Paper Plate Frisbee





In this activity, we are going to make a frisbee from paper plates.

What you need:

- 2 paper plates
- colouring supplies
- scissors
- tape or stapler

How to make your frisbee:

1. Carefully cut a circle out of the middle of the paper plates. You might need an adult's help with this. Try folding the paper plate in half and cutting a slit, then unfold and you can use the slit to cut out the middle.



- 2. Turn your paper plates upside down and decorate.
- 3. Staple or use tape to join the two edges together. Make sure it is very secure.
- 4. When the weather is nice, go outside and throw your frisbee.