

# THE BUZZ @

wyndhamcity  
city.coast.country

Term 1 2020

## Penrose Promenade Community Centre



### What's new this year?

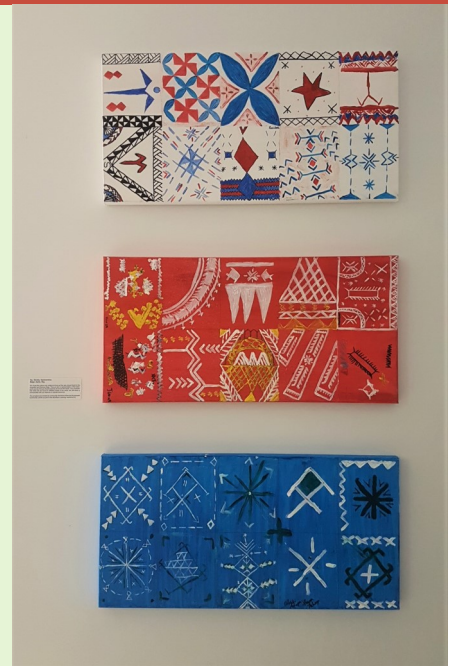
This year we are pleased to welcome a variety of new programs to Penrose Promenade Community Centre, including a free community lunch for women and global kitchen on Mondays. We will also be hosting free family games nights and intercultural cooking classes every second month on a Saturday evening. Keep reading to find more information about these new programs and many others.

#### **Tarneit Night Market—March 28—Stallholders wanted**

If you're interested in having a stall or running an activity at the upcoming Tarneit Night Market on March 28th, you can fill out an application form at [www.wyndham.vic.gov.au/tarneitnightmarketeo](http://www.wyndham.vic.gov.au/tarneitnightmarketeo)

#### **Have you seen the new colourful artwork in the foyer? (pictured right)**

This art piece is called **Vai. 'Ele'ele. Vanimonimo - Water. Earth. Sky.** It was created by community members as part of the Wyndham Learning Festival 2019. The colours of red, white and blue were chosen because they are found in the Australian and Samoan flags. They are also a representation of the water, earth and sky that are shared aspects all around the world. It is a reminder that while we are found in different areas of the world, we still share a commonality with our reliance on natural resources.



VICTORIAN IMMIGRANT & REFUGEE WOMEN'S COALITION  
INVITES YOU TO JOIN US

## *Ladies Global Kitchen & Community Lunch*

EVERY MONDAY DURING THE SCHOOL TERM  
12PM - 2PM | FREE  
PENROSE PROMENADE COMMUNITY CENTRE

RSVP to Sudha 0432 489 584  
or Zeinab 0413 376 119

**Penrose Promenade Community Centre**  
83 Penrose Promenade, Tarneit 3029  
Phone: 8734 4500  
Email: [penrosepromenadecc@wyndham.vic.gov.au](mailto:penrosepromenadecc@wyndham.vic.gov.au)



Wyndham Council acknowledges the Woiwurrung and Boonwurrung peoples of the Kulin Nation as the Traditional Owners of the land on which Penrose Community Centre is built.

## WHAT'S ON IN WYNDHAM



### HELP KEEP THE LOCAL AREA LOOKING BEAUTIFUL JOIN OUR CLEAN-UP GROUP

Love Our Street 3029 is a monthly rubbish clean-up group that strives to keep our streets clean and our natural environment protected from litter. We focus on the areas of Hoppers Crossing and Tarneit.


We meet on the 3rd Sunday of the month from 10.30am-12noon. All equipment is provided, just bring a hat.

#### JOIN US AT OUR UPCOMING CLEAN-UPS:

February 16th @ Seasons Main Park, Tarneit

March 15th @ Grange Reserve, Hoppers Crossing

April 19th @ Federation Trail near Anaconda on Old Geelong Road

 Like the facebook page to stay updated and find the next clean-up event and meeting point: [facebook.com/LoveOurStreet3029](https://facebook.com/LoveOurStreet3029)



## FREE Family Games Night & Intercultural Cooking Class



Let's have fun playing board and card games while enjoying a meal and discussing our cultures and cuisines. Light supper will be served. RSVPs are required.

**Where:** Penrose Promenade  
Community Centre

**When:** Saturdays on  
February 1  
April 4  
June 6  
August 1  
December 5

**Time:** 4:30pm—6:30pm

**Cost:** FREE

**RSVP:** Contact Tahira on 0416 937 473



wyndhamcity  
**GREEN**  
living  
series

1 FEBRUARY - 31 MARCH 2020

MORE THAN 40 FREE COMMUNITY EVENTS

[www.wyndham.vic.gov.au/  
greenlivingseries](http://www.wyndham.vic.gov.au/greenlivingseries)

## Wyndham City's Green Living Series is back!

And it's bursting at the seams with over 40 free community environmental events! Held over February and March 2020, the series includes a wide range of activities that will inspire green living and sustainability. Events run at various venues across the municipality and will include a wide variety of workshops, speakers and tours.

- The Launch of the Green Living Series: 2040 Movie Screening and Q & A with Director, Damon Gameau  
Saturday 1 st February
- The Slow Fashion Stylist  
Thursday 6 th February
- Spotlight Tour at Mt Rothwell Biodiversity Centre  
Saturday 16 th February
- Discover Seaweed: Walk Talk and Taste  
Sunday 9 th February
- Natural Clothes Dyeing Workshop  
Saturday 14 th March
- Wayapa Workshop  
Sunday 15 th March

### To book

[www.wyndham.vic.gov.au/greenlivingseries](http://www.wyndham.vic.gov.au/greenlivingseries)

and keep updated via Green Living inWyndham on Facebook



## Programs and Activities

EARLY YEARS	DAY & TIME	INFORMATION	COST
<b>Maternal Child and Health</b> Wyndham City Maternal and Child Health Services offer professional nursing support and advice for parents with children from birth to school age.	Daily 8:30am—4:30pm	☎ 9742 8148 <i>By appointment only</i> <i>Weigh-Day Drop-in</i>	No cost
<b>Immunisation</b> The Wyndham City Immunisation Unit provides bi-monthly free public vaccinations against a range of childhood and adult diseases.	Thursday Jan 23 1:15pm,—3:15pm Thursday Feb 20 Thursday Mar 19 1pm—2pm	☎ 9742 0736 <i>No appointments necessary</i>	No cost
<b>First Time Parents Group</b> Meet friendly local families to talk about your kids and have fun! Come along to share experiences, find advice, give support and make new friends.	Thursdays 10am—12pm	Website: <a href="http://www.wyndham.vic.gov.au">www.wyndham.vic.gov.au</a> select 'Maternal & Child Health Services' ☎ 03 9742 8148	No cost
<b>Penrose Multicultural Playgroup A</b> Due to popular demand Penrose is pleased to introduce a new morning Playgroup for children aged 0-4 and parents to socialise and play.	Tuesdays 9:30am—11:30am	Contact: Penrose Team ☎ 03 8734 4500 ✉ <a href="mailto:penrosepromenadecc@wyndham.vic.gov.au">penrosepromenadecc@wyndham.vic.gov.au</a>	\$50 per term
<b>Penrose Multicultural Playgroup B</b> A structured playgroup allowing like minded families to share, connect and learn important social skills.	Wednesdays 11am—1pm	Contact: Penrose Team ☎ 03 8734 4500 ✉ <a href="mailto:penrosepromenadecc@wyndham.vic.gov.au">penrosepromenadecc@wyndham.vic.gov.au</a>	\$50 per term
<b>VICSEG New Futures</b> <b>- Multicultural Playgroup</b> This playgroup is open for all community, which offers the opportunity for children to learn social skills through play. <b>- African Community Playgroup</b> This playgroup focus on African families in Wyndham to socialise and meet other families from their community.	Tuesdays 1:15pm—3:15pm  Fridays 12:30pm—2:30pm	Contact: Karen Diacono ☎ 8754 0512 ✉ <a href="mailto:kdiacono@vicsegnewfutures.org">kdiacono@vicsegnewfutures.org</a>	No cost
<b>Pram Walking and Baby Play Sessions</b> An informal catch-up for families with babies under 12 months.	Thursdays 9:30am-11am Walk- in	☎ 03 8734 5478	No cost

### SUPPORT FOR FATHERS WORKSHOP



A FREE session for dads and families to discover options on being a dad, the relationship with dad and his partner and the connection between dad and his kids.

We'll share information and resources for dads developed by the Support for Fathers project, including:

- Seven types of dad
- Dads raising the next generation
- Healthy relationships
- Dads bonding with kids
- and lots of other things for dads around Australia.

**Where:** Penrose Promenade Community Centre

**When:** Wednesday 4th March

**Time:** 5:30pm—7:00pm

**RSVP:** To reserve your place call 8734 4500 or email [penrosepromenadecc@wyndham.vic.gov.au](mailto:penrosepromenadecc@wyndham.vic.gov.au)



## Programs and Activities

EDUCATION & TRAINING	DAY & TIME	INFORMATION	COST
<b>Homework Club Tarneit</b> <b>Edmund Rice Community &amp; Refugee Services</b> Local school students are mentored by Volunteer tutors and learn healthy study habits offering fun art activities, fresh fruit & snacks, excursions & camps during school holidays.	Mondays 3pm—5:30pm Tuesdays 3pm—5:30pm Wednesdays 3pm—5:30pm	Contact: Anthony Cocomazzo ☎ 0423 901 931 ✉ <a href="mailto:acocomazzo@edmundrice.org">acocomazzo@edmundrice.org</a>	FREE for eligible students
<b>Kids Concepts Australia</b> Offers unique skill development courses for children 4-16yrs improving ability to learn, memorise, and calculate. Course ranges from Abacus, Vedic Maths, Rubik Cube, Handwriting, Calligraphy etc.	Thursdays 4.30pm-7.30pm	Contact: Keerti Hosur ☎ 0413 949 831 ✉ <a href="mailto:info@kidsconceptsaus.com">info@kidsconceptsaus.com</a>	Fees Apply
<b>Lynn's Learning</b> After-school Maths and English tuition for students in kinder to year 10.	Saturdays 10am—1pm	Contact: Hiral ☎ 0423 725 825 ✉ <a href="mailto:hiral.sanghvi1@gmail.com">hiral.sanghvi1@gmail.com</a>	Fees apply
<b>Abacus 4 Kids</b> Advanced abacus lessons for kids from 4-12yrs. Enjoy a fun way to learn math using this powerful ancient tool. Book for your free trial lesson today!	Mon 4pm-7pm Tues 4:30-7:30pm Wed 4:30-7:30pm Fri 4:30-7:30pm Sat 9am -12pm	Contact: Jaslyn ☎ 0406 946 069 ✉ <a href="mailto:abacus4kids@gmail.com">abacus4kids@gmail.com</a>	Fees apply
<b>Brainworks</b> Scholarship exam preparation for years 3-8 Selective entry exam preparation for years 3-10 Foundational English and Math programs for years 2-10	Wed 3.45-6.45pm Sat 9am—12:30pm 1.30pm-3.00pm	Contact: Pooja ☎ 0419 777 498 ✉ <a href="mailto:Werribee@brainworks.com.au">Werribee@brainworks.com.au</a>	Fees Apply
<b>Sunshine Arabic School</b> Teaching primary school aged children Arabic language and social responsibility from the Islamic perspective.	Thursdays 5pm –7pm	Contact: Muna ☎ 0406 635 425 ✉ <a href="mailto:safiassly@hotmail.com">safiassly@hotmail.com</a>	Fees apply
<b>The Nyalima Project</b> This 10 week life skills program will teach skills in anger management, emotional resilience, program solving, resolving conflicts and building positive relationships. For ages 5-12 and 13-18 years.	Thursdays 4.00pm-5.00pm 5.15pm-6.15pm	Contact: Josie ☎ 0415 032 844 ✉ <a href="mailto:thenyalimaproject@gmail.com">thenyalimaproject@gmail.com</a>	<b>New</b> Fees Apply
<b>Global Art</b> Art, drawing & craft classes for kids 3-12 yrs. Our courses are designed to be the one-stop shop to develop your drawing, painting, colouring, composition and craft-making abilities.	Sundays 9.30am—11.30am 1.00pm—3.00pm	Contact: Edmund ☎ 0432 513 344 ✉ <a href="mailto:Edmund@globalartaustralia.com.au">Edmund@globalartaustralia.com.au</a>	Fees Apply
<b>Conversational English</b> Learn how to improve your English skills with confidence. This program is run by Wyndham Community & Education Centre.	Thursdays 9.30am—12.30pm	Penrose Promenade Comm. Centre ☎ 8734 4500 ✉ <a href="mailto:Penrosepromenadecc@wyndham.vic.gov.au">Penrosepromenadecc@wyndham.vic.gov.au</a>	<b>New</b> \$35 Full fee \$25 concession



**FREE 6 week program for children aged 7-12 years old**  
**Fridays 5-6pm from February 14 to March 20**

**Places are limited**  
**Bookings essential**

**Topics covered:**  
 - Developing confidence      - Making new friends  
 - Sharing culture                - Respect and responsibility

Call 8734 4500 or email [penrosepromenadecc@wyndham.vic.gov.au](mailto:penrosepromenadecc@wyndham.vic.gov.au)

## Programs and Activities

EDUCATION & TRAINING	DAY & TIME	INFORMATION	COST	
<b>Sewing - Beginners</b> Learn how to use a sewing machine and other basic sewing skills where you will learn to make a range of useful projects.	Wednesdays 12pm-3pm	To book your place contact: Penrose Promenade Community Centre ☎ 8734 4500 ✉ Penrosepromenadecc@wyndham.vic.gov.au  These classes are run by Wyndham Community & Education Centre.	\$40 Full Fee \$25 concession	
<b>Sewing - Intermediate</b> For students who already know how to use a sewing machine. Learn how to use sewing patterns and to make simple clothes.	Thursdays 9am-12pm			
<b>Sewing - Advanced</b> For students who would expand their knowledge of sewing. Learn how to add an invisible zip, use an overlocker and more.	Wednesdays 9am-12pm			
<b>AAPTA</b> Mentoring & coaching services for overseas physiotherapists preparing for Australian physiotherapy council exams.	Sundays monthly 3:00pm—9:00pm	Contact: Praveen ☎ 0434 104 169 ✉ aaptalead@gmail.com	<b>New</b>	Fees Apply
<b>AMZ Training</b> Offers training and assessment classes for a Certificate 3 in Individual Support	Saturdays 12pm—4pm	Contact: Awo Yusuf ☎ 0423 632 663 ✉ awo_yusuf@hotmail.com	<b>New</b>	Fees Apply
<b>Advanced Personnel Management</b> Providing employment, vocational rehabilitation, assessment, allied health intervention and community care to clients in order to place them in employment.	Monday, Tuesday & Wednesday 8:30am—5pm	Contact: Elanore Grantham ☎ 0427 961 065 ✉ property@apm.net.au		No Cost
<b>Employease</b> Information sessions for local Aged Care & Disability Courses	Wednesday 9:30am—12pm	Contact: Caitlyn ☎ 0430 952 958 ✉ caitlyn@employease.com.au		No Cost
RECREATION & LEISURE	DAY & TIME	INFORMATION	COST	
<b>Ladies Global Kitchen &amp; Community Lunch</b> The Victorian Immigrant & Refugee Women's Coalition will be running a global kitchen and community lunch for women every Monday during the school term. RSVPs are required.	Mondays 12pm-2pm	Contact: Sudha ☎ 0432 489 584  Contact: Zeinab ☎ 0413 376 119	<b>New</b>	No cost
<b>Family Games and Intercultural Cooking</b> Let's have fun playing board and card games while enjoying a meal and discussing our cultures and cuisines. Light supper will be served. RSVPs are required.	Saturdays 4:30pm-6:30pm on February 1, April 4, June 6, August 1, December 5	Contact: Tahira ☎ 0416 937 473	<b>New</b>	No cost
<b>KC Dance Depot</b> Jazz, Tap, Hip-Hop and Ballet dance classes for adults and kids.	Mon 4pm-9:30pm Tues 4pm-9:30pm	Contact: Kendrie ☎ 0403 682 530 ✉ thekcdancedepot@live.com.au		Fees apply
<b>Wyndham Chess Club</b> Learn and improve your chess skills with a focus on the educational benefits.	Wednesday 5.30pm—7pm	Contact: Phil ☎ 0478 604 601 ✉ phil@wyndhamchess.club		Fees Apply
<b>ABCD Bollywood Dance</b> A dance class that is designed in teaching dancing to all the community.	Sunday 2pm—6pm	Contact: Shweta Pandya ☎ 0433 346 672 ✉ shwetayana13@gmail.com		Fees apply

## Programs and Activities

WELLBEING & FITNESS	DAY & TIME	INFORMATION	COST
<p><b>Penrose Walking Group</b> Join 'Team Walkabout' a Heart Foundation group that take a gentle walk around the local area. Bring your walking shoes &amp; water bottle!</p>	<p>Wednesdays 9:30am—10.30am Thursdays 7pm—8pm</p>	<p>Contact: Douglas-John ☎ 0432 741 940</p>	No cost
<p><b>Twins Martial Arts</b> Traditional Shotokan Karate for ages 4-15yrs. Classes are taught by qualified NCAS Dojo Coaches, holding Senior First Aid and Working with Children Checks.</p>	<p>Thursdays 3:30pm— 7pm</p>	<p>Contact: Sensei Lay or Ken ☎ 0416 333 113 ✉ info@twinsmartialarts.com.au www.facebook/twinsmartialarts</p>	Fees apply
<p><b>Art of Living</b> Stretch, Breathe and Meditate. Yoga, Breathing, and Meditation classes. Please bring a yoga mat &amp; cushion if you wish to sit on the floor.</p>	<p>Sundays 7:30am—8:30am</p>	<p>Contact: Rohit ☎ 0423 531 787 ✉ rohit@artofliving.org.au www.artofliving.org</p>	Donation
<p><b>Burnout Bhangra</b> Come and join fitness through Bhangra which is a North Indian high intensity dance fitness class.</p>	<p>Thurs 7:30pm-8:30pm Sun 6pm—7pm</p>	<p>Contact: Sandeep ☎0433 012 214</p>	Fees apply
<p><b>Healthy Household Habits</b> Learn about living naturally, developing healthy household habits and using essential oils each.</p>	<p>Monthly</p>	<p>Contact: Belinda ☎0408 120 007 facebook.com/healthyhouseholdhabits</p>	No cost
<p><b>Samarpan Meditation Australia</b> Non religious mediation practice promoted worldwide</p>	<p>Saturdays 9am—11am</p>	<p>Contact: Maitri ☎ 0413 965 805 ✉ samarpanaus@gmail.com</p>	No Cost
<p><b>Vasudeva Kriya Yoga</b> Join in for your physical, mental &amp; spiritual health. This helps in addressing anxiety, depression and to maintain a healthy life style.</p>	<p>Saturdays 7:30am—9am</p>	<p>Contact: Rajendra ☎ 0410 527 904 ✉ vasudevakriyayoga@gmail.com</p>	Fees Apply
<p><b>Little Minds Yoga</b> Yoga and braingym activities for children aged 4-12 years to enhance their concentration, memory, social interaction and confidence.</p>	<p>Sundays 2pm—3pm</p>	<p>Contact: Cherisha Soni ☎ 0414 702 306 ✉ sonicherisha@gmail.com</p>	Fees apply
SENIORS	DAY & TIME	INFORMATION	COST
<p><b>Ageing Well Facility</b> A range of facilitated day-programs for seniors and those living with dementia, in a safe and comfortable space.</p>	<p>Program specific timetable</p>	<p>A For residents under 65yrs ☎ 8734 4514 ✉ in-take@wyndham.vic.gov.au For residents over 65yrs ☎ 1800 200 422 Visit: www.myagedcare.gov.au or <b>Eligibility criteria apply</b> <u>Subsidised service costs apply to eligible clients</u></p>	
<p><b>Aged &amp; Disability Services</b> In-home support (assistance with Domestic and Personal Care, Respite Services, Minor Home Maintenance, and Delivered Meals), support in accessing local Support Groups and provision of a range of Transport options.</p>			
<p><b>Tarneit Harmony Club</b> Join other Punjabi speaking retirees in a friendly game of cards, share some sweets and a cup of tea.</p>	<p>Tuesdays &amp; Fridays 1pm-3pm</p>	<p>Contact: Rashpal ☎ 0402 010 016 ✉ rashpal.chaggar@gmail.com</p>	No cost
<p><b>Tarneit Bharatiy Club</b> Older Gujarati speakers will feel right at home in this relaxed social get-together.</p>	<p>Tuesdays &amp; Fridays 11am-1pm</p>	<p>Contact: Bharat ☎ 0423 018 458 ✉ bgnihalani9@gmail.com</p>	No cost
<p><b>Ladies Club 60</b> Social gathering for local ladies of Indian origin. Make new friends and enjoy a cup of tea and a chat.</p>	<p>Thursdays 12:30pm-2:30pm</p>	<p>Contact: Nina ☎ 0488 251 459</p>	No cost

## Programs and Activities

YOUTH	DAY & TIME	INFORMATION	COST
<p><b>Drop-in (School term only)</b> Young people aged 12-17 years are welcome to hang out with friends and take part in fun and games with supervision from qualified staff. This program is now at Tarneit Community Learning Centre, 150 Sunset View Boulevard.</p>	Tuesday—Friday 3:30pm—5:30pm	Contact: Youth Resource Centre ☎ 8734 1355	No Cost



### DO YOU KNOW YOUR NEIGHBOURS?

**STREET PARTIES ARE A GREAT WAY TO MEET YOUR NEIGHBOURS, SHARE A MEAL AND MAKE NEW FRIENDS.**

These small-scale get-togethers are a great way to bring the neighbourhood together with events that are welcoming, friendly and fun.

Wyndham City has a new application process and handy user's guide for hosting street parties in your neighbourhood.

To find out more about how it works and what's involved visit:  
[www.wyndham.vic.gov.au/streetparties](http://www.wyndham.vic.gov.au/streetparties)  
 or call 9742 0777.




SOCIAL & SUPPORT GROUPS	DAY & TIME	INFORMATION	COST
<p><b>Women's Support Group</b> <b>(Mental Health Foundation Victoria)</b> A facilitated support group specially designed for specific community women living in the west. Increase social interaction and win the war of isolation by enhancing your skills and feeling empowered.</p> <p><b>Pakistani Support Group:</b> Specifically to support women migrated from Pakistan</p> <p><b>Indian support Group:</b> Focus on Indian women who have migrated recently and finding space to socialise</p>	<p>1st Wednesday of the month 11:30am—1:30pm</p> <p>3rd Wednesday of the month 11:30am—1:30pm</p>	<p>Contact : Aisha Usman ☎ 03 9826 1422 ✉ aisha.usman@mhfa.org.au</p>	No Cost
<p><b>Wyndham Oromo Network</b> An informal volunteer facilitated activity, where participants share a meal, discuss personal challenges, share information about local services, and help one another to be their best selves.</p>	<p>1st Thursday of the month during school term 6:30pm-8:00pm</p> <p>Dates: February 6th, March 5th</p>	<p>Contact: Penrose Team ☎ 03 8734 4500 ✉ penrosepromenadecc@wyndham.vic.gov.au</p>	No Cost



## Programs and Activities

FAITH, CULTURAL & COMMUNITY GROUPS	DAY & TIME	INFORMATION	COST
<b>Iglesia Ni Cristo</b> Church Of Christ Worship service and meetings on a weekly basis.	Tues 5am—7am Weds 7pm—10pm	Contact: Alfonso Ocon ☎ 0422 560 945	No Cost
<b>Sri Lankan Foundation of Werribee</b> Informal weekly community group gatherings. Attendance is open to all members.	First Friday of each month 7pm-9pm	Contact: Kenneth ☎ 0430 862 312 ✉ secretary@slcfow.com.au Website: www.slcfow.com.au	Fees Apply
<b>Sree Narayana Mission Melbourne</b> Adherents of Guru Sree Narayana meet for prayer and a shared meal.	First Saturday of the month 7pm-9.30pm	Contact: Lejumol ☎ 0423 393 651	Fees apply
<b>Assembly of God Church of Samoa</b> A dynamic Church Service for all the family.	Saturday 7pm-10pm Sunday 10am-2pm	Contact: Tui ☎ 0421 007 448	No Cost
<b>Hindhu Dharma</b> Promotion of Hindu spirituality and culture, including yoga practice, drumming and meditation.	Last Sunday of the month 6pm-9pm Plus weekly drum lessons	Contact: Jay ☎ 0478 815 256	No Cost
<b>Mihiora—Elders Pamper</b> Come and socialise in a warm and friendly environment with a hand and foot massage.	4th Wednesday of the month 10am—2pm	Contact: Mihi Szabo ☎ 0413 231 143	Fees Apply
<b>Seni Warisan Melayu Incorporated</b> This group brings awareness and promotes the Malay culture. Enjoy traditional music, dance and Silat (Malay Martial Arts)	Saturdays 4pm-7pm	Contact: Abby Arbi ☎ 0433 480 376 ✉ Basrah.arbi@gmail.com	Fees Apply
<b>Satya Sai International</b> Devotional singing and promoting the practice of human values such as love, truth, peace, right conduct and non violence. It is a multi faith organisation drawing people from all walks of life.	Fridays 7pm-9pm	Contact: Rajan Babu ☎ 0434 054 347 ✉ rajanbab@hotmail.com	No Cost

## Wyndham Chess Club

# CHESS

## Lessons

Chess Classes for kids

Contact Phil: 0478 604 601







# BUSINESS TRAINING & EVENTS CALENDAR 2020

**WYNDHAM**  
VISION UNLIMITED

## Short Business Training Sessions

A range of free and low-cost short business training sessions are available. More sessions will be added later in the year.

**Book online:** [www.wyndham.vic.gov.au/businessstraining](http://www.wyndham.vic.gov.au/businessstraining)

Any questions: phone 9742 0788 or email [business@wyndham.vic.gov.au](mailto:business@wyndham.vic.gov.au)

BUSINESS TRAINING TOPIC	DAY	TIME	VENUE
Starting a Business	Thursday 13 February	6.00pm - 8.00pm	Wyndham Civic Centre 45 Princes Highway Werribee
Tax Essentials for Small Business	Friday 28 February	9.30am - 11.30am	
Starting a Business for new migrants & asylum seekers	Monday 23 March	1.00pm - 4.30pm	Point Cook Community Learning Centre
Digital Marketing Essentials	Wednesday 25 March	6.00pm - 8.00pm	
Low Cost Marketing Tools for Small Business	Wednesday 29 April	6.00pm - 8.00pm	Wyndham Civic Centre 45 Princes Highway Werribee
Starting a Business	Friday 22 May	9.30am - 11.30am	
Sell Products on Social Media	Friday 19 June	9.30am - 11.30am	

## Business Development Program

The 'Innovate to Excelerate' three-month program aims to help small businesses grow and includes group knowledge sessions as well as individual business coaching. Ten businesses will be selected to participate per program.

**Program 1: 5 March – 26 June 2020**

Program 2: Dates to be determined (after July 2020)

For more information including eligibility requirements and how to apply go to:

[www.wyndham.vic.gov.au/businessstraining](http://www.wyndham.vic.gov.au/businessstraining)

Applications for the first program **close 2 February**. Any questions: phone 9742 0788 or email [business@wyndham.vic.gov.au](mailto:business@wyndham.vic.gov.au)

## Business Events

Wyndham City's Economic Growth Unit delivers business events throughout the year with more events to be added.

The following events are currently open for bookings online: [www.wyndham.vic.gov.au/wynnovation](http://www.wyndham.vic.gov.au/wynnovation)

Any questions phone 9742 0788 or email [wynnovation@wyndham.vic.gov.au](mailto:wynnovation@wyndham.vic.gov.au)

EVENT	DAY	TIME	VENUE
WYNnovation: The Summit	Friday 7 February	9.00am – 3.00pm	Encore Events Centre 80 Derrimutt Road, Hoppers Crossing
WYNnovation: The Masterclass	Friday 14 February	8.30am – 12.00pm	
WYNnovation: The Luncheon	Thursday 20 February	12.15pm – 2.00pm	Shadowfax Winery, K Road, Werribee

## Free Business Counselling

Are you a new or aspiring small business owner? Wyndham City Council offers a free and confidential one-on-one 45 minute session with an experienced business counsellor from the Kangan Institute. Appointments are available on the second Tuesday of each month and are held at the Wyndham Civic Centre.

**To book phone the Kangan Institute: 9094 3008**

## Small Business Bus

Book a free appointment with a Small Business Advisor aboard the Victorian Government's Small Business Bus to discuss starting a business or how to grow your existing business. The bus will be in Williams Landing on Wednesday 26 February.

**Book online at** [www.wyndham.vic.gov.au/whats-on/small-business-bus](http://www.wyndham.vic.gov.au/whats-on/small-business-bus)

## Rahima's Story

You may have seen Rahima Ahmed's friendly face around at Penrose Promenade Community Centre.

Rahima first arrived in Australia in 2009 and lived in North Melbourne, before moving to Wyndham in 2011. During this time she studied English classes, Patient Services, and completed a childcare course at Victoria University.

In 2017 Rahima took part in the Building Blocks Program, which is a community leadership program run by Wyndham Council that teaches residents about how council works and how to plan community-led projects. Through Building Blocks she met inspiring like-minded people and learned about the many different ways to get involved in the community. She decided then to strive to make a positive change in the community and find as many different things to be involved in, such as the Wyndham Interfaith Network, Initiative of Change Australia, and the Wyndham Citizen's Academy. It wasn't long before Rahima approached Penrose Promenade Community Centre with the idea of running the Oromo Women's Network, which she started in 2018 and has been running fortnightly ever since.



Towards the end of last year (in 2019) Rahima started the Bright Young Leaders Program to teach children about leadership. The program ran for six weeks and the children learned about developing confidence, making new friends, sharing their culture, respect and responsibility, and feeling empowered. Rahima shared with them opportunities to get involved in the community and held a special graduation for the children who participated (as pictured above). After the success of the program, she is planning to run it again this year. In the future she hopes to work as a family counsellor or in community services.

At Penrose Promenade Community Centre, Rahima says she feels valued and respected as a community member, and is assisted and encouraged by staff to continue her involvement in various community programs. She is inspired by seeing the diverse cultures represented at the community centre and likes to receive the Buzz Newsletter to find out what's going on.

*Pictured top right: Rahima and Wyndham City Mayor Josh Gilligan at the graduation of the Bright Young Leaders program  
Pictured bottom left: Rahima receiving the 2019 Police Community Exemplary Award*

## Tarneit Community Games Recap

For those who missed it, Tarneit Community Games Day was held on October 20<sup>th</sup> 2019 with Victoria Police, Wyndham Council, and the Tarneit community. The family event provided a great chance for residents to get to know each other while playing fun games and competitions such as football, cricket, tug of war challenge and potato-and-spoon races. Relationships were built, fun was had and the Tarneit community now know each other a little better for participating.





# SURVIVE THE HEAT

Heat kills more Australians than any other natural disaster



## DRINK WATER

Even if you don't feel thirsty, drink water. Take a bottle with you always.



## HOT CARS KILL

Never leave kids, older people or pets in cars. The temperature inside a parked car can double within minutes.



## KEEP COOL

Seek out air-conditioned buildings, draw your blinds, use a fan, take cool showers and dress in light and loose clothing made from natural fabrics.



## PLAN AHEAD

Schedule activities in the coolest part of the day and avoid exercising in the heat. If you must go out, wear a hat and sunscreen and take a bottle of water with you.



## CHECK IN ON OTHERS

Look after those most at risk in the heat – your neighbour living alone, older people, the young, people with a medical condition and don't forget your pets.

**SURVIVE THE HEAT**  
Visit [betterhealth.vic.gov.au](http://betterhealth.vic.gov.au)

For more information visit the Better Health Channel.  
Call NURSE-ON-CALL on 1300 60 60 24  
or see your doctor if you are unwell.  
In an emergency, call 000.





# Tarneit Night Market

**SATURDAY 28 MARCH 2020**

**5PM - 8PM FREE**



**PENROSE PROMENADE COMMUNITY CENTRE**

**83 Penrose Promenade, Tarneit**

**MUSIC • CRAFT • FOOD • PLAY**

[wyndham.vic.gov.au/tarneitnightmarket](http://wyndham.vic.gov.au/tarneitnightmarket)

wyndhamcity