

THE BUZZ @



Term 2, 2018

Penrose Promenade Community Centre



TARNEIT NIGHT MARKET—A night to remember!



It felt like every household in Tarneit came out on March 23 to shop for hand made crafts, to sample flavours from around the world and to enjoy the live music stage.

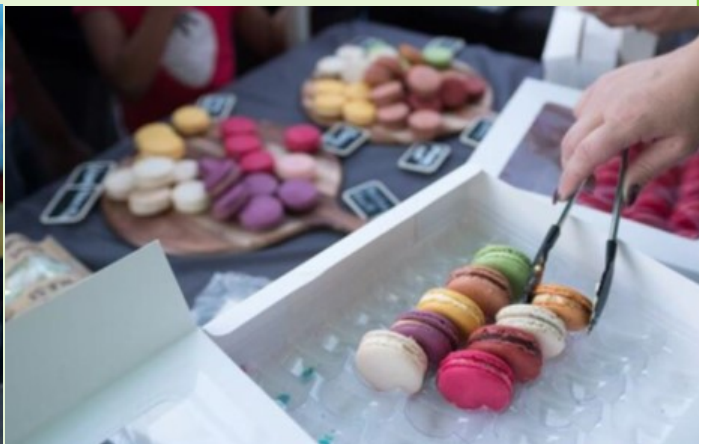
As the sun went down over the packed Penrose car park, the atmosphere at the market was fantastic!

More than 40 stalls sold their wares and neighbours had an opportunity to catch up under the fairy light marquee.

The next Tarneit market is tentatively scheduled for Friday 14th September and Friday 14th December.

See you there!

tarneitnightmarket@wyndham.vic.gov.au



Penrose Promenade Community Centre

83 Penrose Promenade, Tarneit 3029

Phone: 8734 4500 Email: penrosepromenadecc@wyndham.vic.gov.au

Programs and Activities

EARLY YEARS	DAY & TIME	INFORMATION	COST
<p>First Time Parents Group Meet friendly local families to talk about your kids and have fun! Come along to share experiences, find advice, give support and make new friends.</p>	Mondays 1.30pm-3.30pm	Website: www.wyndham.vic.gov.au select 'Maternal & Child Health Services' Ph: 9742 8148	No cost
<p>Pram Walking and Baby Play Sessions An informal catch-up for families with babies under 12 months.</p>	Thursdays 10am-12pm Walk-in	Ph: 8734 5478	No cost
<p>Penrose Hub Playgroup This structured playgroup will give you and your child (0-4yrs) the opportunity to actively participate in a stimulating variety of activities. All backgrounds warmly welcomed</p>	Tuesdays 10.30am - 12.30pm	Contact: Penrose Promenade CC Ph: 8734 4500 Email: penrosepromenadecc@wyndham.vic.gov.au	\$25/term
<p>Penrose Pacific Playgroup Afternoon gathering of parents, grandparents and young children from (0-4 yrs) to share child rearing practices of Islanders and other communities.</p>	Wednesdays 11:00am—1:00pm	Contact: Penrose Promenade CC Ph: 8734 4500 Email: penrosepromenadecc@wyndham.vic.gov.au	\$25/term
<p>3+ Activity Group (Provided by The Grange Community Centre) Activity Group is a day care style educational program delivered by professionally trained staff, offering a wide range of hands-on activities for children of pre-kinder age.</p>	Mondays and Fridays 9am-12pm	Contact: The Grange Community Centre Ph: 8742 8000 *Limited spots	\$260/term + \$ 50 for enrolment
<p>Life's Little Treasures Parent support group for families who are caring for or have had a child born prematurely.</p>	3rd Tuesday of the month 9:30am—11:30am	Contact : Sarah 0431 647 871	No cost
YOUTH	DAY & TIME	INFORMATION	COST
<p>Just for Girls A girls only program facilitated by Youth Workers with fun Centre-based activities and occasional excursions. The program is a great opportunity to try something different, chill out, have a bite to eat and meet some new friends. Age 12-17 years welcome.</p>	Wednesdays 3pm-5pm	Contact: Hayley Ph: 8734 1355 Website: http://youth.wyndham.vic.gov.au/	FREE Costs apply for excursions only
WELLBEING & FITNESS	DAY & TIME	INFORMATION	COST
<p>Penrose Walking Group Join 'Team Walkabout' a Heart Foundation group that take a gentle walk around the local area. Bring your walking shoes & water bottle!</p>	Wednesdays 9:30am Thursdays 7pm	Contact: Douglas-John Ph: 0432 741 940	No cost
<p>Art of Living Stretch, Breathe and Meditate Yoga, Breathing, and Meditation classes. Please bring a yoga mat & cushion if you wish to sit on the floor.</p>	Sundays 7:30am—10am	Contact: Rohit Ph: 0423 531 787 Email: rohit@artofliving.org.au	Gold coin donation
<p>Twins Martial Arts Traditional Shotokan Karate for children 4-15yrs. Classes are taught by qualified NCAS Dojo Coaches, holding Senior First Aid and Working with Children Checks.</p>	Thursdays 4:30pm— 7:00pm	Contact: Sensei Lay or Ken Ph: 0417 373 999 Email: info@twinsmartialarts.com.au Website: www.twinsmartialarts.com.au www.facebook.com/twinsmartialarts	Fees apply

Programs and Activities

EDUCATION & TRAINING	DAY & TIME	INFORMATION	COST
Homework Club Tarneit Edmund Rice Community & Refugee Services There are fun art activities, fresh fruit & snacks, excursions & camps during school holidays.	Mondays 4:00pm—5:30pm Tuesdays 3:30pm—5:00pm Thursday 3:30pm—5:00pm	Contact: Erin, Primary School Ph: 9366 6436 or 0466 579 289 Contact: Gudrun, Secondary School Ph : 0405 901 931 Email: programercrs@edmundrice.org	FREE for eligible students
Sunshine Arabic School Teaching primary school aged children Arabic language and social responsibility from the Islamic perspective.	Thursdays 5:00-7:00pm	Contact: Muna Ph: 0406 635 425 Email: safiassly@hotmail.com	Fees apply
Kids Concepts Australia Offers unique skill development courses for children 4-16yrs improving ability to learn, memorise, and calculate. Course ranges from Abacus, Vedic Maths, Rubik Cube, Handwriting, Calligraphy etc.	Thursdays 5:00-7:00pm	Contact: Keerti Hosur Ph: 0413 949 831 Email: info@kidsconceptsaus.com	Fees Apply
Lynne's Learning After-school math and English tuition for students in kinder to year 10.	Fridays 3:30-6:30pm Saturdays 10-1pm	Contact: Hiral Ph: 0431 286 540 Email: hiral.sanghvi1@gmail.com	Fees apply
Abacus 4 Kids Advanced abacus lessons for kids from 4-12yrs. Enjoy the fun way to learn math using this powerful ancient tool. Book for your free trial lesson today!	Monday 4-7pm Wed & Tues 4.30-7.30pm Friday 4.30-6pm Saturday 9-12pm	Contact: Jaslyn Ph: 0406 946 069 Email: abacus4kids@gmail.com	Fees apply
Global Art Art, drawing & craft classes for kids 3-12 yrs. Our courses are designed to be the one-stop shop to develop your Drawing, Painting, Colouring, Composition and Craft-making abilities.	Sundays 9:00am—10:00am 2:00pm-3.30pm	Contact: Edmund Ph: 0432 513 344 Email: Edmund@globalartaustralia.com.au	Fees Apply
English Conversation Class Practise English through basic conversation. Free adult class facilitated by volunteers.	Tuesdays 10.30am—11.30am	Contact: Penrose Promenade CC Ph: 8734 4500	No Cost

RECREATION & LEISURE	DAY & TIME	INFORMATION	COST
Kids Bhangra Dance 5-15yr olds will shrug their shoulders & tap their feet to learn North Indian style dance, full of energy , culture and beats.	Wednesdays 6:15-7:00pm	Contact: Ambhar Ph: 0430 762 899 Ambhar.khanna@outlook.com 12 weeks \$110; 6 weeks \$55	Fees Apply \$10/class
Curtain Call Dance Academy Beginners Ballet classes for children aged 2-12 years.	Saturdays 10.15am-1.30pm	Contact: Judy Ph: 0421 720 932 w www.curtaincalldance.com.au Email: ccda.enquiries@gmail.com	Fees apply
KC Dance Depot Jazz, Tap, Hip-Hop and Ballet dance classes for adults and kids. Classes are organised per age group.	Monday 6:00pm—7:30pm Tuesday 5:00pm-6:00pm	Contact: Kendrie Ph: 0403 682 530 Email: hekcdancedepot@live.com.au	Fees apply
Ashworks Performing Arts Musical theatre and hip hop classes for youth	Fridays 4:00pm—6:30pm	Contact: Alexandra Ph: 0417 328 513 info@ashworksp performingarts.com.au	Fees apply
Family Movie Night Bring your own pillow and blanket. Popcorn will be provided. Film to be screened will be announced closer to the date	Fridays Monthly 7:00—9:00pm 25th May	Contact: Penrose Promenade CC Ph: 8734 4500 Bookings essential	No Cost

Programs and Activities

SENIORS	DAY & TIME	INFORMATION	COST
Sri Lankan Planned Activity Group (delivered by Migrant Resource Centre) Are you aged 65+ and looking to spend some quality time with other Sri Lankans doing gentle exercise, craft?	Fridays 10am-3pm	Contact: Zeinab Ph: 9367 6044	\$7
Ladies Club 60 Social gathering for local ladies of Indian origin. Make new friends and enjoy a cup of tea and a chat.	Thursdays 12:30pm-2:30pm	Contact: Nina Ph: 0488 251 459	No cost
Tarneit Harmony Club Join other Punjabi speaking retirees in a friendly game of cards, share some sweets and a cup of tea.	Tuesdays and Fridays 1:00-3:00	Contact: Rashpal Ph: 0402 010 016 Email: rashpal.chaggar@gmail.com	No cost
Tarneit Bharatiy Club Older Gujarati speakers will feel right at home in this relaxed social get-together.	Tuesdays & Fridays 11:30am -1:00pm	Contact: Bharat Ph: 0423 018 458 Email: bgnilalani9@gmail.com	No cost

FAITH, CULTURAL , SUPPORT & COMMUNITY GROUPS	DAY & TIME	INFORMATION	COST
Australian Malay Foundation Provide Malay cultural awareness, youth development, social welfare, and assistance.	Saturdays 2pm-6pm	Contact: Salem Ph: 0403 287 479 Email: salimsalikin@gmail.com	No cost
Sri Lankan Foundation of Werribee Informal weekly community group gatherings. Attendance is open to all members.	First Friday of each month 7pm-10pm	Contact: Kenneth Ph 0430 862 312 Email: secretary@slcfow.com.au Website: www.slcfo.com.au	Fees Apply
Assembly of God Church of Samoa A dynamic Church Service for all the family.	Sundays 10am-2pm	Contact: Tui Ph: 0421 007 448	No Cost
Sathya Sai Org Sai Bhajans are invited to experience spiritual advancement through devotional singing.	First & Third Thursday 7.00pm-9.00pm	Contact: Rajan Babu Ph: 0434 054 347	No Cost
Australian Saay Harari Assoc Tutoring children 5-24 academic & culture	Saturdays 12-2pm	Contact: Mohammed Ph: 0401 806 589	Donations Welcome
Worship Centre Christian Church Sunday family church service promoting love and forgiveness through the Word of God.	Sundays 2pm-6pm	Contact: Neil Ph: 0414 840 121	Donations welcome

LIFE-STAGE SERVICES	DAY & TIME	INFORMATION	COST
4 year old Kindergarten Wyndham City Council Operates a 4 year old kindergarten program here at Penrose Community Centre. Children must be four years of age by 30 April of the year they are to attend kindergarten.	Weekly sessions	Ph: 9742 8172	Fees apply
Maternal Child and Health Wyndham City Maternal and Child Health Services offer professional nursing support and advice for parents with children from birth to school age.	Daily 8:30am—4:30pm	Ph: 9742 8148 By appointment only Weigh-Day drop in	No Cost
Immunisation The Wyndham City Immunisation Unit provides bi-monthly free public vaccinations against a range of childhood and adult diseases	Thursdays 1:00pm—2:00pm May 3, June 14, July 5, August 2	Ph: 9742 0736 No appointments necessary	No Cost

Programs and Activities

FAITH, CULTURAL , SUPPORT & COMMUNITY GROUPS	DAY & TIME	INFORMATION	COST
Pentecostal Apostolic Faith Church Small group Bible study sessions.	Mondays 7pm- 9pm	Contact : Derick Ph: 0413 299 665	No Cost
Mental Health Foundation Victoria Pakistani Women's Support Group Support group specially designed for Pakistani and women living in Victoria. This group will give women an opportunity to increase their social interaction and win the war of isolation by enhancing their skills and empowering them.	1st Monday of the month 11:30am—1:30pm	Contact : Aisha Usman Ph: 03 9826 1422 Aisha.usman@mhfa.org.au	No cost
Mental Health Foundation Victoria Indian Women's Support Group Support group specially designed for Indian women living in Victoria who face social isolation, feeling of loneliness, stress related to work, relationships, finances, housing and other life challenges.	3rd Monday of the month 11:30am—1:30pm	Contact : Aisha Usman Ph: 03 9826 1422 Aisha.usman@mhfa.org.au	No cost
Hindhu Dharma Promotion of Hindu spirituality and culture, including yoga practice, drumming and meditation.	Last Sunday of the month 6:00-9:00pm Plus weekly drum lessons	Contact: Jay Ph: 0478 815 256	No Cost
Sree Narayana Mission Melbourne	First Saturday of the month 6pm—9pm	Contact: Shija Ph: 0402 778 912	Fees apply
Friendship Café A relaxed social get-together for people of all backgrounds who are interested in sharing different passions and cultures. A rotation of participant volunteers will lead an activity each month.	Last Monday of the month 11.00am—1.00pm	Contact: Penrose Team Ph: 8734 4500 Email penroseprome-nadecc@wyndham.vic.gov.au	No Cost



Globalart helps your child communicate their ideas through Art.



Global Art is an art, drawing and craft class for kids aged 3-12 years. Global Art courses are designed to be the one stop shop to develop your drawing, painting, colouring, composition and craft making abilities.

Global art multiple level art programs are designed to enable learners to learn art at their own pace starting from Junior level to advanced level.

For more information contact Edmund on: 0432 513 344 or email: edmund@globalartaustralia.com.au

New

Sundays
9:00am—10:00am
2:00pm-3.30pm

Regular on-site Services

LIFE-STAGE SERVICES	DAY & TIME	INFORMATION	COST
<p>Ageing Well Facility A stimulating range of professionally facilitated day-programs for eligible seniors and those living with dementia within a safe and comfortable space.</p>	Program specific timetable	As below	Subsidised service costs apply to eligible clients
<p>Aged & Disability Services In-home support (assistance with Domestic and Personal Care, Respite Services, Minor Home Maintenance, and Delivered Meals), support in accessing local Support Groups and provision of a range of Transport options.</p>		For residents under 65yrs Ph: 8734 4514 Email: in-take@wyndham.vic.gov.au For residents over 65yrs Ph:1800 200 422 Visit: www.myagedcare.gov.au or Eligibility criteria apply	Subsidised service costs apply to eligible clients
<p>Neighbourhood Hubs Desk If you've got knowledge, skills, ideas, or a cultural event that you would like to share with others, Community Centres are a great place to make that happen! You don't need professional expertise, only a little confidence and passion. Centre staff will happily explain the steps involved in hiring venue space or facilitating an affordable activity. We're also available to provide residents referrals to support organisations.</p>	Mon-Fri 9am-5pm	Ph: 8734 4500 Email: penroseprome-nadecc@wyndham.vic.gov.au General queries welcome	Community Room booking Fees apply

NEW HOMEWORK CLUB for primary & Secondary Students



Adult Volunteer Tutors Wanted

Contact: Erin on 0466 579 289

In term 1 this year, Edmund Rice Community and Refugee Services began a new homework club for primary school children at Penrose Promenade Community Centre. It was a wonderful start to the year, with children enrolling from many different local schools.

The students have already begun making friends and getting to know their tutors. We finished the term with a soccer clinic with Melbourne Victory, which was a lot of fun for everyone, and with a trip to ERCRS's community centre at Mt Atkinson for a day of bike riding, archery, slack lining, bush cooking and art making.

We look forward to continuing next term, when we will also start a secondary tutoring program (on Thursdays from 3.30-5.00) for high school students.



Raising a Flag for Harmony Day

Staff and kinder students watched the Australian, Aboriginal and Torres Strait Islander flags raised up towards the sky and sang "Womenjika", a phrase that means "welcome" to the people of the Kulin Nation. The occasion was a fitting way to welcome Cultural Diversity Week and Penrose is proud to be part of such a diverse community.



Kids Get Crafty!

Looking for a local activity to spark the creativity in your child? Farsana will lead a fun 8 week class aiming to help children aged 5 – 12 years build confidence, express themselves learn new skills and make new friends.

Mondays 4:30 – 5:30pm

Penrose Promenade Community Centre

81 - 83 Penrose Promenade Tarneit

8734 4500 or penroseProme-

nadecc@wyndham.vic.gov.au

Starting May (subject to demand)

Fridays 4:30 – 5:30pm

Cost: \$80 (8 weeks)

New



Harmony Club Hits the Road

Spirits were high as Tarneit Harmony Club head off to Geelong Botanical Gardens, Eastern Beach Geelong and Torquay Beach last month.



Ladies Club 60 Celebrates HOLI



"The event was organised to give the real feel of HOLI and its enjoyment. The event includes playing with colours and engaging in feasting together. The festival celebrates the arrival of Spring and Thanksgiving for a good harvest in addition to being seen as a day used for building relationships through play and laughter."

Highlighting Local Talent & Programs at PENROSE OPEN DAY



Wow, Saturday 3 March was such a fantastic neighbourhood event! The diverse talent of our local activity groups is truly something to be proud of, the food was delicious, the staff stalls were engaging and the sun was shining down. A huge thank you to all who made this such a success.

School Holidays got Slimy at Penrose

Our energetic volunteers kept our crew of kids entertained with henna designs and gooey green slime... what a joyous mess we made! See you next holidays.

