# Social Directory

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# Introduction

This directory has been created to list the many and varied activities across the city of Wyndham.

The directory has been sectioned into Districts to allow you to quickly find local activities close to where you live or work.

The districts are as follows:

* **Wyndham East:** Point Cook, Truganina, Williams Landing and Laverton North
* **Wyndham Central:** Tarneit and Hoppers Crossing
* **Wyndham West:** Werribee, Wyndham Vale and Manor Lakes
* **Wyndham Rural:** Little River, Werribee South, Mt. Cottrell, Cocoroc, Mambourin and Quandong

If you attend a group that is not listed and you would like it to feature in the online version and future editions, please contact Wyndham City on 9742 0777 or email [Aged & DisabilityEvents Email](mailto:Aged%20&%20DisabilityEvents%20Email) (AgedDisabilityEvents@wyndham.vig.gov.au)

# Community Centres

There are a range of Community Centres located throughout Wyndham, many of which offer programs and activities for older adults.

Below is a list of all the centres in the area. Check out your local centre – pop in and say hello to the friendly staff and see what’s on offer.

**Wyndham East**

**Point Cook**

* Featherbrook Community Centre

33 – 35 Windorah Drive, Point Cook

Ph: 8353 4000 or E: [Featherbrook Community Centre Email](mailto:Featherbrook%20Community%20Centre%20Email) (featherbrookcc@wyndham.vic.gov.au)

* Jamieson Way Community Centre

59 Jamieson Way, Point Cook

Ph: 9395 3777 or E: [Jamieson Way Community Centre Email](mailto:Jamieson%20Way%20Community%20Centre%20Email) (admin@jamiesonwaycc.org.au)

* Point Cook Community Centre

1-21 Cheetham Street, Point Cook

Ph: 9395 6399 or E: [Point Cook Community Learning Centre Email](mailto:Point%20Cook%20Community%20Learning%20Centre%20Email) (pointcookclc@wyndham.vic.gov.au)

* Saltwater Community Centre

153 Saltwater Promenade, Point Cook

Ph: 8376 5500 or E: [Saltwater Community Centre Email](mailto:Saltwater%20Community%20Centre%20Email) (saltwatercc@wyndham.vic.gov.au)

**Truganina**

* Arndell Park Community Centre

29-49 Federation Blvd, Truganina

Ph: 8734 8911 or E: [Arndellpark Community Centre Email](mailto:Arndellpark%20Community%20Centre%20Email) (arndellparkcc@wyndham.vic.gov.au)

**Wyndham Central**

**Tarneit**

* Penrose Promenade Community Centre

83 Penrose Promenade, Tarneit

Ph: 8734 4500 or E: [Penrose Promenade Community centre Email](mailto:penrosepromenadecc@wyndham.vic.gov.au) (penrosepromenadecc@wyndham.vic.gov.au)

* Tarneit Community Learning Centre

150 Sunset Views Boulevard, Tarneit

Ph: 9748 9822 or E: [Tarneit Community Learning Centre Email](mailto:Tarneit%20Community%20Learning%20Centre%20Email) (tarneitclc@wyndham.vic.gov.au)

**Hoppers Crossing**

* Grange Community Centre

260-280 Hogans Road, Hoppers Crossing

Ph: 8742 8000 or E: [Grange Community Centre Email](mailto:Grange%20Community%20Centre%20Email) (enquiries@grangecommunity.org.au)

* Yerambooee Community Centre

55 Maple Crescent, Hoppers Crossing

Ph: 9748 9310 or E: [Yerambooee Community Centre Email](mailto:Yerambooee%20Community%20Centre%20Email) (yerambooeecc@wyndham.vic.gov.au)

**Wyndham West**

**Werribee**

* Quantin Binnah Community Centre

61 Thames Boulevard, Werribee

Ph: 9742 5040 or E: [Quantin Binnah Community Centre Email](mailto:Quantin%20Binnah%20Community%20Centre%20Email) (qb@qbcc.org.au)

* Wyndham Community & Education Centre

3 Princes Highway, Werribee

Ph: 9742 4013 or E: [Wyndham Community & Education Centre Email](mailto:Wyndham%20Community%20&%20Education%20Centre%20Email) (enquiries@werribeecc.net)

* Wyndham Park Community Centre

55 - 57 Kookaburra Avenue, Werribee

Ph: 8742 3975 or E: [Wyndham Park Community Centre Email](mailto:Wyndham%20Park%20Community%20Centre%20Email) (admin@wyndhamparkcc.com.au)

**Wyndham Vale**

* Iramoo Community Centre

84 Honour Avenue, Wyndham Vale

Ph: 8742 3688 or E: [Iramoo.Community Centre Email](mailto:Iramoo.Community%20Centre%20Email) (admin@iramoo.com.au)

* Wyndham Vale Community Learning Centre

Cnr Manor Lakes Bld & Howqua Way, Wyndham Vale

Ph: 8734 8934 or E: [Wyndham Vale Community Learning Centre Email](mailto:wyndhamvaleclc@wyndham.vic.gov.au) (wyndhamvaleclc@wyndham.vic.gov.au)

# Walking Groups

Take the first steps to health and fitness by joining a Walking Group. It’s a great way to meet new people and is a completely FREE activity.

Just 30mins of walking each day may assist you to reduce your risk of heart attack, manage your weight, lower blood cholesterol and risk of type 2 diabetes, as well as helping to increase bone and muscle strength. Walking can also help to improve mood and boost energy. Start walking more today!

**Werribee River Rovers**

When: Thursdays at 10am

Where: Meet at the corner of Watton & Greaves Street, Werribee (near the outdoor pool)

Duration: 1 hour

Contact: Mike 97414313 or 0429 798 653

**Werribee River Walking Group**

When: Wednesdays at 10am

Where: Meet at the corner of Watton & Greaves Street, Werribee (near the outdoor pool)

Duration: 1 hour

Contact: Marion 9741 4240

**VU Strutters**

When: Wednesdays at 2pm

Where: Meet at Victoria University Health and Fitness Centre. Gate 3, Building 7, Hoppers Lane, Werribee

Non-members welcome

Duration: 1 hour

Contact: VU Sport 9919 8173

**WOOP Wanderers**

When: Tuesdays at 10am

Where: Meet in the car park at Werribee Outdoor Olympic Pool (WOOP), Chirnside Park, Watton Street, Werribee

Duration: 1 hour

Contact: Alan 0449 675 725 or Carina 9741 3218

**Iramoo Strollers**

When: Thursdays at 9.30am

Where: Meet at Iramoo Community Centre, 84 Honour Av, Wyndham Vale

Duration: 1.5 hours

Contact: Lynn 0414 644 395

**Pacific Werribee Pacers**

The Pacers walk inside the shopping centre before the centre opens, offering a safe environment for people of all ages and abilities to walk free from the restrictions of the weather, poor footpaths or busy roads. They enjoy a discounted coffee and a chat following their walk.

When: Wednesday & Thursday at 8am

Where: Pacific Werribee, Cnr Derrimut Rd & Heaths Rd, Werribee, Meet at the Information Desk.

Duration: 30 minutes to 1 hour

Contact: Customer Service at Pacific Werribee 9749 5111

**Wyndham Life Activities Group**

When: Sundays at 9am

Where: The Italian Social Club of Werribee

Duration: 1 hour - Walking around the Werribee River

Cost: Italian Social Club membership (between $15 & $30 a year)

Contact: Audrey 0417 373 482

**Werribee Bushwalking and Outdoor Club**

When: 1st Thursday of every month, 8pm to 9pm to discuss various walks

Where: The 1st Werribee Scout Hall, College Road, Werribee (Melway Map 206/A9)

Contact: Kevin 9974 0260 or E: [Werribee Bushwalking Email](mailto:Werribee%20Bushwalking%20Email) (enquiries@werribeebushwalking.com)

Website: Werribee Bushwalking Website (www.werribeebushwalking.com)

**Point Cook Town Centre Walking Group**

When: Mondays, Tuesdays & Wednesdays at 9am

Where: Meet at the front of the Dry Cleaners, Shop 115, Coles Precinct, Point Cook Town Centre Duration: 1 hour

Contact: Bev 9395 1953

**Featherbrook Walking Group**

Mothers with Prams Welcome

When: Wednesdays at 10am

Where: Meet at Featherbrook Community Centre, 33-35 Windorah Drive, Point Cook

Duration: 45 minutes

Contact: The Community Centre 8353 4000

**The Grange Community Centre Walkers**

When: Thursdays at 9.30am

Duration: 45 minutes

Where: The Grange Community Centre, 260-280 Hogans Rd, Hoppers Crossing

Contact: Karen Cain on 8742 8000

Wyndham has lots of other exercise opportunities including Bike and Walking trails, sporting clubs, recreation and leisure centres, parks and facilities.

For more information visit: [Wyndham City Council Website](mailto:Wyndham%20City%20Council%20Website) (community.development@wyndham.vic.gov.au) or contact the Community Development Team on 9742 0777 or email [Community Development Email](mailto:Community%20Development%20Email) (community.development@wyndham.vic.gov.au)

# Seniors Register

Wyndham Seniors Register is for older residents who sometimes feel isolated. The Wyndham Seniors Register is a partnership between Werribee Police and Wyndham City. This partnership aims to ensure older people who live in their own home feel safe and confident that the Police are concerned for their welfare.

How do I join?

If you are 65 or over living in Wyndham, you can contact Werribee Pro-active Policing Unit, Leading Senior Constable Amma Bridgeman on 9742 9497 for an application form.

What happens after I join?

Once you join, your details will be entered into a confidential database at the Wyndham North Police Station. You will then be issues with an identity card. This identity card provides valuable information to the emergency services in the event of an emergency occurring while you are away from home.

In addition, a volunteer will contact you regularly by phone to check on your welfare and allow you to raise any issues or concerns.

For more information, contact Leading Senior Constable Amma Bridgeman on 9742 9497.

# Travellers Aid

Did you know…? Travellers Aid has now been in operation for 100 years!

Travellers Aid started as a service to support women and children arriving in Melbourne, but now runs a variety of services.

Services in Melbourne are located at:

* Flinders Street Station – Platform 10 (8am – 8pm Mon – Sun)
* Southern Cross Station (Spencer Street) – Under Bourke Street footbridge (6.30am – 9.30pm, Mon – Sun)
* Seymour Station (10m – 6.30pm, Mon – Fri)

Services include:

* Emergency Relief

Transport options and advice to help travellers in emergency situations feel safe and empowered (Southern Cross Station only)

* Travellers Aid Access Service (TAAS)

Free personal care assistance to seniors or travellers with a disability.

* Pathways to Education

Subsidised student travel tickets to help disadvantaged students attend school.

* Companion Service

Assistance with getting to and from essential appointments.

* Community Travel Training

Public Transport information sessions to inform about public transport and encourage public transport use

* Buggy & Personal Guidance Service

Helping ensure safe passage at Southern Cross Station

* Mobility Equipment Hire

Assisting people who are frail, aged, or living with a disability.

* Tourist info, rest, & other facilities

Information and facilities for travellers in transit.

* Internet Access

Internet access for the general public with JAWS software available.

For more details on these services and for general information, please contact

Southern Cross on 9670 2072 or E: [Southern Cross Travellers Aid.Email](mailto:Southern%20Cross%20Travellers%20Aid.Email) (scs@travellersaid.org.au)

Flinders Street on 9610 2030 or E: [Flinder Street Travellers Aid Email](mailto:Flinder%20Street%20Travellers%20Aid%20Email) (fss@travellersaid.org.au)

Or visit the website at Travellers Aid Website (www.travellersaid.org.au)

Please note: Some services require advance bookings.

# Directory

Wyndham East: Point Cook, Truganina, Williams Landing and Laverton North

### Arndell Park Community Centre

Arndell Park Community Centre, 29-49 Federation Boulevard, Truganina

Name: **Chinese Friendship Group**

Description: Come along and enjoy a cup of tea and get to know your local neighbours in a fun and friendly environment

Frequency: Mondays, 10.30am – 12pm

Cost: Free

Contact: Arndell Park Community centre, 8734 8911 E: [Arndellpark Community Centre Email](mailto:Arndellpark%20Community%20Centre%20Email) (arndellparkcc@wyndham.vic.gov.au)

Arndell Park Community Centre, 29-49 Federation Boulevard, Truganina

Name: **Computer Courses**

Description: Computer classes for beginners

Frequency: Varies per term, Contact for details

Cost: Free

Contact: Arndell Park Community centre, 8734 8911 E: [Arndellpark Community Centre Email](mailto:Arndellpark%20Community%20Centre%20Email) (arndellparkcc@wyndham.vic.gov.au)

Arndell Park Community Centre, 29-49 Federation Boulevard, Truganina

Name: **Craft-a-noon**

Description: Bring along a craft and share your skills with other local crafters while enjoying a cuppa

Frequency: Wednesdays, 1.30pm – 3pm

Cost: Free

Contact: Arndell Park Community centre, 8734 8911 E: [Arndellpark Community Centre Email](mailto:Arndellpark%20Community%20Centre%20Email) (arndellparkcc@wyndham.vic.gov.au)

Arndell Park Community Centre, 29-49 Federation Boulevard, Truganina

Name: **Indian Friendship Group**

Description: Come along and enjoy a cup of tea and get to know your local neighbours in a fun and friendly environment

Frequency: Fridays, 10.30am – 12pm

Cost: Free

Contact: Arndell Park Community centre, 8734 8911 E: [Arndellpark Community centre Email](mailto:arndellparkcc@wyndham.vic.gov.au) (arndellparkcc@wyndham.vic.gov.au)

### The Brook

The Brook on Sneydes, 215 Snydes Road, Point Cook

Name: **Lions Club of Point Cook**

**Description:** Volunteer involvement in humanitarian efforts locally, nationally, and internationally

Frequency: 2nd and 4th Monday of the month, 7pm for a 7.30pm start

Cost: Membership required – cost on enquiry

Contact: Tom, E: [Tom’s Email](mailto:Tom's%20Email) ([tgilfillan@live.com.au](mailto:tgilfillan@live.com.au))

### Featherbrook Community Centre

Featherbrook Community Centre, 33-35 Windorah Drive, Point Cook

Name: **Friends at Featherbrook Social Group**

Description:An afternoon of fun food and friendship each week, may include guest speakers craft activities and more

Frequency: Wednesday , 12pm - 2pm

Cost: Free, Fee may apply depending on activity

Contact: Featherbrook Community Centre, 8353 4000, E: [Featherbrook Community Centre Email](mailto:Featherbrook%20Community%20Centre%20Email) (featherbrookcc@wyndham.vic.gov.au), W: [Wyndham City Council Website](http://www.wyndham.vic.gov.au/residents/community/comcentres/community_centre_listing/featherbrook_community_centre) (http://www.wyndham.vic.gov.au/residents/community/comcentres/community\_centre\_listing/featherbrook\_community\_centre)

Featherbrook Community Centre, 33-35 Windorah Drive, Point Cook

Name: **Le Petrel Mauritian Seniors**

Description:Social Group (French speaking but others welcome)

Frequency: Wednesday , 12:30pm - 3:30pm

Cost: Membership fees apply

Contact: Regis, 0421 464 874

Featherbrook Community Centre, 33-35 Windorah Drive, Point Cook

Name: **Point Cook Chinese Friendship Group English Classes**

Description:English as a Second Language (ESL) Classes

Frequency: Tuesdays & Fridays

Cost: Free

Contact: Michael Tan, 0413 892 057

Featherbrook Community Centre, 33-35 Windorah Drive, Point Cook

Name: **Point Cook View Evening Club for Women**

Description: Working with smith family and other organisations in local community. Forum to discuss and exchange ideas

Frequency: Monthly Meetings, 1st Wednesday of the month

Cost: Small Donation - Contact for details

Contact: Catherine, 0407 726 852

Featherbrook Community Centre, 33-35 Windorah Drive, Point Cook

Name: **Quilting & Patchwork**

Description: Craft & Social Group

Frequency: Tuesday 12:30pm - 3:30pm & Tuesday 7pm - 10pm

Cost: $5 per class plus materials

Contact: Featherbrook Community Centre, 8353 4000, E: [Featherbrook Community Centre Email](mailto:Featherbrook%20Community%20Centre%20Email) (featherbrookcc@wyndham.vic.gov.au), W: [Wyndham City Council Website](http://www.wyndham.vic.gov.au/residents/community/comcentres/community_centre_listing/featherbrook_community_centre) (http://www.wyndham.vic.gov.au/residents/community/comcentres/community\_centre\_listing/featherbrook\_community\_centre)

Featherbrook Community Centre, 33-35 Windorah Drive, Point Cook

Name: **Wyndham Scottish Social Dancing**

Description: Scottish Dancing

Frequency: 2nd and 4th Friday of the month, 7.30pm - 9.30pm

Cost: Membership Fees Apply

Contact: Deryck, 9394 7905

Featherbrook Community Centre, 33-35 Windorah Drive, Point Cook

Name: **Yoga for Everyone**

Description: A gentle and uplifting exercise class that promotes good health, total relaxation and well-being.

Frequency: Wednesday , 11am - 12.00pm

Cost: $5 per class

Contact: Featherbrook Community Centre, 8353 4000, E: [Featherbrook Community Centre Email](mailto:Featherbrook%20Community%20Centre%20Email) (featherbrookcc@wyndham.vic.gov.au), W: [Wyndham City Council Website](http://www.wyndham.vic.gov.au/residents/community/comcentres/community_centre_listing/featherbrook_community_centre) (http://www.wyndham.vic.gov.au/residents/community/comcentres/community\_centre\_listing/featherbrook\_community\_centre)

### Jamieson Way Community Centre

Jamieson Way Community Centre, 59 Jamieson Way, Point Cook

Name: **Coffee, Chat & Craft**

Description: Casual craft and coffee and chat group.

Frequency: Thursdays, 1pm - 3pm

Cost: Gold coin donation

Contact: Jamieson Way Community Centre, 9395 3777, E: [Jamiesonway Community Centre Email](mailto:Jamiesonway%20Community%20Centre%20Email) (admin@jamiesonwaycc.org.au), W: [Jamiesonway Community Centre Website](file:///C:\Users\aburns\objcache\aburns\Objects\Jamiesonway%20Community%20Centre%20Website) (http://www.jamiesonwaycc.org.au/)

Jamieson Way Community Centre, 59 Jamieson Way, Point Cook

Name: **French Cooking Classes**

Description: French Cooking

Frequency: 3rd Tuesdays of the month, 10am – 12pm

Cost: $5 per class includes ingredients

Contact: Jamieson Way Community Centre, 9395 3777, E: [Jamiesonway Community Centre Email](mailto:Jamiesonway%20Community%20Centre%20Email) (admin@jamiesonwaycc.org.au), W: [Jamiesonway Community Centre Website](file:///C:\Users\aburns\objcache\aburns\Objects\Jamiesonway%20Community%20Centre%20Website) (http://www.jamiesonwaycc.org.au/)

Jamieson Way Community Centre, 59 Jamieson Way, Point Cook

Name: **French for Beginners**

Description: Information and fun way to discover the French language

Frequency: Tuesday, 10am - 12pm

Cost: $5

Contact: Jamieson Way Community Centre, 9395 3777, E: [Jamiesonway Community Centre Email](mailto:Jamiesonway%20Community%20Centre%20Email) (admin@jamiesonwaycc.org.au), W: [Jamiesonway Community Centre Website](file:///C:\Users\aburns\objcache\aburns\Objects\Jamiesonway%20Community%20Centre%20Website) (http://www.jamiesonwaycc.org.au/)

Jamieson Way Community Centre, 59 Jamieson Way, Point Cook

Name: **French/English Social Exchange**

Description: Connect socially enjoying French culture including cooking

Frequency: Tuesday, 10am - 12pm

Cost: $5 per session. Extra fee applies when cooking

Contact: Jamieson Way Community Centre, 9395 3777, E: [Jamiesonway Community Centre Email](mailto:Jamiesonway%20Community%20Centre%20Email) (admin@jamiesonwaycc.org.au), W: [Jamiesonway Community Centre Website](file:///C:\Users\aburns\objcache\aburns\Objects\Jamiesonway%20Community%20Centre%20Website) (http://www.jamiesonwaycc.org.au/)

Jamieson Way Community Centre, 59 Jamieson Way, Point Cook

Name: **Grandparents Playgroup**

Description: Grandparents bring your grandchildren and meet other grandparents in your local area to enjoy activities

Frequency: Fridays, 9.30am - 11am

Cost: $25 per term, $3 Casual

Contact: Jamieson Way Community Centre, 9395 3777, E: [Jamiesonway Community Centre Email](mailto:Jamiesonway%20Community%20Centre%20Email) (admin@jamiesonwaycc.org.au), W: [Jamiesonway Community Centre Website](file:///C:\Users\aburns\objcache\aburns\Objects\Jamiesonway%20Community%20Centre%20Website) (http://www.jamiesonwaycc.org.au/)

Jamieson Way Community Centre, 59 Jamieson Way, Point Cook

Name: **Planned Activity Group\* Indian Group**

Description: Activities for Indian Community

Frequency: Fridays, 10am - 3pm

Cost: Fees may apply

Contact: Migrant Resource Centre North West, Atarjit, 9367 6044

### Jamieson Way Community Centre Continued

Jamieson Way Community Centre, 59 Jamieson Way, Point Cook

Name: **iPad for Seniors**

Description: 6 week course

Frequency: Thursdays, 10.30am – 12pm, Enquire for dates

Cost: $25

Contact: Jamieson Way Community Centre, 9395 3777, E: [Jamiesonway Community Centre Email](mailto:Jamiesonway%20Community%20Centre%20Email) (admin@jamiesonwaycc.org.au), W: [Jamiesonway Community Centre Website](file:///C:\Users\aburns\objcache\aburns\Objects\Jamiesonway%20Community%20Centre%20Website) (http://www.jamiesonwaycc.org.au/)

Jamieson Way Community Centre, 59 Jamieson Way, Point Cook

Name: **Jamieson Jotters Creative Writing Group**

Description: Creative writing & get together

Frequency: 3rd Friday of the month, 11am – 1pm

Cost: Gold coin donation

Contact: Jamieson Way Community Centre, 9395 3777, E: [Jamiesonway Community Centre Email](mailto:Jamiesonway%20Community%20Centre%20Email) (admin@jamiesonwaycc.org.au), W: [Jamiesonway Community Centre Website](file:///C:\Users\aburns\objcache\aburns\Objects\Jamiesonway%20Community%20Centre%20Website) (http://www.jamiesonwaycc.org.au/)

Jamieson Way Community Centre, 59 Jamieson Way, Point Cook

Name: **Mahjong and other games**

Description: Learn and practice playing Mahjong as well as rummicul, dominoes, chinese checkers and many more

Frequency: Mondays, 1pm – 3.30pm

Cost: Free

Contact: Bev 9395 1953 or M: 0417 324 489

Jamieson Way Community Centre, 59 Jamieson Way, Point Cook

Name: **Meet up Mondays**

Description: Learn and Play, Board Games, Cards, Mahjong

Frequency: Every Monday, 1pm – 3.30pm

Cost: Free

Contact: Maree 9395 4120 or M: 0408 526 897

Jamieson Way Community Centre, 59 Jamieson Way, Point Cook

Name: **Movement to Music**

Description: Light Exercise to Dance Movement

Frequency: Fridays, 2pm – 2.45pm

Cost: Gold Coin Donation

Contact: Jamieson Way Community Centre, 9395 3777, E: [Jamiesonway Community Centre Email](mailto:Jamiesonway%20Community%20Centre%20Email) (admin@jamiesonwaycc.org.au), W: [Jamiesonway Community Centre Website](file:///C:\Users\aburns\objcache\aburns\Objects\Jamiesonway%20Community%20Centre%20Website) (http://www.jamiesonwaycc.org.au/)

Jamieson Way Community Centre, 59 Jamieson Way, Point Cook

Name: **Seniors Social Group**

Description: Social gathering for seniors

Frequency: Mondays, 1pm - 4pm

Cost: $5 per session

Contact: Jamieson Way Community Centre, 9395 3777, E: [Jamiesonway Community Centre Email](mailto:Jamiesonway%20Community%20Centre%20Email) (admin@jamiesonwaycc.org.au), W: [Jamiesonway Community Centre Website](file:///C:\Users\aburns\objcache\aburns\Objects\Jamiesonway%20Community%20Centre%20Website) (http://www.jamiesonwaycc.org.au/)

Jamieson Way Community Centre, 59 Jamieson Way, Point Cook

Name: **Social Ballroom Dancing**

Description: Ballroom Dancing. All levels welcome. No partner required

Frequency: Tuesdays, 8.30pm -9.30pm

Cost: Fees Apply, 45 minute - $12, 1 Hour - $15

Contact: Monique 0427 288 085

Jamieson Way Community Centre, 59 Jamieson Way, Point Cook

Name: **Tai Chi-arthritis focus**

Description: Tai Chi class

Frequency: Wednesdays, 3pm - 4pm

Cost: $5 per session

Contact: Jamieson Way Community Centre, 9395 3777, E: [Jamiesonway Community Centre Email](mailto:Jamiesonway%20Community%20Centre%20Email) (admin@jamiesonwaycc.org.au), W: [Jamiesonway Community Centre Website](file:///C:\Users\aburns\objcache\aburns\Objects\Jamiesonway%20Community%20Centre%20Website) (http://www.jamiesonwaycc.org.au/)

Jamieson Way Community Centre, 59 Jamieson Way, Point Cook

Name: **Zumba**

Description: Zumba dancing to get fit

Frequency: Tuesdays, 7.30pm - 8.30pm

Cost: Fees Apply

Contact: Jamieson Way Community Centre, 9395 3777, E: [Jamiesonway Community Centre Email](mailto:Jamiesonway%20Community%20Centre%20Email) (admin@jamiesonwaycc.org.au), W: [Jamiesonway Community Centre Website](file:///C:\Users\aburns\objcache\aburns\Objects\Jamiesonway%20Community%20Centre%20Website) (http://www.jamiesonwaycc.org.au/)

### Phoenix Hotel

Phoenix Hotel, 40 Wallace Avenue, Point Cook

Name: **Rotary Club of Laverton Point Cook**

Description: Like minded community focussed people. Volunteer services for local and international projects

Frequency: Wednesdays, 6.30pm for a 7pm start

Contact: Steve 0487 240 554 or E: [Steve’s Email](mailto:Steve's%20Email) (ssteve@bigpond.net.au)

### Point Cook Community Learning Centre

Point Cook Community Learning Centre, 1-21 Cheetham Street, Point Cook

Name: **Point Cook Craft Social Craft Group**

Description: Craft Activities

Frequency: Wednesdays, 10am - 12pm

Cost: Free

Contact: Point Cook Community Learning Centre 9395 6399 or E: [Point Cook Community Learning Centre Email](mailto:Point%20Cook%20Community%20Learning%20Centre%20Email) (pointcookclc@wyndham.vic.gov.au)

W: [Wyndham City Website – Point Coook Community Learning Centre Page](http://www.wyndham.vic.gov.au/residents/community/comcentres/community_centre_listing/pointcook) (http://www.wyndham.vic.gov.au/residents/community/comcentres/community\_centre\_listing/pointcook)

### Saltwater Community Centre

Saltwater Community Centre, 153 Saltwater Promenade, Point Cook

Name: **Over 60s Meet Up**

Description: Meet other people from your area for a social get together in the community lounge

Frequency: First Friday of the month. New Class – Contact to confirm

Cost: Free

Contact: Saltwater Community Centre 8376 5500 or E: [Saltwater Community Centre Email](mailto:Saltwater%20Community%20Centre%20Email) (Saltwatercc@wyndham.vic.gov.au)

Saltwater Community Centre, 153 Saltwater Promenade, Point Cook

Name: **Seniors Fitness**

Description: A fitness program specifically designed for older members of the community

Frequency: Fridays, 10am

Cost: Fees May Apply

Contact: Kat 0428 776 755 or E [Kat’s Email](mailto:Kat's%20Email) (katstolica@gmail.com)

### Sanctuary Lakes

Sanctuary Lakes, Point Cook

Name: **Sanctuary Lakes Point Cook Probus Club**

Description: Retired & semi-retired men and women. Social activities, guest speakers and day trips.

Frequency: 1st Thursday of the month

Cost: Fees apply

Contact: Kevin 0413474 052 or E: [Kevin’s Email](mailto:Kevin's%20Email) (kevinbirthles@netspace.net.au)

### WynCity Bowl & Entertainment

WynCity Bowl & Entertainment, 36 Wallace Avenue, Point Cook

Name: **Golden Doubles League (Ten Pin Bowling)**

Description: Wyndham Over 50's Club – Ten Pin bowling

Frequency: Fridays, 10.30am

Cost: $14 For 2 games of bowling and tea/coffee

Contact: 1300 783 123 or E: [WynCity Bowl Email](mailto:WynCity%20Bowl%20Email) ([info@wyncity.com.au](mailto:info@wyncity.com.au)) or visit W: WynCity Bowl Website (www.wyncity.com.au)

\* Planned Activity Groups – Eligibility to attend is required

Wyndham Central: Tarneit & Hoppers Crossing

### AquaPulse

AquaPulse, 80 – 82 Derrimut Road, Hoppers Crossing

Name: **Swimming**

Description: Outdoor Pool

Frequency: During Summer months

Cost: Seniors $3.60

Contact: AquaPulse/Wynactive 8734 5678 or E: [Western Leisure Services Email](mailto:Western%20Leisure%20Services%20Email) ([info@westernleisureservices.com.au](mailto:info@westernleisureservices.com.au)) or visit W: [Aquapulse/Wynactive Website](file:///C:\Users\aburns\objcache\aburns\Objects\Aquapulse\Wynactive%20Website) (http://aquapulse.wynactive.com.au)

AquaPulse, 80 – 82 Derrimut Road, Hoppers Crossing

Name: **Adult Active**

Description: Seniors strength stretch, spin & Circuit

Frequency: Tuesdays & Thursdays, 11.45am - 12.45pm

Cost: $7 per session

Contact: AquaPulse/Wynactive 8734 5678 or E: [Western Leisure Services Email](mailto:Western%20Leisure%20Services%20Email) ([info@westernleisureservices.com.au](mailto:info@westernleisureservices.com.au)) or visit W: [Aquapulse/Wynactive Website](file:///C:\Users\aburns\objcache\aburns\Objects\Aquapulse\Wynactive%20Website) (http://aquapulse.wynactive.com.au)

AquaPulse, 80 – 82 Derrimut Road, Hoppers Crossing

Name: **Council on the Ageing (COTA)**

Description: Living longer, living stronger over 50’s

Frequency: Mondays, Wednesdays & Fridays, 10am - 12pm

Cost: $30 initial consultation, $6 per session

Require form to be filled in by Doctor before 1st session

Contact: AquaPulse/Wynactive 8734 5678 or E: [Western Leisure Services Email](mailto:Western%20Leisure%20Services%20Email) ([info@westernleisureservices.com.au](mailto:info@westernleisureservices.com.au)) or visit W: [Aquapulse/Wynactive Website](file:///C:\Users\aburns\objcache\aburns\Objects\Aquapulse\Wynactive%20Website) (http://aquapulse.wynactive.com.au)

AquaPulse, 80 – 82 Derrimut Road, Hoppers Crossing

Name: **Hydrotherapy**

Description: 34 degress heated pool for seniors with injuries and that require physiotherapy

Frequency: Opening Hours: Mon – Wed 5.30pm – 8.45pm, Thurs Women only 7.45pm, Fri 5.30pm - 7.45pm, Weekends 8am - 6pm

Cost: General Pricing. Contact for details

Contact: AquaPulse/Wynactive 8734 5678 or E: [Western Leisure Services Email](mailto:Western%20Leisure%20Services%20Email) ([info@westernleisureservices.com.au](mailto:info@westernleisureservices.com.au)) or visit W: [Aquapulse/Wynactive Website](file:///C:\Users\aburns\objcache\aburns\Objects\Aquapulse\Wynactive%20Website) (http://aquapulse.wynactive.com.au)

AquaPulse, 80 – 82 Derrimut Road, Hoppers Crossing

Name: **Shallow Aqua Session**

Description; Shallow Aqua sessions which are slow movements done within the water to music

Frequency: Mondays, Wednesdays & Fridays, 8am

Cost: $16 With Senior Card $13.60

Contact: AquaPulse/Wynactive 8734 5678 or E: [Western Leisure Services Email](mailto:Western%20Leisure%20Services%20Email) ([info@westernleisureservices.com.au](mailto:info@westernleisureservices.com.au)) or visit W: [Aquapulse/Wynactive Website](file:///C:\Users\aburns\objcache\aburns\Objects\Aquapulse\Wynactive%20Website) (http://aquapulse.wynactive.com.au)

### BaptCare Wyndham Lodge

BaptCare Wyndham Lodge, 120 Synnot Street, Werribee

Name: **Wyndham Lodge Ladies Auxiliary**

Description: Coffee mornings and meetings which include guest speakers on a variety of topics

Frequency: 4th Thursday of the month

Cost: $5 includes raffle entry

Contact: Dawn on 9741 3618 or Margot on 9741 2382

### De Caprios Family Restaurant

De Caprios Family Restaurant, 88 Derrimut Road, Hoppers Crossing

Name: **Rotary Club of Hoppers Crossing**

Description: Like minded community focussed people. Volunteer services for local and international projects.

Frequency: Wednesdays. Contact for details

Contact: Brian 0458 181 088

### Central Park Community Centre

Central Park Community Centre, 80 Lonsdale Circuit, Hoppers Crossing

Name: **Flaming 50's Rock 'n' Roll**

Description: Flaming 50's. Rock 'n' Roll dance classes for all ages & abilities

Frequency: Tuesday, 7pm - 9.30pm

Cost: $10 per lesson

Contact: Miriam Beasley 0409 183620

Central Park Community Centre, 80 Lonsdale Circuit, Hoppers Crossing

Name: **Greek Elderly Citizens Club**

Description: Provides companionship & support for Greek speaking elderly citizens. Cards, bingo & Dominoes

Frequency: Thursdays, 9am - 2pm

Cost: Annual membership $5, then $3 every week.

Contact: Mimi Charlades 9749 5985

Central Park Community Centre, 80 Lonsdale Circuit, Hoppers Crossing

Name: **Hoppers Crossing Senior Citizens Club Inc.**

Description: Seniors activities including social gatherings, bus trips & bingo.

Frequency: Mondays, 9am - 2pm, Thursdays, 10am - 2pm

Cost: $15 annual fee then $2 each week, $5 full bingo card

Contact: Mary McIntyre 9689 3262

Central Park Community Centre, 80 Lonsdale Circuit, Hoppers Crossing

Name: **Macedonian Community Welfare Association**

Description: Macedonian Community Welfare Association. A planned activity group for seniors & people with a disability.

Frequency: Tuesdays, 9am - 2.30pm

Cost: Cost on enquiry

Contact: Nade Ristevska 8358 5999

Central Park Community Centre, 80 Lonsdale Circuit, Hoppers Crossing

Name: **Planned Activity Group\* Connections**

Description: For younger adults with a disability

Frequency: Thursday, 10am - 3pm

Cost: $7.30

Contact: Aged & Disability Group Services 8734 4536

Central Park Community Centre, 80 Lonsdale Circuit, Hoppers Crossing

Name: **Planned Activity Group\* Karen Group**

Description: A specific Karen Program

Frequency: Tuesday, 9am - 3pm

Cost: $7.30

Contact: Aged & Disability Group Services 8734 4536

Central Park Community Centre, 80 Lonsdale Circuit, Hoppers Crossing

Name: **Planned Activity Group\* Social Group**

Description: For senior people to provide social opportunities and to encourage and maintain independence

Frequency: Monday & Friday, 9am – 3pm

Cost: $7.30

Contact: Aged & Disability Group Services 8734 4536

Central Park Community Centre, 80 Lonsdale Circuit, Hoppers Crossing

Name: **Vietnam Veterans**

Description: Welfare services for veterans and families

Frequency: Wednesdays, 8.30am - 1.30pm

Cost: Free

Contact: Ray Matthews 0400 107 130

Central Park Community Centre, 80 Lonsdale Circuit, Hoppers Crossing

Name: **Werribee Community Singers**

Description: A Capella Singing Group

Frequency: Wednesdays, 7pm – 9pm

Cost: $10 Joining Fee, $5 per week

Contact: Helen Gunn 0407 493 065 or E: [Helen’s Email](mailto:Helen's%20Email) (gunn\_adou@hotmail.com) or Facebook – Werribee Community Singers

Central Park Community Centre, 80 Lonsdale Circuit, Hoppers Crossing

Name: **Werribee Craft Group**

Description: Craft activities

Frequency: 3rd Sunday of the month 12pm - 5pm

Cost: Cost on enquiry

Contact: Kathy Senior 9749 2883

Central Park Community Centre, 80 Lonsdale Circuit, Hoppers Crossing

Name: **Werribee Dutch Seniors**

Description: Support & recreation for Dutch born residents

Frequency: Fridays, 9.30am - 3.30pm

Cost: Cost on enquiry

Contact: Connie Fawcett 0402 133 621

Central Park Community Centre, 80 Lonsdale Circuit, Hoppers Crossing

Name: **Wyndham Gentle Exercise Group**

Description: A gentle exercise & social interaction group for seniors & those with physical disabilities

Frequency: Wednesdays, 9.30am – 12pm

Cost: Cost on enquiry

Contact: Shirley Hewitt 9734 7722

Central Park Community Centre, 80 Lonsdale Circuit, Hoppers Crossing

Name: **Wyndham PC User Group (Computers)**

Description: Wyndham PC Users Group. Information & support on using computer hardware & software

Frequency: 2nd Monday of the month, 7pm - 9pm & 3rd Tuesday of the month, 7pm -10pm

Cost: $2 gold coin donation to cover tea & coffee.

Contact: Chris Hughes 9731 0891

Central Park Community Centre, 80 Lonsdale Circuit, Hoppers Crossing

Name: **Wyndham’s Sew & So’s for seniors**

Description: Activity for seniors create handmade charity quilts

Frequency: Friday, 9am - 2pm, 1st Friday of every month till 4pm

Cost: Small fee

Contact: Anne Sekuna 9369 3275

### Grange Community Centre,

Grange Community Centre, 260-280 Hogans Road, Hoppers Crossing

Name: **Knitting Group**

Description: For anyone

Frequency: Last Saturday of every month, 2pm - 4pm

Cost: Gold coin donation

Contact: Karen Cain 8742 8000 or E: [Grange Community Centre Email](mailto:Grange%20Community%20Centre%20Email) (enquiries@grangecommunity.org.au) or visit W: [Grange Community Centre Website](file:///C:\Users\aburns\objcache\aburns\Objects\Grange%20Community%20Centre%20Website) (http://www.grangecommunity.org.au/)

Grange Community Centre, 260-280 Hogans Road, Hoppers Crossing

Name: **Morning Melodies**

Description: Music and morning tea

Frequency: 4 times per year. Contact Karen for Cost and Dates

Contact: Karen Cain 8742 8000 or E: [Grange Community Centre Email](mailto:Grange%20Community%20Centre%20Email) (enquiries@grangecommunity.org.au) or visit W: [Grange Community Centre Website](file:///C:\Users\aburns\objcache\aburns\Objects\Grange%20Community%20Centre%20Website) (http://www.grangecommunity.org.au/)

### Hoppers Club

Hoppers Club, 180-200 Pannam Drive, Hoppers Crossing

Name: **Carpet Bowls for All Abilities**

Description: Carpet bowls. All welcome

Frequency: Monday & Fridays, 9am – 12pm

Cost: Must be a member of the Hoppers Club $5, Carpet Bowls Sub-Club initial Joining Fee $30 for first year and $5 per year thereafter

Contact: Wally Martin 9749 5619 or E: [Wally’s Email](mailto:Wally's%20Email) (wwallym@bigpond.com)

Hoppers Club, 180-200 Pannam Drive, Hoppers Crossing

Name: **Probus Club of Hoppers Crossing**

Description: Retired & semi-retired men. Social activities, guest speakers and day trips

Frequency: 3rd Wednesday of the month, 9.30am – 11.30am

Cost: $10 joining fee, $35 Annual Membership

Contact: Howard 9749 1930

### Hoppers Crossing Sports Club

Hoppers Crossing Sports Club, Hogans Reserve, Hogans Road, Hoppers Crossing

Name: **U3A – Armchair Movies**

Description: Armchair movies

Frequency: Tuesday, 1pm – 3pm

Cost: $40 U3A Annual Fee & attend any U3A Program for free during the year

Contact: Dave Callan 9974 2008

Hoppers Crossing Sports Club, Hogans Reserve, Hogans Road, Hoppers Crossing

Name: **U3A – Australian History**

Description: Australian History class

Frequency: Wednesdays, 1pm – 3pm

Cost: $40 U3A Annual Fee & attend any U3A Program for free during the year

Contact: Merle Deslanded 9749 7746

Hoppers Crossing Sports Club, Hogans Reserve, Hogans Road, Hoppers Crossing

Name: **U3A – Bridge -Introduction**

Description: Card Game – Introduction to Bridge

Frequency: Fridays, 9am – 11.45am

Cost: $40 U3A Annual Fee & attend any U3A Program for free during the year

Contact: Serita Mudford 9742 7568

Hoppers Crossing Sports Club, Hogans Reserve, Hogans Road, Hoppers Crossing

Name: **U3A - Bridge**

Description: Card Game

Frequency: Fridays, 9am – 11.45am

Cost: $40 U3A Annual Fee & attend any U3A Program for free during the year

Contact: Brian Kilfoyle 0409 073 869

Hoppers Crossing Sports Club, Hogans Reserve, Hogans Road, Hoppers Crossing

Name: **U3A – Current Affairs**

Description: Current Affairs class

Frequency: Thursdays, 10am – 11.30am

Cost: $40 U3A Annual Fee & attend any U3A Program for free during the year

Contact: Tony Mason 9741 6476

Hoppers Crossing Sports Club, Hogans Reserve, Hogans Road, Hoppers Crossing

Name: **U3A - Exploring History**

Description: Videos on Historical Topics

Frequency: Mondays, 10am – 12pm

Cost: $40 U3A Annual Fee & attend any U3A Program for free during the year

Contact: Brian Beck 9741 5460

Hoppers Crossing Sports Club, Hogans Reserve, Hogans Road, Hoppers Crossing

Name: **U3A – French & Culture – Intermediate**

Description: French and culture class

Frequency: Wednesdays, 10am – 12pm

Cost: $40 U3A Annual Fee & attend any U3A Program for free during the year

Contact: Martha Siwek 9741 7610

Hoppers Crossing Sports Club, Hogans Reserve, Hogans Road, Hoppers Crossing

Name: **U3A - Mahjong**

Description: Play Mahjong

Frequency: Thursdays, 1pm – 4pm

Cost: $40 U3A Annual Fee & attend any U3A Program for free during the year

Contact: Nicky Hodgman 9749 1131

Hoppers Crossing Sports Club, Hogans Reserve, Hogans Road, Hoppers Crossing

Name: **U3A – Music You Like to Hear**

Description: Music appreciation class

Frequency: Fridays, 1pm – 3pm

Cost: $40 U3A Annual Fee & attend any U3A Program for free during the year

Contact: Anna Mitchell 9741 2730

Hoppers Crossing Sports Club, Hogans Reserve, Hogans Road, Hoppers Crossing

Name: **U3A – Needlecraft**

Description: Craft class

Frequency: Tuesdays 9.45am – 11.45am

Cost: $40 U3A Annual Fee & attend any U3A Program for free during the year

Contact: Fay Weston 9741 4792 or Ruth Boyce 9741 4377

Hoppers Crossing Sports Club, Hogans Reserve, Hogans Road, Hoppers Crossing

Name: **U3A – Photography**

Description: Photography Class

Frequency: Mondays 10.30am – 12pm

Cost: $40 U3A Annual Fee & attend any U3A Program for free during the year

Contact: John Moore 9734 7537

Hoppers Crossing Sports Club, Hogans Reserve, Hogans Road, Hoppers Crossing

Name: **U3A – Seniors Men Light Exercise**

Description: Gentle exercise for men

Frequency: Tuesdays 9.30am – 10.30am

Cost: $40 U3A Annual Fee & attend any U3A Program for free during the year

Contact: Tony Bradford 9749 2248

Hoppers Crossing Sports Club, Hogans Reserve, Hogans Road, Hoppers Crossing

Name: **U3A – Tai Chi**

Description: Gentle Exercise class

Frequency: Mondays, 1pm – 2pm

Cost: $40 U3A Annual Fee & attend any U3A Program for free during the year

Contact: Marie Dean 9741 7733

Hoppers Crossing Sports Club, Hogans Reserve, Hogans Road, Hoppers Crossing

Name: **U3A - Classical Music**

Description: Music you like to hear

Frequency: Fridays1pm – 3pm

Cost: $40 U3A Annual Fee & attend any U3A Program for free during the year

Contact: Brian Kilfoyle 0409 073 869

### Horn of Africa

Horn of Africa, 3/9 Motto Court, Hoppers Crossing

Name: **Horn of Africa Communities Network**

Description: Social connection and support for people from African backgrounds

Frequency: Thursdays, 11am – 1pm Contact for details

Contact: Melanie 0468 858 304

### Hotel 520

Hotel 520, 520 Sayers Road, Tarneit

Name: **Mad Mondays**

Description: 2 Course Menu lunch & Dinner - Entre & Main or Main & Dessert

Frequency: Mondays

Cost: $12 Free Cappuccino on presentation of Seniors Card

Contact: Hotel 520 9748 8520

### Penrose Promenade Ageing Well Facility

Penrose Promenade Ageing Well Facility, 83 Penrose Promenade, Tarneit

Name: **Planned Activity Group\* Dementia Specific Program**

Description: Groups for people with memory loss to increase social interaction and provide respite for caregivers

Frequency: Tuesday & Friday, 9am - 3pm

Cost: $7.30

Contact: Aged & Disability Group Services 8734 4536

Penrose Promenade Ageing Well Facility, 83 Penrose Promenade, Tarneit

Name: **Planned Activity Group\* Social Group**

Description: Groups for seniors to provide social opportunities and to encourage and maintain independence & assist them to remain in their own home

Frequency: Monday, Wednesday & Thursday, 9am – 3pm

Cost: $7.30

Contact: Aged & Disability Group Services 8734 4536

Penrose Community Centre, 83 Penrose Promenade, Tarneit

Name: **Planned Activity Group\* Sri Lankan Group**

Description: Mixed Community Group indoor and outdoor activities

Frequency: Fridays, 9am - 3pm

Cost: $7 per session. Fees may apply for some activities

Contact: Migrant Resource Centre North West, Shaamalakhaa 9367 6044

Penrose Community Centre, 83 Penrose Promenade, Tarneit

Name: **Planned Activity Group\* Vintage Club**

Description: Men's Group-designed to meet the recreational & social needs of isolated older men in Wyndham.

Frequency: Tuesdays, 2pm - 6pm

Cost: $7.30

Contact: Aged & Disability Group Services 8734 4536

### Tarneit Community Learning Centre

Tarneit Community Learning Centre, 150 Sunset Views Boulevard, Tarneit

Name: **U3A – Computers - Beginners**

Description: Computers for Beginners

Frequency: Tuesdays Beginners, 10am -12pm

Cost: $40 U3A Annual Fee & attend any U3A Program for free during the year

Contact: Don Lee 9749 2798

Tarneit Community Learning Centre, 150 Sunset Views Boulevard, Tarneit

Name: **U3A – Computers – Intermediate**

Description: Computers for Intermediate level

Frequency: Tuesdays, 1pm - 3pm

Cost: $40 U3A Annual Fee & attend any U3A Program for free during the year

Contact: Don Lee 9749 2798

Tarneit Community Learning Centre, 150 Sunset Views Boulevard, Tarneit

Name: **Get Crafting**

Description: Craft Group

Frequency: Tuesday & Wednesday, 9.30am - 12.30pm

Cost: Free - Bring your own project

Contact: Tarneit Community Learning Centre 9748 9822 or E: [Tarneit Community Learning Centre Email](mailto:Tarneit%20Community%20Learning%20Centre%20Email) ([tarneitclc@wyndham.vic.gov.au](mailto:tarneitclc@wyndham.vic.gov.au)) or visit W: [Wyndham City Council Website – Tarneit Community Learning Centre Page](http://www.wyndham.vic.gov.au/residents/community/comcentres/community_centre_listing/tarneit) (http://www.wyndham.vic.gov.au/residents/community/comcentres/community\_centre\_listing/tarneit)

\* Planned Activity Groups – Eligibility to attend is required

Wyndham West: Werribee, Wyndham Vale & Manor Lakes

### Eagle Stadium

Eagle Stadium, 35 Ballan Road, Werribee

Name: **Adult Active**

Description: Seniors strength stretch, spin & Circuit

Frequency: Tuesdays 9.20am - 10am

Cost: $7 per session

Contact: Eagle Stadium 9742 5630

### Iramoo Community Centre

Iramoo Community Centre, 84 Honour Avenue, Wyndham Vale

Name: **Arts Group**

Description:Learn to explore the arts and join like-minded people

Frequency: During School Terms, Tuesdays 10.30am - 1pm

Cost: $5

Contact: Iramoo Community Centre 8742 3688 or E: [Iramo Community Centre Email](mailto:Iramo%20Community%20Centre%20Email) (admin@iramoo.com.au)

W: [Iramoo Community Centre Website](file:///C:\Users\aburns\objcache\aburns\Objects\Iramoo%20Community%20Centre%20Website) (http://www.iramoocc.org.au/)

Iramoo Community Centre, 84 Honour Avenue, Wyndham Vale

Name: **Community Cooking Program**

Description:Cooking group, cooking creative meals and sharing with friends

Frequency: Tuesdays 10am - 12.30/1pm

Cost:$5

Contact: Iramoo Community Centre 8742 3688 or E: [Iramo Community Centre Email](mailto:Iramo%20Community%20Centre%20Email) (admin@iramoo.com.au)

W: [Iramoo Community Centre Website](file:///C:\Users\aburns\objcache\aburns\Objects\Iramoo%20Community%20Centre%20Website) (http://www.iramoocc.org.au/)

Iramoo Community Centre, 84 Honour Avenue, Wyndham Vale

Name: **Country Women’s Association**

Description:Women making a difference in our community, teaching crafts, cooking and leadership skills

Frequency: 1st Saturday of the month 10am - 2pm

Cost: $5

Contact: Nancy 9742 6626

Iramoo Community Centre, 84 Honour Avenue, Wyndham Vale

Name: **Craftees Group**

Description:Bring in your own craft projects to work on in a social environment

Frequency: Wednesdays 12pm - 3pm

Cost: $3

Contact: Iramoo Community Centre 8742 3688 or E: [Iramo Community Centre Email](mailto:Iramo%20Community%20Centre%20Email) (admin@iramoo.com.au)

W: [Iramoo Community Centre Website](file:///C:\Users\aburns\objcache\aburns\Objects\Iramoo%20Community%20Centre%20Website) (http://www.iramoocc.org.au/)

Iramoo Community Centre, 84 Honour Avenue, Wyndham Vale

Name: **Deadly Kitchen**

Description:Cooking group for older Indigenous people

Frequency: Every Fortnight -Fridays 10.30am - 1.30pm

Cost: $5

Contact: Iramoo Community Centre 8742 3688 or E: [Iramo Community Centre Email](mailto:Iramo%20Community%20Centre%20Email) (admin@iramoo.com.au)

W: [Iramoo Community Centre Website](file:///C:\Users\aburns\objcache\aburns\Objects\Iramoo%20Community%20Centre%20Website) (http://www.iramoocc.org.au/)

Iramoo Community Centre, 84 Honour Avenue, Wyndham Vale

Name: **Go Gospel Church**

Description: **Go Gospel Church**

Frequency: Sundays 9am - 12.30pm

Contact: Patrick 0478 004 271

Iramoo Community Centre, 84 Honour Avenue, Wyndham Vale

Name: **Iramoo Quilter’s**

Description: Quilting group, bring along your project, and share knowledge and skills. Bring your own quilting project/s.

Frequency: 4th Saturday of the month 12.30pm - 4pm

Cost: $5

Contact: Josie 9749 4747

Iramoo Community Centre, 84 Honour Avenue, Wyndham Vale

Name: **Live it Up – Wyndham Chronic Pain Management Group**

Description:Support, nurturing, social & creative activities

Frequency: Wednesdays – fortnightly 10am - 12pm

Cost: $3

Contact: Ruth for more information about when group is held 0400 799 824

Iramoo Community Centre, 84 Honour Avenue, Wyndham Vale

Name: **Mahamenva Meditation Group**

Description:Meditation. Supper included

Frequency: 3rd Sunday of the month 4pm - 8.30pm

Cost: Free

Contact: Jagath 0425 217 422

Iramoo Community Centre, 84 Honour Avenue, Wyndham Vale

Name: **Men's Cooking Group**

Description:Cooking group, social environment, some gardening and occasional outings

Frequency: Thursdays 9.30am - 12.30pm

Cost: $5

Contact: Iramoo Community Centre 8742 3688 or E: [Iramo Community Centre Email](mailto:Iramo%20Community%20Centre%20Email) (admin@iramoo.com.au)

W: [Iramoo Community Centre Website](file:///C:\Users\aburns\objcache\aburns\Objects\Iramoo%20Community%20Centre%20Website) (http://www.iramoocc.org.au/)

Iramoo Community Centre, 84 Honour Avenue, Wyndham Vale

Name: **Over’s 50 Club**

Description:Wyndham Over 50’s Club – to play games, bowl, dance, share lunch & friendship.

Frequency: Mondays 10am - 3.30pm

Cost: Club joining fee: $10, Annual fee: $10, Meeting fee: $2 (includes refreshments), Monthly trip costs vary

Contact: Bob White 0409 492 226

Iramoo Community Centre, 84 Honour Avenue, Wyndham Vale

Name: **Painting Group**

Description:Bring your supplies, or we will help you get started

Frequency: During School Terms Tuesdays 1pm - 4pm

Cost: $5

Contact: Iramoo Community Centre 8742 3688 or E: [Iramo Community Centre Email](mailto:Iramo%20Community%20Centre%20Email) (admin@iramoo.com.au)

W: [Iramoo Community Centre Website](file:///C:\Users\aburns\objcache\aburns\Objects\Iramoo%20Community%20Centre%20Website) (http://www.iramoocc.org.au/)

### Iramoo Community Centre Continued

Iramoo Community Centre, 84 Honour Avenue, Wyndham Vale

Name: **Seniors Light Exercise**

Description:Light exercise class followed by social cuppa

Frequency: Tuesdays 9am - 10.30am

Cost: $5

Contact: Iramoo Community Centre 8742 3688 or E: [Iramo Community Centre Email](mailto:Iramo%20Community%20Centre%20Email) (admin@iramoo.com.au)

W: [Iramoo Community Centre Website](file:///C:\Users\aburns\objcache\aburns\Objects\Iramoo%20Community%20Centre%20Website) (http://www.iramoocc.org.au/)

Iramoo Community Centre,84 Honour Avenue, Wyndham Vale

Name: **Social Bus Trips**

Description:Visiting pubs, op shops, markets, gardens, local treasures and developing mutual interests & friendships. Contact for dates of outings.

Cost: Fees apply

Contact: Iramoo Community Centre 8742 3688 or E: [Iramo Community Centre Email](mailto:Iramo%20Community%20Centre%20Email) (admin@iramoo.com.au)

W: [Iramoo Community Centre Website](file:///C:\Users\aburns\objcache\aburns\Objects\Iramoo%20Community%20Centre%20Website) (http://www.iramoocc.org.au/)

Iramoo Community Centre, 84 Honour Avenue, Wyndham Vale

Name: **Sunrise Women’s Group**

Description:For women with a disability or mental illness

Frequency: Fortnightly Monday 10am - 1.30pm

Cost: Free

Contact: Lauren 9689 9588

Iramoo Community Centre, 84 Honour Avenue, Wyndham Vale

Name: **Tai Chi**

Description:Excellent exercise for balance and mental well-being with a Tai Chi Facilitator

Frequency: Tuesdays 9am - 10am, Fridays 8.45 - 9.45am

Cost: $5

Contact: Iramoo Community Centre 8742 3688 or E: [Iramo Community Centre Email](mailto:Iramo%20Community%20Centre%20Email) (admin@iramoo.com.au)

W: [Iramoo Community Centre Website](file:///C:\Users\aburns\objcache\aburns\Objects\Iramoo%20Community%20Centre%20Website) (http://www.iramoocc.org.au/)

Iramoo Community Centre, 84 Honour Avenue, Wyndham Vale

Name: **Ballroom Dancing**

Description:Dancing

Frequency: Thursdays 7pm - 8pm

Cost: Fees Apply

Contact: Jarryd 0409 219 589

Iramoo Community Centre, 84 Honour Avenue, Wyndham Vale

Name: **Food Swap**

Description:Swapping of home grown vegetables/fruits

Frequency: 3rd Saturday of the month 11am - 12pm

Cost: Free

Contact: Coralee 0403 433 795

Iramoo Community Centre, 84 Honour Avenue, Wyndham Vale

Name: **Carpet Bowls**

Description:Play carpet bowls in the hallway of Iramoo CC

Frequency: Friday 10am - 12pm

Cost: $3

Contact: Iramoo Community Centre 8742 3688 or E: [Iramo Community Centre Email](mailto:Iramo%20Community%20Centre%20Email) (admin@iramoo.com.au)

W: [Iramoo Community Centre Website](file:///C:\Users\aburns\objcache\aburns\Objects\Iramoo%20Community%20Centre%20Website) (http://www.iramoocc.org.au/)

Iramoo Community Centre, 84 Honour Avenue, Wyndham Vale

Name: **One to One Computer Training**

Description:Book yourself in for a 1 hour appointment with a skilled volunteer. Bring your laptop and get help to explore the digital world. Bookings essential.

Frequency: Book your appointment for a Wednesdays between 9am - 12pm

Cost: $5

Contact: Iramoo Community Centre 8742 3688 or E: [Iramo Community Centre Email](mailto:Iramo%20Community%20Centre%20Email) (admin@iramoo.com.au)

W: [Iramoo Community Centre Website](file:///C:\Users\aburns\objcache\aburns\Objects\Iramoo%20Community%20Centre%20Website) (http://www.iramoocc.org.au/)

### Italian Sports Club of Werribee

Italian Sports Club of Werribee, 601 Heaths Road, Werribee

Name: Retired Persons of Werribee

Description: Social general meetings with guest speakers & various activities.

Frequency: 2nd Friday of the month 9.30am - 12.pm

Cost: Cost on enquiry

Contact: Dawn 9749 8872

Italian Sports Club of Werribee, 601 Heaths Road, Werribee

Name: **Rotary Club of Werribee**

Description:Group of like-minded community focussed people. Volunteer services for local and international projects.

Frequency: Tuesdays 6.30pm – 8pm

Contact: Robert 0414 367 614

Italian Sports Club of Werribee, 601 Heaths Road, Werribee

Name: **Rotary Club of Wyndham**

Description:Like-minded community focussed people. Volunteer services for local and international projects

Frequency: Wednesdays 6.30pm for a 6.45pm start – 8.15pm

Contact: Gary 0418 788 838

Italian Sports Club of Werribee, 601 Heaths Road, Werribee

Name: **Wyndham Life Activities\*\*** **Bookclub**

Description:Discussions over lunch

Frequency: 2nd Friday of the Month 12.30pm

Cost: Seniors Annual Membership Fee $15

Contact: Italian Sports Club of Werribee 9741 1225 or E: [Italian Sport Club Email](mailto:Italian%20Sport%20Club%20Email) (manager@iscw.com.au)

W: Italian Sports Club Website (www.iscw.com.au)

Italian Sports Club of Werribee, 601 Heaths Road, Werribee

Name: **Wyndham Life Activities\*\* Caravanning**

Description:Trips taken on long weekends, and during September – May. Contact for details.

Cost: Seniors Annual Membership Fee $15

Contact: Aileen Rawding 9748 9453 or Italian Sports Club 9748 1225

Italian Sports Club of Werribee, 601 Heaths Road, Werribee

Name: **Wyndham Life Activities\*\*** **Coffee Catch Up**

Description**:** Meet at various venues

Frequency: Every 2nd Wednesday 10am

Cost: Seniors Annual Membership Fee $15 and Fees Apply

Contact: Aileen Rawding 9748 9453 or Italian Sports Club 9748 1225

Italian Sports Club of Werribee, 601 Heaths Road, Werribee

Name: **Wyndham Life Activities\*\*** **Double 15 Dominos**

Description:In the ISCW Members Bar

Frequency: Mondays 12pm

Cost: Seniors Annual Membership Fee $15

Contact: Aileen Rawding 9748 9453 or Italian Sports Club 9748 1225

Italian Sports Club of Werribee, 601 Heaths Road, Werribee

Name: **Wyndham Life Activities\*\*** **Games**

Description:In the Members Bar

Frequency: Wednesday 12pm

Cost: Seniors Annual Membership Fee $15

Contact: Aileen Rawding 9748 9453 or Italian Sports Club 9748 1225

Italian Sports Club of Werribee, 601 Heaths Road, Werribee

Name: **Wyndham Life Activities\*\*** **Gardening**

Description:Some trips are included to local areas

Frequency: 1st Thursday of the month 10am

Cost: Seniors Annual Membership Fee $15

Contact: Aileen Rawding 9748 9453 or Italian Sports Club 9748 1225

Italian Sports Club of Werribee, 601 Heaths Road, Werribee

Name: **Wyndham Life Activities\*\*** **Mahjong**

Description:Meet with other like-minded people who enjoy this activity

Frequency: 2nd Thursday, 4th Thursday & 5th Thursday of the Month 10am

Cost: Seniors Annual Membership Fee $15

Contact: Aileen Rawding 9748 9453 or Italian Sports Club 9748 1225

Italian Sports Club of Werribee, 601 Heaths Road, Werribee

Name: **Wyndham Life Activities\*\*** **Meet and Eat**

Description:Various venues

Frequency: Last Friday of the month

Cost: Seniors Annual Membership Fee $15 & Fees Apply

Contact: Aileen Rawding 9748 9453 or Italian Sports Club 9748 1225

Italian Sports Club of Werribee, 601 Heaths Road, Werribee

Name: **Wyndham Life Activities\*\*** **Movies**

Description:Information through the Life Activities Newsletter

Frequency: 4th Tuesday of the month, Village Cinemas, Werribee

Cost: Seniors Annual Membership Fee $15

Contact: Aileen Rawding 9748 9453 or Italian Sports Club 9748 1225

Italian Sports Club of Werribee, 601 Heaths Road, Werribee

Name: **Wyndham Life Activities\*\*** **Photography**

Description:In the Presidents Room

Frequency: 2nd Tuesday of the month 7.30pm

Cost: Seniors Annual Membership Fee $15

Contact: Aileen Rawding 9748 9453 or Italian Sports Club 9748 1225

Italian Sports Club of Werribee, 601 Heaths Road, Werribee

Name: **Wyndham Life Activities\*\*** **Stitch and Bitch**

Description:Craft and chat group

Frequency: Every 2nd Monday 12.30pm

Cost: Seniors Annual Membership Fee $15

Contact: Aileen Rawding 9748 9453 or Italian Sports Club9748 1225

Italian Sports Club of Werribee, 601 Heaths Road, Werribee

Name: **Wyndham Life Activities\*\*** **Walking Group**

Description:Begins at the ISCW Car Park

Frequency: Sundays at Italian Sports Club Car Park 9am

Cost: Seniors Annual Membership Fee $15

Contact: Aileen Rawding9748 9453 or Italian Sports Club 9748 1225

Italian Sports Club of Werribee, 601 Heaths Road, Werribee

Name: **Happy Hour**

Description:In addition to the formal groups. Meet ISCW Club members. A raffle is held each Friday & a BBQ is held 4 times a year.

Frequency: Fridays 5.30pm

Cost: Seniors Annual Membership Fee $15

Contact: Aileen Rawding 9748 9453

### Kelly Park Centre

Kelly Park Centre, 2B Synnot Street, Werribee

Name: **Tai Chi for Seniors**

Description:Tai Chi - gentle movements

Frequency: Tuesdays 7pm - 8pm, Thursdays 5.30pm - 6.30pm

Cost: Gold coin donation

Contact: Wyndham City Community Facilities Officer 9742 0872

Kelly Park Centre, 2B Synnot Street, Werribee

Name: **Circolo Pensionati italiani Di Wyndham**

Description**:** Meetings & social events for Italian Seniors.

Frequency: Wednesdays 11am-4pm

Cost: Cost on enquiry

Contact: Wyndham City Community Facilities Officer 9742 0872

Kelly Park Centre, 2B Synnot Street, Werribee

Name: **Combined Probus Club of Wyndham**

Description:Advance the intellectual & cultural interest among semi/ retired people. Guest speakers & day trips.

Frequency: Every 2nd Tuesday of the month 1pm-4pm

Cost: Cost on enquiry

Contact: Julie Kampen 9741 7163

Kelly Park Centre, 2B Synnot Street, Werribee

Name: **Werribee Friendship Club**

Description: Social activities for Wyndham’s Italian Community including bingo & cards.

Frequency: Thursdays 1pm-4.00pm, Sundays 1pm-5.00pm

Cost: $10 per year

Contact: Lino Massese 9741 2385

Kelly Park Centre, 2B Synnot Street, Werribee

Name: **Ladies Probus Club of Werribee**

Description:A social ladies group with guest speakers & various activities.

Frequency: 1st Monday of the month 8.30am - 12.00pm

Cost: $15 joining fee, Annual fee $25

Contact: Florence Dixon 9749 2524

Kelly Park Centre, 2B Synnot Street, Werribee

Name: **Werribee Orchid Society**

Description:Orchid growing & conversation

Frequency: 3rd Tuesday of the month 6.30pm - 10.30pm

Cost: Annual fee: $20 per couple or $15 per single

Contact: Faye Piovesan 9734 2634

Kelly Park Centre, 2B Synnot Street, Werribee

Name: **Spanish Speaking Pensioners & Senior Citizens of Werribee**

Description:Senior group of Spanish speaking heritage that meet to play bingo, cards & outings throughout the year.

Frequency: Mondays 9am-2pm

Cost: Cost on enquiry

Contact: Maribel Monterrosa 0421 091 390

Kelly Park Centre, 2B Synnot Street, Werribee

Name: **Wyndham Seniors Card Club**

Description:Wyndham Seniors Card Club. Play cards & other social activities. \

Frequency: Tuesdays and Thursdays 9am – 2pm $10

Cost: Annual Membership fee, $2 each club day.

Contact: Anne Farrar 0447 149 133

Kelly Park Centre, 2B Synnot Street, Werribee

Name: **Werribee Senior Citizens**

Description:Bingo, activities & outings.

Frequency: Wednesdays 8.30am-12.30pm

Cost: $6 Annual joining fee. $2 each week, $1 per book for bingo.

Contact: Aristea Grech 0423 303 882

### Old Shire Offices

Old Shire Offices, Cnr Watton Street & Duncans Road, Werribee

Name: **Australian Plant Society Wyndham**

Description:To meet other people who are interested in Australian native plants.

Frequency: 2nd Wednesday of the month 7pm - 9.30pm

Cost: $12 Annual Membership fee

Contact: Angela Whiffin 0430 551 631

Old Shire Offices, Cnr Watton Street & Duncans Road, Werribee

Name: **ANCRI**

Description:An Italian Group that plays cards and bingo.

Frequency: Mondays & Fridays 12pm – 4pm

Cost: $10 Annual Membership fee  
Contact: Paul Arbaci 9749 1752

Old Shire Offices, Cnr Watton Street & Duncans Road, Werribee

Name: **Country Women's Association**

Description:Discussion & craft activities providing opportunities for friendship and personal development.

Frequency: 1st Wednesday of the month 7pm – 10pm

Cost: Cost on enquiry

Contact: Nancy Brennan 0409 258 678

Old Shire Offices, Cnr Watton Street & Duncans Road, Werribee

Name: **Polish Senior Citizens Club**

Description:Social gatherings, recreational activities, discussions & excursions.

Frequency: Wednesdays 11am-3pm

Cost: $10 membership per year

Contact: Stacy Kubik 9741 4407

Old Shire Offices, Cnr Watton Street & Duncans Road, Werribee

Name: **Werribee Women's Group**

Description:Werribee Women's Group. An avenue for women to attend and meet for group activities

Frequency: 3rd Tuesday of the month 12pm– 3pm

Cost: $20 membership per year

Contact: Gail White 9741 4279

Old Shire Offices, Cnr Watton Street & Duncans Road, Werribee

Name: **Macedonian Senior Citizens**

Description:Meet, coffee and chat group

Frequency: Thursdays 11.30am-4pm

Cost: Contact for details

Contact: Krume Sazdovski 9749 1120

### Quantin Binnah Community Centre

Quantin Binnah Community Centre, 61 Thames Boulevard, Werribee

Name: **Warm Hearts of Wyndham**

Description:Meet and work on group or individual knitting projects for charity.

Frequency: 3rd Saturday of the month 2pm - 4.30pm.

Cost: Bring plate of food to share.

Contact: Quantin Binnah Community Centre 9742 5040 or E: [Quantin Binnah Email](mailto:Quantin%20Binnah%20Email) (qb@qbcc.org.au)

### Private House

Private House, Werribee

Name: **U3A – Book Club**

Description:BookClub

Frequency: Wednesdays 1pm – 3pm

Cost: $40 U3A Annual Fee & attend any U3A Program for free during the year

Contact: Libby Pearson 9749 8295

Private House, Werribe

Name: **U3A – The Christians: Their History**

Description:The Christians: Their History class

Frequency: Mondays 10am – 12pm

Cost: $40 U3A Annual Fee & attend any U3A Program for free during the year

Contact: Cecilia Conwaye-Wright 0407 558 825

Private House, Werribee

Name: **U3A – Great Songwriters course**

Description:Great Songwriters course

Frequency: Tuesdays 10am – 11.30am, Term 4 Only

Cost: $40 U3A Annual Fee & attend any U3A Program for free during the year

Contact: John Funnell 9741 7693

Private House, Werribee

Name: **U3A – Music at Cecilia’s**

Description:Music class

Frequency: Tuesdays 1pm – 2.30pm

Cost: $40 U3A Annual Fee & attend any U3A Program for free during the year

Contact: Cecilia Conwaye-Wright 0407 558 825

### Raphael’s

Raphael’s, Watton Stret, Werribee

Name: **Rainbow Coffee Group**

Description:Get together for a chat over coffee. If you are feeling isolated, need a shoulder to cry on, someone to laugh with or simply want to meet new people, Rainbow Coffee Group is for you.

Frequency: Sundays

Cost: Free

Contact: Suzanne 0419 575 024

### Salvation Army

Salvation Army, Pacific Werribee (Plaza), Cnr Derrimut & Heaths Road, Werribee

Name: **Friendship Group @ Werribee Plaza**

Description:Meet at Werribee Plaza Food court, near Big W, enjoy friendship & support

Frequency: Mondays 11am

Cost: Free

Contact: 9741 7359

Salvation Army, Café Agape @ Wyndham City Corps 211 Watton Street, Werribee

Name: **Social Group**

Description:Come along and enjoy a great meal & fellowship.

Frequency: Every Tuesday, Wednesday & Thursday 12pm

Cost: Gold Coin Donation

Contact: 9741 7359

### Watton Café

Watton Café, 1/69 Watton Street, Werribee

Name: **Watton Group - Mental Health Carer Support Group**

Description:Caring and sharing group for carers of people with mental health issues – coffee and chat

Frequency: 3rd Tuesday of the month 10am – 11am

Cost: Cost of coffee

Contact: Patricia 0434 487 360 or Priscilla 0413 071 928

### Werribee Bowls Club

Werribee Bowls Club, Chirnside Park, Werribee

Name: **Lawn Bowls**

Description:Variety of programs to suit all abilities and all levels from beginner to advanced - includes barefoot bowls, social get-togethers and bingo. Coaching sessions are also available

Frequency: Various programs - Contact for details

Contact: Werribee Bowls Club 9741 3229 or E: [Werribee Bowls Club Email](mailto:Werribee%20Bowls%20Club%20Email) (werribeebowls@hotmail.com)

W: Werribee Bowls Club Website (www.werribeebowls.com.au)

Werribee Bowls Club, Chirnside Park, Werribee

Name: **Probus Club of Werribee**

Description: Retired & semi-retired men. Social activities, guest speakers and day trips

Frequency: 4th Monday of the month 10am – 12pm

Cost: Annual Fee $30, Joining/admin fee $5

Contact: Noel 9974 2227 or 0412 059 040

Werribee Bowls Club, Chirnside Park, Werribee

Name: **Werribee Jazz Club**

Description:Enjoy live bands featuring some of Australia’s best jazz musicians playing Traditional, Dixieland, Swing and mainstream Jazz.

Frequency: 3rd Saturday of the month 8pm

Cost: $12 Members, $15 Visitors

Contact: Margaret 0417 162 413

### Wyndham City Library

Wyndham City Library, Pacific Werribee Shopping Centre, Cnr Derrimut & Heaths Road, Werribee

Name: **Genealogy tours**

Description:Start your family tree in the Family History Room. Access records on ancestry.

Frequency: Tours available - Contact Werribee Plaza Library

Cost: Free

Contact: Wyndham City Library, Pacific Werribee Shopping Centre 8734 2600

### Wyndham Community & Education Centre

Wyndham Community & Education Centre, 3 Princes Highway, Werribee

Name: **Broadband For Seniors (Computers)**

Description:Broadband Seniors. Learn how to use a computer and access the internet

Frequency: Monday to Friday by booking

Cost: Free

Contact: Wyndham Community & Education Centre 9742 4013

Wyndham Community & Education Centre, 3 Princes Highway, Werribee

Name: **Karen Women’s Group**

Description:Social Group for seniors who go on outings, weaving & sewing

Frequency: Wednesday Fortnightly 9.30am -2pm. Excursions can go all day

Cost: FREE, Excursions may incur a fee

Contact: Wyndham Community & Education Centre 9742 4013

Wyndham Community & Education Centre, 3 Princes Highway, Werribee

Name: **Karen Mens Group**

Description:Social group for men with excursions and participate in other mens group activities

Frequency: Fridays Fortnightly 12pm -2pm, Excursions can go all day

Cost: FREE, Excursions may incur a fee

Contact: Wyndham Community & Education Centre 9742 4013

### Wyndham Park Community Centre

Wyndham Park Community Centre, 55-57 Kookaburra Avenue, Werribee

Name: **U3A – Singing for Fun**

Description:Singing for fun and music appreciation

Frequency: Fridays, 1am - 3pm

Cost: $40 U3A Annual Fee & attend any U3A Program for free during the year

Contact: Robyn Camilleri 9748 1356

Wyndham Park Community Centre, 55-57 Kookaburra Avenue, Werribee

Name: **U3A – Mosaics**

Description:Mosaics

Frequency: Wednesdays 9.45am - 12pm

Cost: $40 U3A Annual Fee & attend any U3A Program for free during the year

Contact: Helen Galea 9749 1207

Wyndham Park Community Centre, 55-57 Kookaburra Avenue, Werribee

Name: **Country Womens Association**

Description:General interest group for senior women

Frequency: 3rd Wednesday of each month 1pm – 4.30pm

Contact: Nancy Brennan 0409 258 678

Wyndham Park Community Centre, 55-57 Kookaburra Avenue, Werribee

Name: **The Needlecasers**

Description:Knitting, Sewing & Quilting group

Frequency: Fridays 9am – 12pm

Cost: Gold coin donation

Contact: Ring Lesley to confirm venue 9974 0506

Wyndham Park Community Centre, 55-57 Kookaburra Avenue, Werribee

Name: **Bhartiya Seniors Association**

Description:Indian cultural and support group

Frequency: Last Saturday of the month 2pm - 4pm

Cost: Cost on enquiry

Contact: Nirmal 0401 499 199

Wyndham Park Community Centre – Shed, 55-57 Kookaburra Avenue, Werribee

Name: **Kookaburra Girls**

Description:Women's group, Women’s Shed women’s group activities such as welding and woodwork

Frequency: Mondays 9.00 - 1.00pm

Cost: $50 annual membership

Contact: Wyndham Park Community Centre – Shed 8742 6448

Wyndham Park Community Centre, 55-57 Kookaburra Avenue, Werribee

Name: **Men's group**

Description:Men's shed –varied activities e.g. woodwork, Metal work, Bicycle Repair chat over tea/coffee

Frequency: Tuesdays & Thursdays 9.00 -3.00pm

Cost: $50 annual membership (12.50 payable each quarter)

Contact: Wyndham Park Community Centre – Shed 8742 6448

### Wyndham Vale Community Learning Centre

Wyndham Vale Community Learning Centre, 86 Manor Lakes Boulevard, Wyndham Vale

Name: **Craft Group**

Description:Bring along your craft project or try something new

Frequency: Mondays 10am-12pm

Cost: Free

Contact: Wyndham Vale Community Learning Centre 8734 8934

Wyndham Vale Community Learning Centre, 86 Manor Lakes Boulevard, Wyndham Vale

Name: **Craft Group**

Description: Bring along your craft project for over 50’s

Frequency: Fridays 9am -12pm

Cost: Free

Contact: Wyndham Vale Community Learning Centre 8734 8934

Wyndham Vale Community Learning Centre, 86 Manor Lakes Boulevard, Wyndham Vale

Name: **Heartmoves Class**

Description:Gentle Exercise Program

Frequency: Wednesdays 10am – 11am

Cost: $6 per class

Contact: Wyndham Vale Community Learning Centre 8734 8934

Wyndham Vale Community Learning Centre, 86 Manor Lakes Boulevard, Wyndham Vale

Name: Wyndham Patchworkers Inc

Description: Friendly group with a common interest in patchwork and quilting

Frequency: 2nd Saturday of the month 11am – 4pm, 4th Saturday of the month 9.30am – 4pm

Cost: New Membership (including badge) $40, Renewal $30, $4 per session

Wyndham Patchworkers E: [Wyndham Patchworkers Inc Email](mailto:Wyndham%20Patchworkers%20Inc%20Email) (wyndhampatchworkersinc@hotmail.com)

\*\* Life Activities Club - In order to take part in Life Activities you need to be a member of Italian Sports Club of Werribee

Wyndham Rural: Little River, Werribee South, Mt. Cottrell, Cocoroc, Mambourin and Quandong

### Diggers Road

Diggers Road, Soldiers Memorial Hall, Diggers Road (opposite intersection of Whites Road), Werribee South

Name: **Werribee Painters**

Description:Art Classes for seniors

Frequency: Wednesday 1.30pm - 9.30pm

Cost: Small fee

Contact: Tony Bramwell 0403 428 129

Diggers Road, Soldiers Memorial Hall, Diggers Road (opposite intersection of Whites Road), Werribee South

Name: **Rate Payers of Werribee South Seniors Group**

Description:A cuppa, a chat, guest speakers attend, craft activities with friends

Frequency: Tuesday, Once a month, 12.30pm - 3.30pm

Cost: Free

Contact: Marisa Berton 0417 427 489 or E: [Rate Payers Werribee South Email](mailto:Rate%20Payers%20Werribee%20South%20Email) (rpwscomm@gmail.com)

Other

Various

Name: **Lunch with the Bunch**

Description:Social support program - lunch for older adults at various locations - Eligibility criteria

Frequency: Operates daily however participants attend once/week and/or once/fortnight

Cost: Variable cost $5-$10 and can include transport

Contact: Referrals through My Aged Care (65+) on 1800 200 422

61 Central Avenue, Altona Meadows

Name: **Friendship Group**

Description:A place to come and meet new friends – get together to chat and organise outings

Frequency: Wednesday Nights

Cost: $6 No joining fee

Contact: Jan Papworth 0432 935 706

Sun Theatre, Yarraville

Name: **U3A – Lunch & Movie Group**

Description:Lunch and movie

Frequency: Mondays 10am – 12pm

Cost: $40 U3A Annual Fee & attend any U3A Program for free during the year

Contact: Kaye Harvey 0402 631 171

# Disclaimer

The information contained in this Directory is true at time of print July-August 2016.