

# CHINA-AUSTRALIA CULTURAL EXHIBITION & MUSICAL CONCERT



The Point Cook Community Learning Centre is honored to support local resident Halen Yin host the China—Australia Cultural Friendship exchange. Students from the Jiang Yin County, School in China will visit Melbourne during their summer camp. Jiangyin Tianhua School was founded in 1985 in the beautiful and rich city of Jiangyin on the south bank of the Yangtze River. It was named after Mr. Liu Tianhua, an outstanding national musician of China.

Student performances will feature traditional Chinese instruments such as DiZi transverse flute, Zhongruan Chinese plucked string & the Er-hu a two-stringed bowed musical instrument. An extraordinary collection of traditional Blue & White porcelain art pieces from Qing, Ching & Ming Dynasties and a selection of ancient traditional Hanfu costumes will also be exhibited. Don't miss out on this exciting cultural experience, all funds raised will go towards the Glenroy Specialist school.

Point Cook社区学习中心很荣幸能够支持当地居民Halen Yin主办中澳文化友谊交流会。来自中国江阴县学校的学生将在夏令营期间访问墨尔本。江阴天华学校成立于1985年,位于长江南岸美丽富饶的江阴市。它以中国杰出的民族音乐家刘天华先生的名字命名。

学生们的表演将采用中国传统乐器,如笛子,中阮中国弹拨乐器和二弦双弦乐器。此外,还将展出清代,清代和明代传统的青花瓷艺术品和一系列古老的传统汉服服饰。不要错过这种令人兴奋的文化体验,筹集的所有资金将用于当地的慈善组织 Glenroy Specialist school.

# Point Cook Community Learning Centre 1-21 Cheetham Street, Point Cook 3030

Phone: 9395 6399

Email: pointcookclc@wyndham.vic.gov.au



Wyndham City acknowledges the peoples of the Kulin Nation as the traditional custodians of the land on which this centre is built. In all our activities in this place, may we pay respect to Elders of all Aboriginal communities, past, present and future.

# HELPING HANDS TURNING WASTE INTO OPPORTUNITY Bev, Lyn & Lynette our Seniors Program volunteers get behind Envision Hands recycling project. Plastic bottle lids bound for landfill are turned into colourful,

super hero hands for children in need in Australia and around the world! It takes 500 lids to make a small hand & 1000 lids for an arm. We have set up a collection point here at the centre, so drop off you lids to help this wonderful project.

You can donate directly to the Envision Hands project or for more information go to their website https://envision.org.au/



**▶**Envision

Enjoy a pawfect day out with your furry friends at Wyndham City's FREE Pet & Animal Expo! 10am – 3pm Sunday 15 September 2019 Wyndham Civic Centre, 45 Princes Hwy, Werribee

This free annual event is a must for all animal-lovers & their furry friends, with a huge program of shows, demonstrations & free activities. As well as providing an opportunity for pet-owners to pick up tips in caring for their pets, it will also celebrate a wide range of animals, including birds of prey, native wildlife, fish & reptiles!

Enjoy the animal farm, stage entertainment, dog arena & children's activities; find out about local pet services & pick up treats & products for your four-legged friends.

Well-behaved, socialised pets are welcome & must be kept on a lead. Make a day of it & enjoy something delicious from our food trucks. Full program details to be announced closer to the date More information visit website <a href="https://www.wyndham.vic.gov.au/petexpo">https://www.wyndham.vic.gov.au/petexpo</a>



# SHANE TINDAL: FROM JAMIESON JOTTERS TO JUST LIKE A SON

Come along to hear a seniors perspective of publishing a novel that's been more than 20 years in the making

10am - 11.30am Tuesday 8 October

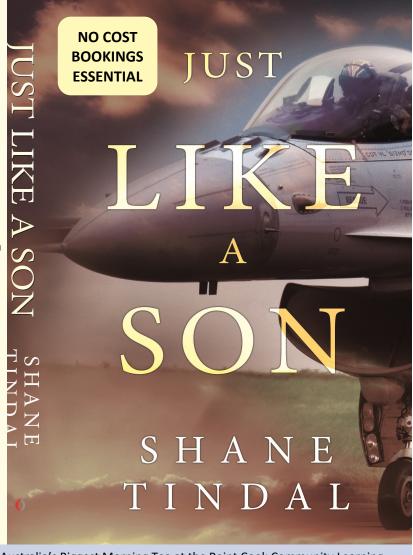
Point Cook Community Learning Centre
1-21 Cheetham Street, Point Cook
Contact: 9395 6399 pointcookclc@wyndam.vic.gov.au or
shanetindal@bigpond.com

Accessible venue (level entry), accessible parking/toilet available

Some readers of **Around Point Cook** might recall Shane's articles five years ago, mainly about Jamieson Jotters. A writing group based at Jamieson Way Community Centre, which she coordinated. In 2011, Shane started to experience problems with her eyesight & reluctantly decided to cease her involvement with Jamieson Jotters.

A year later she attended a book launch at the RAAF Museum & learnt about the RAAF Heritage Awards. Twenty years before, whilst living in Sale, Shane wrote a synopsis and four chapters of a novel *Just Like A Son*, about a young man named Freddy Kitheridge, who joins the Air Force, and becomes a pilot. She also sent a list of questions to a number of former Telstars, an aerobatic group that operated in the 1960's and received responses from them. Inspired by the possibility of having her novel published and winning prize money, Shane worked on *Just Like A Son* from 2015 to 2018.

After a couple of attempts with different publishers, Shane was delighted to sign a Publishing Agreement with Olympia Publishers in London and agreed to a cover design for her novel *Just Like A Son*. "There are still some steps to go through, but to believe that dreams can be achieved, if you are persistent, work hard and have faith in yourself" are Shane's words of advice, "so don't be afraid to follow you dreams!"



Local residents came together to support the Cancer Council Australia's Biggest Morning Tea at the Point Cook Community Learning Centre on 23 May raising \$359.70. The event was organised by Phebe Yeo founder of 8SENSES, a children's culture experience program who is passionate about bringing the community together and sharing her culture.

More than 50 came together to enjoy a scrumptious morning tea, a cultural experience which included Chinese Calligraphy, Chinese & Mongolian Tea Demonstrations & Line Dancing. We would like to thank local residents & businesses for sponsoring the event and generously providing goodies for our sample bags given to every participant to take home.



8SENSES
Wyndham City Council
Stockland Point Cook
Boost Juice Point Cook
eco Brown - Charles Loh
Eugenie Li
Rosie Xu
Helene Gao
Maggy Gwiazdowska
Linda Soegiarto
Serene Lew
Caroline Cheong

Laverton Dance Group Florence Lee Sharon Chong Siew Fong Chu Yuen Mei Siew Esther Chin Linda De Witt Ann Goh Pranee Brown Jay Phillips

Thank you

for supporting Australia's Biggest Morning Tea 2019



The Wyndham African Communities Network (WACN) was launched at the Point Cook Community Learning Centre on Saturday 29 June 2019. The Network comprises over 300 African Australian community leaders, advocates, professionals & business operators from across the municipality. WACN aims to connect, support & empower people of African Australian background, their families & communities who call Wyndham home & work with local stakeholders to make a difference in the community. Supported by Council, the launch event was attended by over 40 people despite the bad weather. There are currently about 10,000 members of the African Australian community in Wyndham from across the African Continent. If you interested in joining the network or for more information visit their website www.wyndhamafricannetwork.org



# DANCING KEEPS AFRICAN TRADITIONAL ALIVE



Apanda Maker has been running a Traditional African Dance group at the Point Cook Community Learning Centre for since April. The program has become extremely popular with members of the South Sudanese Community who are keen to share their traditional dancing culture which is alive and thriving. People attending the program range from 3 to 65 years of age. The group is funded by JUNUBI Wyndham a community support group for South Sudanese young people and their families. The group meets 4-6pm Saturdays. For more information email apandamaker 2017@gmail.com



# BRINGING HAPPINESS TO FAMILIES

A workshop arranged by Happy Families Community. Free admission.

July 21, Sunday
1.15 pm- 3.00pm
Room #3,
Point Cook Community Centre
1-21 Cheetham Sreet,
Point Cook (Next to Library)

This workshop is conducted by Ashish and Aarti from Brahma Kumaris Craigieburn. This workshop is designed for volunteers working in the community helping families. It also trains them to take care of themselves.

It will introduce spiritual tools to help in healing - Heal the Healer.

Email sudhir.juneja@gmail.com



We <sub>make a</sub>

life by what we





# 2019 WYNDHAM LEARNING FESTIVAL Thank you! More than 100 events are



# already registered for this year's Festival!

The Wyndham Learning Festival is a community run event that encourages and promotes all types of learning for all age groups and interests. The free events take place at venues throughout the City of Wyndham from 1-8 September 2019. The Festival's diverse range of activities include gardening, craft, cooking, music, sports, coding, IT, art, and environmental activities – there is something for everyone! Signature events in 2019 will include Wyndham's own war on waste with a keynote by Craig Reucassel; the Young Scientist of Wyndham Competition; the Wyndham Park Party in the Precinct and the ever-popular Rhyme Time at the Werribee Zoo.

The complete free Festival Program Guide will be available online and in print copy in August. You can pick one up from your community centre or library. More information about the festival go to www.wynlearnfestival.org.au

Follow on news on Facebook @WynLearnFestival #wynlearnfest19

For more details or to discuss your interest contact <a href="mailto:contact@wynlearnfestival.org.au">contact@wynlearnfestival.org.au</a>

# Programs here at the Point Cook Community Learning Centre

rrograms here at the rol	iii cook co	minumety Learning Centre
Knitting & Crocheting Come learn how to knit or crochet or bring along your craft to get tips, with Point Cook Social Craft Group	10am-12pm Wednesday 4 September	NO con-
Spanish Language Café Do you speak Spanish? Want to learn or practice your Spanish? All Welcome.	3:30-4:30pm Wednesday 4 September	NO COST BOOKINGS ESSENTIAL
LETS Sing—Learn English Through Song Do you love to sing, then come along to learn or improve your English in a fun innovative way through song with renown musician George Butrumlis	1-2:30pm Thursday 5 September	LSSENTIAL
Build your confidence for a job interview Focusing on body language & how first impressions & interpretations effect outcome	1-2pm Friday 6 September	Phone: 9395 6399 or Email:
Internet Security Learn how to Secure passwords, use antivirus software, firewalls, using VPN protection, safe shop	2-3pm Friday 6 September	pointcookclc@wyndham.vic.gov.au
Get help with your device  Do you have a iPhone, smart phone, iPad or any sort of tablet or device. Come along and get help with app installation and much more!	3.15-4.15pm Friday 6 September	
Lantern Making with 8SENSES Learning the traditional art of lantern making.	9.30-11.30am Tuesday 3 September	Contact: Phebe or email: <a href="mailto:phebe@8senses.com.au">phebe@8senses.com.au</a> 8senses.com.au  Culturally together
Introduction to robotics concepts and basic coding using the LEGO BOOST's non-intimidating drag-and-drop interface.	4.00-5.30pm Tuesday 3 September	Contact: Vijay Chandan Email: info@stemcentric.com.au stemcentric.com.au
Abacus Training Come & watch our students demonstrating their ability in solving arithmetic equation using Abacus method. Students will be participating in a friendly competition day amongst their peers, while members of the community are welcomed to watch & enquire about our program.	9.30am-10.30am or 11.00am-12pm Saturday 7 September	Contact : Munita 0433 551 979 or Email: info@sempoasip.com.au sempoasip.com.au  Think Smart be Positive SEMPOA SIP Innovative Brain Development Method with Abacus



Guide of Programs & Activities coming in 2019

EARLY YEARS	DAY & TIME	INFORMATION	COST
Wyndham City Council Immunisations Free childhood immunisations. No appointment required	Various times & locations across Wyndham City	Contact: 9742 0736 www.wyndham.vic.gov.au/Immunisation Search Immunisations	No Cost
Maternal & Child Health Services Professional nursing support & advice for parents with children from birth to school age.	By appointment only	Contact: Maternal & Child Health Phone: 9742 8148 wwww.wyndham.vic.gov.au	No Cost
Wyndham City Council 4 Year Old Kindergarten Services Services for 4 year olds	Weekly sessions	Kindergarten Enrolment Officer Phone: 9742 8147	Fees Apply
Library Early Years Children's Programs For Parents & Carers to share songs, rhymes & stories with your child. Baby Time (ages 1-12 months) Monday 2-2.30pm, Thursday & Friday 11:00—11.30am Rhyme Time (ages 1-3 years old) Tuesday 9.30-10am & Friday 9.30—10:00am	Weekly sessions (school term only)	Contact: Point Cook Library Phone: 9395 7966 Email: ptcooklibrary@wyndham.vic.gov.au  Bookings Required	No cost
Story Time (ages 3-5 years old) Wednesday 10.30-11.15am Saturday 10.30—11.00am			
First Time Parents Group Meet friendly local parents, talk about your kids & have fun! Share experiences, get advice, give support & make new friends.	Wednesdays 1:00pm—4:00pm	Contact: Maternal & Child Health Phone: 9742 8148	No cost
Faith Kids Playgroup Providing a structured curriculum playgroup with craft activities, songs & rhymes, story time for babies, toddlers & their parents/carers in a great environment.	Wednesdays 10:30am—12:30pm Friday 9:30am—11:30am (school term only)	Contact: Angela Email : ynseow23@gmail.com	Fees Apply
8SENSES CUTEKids Multicultural Playgroup A cultural learning service where families can come together, kids play to learn & mums/carers learn to play. Activities include songs, stories & rhymes, reading, playing games & craft activities. Indulge in cultural & language learning.	Thursdays 9:15am—10:45am (School term only)	Contact : Phebe Phone: 0425 338 832 Fees Inclusive of Insurance Coverage	\$50 per family
Sanctuary Lakes Activity Playgroup A place for families to enjoy, play & be part of an organised activity each week which include, story time, music & craft.	Tuesday 9:30am—11:30pm (School term only)	Contact: Mel Email: slplaygroup@hotmail.com	\$50 per family
Little Buddies Toy Library A wide range of toys suitable for 0-5 year olds, including ride-ons, educational toys, puzzles, games, imaginative play sets, baby toys & more.	Tuesdays 9:30am—11:30am Fridays 1:00pm—3:00pm Saturdays 9:30am—12:30am	Contact: 8353 1196 Email: wlbtoylibrary@bigpond.com Website: Littlebuddiestoylibrary.com.au  Little Buddies  Toy  Library	Membership applies
Point Cook Multicultural Playgroup This facilitated playgroup provides a great play and social opportunity to young children, carers and families. Come and join in some fun activities which include rhymes, stories and songs and meet other parents in your local area.	Friday 11:30am—1:00pm (School term only)	Contact : Phone: 9395 6399 Email : pointcookclc@wyndham.vic.gov.au	\$50 per term
Hey Dee Ho Educational music program for children 6 months to 5 years. Parent & child classes that create a fun filled interactive musical play date.	Monday 9:15—10:00am (school term only)	Contact: Melissa Phone: 0457 301 878 Email: heydeehomusicwyn@gmail.com	Fees apply

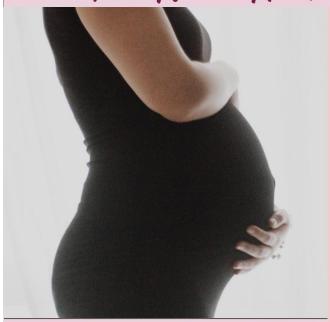
KIDS	DAY & TIME	INFORMATION	COST
Junior Chess Club Love to play chess, then come along meet new friends, learn strategic thinking, & flex your chess muscles ages 6-13. <i>Must know how to play chess</i> .	Tuesdays 4:00—5:00pm		
Random Fantom  Do you love books, movies, TV shows, comics or pop culture in general? Fun activities, aged 7+.	Thursdays 4:00—5:00pm	School terms only  Contact: Point Cook Library	
Whizz Kids Discover the mysteries of STEAM! (Science, Technology, Engineering, Art, Math) Explore, design, build, create, ages 5+	<b>Mondays</b> 4:00—5:00pm	Phone: 9395 7966	No cost
Read With Me Does your child need help with their reading? Book online for a 15 minute session with one of our Reading Buddies. Ages 5-12.	Thursdays Between 4:00—5:00pm Bookings Required	Email: ptcooklibrary@wyndham.vic.gov.au	
Construction Club Make new friends & amazing construction projects using different materials every week. Ages 5+	<b>Fridays</b> 4:00—5:00pm		
Abacus Training Centre by SempoaSIP Innovative brain training method for kids to improve concentration in school while learning mental arithmetic with Abacus beads.	Saturdays 9:00am—1:00pm (School term only)	Contact: Munita 0433 551 979 or Email: info@sempoasip.com.au sempoasip.com.au Free trial class available	Fees Apply
Art Concepts Drawing & painting classes for juniors & adults tutored in visual art techniques in cartooning, portraiture, perspective drawing & landscape in various low cost mediums.	Saturdays 9:15am—10:15am 10:30am—11:30am (School term only)	Contact: Kevin Handley Phone: 0418131726 or 97424058 Email: art_concepts@hotmail.com	\$18 per session
Brainworks Tuition, guidance, & feedback with an emphasis on methods & skills. Covers scholarship & select entry exam preparation for year 3 & 9. Foundation English & Math programs for year 2 to 10.	Wednesdays 4:30pm—7:00pm (School term only)	Contact: Adnan Phone: 9742 9351 or 0401 421 114 Website: www.brainworks.com.au	Fees Apply
<b>TeKids Australia</b> A STEM based robotics program for children from grade 1–5.	Saturdays 1:00pm—3:30pm Sundays 11:00am—1:00pm	Contact: Parth Email: tekidsaustralia@gmail.com	Fees Apply
Global Art Art, drawing, painting & craft-making program designed to learn at their own pace starting from junior level to advanced level. Kids 4-12 years.	Wednesdays 4:00pm—5:30pm	Contact : Edmund Phone: 0432513344	Fees apply
Stemcentric—Lego Boost Robotics Introduces kids 6-12 to robotic concepts & basic coding using the new Lego Boost's non-intimidating drag & drop interface.	Thursday 4:00pm-6:00pm Saturdays 2:00pm-4:00pm	Contact: Vijay Chandan Email: <u>info@stemcentric.com.au</u> stemcentric.com.au	Fees Apply
South Sudanese Action Group—Homework Club A program designed to assist South Sudanese students from primary schools to participate in homework or assignment assistance.	Wednesdays 4.00-6:00pm (School term only)	Contact: Lydia or Deng Email: SSAGI.PC@gmail.com	No Cost
Wynbay Blue Light disco Disco for children aged between Grade prep to 6. Supervised by off duty Police & Community Volunteers. Drug & Alcohol free environment. No Pass outs. Check out the theme for the month. Prizes awarded for best dressed.	Fridays 6:30pm—10:00pm 12 July Super Heroes 13 September Footy Fever 11 October Fright Night	Contact: Penny Email: Penelope.render@police.vic.gov.au	Fees Apply

KIDS & YOUTH	DAY & TIME	INFORMATION	COST
Australian Air League Point Cook Squadron A youth organisation for boys & girls aged 8+ encouraging an interest in aviation. Activities include ceremonial drill, physical training, model aircraft building, Navigation & Aircraft Engines theory & First Aid, Life saving, camp craft etc.	Wednesdays 6.30pm—8.30pm (School Term only)	Contact: Bryan McGrath Phone: 0413 060 552 Email:mcgrathbe1@gmail.com Michael Spaull Phone: 0413 166 614 Email: michael.spaull01@gmail.com Website: www.airleague.com.au	\$80 per term
Telugu Association of Australia Inc Teaching Telugu language to protect culture & diversity among our children while integrating with the multicultural society of Wyndham.	Fortnightly Saturdays 3:30pm—6:00pm	Contact: Satya Email: matamps@cba.com.au	Fees Apply
Friday Night Book Club Teen-only book club, meet new friends, check out the latest books & participate in a different book themed activity each month. Ages 12-19.	<b>Fridays</b> 4:30-5:30pm	Contact: Point Cook Library Phone: 9395 7966 Email: ptcooklibrary@wyndham.vic.gov.au	No Cost
Mustard Seed A program designed to engage youth in community through singing, rap, dance, interaction & games.	1st Friday of the Month 6:00pm—10:00pm	Contact: Prince Email: fabrice.rugonumugabo@gmail.com	Fees Apply
Point Cook Court Side Program Outside recreational activities basketball, table tennis and music. (12-25 years old)	Mondays 3.30pm—5.30pm		
Girls Night Centre based activities. Great opportunity to try something different, chill out, have a bite to eat & meet new friends. (12-17 years old)	Tuesdays 3.30pm—5.30pm	YOUTH SERVCES @ POINTCOOK Phone: 8375 2346  (during School Terms Only) from 2nd	
Point Cook Drop In Come hang out with your mates, eat food, play games & make new friends. (12-2 years old)	Wednesdays 3.30pm—5.30pm	These programs run from the Youth Space Level 1	No Cost
Point Cook Prime Force Youth Committee For young people interested in developing their leadership skills. (12—17 years old)	Thursdays 3.30pm—5.00pm	Suite 703 Main Street Point Cook Town Centre Enter through C8	
Gamers Den Focuses on console & classic games. (12—25 years old)	<b>Fridays</b> 3.30pm—5.30pm		
DANCE, RECREATION & LEISURE	DAY & TIME	INFORMATION	COST
Shiamak Davar Dance for Good Bollywood Dance for Disabilities Therapy classes which follows a set structure that has proven to maximise the value that participants get and gives the power of dance to people with disabilities.	Mondays 4:00pm—5.00pm  TAKING EXPRESSION OF INTEREST	Contact: Darshan 0499 888 115 admin@shiamak.com.au Website: www.melbourne@shiamak.com	No Cost
Shiamak Davar Bollywood Dance Classes Bollywood, Jazz Contemporary & Hip Hop dance for kids, teens & adults.	<b>Mondays</b> 5:30pm—9:30pm		Fees Apply
EL School Of Talent—Drama and Dance Kids 5-16 go on a journey to discover their inner abilities through Drama & Dance, whilst developing acting techniques, movement, voice projection and enhance confidence, creativity, self-esteem, communication & team work.	Mondays 4.30pm—6.30pm (School term only)	Contact: Elisabeta Phone: 0435 734 363	Fees Apply
Dance 101 Fun, fitness & friendship for men & women. Latin dance steps to get you moving. A great way to lose weight, destress & laugh! All levels welcome.	Thursdays 6:30pm—8:00pm (School term only)	Contact: Olga Phone: 0419 392 308 Email: ojcs4@bigpond.com	Fees Apply

DANCE, RECREATION & LEISURE	DAY & TIME	INFORMATION	COST
Traditional African Dance Come along and learn the Yirol youth traditional dances. Have fun, get fit and active and reconnect with African culture. Classes aimed at all ages.	Saturdays 4:00pm — 6:00pm	Contact: Apanda 0452 217 858 apandamaker2017@gmail.com	No Cost
Brooks School Of Dance Brooks School of Dance offers quality dance classes in classical Ballet, Jazz and Hip Hop. Classes are taught by professional dance teachers, in a friendly and encouraging environment. First class is a free trial. (trial classes must be booked in advance). 50% discount on the second class per week. 10% discount for siblings.	Tuesdays Hip Hop 4:00pm-7:00pm Thursdays Jazz 4:00pm—6:45pm Saturdays Ballet 9:00am—12:00pm (School term only)	Contact: brooksdance@gmail.com Phone: 0430 765 431 Website: www.brooksschoolofdance.com	Fees Apply
Mutuashi Dance—Dance of freedom A dance & musical story telling session with mum & bub encouraging communication & interaction with your child.	Tuesdays 13 August 10 September 8 October 10:00am- 11:00am	Contact: Florence Email: mutuashidance@gmail.com	Cost: \$10.00 per person
Salsa In Motion We teach Beginner Cuban Salsa, intermediate level Cuban Salsa/Rueda & Bachata dance classes for adults. No dance experience or partner required. Free 25min intro session.	Mondays 7:00pm—9:00pm	Contact: Michael Phone: 0430 355 888 Website: www.salsainmotion.com.au Discount Dance cards - prepay 5 Lessons for only \$60	\$15 per class or \$25 for both classes on the night
Natyanjali School of Dance Bharathanatyam the oldest & the most popular of the India's classical dance styles encompassing music, rhythm & expression. Strictly adheres to Natyashastra. No age restrictions.	<b>Fridays</b> 5.30pm—6:30pm	Contact: Anitha Perumal Phone: 0470177937 Email: anititha@yahoo.com	Cost: \$20.00 per hour
Melbourne Yangtze Choir Chinese Choir: singing, dancing, learning English songs & practice for community performances.	Wednesdays 1:00pm—3:00pm Sundays 6:30pm—10:00pm	Contact : Maya Phone: 0452 665 901	Membership Applies
Clubbercise Taught in a darkened room with disco lights & our trademark LED glow sticks, to 90's & new club hits. A fusion of dance, toning & combat moves with high/low impact options for all fitness levels, one class burns around 600 calories. Suitable for 13yrs+.	Thursdays 7pm—8.30pm	Contact: Ashleigh Phone: 0450 000 133 Email: urbanfitnesspt@ymail.com	Cost: \$15 per casual class
Point Cook Social Craft Group  Join local residents Gillian and Christine. Learn a craft or bring along your own. Knitting, crotchet, sewing, drawing, embroidery & enjoy sharing & making new friends.	Wednesdays 9:30am-12:00pm	Contact: 9395 6399 Email: pointcookclc@wyndham.vic.gov.au No bookings required	No Cost
Point Cook Seniors Group  Meet for social interaction & lunch with other seniors from Wyndham.	Fridays 12:00pm—3:00pm	Contact: Beverly Phone: 0417 324 489 or The Centre: 9395 6399 Email: pointcookclc@wyndham.vic.gov.au	No Cost
Craft and Conversation Try your hand at beading, papercraft, ceramics & lots more! Learn new skills as you meet & chat with other crafters. Please note, this program is for adults only	Monthly last <b>Friday</b> 12:00—2:00pm	Contact: Point Cook Library Phone: 9395 7966 Email: ptcooklibrary@wyndham.vic.gov.au  Bookings Required	No Cost

# Pre-Natal Health & Fitness Classes





Come and join us, and other local women just like you for our unique Pre-Natal Health & Fitness classes.

Classes are run by qualified Fitness Professionals and a Midwife with over 25 years experience.

Suitable for women of all fitness levels and all stages of pregnancy.

Where: Point Cook Learning Centre, Community Room 3

When: Tuesday 11.30am

Cost: \$20 Casual, \$15 when purchase 2 or more classes

Positions limited!

Contact to secure your spot:

Cassie: 0434535603 David: 0421284577

	Presented by:	Horizon Health Solutions
HEALTH	& WELLBEING	

HEALTH & WELLBEING	DAY & TIME	INFORMATION	COST
Pre-Natal Health & Fitness Classes Come and join us in a safe, relaxing & encouraging environment around other mum's to be to continue or begin your health and fitness journey. We offer you a place where you can join in with other local mum's. Group classes designed & run by Fitness Professionals & a Midwife with over 25 years experience	Tuesdays 11.30am	Contact David 0421 284 577 Or Cassie 0434 535 603 david@horizonhealthsolutions.com.au  NEW	Fee Apply
South Sudanese Action Group Women's Empowerment Program designed to cover a variety areas including job skills.	<b>Fridays</b> 12:00-2:00pm	Email: SSAGI.PC@gmail.com	No cost
Light Point Church Support Program Provides support to people who are struggling with isolation. Share experiences & encourage people to take a positive approach towards their new journey of hope, healing & wholeness.	Tuesdays 7:30pm—10:00pm (during school term)	Contact: Justine justinetauhinu@gmail.com	No Cost
Point Cook Walking Group Men & women of all ages come join us to discover Point Cook, meet new friends, keep fit & healthy, in a friendly & relaxed environment.	<b>Mondays—Fridays</b> 9:00am	Contact: Beverly Phone: 0417 324 489 Meet at the Point Cook town centre outside the dry cleaners (Coles precinct)	No Cost
Yoga for Seniors A gentle yoga session for seniors.	Thursdays 6:00pm—8:00pm	Contact: Prem Phone: 0430 740 023	No Cost
Fun & Fitness Gentle Exercise A gentle physical activity program suitable for anyone.	Fridays 11:00am—12:00pm	Phone:9395 6399 Email: pointcookclc@wyndham.vic.gov.au	\$6 per session
Kanga training Point Cook A unique dance, cardio & strength training postnatal workout with your baby. Fun & safe, incorporating baby weaning & dance.	Thursdays 9:30am—11:00am	Contact: Belinda Email: belinda.j@kangatraining.com.au Website: https://www.facebook.com/pg/ KangatrainingPointCook	Fees Apply

EDUCATION & TRAINING	DAY & TIME	INFORMATION	COST
LETS SING Learn English through Song A fun way to learn English in this innovative program with George Butrumlis a highly accredited musician	Thursdays 1:00pm-2:30pm	Contact: 9395 6399 Email: pointcookclc@wyndham.vic.gov.au	\$2.00 per session
AMEP: English Classes Providing basic English classes Level 1 & 2 intermediate. for newly arrived residents.	Mondays 9:30am—2:30pm Thursdays & Fridays 9:00am—3:30pm	Contact: Wyndham Community & Education Centre Phone: 9742 4013  School term only - Conditions Apply	Fees Apply
Conversational English	Wednesday 9:30am -11:00am	Contact : Solveig Solveig.f@faithlifechurch.com.au	
Offering mature students the chance to improve understanding & use of English language in an engaging environment & practice English through various activities, games & interactions.	Mondays 10am-11.30am Thursdays 2.20-3.30pm	Contact: 9395 6399 Email: pointcookclc@wyndham.vic.gov.au	No Cost
Language Café Meet people from all over the world while practising your English listening & speaking skills in a fun environment.	Tuesdays & Thursdays 1:00—2:00pm	Contact: Point Cook Library Phone: 9395 7966 Email: ptcooklibrary@wyndham.vic.gov .au	No Cost
Quilting & Patchwork Classes for beginners through to experienced quilters.	Tuesdays 7:00pm—10:00pm	Contact: 9395 6399 Email: pointcookclc@wyndham.vic.gov.au	\$40 per term
Brands & Biz Brands & Biz works with small home based & micro businesses to coach them to run their business & gain financial independence.	Monthly Saturday 12:00pm—2:00pm	Contact: Sudhir Juneja Email: Brandsandbiz@gmail.com	Fees apply
Cake Decorating for beginners Upcoming 10 Week course. Are you creative? Are you looking to learn the skill of Cake decorating? Maybe start your own business!	REGISTER YOUR INTEREST	Courte et Dividade Cana	
So & Sew - Introduction to the textile industry Beginner sewing class: Introduction to basic sewing equipment. Projects include: making a pin cushion, a cushion cover with buttonholes, a sewing roll, a reversible tote bag and mending and alterations	Term 4 Wednesdays 9:30am—12:00pm	Contact: Ph:9395 6399 Email: pointcookclc@wyndham.vic.gov.au OR enquiries@wyndhamcec.org.au  Booking Essential	Cost: \$40 full fee
Next Stich—Intermediate sewing course Using sewing patterns. Projects include: making a zippered pouch, drawstring pants, a hooded jacket with front zip pockets using stretch fabric, making a girl's summer dress and a boy's shirt.	Term 4 Wednesdays 12:30pm—3:00pm	Delivered by Wyndham Community & Education Centre	\$25.00 Concession
All Sewn Up - Advanced sewing class Using both standard and invisible zippers and using stretch fabric. Projects include: a shirt with collar and sleeves, planning and making a project of students' choice.	Term 4 Tuesdays 9:30am—12:00pm	Sewing machines are provided.	
Introduction to Bookkeeping Designed for people starting their own business or who want to broaden their knowledge of business finance or improve their job opportunities.  Chart of Accounts, Posting Journals to General Ledger, Trial balance & Balance Sheet Profit & Loss Statement, Sales & Sales Returns Journals, Purchases & Returns Journals, Subsidiary Ledgers, Bank Reconciliation, Cash Receipts & Payment Journals	Term 4 Tuesdays 6:00pm—9:00pm 8 October - 10 December  Bookings essential	This course is held at  Jamieson Way Community Centre 59 Jamieson Way, Point Cook Phone: 9395 6399  Email: pointcookclc@wyndham.vic.gov.au Or 9395 3777 admin@jamiesonwaycc.org.au Delivered by Wyndham Community & Education Centre	Cost: \$40 full fee \$25 Concession \$37 study resource

EDUCATION & TRAINING	DAY & TIME	INFORMATION	COST
Beginners Computer Class  Do you have little or no experience with Computers?  Our Beginners Computer class covers the basics and will help you feel more confident using the keyboard and mouse, navigating the internet, searching Google and sending emails.	1.00-3.00pm <b>Wednesdays</b> 24 July 5 weeks	Contact: Point Cook Library Phone: 9395 7966 Email: ptcooklibrary@wyndham.vic.gov.au	No Cost
<ul> <li>Digital Literacy—The First Steps</li> <li>Designed for beginners:         <ul> <li>Using the mouse</li> </ul> </li> <li>Single, double &amp; triple left click, right click &amp; scrolling.</li> <li>Touch typing &amp; using the keyboard correctly.</li> <li>Typing documents &amp; formatting them.</li> <li>Emails – Sending, opening &amp; sending attachments, replying &amp; forwarding.</li> <li>Internet searching using google search, images, videos, maps, books, news, translate &amp; scholar</li> <li>Using accessories – Calculator, Sticky Notes, On-Screen Keyboard &amp; Paint.</li> </ul>	Term 4 Tuesdays 12:00pm- 3:00pm	Booking Essential	
<ul> <li>Digital Literacy—Advanced</li> <li>Microsoft Outlook</li> <li>Mail merge, Track changes</li> <li>Publisher, calendars, greeting cards &amp; publications, Document Password</li> <li>Google drive, docs, sheets &amp; slides</li> <li>Create Tabs, saving templates</li> </ul>	Term 4 Tuesdays 12:00pm—3:00pm	These courses run at the  Point Cook Community Learning Centre Phone: 9395 6399	Cost: \$40 full fee \$25 concession
Digital Literacy— Advanced Excel Course designed for those who already know the basics of Excel and who want to consolidate and extend their skills and knowledge. It covers  Spreadsheet design Formatting Clipboard pane Formulae auditing Concatenate function Charts Using multiple spreadsheets using cell protection importing and exporting data	Term 4 Saturdays 9:00am—12:00pm	Email: pointcookclc@wyndham.vic.gov.au OR enquiries@wyndhamcec.org.au  Delivered by Wyndham Community & Education Centre	
MYOB Practical hands on course designed to teach computerised accounted package MYOB  Creating a new data file, Chart of accounts  Entering Sales & Purchases  Making & receiving payments  Bank reconciliation, Creating inventory  Creating Card Files, Payroll Module  Business Activity Statement (BAS)  Backing up & restoring files	Term 4 Saturdays 9:00am—12:00pm		Cost: \$40 full fee \$25 Concession \$65 study resources

Council is committed to our partnership with the Wyndham Community & Education Centre & Jamieson Way Community Centre to continue to bring "Learn Local", low cost and affordable programs to Point Cook & across Wyndham









CULTURAL, COMMUNITY GROUPS & FAITH GROUP	DAY & TIME	INFORMATION	COST
Western Gymkhana Club Inc Provides a sense of social Intrough regular social, recreational, cultural, networking development opportunities.  Games  3rd & 4th Friday of the Month 7:3  Hindi Poetry:  3rd Saturday of the month 7:0		Contact: Sudhir Email: western.gymkhana@gmail.com	Membership Applies
Recreation & Social:  1st Saturday of the Month 6:0	00pm—11:00pm		
Indian Baazar Indian Community market with Indian clothing, jewellery, home décor and much more.	Saturday 10 Aug 5:00pm—9:00pm	Contact: Shwetali Sawant Email: shwetali.sawant@gmail.com	Fees Apply
Connecting Cultures Program  This program is about building a socially and culturally cohesive community. This program runs for 6 sessions and topics include learning about different cultures, breaking down stereotypes and bridging the gaps.  Bookings essential  This program is supported by U-Learn, Co-local and Wyndham City Council	Monthly 1st Wednesday of the month May to October 7:00pm—9:00pm	Contact: Mehak Phone: 0424 635 722 Bookings: www.ulearn.org.au/programs	No Cost
Sewa International Indian wellness seniors group aimed at encouraging independence through yoga & social interaction.	Monthly 3rd Saturday 12:30pm—3:00pm	Contact: Prem Phone: 0430 740 023 Email: prem@live.com.au	No Cost
Point Cook Chinese Friendship Association Encourages seniors to participate in indoor sports, art, singing, entertainment & cultural discussions.	Tuesdays 1:00pm—4:00pm	Contact: Michael Email: mctan@tpg.com.au	Fees Apply
Wyndham Chinese Cultural Promotion Activities around promoting Chinese culture in a multicultural community designed to help migrant seniors settle & connect with fellow Chinese seniors. Activities include art & craft, calligraphy, music, Tai-chi & other social activities.	<b>Mondays</b> 9:30am—4:00pm	Contact: Zhang Hon Wong Email: wazho41@hotmail.com	Cost: \$20 per annum
United Muslim Residents Association  A Muslim based faith group that meet weekly for their Friday prayers.	Fridays 1:00pm—3:00pm	Contact: Mozammel Phone: 0403 566 165 Email: Info@umra.org.au	No Cost
Gateway Christian Church A Pentecostal with members made up of many nationalities that meet to worship God. We also have children's church and young adults programmes.	<b>Sundays</b> 9:00am—1:00pm	Contact: Peter Phone: 0406 218 554	No Cost
Kingdom Destiny Christian church that meets to praise & worship God to share His Word. Children's church included. Supports the community by providing pro bono migration services, community English classes, academic tuition (for low income families only), guitar lessons, praise dance classes, cooking demonstrations & other sports activities. Dinner/meals are usually served after the Sunday church service.  Free tea & coffee from 3.45 pm.	Fridays 8:00pm—10:00pm 1st, 3rd, 4th and 5th (each month)  Sundays 3:00pm—7:00pm  Karaoke Saturdays 6pm—9pm 13 July 2019 All Welcome	Contact: Pastor Joe Email: joelim@kingdomdestiny.org.au	No Cost

# YOUR COUNCIL CLOSE TO HOME

Did you know a range of council transactions are available @ Point Cook Community Learning

Centre? You can now make

- Council payments
- Kinder enquiries
- Pet registrations

Monday to Friday 9am—5pm



#### **Town Planning - Give advice & information**

The planning permit process, liquor licence queries, when a planning permit is required, viewing advertising plans on line, relevant Wyndham Planning Scheme queries.

# **Building Approvals - Give advice & information**

The building permit process, when a building permit is required, relevant building codes, standards, forms and agencies.

#### **Economic Growth**

Provide information about services and assistance provided by Wyndham City for businesses, as well as other government support for new businesses.

Point Cook Community Learning Centre

1: 9395 6399

⊠: pointcookclc@wyndham.vic.gov.au

Wednesdays 8am—12pm

To book an app ①: 9742 0788 or

# **UPCOMING TRAINING OPPORTUNITIES FOR SMALL BUSINESS**

Expand your mind, learn new skills and meet new people through the regular classes, workshops and training available. Each year Wyndham Council provides business training and events for the local business community.

Almost all events are free and are held at the Wyndham City Council's Civic Centre at 45 Princess Highway, Werribee.

# Social media & digital marketing training for small business

If you're running a small business with less than 20 employees, you're eligible for the Australian Small Business Advisory Services (ASBAS) Digital Solutions program. The program offers low-cost, high quality digital advisory services to small businesses and is available in Wyndham.

For a single payment of \$55 you can attend up to 8 workshops about social media and digital marketing plus access two hours of one-on-one mentoring. The evening sessions will be held at the Wyndham Civic Centre in May (social media) and October (digital marketing).

# For more information:

Contact: Economic Growth Unit at Wyndham Council

Phone: 9742 0788

Web: www.wyndham.vic.gov.au/businesstraining

Email: business@wyndham.vic.gov.au





National Tree Day is a call to action for all Australians to put their hands in the earth and give back to their community. Come along and plant some trees with us. It's a great day to venture outdoors, get to know your community, and most importantly, to have fun! A BBQ will be provided with Halal and Vegetarian options.

# 28 July 2019, 10am - 1pm

The floodway reserve next to 101 Bellbridge Drive, Hoppers Crossing

For more information about National Tree Day and to register for the day. visit: https://treeday.planetark.org/

We also have 500 trees to give away to Wyndham Residents! For more information on the Free Tree Giveaway, visit: www.wyndham.vic.gov.au/freetreegiveaway

# August 2019

#### **Running Successful Committee Meetings** Wednesday 14th August 2019, 6.30pm to 9.30pm

This session will assist you to have productive meetings where everyone feels like they have contributed, achieved the tasks required, want to return again and importantly, be willing to recommend people they know to join too.

#### **Food Handling Basics**

#### Tuesday 27th August 2019, 9.30am to 11.30am

Are you an individual or a member of a sporting club or community group? This information session will provide you with a basic understanding of the requirements of the Food Act 1984 and safe food handling for a community fete, canteen, sausage sizzle, market or public event. Please note this is not accredited training.

### September 2019

#### **Community Grants**

#### Monday 2nd September 2019, 6.30pm to 9.30pm

Learn about what grants are available and how to apply. Build your grant writing skills while gaining insights and developing strategies on how to secure funding for your project or event.

## **Committee Roles and Responsibilities**

Thursday 12th September 2019, 6.30pm to 9.30pm

Do you really know what your role is on the committee? Do you know what should be in place to make the committee function successfully? This interactive workshop will help your group understand the responsibilities of the committee and what accountabilities are relevant for each committee



# Volunteer mentors needed

"I am very grateful for the many hours my mentor, Peter, has put in to teach me how to drive safely and well. I appreciate his support to achieve a big goal in my life -

getting a licence!" Julia - L2P Learner

To become a volunteer driving mentor you must:

- Hold a current Victorian driver licence

Attend training to prepare you for the role

- Be interested in helping young people who do not have access to a supervising driver

- Commit to helping them to become safe drivers and

increase their ability to seek employment and opportunity

Commit to supervising one driving session per week

Mentors will be provided with a car, petrol, insurance, training and support.

To find out more please contact the **L2P Program Officer**:

















