Wyndham Workers  
with Young People Network

Minutes

**Thursday 14 November 2019 - 9.30am-11.30am**

**@ Youth Resource Centre**

**86 Derrimut Rd, Hoppers Crossing**

Welcome & Introductions **Leah Davie, Senior Youth Support Officer – Wyndham City Council Youth Services**

**Danielle Diez, Senior Youth Support Officer – Wyndham City Council Youth Services**

**Acknowledgement of the Kulin Nation** “I wish to acknowledge the peoples of the Kulin Nation as the Traditional Owners of the land on which we are gathered and pay respect to their elders, past and present. I also wish to pay respect to any Elders from other communities and acknowledge any future young leaders who are here”

Presentation –Save A Mate (SAM Workshop)

Presented by Chloe McBain, Youth Health and Wellbeing Officer from Red Cross

Phone: 8327-7759

Email: cmcbain@redcross.org.au

Save A Mate (SAM Workshop)

* Aim of the workshop is to inform young people on harm minimization strategies regarding legal and illegal substances.
* Delivered in High schools (VCAL Focus) and to Youth Services’ Focused Organisations for disengaged 12-year-olds to 25-year-olds.
* Age appropriate service delivery; 12-year old’s – Caffeine, 16+ year old’s – Synthetic drugs and Festivals
* Once off workshops – 1-hour, 1.5-hour, 2-hour sessions available, which ever best suits the needs of the young people in the workshop.
* Victoria wide workshop and there is no minimum number of attendees needed to carry out a workshop.
* Conversations and interactive games and tasks to engage with the young people surrounding things like different drugs and substances, over doses, preventative measures and harm minimization, first aid, rights with first responders (Police, Ambulance) and breaking down the fear of these people.
* Informing people – Source of Substance, Potential dangers associated with substance use and how young people can support mates or family can support young people using.

Presentation –Parent Education for Responding to and Supporting Youth with Suicidal Thoughts (PERSYST Project)

Presented by Alison Clarke, Research Assistant from Orygen

Email: alison.clarke@orygen.org.au

PERSYST Project

* Aim of the project is to Improve the capacity of parents to support young people at risk of suicide, by providing them with safeTALK
* Parents suicide-related knowledge and confidence in their ability to intervene is lacking and it is important for greater reductions in adolescent suicide risk to engage both young people and their parents.
* Recruit parents/primary caregivers of young people aged 12-25 years
* Parents self-allocate to one of two safeTALK workshops 2 weeks apart
* Lifeline deliver 3.5-hour safeTALK workshop free of charge (catering provided)
* 3-4 questionnaires, depending on which group they self-allocate to
* Identify whether; Receipt of safeTALK training causes distress, safeTALK training is acceptable to parents, the effects of the safeTALK intervention are maintained at follow-up
* Recruitment pathways: Secondary Schools, Local City Councils, Orygen Youth Clinical Program, Headspace Centres, Social Media
* Scheduled safeTALK workshops -
* Wed 27th of Nov @5:30pm
* Wed 11th of December @5:30pm
* Location: Youth Resource Centre, Derrimut Rd, hoppers crossing
* More safeTALK workshops to be scheduled throughout 2020
* Email: [persystproject@orygen.org.au](mailto:persystproject@orygen.org.au) to register your interest.

Information Sharing:

**Name:** Jeffrey Lai

**Agency:** Equal Ed

**Email:** [info.equaled@gmail.com](mailto:info.equaled@gmail.com)

**Phone:** 0426 833 686

Young Change-makers Forum:

* 1 day forum event for young people aged 15-26 passionate about making change in their community.
* Saturday 14 December 2019 – 10am-4pm
* Location: Sydenham Neighbourhood House
* Morning will focus on key areas of development identified by council in the west and incubater workshops to align young people’s ideas is good developmental goals.
* Afternoon will involve panelists to interact and guide young people and answer FQA’s in sectar.

Information Sharing Continued:

**Name:** Juliet Matskarofski

**Agency:** Gamblers Help - IPC Health

**Email:** [Juliet.matskarofski@ipchealth.com.au](mailto:Juliet.matskarofski@ipchealth.com.au)

* Gamblers Help – IPC Health have recently developed a new youth engagement tool called ‘Cards to Connect Humanity’.
* This was developed by the ‘Young Leaders of the West’ to encourage young people to talk, share and support one another through open conversations about gambling and mental health.

**Name:** Jodie Peterson

**Agency:** Flexible Learning Intervention Pathways (FLIP)

**Email:** [jodie.p@flip.vic.edu.au](mailto:jodie.p@flip.vic.edu.au)

**Phone:** 0498 028 848

* FLIP Wyndham/Hobsons Bay are now taking referrals for Term 1, 2020.
* Our aim is to provide students who are disconnected from mainstream education with an alternative pathway.
* Providing a chance to re-engage the student by establishing routines, addressing personal and mental health barriers, building confidence and success with learning experiences.
* Eligibility – year 7 to year 10 in Wyndham and Hobsons Bay and must be enrolled in homeschool.
* Contact Jodie for more information

**Name:** Seymour Bright

**Agency:** CVGT

**Email:** [sbright@cvgt.com.au](mailto:sbright@cvgt.com.au)

**Phone:** 0438 592 405

* Access ability day – November 25-29
* Allows participants with a disability to work for a day at an employer that is willing to participate.
* Any employers are welcome to join with no commitment t employ the participant on a regular basis.

**Name:** Stana Stojic

**Agency:** Drug Health Services – Adolescence Community Program

**Email:** [stana.stojic@wh.org.au](mailto:stana.stojic@wh.org.au)

**Phone:** 9689 5570

* 12 – 24 (Up to age 25)
* Counselling, AOD Education, Secondary consultation and family support
* We are apart of a consortium with headspace – Sunshine and Werribee.
* Outpost service – Youth Justice – Werribee and Sunshine.
* Statewide Service – Youth Residential withdrawal unit – 4 bed unit
* Western Region Catchment

Information Sharing Continued:

**Name:** Benjamin Torrens-Witherow

**Agency:** Headspace Werribee

**Phone:** 03 8001 2366

* Aboriginal Wellbeing Project now running at Headspace with flexible entry pathways into headspace services (Outreach, Therapy – at young person’s pace).
* Ask for kate Lando

**Name:** Joel Fitzhenry

**Agency:** Youth Off the Streets

**Email:** joelf@youthoffthestreets.com.au

**Phone:** 0418 617 195

* African Youth and Parents Forum
* When – 4:00pm – 10:00pm, November 15
* Where – 86 Derrimut Road, Hoppers Crossing, VIC 3029
* Whats On – High level of expectation for university degrees, Power of education decentralised through institutions, Story telling as ways of learning about culture, community and tribe, and educatio of values of their household, tribe and community.

**Name:** Reece Gains

**Agency:** Wyndham City Council – Youth Services

**Email:** reece.gains@wyndham.vic.gov.au

**Phone:** 8734 1355

* Wyndham City Youth Services is working with Illuminate Future to run a series of FREE workshops to get you ready to start your own business.
* Looking for young people aged 16 to 25 years of age who are wanting to start their own business and not sure where to start.
* Workshops will be 45 minutes in length and will run from November 30 to December 18, 2019 at Point Cook Youth Services, Level 1, Suite 703, Main Street, Point Cook.
* For more information and sign up visit: <https://www.eyouthproject.com/event-details/turn-your-passion-into-a-career-workshops>

**The next Wyndham Workers with Young People Network meeting is scheduled for Thursday 12 December at the Youth Resource Centre – 9:30am – 11:30am.**

**Please contact Wyndham’s Senior Youth Support Officer’s for further information regarding this network or to present:** [Leah.davie@wyndham.vic.gov.au](mailto:Leah.davie@wyndham.vic.gov.au) **or** [Danielle.diez@wyndham.vic.gov.au](mailto:Danielle.diez@wyndham.vic.gov.au) **or 8734 1355**

For information sharing please email: [wyndhamyouthnetwork@wyndham.vic.gov.au](mailto:wyndhamyouthnetwork@wyndham.vic.gov.au)

Website: [Wyndham Workers with Young People Network – click here](http://youth.wyndham.vic.gov.au/info_for_workers)

Youth in Wyndham has a Facebook Page

<https://www.facebook.com/youthinwyndham>

Youth in Wyndham has an Instagram Page

<https://www.instagram.com/youthinwyndham/>