

DO YOU WANT TO BE A SUPERHERO?

Create your superhero name: You might have a great idea for Superhero name but in case you don't, feel free you use this superhero name generator. I think I am "Mega Vampire"!!!!

First letter of your first name

First letter of your last name

A— Amazing	N—Space	A—Fox	N—Lion
B— Captain	O—Dynamic	B— Cyclone	O—Scientist
C—Mega	P— Fantastic	C—Zombie	P—Warrior
D—Awesome	Q—Avenging	D—Demon	Q—Slug
E— Secret	R—Marvellous	E—Spider	R—Lightning
F—Powerful	S—Superb	F—Beast	S—Shadow
G— Wonderful	T—Sensational	G—Robot	T—Wizard
H—Unbelievable	U—Defender	H—Angel	U—Soldier
I—Super	V—Champion	I—Eye	V—Storm
J— Transforming	W—Magnificent	J—Scorpion	W—Turtle
K—Impossible	X— Formidable	K—Lion	X—Cat
L—All Powerful	Y—Astonishing	L—Vampire	Y—Hurricane
M—Invisible	Z— Hypnotic	M—Wolf	Z—Thunder

What is your superpower? Want to move objects with your mind? First try moving objects with a fridge magnet eg paperclips, pins, other magnets. You can then pretend you are moving objects with your superhero brain.



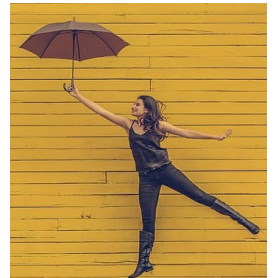
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Get active like a superhero: Can you leap over tall buildings in a single bound? Lay out some cardboard boxes and decorate them to look like buildings. Get into your superhero costume and see if you can leap or jump over the cardboard buildings. How high can you jump? How many buildings can you jump over at once?

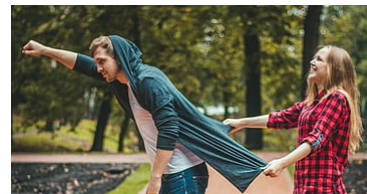


Can you fly like a superhero? This is all about trick photography.

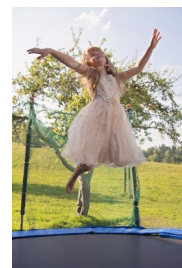
Find a suitable background sheet and lay it on the ground. Lie on the sheet and position yourself and your costume to make it look like you are flying. Get someone else to stand over you and take the photo.



Or take a photo outside posing against the sky. Position your costume so it looks like you are flying (someone can hold your cape for you). You might have to crop the photo so it doesn't look like you are standing on the ground.



You might even try jumping on a trampoline and getting a friend to take a photo just as you are jumping through the air. Try and look like you are flying.



Study the superhero texts: Listen to an e-audio book or read an e-book about Superheroes

bit.ly/eBooksAudioVideoWCL



DO YOU WANT TO BE A SUPERHERO?

Dress like a superhero:

Do you have a superhero costume that you like to wear? Maybe you would like to create a new costume for a new superhero character?

You can create your own costume or cosplay outfit at home using items from around the home. Just make sure to ask first before you use something.

You might use fabric, an old sheet, old towels, fabric markers, paint, stickers, cardboard, ribbon, foam, or old clothes such as shorts, leggings or a t-shirt.

What might your superhero need?

A Cape

Boots

Wrist bands

A mask—could be cardboard or fabric

Super clothes

Can you sew? You might like to take your costume to the next level. Research “Superhero Cosplay Ideas” or “Free Superhero Costume Patterns” online.

Have a superhero party: Get your whole family to dress up as superheroes and have a party. Search for “Free Superhero Printables” online for fun decorations and activities to print or download.



Resize and print as needed.

