

# Central Park Community Centre

## Programs and Activities

Term 3 2018

CULTURAL & CHURCH GROUPS	DAY/ TIME	INFORMATION	COST
<b>SEED Christian Fellowship</b> Worship service, prayer, Outreach Ministry, Children Ministry and Bible studies.	Saturdays 4pm – 6pm	Contact: Johnson Kadappilaril Ph: 0432 800 092 Email: <a href="mailto:Johnson.kadappilaril@gmail.com.au">Johnson.kadappilaril@gmail.com.au</a>	
<b>Advance Church</b> <b>Worship Team:</b> reaching the community & beyond through praise & worship. <b>Youth:</b> reaching young people in the community & beyond & connect with church vision.	Fridays 6pm – 9pm	Contact: Faye Finau Puaka Ph: 0404 754 913	
<b>Hararian Organisation Inc.</b> Educational programs teaching Ethiopian youth on social, health and cultural issues.	2nd Saturday of every month 5pm – 9:30pm	Contact: Abdul Ibrahim Ph: 0424 512 379 Email: <a href="mailto:hararian_org@hotmail.com">hararian_org@hotmail.com</a>	
<b>IMAN Australia Inc.</b> Education and support sessions held weekly to assist community members to live harmoniously within a multicultural society.	Sundays 10am – 12pm	Contact: Musthafa Muhajireen Ph: 0431 186 251 Email: <a href="mailto:muhajireen@gmail.com">muhajireen@gmail.com</a>	
<b>Mount Carmel Church of Aust Inc</b> Burmese & English speaking Church offering support to the Burmese community & youth. Looking forward to connecting with you.	Sundays 1pm – 4.30pm	Contact: Pastor Tan Zaw Ph: 0412 753 982	
<b>Samoan Methodist Church</b> This is a place for Christian worship and youth activities.	Sundays, weekly 12pm – 4pm	Contact: Siaki Haini Ph: 9367 8705	
<b>Sathya Sai Organisation of Australia and PNG</b> This group promotes harmony values and education with devotional singing and planning for community services.	Thursdays 7pm – 9pm	Contact: Jaidev Dorai Email: <a href="mailto:spazhannur@gmail.com">spazhannur@gmail.com</a>	
<b>Shree Laxminarayan Satsang Dev Mandal</b> Teaches values of life, spiritual activities, kids learning activities - language classes, paintings etc.	Sundays 4:30pm – 7:30pm	Contact: Chetan Patel Ph: 0430 538 985	
EDUCATION & TRAINING	DAY/ TIME	INFORMATION	COST
<b>Ames Australia</b> English classes for newly arrived migrants and refugees, includes introduction to the community and services.	Wednesdays & Thursdays 9:30am – 2:30pm	Contact: Werribee AMES Ph: 8744 0011	Fees apply
<b>UCMAS (Abacus Math Class)</b> Promotes whole brain development using an innovative mental Math program utilizing the Abacus as a teaching tool. Ages 4-13 years learn skills that are crucial to success in all areas of study and daily life.	Saturdays Weekly 10:00am to 12.00pm <b>**Come in for a free trial class**</b>	Contact: Sravanthi Ph: 0470 155 203 or 1800 202 230 Email: <a href="mailto:info.pointcook@ucmas.com.au">info.pointcook@ucmas.com.au</a>	Fees Apply
<b>Werribee Community &amp; Education Centre</b> English Classes for the Adult Migrant Education Program	Mon, Tues, Fri & Sat 9am – 3.00pm	Contact: Wyndham Community & Education Centre Ph: 9742 4013	Fees apply
SUPPORT GROUPS	DAY/ TIME	INFORMATION	COST
<b>Health Awareness Driver's Education</b> Accredited VicRoads Behavioural Change Program.	Mondays (Contact for dates) 5.30pm – 9pm	Contact: Lena Reid Ph: 9654 3321 Email: <a href="mailto:awarenes@hotmail.net.au">awarenes@hotmail.net.au</a>	
<b>Smart Recovery Wyndham</b> This is a self-help, mutual aid program offering peer support in examining and managing problematic and addictive behaviours. Participation is anonymous and free	Tuesday Weekly 10:15am-11:45am	Contact: Melissa O'Shea Ph: 0401 710 740 Email: <a href="mailto:meloshea512@gmail.com">meloshea512@gmail.com</a>	No Cost
<b>Vietnam Veterans</b> This is welfare service provided for Veterans and their family members.	Wednesdays 9am – 3pm	Contact: Ray Matthew Ph: 0400 107 130 Email: <a href="mailto:secretary.melbournwest@vvaavic.org.au">secretary.melbournwest@vvaavic.org.au</a>	
RECREATION & LEISURE	DAY/ TIME	INFORMATION	COST
<b>e. motion21</b> This is an innovative dance and fitness program for children and young adults with Down syndrome. Through performance-based activities and community engagement, e. motion21 aims to enhance lives for people with Down syndrome and change perceptions of Down syndrome within society	Thursday 5:00pm – 6.30pm	Contact: Elyse Ph: 9854 7100 Email: <a href="mailto:info@emotion21.org.au">info@emotion21.org.au</a>	
<b>The Jungle Body with Annalie</b> KONGA® is an addictive, easy to follow, high intensity fusion of Boxing, Cardio, Dance & Sculpting to the hottest Hip-Hop, Pop, Dancehall & RnB beats.	Mondays & Thursdays @7pm <b>**First class is FREE**</b>	Contact: Annalie Ph: 0466 274 581 Email: <a href="mailto:info@romanandannalie.com">info@romanandannalie.com</a>	Casual Class \$12pp
<b>Australian Air League</b> For boys & girls with a passion for aviation, fun & adventure. Cadets 8–18 years, Spitfires 6–7 years if that sounds like you - we'd love to hear from you!	Wednesdays 6:00pm – 9:00pm	Contact: Michael Spaul Ph: 0413 166 614	Fees apply
<b>Flaming 50's – Rock n Roll Classes</b> Rock n Roll dance classes open to all who want to learn how to dance, exercise, form new friendships and enjoy rock and roll dancing.	Tuesdays 7pm – 9:30pm	Contact: Miriam Beasley Ph: 0409 183 620 Email: <a href="mailto:flaming50s@optusnet.com.au">flaming50s@optusnet.com.au</a>	Small cost

Central Park Community Centre

Address: 80 Lonsdale Circuit, HOPPERS CROSSING VIC 3030

Ph: 9742 0817 or 9742 0817

Email: [halls@wyndham.vic.gov.au](mailto:halls@wyndham.vic.gov.au)

<b>Salsa In Motion</b> Learn to dance Salsa! All adult ages, no partner needed. Meet new people, have fun! Free 15 mins tryout!	Mondays 7pm – 9pm	Contact: Michael Ph: 0430 355 888 Email: info@salsainmotion.com.au	Fees Apply
<b>Vovinam Martial Arts Association</b> Provides Martial Arts and self-defence training for ages 8 to adult.	Sundays 4pm – 7pm	Contact: Phong Tran Nguyen Ph: 0403 165 589 Email: phongtran7491@optusnet.com.au	
<b>Werribee Community Singers</b> This is a senior group that meets weekly to practise singing, occasionally attending nursing homes to entertain the elderly.	Wednesdays 6:30pm – 10pm	Contact: Helen Gunn Ph: 0407 493 065 Email: gunn_adoo@hotmail.com	
<b>Wyndham Gentle Exercise Group</b> Gentle exercise programs with social activities that provide and maintain mobility for men and women over 55 years.	Wednesdays 9.30am – 1pm	Contact: Shirley Hewitt Ph: 9734 7722 Email: shirleyhewitt@optusnet.com.au	
<b>CLUBS &amp; ASSOCIATIONS</b>	<b>DAY/ TIME</b>	<b>INFORMATION</b>	<b>COST</b>
<b>Greek Elderly Citizens Club</b> This club provides companionship and moral support to Greek seniors over 55 years. This support group comes together to meet and share a meal, socialise, play sport and attend organised outings.	Thursdays 9am – 1.30pm	Contact: Mimi Charisiades Ph: 9749 5985	
<b>Hoppers Crossing Senior Citizens</b> Senior community over 55 years get together for social activities including bingo, cards, outings and bus trips.	Mondays & Thursdays 10am – 2pm	Contact: Joy Summers Ph: 0413 411 561 Email: hoppersseniors@gmail.com	
<b>Macedonian Community Welfare Association</b> This is an opportunity to come and socialise with other Macedonian people in the community to overcome social isolation.	Tuesdays 9am – 2:30pm	Contact: Blaga Petreska Ph: 0404 021 097 Email: blaga@mcwa.org.au	
<b>Werribee Craft Group</b> Social gatherings for women over 55 years to meet to create handmade cards while enjoying light refreshments	3rd Sunday of every month 12pm – 5pm	Contact: Kathleen Senior Ph: 0409 382 593/9749 2883 Email: colinankathy@bigpond.com	
<b>Werribee Dutch Seniors</b> Dutch seniors over 55 years support group coming to share a meal, socialise, play cards and attend organised outings.	Fridays 10am – 4.00pm	Contact: Connie Fawcett Ph: 9748 6731 Email: rfawcett@bigpond.net.au or fawcett.nod@gmail.com	
<b>Wyndham Sew &amp; So's</b> Social gatherings for women over 55 years meet to create handmade charity quilts.	Fridays 9am – 1pm	Contact: Annie Scicluna Ph: 0407 327 280 Email: coup33@optusnet.com.au	

#### About Central Park Community Centre

Central Park Community Centre provides community spaces for classes, functions, meetings, recreation activities and events. Our facilities include community rooms, kitchens, and a BBQ area.

We encourage local groups, training organisations, service organisations, support and social groups and those looking for meeting space to make contact with us and come down to view the facility to see what is available for hire or alternatively view the virtual tour.

**Feedback** We welcome your suggestions and feedback as community members play an important part in program development.

#### Contacts

For more information, to advertise your program or to give us your feedback, please contact the Civic Centre at:

**Phone:** 9742 0867 / 9742 0817

**Email:** [halls@wyndham.vic.gov.au](mailto:halls@wyndham.vic.gov.au)

**Name of Community Centre:** Central Park Community Centre

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Email: [halls@wyndham.vic.gov.au](mailto:halls@wyndham.vic.gov.au)