

## Term 4, 2019

THE  
BIG  
PICTURE



# Programs and Activities

EARLY YEARS	DAY & TIME	INFORMATION	COST
<b>First Time Parents Group</b> Meet friendly local parents, talk about your kids and have fun! Share experiences, get advice, give support and make new friends.	<b>Monday</b> 1:30pm-3:30pm	Contact: Maternal and Child Health 9742 8148 <a href="http://www.wyndham.vic.gov.au">www.wyndham.vic.gov.au</a> select 'Maternal & Child Health Services'	No cost
<b>Maternal &amp; Child Health Services</b> Professional nursing support and advice for parents with children from birth to school age.	<b>By appointment only</b>	Contact: Maternal and Child Health 9742 8148 <a href="http://www.wyndham.vic.gov.au">www.wyndham.vic.gov.au</a>	
<b>Immunisations</b> Free childhood immunisations. <b>No appointment required</b>	<b>Tuesdays</b> 1pm-2pm <b>8 October</b> <b>12 November</b> <b>10 December</b>	Contact: Environmental Health Department 9742 0736 <a href="http://www.wyndham.vic.gov.au/Immunisation">www.wyndham.vic.gov.au/Immunisation</a>	
<b>Kindergarten</b> Wyndham City Council Kindergarten Services for 4 year olds.	<b>Weekly sessions</b>	Contact : Kindergarten Services 9742 8172	Fees apply
<b>Pre-School Songs &amp; Story</b> Enjoy a fun way to develop early literacy skills in young children aged 1-4 with song, stories, puppets, body movement and more.	<b>Fridays</b> <b>Session 1</b> 9:30am-10am <b>Session 2</b> 10:15am-10:45am	Contact: Saltwater Community Centre 8376 5500 <a href="mailto:saltwatercc@wyndham.vic.gov.au">saltwatercc@wyndham.vic.gov.au</a> <b>Bookings essential</b>	Fees apply
<b>Saltwater Multicultural Playgroup</b> From newborn to pre schoolers they all have different needs and eagerness' to learn. Come and meet other families from local community.	<b>Thursdays</b> 10am-11:30am		\$40 per Term
<b>South African Playgroup / Suid Afrikaanse Speelgroep</b> Anybody is welcome to come and enjoy in our fun activities. <b>Almal is welkom om te kom deel in ons pret aktiwiteite.</b>	<b>Tuesdays</b> 9:30am-11am	Contact : Bianca 0413 079 117 <a href="mailto:southafricanplaygroup@gmail.com">southafricanplaygroup@gmail.com</a>	\$50 per family per term
<b>EDU Play</b> <b>"Learning through doing"</b> EDUplay is an educational playgroup, one which encourages parent-child bond, while focusing on the development of Fine & Gross Motor Skills, Socialization Skills, Creativity (Arts & Crafts, Music & Movement), Curiosity (Experiments, Sensory Play, Reading) 1½ - 4 years of age are invited to attend.	<b>Tuesdays</b> 11:15am-12:30pm	Contact : Amy 0468 885 113 <a href="mailto:myeduplay1@gmail.com">myeduplay1@gmail.com</a>	Fees \$180 per Term \$20 Casual/ drop in session
<b>Saltwater Chinese Playgroup</b> A fun and supportive place for mum's, female carers and pre-schoolers to enjoy crafts, stories, play and freindships.	<b>Wednesdays</b> 9:30am-11am	Contact : Jieling 0423 439 626 / <a href="mailto:jielingli.dne@hotmail.com">jielingli.dne@hotmail.com</a> \$40 per Term <b>Bookings essential</b>	\$40 per Term
<b>Ummi &amp; I Little Muslims Playgroup</b> For mums, dads, grandparents and carers with kids aged 0-5years. Come and enjoy rhyme time, story time and activities with other families.	<b>Wednesdays</b> 11am-1pm	Contact: Khushi 0425 844 513 <b>Bookings essential</b>	\$50 per Term
<b>Hey Dee Ho</b> Educational music program for children 6 months to 5years. Parent and child classes, have no more than 12 children. Creating a fun filled interactive 45 minutes musical play date! We have puppets, instruments and so much more.	<b>Wednesdays</b> 10am-10:45am	Contact : Melissa Smile 0457 301 878 <a href="mailto:heydeehomusicwyn@gmail.com">heydeehomusicwyn@gmail.com</a> <a href="http://www.heydeehomusic.com.au">www.heydeehomusic.com.au</a>	Fees apply  <b>Free trial Class</b>

# Programs and Activities

KIDS	DAY & TIME	INFORMATION	COST
<b>Tiny Tutus Preschool Ballet</b> Tiny Tutus Pre School Ballet is the perfect place for your ballerina to dance, with classes for baby ballerinas as young as 16 months and for princesses up to 5 years of age! Beautiful early childhood ballet lessons, taught by our quality Tiny Tutus trained specialist teachers. Mums and Dads watch every class and share every precious moment.	<b>Fridays</b> 9:15am-11:30am	Contact : 1300 245 060 <a href="http://www.tinytutus.com.au">www.tinytutus.com.au</a> <i>Yearly registration fee which includes your ballerinas gorgeous class tutu</i>	Fees apply
<b>Kangatraining</b> A fun, safe, multi award-winning postnatal workout incorporating babywearing, cardio and dance. An amazing way to meet Mums & Bubs in your community.	<b>Mondays</b> 9:45am—10:45am	Contact : Belinda <a href="mailto:belinda.j@kangatraining.com.au">belinda.j@kangatraining.com.au</a>	First session \$5 (includes carrier hire if needed) Term fees apply thereafter
<b>School Panda Kids Latin &amp; Ballroom Dance</b> Latin and ballroom squad training for children aged 5-16 years to help children to build their confidence physical wellbeing, elegance and resilience.	<b>Saturdays</b> 4pm -5:30pm	Contact : Crystal 0415 705 258 <a href="mailto:schoolpanda@outlook.com">schoolpanda@outlook.com</a>	Fees apply
<b>Bollywood Dance School Australia</b> Bollywood, Jazz Contemporary & Hip Hop dance for kids, teens and adults.	<b>Mondays</b> 5:30pm - 9:30pm <b>Fridays</b> 5:30pm - 9:30pm	Contact : Darshan/Vihang 0499 888 115 <a href="mailto:admin@bollywooddanceschool.com.au">admin@bollywooddanceschool.com.au</a>	Fees apply
<b>Point Cook Dance</b> Point Cook Dance classes are serious fun. They love dance, drama and singing and want everyone from the age of 3 through to teenagers to experience the thrill that dance can bring.	<b>Saturdays</b> 10-11am - Grade 3 Ballet 11-11:45am - Grade 3 Tap 11:45am -2:30pm Level 2 Combo (Jazz, Ballet & Tap)	Contact : Mandy Croker 0416 679 911 <a href="mailto:info@pointcookdance.com.au">info@pointcookdance.com.au</a>	Fees apply
<b>Unite Dance Studio</b> At Unite Dance Studio, we provide the highest quality dance tuition to our students, in a safe, positive and supportive learning environment. We're for community, and strive to unite people by making dance accessible for all to enjoy! We offer classes in Jazz, Ballet, Hip Hop, Tap, Contemporary, Lyrical and more.	<b>Tuesdays</b> <b>Primary Ballet</b> 4pm - 4:45pm <b>Primary Tap</b> 4:45pm- 5:15pm <b>Youth Hip Hop</b> 5:15pm - 6pm <b>Junior Jazz + Tap</b> 6pm- 6:45pm <b>Junior Ballet</b> 6:45pm- 7:30pm <b>Adult Tap</b> 7:30pm- 8:30pm  <b>Wednesdays</b> <b>Pre School Ballet</b> 4pm- 4:30pm <b>Pre School Jazz/Hip Hop</b> 4:30pm - 5pm <b>Primary Hip Hop</b> 5pm - 5:45pm <b>Junior Hip Hop</b> 5:45pm - 6:30pm <b>Junior Contemporary</b> 6:30pm - 7:15pm <b>Open Contemporary</b> 7:30pm - 8:30pm	For more information Contact : Rachel 0419375797 <a href="mailto:unite.dance@outlook.com">unite.dance@outlook.com</a>	Fees apply

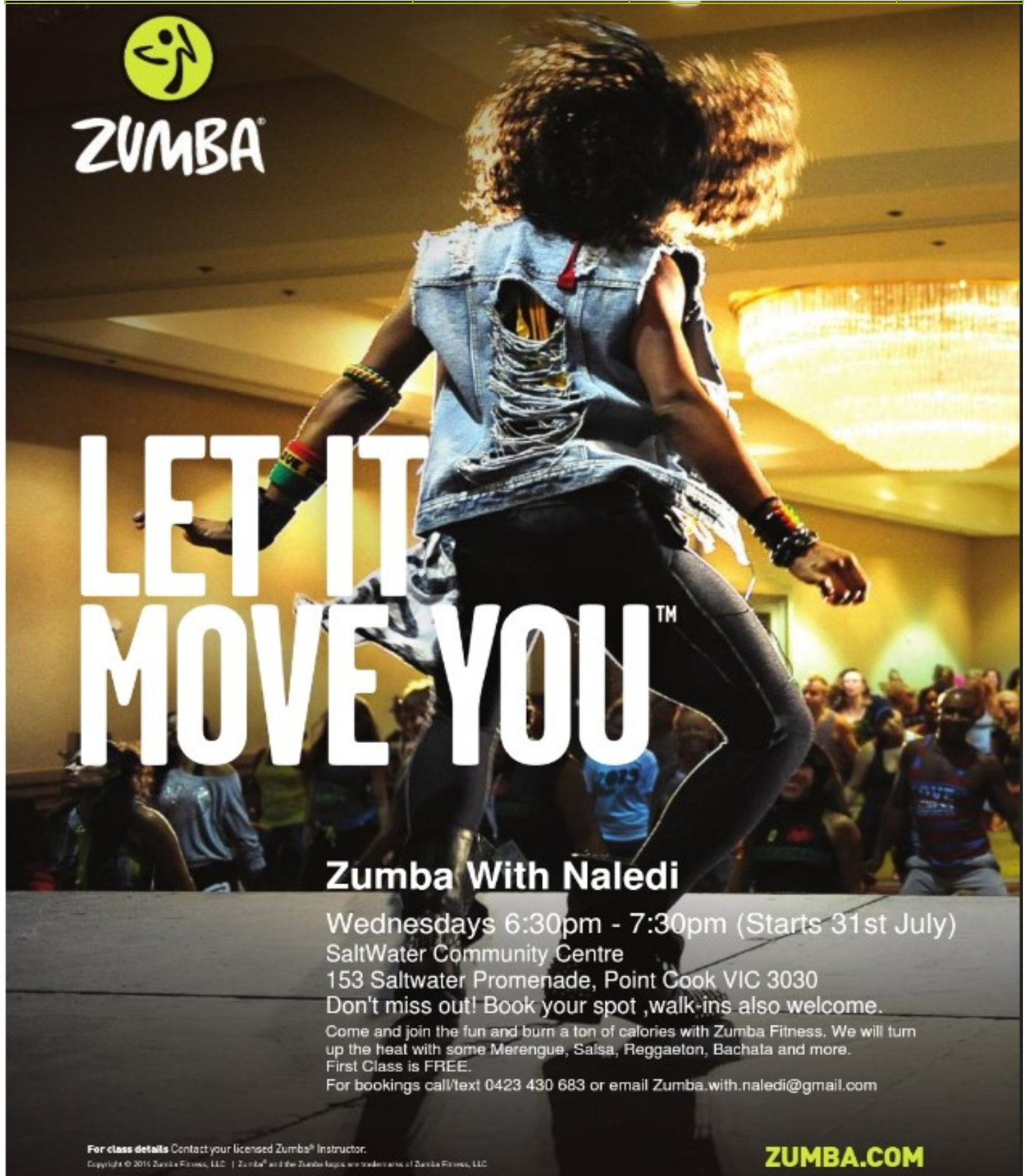
# Programs and Activities

KIDS	DAY & TIME	INFORMATION	COST
<b>Global Art</b> Art and Craft classes for kids 4yo and above transforming the way children learn art through its award-winning international art program. Our courses are designed to be a one-stop shop to develop Drawing, Painting, Colouring, Composition and Craft making abilities.	<b>Thursdays</b> 4pm-5:30pm	Contact : Edmund 0432513344 Edmund@globalartaustralia.com.au	Fees apply
<b>Ben Murphy Productions</b> Become a star. Laugh, act, film, watch. Acting classes for kids 6-15years. Each term students showcase on a big screen and receive a copy of their filmed work to take home.	<b>Mondays</b> 4-5:30pm	Contact : Ben 0407 971 375 info@benmurphy.com.au	Fees apply
HEALTH & WELLBEING	DAY & TIME	INFORMATION	COST
<b>Wyndham Young Stroke Network</b> Share Support Encourage—Informal social meet-up for survivors and carers aged 55 and younger.	No fixed meeting time	Contact : Bob saltwaterccc@wyndham.vic.gov.au	No cost
<b>Tai Chi</b> Tai Chi is an art embracing the mind, body and spirit. It is one of the most effective exercises for health of mind and body.	<b>Mondays</b> 11:15am-12:15pm	Contact: Saltwater Community Centre 8376 5500 saltwaterccc@wyndham.vic.gov.au <b>Bookings essential</b>	No cost
<b>WW Wellness that Works</b> Join our weekly group meetings and get expert advice from our Coach to get support and inspiration to reach your goal. Share your journey with fellow members and be part of a positive like-minded group.	<b>Saturdays</b> 8.30am - 9:30am	Contact : 131997 www.weightwatchers.com.au	Fees apply <i>(visit WW website or attend Studio for more information)</i>
<b>Eat Pray Yoga</b> Increase strength, flexibility and calm your mind with vinyasa flow yoga. Adults over 16 years only. For beginners to the more advanced yogi.	<b>Sundays</b> 7:45am—8:45am	Contact : Loretta Cachia 0425 853 530 eatprayyoga@outlook.com	Casual Class \$15 5 class pass \$65 10 class pass \$110
<b>JKA Karate</b> Learn the traditional striking and open hand martial art. First four lessons free.	<b>Tuesdays</b> 4.30pm—6pm <b>Saturdays</b> 5pm-6:30pm	Web: www.jkaaustalia.com	Fees apply
<b>Aiki Kai Aikido</b> Aikido is a modern, non-aggressive Japanese martial art. Aikido is a true 'budo' path, in which martial training is utilised as a 'Way' to spiritual growth. Come and explore exercise with meaning. Non-competitive, supportive and caring training suitable from ages 15 on wards, male and female.	<b>Wednesdays</b> 7:30pm-9pm  <b>Saturdays</b> 8:30am-10am	Contact : Andrew Last 0405 330 149 Andrewlast.aikido@gmail.com	Fees apply
<b>Beat Factor Drum Group</b> Drum workshops/Classes in World Rhythms, from African, Samba, Calypso, Reggae and many more. Class covers: instrument technique on drums and hand percussion. Easy to follow drum piece arrangement & solo ideas. <b>Beginners to Advanced.</b>	<b>Tuesdays</b> 7pm-8:30pm	Contact : Rod—Beat Factor Music 0411 028 077 info@beatfactormusic.com <b>All drums and percussion provided</b>	Fees apply



## Programs and Activities

HEALTH & WELLBEING	DAY & TIME	INFORMATION	COST
<b>Zumba with Naledi</b> Come and join the fun and burn a ton of calories with Zumba Fitness. Zumba fitness is a Latin inspired dance work out and incorporating other international music. We will turn up the heat with some Merengue, Salsa, Reggaeton, Bachata and more.	<b>Wednesdays</b> 6:30-7:30pm	Contact : 0423 430 683 Or email <a href="mailto:Zumba.with.naledi@gmail.com">Zumba.with.naledi@gmail.com</a>	<b>\$10 per class</b> First Class is <b>FREE.</b>



**ZUMBA**

# LET IT MOVE YOU™

## Zumba With Naledi

Wednesdays 6:30pm - 7:30pm (Starts 31st July)  
SaltWater Community Centre  
153 Saltwater Promenade, Point Cook VIC 3030  
Don't miss out! Book your spot ,walk-ins also welcome.  
Come and join the fun and burn a ton of calories with Zumba Fitness. We will turn up the heat with some Merengue, Salsa, Reggaeton, Bachata and more.  
First Class is FREE.  
For bookings call/text 0423 430 683 or email [Zumba.with.naledi@gmail.com](mailto:Zumba.with.naledi@gmail.com)

For class details Contact your licensed Zumba® Instructor.  
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**ZUMBA.COM**



## BreastScreen Victoria Information Session

**Thursday 26 September**

**Wyndham Civic Centre Function Room 2**

**45 Princes Highway Werribee**

**All Welcome.**

**11am – 12pm: book appointments, collect resources**

**12pm-12:45pm: First Information session**

**1pm-1:45pm: Second information session**

A BreastScreen Health Professional will talk about:

- Breast Health – checking for signs and symptoms
- Breast Screening Program – early detection of breast cancer
- How to book – even make an appointment on the day

*\*BreastScreen Victoria provides **FREE** breast screens for women over 40 only*

**To book or for more info contact:**

**[communitywellbeing&inclusion@Wyndham.vic.gov.au](mailto:communitywellbeing&inclusion@Wyndham.vic.gov.au)**

— proudly supported by —  
**wyndhamcity**

  
**BreastScreen**  
Victoria





Wyndham's Children's Week Picnic is back for its 19<sup>th</sup> year. Come and celebrate with us at Werribee Park on Sunday 27 October – 10am – 4pm.

This is a fun filled and FREE day out for the entire family, with a range of exciting sports, music and arts activities, as well as several stages with action packed entertainment!

Get ready for; The Mik Maks, Alex the Magician, I Love Bubbles Show & Bubbly Photo Booth, Tubby The Robot, Wyndham Youth Services' Silent Disco, The Wyndham Traffic School and so, so much more!

Entry to the picnic and all activities are FREE for visitors.

# Programs and Activities

EDUCATION & TRAINING	DAY & TIME	INFORMATION	COST
<b>Abacus Training Centre by Sempoasip</b> Improves children's focus and brain concentration by developing both the left and right of the brain.	<b>Mondays</b> 4-5.30pm <b>Wednesdays</b> 4.30-6pm	Contact : Munita 0433 551 979 <a href="http://www.facebook.com/sempoaSIPAustralia">www.facebook.com/sempoaSIPAustralia</a>	Fees apply
<b>TeKids</b> Jedi Junior Robotics class for kids from grade 1 to grade 5. Teach kids to build robots and how to do coding.	<b>Saturdays</b> 10:15am-11am 11:30am—12:15pm 1pm-1:45pm 2pm-2:45pm	Contact : Parth Verma 0435 023 078 <a href="mailto:tekidsaustralia@gmail.com">tekidsaustralia@gmail.com</a>	Fees apply
<b>English Conversation</b> Come along and enjoy learning basic English in a friendly environment. This is a free program for non-English speaking adults.	<b>Tuesdays</b> 1-2:30pm	Contact: Saltwater Community Centre 8376 5500 <a href="mailto:saltwatercc@wyndham.vic.gov.au">saltwatercc@wyndham.vic.gov.au</a> <b>Bookings essential</b>	No cost
<b>Computer Skills— Next Steps</b> This program is designed to introduce students to Microsoft Office Word and PowerPoint. Students will work with tables, resume writing & design, pictures and create a slideshow. Students receive a certificate of participation at the end of this course.	<b>Thursdays</b> 12:30pm-3:30pm <b>10 Oct—12 Dec</b>	Contact: Saltwater Community Centre 8376 5500 <a href="mailto:saltwatercc@wyndham.vic.gov.au">saltwatercc@wyndham.vic.gov.au</a> <b>Bookings essential</b>	\$40/\$25 concession
<b>Introduction to MYOB</b> Practical hands on course designed to teach computerised accounted package MYOB <ul style="list-style-type: none"> <li>• Creating a new data file</li> <li>• Creating the Chart of accounts</li> <li>• Entering Sales and Purchases</li> <li>• Making and receiving payments</li> <li>• Bank reconciliation</li> <li>• Creating inventory</li> <li>• Creating Card Files</li> <li>• Payroll Module</li> <li>• Business Activity Statement (BAS)</li> <li>• Backing up and restoring files</li> </ul>	<b>Thursdays</b> 9:15am-12:15pm <b>10 Oct—12 Dec</b>	Or <a href="mailto:enquiries@wyndhamcec.org.au">enquiries@wyndhamcec.org.au</a>	\$40/\$25 concession \$65 for study book & DVD

**Partnership grows stronger to bring  
 “Learn Local” low cost & affordable programs into the heart of  
 Saltwater**

*Wyndham Community & Education Centre continue to work together to bring a suite of development opportunities to Saltwater. Currently running from the centre are **Digital Literacy & MYOB classes**. Watch out for the continuation of these and other programs and more throughout the year.*







## YOUR COUNCIL CLOSE TO HOME

You can now make

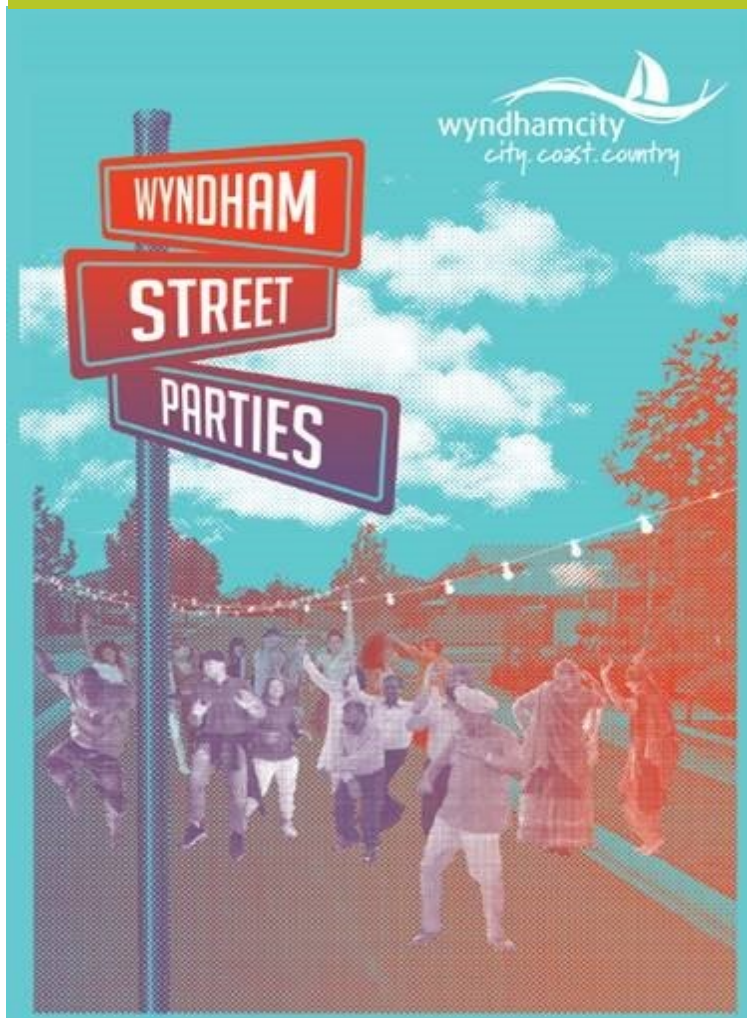
- Council payments
- Kinder enquiries
- Pet registrations

At the

Point Cook Community Learning Centre  
Manor Lakes Community Learning Centre  
Tarnet Community Learning Centre

Monday to Friday  
9am—5pm

## WYNDHAM STREET PARTIES




### DO YOU KNOW YOUR NEIGHBOURS?

STREET PARTIES ARE A GREAT WAY TO MEET YOUR NEIGHBOURS, SHARE A MEAL AND MAKE NEW FRIENDS.

These small-scale get-togethers are a great way to bring the neighbourhood together with events that are welcoming, friendly and fun.

Wyndham City has a new application process and handy user's guide for hosting street parties in your neighbourhood.

To find out more about how it works and what's involved visit:  
[www.wyndham.vic.gov.au/streetparties](http://www.wyndham.vic.gov.au/streetparties)  
 or call 9742 0777.




# Programs and Activities

FAITH, CULTURAL & COMMUNITY GROUPS	DAY & TIME	INFORMATION	COST
<b>Saltwater Seniors Group</b> Lets get social, make new friends, play some games, have some laughs over a cuppa. Visiting parents, grandparents are welcome.	<b>Wednesdays</b> 11am—1pm	Contact : Saltwater Community Centre 8376 5500 Saltwatercc@wyndham.vic.gov.au	No Cost
<b>CWA Point Cook Branch</b> Our programme is member led and consists of speakers, demonstrations and fun-raising events. We support many charities mostly in our own area. We offer friendship and support to women in our community.	<b>Thursdays</b> 7pm Monthly (3rd Thurs of very month)	Contact : Rosmary Renden 0477 777 836 Rosemary.redden@icloud.com	Membership may apply
<b>Wyndham Happy Life Association</b> The Wyndham Chinese Happy Life Association is a non-profit organisation. It promotes Chinese senior residents and other neighbourhoods mental and physical health in Wyndham City. We have several volunteer teachers and team leaders to teach the community members exercises such as singing, dancing, Tai Chi, square dancing, bowling, cooking, playing table tennis and gardening.	<b>Wednesdays</b> 1 – 3pm  <b>Fridays</b> 12 – 4:30pm	Contact : Yun Yun 0421 899 399 yunyun@live.com.au	Membership may apply
<b>Christ New Creation Fellowship Church</b> A non-sectarian, non-denominational, evangelistic and missionary-sending church. We aim to encourage everyone to build a strong relationship with God, and to grow and participate in fulfilling their calling and purpose in the Lord.	<b>Sundays</b> 9-1pm	Contact : Dennis Ferrer 0416850191 dennis.ferrer@hotmail.com.au	No cost
<b>Point Cook Adventist Community Church</b> Our programs are extensive, including an inter-generational worship service every Saturday afternoon. Further, we run age-appropriate children's programs, fundraising concerts, free community dinners, and monthly free community support, such as gardening and household chores. We regularly run educational programs on parenting, relationships, health, including depression, as well as prophecy seminars.	<b>Saturdays</b> 3-6:30pm	Contact : Danijela 9395 6399	No cost
<b>Global Organisation for Divinity Australia</b> <b>Gopa Kuteeram</b> classes and <b>Satsang</b> for adults in Saltwater community centre on last Sunday of every month. This year we are teaching <b>Ramayanam</b> , <b>Bhagavad Gita</b> and <b>Bhagavatham</b> . Classes are offered on a <b>NO FEE</b> basis to the participating children. All classes are conducted in English. Currently we offer classes for children in the school year group from <b>K – Year 10</b> .	<b>Last Sunday of the month</b> 4-5:30pm	Contact : Vidya 0425 770 971 <a href="https://godivinity.us3.list-manage.com/subscribe?u=d0820cc2d1e034d17ecb02063&amp;id=00ae637c12">https://godivinity.us3.list-manage.com/subscribe?u=d0820cc2d1e034d17ecb02063&amp;id=00ae637c12</a>	Donations are welcome
<b>Australian Malay Foundation</b> Provide Malay cultural awareness, youth development, social welfare and assistance for families in the community.	<b>Sundays</b> 1—4pm	Contact : Haji Rashid 0468 712 755 muhammadrashid09@yahoo.com	No cost
<b>Mustard Seed Chapel International</b> Worship and teaching services	<b>Thursdays</b> 6-10pm  <b>Sundays</b> 9am – 12pm	Contact : Sam Poku-Bonsu 0416 881 681	No cost



# Rose & Garden Show

## 9-10th November 2019



*Now in its seventh year, the highly successful State Rose & Garden Show will take place over two huge days Saturday 9th & Sunday 10th November 2019 at the Victorian State Rose Garden at Werribee Park, one of Victoria's best kept and most beautiful secrets!*

*This not to be missed event is for gardening enthusiasts or those who just enjoy a beautiful day out in the stunning surrounds of Werribee Park. Experience the gorgeous blooms of the Victoria State Rose Garden at their best with more than 5,000 roses to explore.*

*Wander through the stunning rose-lined pathways and pick up tips and tricks from the best in the business, including Kim Syrus, Jane Edmanson, Anthony Scott and more.*

*With so much on offer come and learn more about gardening from industry experts, enjoy a guided tour of the garden hosted by the Victoria State Rose Garden Supporters, purchase plants and gardening products and let the children enjoy the free gardening activities.*

*Grab lunch from one of the delicious food trucks and enjoy live music amongst the roses. New this year are themed days with the rose garden "leaf" transformed into a beer & wine garden on Saturday and a stunning rose inspired high tea experience on Sunday.*



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*or more information or to book your high tea visit [www.stateroseandgardenshow.com.au](http://www.stateroseandgardenshow.com.au)*



## Programs and Activities



### SALTWATER ART STUDIO

**Saltwater Art Studio** is evolving! Over the last couple of months the studio has transitioned into an artist-led space, that is, a space in which the artists accessing it are now working together collectively to develop and run it. Along with the established offerings that Saltwater Art Studio has become known for (it's ceramics, painting, and youth offerings), there will also be a variety of short-term and one-off activities to fill out the schedule, which will change each quarter. For more information visit our new website and be sure to 'like' and follow us on Facebook and Instagram for news updates and weekly doses of creative inspiration!

### SALTWATER ART STUDIO

### DAY & TIME

### CONTACT

### COST

#### Open Studio

Not enough space to paint or create at home? Open Studios is for anyone to come and work on their own projects in a studio environment.

#### Tuesdays

9am-12pm

#### Fridays

9am-4:30pm

Contact : 8376 5500

[saltwatercc@wyndham.vic.gov.au](mailto:saltwatercc@wyndham.vic.gov.au)

No cost

#### Global Art

Art and Craft classes for kids 4yo and above transforming the way children learn art through its award-winning international art program. Our courses are designed to be a one-stop shop to develop Drawing, Painting, Colouring, Composition and Craft making abilities.

#### Thursdays

4pm-5:30pm

Contact : Edmund

0432513344

[Edmund@globalartaustralia.com.au](mailto:Edmund@globalartaustralia.com.au)

Fees apply

**For more info or to book any of the sessions below please visit [www.saltwatersrtstudio.net](http://www.saltwatersrtstudio.net)  
Or call 0457578046 during working hours 9am to 5pm only**

#### Friday Night Life Drawing

Join us every third Friday of the month for Friday Night Life Drawing, with professional models and optional tutoring by local artist Nick Shepherd.

**Ages Strictly 18+**

#### Fridays

Oct 18

Nov 15

Dec 13

7:30-10pm

Instructor : Nick Shepherd

[dabura666au@yahoo.com](mailto:dabura666au@yahoo.com)

#### Kids Photography

Always wanted to know how to take the perfect photos of your kids? Professional photographer Imran Abul Kashem will show you how take sharp and memorable images with using simple techniques. This class will also help you understand the fundamentals of portrait photography, including exposure, aperture and shutter speeds, ISO, focus controls composition and more....

#### Saturday

Nov 2

2-4pm

Instructor : Imran Abul Kashem

[info@westendphotography.com.au](mailto:info@westendphotography.com.au)

Fees Apply

#### Family Portrait Photography

Do you want to know how to capture better photos and document precious moments of your family? Join professional portrait and family photographer Imran Abul Kashem as he will share and demonstrate his tips and techniques to help you to take better family photos .

#### Friday

Nov 30

2-4pm

# Programs and Activities

SALTWATER ART STUDIO	DAY & TIME	CONTACT	COST
<b>Ceramics—Handbuilding with Clay</b> Each week this term there will be a lesson on something different to create from clay, from bead making to sculpture, all without the pottery wheel! Come to one or all! Which will you choose? <b>Adults class</b>	<b>Tuesdays</b> <b>Oct 8— Dec 10</b> <b>7 - 9:30pm</b>  <b>Thursdays</b> <b>Oct 10—Dec 5</b> <b>10:30am—1pm</b>	Carolyn Warren-Langford <a href="mailto:claysanctuaryinfo@gmail.com">claysanctuaryinfo@gmail.com</a>	Fees Apply
<b>Casual Clay</b> Casual clay sessions are perfect for people to drop in which ever week they like and work independently on their own projects in a studio environment. These sessions are not tutored. <b>Adults class.</b>	<b>Tuesdays</b> <b>Sep 24— Dec 10</b> <b>7:30-9:30pm</b>  <b>Thursdays</b> <b>Sep 26—Dec 12</b> <b>11am 1pm</b>		
<b>Character Design Drawing Course</b> This course is for those who wish to gain solid foundational skills drawing the human form. From this basis students will then go on to learn how to design interesting and unique characters and creatures. Open to all skill levels from complete beginners to advanced artists wishing to hone their skills. Bring drawing materials: Sketchbook, pencils, eraser, sharpener. <b>Ages 10years +</b>	<b>Wednesdays</b> <b>Oct 23—Dec 11</b> <b>4-6pm</b>	Instructor : Nick Shepherd <a href="mailto:dabura666au@yahoo.com">dabura666au@yahoo.com</a>	
<b>Inky Thumbs Kids Art Class</b> Get ready to have some fun in this weekly one-hour kids art class. We'll explore a variety of different types and styles of art including painting, ink, printmaking, collage, chalk pastels. Each artwork will be an expression of the Artists' personal style and skills. Throughout the term, artists will be guided through the design process and will learn how to pause and view their piece in progress and alter plans where necessary. Each Artists individual art techniques and abilities will be celebrated. At the end of the term, artists will have completed three (or more) larger artworks as well as a variety of small pieces and warm-up exercises. All equipment will be provided by the teacher. Artists will need to wear comfortable clothes that are okay to get painty. <b>Ages 7-12 years</b>	<b>Tuesdays</b> <b>Oct 15-Dec 3</b> <b>4:15-5:15pm</b>		
<b>Abstract Watercolour Workshop</b> Have you ever wanted to play with watercolours? In this three hour workshop we'll explore the diversity of watercolour paint while creating abstract art pieces. We'll begin the class by creating a few smaller pieces using different techniques. Once we've got a toolbox full of techniques we'll work on our final larger artwork, adding details with artist pens and other materials. All supplies will be provided.	<b>Saturdays</b> <b>October 26</b> <b>1:30-4:30pm</b>	Instruction : Lindsey Giroux <a href="mailto:inkythumbstudio@gmail.com">inkythumbstudio@gmail.com</a>	
<b>Watercolour Open Studio</b> A fun and relaxed open studio time where you can pursue your own watercolour projects while learning more skills from artist Lindsey Giroux and fellow students. Lindsey will encourage students to paint the subjects they prefer. Students will work to achieve their own style of watercolour painting, with the facilitator guiding them along the way. In addition, students can expect small lessons to cover a specific style or technique such as watercolour sketching, wet-in-wet and glazing techniques. Beginners and artists of all levels of experience are welcome. This is the perfect class for those new to watercolour painting wanting to gather some techniques and gain confidence. <b>Materials not supplied</b> <b>Adults Class</b>	<b>Mondays</b> <b>Oct 14—Dec 2</b> <b>10am-12pm</b>		



# Programs and Activities

SALTWATER ART STUDIO	DAY & TIME	CONTACT	COST
<b>Pencils—Graphite, Watercolour &amp; Coloured</b> In these relaxed and fun weekly classes learn how to draw from start to finish using a variety of pencil types: including graphite, watercolour and coloured pencils. Creating art helps reduce stress and anxiety, while fostering productivity, creativity, connection and confidence. <b>Adults class</b>		<b>Mondays</b> <b>Oct 14-Nov 18</b> 7-9pm	Instruction : Michelle Ripari <a href="https://michelleripariart.com">https://michelleripariart.com</a>
<b>Beginners Wheel Throwing</b> This course is for beginners to develop skills to create work on the potter's wheel. As there are only 4 students in the class, personal attention will be given to master the wheel throwing technique and pursue your own artistic creation. All skill levels are accommodated and welcome. This is an enjoyable and social class. <b>Adult Class.</b>	<b>Wednesdays</b> <b>Oct 9– Nov 20</b> 6:30-9pm <b>Thursdays</b> <b>Oct 10-Nov 21</b> 6:30- 9pm <b>Saturdays</b> <b>Oct 11-Nov 23</b> 9:30am - 12pm	Instructor : Nandita Nadkarni 0432 266 229 <a href="mailto:nandita.nadkarni@gmail.com">nandita.nadkarni@gmail.com</a>	Fees apply
<b>Observational Drawing for fun and folios - Adults</b> <b>Each week will focus on a different method using</b> a range of drawing and painting tools, working from a different still life scene each week. After 8 weeks the students will have tried a range of mediums and methods and have a diverse range of <b>art work</b>	<b>Mondays</b> <b>Oct 14-Dec 2</b> 1-3pm	Instructor : Ceardai Demelza <a href="mailto:Ceardaidemelza@gmail.com">Ceardaidemelza@gmail.com</a>	
<b>Observational drawing for fun and folios - VCE</b> Students will explore drawing with various mediums and which can be applied together, basic colour theory and types and quality of mediums and papers. By the end of the course students will have created a strong folio suitable for applying for further study.	<b>Mondays</b> <b>Oct 14-Dec 2</b> 4-6pm <b>Sundays</b> <b>Oct 20-Dec 8</b> 9:30am-12:30pm		



Members from our Seniors Group received some welcome advice on Diabetes. The Seniors meet every Wednesday between 11am and 1pm. It's free and chance to reconnect with people your age in the community, have some fun and maybe learn something new. All welcome!





**Bowel Cancer**  
AUSTRALIA

## Meat Free Week

**(23—29 September 2019)**

Why go meat free?

Going meat free for one week creates an opportunity to get people thinking about how much meat they eat and the impact eating too much meat may have. Not only is a challenge to try, but a chance to support a great cause. **Bowel Cancer Australia** is supporting this dynamic awareness campaign and is inviting everyone to discover how easy it is to make little changes that can make a big difference. Sign up at



**BE A**  
**F.A.S.T.**  
FACE ARMS SPEECH TIME  
**HERO!!**

**GET YOUR FREE HEALTH CHECK HERE**  
**WEDNESDAY 2<sup>ND</sup> OCTOBER**

**ARNDELL PARK COMMUNITY CENTRE**

29-49 FEDERATION BLVD, TRUGANINA

**9 - 10AM**

**SALTWATER COMMUNITY CENTRE**

153 SALTWATER PROM, POINT COOK

**12 - 1PM**

**WYNDHAM CIVIC CENTRE**

45 PRINCES HWY, WERRIBEE

**2-3PM**

**FREE HEALTH CHECKS**  
**BY IPC HEALTH HERE**



## Buckets Of Talent!

A great big shout out to our local superstar Ben Belsey who won the golden ticket and has been cast as Charlie Bucket in the new Warner Brothers musical of Charlie And The Chocolate Factory at Her Majesty's Theatre in Melbourne. Congratulations Ben, we can't wait to see you on stage!!!



**SIGN UP AT [STROKEFOUNDATION.ORG.AU/STROKEWEEK](http://STROKEFOUNDATION.ORG.AU/STROKEWEEK)**  
**#STROKEWEEK19 #FIGHTSTROKE**

Call 13 28 49 to book tickets by phone or visit  
[www.charliethemusical.com](http://www.charliethemusical.com)



**wyndhamcity**



# Christmas at the Lakes 2019

at

**BREEZEWATER RESERVE**

Sanctuary Lakes (Melways Ref 208 D4)

**Saturday 7th December**  
**3:00pm - 10:30pm**

Anchor Sponsors:

Supporting  
your community



Point Cook Business Centre  
Proudly supported by Altona  
and Laverton Community  
Bank® branches



THIS IS A NO ALCOHOL OR PET EVENT

*All Welcome*

Proudly brought to you by  
Christmas at the Lakes  
Incorporated

[www.christmasatthelakes.org.au](http://www.christmasatthelakes.org.au)





# **The Welcome Dinner Project is back in Wyndham!**

Welcome Dinner events connect newly arrived people with established Australians over a shared meal, usually in a family home.

## ***Community Welcome Lunch “Garden to plate”***

will be held from

***12.00pm, Saturday 5<sup>th</sup> October***

***Saltwater Community Centre,***

***153 Saltwater Promenade, Point Cook 3030***

Please bring a favorite dish to share, “pot luck style”.

Free seeding for each family attending the event  
courtesy Bunnings Hoppers Crossing

**Entry is FREE**

**Book your seat at [wyndhamwelcomelunch@eventbrite.com.au](mailto:wyndhamwelcomelunch@eventbrite.com.au)**



— proudly supported by —  
**wyndhamcity**

**We look forward to sharing great food  
and making new connections.**



# ANITA MELLISH



Saltwater Community Centre  
153 Saltwater Promenade, Point Cook 3030  
16 -30 Sept 2019

## Date Night Taster

Are you up for some arty fun? Bring a date or grab a mate and come for a fun night getting your art on! Sessions may include Painting with palette knives, drawing or ceramics and are perfect for beginners. All of our classes are taught by our amazing professional artists and held on the second Friday of every month.

Friday evenings 7 - 9:30

Oct 11, Nov 8

[www.saltwaterartstudio.net](http://www.saltwaterartstudio.net)



## School Holiday Activities

### Lamp Decorating

With the festival of lights approaching we bring to you Colourful lamp decorating workshop during these school holidays.

### Decorative Bag Tags

Create your own bag tags. Show your friends how creative you are.

All material provided

Please note that spots are limited and are available on first come first serve basis only. To make a booking or for more information please contact the centre on the number provided.

**BOOKINGS REQUIRED!**

## INFORMATION

**WHEN:** Wednesday, 2 October

### Lamp Decorating

**TIME:** 10am to 11:30am

**COST:** \$10 concession

**AGE:** 6 to 14 years

### Decorative Bag Tags

**TIME:** 11:30am to 1pm

**COST:** \$10 concession

**AGE:** 7 to 14 years

**WHERE:** Saltwater Community Centre  
153 Saltwater Promenade

**CONTACT:** 8376 5500

[saltwatercc@wyndham.vic.gov.au](mailto:saltwatercc@wyndham.vic.gov.au)

# New Youth Space For Saltwater



Saltwater's young people will soon be able to enjoy a new outdoor film projector, performance space and art canvasses set amidst a beautifully landscaped lawn. Construction is well under way on the new Saltwater Youth Space next to the Community Centre. The space will feature a projection wall to display films for special events, a stage and seating area, with art canvasses for painting.

With 33% of Point Cook residents aged 19 or younger, Wyndham City is committed to providing dedicated areas for young people to relax, socialise and express their creativity.

The construction of the space was supported with a \$200,000 State Government Grant.

The Project is due to completed by December 2019.

How would you like to see the space used? Perhaps as a digital backdrop for outdoor theatre, maybe a boutique drive in cinema or a space for artists to design new installations? Drop us a line at [saltwatercc@wyndham.vic.gov.au](mailto:saltwatercc@wyndham.vic.gov.au) and tell us your ideas for the projection space!



Cr John Gibbons and MP Jill Hennessy with students Gemma; Rishi; Diana and Kayla.

Photo by  
Damjan  
Janevski



# OPEN STUDIO

## FRIDAYS 9AM-4.30PM

No space at home to create?  
Come make your masterpieces here!

The studio is open on Fridays from 9am till 4.30pm every week\* for the community to come in and get creative. Bring your gear and make yourselves at home. Bring in your supplies and inspiration and make yourselves at home in the Saltwater Art Studio.

*\* Unless otherwise posted for special events. No materials are provided as part of this offering, just the space.*



SALTWATER  
ART STUDIO

@SALTWATERARTSTUDIO  
WWW.SALTWATERARTSTUDIO.NET  
SALTWATERARTSTUDIO@GMAIL.COM

SALTWATER COMMUNITY CENTRE  
153 SALTWATER PROMENADE  
POINT COOK VIC 3030  
(03) 8376 5500

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