



2017-18

# Wyndham SENIORS DIRECTORY

[www.wyndham.vic.gov.au](http://www.wyndham.vic.gov.au)





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## Introduction

This directory has been created to list the many and varied activities across the city of Wyndham.

The directory has been sectioned into Districts to allow you to quickly find local activities close to where you live or work.

The districts are as follows:

- **Wyndham East:**  
Point Cook, Truganina, Williams Landing and Laverton North
- **Wyndham Central:**  
Tarneit and Hoppers Crossing

- **Wyndham West:**  
Werribee, Wyndham Vale and Manor Lakes
- **Wyndham Rural:**  
Little River, Werribee South, Mt. Cottrell, Cocoroc, Mambourin and Quandong

If you attend a group that is not listed and you would like it to feature in the online version and future editions, please contact Wyndham City on 9742 0777 or email [AgedDisabilityEvents@wyndham.vic.gov.au](mailto:AgedDisabilityEvents@wyndham.vic.gov.au)

## Community Centres

There are a range of Community Centres located throughout Wyndham, many of which offer programs and activities for older adults.

Below is a list of all the centres in the area. Check out your local centre – pop in and say hello to the friendly staff and see what's on offer.

Point  
Cook

Wyndham  
East

### FEATHERBROOK COMMUNITY CENTRE

33 – 35 Windorah Drive, Point Cook

**Ph:** 8353 4000 or **E:** featherbrookcc@wyndham.vic.gov.au

**W:** [www.wyndham.vic.gov.au/venues/featherbrook-community-centre](http://www.wyndham.vic.gov.au/venues/featherbrook-community-centre)

### JAMIESON WAY COMMUNITY CENTRE

59 Jamieson Way, Point Cook

**Ph:** 9395 3777 or **E:** admin@jamiesonwaycc.org.au

**W:** [www.jamiesonwaycc.org.au](http://www.jamiesonwaycc.org.au)

### POINT COOK COMMUNITY CENTRE

1-21 Cheetham Street, Point Cook

**Ph:** 9395 6399 or **E:** pointcookclc@wyndham.vic.gov.au

**W:** [www.wyndham.vic.gov.au/venues/point-cook-community-centre](http://www.wyndham.vic.gov.au/venues/point-cook-community-centre)

### SALTWATER COMMUNITY CENTRE

153 Saltwater Promenade, Point Cook

**Ph:** 8376 5500 or **E:** saltwatercc@wyndham.vic.gov.au

**W:** [www.wyndham.vic.gov.au/venues/saltwater-community-centre](http://www.wyndham.vic.gov.au/venues/saltwater-community-centre)

Truganina

### ARNDELL PARK COMMUNITY CENTRE

29-49 Federation Boulevard, Truganina

**Ph:** 8734 8911 or **E:** arndellparkcc@wyndham.vic.gov.au

**W:** [www.wyndham.vic.gov.au/venues/arndell-park-community-centre](http://www.wyndham.vic.gov.au/venues/arndell-park-community-centre)


 Wyndham  
Central
**PENROSE PROMENADE COMMUNITY CENTRE**

83 Penrose Promenade, Tarneit

**Ph:** 8734 4500 or **E:** penrosepromenadecc@wyndham.vic.gov.au**W:** [www.wyndham.vic.gov.au/venues/penrose-promenade-community-centre](http://www.wyndham.vic.gov.au/venues/penrose-promenade-community-centre)

Tarneit

**TARNEIT COMMUNITY LEARNING CENTRE**

150 Sunset Views Boulevard, Tarneit

**Ph:** 9748 9822 or **E:** tarneitclc@wyndham.vic.gov.au**W:** [www.wyndham.vic.gov.au/venues/tarneit-community-learning-centre](http://www.wyndham.vic.gov.au/venues/tarneit-community-learning-centre)Hoppers  
Crossing**THE GRANGE COMMUNITY CENTRE**

260-280 Hogans Road, Hoppers Crossing

**Ph:** 8742 8000 or **E:** enquiries@grangecommunity.org.au**W:** [www.grangecommunity.org.au](http://www.grangecommunity.org.au)

Werribee

**QUANTIN BINNAH COMMUNITY CENTRE**

61 Thames Boulevard, Werribee

**Ph:** 9742 5040 or **E:** qb@qbcc.org.au**W:** [www.qbcc.org.au](http://www.qbcc.org.au)

 Wyndham  
West
**WYNDHAM COMMUNITY & EDUCATION CENTRE**

3 Princes Highway, Werribee

**Ph:** 9742 4013 or **E:** enquiries@werribeec.net**W:** [www.wyndhamcec.org.au](http://www.wyndhamcec.org.au)**WYNDHAM PARK COMMUNITY CENTRE**

55-57 Kookaburra Avenue, Werribee

**Ph:** 8742 3975 or **E:** admin@wyndhamparkcc.com.au**W:** [www.wyndhamparkcc.com.au](http://www.wyndhamparkcc.com.au)Wyndham  
Vale**IRAMOO COMMUNITY CENTRE**

84 Honour Avenue, Wyndham Vale

**Ph:** 8742 3688 or **E:** admin@iramoooc.com.au**W:** [www.iramoooc.org.au](http://www.iramoooc.org.au)**WYNDHAM VALE COMMUNITY LEARNING CENTRE**

Cnr Manor Lakes Boulevard &amp; Howqua Way, Wyndham Vale

**Ph:** 8734 8934 or **E:** wyndhamvaleclc@wyndham.vic.gov.au**W:** [www.wyndham.vic.gov.au/venues/wyndham-vale-community-learning-centre](http://www.wyndham.vic.gov.au/venues/wyndham-vale-community-learning-centre)

## Libraries

There are 5 Libraries located throughout Wyndham. In addition to the traditional book borrowing, there is a wide range of other media and services available as well as programs and activities for older adults.

Below is a list of the libraries in the area. Be sure to check out your local library and see what's on offer.

Alternatively, visit our website at <https://www.wyndham.vic.gov.au/services/libraries> for all locations, opening hours and much more.

Details on current ongoing programs are listed within the directory.

In addition, the libraries also offer a Book Club service and Home Library service.

### POINT COOK LIBRARY

1-21 Cheetham Street, Point Cook

**Ph:** 9395 7966

**W:** <https://www.wyndham.vic.gov.au/venues/point-cook-library>

### JULIA GILLARD LIBRARY TARNEIT

150 Sunset Views Boulevard, Tarneit

**Ph:** 8734 0200

**W:** <https://www.wyndham.vic.gov.au/venues/julia-gillard-library-tarneit>

### PACIFIC WERRIBEE/PLAZA LIBRARY

Shop MM11, Level 1, Pacific Werribee Shopping Centre, Derrimut Road, Werribee

**Ph:** 8734 2600

**W:** <https://www.wyndham.vic.gov.au/venues/plaza-library>

### HOME LIBRARY SERVICE

The Home Library Service is free to Wyndham housebound residents who are unable to come into the library. Resources are selected to meet your interests and are delivered to your home by a friendly volunteer once a month. Please contact the Plaza Library for more information on 8734 2600.

### BOOK CLUB SERVICE

If you would like to join a book club or wish to begin one, Wyndham Library Service can provide you with book kits specifically created for book clubs.

### WERRIBEE LIBRARY

Wyndham Cultural Centre, 177 Watton Street, Werribee

**Ph:** 9742 7999

**W:** <https://www.wyndham.vic.gov.au/venues/werribee-library>

### WYNDHAM VALE LIBRARY

86 Manor Lakes Boulevard, Manor Lakes

**Ph:** 8734 8930

**W:** <https://www.wyndham.vic.gov.au/venues/wyndham-vale-library>

## Walking Groups

Take the first steps to health and fitness by joining a Walking Group. It's a great way to meet new people and is a completely FREE activity.

Just 30 minutes of walking each day may assist you to reduce your risk of heart attack, manage your weight,

lower blood cholesterol and risk of type 2 diabetes, as well as helping to increase bone and muscle strength. Walking can also help to improve mood and boost energy. Start walking more today!

### ADEC - KAREN CARERS GROUP

**When:** Fridays at 10.30am

**Where:** ADEC Werribee Office - 1-3 Watton Street, Werribee

**Contact:** Surin (Joe) 8744 2100

### IRAMOO STROLLERS

**When:** Thursdays at 9.30am

**Where:** Meet at Iramoo Community Centre, 84 Honour Av, Wyndham Vale

**Contact:** Iramoo Community Centre 8742 3688

### PACIFIC WERRIBEE PACERS

The Pacers walk inside the shopping centre before the centre opens, offering a safe environment for people of all ages and abilities to walk free from the restrictions of the weather, poor footpaths or busy roads. They enjoy a discounted coffee and a chat following their walk.

**When:** Wednesdays & Thursdays at 8am

**Where:** Donut King, Pacific Werribee Plaza Food Court, Cnr Derrimut Rd & Heaths Rd, Werribee

**Contact:** Customer Service at Pacific Werribee 9749 5111

### POINT COOK EARLY BIRD POWER WALKERS

**When:** Tuesdays at 5.30am

**Where:** Lincoln Heath Reserve, Parkwood Terrace, Point Cook

**Contact:** Angela via email [angela@genevievescommunitykitchen.org](mailto:angela@genevievescommunitykitchen.org)

### POINT COOK TOWN ACTIVITY GROUP

**When:** Mondays - Fridays at 9am

**Where:** Meet at the front of the Dry Cleaners, Shop 115, Coles Precinct, Point Cook Town Centre

**Contact:** Bev 9395 1953

### POINT COOK/TRUGANINA PARKRUN

**When:** Saturdays 7.45am for 8am start

**Where:** Arndell Park Community Centre, Federation Boulevard, Truganina

**Contact:** [pointcookoffice@parkrun.com](mailto:pointcookoffice@parkrun.com)

**Website:** [www.parkrun.com.au/pointcook](http://www.parkrun.com.au/pointcook)

### SONS OF THE WEST - CLUB 60 TARNEIT INC.

**When:** Daily from 9am

**Where:** Goddard Street Reserve Oval, Goddard Street, Tarneit

**Contact:** Sunil [sunilabbott54@gmail.com](mailto:sunilabbott54@gmail.com)

### SONS OF THE WEST - TARNEIT WEST

**When:** Mondays 9am

**Where:** Wotten Road Reserve, Wotten Road, Tarneit

**Contact:** Ajit [jaswinderajit@hotmail.com](mailto:jaswinderajit@hotmail.com)

### SONS OF THE WEST - TEAM WALKABOUT

**When:** Mondays at 6.15pm and Wednesdays 9.30am

**Where:** Various

**Contact:** Douglas-John djramm1971@gmail.com

### THE GRANGE COMMUNITY CENTRE WALKERS

**When:** Thursdays at 9.30am

**Where:** The Grange Community Centre, 260-280 Hogans Rd, Hoppers Crossing

**Contact:** The Grange Community Centre 8742 8000

### VU STRUTTERS

**When:** Wednesdays at 2pm

**Where:** Meet at Victoria University Health and Fitness Centre. Gate 3, Building 7, Hoppers Lane, Werribee

Non-members welcome

**Contact:** Brooke 9919 8173

### WERRIBEE BUSHWALKING AND OUTDOOR CLUB INC

**When:** 1st Thursday of every month, 8pm to 9pm to discuss various walks. Aim to provide at least 1-2 walks per month held primarily on Sundays

**Where:** The 1st Werribee Scout Hall, College Road, Werribee

Email: [enquiries@werribeebushwalking.com](mailto:enquiries@werribeebushwalking.com)

**Website:** [www.werribeebushwalking.com](http://www.werribeebushwalking.com)

### WERRIBEE RIVER ROVERS

**When:** Thursdays at 10am

**Where:** Meet at the corner of Watton & Greaves Street, Werribee (near the outdoor pool)

**Contact:** Mike 9741 4313 or 0429 798 653

### WERRIBEE RIVER WALKING GROUP

**When:** Wednesdays at 10am

**Where:** Meet at the corner of Watton & Greaves Street, Werribee (near the outdoor pool)

**Contact:** Marion 9741 4240

### WOOP WANDERERS

**When:** Tuesdays at 10am

**Where:** Meet in the car park at Werribee Outdoor Olympic Pool (WOOP), Chirnside Park, Watton Street, Werribee

**Contact:** Carina 9741 3218

### WYNDHAM LIFE ACTIVITIES GROUP

**When:** Sundays at 9am

**Where:** The Italian Sports Club of Werribee, 601 Heaths Road, Werribee

**Contact:** Audrey 0417 373 482

### WYNDHAM VALE PARKRUN

**When:** Saturdays 7.45am for 8am start

**Where:** Presidents Park, McGrath Rd, Gate 3, Wyndham Vale

**Contact:** [wyndhamvaleoffice@parkrun.com](mailto:wyndhamvaleoffice@parkrun.com)

**Website:** [www.parkrun.com.au/wyndhamvale](http://www.parkrun.com.au/wyndhamvale)

Wyndham has lots of other exercise opportunities including Bike and Walking trails, sporting clubs, recreation and leisure centres, parks and facilities.

For more information visit: <http://www.wyndham.vic.gov.au/residents/community/healthyandactive> or contact the Community Development Team on 9742 0777 or email [community.development@wyndham.vic.gov.au](mailto:community.development@wyndham.vic.gov.au)

## Monthly Food Events in the West

### WYNDHAM COMMUNITY GARDEN SWAP

1st Sunday of the month, 10am – 11am

Mossfiel Reserve, Mossfiel Drive, Hoppers Crossing

**Contact:** Rita 0418 469 598 or ritaosullivan@bigpond.com

### IRAMOO COMMUNITY CENTRE FRUIT & VEGETABLE SWAP

3rd Saturday of the month, 11am – 12pm

Iramoo Community Centre, 84 Honour Avenue, Wyndham Vale

**Contact:** happy-potter@optusnet.com or 8742 3688 or Coralee 0403 433 795

### POINT COOK GARDENING SWAP

4th Sunday of the month, 10.30am – 11.30am

Jamieson Way Community Centre, 59 Jamieson Way, Point Cook

**Contact:** Wendy 0455 378 133

### ALTONA FRUIT AND VEGETABLE SWAP

1st Sunday of the month, 2pm – 4pm

Louis Joel Arts and Community Centre, 5 Sargood Street, Altona.

**Facebook:** [www.facebook.com/Altona-Fruit-and-Vegie-Swap](http://www.facebook.com/Altona-Fruit-and-Vegie-Swap)

### EYNESBURY FARMERS MARKET

4th Sunday of the month

487 Eynesbury Road, Eynesbury

**Contact:** Felicity 0400 520 042

### MAIDSTONE URBAN HARVEST SHARE

3rd Saturday of the Month, 11am-12pm

Maidstone Community Centre, 21 Yardley St, Maidstone. Entry is opposite 10 Gibb Street.

### NEWPORT FRUIT AND VEGETABLE SWAP

3rd Sunday of the month, 10.30am - 11.30am

Newport Lakes. Just through the entrance from Mason St at the under-cover BBQ area on your left.

**Facebook:** [www.facebook.com/NewportSwap/](http://www.facebook.com/NewportSwap/)

### YARRAVILLE GARDENS FARMERS MARKET

4th Saturday of the month, 8.30am – 1pm

Hanmer Reserve, Cnr Hyde & Somerville Streets, Yarraville

**Contact:** 0412 910 496





TRAVELLERSaid

VLine

**FLINDERS STREET**

Ph: 9610 2030 or  
E: fss@travellers  
aid.org.au

**SOUTHERN CROSS**

Ph: 9670 2072 or  
E: scs@travellers  
aid.org.au

**WEBSITE**

www.travellers  
aid.org.au

## Travellers Aid

Did you know...? Travellers Aid has been in operation for more than 100 years!

Our services help people with mobility issues, including older people and people with disabilities to access the public transport system.

Services in Victoria are located at:

**Flinders Street Station** – Platform 10 (8am – 8pm Mon – Sun)

**Southern Cross Station (Spencer Street)** – Under Bourke Street footbridge (6.30am – 9.30pm, Mon – Sun)

**Seymour Station** (10m – 6.30pm, Mon – Fri).

Services include:

### EMERGENCY RELIEF

Transport options and advice to help travellers in emergency situations feel safe and empowered (Southern Cross Station only)

### TRAVELLERS AID ACCESS SERVICE (TAAS)

Free personal care assistance to seniors or travellers with a disability.

### PATHWAYS TO EDUCATION

Subsidised student travel tickets to help disadvantaged students attend school.

### COMPANION SERVICE

Assistance with getting to and from essential appointments.

### COMMUNITY TRAVEL TRAINING

Public Transport information sessions to inform about public transport and encourage public transport use

### BUGGY & PERSONAL GUIDANCE SERVICE

Helping ensure safe passage at Southern Cross Station and Seymour Station

### MOBILITY EQUIPMENT HIRE

Assisting people who are frail, aged, or living with a disability.

### TOURIST INFO, REST, AND OTHER FACILITIES

Information and facilities for travellers in transit.

### INTERNET ACCESS

Internet access for the general public with JAWS software available.

Please note: Some services require advance bookings.

## Seniors Register

Wyndham Seniors Register is for older residents who are isolated.

The Wyndham Seniors Register is a partnership between Werribee Police and Wyndham City. This partnership aims to ensure older people who live in their own home feel safe and confident that the Police are concerned for their welfare.

Volunteers make regular contact by phone to check on individuals' welfare and allow any issues or concerns to be raised.

For more information, contact Wyndham City Council on 9742 0777.

## COTA Council On The Ageing



For over 65 years COTA Victoria has been the voice of older Victorians. We are the leading advocate, educator and source of trusted information, representing the interests of all older Victorians.

COTA's Seniors Information Victoria service provides free information on issues including retirement, home-based services, health and wellbeing, pensions and concessions, housing options, technology and much more.

If you or someone you know is experiencing elder abuse, call the Seniors Rights Victoria helpline for free, confidential support and advice.

Contact us:

**Email:** [askcota@cotavic.org.au](mailto:askcota@cotavic.org.au)

**Call** COTA Victoria on 1300 13 50 90

**Follow us on Facebook:** <https://www.facebook.com/COTAVic>

**Website:** [www.cotavic.org.au](http://www.cotavic.org.au)

**and Twitter:** <https://twitter.com/COTAVictoria>

Stay up to date and sign up for our COTA Connect e-newsletter.

## Seniors Rights Victoria



Seniors Rights Victoria provides information, support, advice and education to help prevent elder abuse and safeguard the rights, dignity and independence of older people. Elder abuse is any act which causes harm to an older person and is carried out by someone they know and trust such as a carer, family or friends.

If you, your client or someone you know is experiencing elder abuse, please contact our free, confidential **Helpline:** 1300 368 821.

Our experienced advocates and legal advisors provide a welcoming and respectful environment where older people can talk confidentially about their experiences and choose their preferred course of action. Interpreters are available when needed.

Seniors Rights Victoria can help any Victorian aged 60 and above, or any Indigenous Victorian aged 45 and above, on matters relating to elder abuse and ageing.

This includes:

- age discrimination
- grandparenting rights
- guardianship and administration
- family care and 'granny flat' arrangements
- powers of attorney
- wills and estates.

Our services include a Helpline, specialist legal services, short-term support and advocacy for individuals and education. Seniors Rights Victoria also provides leadership on policy and law reform.

# Directory by District



## ARNDELL PARK COMMUNITY CENTRE

29-49 Federation Boulevard, Truganina

Ph: 8734 8911 E: arndellparkcc@wyndham.vic.gov.au

Name	Description	Frequency	Cost	Contact
Chinese Friendship Group	Come along and enjoy a cup of tea and get to know your local neighbours in a fun and friendly environment	Monday 10.30am – 12pm	Free	Arndell Park Community Centre
Computer Courses	Computer classes for beginners	Varies per term Contact for details	10 Week Course \$35 or \$20 Concession	Arndell Park Community Centre
Indian Friendship Group	Come along and enjoy a cup of tea and get to know your local neighbours in a fun and friendly environment	Friday 10.30am – 12pm	Free	Arndell Park Community Centre

## THE BROOK ON SNEYDES

215 Snydes Road, Point Cook

Name	Description	Frequency	Cost	Contact
Lions Club of Point Cook	Volunteer involvement in humanitarian efforts locally, nationally, and internationally	2nd and 4th Monday of the month 6.30pm for a 7pm start	Membership required – cost on enquiry	Tom tgilfillan@live.com.au

## FEATHERBROOK COMMUNITY CENTRE

33-35 Windorah Drive, Point Cook

Ph: 8353 4000 E: featherbrookcc@wyndham.vic.gov.au

W: [http://www.wyndham.vic.gov.au/residents/community/comcentres/community\\_centre\\_listing/featherbrook\\_community\\_centre](http://www.wyndham.vic.gov.au/residents/community/comcentres/community_centre_listing/featherbrook_community_centre)

Name	Description	Frequency	Cost	Contact
Conversational English	English conversation class	Wednesday 9am – 11am Friday 12pm – 3pm	Fees may apply	Jackie 0405 670 138 (Wed class) Steven 0421 966 205 (Fri class)
Friends at Featherbrook Social Group	An afternoon of fun, food and friendship each week. May include guest speakers, craft activities and more	Wednesday 12pm - 2pm	Free Fee may apply depending on activity	Featherbrook Community Centre
Le Petrel Mauritian Seniors	Social Group (French speaking but others welcome)	Wednesday 12.30pm – 3.30pm	Membership fees apply	Regis 0421 464 874
Point Cook Chinese Friendship Group	Social group	Monday 1pm – 4pm Wednesday 10am – 12pm Thursday 2pm – 4pm	Free Bookings required	Michael Tan 0413 892 057
Point Cook Chinese Friendship Group English Classes	English as a Second Language (ESL) Classes	Thursday 10am – 2pm Friday 12pm – 3pm	Free Bookings required	Michael Tan 0413 892 057

Name	Description	Frequency	Cost	Contact
Point Cook Indian Senior's Group	A fun recreational gathering and food monthly for Indian seniors	2nd Tuesday of the month 1pm – 3pm	Free	Indira 0402 458 648
Point Cook View Evening Club for Women	Working with Smith family and other organisations in local community  Forum to discuss and exchange ideas	1st Wednesday of the month 7pm – 9.30pm	Small Donation	Catherine 0407 726 852
Quilting & Patchwork	Craft & Social Group	Tuesday 12.30pm – 3.30pm  Tuesday 7pm - 10pm	\$5 per class plus materials	Featherbrook Community Centre
Yoga for Everyone	A gentle and uplifting exercise class that promotes good health, total relaxation and well-being.	Wednesday 12pm – 1pm	\$5 per class	Featherbrook Community Centre

### JAMIESON WAY COMMUNITY CENTRE

59 Jamieson Way, Point Cook

Ph: 9395 3777 E: admin@jamiesonwaycc.org.au

W: <http://www.jamiesonwaycc.org.au>

Name	Description	Frequency	Cost	Contact
Art for Life	Intro to painting, discover art in a fun, informative and creative way.	Wednesday 12pm -2pm	\$5 per session	Jamieson Way Community Centre

Name	Description	Frequency	Cost	Contact
Card Crafters	Learn the fun of card making	1st & 3rd Monday of the month 10am – 12pm	\$10 for first session + starter pack  \$5 per session thereafter	Jamieson Way Community Centre
Coffee, Chat & Craft	Casual craft and coffee and chat group.	Thursday 1pm - 3pm	Gold coin donation	Jamieson Way Community Centre
Community Kitchen –Cooking Classes	Cook, share, learn and meet new friends.  Healthy options and much more	Last Wednesday of the month 10.30am – 12pm	\$10 per person/ session	Jamieson Way Community Centre
French for Beginners	Information and fun way to discover the French language	Tuesday 10am - 12pm	\$5  Bookings required – contact the centre	Jamieson Way Community Centre
Planned Activity Group*  Indian Group	Activities for Indian Community	Friday 10am - 3pm	Fees may apply	Migrant Resource Centre North West - Atarjit 9367 6044
iPad for Seniors	6 week course	Thursday 10.30am – 12pm	Enquire for dates  Fees Apply	Jamieson Way Community Centre
Jamieson Jotters Creative Writing Group	Creative writing & get together	3rd Friday of the month 11am – 1pm	Gold coin donation	Jamieson Way Community Centre

\* Planned Activity Groups – Eligibility to attend is required

Name	Description	Frequency	Cost	Contact
Meet up Mondays	Learn and practice playing Mahjong as well as rummicul, dominoes, chinese checkers and many more	Monday 1pm – 3.30pm	\$2 per session	Jamieson Way Community Centre
Men’s Get Together Social Group	Share Skills and hobbies, social outings	Fortnightly on Tuesdays 1pm -3pm	\$3 per session	Jamieson Way Community Centre
Movement to Music	Light Exercise to Dance Movement	Friday 2pm – 2.30pm	Gold Coin Donation	Jamieson Way Community Centre
Sew & Sew	Qualified Dress maker. BYO projects, machines on site or BYO	1st & 3rd Monday of the month 7pm -9pm	\$30 for 6 sessions	Jamieson Way Community Centre
Social Ballroom Dancing	Ballroom Dancing All levels welcome. No partner required	Tuesday 8.30pm -9.30pm	Fees Apply	Monique 0427 288 085
Tai Chi-arthritis focus	Tai Chi class	Wednesday 2.45pm – 3.45pm	\$5 per session	Jamieson Way Community Centre

**PHOENIX HOTEL**

40 Wallace Avenue, Point Cook

Name	Description	Frequency	Contact
Rotary Club of Laverton Point Cook	Like minded community focussed people. Volunteer services for local and international projects	Wednesday 6.30pm for a 7pm start	Steve 0487 240 554 ssteve@bigpond.net.au



**SALTWATER COMMUNITY CENTRE**

153 Saltwater Promenade, Point Cook

Ph: 8376 5500 E: Saltwatercc@wyndham.vic.gov.au

Name	Description	Frequency	Cost	Contact
Over 60s Meet Up	Meet other people from your area for a social get together in the community lounge	3rd Friday of the month 3pm – 5pm	Free	Saltwater Community Centre
Social Craft	Bring along knitting, crochet, sewing, drawing, embroidery, macramé, jewellery or any other portable craft and enjoy making and sharing in this social group	Wednesday 9am – 12pm	Free	Saltwater Community Centre

**WYNCITY BOWL & ENTERTAINMENT**

36 Wallace Avenue, Point Cook

Ph: 1300 783 123 E: info@wyncity.com.au W: www.wyncity.com.au

Name	Description	Frequency	Cost	Contact
Golden Doubles League (Ten Pin Bowling)	Wyndham Over 50’s Club – Ten Pin bowling	Friday 10.30am	\$14 For 2 games of bowling and tea/coffee	WynCity Bowl & Entertainment



**AQUAPULSE**

80 – 82 Derrimut Road, Hoppers Crossing

Ph: 8734 5678 E: info@westernleisureservices.com.au

W: <http://aquapulse.wynactive.com.au>

Name	Description	Frequency	Cost	Contact
Swimming	Outdoor Pool	During Summer months	Seniors \$3.70	AquaPulse/ Wynactive
Adult Active	Seniors strength stretch, spin & circuit	Tuesday & Thursday 11.45am - 12.45pm	\$7 per session	AquaPulse/ Wynactive
Council on the Ageing (COTA)	Living longer, living stronger over 50's	Monday, Wednesday & Friday 10am - 12pm	\$30 initial consultation \$6 per session Require form to be filled in by Doctor before 1st session	AquaPulse/ Wynactive
Hydrotherapy	34 degree heated pool for seniors with injuries and that require physiotherapy	Opening Hours: Monday – Wednesday 5.30pm – 8.45pm Thursday Women only 7.45pm Friday 5.30pm - 7.45pm Weekends 8am - 6pm	General Pricing Contact for details	AquaPulse/ Wynactive

Name	Description	Frequency	Cost	Contact
Shallow Aqua Session	Shallow Aqua sessions which are slow movements done within the water to music	Monday, Wednesday & Friday, 8am	\$16.50 With Senior Card \$14	AquaPulse/ Wynactive

**DE CAPRIOS FAMILY RESTAURANT**

88 Derrimut Road, Hoppers Crossing

Name	Description	Frequency	Cost	Contact
Rotary Club of Hoppers Crossing	Like minded community focussed people. Volunteer services for local and international projects.	Wednesday 6.30pm for a 7pm start	Contact for details	David on 0439 613 737 robsondavid1@iprimus.com.au <a href="http://hopperscrossingrotary.org.au/">http://hopperscrossingrotary.org.au/</a>

**CENTRAL PARK COMMUNITY CENTRE**

80 Lonsdale Circuit, Hoppers Crossing

Name	Description	Frequency	Cost	Contact
Flaming 50's Rock 'n' Roll	Flaming 50's. Rock 'n' Roll dance classes for all ages & abilities	Tuesday 7pm - 9.30pm	\$10 per lesson	Miriam Beasley 0409 183 620
Greek Elderly Citizens Club	Provides companionship & support for Greek speaking elderly citizens. Cards, bingo & dominoes	Thursday 9am - 2pm	Small cost	Mimi Charisiades 9749 5985

Name	Description	Frequency	Cost	Contact
Hoppers Crossing Senior Citizens Club Inc.	Seniors activities including social gatherings, bus trips & bingo.	Monday 10am - 2pm  Thursday 10am - 2pm	Small cost	Mary McIntyre 9689 3262  hoppersseniors@gmail.com
Macedonian Community Welfare Association	Macedonian Community Welfare Association. A planned activity group for seniors & people with a disability.	Tuesday 9am - 2.30pm	Cost on enquiry	Diana Sterjouska 8358 5999  Diana@mcwa.org.au
Planned Activity Group* Karen Group	A specific Karen Program	Tuesday 9am - 3pm	\$7.30	Aged & Disability Group Services 8734 4536
Planned Activity Group* Social Group	For older people to provide social opportunities and to encourage and maintain independence	Monday & Friday 9am – 3pm	\$7.30	Aged & Disability Group Services 8734 4536
Vietnam Veterans	Welfare services for veterans and their families	Wednesday 9am - 3pm	Free	Ray Matthew 0400 107 130  Secretary. melbournwest@waavic.org.au

Name	Description	Frequency	Cost	Contact
Werribee Community Singers	A Capella Singing Group	Wednesday 6.30pm – 10pm	Cost on enquiry	Helen Gunn 0407 493 065  gunn_adoo@hotmail.com  Facebook – Werribee Community Singers
Werribee Craft Group	Craft activities for women over 55	3rd Sunday of the month 12pm - 5pm	Cost on enquiry	Kathy Senior 9749 2883 0409 382 593  colinankathy@bigpond.com
Werribee Dutch Seniors	Support & recreation for Dutch born residents	Friday 10am - 3.30pm	Cost on enquiry	Connie Fawcett 9748 6731  rfawcett@bigpond.net.au
Wyndham Gentle Exercise Group	A gentle exercise & social interaction group for seniors & those with physical disabilities	Wednesday 9.30am – 1pm	Cost on enquiry	Shirley Hewitt 9734 7722  shirleyhewitt@optusnet.com.au
Wyndham PC User Group (Computers)	Information & support on using computer hardware & software for seniors	2nd Monday of the month & 3rd Tuesday of the month  7pm – 9.30pm	Cost on enquiry	Chris Hughes 0400 191 342  cchughes2@bigpond.com
Wyndham's Sew & So's for seniors	Activity for women over 55 to create handmade charity quilts	Friday 9am - 2pm	Small fee	Annie Scicluna 9369 3275  coup33@optusnet.com.au

\* Planned Activity Groups – Eligibility to attend is required

### THE GRANGE COMMUNITY CENTRE

260-280 Hogans Road, Hoppers Crossing

Ph: 8742 8000 E: enquiries@grangecommunity.org.au

W: <http://www.grangecommunity.org.au>

Name	Description	Frequency	Cost	Contact
Mature Martial Arts	Mixed martial arts. Individuals who want to stay fit and active and who want to put some fitness back into their changing and maturing lifestyle	Saturday 8 week program 9am -10am	\$120 for 8 weeks session	Karen Cain at Grange Community Centre
Morning Melodies	Music and morning tea	4 times per year	Contact Karen for Cost and Dates	Karen Cain at Grange Community Centre

### HOPPERS CLUB

180-200 Pannam Drive, Hoppers Crossing

Name	Description	Frequency	Cost	Contact
Carpet Bowls for All Abilities	Carpet bowls. All welcome	Monday & Friday 9am – 12pm	Must be a member of the Hoppers Club \$5  Carpet Bowls Sub-Club initial Joining Fee \$30 for first year and \$5 per year thereafter	Wally Martin 0407 491 931 wwallym@bigpond.com
Probus Club of Hoppers Crossing	Retired & semi-retired men. Social activities, guest speakers and day trips	3rd Wednesday of the month 9.30am – 11.30am	\$10 joining fee  \$35 Annual Membership	Collin 9749 1508 or 0413 580 472

### HOPPERS CROSSING SPORTS CLUB

Hogans Reserve, Hogans Road, Hoppers Crossing

Name	Description	Frequency	Cost	Contact
U3A – Australian History	Australian History class	Wednesday 1pm – 3pm	\$40 U3A Annual Fee & attend any U3A Program for free during the year	Merle Deslanted 9749 7746
U3A – Bridge -Introduction	Card Game – Introduction to Bridge	Friday 9am – 11.45am	\$40 U3A Annual Fee & attend any U3A Program for free during the year	Serita Mudford 0410 599 323
U3A - Bridge	Card Game	Friday 9am – 11.45am	\$40 U3A Annual Fee & attend any U3A Program for free during the year	Brian Kilfoyle 0409 073 869
U3A – Current Affairs	Current Affairs class	Thursday 10am – 11.30am	\$40 U3A Annual Fee & attend any U3A Program for free during the year	Tony Mason 9741 6476
U3A - Exploring History	Videos on Historical Topics	Monday 10am – 12pm	\$40 U3A Annual Fee & attend any U3A Program for free during the year	Brian Beck 9741 5460
U3A – French & Culture – Intermediate	French and culture class	Wednesday 10.30am – 12.30pm	\$40 U3A Annual Fee & attend any U3A Program for free during the year	Martha Siwek 9741 7610
U3A – Health & Wellbeing	Health & Wellbeing class	Wednesday 9am – 10.30am	\$40 U3A Annual Fee & attend any U3A Program for free during the year	Lyn Alder 9741 7735





Name	Description	Frequency	Cost	Contact
U3A - Mahjong	Play Mahjong	Thursday 1pm – 4pm	\$40 U3A Annual Fee & attend any U3A Program for free during the year	Rita Funnell 9296 1036
U3A – Music You Like to Hear	Music appreciation class	Friday 1pm – 3pm	\$40 U3A Annual Fee & attend any U3A Program for free during the year	Anna Mitchell 9741 2730
U3A – Needlecraft	Craft class	Tuesday 9.45am – 11.45am	\$40 U3A Annual Fee & attend any U3A Program for free during the year	Faye Weston 8754 1006
U3A – Photography	Photography Class	Tuesday 2pm – 3.30pm	\$40 U3A Annual Fee & attend any U3A Program for free during the year	Bernie Flaherty 0412 814 610 Bernief25@hotmail.com
U3A – Seniors Men Light Exercise	Gentle exercise for men	Tuesday 9.30am – 10.30am	\$40 U3A Annual Fee & attend any U3A Program for free during the year	Tony Bradford 9749 2248
U3A – Tai Chi	Gentle Exercise class	Monday 1pm – 2pm	\$40 U3A Annual Fee & attend any U3A Program for free during the year	Marie Dean 9741 7733

### HORN OF AFRICA

3/9 Motto Court, Hoppers Crossing

Name	Description	Frequency	Cost	Contact
Horn of Africa Communities Network	Social connection and support for people from African backgrounds	Wednesday 11am – 1pm	Contact for details	Jane 8742 7738
Social Support Group for Burmese Elders	Social connection and support for people from Burmese backgrounds	Thursday & Friday 11am – 1pm	Contact for details	Jane 8742 7738

### HOTEL 520

520 Sayers Road, Tarneit

Ph: 9748 8520

Name	Description	Frequency	Cost	Contact
Mad Mondays	2 Course Menu lunch Entre & Main or Main & Dessert	Monday 12pm – 2.30pm	\$12 Free Cappuccino on presentation of Seniors Card	Hotel 520
Morning Melodies	Enjoy a variety of entertainment for everyone	2nd last Wednesday of the month 10.30am – 12pm	\$5 Show and Morning Tea \$14 2 course lunch – bookings essential	Hotel 520



**IPC HEALTH CARE**

117 Warringa Crescent, Hoppers Crossing

Name	Description	Frequency	Cost	Contact
OM:NI Old Men New Ideas	Mens Discussion Group that aims to enhance the health, wellbeing and lifestyle of older men through social connections and sharing knowledge	1st & 3rd Tuesday of the month, 10am - 12pm	Free	Ted Morley 9748 8602 or 0422 959 214 egandb@ bigpond.com

**JULIA GILLARD LIBRARY TARNEIT**

150 Sunset Views Boulevard, Tarneit

Ph: 8734 0200 or bookings can be made via the Events Calendar at [www.wyndham.vic.gov.au/libraries](http://www.wyndham.vic.gov.au/libraries)

Name	Description	Frequency	Cost	Contact
All Ages Chess	Casual chess for all ages. Challenge new opponents, improve your skills, teach novices, or learn to play.	Mondays 4pm	Free	Online events calendar or Julia Gillard Library Tarneit
Craft & Conversation	Join us for a crafting session where you can meet and share conversation with other crafters!	Monthly on Fridays 11am – 1pm  Contact Library for monthly dates	Free	Online events calendar or Julia Gillard Library Tarneit
Midday Movies	Join us for some relaxing films and discussion of all the old favourites. Contact the library to find out what is screening. Tea, coffee and light snacks provided.	4th Thursday of the month 12pm – 2pm	Free	Online events calendar or Julia Gillard Library Tarneit

Name	Description	Frequency	Cost	Contact
Writing Club	Whether you like to make up stories, or tell tales from your life experience, come along to one of our writing workshops to share your work, meet other writers and participate in exercises.	Monthly on Wednesdays 6.30pm – 7.30pm and Friday 3pm – 5pm  Contact Library for monthly dates	Free	Online events calendar or Julia Gillard Library Tarneit

**LIFESTYLE SEASONS – CLUBHOUSE**

13 Sundial Boulevard, Tarneit

Name	Description	Frequency	Cost	Contact
U3A – Cards - 500	Card games	Wednesday 1pm – 4pm	\$40 U3A Annual Fee & attend any U3A Program for free during the year	Kay Dwyer 9731 6976

**PENROSE PROMENADE AGEING WELL FACILITY**

83 Penrose Promenade, Tarneit

Name	Description	Frequency	Cost	Contact
Ladies Club 60	Social gathering for local ladies of Indian origin. Make new friends and enjoy a cup of tea and chat.	Friday 12pm – 2pm	Free	Kanchan 0433 702 367
Planned Activity Group*  Dementia Specific Program	Groups for older people with memory loss to increase social interaction and provide respite for caregivers	Tuesday & Friday 9am - 3pm	\$7.30	Aged & Disability Group Services 8734 4536

\* Planned Activity Groups – Eligibility to attend is required

Name	Description	Frequency	Cost	Contact
Planned Activity Group* Social Group	Groups for seniors to provide social opportunities and to encourage and maintain independence & assist them to remain in their own home	Monday, Wednesday & Thursday 9am – 3pm	\$7.30	Aged & Disability Group Services 8734 4536
Planned Activity Group* Sri Lankan Group	Mixed Community Group indoor and outdoor activities	Friday 9am - 3pm	\$7 per session Fees may apply for some activities	Migrant Resource Centre North West Shaamalakhaa 9367 6044
Planned Activity Group* Vintage Club	Men’s Group- designed to meet the recreational & social needs of isolated older men in Wyndham.	Wednesday 9am – 3pm	\$7.30	Aged & Disability Group Services 8734 4536

**TARNEIT COMMUNITY LEARNING CENTRE**

150 Sunset Views Boulevard, Tarneit

Ph: 9748 9822 E: tarneitclc@wyndham.vic.gov.au

W: [http://www.wyndham.vic.gov.au/residents/community/comcentres/community\\_centre\\_listing/tarneit](http://www.wyndham.vic.gov.au/residents/community/comcentres/community_centre_listing/tarneit)

Name	Description	Frequency	Cost	Contact
Club 60 Tarneit	Group for those 60+ from Indian community	Monday 12.30pm – 2.30pm  Thursday 1.30pm – 3.30pm	Free	Sunil Abbott  0449 101 455  club60.tarneit@gmail.com

\* Planned Activity Groups – Eligibility to attend is required

U3A – Computers - Beginners	Computers for Beginners	Tuesday 10am -12pm	\$40 U3A Annual Fee  & attend any U3A Program for free during the year	Don Lee  9749 2798
U3A – Computers – Intermediate	Computers for Intermediate level	Tuesday 1pm - 3pm	\$40 U3A Annual Fee  & attend any U3A Program for free during the year	Don Lee  9749 2798
Get Crafty	Craft Group	Tuesday & Wednesday 9.30am - 12.30pm	Free  Bring your own project	Tarneit Community Learning Centre



**CROSSROADS UNITING CHURCH**

Synott Street, Werribee

Name	Description	Frequency	Cost	Contact
Gentle Exercise to Music (GEMS)	Gentle exercise for seniors	Thursday 9.30am – 10.30am	\$7	Lilian Truan  9741 2349
U3A – Yoga for Older People	Yoga class	Thursday 1.15pm – 2.30pm	\$40 U3A Annual Fee  & attend any U3A Program for free during the year	Trevor Walsh  0438 304 638

**EAGLE STADIUM**

35 Ballan Road, Werribee

Ph: 8734 5677

Name	Description	Frequency	Cost	Contact
Adult Active	Seniors strength stretch, spin & circuit	Tuesday 9.20am - 10am	\$7 per session	Eagle Stadium
Council on the Ageing (COTA)	Living longer, living stronger over 50's	Tuesday & Thursday 10am - 12pm	\$30 initial consultation \$6 per session Require form to be filled in by Doctor before 1st session	Eagle Stadium

**IRAMOO COMMUNITY CENTRE**

84 Honour Avenue, Wyndham Vale

Ph: 8742 3688 E: admin@iramoooc.com.au W: <http://www.iramoooc.org.au/>

Name	Description	Frequency	Cost	Contact
Arts Group	Learn to explore the arts and join like-minded people	During School Terms Tuesday 10.30am - 1pm	\$5	Iramoo Community Centre
Ballroom Dancing	Dancing	Thursday 7pm - 8pm	Fees Apply	Jarryd 0409 219 589
Community Cooking Program	Cooking group, cooking creative meals and sharing with friends	Tuesday 9am – 12pm	\$5	Iramoo Community Centre
Crafterees Group	Bring in your own craft projects to work on in a social environment	Wednesday 12pm - 3pm	Free	Iramoo Community Centre

Name	Description	Frequency	Cost	Contact
Deadly Kitchen	Cooking group for older Indigenous people	Fortnightly on Fridays 10.30am - 1.30pm	\$5	Iramoo Community Centre
Food Swap	Swapping of home grown vegetables/ fruits	3rd Saturday of the month 11am - 12pm	Free	Coralee 0403 433 795
Go Gospel Church	Go Gospel Church	Sunday 9am - 12.30pm	Free	Patrick 0478 004 271
Iramoo Quilters	Quilting group, bring along your project, and share knowledge and skills	4th Saturday of the month 12.30pm - 4pm	\$5 Bring your own quilting project/s	Josie 9749 4747
Live it Up – Wyndham Chronic Pain Management Group	Support, nurturing, social & creative activities	Fortnightly on Wednesdays 10am - 12pm	\$3 contact Ruth for more information about when group is held	Ruth 0400 799 824
Mahamenva meditation Group	Meditation Supper included	3rd Sunday of the month 4pm - 8.30pm	Free	Dimuth 0401 443 011
Men's Cooking Group	Cooking group in a social environment	Thursday 9.30am - 12.30pm	\$5	Iramoo Community Centre
Over's 50 Club	Play games, bowl, dance, share lunch & friendship.	Monday 10am - 3.30pm	Club joining fee: \$10 Annual fee: \$10 Meeting fee: \$2 (includes refreshments) Monthly trip costs vary	Bob White 0409 492 226

Name	Description	Frequency	Cost	Contact
Painting Group	Bring your supplies, or we will help you get started	During School Terms Tuesday 1.30pm - 4pm	Free	Iramoo Community Centre
Seniors Light Exercise	Light exercise class followed by social cuppa	Tuesday 9am - 10.30am	\$5	Iramoo Community Centre
Social Bus Trips	Visiting pubs, op shops, markets, gardens, local treasures and developing mutual interests & friendships	Contact for dates of outings	Fees apply	Iramoo Community Centre
Spinning Wheel Dance Group	Learn Rhumba and Waltz with rhythms such as Cha Cha and Foxtrot	Tuesday 1.30pm – 3.30pm	Fees Apply	Carol 0400 354 445
Sunrise Women's Group	For women with a disability or mental illness	Fortnightly on Mondays 10am - 1.30pm	Free	Tess 9689 9588
Tai Chi	Excellent exercise for balance, mental well-being with a Tai Chi Facilitator  Qigong – gentle rhythmic movements	Wednesday 9am - 10am  Friday 8.45 - 9.45am	\$5	Iramoo Community Centre



### ITALIAN SPORTS CLUB OF WERRIBEE

601 Heaths Road, Werribee

Ph: 9741 1225 E: manager@iscw.com.au W: www.iscw.com.au

Name	Description	Frequency	Cost	Contact
Retired Persons of Werribee	Social general meetings with guest speakers & various activities.	2nd Friday of the month 9.30am - 12.00pm	Cost on enquiry	Dawn 9749 8872
Rotary Club of Werribee	Group of like-minded community focussed people. Volunteer services for local and international projects.	Tuesday 6.30pm – 8pm	Contact for details	secretary@rotaryclubofwerribee.org.au <a href="http://rotaryclubofwerribee.org.au">http://rotaryclubofwerribee.org.au</a>
Rotary Club of Wyndham	Like minded community focussed people. Volunteer services for local and international projects	Wednesday 6.30pm for a 6.45pm start – 8.15pm	Contact for details	Gary 0418 788 838
Wyndham Life Activities** Bookclub	Discussions over lunch	2nd Friday of the Month 11.30am	Seniors Annual Membership Fee \$15 \$5 per session Places Limited	Italian Sports Club of Werribee
Wyndham Life Activities** Caravanning	Regular weekends away and bi-monthly dinner	Contact for details	Seniors Annual Membership Fee \$15  Site and associated expenses for trips	Italian Sports Club of Werribee

\*\*Life Activities Club - In order to take part in Life Activities, you need to be a member of the Italian Sport Club of Werribee

Name	Description	Frequency	Cost	Contact
Wyndham Life Activities** Double 15 Dominos	In the ISCW Members Bar	Monda 12pm	Seniors Annual Membership Fee \$15	Italian Sports Club of Werribee
Wyndham Life Activities** Games & Coffee	In the Members Bar	Wednesday 12.30pm	Seniors Annual Membership Fee \$15	Italian Sports Club of Werribee
Wyndham Life Activities** Gardening	Some trips are included to local areas	1st Thursday of the month 10am	Seniors Annual Membership Fee \$15	Italian Sports Club of Werribee
Wyndham Life Activities** Golf	9 Holes at Werribee Golf Club	Monday & Friday 8.30am	Seniors Annual Membership Fee \$15 Green fees payable	Italian Sports Club of Werribee
Wyndham Life Activities** Line Dance	Line dancing followed by coffee	Wednesday 10am	Seniors Annual Membership Fee \$15 \$5 per session	Italian Sports Club of Werribee
Wyndham Life Activities** Mahjong	Meet with other like-minded people who enjoy this activity	2nd, 4th & 5th Thursday of the Month 10am – 12pm	Seniors Annual Membership Fee \$15	Italian Sports Club of Werribee
Wyndham Life Activities** Meet and Eat Lunch	Various venues	Last Friday of the month 12pm	Seniors Annual Membership Fee \$15 Cost of lunch	Italian Sports Club of Werribee

Name	Description	Frequency	Cost	Contact
Wyndham Life Activities** Movie Group	Information through the Life Activities Newsletter	4th Tuesday evening of the month Village Cinemas, Werribee	Seniors Annual Membership Fee \$15 Cost of Movie entry	Italian Sports Club of Werribee
Wyndham Life Activities** Photography Group	In the Presidents Room	2nd Tuesday of the month 7pm	Seniors Annual Membership Fee \$15	Italian Sports Club of Werribee
Wyndham Life Activities** Walking Group	Begins at the ISCW Car Park. Walk followed by coffee	Sunday at Italian Sports Club Car Park 9am	Seniors Annual Membership Fee \$15	Italian Sports Club of Werribee
Happy Hour	Meet ISCW Club members. A raffle is held each Friday & a BBQ is held 4 times a year	Friday 5.30pm – 7pm	Seniors Annual Membership Fee \$15	Italian Sports Club of Werribee

\*\*Life Activities Club - In order to take part in Life Activities, you need to be a member of the Italian Sport Club of Werribee

**KELLY PARK CENTRE**

2B Synnot Street, Werribee

Name	Description	Frequency	Cost	Contact
Tai Chi for Seniors	Tai Chi - gentle movements	Tuesday 7pm - 8pm Thursday 5.30pm - 6.30pm	Gold coin donation	John Sindoni 9741 9825 or 0418 512 255 j.sindoni@live.com.au

Name	Description	Frequency	Cost	Contact
Circolo Pensionati italiani Di Wyndham	Meetings & social events for Italian Seniors.	Wednesday 11am-4pm	Cost on enquiry	Mario Sammartino 9741 1450
Combined Probus Club of Wyndham Inc	Meetings & fellowship for retired & semi-retires persons who value opportunities to meet with others of similar interest, enjoy hearing addresses by guest speakers on topical subjects, and outings/ activities of specific appeal to members. Non political & non sectarian.	2nd Tuesday of the month (Feb – Dec) 1.30pm	Joining Fee \$20; Annual Membership \$40	Denice Strong 9734 9025 CPWyndham@outlook.com
Friendship Club Werribee	Social activities for Wyndham’s Italian Community including bingo & cards.	Thursday & Sunday 1pm-4.00pm	Cost on enquiry	Lino Massese 9741 2385
Ladies Probus Club of Werribee	A social ladies group with guest speakers & various activities.	1st Monday of the month 8.30am - 12pm	Cost on enquiry	Gloris Reynolds 9749 5955
Werribee Orchid Society	Orchid growing & conversation	3rd Tuesday of the month 6.30pm - 10.30pm	Cost on enquiry	Faye Piovesan 9734 2634 piovesan@optusnet.com.au

Name	Description	Frequency	Cost	Contact
Spanish Pensioners & Senior Citizens of Werribee	Senior group of Spanish speaking heritage that meet to play bingo, cards & outings throughout the year.	Monday 9.30am-2.30pm	cost on enquiry	Maribel Monterrosa 0421 091 390
Wyndham Seniors Card Club	Play cards & other social activities.	Tuesday and Thursday 9am – 2pm	Cost on enquiry	Anne Farrar c/- halls@wyndham.vic.gov.au
Werribee Senior Citizens	Bingo, activities & outings.	Wednesday 8.30am-12pm	Cost on enquiry	Aristea Grech 0423 303 882

**OLD SHIRE OFFICES**

Cnr Watton Street & Duncans Road, Werribee

Name	Description	Frequency	Cost	Contact
Australian Plant Society Wyndham	To meet other people who are interested in Australian native plants.	2nd Wednesday bi-monthly 7.30pm - 9.30pm	Cost on enquiry	Angela Whiffin 0430 551 631 angelawhiff@hotmail.com
ANCRI	Social gathering for over 55’s that play cards and bingo.	Monday & Friday 12pm – 4pm	Cost on enquiry	Paul Arbaci 9741 1752
Country Women’s Association	Discussion & craft activities providing opportunities for friendship and personal development.	1st Wednesday of the month 7pm – 10pm	Cost on enquiry	Nancy Brennan 0409 258 678
Polish Senior Citizens Club	Social gatherings, recreational activities, discussions & excursions.	Wednesday 11.30am-2.30pm	Cost on enquiry	Stacy Kubik 9741 4407



Name	Description	Frequency	Cost	Contact
Werribee Women's Group	An avenue for women to attend and meet for group activities	3rd Tuesday of the month 12pm– 3pm	Cost on enquiry	Yvonne Redmond 8734 2078 zuludave69@hotmail.com
Macedonian Senior Citizens	Meet, coffee and chat group	Thursday 11am-4pm	Contact for details	Krume Sazdovski 9749 1120

**QUANTIN BINNAH COMMUNITY CENTRE**

61 Thames Boulevard, Werribee

Ph: 9742 5040 E: qb@qbcc.org.au

Name	Description	Frequency	Cost	Contact
Pink Ladies of Wyndham	Create knitting, crochet and craft. Getting together and socialising	Wednesday 9.30am – 12pm	Free	Quantin Binnah Community Centre
Tai Chi	Gentle exercise structured for senior members of the community.  Followed by discounted lunch for socialising.	Tuesday 11am – 12pm	\$8 session	Quantin Binnah Community Centre
Warm Hearts of Wyndham	Meet and work on group or individual knitting projects for charity – Cancer Council of Australia	3rd Saturday of the month 2pm - 4.30pm	Bring plate of food to share	Quantin Binnah Community Centre



**PACIFIC WERRIBEE/PLAZA LIBRARY**

Shop MM11, Level 1, Pacific Werribee Shopping Centre, Derrimut Road, Werribee

Ph: 8734 2600 or bookings can be made via the Events Calendar at [www.wyndham.vic.gov.au/libraries](http://www.wyndham.vic.gov.au/libraries)

Name	Description	Frequency	Cost	Contact
All Ages Chess	Casual chess for all ages. Challenge new opponents, improve your skills, teach novices, or learn to play.	Thursday 4pm	Free	Online events calendar or Plaza Library
Board Games Night	We have a collection of games to choose from, or you can bring your own! Join in on the fun playing classic and more recent board games.	Monthly on Wednesdays 5pm – 8pm Contact Library for monthly dates	Free	Online events calendar or Plaza Library
Craft & Conversation	Join us for a crafting session where you can meet and share conversation with other crafters	Monthly on Fridays 12.30pm – 2.30pm Contact Library for monthly dates	Free	Online events calendar or Plaza Library



Name	Description	Frequency	Cost	Contact
Family History Group	Located in the Family and Local History Room, people who are researching their Family Histories meet and share what they have found. There are people in this group with lots of experience who are happy to help you.  This is a self-help group that is run by an experienced facilitator; we talk about our latest finds, new sites, what's on in our state and problem solve.	Last Saturday of the month 10am	Free	Online events calendar or Plaza Library
Genealogy Tours	Start your family tree in the Family History Room. Access records on ancestry. Beginners will be given a sample bag full of useful information	Thursday 2pm – 3pm	Free	Online events calendar or Plaza Library

**PRIVATE HOUSE**

Werribee

Name	Description	Frequency	Cost	Contact
U3A – Book Club	BookClub	Wednesday 1.30pm – 3.30pm	\$40 U3A Annual Fee & attend any U3A Program for free during the year	Libby Pearson 9749 8295
U3A – The Christians: Their History	The Christians: Their History class	Monday 10am – 12pm	\$40 U3A Annual Fee & attend any U3A Program for free during the year	Cecilia Conway-Wright 0407 558 825
U3A – Great Songwriters course	Great Songwriters course	Tuesday 1pm – 2.30pm	Term 4 Only \$40 U3A Annual Fee & attend any U3A Program for free during the year	John Funnell 9296 1036
U3A – Music at Cecilia's	Music class	Tuesday 1pm – 2.30pm	\$40 U3A Annual Fee & attend any U3A Program for free during the year	Cecilia Conway-Wright 0407 558 825



**SALVATION ARMY**

Pacific Werribee, Cnr Derrimut & Heaths Road, Werribee (Werribee Plaza)

Ph: 9741 7359

Name	Description	Frequency	Cost	Contact
Coffee with friends	Meet at Food court, near Big W, enjoy friendship & support	Friday 10am	Cost of coffee	Salvation Army
Community Lunch	Come along and enjoy a great meal & fellowship.	Tuesday, Wednesday & Thursday 12pm	Gold Coin Donation	Salvation Army

**WATTON CAFÉ**

1/69 Watton Street, Werribee

Name	Description	Frequency	Cost	Contact
Watton Carer Support Group	Caring and sharing group for carers of people with mental health issues – coffee and chat and sharing of information and support	3rd Tuesday of the month 10am – 11am	Cost of coffee Gold coin donation	Patricia 0434 487 360 or Priscilla 0413 071 928



**WERRIBEE BOWLS CLUB**

Chirnside Park, Werribee

Name	Description	Frequency	Cost	Contact
Lawn Bowls	Variety of programs to suit all abilities and all levels from beginner to advanced - includes barefoot bowls, social get-togethers and bingo. Coaching sessions are also available	Various programs	Contact for details	Werribee Bowls Club 9741 3229 werribeebowls@hotmail.com www.werribeebowls.com.au
Probus Club of Werribee	Retired & semi-retired men. Social activities, guest speakers and day trips	4th Monday of the month 10am – 12pm	Annual Fee \$30 Joining/admin fee \$5	Noel 9974 2227 or 0412 059 040
Werribee Jazz Club	Enjoy live bands featuring some of Australia's best jazz musicians playing Traditional, Dixieland, Swing and mainstream Jazz.	3rd Saturday of the month 8pm – 11pm	\$15 Members, \$20 Visitors 8pm	Neville 0428 544 943

**WERRIBEE CHURCH OF CHRIST**

Name	Description	Frequency	Cost	Contact
Let's Talk Conversational English	People wanting to practice their conversation English. Morning tea included. All welcome.	Saturday 10am – 11.30am	Free (Includes Morning Tea)	Bronwen Hickman 9749 2510 bronhickman@optusnet.com.au

**WERRIBEE LIBRARY**

177 Watton Street, Werribee

Ph: 9742 7999 or bookings can be made via the Events Calendar at [www.wyndham.vic.gov.au/libraries](http://www.wyndham.vic.gov.au/libraries)

Name	Description	Frequency	Cost	Contact
Craft & Conversation	Join us for a crafting session where you can meet and share conversation with other crafters	Monthly on Tuesdays 1pm – 3pm Contact Library for monthly dates	Free	Online event calendar or Werribee Library
iPad Training - Beginners	This class will take you through some of the basic operations of your tablet and give you the opportunity to ask some of your burning questions. So, bring your iPad and come down for an APPS-olutely educational time!	Monthly on Wednesdays 2pm – 3pm Contact Library for monthly dates	Free	Online event calendar or Werribee Library
iPad Training - Intermediate	Expand your knowledge and come on down to learn about e-books, wi-fi connection and a few further learning tools to help you become an APPS-olutely iPad CHAMPION!	Monthly on Wednesdays 2pm – 3pm Contact Library for monthly dates	Free	Online event calendar or Werribee Library



**WYNDHAM COMMUNITY & EDUCATION CENTRE**

3 Princes Highway, Werribee

Ph: 9742 4013 W: <http://www.wyndhamcec.org.au>

Name	Description	Frequency	Cost	Contact
Broadband For Seniors (Computers)	Broadband Seniors Learn how to use a computer and access the internet	Monday to Friday by booking	Free	Wyndham Community & Education Centre
Communities of Burma Women's Elders Group	Educational/social group for women elders with alternating incursion and excursions fortnightly, sometimes together with the men's group.	Fortnightly on Tuesdays 9.30am -2pm Excursions can go all day	Free Excursions may incur a fee	Wyndham Community & Education Centre
Communities of Burma Men's Elders Group	Educational/social group for men elders with alternating incursion and excursions fortnightly, sometimes together with the women's group.	Fortnightly on Fridays 11pm -2pm Excursions can go all day	Free Excursions may incur a fee	Wyndham Community & Education Centre

**WYNDHAM PARK COMMUNITY CENTRE**

55-57 Kookaburra Avenue, Werribee

Name	Description	Frequency	Cost	Contact
U3A – Mosaics	Mosaics	Wednesday 9.45am - 12pm	\$40 U3A Annual Fee & attend any U3A Program for free during the year	Helen Galea 9749 1207

Name	Description	Frequency	Cost	Contact
U3A – Singing for Fun	Singing for fun and music appreciation	Friday 1am - 3pm	\$40 U3A Annual Fee & attend any U3A Program for free during the year	Robyn Camilleri 9748 1356
Country Womens Association	General interest group for senior women	3rd Wednesday of the month 1pm – 4.30pm	Contact for details	Nancy Brennan 0409 258 678
The Needlecasers	Knitting, Sewing & Quilting group	Friday 9am – 12pm	Gold coin donation	Ring Lesley to confirm venue 9974 0506
Bhartiya Seniors Association	Indian cultural and support group	Last Saturday of the month 2pm - 4pm	Contact group for costs	Nirmal 0401 499 199
Kookaburra Girls	Women's Shed women's group activities such as welding and woodwork	Monday 9am - 1pm	\$50 annual membership	Wyndham Park Community Centre - Shed 8742 6448
Men's group	Men's shed –varied activities eg woodwork, Metal work, Bicycle Repair chat over tea/ coffee	Tuesday & Thursday 9am -3pm	\$50 annual membership (\$12.50 payable each quarter)	Wyndham Park Community Centre - Shed 8742 6448



**WYNDHAM VALE  
COMMUNITY LEARNING  
CENTRE**

86 Manor Lakes Boulevard,  
Wyndham Vale

**Ph:** 8734 8934

Name	Description	Frequency	Cost	Contact
Craft Group	Bring along your craft project or try something new	Monday 10am-12pm	Free	Wyndham Vale Community Learning Centre
Craft Group	Bring along your craft project for over 50's	Friday 9am -12pm	Free	Wyndham Vale Community Learning Centre
Gentle Exercise Class	Gentle Exercise Program	Wednesday 9am – 10am	\$6 per class	Wyndham Vale Community Learning Centre
Wyndham Patchworkers Inc.	Friendly group with a common interest in patchwork and quilting	2nd Saturday of the month 11am – 4pm 4th Saturday of the month 9.30am – 4pm	New Membership (including badge) \$40 Renewal \$30 \$4 per session	Wyndham Patchworkers wyndham patchworkersinc@hotmail.com

**WYNDHAM VALE LIBRARY**

86 Manor Lakes Boulevard, Wyndham Vale

**Ph:** 8734 8930 or bookings can be made via Wyndham City Events Calendar at [www.wyndham.vic.gov.au/libraries](http://www.wyndham.vic.gov.au/libraries)

Name	Description	Frequency	Cost	Contact
Family History Group	Join others who have an interest in researching their Family History and learn about new resources and events as they happen.	Monthly on a Monday 1.30pm – 2.30pm  Contact Library for monthly dates	Free	Online events calendar or Wyndham Vale Library
Movie Club	Watch Movies and discuss them with others. This is an adult event and a light supper is provided.	3rd Tuesday of each month  Doors open at 6pm with the movie scheduled to screen at 6.30pm	Free	Online events calendar or Wyndham Vale Library
Writing Club	Whether you like to make up stories, or tell tales from your life experience, come along to one of our writing workshops to share your work, meet other writers and participate in exercises.	Monthly on Tuesdays 1pm – 2.30pm  Contact Library for monthly dates	Free	Online events calendar or Wyndham Vale Library

**DIGGERS ROAD**

Soldiers Memorial Hall, Diggers Road (opposite intersection of Whites Road), Werribee South

**Wyndham Rural**

Name	Description	Frequency	Cost	Contact
Werribee Painters	Art Classes for seniors	Wednesday 1.30pm - 9.30pm	Small fee	Tony Bramwell 0403 428 129 tony.bramwell@beagle.com.au
Rate Payers of Werribee South Seniors Group	A cuppa, a chat, guest speakers attend, activities with friends	2nd Tuesday of the month 12.30pm-3.30pm	Free	Joanne 0421 074 285 Joanne870@hotmail.com

**Other Locations**

**VARIOUS LOCATIONS**

Name	Description	Frequency	Cost	Contact
Lunch with the Bunch	Social support program - lunch for older adults at various locations	Operates daily however participants attend once/week and/or once/fortnight	Eligibility criteria Variable cost \$5-\$10 and can include transport	Referrals through My Aged Care (65+) on 1800 200 422

**61 CENTRAL AVENUE, ALTONA MEADOWS**

Friendship Group	A place to come and meet new friends – get together to chat and organise outings	Wednesday 7.30pm	\$6 No joining fee	Jan Papworth 0432 935 706
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**SUN THEATRE, YARRAVILLE**

U3A – Lunch & Movie Group	Lunch and movie	2nd Monday of the month 10am – 12pm	\$40 U3A Annual Fee & attend any U3A Program for free during the year	Kaye Harvey 0402 631 171
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**Disclaimer:** The information contained in this Directory is true at time of print July-August 2017.

# Update Your Details



If you attend a group that has changed details or is not listed and you would like it to feature in the online version and future editions, please complete the following:

Group Name: \_\_\_\_\_

Venue (where you meet): \_\_\_\_\_

Brief Description: \_\_\_\_\_

Frequency (How often you meet): \_\_\_\_\_

Cost: \_\_\_\_\_

Contact Person – Name: \_\_\_\_\_

Contact Person – Phone: \_\_\_\_\_

Contact Person – Email: \_\_\_\_\_

Any other information (e.g. Website):  
\_\_\_\_\_

Return completed form to:

Amanda Burns  
Positive Ageing & Disability Community  
Development Officer  
Community Planning & Development  
Wyndham City council  
PO Box 197  
Werribee VIC 3030

Alternatively, you can email this  
information to:

[AgedDisabilityEvents@wyndham.vic.gov.au](mailto:AgedDisabilityEvents@wyndham.vic.gov.au)