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| **HOW TO GET MEDICARE REBATES FOR SEEING THERAPISTS** **(such as Speech Therapists & Occupational Therapists)** |

1. **CHRONIC DISEASE MANAGEMENT PLAN (formerly known as an Enhanced Primary Care Plan)**

* Medicare rebate for a maximum of five allied health services per patient each calendar year from eligible providers. Additional services are not possible in any circumstances.
* A patient must have a GP Management Plan (GPMP)
* Your GP will decide whether you would benefit from these services and, if so, will refer you for appropriate allied health services.
* Allied health services must be provided by eligible providers who are registered with Medicare Australia.

1. **MENTAL HEALTH TREATMENT PLAN**

* Medicare rebates are available for up to 10 allied mental health services per calendar year to patients with an assessed mental disorder under the Better Access initiative.
* Must be referred by a GP managing the patient under a GP Mental Health Treatment Plan.
* Allied mental health services under this initiative include psychological assessment and therapy services provided by clinical psychologists.

**HOW DO I GET ONE OF THESE PLANS?**

* You need to visit your GP and ask the Doctor to complete a Chronic Disease Management Plan or a Mental Health Treatment Plan. You may need to book an extended consultation. To support your request, ensure your GP is aware that your child has **ongoing**difficulties.
* Your GP will then complete the required paperwork, which includes the referral to the allied health professional (i.e. speech pathologist, psychologist, physiotherapist, audiologist or occupational therapist). You can request a particular allied health professional if you have found one you want to use.

**WHAT HAPPENS NEXT?**

* Contact the allied health professional to make an appointment and say you will be using a Chronic Disease Management Plan or a Mental Health Treatment Plan.
* When you make your first appointment with the therapist, take your referral form from the GP with you.
* When you pay for the service you must receive a receipt which includes the therapist’s name and provider number as well as details of the referring GP.
* You can submit this to Medicare to receive the rebate.
* NOTE: You will need to register your bank details to receive a rebate from Medicare.