.au/o/wyndham-city-libraries-30168124912</a>	No cost



# Recreation & Leisure

PENROSE PROMENADE	DAY & TIME	INFORMATION	COST
<b>ABCD Bollywood Dance</b> A dance class that is designed in teaching dancing to all the community.	Sunday 2pm-6pm	Contact: Shweta Pandya ☎ 0433 346 672 ✉ shwetayana13@gmail.com	Fees apply
ARNDELL PARK	DAY & TIME	INFORMATION	COST
<b>Goss Choir</b> Do you love to sing? Come along and see if our choir is for you! We sing popular songs, and anyone over the age of 16 is welcome to join.	Wednesday 7pm-9pm	Contact: Victoria ☎ 0403 742 414 ✉ gosscommunitychoir@gmail.com 🌐 www.gosschoir.com.au	Fees apply
<b>Chinese Speaking Friendship Group</b> Come along and make new friends with the regular Chinese Speaking Friendship Group.	Monday 10am-11:30am	Contact: Arndell Park Community Centre ☎ 8734 8911 ✉ arndellparkcc@wyndham.vic.gov.au	No cost
MANOR LAKES	DAY & TIME	INFORMATION	COST
<b>Language Café</b> Practise your English skills, meet new people, and learn from others.	Thursday 12:30-1:30pm	Contact: Manor Lakes Library ☎ 8734 8930 To book please go the below link <a href="https://www.eventbrite.com.au/o/wyndham-city-libraries-30168124912">https://www.eventbrite.com.au/o/wyndham-city-libraries-30168124912</a>	
<b>Manor Lakes Family History Group</b> Grab your craft project and come and chat with like-minded people online at the library.	Every second Wednesday 2pm-3pm	Contact: Manor Lakes Library ☎ 8734 8930 To book please go the below link <a href="https://www.eventbrite.com.au/o/wyndham-city-libraries-30168124912">https://www.eventbrite.com.au/o/wyndham-city-libraries-30168124912</a>	
<b>Craft &amp; Chat</b> Grab your craft project and come and chat with like-minded people online at the library.	Wednesday 11am-12pm	Contact: Manor Lakes Library ☎ 8734 8930 To book please go the below link <a href="https://www.eventbrite.com.au/o/wyndham-city-libraries-30168124912">https://www.eventbrite.com.au/o/wyndham-city-libraries-30168124912</a>	
<b>Wyndham Patchworkers</b> It's time to sew and chat, make friends, learn, swap ideas and indulge your passion for quilting and patchwork.	2nd & 4th Saturday of the month 11am-4pm	Contact: Monica Parnis ☎ 0417 058 590 ✉ wyndhampatchworkersinc@hotmail.com	Fees apply

Thinking of doing some short courses in 2021?

MS Word and Excel classes – beginners/ next steps and advanced  
**3 hrs p/w x 10 weeks**  
 Various days and times



English conversation classes – 3 hrs x 10 weeks  
 Reading and writing classes – 6 hrs x 20 weeks

**MYOB course**  
**Bookkeeping course**  
 3 hours p/w  
 10 weeks

Digital literacy for remote learners – short course  
 Webpage design – short course

Skills for work – resume writing/ looking for work/ interview skills  
 3 hrs x 10 weeks

Sewing classes – various levels  
 3 hrs x 10 weeks

Classes are free in term 1 to students eligible for funding

Call 97424013 from 1/12/20

Courses start the first week of February





# Wellbeing & Fitness

PENROSE PROMENADE	DAY & TIME	INFORMATION	COST
<b>Twins Martial Arts</b> Traditional Shotokan Karate for ages 4-15yrs. Classes are taught by qualified NCAS Dojo Coaches, holding Senior First Aid and Working with Children Checks.	Thursdays 4pm-7:30pm	Contact: Sensei Lay or Ken ☎ 0416 333 113 ✉ info@twinsmartialarts.com.au 🌐 www.facebook/twinsmartialarts	Fees apply
<b>Burnout Bhangra</b> Come and join fitness through Bhangra which is a North Indian high intensity dance fitness class.	Tuesday 7pm-8pm Friday 7pm-8pm Saturday 8am-9am	Contact: Sandeep ☎ 0433 012 214	Fees apply
ARNDELL PARK	DAY & TIME	INFORMATION	COST
<b>Twins Martial Arts</b> Our core martial arts is traditional Shotokan Karate where we offer classes for children from 4yo to 15yrs.	Contact for further information	Contact: Sensei Lay or Ken ☎ 0416 333 113 ✉ info@twinsmartialarts.com.au 🌐 www.facebook/twinsmartialarts	Fees apply
<b>Women's Workout</b> Arndell Park has partnered with The Huddle (North Melbourne Football Club) and Youth Services to bring a FREE casual women's exercise group to Truganina, focusing on exercise for all levels of fitness. Bookings essential.	Thursday 9:30am-10:30am	Contact: Arndell Park Community Centre ☎ 8734 8911 ✉ arndellparkcc@wyndham.vic.gov.au	No cost
<b>Women's Only Yoga-Reclink</b> Arndell Park and Reclink have partnered up to provide FREE Yoga sessions for women of all abilities. Bookings essential.	Friday 9:30am-10:30am	Contact: Arndell Park Community Centre ☎ 8734 8911 ✉ arndellparkcc@wyndham.vic.gov.au	No cost
<b>Women's Walking Group</b> Women's only walking group, for all abilities. Walk along Federation Trail and Skeleton Creek. Good opportunity to meet people, exercise and learn about the local area. Approx 30 mins.	Tuesdays — Meeting points: 9am Truganina Sth Primary School 9:15am Arndell Park Comm Centre	Contact: Arndell Park Community Centre ☎ 8734 8911 ✉ arndellparkcc@wyndham.vic.gov.au  Register or join on the day	No cost
<b>Men's Walking Group</b> Men's only walking group, for all abilities. Walk along Federation Trail and Skeleton Creek. Good opportunity to meet people, exercise and learn about the local area. Approx 30 mins.	Fridays — Meeting points: 9am Truganina Sth Primary School 9:15am Arndell Park Comm Centre	Contact: Arndell Park Community Centre ☎ 8734 8911 ✉ arndellparkcc@wyndham.vic.gov.au  Register or join on the day	No cost
MANOR LAKES	DAY & TIME	INFORMATION	COST
<b>Zumba class for Mums—Reclink</b> Mum and bubs Zumba classes	Wednesday 9am-10am	Contact: Manor Lakes Community Learning Centre ☎ 8734 8934 ✉ manorlakesclcc@wyndham.vic.gov.au	No cost
<b>Natyanjali (School of Dance)</b> Bharatnatyam dance classes.	Monday 6pm-7pm	Contact: Anitha Perumal ☎ 0470 177 937	Fees apply



It's OK if you're not feeling OK



1800 595 212



HeadtoHelp





# Social & Support Groups

MANOR LAKES	DAY & TIME	INFORMATION	COST
<b>Food Bank Manor Lakes</b> Providing food items to people in need.	Wednesday 10:30am-12pm	Contact: Manor Lakes Community Learning Centre ☎ 8734 8934 ✉ lukas@newstart.org.au	No cost
<b>Youth Counselling</b> Free, confidential counselling for young people. <i>Ages: 12-25 years</i>	By appointment only	Contact: Wyndham Youth Services ☎ 8734 1355 ✉ youthinwyndham@wyndham.vic.gov.au	No cost
<b>Wyndham Deaf Association</b> Social Club for the Deaf Community in Wyndham to get together for social activities.	4th Friday of the month 7pm-11pm	Contact: Di ✉ d_drousch@bigpond.com	Fees apply

# Faith, Cultural & Community Groups

TARNEIT	DAY & TIME	INFORMATION	COST
<b>Sri Lankan Planned Activity Group</b> (Delivered by Migrant Resource Centre) Social support group for the Sri Lankan Community in Wyndham which includes gentle exercise, art, craft, excursions and outdoor activities.	Friday 10am-3pm	Contact: Shyaam Rodrigo ☎ 9637 6044 ✉ shyaamalekhoa@mrcnorthwest.org.au	Fees apply
PENROSE PROMENADE	DAY & TIME	INFORMATION	COST
<b>Iglesia Ni Christo</b> Church Of Christ Worship service and meetings on a weekly basis.	Wednesday 5am-7am Wednesday 7:30pm-9:30pm	Contact: Alfonso Ocon ☎ 0422 560 945	No Cost
<b>Assembly of God Church of Samoa</b> A dynamic Church Service for all the family.	Saturday 7pm-9pm Sunday 10am-12pm	Contact: Tui ☎ 0421 007 448	No Cost
<b>Seni Warisan Melayu Incorporated</b> This group brings awareness and promotes the Malay culture. Enjoy traditional music, dance and Silat (Malay Martial Arts)	Saturdays 4pm-7pm	Contact: Abby Arbi ☎ 0433 480 376 ✉ Basrah.arbi@gmail.com	Fees Apply
ARNDELL PARK	DAY & TIME	INFORMATION	COST
<b>Overseas Chinese Christian Mission</b> Bi-lingual Christian worship services in Mandarn and English	Sunday 3pm-7pm	Contact: Charles ☎ 0425 747 008 ✉ occm.wcc@gmail.com	No cost
<b>Melbourne Shwetambar Jain Sangh Inc</b> MSJS is a not for profit organisation that promotes Jainism and its core principal of 'no violence'.	Fortnightly, please call for session times	Contact: Nimit ☎ 0433 074 461 🌐 www.msjs.org.au	Contact for details
MANOR LAKES	DAY & TIME	INFORMATION	COST
<b>Newstart Church</b> Church worship service and Sunday school.	Sunday 10am -12pm	Contact: Neil ☎ 0422 381 514 ✉ office@newstart.org.au 🌐 www.newstart.church	No cost

# Seniors

VARIOUS LOCATIONS	VENUE, DAY & TIME	CONTACT INFORMATION	COST
<b>Ageing Well Facility</b> A range of facilitated day-programs for seniors and those living with dementia, in a safe and comfortable space.	Program specific timetable	A For residents under 65yrs ☎ 8734 4514 ✉ in-take@wyndham.vic.gov.au For residents over 65yrs ☎ 1800 200 422 🌐 www.myagedcare.gov.au or  <b>Eligibility criteria apply</b> <u>Subsidised service costs apply to eligible clients</u>	Fees apply
<b>Aged &amp; Disability Services</b> In-home support (Domestic and Personal Care, Respite Services, Minor Home Maintenance, and Delivered Meals), access to local Support Groups and transport options.			
PENROSE PROMENADE	DAY & TIME	INFORMATION	COST
<b>Tarneit Harmony Club</b> Join other Punjabi speaking retirees in a friendly game of cards, share some sweets and a cup of tea.	Friday 12:30pm-2:30pm	Contact: Rashpal ☎ 0402 010 016 ✉ rashpal.chaggar@gmail.com	No cost
<b>Tarneit Bharati Club</b> Older Gujarati speakers will feel right at home in this relaxed social get-together.	Tuesday 10:30am-12:30pm	Contact: Bharat ☎ 0423 018 458 ✉ bgnihalani9@gmail.com	No cost
MANOR LAKES	DAY & TIME	INFORMATION	COST
<b>Club 60 Wyndham Vale</b> Group for Indian seniors who are involved in the welfare of society by helping isolated seniors to participate in activities.	Mondays, Wednesdays and Fridays 1pm-3pm	✉ happytwofaces@hotmail.com	No cost



**FREE**

Great benefits for families and babies to interact, get out, chat and walk (weather permitting).

## Pram Walking

An informal catch up for families and babies under 18 months

**COME AND JOIN A FREE SESSION...**

**MONDAY 1.30PM** (Approx. 1hr)  
**TUESDAY 1.30PM** (Approx. 1hr)  
 Wyndham Park Community Centre  
 55-57 Kookaburra Avenue, Werribee

**WEDNESDAY 1.30PM** (Approx. 1hr)  
**THURSDAY 9.30AM** (Approx. 1hr)  
 Penrose Community Centre  
 83 Penrose Promenade, Tarneit

**WEDNESDAY 9.30AM** (Approx. 1hr)  
**THURSDAY 9.30AM** (Approx. 1hr)  
 Featherbrook Community Centre  
 33-35 Windorah Drive, Point Cook

If you would like more information please contact:  
 Children and Family Resource Unit: 8734 5478  
 Email: playgroup@wyndham.vic.gov.au  
 facebook.com/wyndhamcityliving or www.wyndham.vic.gov.au

wyndhamcity

## POP UP CLOTHING SWAP

**Wyndham Park Community Centre**  
**55/57 Kookaburra Ave, Werribee VIC 3030**  
**Alternate Thursdays starting**  
**4th of February 2021**  
**10am to 12pm.**  
**Please call 9361 7000 to book a time**



Caroline Chisholm Society Case Managers will be available to assist.  
Children's clothing available from Newborn to age 5

www.caroline.org.au

Secretary@caroline.org.au

Phone 9361 7000





WE'RE BACK!

# TARNEIT DADS' PLAY GROUP

A CHANCE FOR MALE CARE GIVERS TO SPEND QUALITY TIME WITH THEIR CHILD IN A FRIENDLY AND SUPPORTIVE ENVIRONMENT



EVERY THURSDAY FROM FEB 11TH  
10:30 TO 11:30AM

TARNEIT COMMUNITY LEARNING  
CENTRE, 150 SUNSET VIEWS BLVD,  
TARNEIT

TO REGISTER CONTACT SHAUN ON  
0455 521 154 OR BETTY ON  
0419 955 609



## Virtual MEN'S CATCH UP

SECOND & FOURTH  
TUESDAY OF EACH  
MONTH 6:30 PM

A CHANCE TO  
CONNECT AND SHARE  
WHAT IS HAPPENING  
FOR YOU IN A SPACE  
WHICH IS  
CONFIDENTIAL,  
SUPPORTIVE AND NON-  
JUDGMENTAL.

CALL SHAUN ON 0455  
521 154 FOR MORE  
INFORMATION



# COMMUNITY CONNECTOR



This is a challenging time for us all. If you need assistance, there are services and resources available to support you.

Wyndham Community Connector can provide information and referral to local support services, including:

- Food relief and material aid
- Emotional support and counselling
- Aged and disability services
- Family violence support
- Social support and
- Connection with local community groups and activities

Contact us on 9742 0777 and ask to speak to **Community Connector**  
or email: [communityconnector@wyndham.vic.gov.au](mailto:communityconnector@wyndham.vic.gov.au)

**Available:** Monday to Friday, 9am to 5pm Face to face appointments are also available

If you are in quarantine or self-isolating and are in urgent need of food relief, call the COVID-19 hotline on 1800 675 398 or visit [www.dhhs.vic.gov.au/coronavirus](http://www.dhhs.vic.gov.au/coronavirus)



# JACK & MILLIE

If you think life is unfair, you don't know Jack!

A Dramatic Comedy  
By Elaine Beek

Saltwater  
Community Centre  
Point Cook

OUTDOOR  
AMPHITHEATRE

FEB 17 - 27



SCAN ME

**BOOKINGS: ESSENCEPRODUCTIONS.COM.AU**

**PHONE: 0439 690 091**

ESSENCE PRODUCTIONS



ARTS ASSIST



WYNDHAM CITY  
city coast country



Cancer Council  
Victoria

**JACK & MILLIE**, the premier launch of a new play based on the author's true story of dealing with the mental challenges and sometimes funny moments of a cancer diagnosis. We all respond differently to life changing news. Millie, a fifty something professional at the peak of her career, is about to find out just how quickly life can change when she's diagnosed with breast cancer. Millie deals with her shock diagnosis by creating an imaginary friend called Jack. Jack helps Millie make sense of a world that has been turned upside down. The play, whilst highly entertaining, also offers genuine insights into dealing with long term health issues, like breast cancer.

Recommended – 14+

**Directed by Nigel Sutton**

Founder NDS Productions, Director and creator of *The Dora Fay Davenport Show* and *The Full Load*. Director of *Gin and Razorblades*.

**Cast:**

**Millie (Elaine Beek)**

Author/Producer – *What Was That* (Werribee Park), *The Scrunch Test*, *Point of No Return*, *Shepherd Kings*.

**Jack (Phil Cameron-Smith)**

A graduate of QUT, Phil has worked extensively around Australian and overseas. Phil has worked with Essence Productions on numerous productions for over a decade.

**Declan/Mother/Everyone else (Jennifer Vuletic)**

NIDA graduate and Green Room Award winner, Jennifer has worked with Australia's best known directors and stage companies. Jennifer currently plays Mandy the Mullet in Foxtel's *Wentworth*.

**Tickets - adults \$35, concession/student \$30**

**\$2 from every ticket sold will go directly to Cancer Council Victoria.**

You can also donate directly via this QR code:



SCAN ME

ESSENCE PRODUCTIONS

We know it's not easy trying to find the activities you want across seven different community centre newsletters, so that's why we've made it a whole lot easier. We've grouped the program listings for community centres in the east (Featherbrook, Point Cook and Saltwater) into a Wyndham East newsletter whilst centres in Arndell Park, Penrose, Manor Lakes and Tarneit list their Programs in a Wyndham West & Central edition. This way, you can find the programs you want to join in your area, at the times that suit you! We'd love to hear what you think of this change. Let us know if you like this format or have any other ideas for our newsletters by emailing [saltwatercc@wyndham.vic.gov.au](mailto:saltwatercc@wyndham.vic.gov.au) with a subject line of 'Newsletters Feedback'.



WYNDHAM  
WOMEN'S  
MAGAZINE

Celebrating Multicultural Women in Wyndham

**Book Launch Invite**

**13th February 2021**

and 3rd Edition Planning

**11am to 1pm**

**Point Cook Pop Up Park**

(outside Cold Rock)

Point Cook Town Centre



Magazines will be available for purchase on the day.

COVID restrictions apply.  
Social distancing 1.5 metres apart.

by Florence Shinanduku

0470225497 [info@wyndhamwomensmagazine.com.au](mailto:info@wyndhamwomensmagazine.com.au)



# Libraries

## Libraries After Dark

Wyndham Libraries are excited to be a part of Libraries After Dark, a new initiative to provide welcoming and inclusive spaces for the community to enjoy during the evening. Every Thursday night at the Hoppers Crossing (Plaza) Library (upstairs at Pacific Werribee) as the sun sets, the doors to our library will remain open until 10pm! Come in and chat with friendly staff, borrow a book, catch up on homework, or relax in a welcoming space.

Use a computer for free, or bring your own device and access our free Wi-Fi from anywhere in the library.

Families are welcome! Membership at Wyndham Libraries is FREE and open to residents of all ages!

<https://www.wyndham.vic.gov.au/libraries>



## First Steps into Games Design

Are you interested in pursuing a career in games development and design? Or just wanting to learn more? Join Games Designer Aspen Forster for this series of three online workshops where you will have a chance to:

- Explore different roles in the industry (art and graphic design, sound design, coding and support roles)
- Find out how and where to host your games and projects
- Use the p5.js platform for games design

Aspen is an experienced 3D artist. Her industry experience includes working for the EA Games Studio, Firemonkeys. She currently teaches games development at RMIT in the Bachelor of Design (Games).

Ages: 13-18

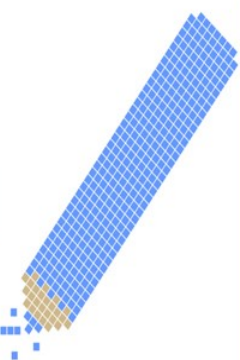
Dates: 3 x 1 hour online, after-school, workshops to be held on Wednesday 10th, 17th and 24th March, 2021

More information and bookings:

<https://firststepsintogamesdesign.eventbrite.com.au>

First steps into

## GAMES DESIGN



## Hello USA! Virtual trip to Kentucky

Ever wondered what life is like in another country? Unable to travel anywhere at the moment? If you are aged 10-14, here is an opportunity to join us and travel virtually from Melbourne to Kentucky! This session will bring together a small group of young people from Melbourne, Victoria and Nicholasville, Kentucky. You will have a chance to meet, chat and learn more about what it is like to live in the US, share your experiences living in Melbourne (and hopefully make some new friends!) You'll learn about the things you have in common—and the things that make you unique! Discover different traditions, food, hobbies, and more.

All participants will receive a travel kit featuring a souvenir from Kentucky, US snacks, and passport.

Ages: 10-14

Date: Saturday, 6th March 10:00am-11:00am

More information and bookings:

[https://hello\\_usa.eventbrite.com.au](https://hello_usa.eventbrite.com.au)





## Imagination Creation Writing Competition 2021

The annual Imagination Creation Writing Competition is back, with entries open from February 1 to March 31. The competition, run in partnership with the Western Union Writers, is open to young writers aged 5 to 18, to submit as many entries as they'd like. Categories include both stories and poems, aged 10 years and under, 11-14 years, and 15-18 years. Robinsons Bookshop vouchers to be won!



## Language Café

Join us at Language Café Online and practise your English skills, meet new people from all over the world, and learn from others. This is a great chance for you to connect with the community and maybe even make new friends.

Thursdays

12.30 – 1.30pm

Bookings required.

<https://www.eventbrite.com.au/>

[o/wyndham-city-libraries-30168124912](https://www.eventbrite.com.au/o/wyndham-city-libraries-30168124912)

COMING SOON! Language Café will be returning to our library branches. Please visit our library website or Facebook page for updates.



## Virtual Book Club

Join us for our March Virtual Book Club where we will be discussing 'Fauna' by Donna Mazza with fellow readers. Set seventeen years into a very recognisable future, Fauna is an astonishing psychological drama with an incredible twist: What if the child you are carrying is not entirely human?

You can borrow the book now as an eBook or eAudio through RBDigital with your FREE library membership.

Register now! <https://www.eventbrite.com.au/e/136907910245>

Thursday 18 March

8pm – 9pm







# Sport & Rec



## Free Community Tennis Sessions

Would you like to learn how to play Tennis, or to improve your serve? Have some fun, a hit with friends or build up a sweat?

The tennis clubs at Saltwater Reserve in Point Cook, Williams Landing Reserve and Wootten Road Reserve in Tarniet are offering free coaching, matches and Cardio Tennis for children, Teens and adults from 8th to 20th February. So if you are inspired by the Australian Open to pick up a racket, this is a chance to get some top tips and have some fun. For more information and to register (limited places available), head to our Active Wyndham Calendar:

<http://ActiveWyndham.eventbrite.com>

For any questions please contact [james.robortella@wyndham.vic.gov.au](mailto:james.robortella@wyndham.vic.gov.au)

## MiniRoos Certificate



Date and Time:

Saturday 27th February 9:00am – 12:00pm

What is it?

This 3 hour course is the first introduction to Football and coaching. No skills/ knowledge required, more an enthusiasm to want to help young children learn basic football skills, be active and have fun, a great first stepping stone for anyone interested in coaching young children and learning the basic rules of football. It will build confidence and knowledge to deliver activities. This is a practical course focusing on learning football by playing football.

More info - <https://www.footballvictoria.com.au/node/63841>

Where:

Grange Reserve, 260-280 Hogans Road, Hoppers Crossing, Vic 3029

Register here:

<https://education-ffa.sportingpulse.com/event.asp?ID=22914&EIDMC=9849016>

Min age to attend:

13 years old

Cost:

Free

## Skill Training Certificate



Date and Time:

Saturday 13th March and Sunday 21st March 9:00am – 5:00pm

What is it?

This 2-day course is the next step in learning about coaching and the skills/ rules of football.

The course focuses on Skill Acquisition of players, split into 4 'core' game skills:

Receiving, Striking, Running with the Ball and 1v1. Participants will learn how to teach skills in a variety of ways to help players to learn them and then apply them in a match situation. This is a mainly practical course with some theory.

More info - <https://www.footballvictoria.com.au/node/63851>

Coaching age group:

Course is aimed at coaching 9-12 year olds.

Register here:

<https://education-ffa.sportingpulse.com/event.asp?ID=22915&EIDMC=9649013>

Free spaces for Women: 10 spaces are available free for women who are wanting to coach at Wyndham Football clubs (first come first served)

Instructions for registering for a free place:

Complete the information up to the payment page but do not submit payment, close the page once registered. Wyndham will be invoiced for payment.

Min age to attend:

16 years old

Cost:

\$110 per person, \*Free for Women and Girls





# One Wyndham Young Person of the Month

Wyndham City Youth Services is committed to supporting and promoting the ingenuity and accomplishments of young people across the municipality. Each month Council will select a Wyndham resident aged between 12 – 25 to be awarded the 'young person of the month'. The award aims to build the profile of young people who are positively contributing to the Wyndham community and thank them for their dedication. The selected monthly candidate will be a positive role model to other young people in the community who may have similar aspirations and goals.

## What the award entails

Winners of the One Wyndham Young Person of the Month will receive:

A \$200 gift voucher of their choice, for materials that will help with their education, work or voluntary commitments

A certificate, which they can reference in their CV and job applications

A professional video showcasing their accomplishments, to be published on Council's social media accounts and in Council centres

A profile article in the Council magazine, Wyndham News, and on the One Wyndham webpage

An advert in the Star Weekly newspaper, highlighting their achievements

The opportunity to take part in youth-led podcast, to discuss their passions.

<https://www.wyndham.vic.gov.au/services/youth-services/awards-competitions>

