


## Arndell Park Community Centre – Term 1 – 2024 – Program Listing

| EARLY YEARS  | DAY & TIME   | INFORMATION   | COST                          |
|--|--|---|-------------------------------|
| <b>Arndell Park Playgroup</b><br>A playgroup for all cultures, mum, dads, carers and children.   | <b>Thursdays</b><br>10am-12pm                      | Cherie<br>0412 053 592  | Contact for more information. |
| <b>Arndell Park Muslim Playgroup</b><br>A fun interactive activity based Islamic playgroup. A place for mothers and children to come together.   | <b>Fridays</b><br>10am-12pm                        | Aafrin<br>arndellparkmuslimpg@gmail.com<br>        | Contact for more information. |
| <b>Ummah Jameelah Islamic Early Years Program</b><br>Islamic School Readiness Program for 3-4yrs.  | <b>Tuesdays &amp; Wednesdays</b><br>9:30am-12:30pm | Jean Keynon<br>0416 575 159<br>Jean.keynon@yahoo.com  | Contact for more information. |
| <b>Tiny Tutus</b><br>Beginners Ballet class for children from 18 months to 6 years.  | <b>Saturdays</b><br>9.15am-11:45am                 | 1300 245 060<br>www.tinytutus.com.au  | Contact for more information. |
| <b>Wyndham City Council – Supported Playgroup</b><br>Free Playgroup for eligible families. By <u>Referral only</u> . For ages 0-5yrs.  | <b>Mondays</b><br>9.30am-11.30am                   | 1300 370 567<br>www.wyndham.vic.gov.au<br>Search “Supported Playgroups”   | FREE                          |
| <b>Wyndham City Council – Sleep &amp; Settling Program</b><br>Free Information sessions. For ages 0-2yrs.  | <b>Tuesdays</b><br>1:30pm-3:30pm                   | 1300 370 567<br>www.wyndham.vic.gov.au<br>Search “Sleep & Settling Program”<br>* **Bookings Essential***                            | FREE                          |
| <b>Wyndham City Council First Time Parents Group</b><br>Meet friendly local parents, talk about your kids and have fun! Share experiences, get advice, give support and make new friends. Introduction to solids, baby massage and getting to know your baby also available. | <b>Mondays</b><br>1.00pm-4.00pm                    | 1300 370 567<br>www.wyndham.vic.gov.au<br>select Maternal and Child Health in ‘Services’<br>* **Bookings Essential***               | FREE                          |
| <b>Maternal &amp; Child Health</b><br>Wyndham City Maternal and Child Health Services offer professional nursing support and advice for parents with children from birth to school age.  | <b>Various</b>                                     | 1300 370 567<br>www.wyndham.vic.gov.au<br>select Maternal and Child Health in ‘Services’<br>***By appointment only**                | FREE                          |
| <b>3 + 4-year-old Kindergarten</b><br>Council owned and operated Kindergarten. Enrol your child online.  | <b>Various</b>                                     | Kindergarten Enrolment Officer<br>1300 370 567<br>Enrol Online:<br>www.wyndham.vic.gov.au   | Contact for more information. |
| <b>Immunisation Sessions</b><br>Sessions at Arndell Park Include:<br>24/01, 28/02, 27/03, 24/04, 22/05, 26/06, 24/07, 28/08, 25/09, 23/10, 27/11<br>***By appointment only***  | <b>Various</b>                                     | Book Online at www.wyndham.vic.gov.au<br>Call the Immunisation team on 9742 0736 or email us at immunisationteam@wyndham.vic.gov.au | FREE                          |



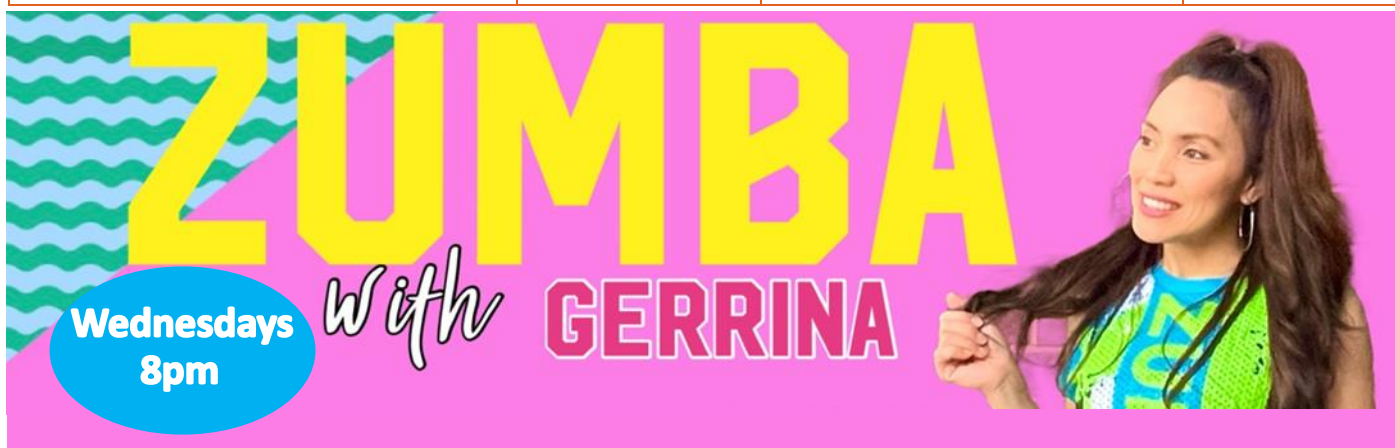
Wyndham City Council would like to pay respect and acknowledge the Bunurong People as the Traditional Custodians of the land on which this community centre has been built.



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| KIDS—YOUNG PEOPLE  | DAY & TIME                                  | INFORMATION  | COST                                 |
|--|---|--|--------------------------------------|
| <p><b>Abacus 4 Kids</b><br/>Fun and innovative way for kids 4-12years to learn mathematic skills mental arithmetic skills using abacus (soroban). Free trial class available.</p>  | <p><b>Wednesdays</b><br/>4:30pm-7:30pm</p>  | <p>Jaslyn Toh<br/>0406 946 069<br/>admin@abacus4kids.com.au<br/>www.abacus4kids.com.au</p>                           | <p>Fees Apply</p>                    |
| <p><b>Girl Guides</b><br/>Guiding helps girls to gain new skills, make a difference in the community, and explore a worth of possibilities. Girls aged 5-17 are invited to come to our Unit meetings.</p>  | <p><b>Thursdays</b><br/>5:30pm-7:00pm</p>   | <p>Cara Marinaro<br/>0475 203 332<br/>Cara.marinaro@guidesvic.org.au</p>   | <p>Contact for more information.</p> |
| <p><b>Youth Services</b><br/><b>For Ages 12-25yrs.</b><br/>Youth Services are excited to come to Arndell Park as we begin to deliver programs for young people aged between 12yrs-25yrs.</p>   | <p><b>Wednesdays</b><br/>4pm-6pm</p>        | <p>For More Information please email:<br/>youthinwyndham@wyndham.vic.gov.au</p>                                      | <p>FREE</p>                          |
| <p><b>The Skate Studio</b><br/>Kids Roller skating classes. Our classes are run by experienced and accredited coaches. <u>All levels welcome.</u> Skate Hire available also.</p>   | <p><b>Thursdays</b><br/>4:15pm - 5:15pm</p> | <p>Victoria Reynolds<br/>Skate_studio@outlook.com<br/>www.theskatestudio.com.au</p>                                  | <p>Contact for more information.</p> |
| EDUCATION & TRAINING & OTHER   | DAY & TIME                                  | INFORMATION  | COST                                 |
| <p><b>Wyndham Community &amp; Education Centre</b><br/><b>COMPUTER COURSES</b><br/>Computer course for all levels of experience (beginner to advance).<br/>Excel specific classes.<br/>Video and image editing courses.<br/>Online Skills for micro-business.<br/><br/>Each course runs one session for 3hours every week (for 10 weeks each term).<br/><br/>***SPACES LIMITED and BOOKINGS ESSENTIAL***</p> | <p><b>Various</b></p>                       | <p>To enrol online go to short courses at<br/>www.wyndhamcec.org.au.<br/><br/>or call reception on Ph: 9742 4013</p> | <p>Contact for more information.</p> |
| <p><b>Wyndham Community &amp; Education Centre</b><br/><b>SEWING COURSES</b><br/>Wanting to learn how to sew? These classes are for all levels of experience (from beginner to advance).<br/><br/>Each course runs one session for 3hours every week (for 10 weeks each term).<br/><br/>***SPACES LIMITED and BOOKINGS ESSENTIAL***</p>  | <p><b>Various</b></p>                       | <p>To enrol online go to short courses at<br/>www.wyndhamcec.org.au.<br/><br/>or call reception on Ph: 9742 4013</p> | <p>Contact for more information.</p> |
| <p><b>Justice Of The Peace Service</b><br/><b>**NEW**</b><br/>Need a document witnessed/certified?<br/>A Justice of The Peace will be stationed at Arndell Park CC 5 days a week.<br/>For large quantity witnessing, please call to book.<br/>But if you just need one or two items witnessed, no appointment will be necessary.</p>   | <p><b>Mondays - Friday</b><br/>10am-1pm</p> | <p>Angelo Auciello Esq, JP<br/>0414 689 206<br/><br/>Email: cgvf10@gmail.com</p>                                     | <p>FREE</p>                          |

| RECREATION & LEISURE   | DAY & TIME  | INFORMATION  | COST                          |
|--|---|--|-------------------------------|
| <b>Women’s Only Yoga</b><br>Yoga sessions for women of all abilities and all levels from beginner to advanced.   | <b>Fridays</b><br>9:30am-10:30am                                    | Catherine<br>0416 009 024<br>info@yogamoveswest.com.au                           | Contact for More Information. |
| <b>Zumba with Gerrina</b><br><b>**NEW**</b><br>Discover the joy of fitness with our 45min latin-inspired Zumba dance workout. Energise your routine with dynamic dance workouts. Boost well-being and enjoy a vibrant community atmosphere. Let’s dance to health and happiness together.                                      | <b>Wednesdays</b><br>8pm-9pm  | Gerrina<br>0408 722 307<br><br>zumbawithgerrina@outlook.com                      | \$12 per session              |
| <b>Kathak Kendra Nrityashala – Indian Dance Class</b><br><br>Kathak is a traditional dance form originating from the north of India. It is still extremely popular and widely performed in the subcontinent. Learning Kathak is a good way for relieving everyday stress. It brings inner peace, strong attitude and calmness. | <b>Fridays</b><br>6:30pm-8:30pm<br><br><b>Sunday</b><br>2pm-4pm     | Parul<br>0434 361 191<br>Kathakkendra.nz@gmail.com<br><br>www.kathakkendra.co.nz | \$170 per term                |
| <b>J K Natyalaya - Indian Dance Class</b><br>Come along and join our Dance class in the Kathak Indian Classical format. We also freestyle dance including Bollywood dance. Available for all ages.   | <b>Fridays</b><br>5:30pm-7pm<br><br><b>Sundays</b><br>5:30pm-7:30pm | Kanimozhi<br>0470 173 2229<br>kanisuba@gmail.com                                 | Contact for More information. |



**COMMUNITY CONNECTOR**

*Support – Inform – Connect*

Wyndham’s City Community Connectors are available to assist all residents in our community to access the services they need and empower them to make informed decisions. The Community Connector team can provide specific information and referral/s to local supports & services tailored to meet the needs of the individual. Some of the services may include:

- Information and assistance accessing services for e.g. My Aged Care, NDIS, HACC PYP
- Links to social support and community groups/activities

Tuesday’s @ Arndell Park Community Centre  
**Nabila**  
 Call 8734 4514 and ask for a Community Connector or  
 email [communityconnector@wyndham.vic.gov.au](mailto:communityconnector@wyndham.vic.gov.au)  
 Interpreter Services can be organised on request.

**RSPCA**  
 Victoria

**LOW COST**

**Pet Vaccine & Health Clinic**

6th March 2024.  
 Book via RSPCA website

| FAITH, CULTURAL & COMMUNITY GROUPS   | DAY & TIME  | INFORMATION   | COST                          |
|--|---|---|-------------------------------|
| <b>Life Community Kitchen</b><br>All welcome! Free Hot Dinner.<br>Gathering around a meal to provide families & individuals support and relief.  | <b>Mondays</b><br>6pm-7pm   | No registrations required.<br><br>For more information email <a href="mailto:communitykitchen@lifeau.org">communitykitchen@lifeau.org</a>                       | FREE                          |
| <b>Australian Malayalee Islamic Association</b><br>Arabic & Malayalam language classes, faith-based activities.  | <b>Saturdays</b><br>5pm-10pm  | Zameel Arif<br>0406 074 185   | Contact for more information. |
| <b>Club 60</b><br>Social group for Senior Indians  | <b>Thursdays</b><br>12:30pm-2:30pm  | Sunil Abbott<br>0449 101 455  | Contact for more information  |
| <b>Bhartiya Seniors Melbourne Inc</b><br>Indian Seniors Friendship Group   | <b>Tuesdays</b><br>11am-2pm<br><b>Fridays</b><br>11am-2pm   | Ashok Mehta<br>0434 929 429<br>Suresh Sen<br>0402 547 609   | Contact for more information. |
| <b>Melbourne Shwetambar Jain Sangh</b><br>Jain Faith based Activities  | <b>Sundays</b><br>Weekly<br>8am-1pm   | Nimit<br>0433 074 461   | Contact for more information. |
| <b>Gospel Power Ministries Church</b><br><b>**NEW**</b><br>We are a church that covers a variety of faith-based activities including preaching and teaching the gospel of Jesus Christ | <b>Wednesdays</b><br>Weekly: Praise & Worship<br>7pm-9pm<br><br><b>Fridays</b><br>Weekly: Prayer<br>7pm-9pm<br><br><b>Sundays</b><br>Weekly: Sunday Service<br>10am-1pm | Church Office<br>0429 959 726<br>Gpmchurch2@gmail.com<br><br><a href="http://www.gospelpowerministrieschurch.org.au">www.gospelpowerministrieschurch.org.au</a> |                               |

**4.15-5.15PM THURSDAYS**

**LEARN TO SKATE!**

ARNDELL PARK COMMUNITY CENTRE

[www.theskatestudio.com.au](http://www.theskatestudio.com.au)

**JUSTICE**  
*of the*  
**PEACE**

AVAILABLE TO SIGN DOCUMENTS