

How to be a disability Inclusive Club

Inclusion is an attitude embedded into your club's culture. You don't need to start with big changes and disability specific programs. These things will come when the time is right.

The important thing is to start somewhere.



Follow these steps
toward becoming
an Inclusive Club!

**Step 1
DEFINE
INCLUSIVE**

**Step 2
IDENTIFY
BARRIERS**

**Step 3
SEEK
FUNDING**

**Step 4
CONTACT
AAAPLAY**

Step 1

Make the commitment within your club to be inclusive and welcoming to people with disabilities. Inclusion is pro-active behaviours, options and actions to make people from all backgrounds, ages and abilities feel welcome, respected and that they belong at your club.

Being inclusive is about following best practice for what sport should be so that everyone can get the most out of it.

Activity

Start by defining:

- What does being 'inclusive' mean for your club?
- How would you define what an inclusive club is?

This needs to be a top down approach so that inclusion is embedded into the club. Ask yourself, "does the membership of your club reflect the diversity of your local community?"



AAA Play is an initiative operated by Reclink Australia and supported by the Victorian Government.

Step 2

Use the resources available on AAA Play 'How to be an inclusive club' to upskill club members and volunteers, update policies, and procedures and complete an audit to ensure everyone is on board to welcome people of all abilities.

www.aaavic.org.au/how-be-inclusive-club

Step 3

Take advantage of the grants and funding available to support clubs that are inclusive.

Once you've identified the actions that need to be taken within your club, look for grants and funding that will help you to achieve this. There is a lot of help available for clubs that are proactive towards being inclusive.

Step 4

Contact AAA Play to access your free communications package.

Now you're on the way to being an inclusive club, you can access a free communications package to help you connect with people with disabilities, including promotion in the AAA Play newsletter, social media pages and being listed in the Find an Activity database.

Activity

- Make a list of potential challenges your club might face in welcoming diverse members of the community?
- List each challenge and then write what your club can do to address this challenge. This can then be followed by articulating the numerous benefits a club will get from being more inclusive.

Activity

Here is a good place to start:

www.aaavic.org.au/grants

You should also contact your State Sporting Association, Regional Sports Assembly or Local Government for other opportunities.



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