



THE ALCOHOL AND DRUG FOUNDATION

We're committed to preventing and minimising the harm caused by alcohol and other drugs. **We know that strong communities are the best way to prevent future harms.**

HOW WE WORK

It's a team effort.

Primary prevention addresses the cause of alcohol and other drug problems to protect people from developing a problem in the first place.

Being involved with a local sporting club is a proven **protective factor**.

Local sporting clubs are the **ideal setting** to promote healthy behaviours.



THE GOOD SPORTS PROGRAM IS...

- ✓ Australia's largest and longest running health initiative in community sport.
- ✓ A three-level program aimed at creating healthier and more family-friendly environments, with a focus on reducing risky-drinking.
- ✓ Designed for busy, volunteer-led clubs and is free of charge

HOW THE PROGRAM WORKS

Level 1:

- RSA training
- Bar management strategies
- Smoke-free environment

Level 2:

- Providing low and non alcoholic drink options
- Safe transport policy
- Responsible revenue generation

Level 3:

- Alcohol management policy
- Safe and healthy club environment



GOOD SPORTS IN VICTORIA

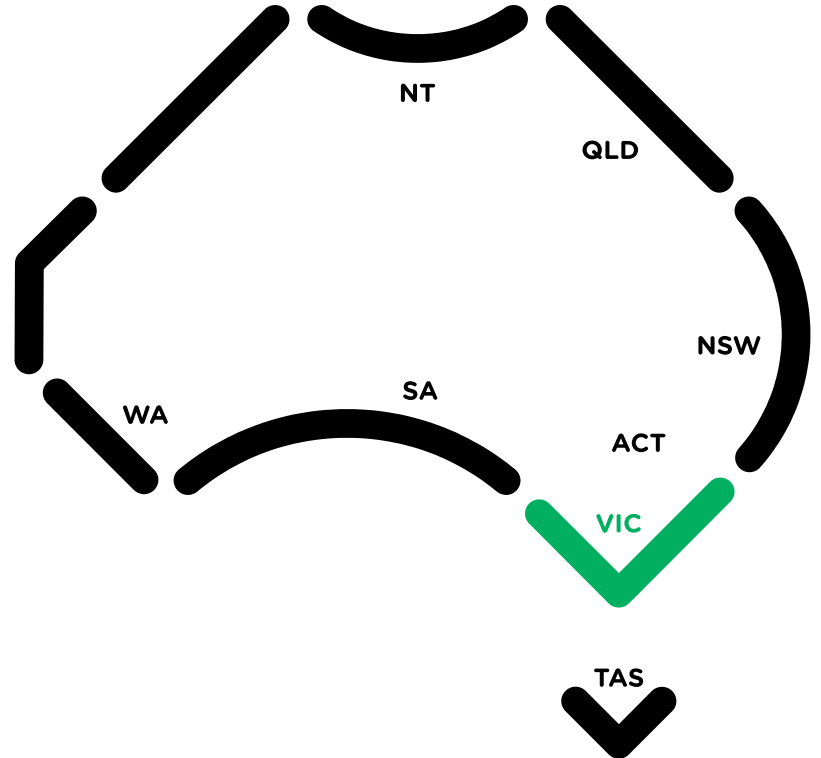
Number of VIC clubs in Good Sports = 2,900

Programs available:

- Good Sports Core
- Tackling Illegal Drugs

Other seminars/courses available:

- RSA Training Course
- Liquor Licencing Seminars
- TAC Sporting Club Seminars



AIMS AND BENEFITS OF GOOD SPORTS

AIMS

- Highlight the club's important role within the community
- Help clubs serve and sell alcohol within the law
- Reduce alcohol related problems including binge and underage drinking, violence and drink driving
- Increase club membership
- Enable clubs to meet their duty of care obligations
- Provide free ongoing education and support to clubs about harm reduction

BENEFITS

- A healthier and inclusive club culture which is welcoming of families and juniors
- More attractive to sponsors
- New and diverse revenue streams
- Increase in membership, volunteers and players
- Improved relations with your local council and the police
- Improved public image
- Reduction of club liability risk
- Applications for funding and grants are strengthened
- Generate community support and respect



TACKLING ILLEGAL DRUGS (TID)

Working together to help clubs become better prepared to address drug-related issues.

The value of implementing a TID policy:

- Sets clear standards for expected behaviour
- Acts as a positive influence on members
- Helps to prepare a club if there is an incident
- Provides clubs with clear guidelines on how to respond to the issue of illegal drugs in a fair and proper manner, that benefits all members and the wider community.



RESPONSIBLE SERVICE OF ALCOHOL (RSA) AND CLUB LIQUOR LICENCING SEMINARS

The Alcohol and Drug foundation offers Responsible Service of Alcohol training.

Details

- 4-hour course generally run from 6.30-10.30pm on Monday or Wednesday evenings
- Presented by VCGLR qualified presenters
- We can have up to 30 people at the RSA course. (These do not all have to be from your club.)

Facility requirements

- Please open your club rooms up from 6.00pm-10.30pm on the night
- Provide 30 chairs
- Provide tea and coffee (optional)

Please contact **Bill Karametos** on 9611 6103 or via email: bill.karametos@adf.org.au

The Alcohol and Drug foundation also offers Club Liquor Licensing Seminars.

These seminars aim to:

- Increase knowledge and awareness of liquor licensing issues amongst club committee members
- Help committee members and club liquor nominees to address issues of alcohol misuse and abuse within the club
- Highlight the key responsibilities of holding a liquor license
- Qualification required to change nominee or to get a new license



TAC Sporting Club Seminars in 2020

OUTLINE

- TAC and Good Sports
- What is Towards Zero?
- How your club/team can get involved.

The Education Sessions

The culture of safe driving isn't that much different to sport.

- Making strong choices
- Looking out for your mates
- Regulating behaviour
- Learning how to manage distraction
- Staying safe

Road safety has come a long way over the past few decades, but we can't stop until we reach zero deaths and serious injuries.

By improving the safety of our roads, our speeds, our vehicles and our behaviour we can change road safety for good.

Booking a Session

If you are interested in running a session at your club for:

- Players
- Parents
- Volunteers
- Administrators

Please contact Bill Karametos via email bill.karametos@adf.org.au or phone 03 9611 6103



CONTACT DETAILS

Please get in touch with any questions and/or for further information.

Gabby Golds

E: gabby.golds@adf.org.au

Ph: 03 9611 6159

