

THE BUZZ @



Term 4, 2018

Penrose Promenade Community Centre



TARNEIT NIGHT MARKET



The Tarneit Night Market Returns! Stall holders & performers wanted!

Look forward to an exciting summer night out with your friends and neighbours at Penrose Community Centre's second Tarneit Night Market on Friday the 14th of December.

The December Tarneit Night Market will showcase the best Tarneit has to offer, with plenty of talented local entertainers, diverse handmade crafts, and food from all over the globe.

Rediscover your neighbourhood with a night of fun, food and entertainment for adults and kids alike!

Get involved

Would you like to bring an aspect of your culture to the Tarneit Night Market? Expressions of Interest for stallholders, food vendors and entertainers are open until 13 November. Those offering all things local, handmade and culturally diverse are encouraged to apply.

Expression of Interest Form

Holding a stall at the Tarneit Night Market will be free, and stalls and food trucks must be self-contained as no water or power will be provided on-site.

To place an Expression of Interest, visit:

<https://www.wyndham.vic.gov.au/form/tarneit-night-market-expression2>



Wyndham Council acknowledges the Woiwurrung and Boonwurrung peoples of the Kulin Nation as the Traditional Owners of the land on which Penrose Community Centre is built.

Programs and Activities

EARLY YEARS	DAY & TIME	INFORMATION	COST
First Time Parents Group Meet friendly local families to talk about your kids and have fun! Come along to share experiences, find advice, give support and make new friends.	Mondays 1.30pm-3.30pm	Website: www.wyndham.vic.gov.au select 'Maternal & Child Health Services' Ph: 9742 8148	No cost
Pram Walking and Baby Play Sessions An informal catch-up for families with babies under 12 months.	Thursdays 10am-12pm Walk-in	Ph: 8734 5478	No cost
Penrose Hub Playgroup This structured playgroup will give you and your child (0-4yrs) the opportunity to actively participate in a stimulating variety of activities. All backgrounds warmly welcomed	Tuesdays 11.00am—1.00pm	Contact: Penrose Promenade CC Ph: 8734 4500 Email: penrosepromenadecc@wyndham.vic.gov.au	\$25/term
Penrose Pacific Playgroup Afternoon gathering of parents, grandparents and young children from 0-4 years to share child rearing practices of Islanders and other communities.	Wednesdays 11:00am—1:00pm	Contact: Penrose Promenade CC Ph: 8734 4500 Email: penrosepromenadecc@wyndham.vic.gov.au	\$25/term
Playtime @ Penrose Due to popular demand Penrose is pleased to introduce a new morning Playgroup for parents and children (0-4) to socialise and play.	Tuesdays 9.30am—11.00am	Contact: Penrose Promenade CC Ph: 8734 4500 Email: penrosepromenadecc@wyndham.vic.gov.au	\$25/term
3+ Activity Group (Provided by The Grange Community Centre) Activity Group is a day care style educational program delivered by professionally trained staff, offering a wide range of hands-on activities for children of pre-kinder age.	Mondays and Fridays 9am-12pm	Contact: The Grange Community Centre enquiries@grangecommunity.org.au Ph: 8742 8000 *Limited spots	\$260/term + \$50 for enrolment
Life's Little Treasures Parent support group for families who are caring for or have had a child born prematurely.	3rd Tuesday of the month 9:30am—11:30am	Contact : Sarah 0431 647 871	No cost
Penrose Vietnamese Playgroup Afternoon gathering of parents, grandparents and young children from 0-4 years to share child rearing practices of Vietnamese community.	Wednesdays 1:00pm—3:00pm	Contact: Penrose Promenade CC Ph: 8734 4500 Email: penrosepromenadecc@wyndham.vic.gov.au	\$30/term

WELLBEING & FITNESS	DAY & TIME	INFORMATION	COST
Penrose Walking Group Join 'Team Walkabout' a Heart Foundation group that take a gentle walk around the local area. Bring your walking shoes & water bottle!	Wednesdays 9:30am Thursdays 7:00pm	Contact: Douglas-John Ph: 0432 741 940	No cost
Art of Living Stretch, Breathe and Meditate. Yoga, Breathing, and Meditation classes. Please bring a yoga mat & cushion if you wish to sit on the floor.	Sundays 7:30am—10am	Contact: Rohit Ph: 0423 531 787 Email: rohit@artofliving.org.au www.artofliving.org	\$5
Twins Martial Arts Traditional Shotokan Karate for children 4-15yrs. Classes are taught by qualified NCAS Dojo Coaches, holding Senior First Aid and Working with Children Checks.	Thursdays 4:30pm— 7:00pm	Contact: Sensei Lay or Ken Ph: 0416 333 113 Email: info@twinsmartialarts.com.au Website: www.twinsmartialarts.com.au www.facebook.com/twinsmartialarts	Fees apply

Programs and Activities

EDUCATION & TRAINING	DAY & TIME	INFORMATION	COST
<p>Homework Club Tarneit (Delivered by Edmund Rice Community & Refugee Services)</p> <p>Local school students are mentored by Volunteer tutors and learn healthy study habits. There are fun art activities, fresh fruit & snacks, excursions & camps during school holidays.</p>	<p>Mondays (Primary) 4:00pm—5:30pm</p> <p>Tuesdays (Primary) 3:30pm—5:00pm</p> <p>Thursday (Secondary) 3:30pm—5:00pm</p>	<p>Contact: Gudrun, Secondary School Ph: 0405 901 931 Email: programercrs@edmundrice.org</p>	FREE for eligible students
<p>Sunshine Arabic School</p> <p>Teaching primary school aged children Arabic language and social responsibility from the Islamic perspective.</p>	<p>Thursdays 5:00-7:00pm</p>	<p>Contact: Muna Ph: 0406 635 425 Email: safiassly@hotmail.com</p>	Fees apply
<p>Kids Concepts Australia</p> <p>Offers unique skill development courses for children 4-16yrs improving ability to learn, memorise, and calculate. Course ranges from Abacus, Vedic Maths, Rubik Cube, Handwriting, Calligraphy etc.</p>	<p>Thursdays 5:00-7:30pm</p>	<p>Contact: Keerti Hosur Ph: 0413 949 831 Email: info@kidsconceptsaus.com</p>	Fees Apply
<p>Lynn's Learning</p> <p>After-school math and English tuition for students in kinder to year 10.</p>	<p>Fridays 4:00-6:00pm</p> <p>Saturdays 9.30—12pm</p>	<p>Contact: Hiral Ph: 0423 725 825 Email: hiral.sanghvi1@gmail.com</p>	Fees apply
<p>Abacus 4 Kids</p> <p>Advanced abacus lessons for kids from 4-12yrs. Enjoy the fun way to learn math using this powerful ancient tool. Book for your free trial lesson today!</p>	<p>Monday 4:00-7:00pm</p> <p>Tuesday 4.30-7.30pm</p> <p>Wed 4.30-7.30pm</p> <p>Friday 5:00-6:30pm</p> <p>Sat 9:00-12:00pm</p>	<p>Contact: Jaslyn Ph: 0406 946 069 Email: abacus4kids@gmail.com</p>	Fees apply
<p>Global Art</p> <p>Art, drawing & craft classes for kids 3-12 yrs. Our courses are designed to be the one-stop shop to develop your Drawing, Painting, Colouring, Composition and Craft-making abilities.</p>	<p>Sundays 9:00am—10:00am</p> <p>2:00pm-3.30pm</p>	<p>Contact: Edmund Ph: 0432 513 344 Email: Edmund@globalartaustralia.com.au</p>	Fees Apply
<p>Brainworks</p> <p>Scholarship exam preparation for years 3-8 Selective entry exam preparation for years 3-10 Foundational English and Math programs for years 2-10</p>	<p>Wednesday 4:30pm—6pm</p>	<p>Contact: Pooja Ph: 0419 777 498 Email: Werribee@brainworks.com.au</p>	Fees Apply

New

Does your child need assistance with Maths and English? At Brainworks we assess, create an individual plan and support learning for children from years 2 – 10. Scholarship and selective entry exam prep is also available. Meeting the needs of students builds confidence and creates great outcomes.



Brainworks Scholarship Preparation



Programs and Activities

RECREATION & LEISURE	DAY & TIME	INFORMATION	COST
Kids Bhangra Dance 5-15yr olds will be shrugging their shoulders & tapping their feet as they learn North Indian style dance, full of energy, culture and beats!	Wednesdays 6:15-7:00pm	Contact: Ambhar Ph: 0430 762 899 Ambhar.khanna@outlook.com 12 weeks \$110, 6 weeks \$55	Fees Apply \$10/class
Curtain Call Dance Academy Beginners Ballet classes for children aged 2-12 years.	Saturdays 10.30am-1.30pm	Contact: Taylah Ph: 0421 720 932 www.curtaincalldance.com.au Email info@curtaincalldance.com.au	Fees apply
KC Dance Depot Jazz, Tap, Hip-Hop and Ballet dance classes for adults and kids. Classes are organised per age group.	Monday 6:00pm—7:30pm Tuesday 5:00pm-6:00pm	Contact: Kendrie Ph: 0403 682 530 Email: thekcdancedepot@live.com.au	Fees apply
Kangatraining A post natal workout focussed on re-strengthening the pelvic floor and abdominal muscles after pregnancy.	Wednesdays 10:15am—11.30am	Contact: Tracy Ph: 0437 018 622 Email: tracy@kangatraining.com.au Website: www.kangatraining.info/country/au	Fees Apply

SENIORS	DAY & TIME	INFORMATION	COST
Sri Lankan Planned Activity Group (Delivered by Migrant Resource Centre) Are you aged 65+ and looking to spend some quality time with other Sri Lankans over a cooked lunch and a game of Rummi tiles?	Fridays 10:00am-3:00pm	Contact: Zeinab Ph: 9367 6044	\$7
Ladies Club 60 Social gathering for local ladies of Indian origin. Make new friends and enjoy a cup of tea and a chat.	Thursdays 12:30pm-2:30pm	Contact: Nina Ph: 0488 251 459	No cost
Tarneit Harmony Club Join other Punjabi speaking retirees in a friendly game of cards, share some sweets and a cup of tea.	Tuesdays and Fridays 1:00-3:00	Contact: Rashpal Ph: 0402 010 016 Email: rashpal.chaggar@gmail.com	No cost
Tarneit Bharatiy Club Older Gujarati speakers will feel right at home in this relaxed social get-together.	Tuesdays & Fridays 11:30am -1:00pm	Contact: Bharat Ph: 0423 018 458 Email:bgnihalani9@gmail.com	No cost



CELEBRATE SENIORS FESTIVAL 2018 @ PENROSE!

Indian Cooking Session for Different Communities

Monday 22 October
 10.30am - 12.30pm
 Penrose Promenade Community Centre
 83 Penrose Promenade, Tarneit

RSVP
 Nina 0488 251 459 or
ladiesclub60@gmail.com

LADIES
Club 60

**Victorian
Seniors
Festival**

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Programs and Activities

FAITH, CULTURAL , SUPPORT & COMMUNITY GROUPS	DAY & TIME	INFORMATION	COST
Australian Malay Foundation Provide Malay cultural awareness, youth development, social welfare, and assistance.	Saturdays 2:00pm-6:00pm	Contact: Salem Ph: 0403 287 479 Email: salimsalikin@gmail.com	No cost
Sri Lankan Foundation of Werribee Informal weekly community group gatherings. Attendance is open to all members.	First Friday of each month 7:00pm-10:00pm	Contact: Kenneth Ph 0430 862 312 Email: secretary@slcfow.com.au Website: www.slcflow.com.au	Fees Apply
Assembly of God Church of Samoa A dynamic Church Service for all the family.	Sundays 10:00am-2:00pm	Contact: Tui Ph: 0421 007 448	No Cost
Tarneit Sathya Sai Sai Bhajans are invited to experience spiritual advancement through devotional singing.	First & Third Thursday 7:00pm-9:00pm	Contact: Rajan Babu Ph: 0434 054 347	No Cost
Pentecostal Apostolic Faith Church Small group Bible study sessions.	Mondays 7:00pm- 9:00pm	Contact : Derick Ph: 0413 299 665	No Cost
Pakistani Women's Support Group (delivered by Mental Health Foundation Victoria) A facilitated support group specially designed for Pakistani and Indian women living in the west. Increase social interaction and win the war of isolation by enhancing your skills and feeling empowered.	1st Monday of the month 11:30am—1:30pm	Contact : Aisha Usman Ph: 03 9826 1422 Aisha.usman@mhfa.org.au	No Cost
Women's Oromo Network An informal volunteer facilitated activity, where participants share a meal, discuss personal challenges, share information about local services, and help one another to their best selves.	Mondays Fortnightly 10:00am-12:30pm	Contact: Penrose Promenade CC Ph: 8734 4500 Email: penrosepromenadecc@wyndham.vic.gov.au	No Cost



Ladies Club 60 celebrated Ganesh Chaturthi (also known as Vinayaka Chaturthi) on the Thursday the 13th of September. This Hindu event is one of the most anticipated and lively festivals in India. It is a ten-day festival that celebrates the birth of Ganesh, an elephant-headed God. The ladies at Club 60 put on an amazing meal for all to share.

Programs and Activities

FAITH, CULTURAL , SUPPORT & COMMUNITY GROUPS	DAY & TIME	INFORMATION	COST
Indian Women’s Support Group (delivered by Mental Health Foundation Victoria) A facilitated support group, specially designed for Indian women living in the west who face feeling of loneliness or stress. Talk to others about relationships, finances, housing and life’s challenges.	3rd Monday of the month 11:30am—1:30pm	Contact : Aisha Usman Ph: 03 9826 1422 Aisha.usman@mhfa.org.au	No cost
Hindhu Dharma Promotion of Hindu spirituality and culture, including yoga practice, drumming and meditation.	Last Sunday of the month 6:00-9:00pm Plus weekly drum lessons	Contact: Jay Ph: 0478 815 256	No Cost
Sree Narayana Mission Melbourne Adherents of Guru Sree Narayana meet for prayer and a shared meal.	First Saturday of the month 6:00pm—9:00pm	Contact: Shija Ph: 0402 778 912	Fees apply
Sathya Sai Organisation Global spiritual movement promoting the practice of human values such as love, truth, peace, right conduct and non-violence. It is a multi-faith organisation drawing people from all walks of life.	First and third Thursday of every month 7:30-8:30pm	Contact: Rajan Babu Ph: 0434 054 347	
Friendship Café A relaxed social get-together for people of all backgrounds who are interested in sharing different passions and cultures. A rotation of participant volunteers will lead an activity each month.	Last Monday of the month 11.00am—1.00pm	Contact: Penrose Team Ph: 8734 4500 Email penroseprome-nadecc@wyndham.vic.gov.au	No Cost

CHILDREN’S WEEK PICNIC

The annual Children’s Week Picnic is back for the 18th year, and will be held on Sunday 28th October at Werribee Park.

This FREE community event is open and accessible to all and is a fun family friendly day out full of entertainment, interactive arts experiences, sporting activities, music, dancing and good times!

There will also be food trucks and roving entertainers. Look out for a giant giraffe and elephant—did they escape from the Werribee Zoo to join in on the fun?

We hope that you can join us for a great fun day out at the Children’s Week Picnic.

